

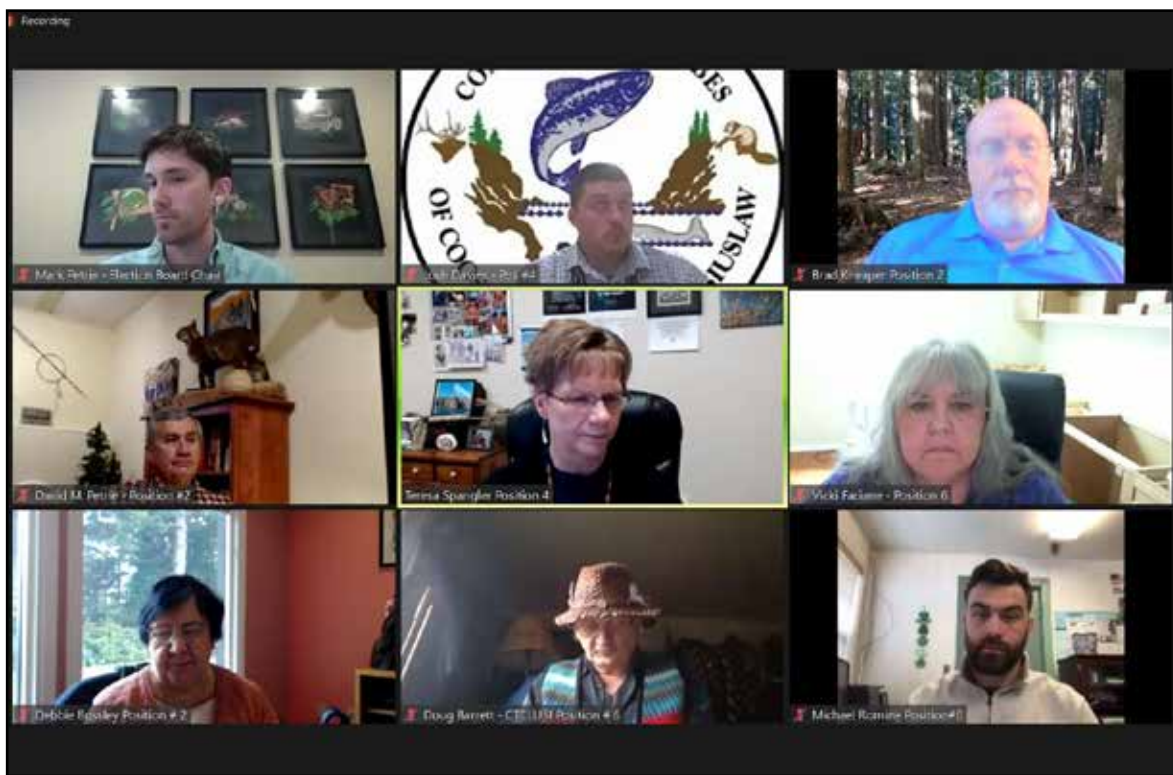


NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Election Board Hosts Tribal Candidate Online Forum



Ashley Russell, Election Board member and Mark Petrie, Election Board Chair pictured hosting the Election Forum on Saturday, March 12, 2022.



Election Forum Panelist: top row, left to right: Mark Petrie, Election Board Chair and Forum Host, Josh Davies and Brad Kneaper. Middle row, left to right: David Petrie, Teresa Spangler and Vicki Faciane. Bottom row, left to right: Debbie Bossley, Doug Barrett and Michael Romine.

Authored by Morgan Gaines, Communications Specialist

On Saturday, March 12, 2022 the Election Board of the Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians hosted an Election Forum online. This Forum was an opportunity for General Council (the Enrolled Tribal Members of CTCLUSI) to ask questions to the panel of eight Candidates.

Members of the Election Board and staff hosted the Forum, setting up rules of conduct and expectations for the Forum proceedings. All eight candidates were given two minutes to present opening statements in a randomly selected order, one minute and thirty seconds to answer questions asked by the audience participants, and another two minutes to make a closing statement.

Candidates running for election in Position #2 are the Incumbent (current serving Council member) Debbie Bossley, Brad Kneaper and David Petrie. Candidates for Position #4 included Incumbent Josh Davies and Teresa Spangler. And candidates running for Position #6 are Incumbent Doug Barrett, Michael Romine, and Vicki Faciane.

Around twenty-six participants logged on to the zoom meeting from all across the country and asked a wide range of questions. Some topics posed to each candidate for their opinions and views were; Council pay; Tribal member engagement outside of the service area; expansion of Three Rivers Casino and Hotel; views

on gathering and the Covid-19 pandemic; ecological protection and forest lands usage, term limits; housing, historic culture and knowledge; and staff retention and support were discussed throughout the days event. Each candidate was allowed the opportunity to address each question in turn by random selection to offer a fair platform. Participation in this event was voluntary for each candidate, all of whom chose to attend and participate fully and enthusiastically answered the questions brought to them by General Council members.

Mark Petrie, Election Board Chair, was the moderator for this event. He was assisted by other Board members, Ashley Russell and Pauline Benson, who both closely monitored activity during this new virtual process. Petrie shared his thoughts on the process, "It was an honor and a privilege to serve as the moderator for this forum. I owe a great deal of gratitude to the Election Board members and the administration staff for making this first virtual forum a success. A big thanks to all of the candidates for taking part in this voluntary forum. With everyone's feedback, we hope to make the next one even better! As a product of our tribal youth programs, I am always happy to give back to our people in as many ways as I can. Always learning and growing. Luuwii (thank you)."

The Election Board held several meetings prior to the live event to establish this new process. They discussed and decided on

Story continues on page 4

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Confederated Tribes of Coos,
Lower Umpqua and Siuslaw Indians
1245 Fulton Avenue
Coos Bay, OR 97420

Tribal Council Election Day

April 10, 2022

Ballots were mailed to registered Tribal voters on March 18th. If you still need to register to vote or your ballot was lost or damaged in mailing please contact the Election Clerk to receive a replacement.

For complete Election Code visit www.ctclusi.org

Questions? Contact Jeannie McNeil jmcneil@ctclusi.org 541-888-9577

Tribal Council Business

Activity of Elected Tribal Council Members from February 14, 2022 – March 12, 2022

Chief Doc Slyter:

2/13 Tribal Council Meeting
2/14 GFORB - CFO
2/17 Leader’s Circle - Casino Budget
2/19 Senator’s Merkley Town Hall Meeting
2/23 GFORB / Business Meeting
2/24 Leader’s Circle- Port of Coos Bay
2/25 Yachats- viewed the new Amanda Bridge
3/03 Leader’s Circle
3/10 Elakha Alliance (Sea Otters)
3/10 Cultural Meeting
3/10 Leader’s Circle
Tribal emails and phone calls
Total Hours: 69.75

Debbie Bossley, Tribal Chair:

Feb - Mar In Office 20 days
02/13 Tribal Council Regular Meeting
02/15 9 Tribes Meeting
02/17 Leaders Circle
02/23 Tribal Council Business Meeting
02/24 BIA / Leaders Circle
03/03 Leaders Circle
03/10 Siletz – Tribal Council Meeting
03/12 Tribal Council Election Forums
Total Hours: 108

Julie Siestreem, Vice Chair:

02/13 Tribal Council Regular Meeting
02/14 Tribal Council Meeting with Dan Condry, TRC CEO
02/15 Oregon 9 Tribes Meeting
02/16 Senate Committee on Indian Affairs Business Meeting to consider S2264 & Legislative Hearing to Receive Testimony on S3123, S3126 and S3381
02/17 Oregon Racing Commission Meeting / Leaders Circle TRC Budgets
02/22 NOAA Tribal Engagement on Infrastructure Bill / DOT Tribal Consultation on the Bipartisan Infrastructure Bill
02/23 NOAA Tribal Engagement on Infrastructure Bill / GFORB / Tribal Council Business Meeting
02/24 Tribal Property Walkthrough / Chief Dental Officer Interview
02/25 BOEM Oregon Meeting / Sharon Arnold Retirement
03/01 CTCLUSI Forestry Base Funding Meeting
03/03 Chief Dental Officer Interview / Leaders Circle Eugene Mayor, Lucy Vinis / Eugene City Manager Sarah Medary
03/04 Oregon 9 Tribes Meeting
03/07 BOEM Programmatic Agreement and Call Areas Discussion / Tribal Council Legal Opinion
03/08 Natural Resources Committee First Congressional Hearing Examining Tribal Co-Management of Public Lands / Education Committee Meeting
03/09 U.S. Department of the Interior Listening Session – Sacred Sites / Executive Order 14053 Improving Public Safety and Criminal Justice for Native Americans and Addressing the Crisis of Missing or

Murdered Indigenous People Consultation
03/10 Oregon 9 Tribes Meeting / Government-to-Government Governor Brown / Leaders Circle
03/11 Water Healing Gathering Planning Meeting
03/12 Tribal Council Election Candidate Forums
Total Hours: 108

Iliana Montiel:

02/13 Tribal Council Regular Meeting
02/23 GFORB / Tribal Council Business Meeting
02/24 CDO Interviews / Leaders Circle
02/25 Sharon’s Retirement party
02/28 Delivered donation check from TRC to MHS for Football Championship
03/02 White house Tribal Covid-19 Update
03/03 CDO Interview / Leaders Circle
03/10 Leaders’ Circle
03/12 Tribal Council Election Candidate Forums
Reading & responding to emails
Total Hours: 48

Josh Davies:

02/13 Tribal Council Meeting
02/14 Tribal Council meeting with Casino CEO
02/16 Educator Advancement Council Board of Directors / Senate Committee on Indian Affairs Business Meeting / Housing Committee Meeting / Blue Earth Board Meeting / Election Board Meeting
02/17 Sapsik’wala Tribal Advisory Council Admissions Meeting / Leaders Circle – TRC Budgets
02/18 White House Tribal Broadband Briefing
02/22 DOT Tribal Consultation on the Bi-Partisan Infrastructure Law / NOAA Tribal Engagement on Infrastructure Bill
02/23 GFORB Meeting / Tribal Council Business Meeting
02/24 Leaders Circle Meeting with Port of Coos Bay
02/25 Updates on the Bipartisan Infrastructure Law implementation / Retirement Celebration
03/02 Call with ODE/OIE / Call with NBSD Superintendent
03/03 Grow Your Own Advisory Council: South Coast Educational Service District Met with CEO / CTCLUSI Tribal Council Leaders Circle – Eugene Mayor, Lucy Vinis / Eugene City Manager Sarah Medary / North Bend School Board Meeting Provided Testimony on behalf of Tribal Council
03/04 Oregon 9 Tribes Meeting
03/07 Final Gathering for Winter: Sapsik’wala Seminar
03/08 Natural Resources Committee to Hold First Congressional Hearing Examining Tribal Co-Management of Public Lands / AI/AN Advisory Committee meeting Northwest Elders, Knowledge

Holders and Culture Keepers ECHO / Election Board Meeting
03/09 Sacred Sites MOU Listening Session / ELD Tribal Advisory Committee
03/10 Conversation with North Bend Mayor / Government to Government Meeting
Leaders Circle - OSU Outreach for Elliot State Research Forest Management Planning Process
03/12 Tribal Council Election Candidate Forums
Total Hours: 112

Doug Barrett:

02/13 Tribal Council Meeting
02/14 Tribal Council Meeting with TRC CEO
02/16 Native Wellness & Resilience Gathering Planning Committee Meeting / Blue Earth Board Meeting
02/17 Oregon Racing Commission Zoom Meeting
02/17 Leaders Circle – TRC Budgets
02/23 GFORB Meeting
02/23 Tribal Council Business Meeting
02/24 Leaders Circle - Meeting with Port of Coos Bay
03/02 Rivers and Waters Healing Ceremony Planning Meeting
03/03 Leaders Circle – Eugene Mayor Lucy Vinis and Staff
03/04 Oregon Tribes Meeting
03/09 March Lane ACT Meeting
03/10 Culture Committee Meeting
03/10 Leaders Circle – OSU & Elliot State Research Forests Meetings
03/11 Water Healing Gathering Planning Meeting
03/12 Tribal Council Election Candidates Forum
Total Hours: 82+ emails

Enna Helms:

02/13 Tribal Council Regular Meeting
02/14 Tribal Council Meeting (lunch break)
02/16 Election Board Meeting
02/17 Federal/Tribal Coordination Call; Oregon Horse Racing Call; Leaders Circle Meeting
02/22 DOT Tribal Consultation
02/23 NOAA Tribal Engagement Call; Tribal Council Business Meeting
02/24 TC Leaders Circle Meeting
03/03 TC Leaders Circle Meeting
03/04 Oregon Tribes Zoom Meeting
03/09 Listening Session; Ceilo Falls Storytelling
03/10 Government-Government Meeting; TC Leaders Circle Meeting
03/12 TC Election Candidate Forums
Total Hours: 60

Regular Tribal Council Meeting:

April 10, 2022
at 10:00 a.m.

General Council Meeting:

April 10, 2022
at 1:00 p.m.

Election Day:

April 10, 2022
12:00 Noon - 4:00 p.m. at Tribal Hall

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc.
Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
ATTN: Tribal Council 1245 Fulton Ave.
Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Christine Sylvester, 541-888-7532. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Veterans are honored at the Salmon Ceremony each year. Please contact Jeannie McNeil at 541-888-7506 or at email jmcneil@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE
NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Eugene Outreach offices.
Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., either online at www.ctclusi.org/enrollment or mail to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

The full meeting video is available at www.ctclusi.org If you are an enrolled member of CTCLUSI and would like to receive typed copies of the Tribal Council Meeting minutes please submit a written request to Jeannie McNeil 1245 Fulton Ave. Coos Bay OR 97459 or jmcneil@ctclusi.org including the date requested , your name , current address and Tribal Roll number for verification.

CTCLUSI Departments, Services & Offices

Government Office

Lee Ann Wander
Chief Executive Officer
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
lwander@ctclusi.org

Health Services Division

Iliana Montiel, Interim Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7526
Toll free 1-888-280-0726
Fax 541-888-5388
imontiel@ctclusi.org

Department of Human Resources

Jennifer Silva, Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 541-897-9881
jsilva@ctclusihr.org

Tribal Housing Department

Josh Stevens, Interim Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7546
Fax 541-435-0492
jstevens@ctclusi.org

Purchased/Referred Care

1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
prc@ctclusi.org

Education Department

Josh Davies, Education Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1314
Cell: 541-294-4105
Toll free 1-888-280-0726
jdavies@ctclusi.org

Family Support Services

Iliana Montiel, Interim Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7526
Toll Free 1-888-280-0726
Fax 541-888-5388
imontiel@ctclusi.org

Tribal Dental Clinic

1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Elders Activities

Iliana Montiel, Interim Director
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-7526
Toll Free 1-888-280-0726
imontiel@ctclusi.org

Tribal Court

J.D. Williams, Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Cultural Department

Jesse Beers,
Cultural Stewardship Manager
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Eugene Outreach Office

135 Silver Lane, Suite 200
Eugene, OR 97404
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office

Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission

Rusty Bossley,
Executive Director of the Gaming Commission
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
rbossley@ctclusi.org

Tribal Police

Brian Dubray,
Police Chief
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bdubray@ctclusi.org

Department of Natural Resources

Roselynn Lwenya, Ph.D.
Director of Natural Resources
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
Fax 541-888-2853
rlwenya@ctclusi.org

Tribal Committee Members

Budget Committee

- 1. George Barton
- 2. William Ingersoll Jr.
- 3. Margaret Corvi
- 4. VACANT
- 5. Teresa Spangler
- 6. Allen (Butch) Swigert
- 7. **Roseanna Perry, Chair**
ladyperrie@gmail.com

Culture Committee

- 1. David Petrie
- 2. Doug Barrett
- 3. **Scott Slyter, Chair**
slyterdesigns@gmail.com
- 4. Jade Fong
- 5. Michael Brainard
- 6. Patrica Whereat-Phillips

Education Committee

- 1. Coline Benson
- 2. Julie Siestreem
- 3. Heather Gleason Biesanz
- 4. **Ashley Russell, Chair**
arussell@ctclusi.org
- 5. Bryson Bossley

Elders Committee

- 1. Arleen Perkins
- 2. George Barton
- 3. Warren (Tom) Brainard
- 4. VACANT
- 5. VACANT
- 6. Allen (Butch) Swigert
- 7. Brad Kneaper

Enrollment Committee

- 1. Debbie Bossley
- 2. Patricia Whereat-Phillips
- 3. Skip Brainard
- 4. Vicki Faciane
- 5. Teresa Spangler

Housing Committee

- 1. VACANT
- 2. **Danny Krossman, Chair**
dkrossman33@gmail.com
- 3. Roseanna Perry, Vice Chair
- 4. Josh Davies
- 5. Bryson Bossley

Investment Committee

- 1. Roseanna Perry
- 2. Jade Fong
- 3. **William Ingersoll Jr., Chair**
bill7@yahoo.com
- 4. Andrew Newsome
- 5. Vicki Faciane

Language Committee

- 1. Megan Medina
- 2. Alycia Cossey
- 3. Jade Fong
- 4. Jamie Biesanz
- 5. **Ayuthea Cisneros, Chair**
isabella.a.cisneros@gmail.com

Election Board

- 1. Andrew Brainard
- 2. Michael Brainard
- 3. VACANT
- 4. **Mark Petrie, Chair**
mpetrie@ctclusi.org
- 5. Josh Davies
- 6. Pauline Benson
- 7. Ashley Russell

Are you a Tribal member who would like to learn more about a Tribal Committee, or are interested in being on a committee? Reach out to a Committee Chair person or a Tribal Government Staff member.

Committee Chairs are noted at left with current sitting members of the committee at the time of publication of this paper.

For questions, please contact Christine Sylvester, 541-888-7532 or csylvester@ctclusi.org

The Tribe maintains a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not. Letters of interest remain on file for one full year. Members can serve on up to three committees simultaneously.



Tribal Council

Doc Slyter, Chief

Tribal Chief

541-808-7625 (cell)
dslyter@ctclusi.org

Enna Helms

Position #1 Council

541-297-7538 (cell)
enna.helms@ctclusi.org

Debbie Bossley, Chair

Position #2 Council

541-294-3972 (cell)
debbie.bossley@ctclusi.org

Julie Siestreem,

Vice-Chair

Position #3 Council

541-294-6055
jsiestreem@ctclusi.org

Josh Davies

Position #4 Council

541-294-4105
josh.davies@ctclusi.org

Iliana Montiel

Position #5 Council

541-217-4613(cell)
iliana.montiel@ctclusi.org

Doug Barrett

Position #6 Council

541-297-2130 (cell)
doug.barrett@ctclusi.org

Council Meeting

April 10, 2022

Regular Meeting10:00 a.m.

General Council 1:00 p.m.

To practice safe social distancing guidelines, this meeting will be streamed online. Please login to the citizen portal of www.ctclusi.org and click Council Meetings for the zoom link to this meeting.

Agenda:

- 1. Call to Order
- 2. Invocation
- 3. Approval of Minutes as needed
- 4. Tribal Council Reports
- 5. Tribal Chief Executive Officer Report
- 6. Chief Financial Officer Report
- 7. Old Business
- 8. New Business
- 9. Other
- 10. Good of the Tribes
- 11. Executive Session as needed
Council meeting video available to view at www.ctclusi.org



THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines
mgaines@ctclusi.org

Upcoming Events

Turn to page 19 of this publication for a monthly calendar of upcoming events or visit the Events Calendar on the tribal website at <https://ctclusi.org/events/>

Tribal Council Corner

On Saturday March 12th the Election Board facilitated a Council Candidate Forum. Thanks to the Election Board for all the hard work and hours involved in planning this new virtual format. All 8 candidates participated by zoom. I appreciated hearing everyone's views and opinions. Ballots are coming by mail, don't forget to VOTE.

I would like to share with you what your current council has accomplished recently in land acquisition. As a group, we have purchased four (4) US Department of Housing Urban Development (HUD) Housing units, and one Tribally Owned home. We are in the due diligence phase of another house that will be an additional Tribally Owned Home. Tribally Owned properties offer flexibility for occupancy and allows for rent to serve as revenue for the Tribe. HUD Housing is limited to only participants meeting HUD criteria. Rents are income based and revenue generated remains in HUD programs only.

For purposes of expanding Tribal Member services, we have also purchased 2 properties with multi use possibilities. One specifically is adjacent to Tribal Hall Reservation land.

With ARPA Funding plans are being finalized for these properties, which will expand services to our Tribal Members.

Look for upcoming information on our exciting new capital projects.

Stay well and stay safe!

Debbie Bossley, Tribal Chair



Election Forum...continued from cover story

various guidelines to achieve fairness for all the participants and assisted staff in several virtual tests to make this new virtual forum a success.

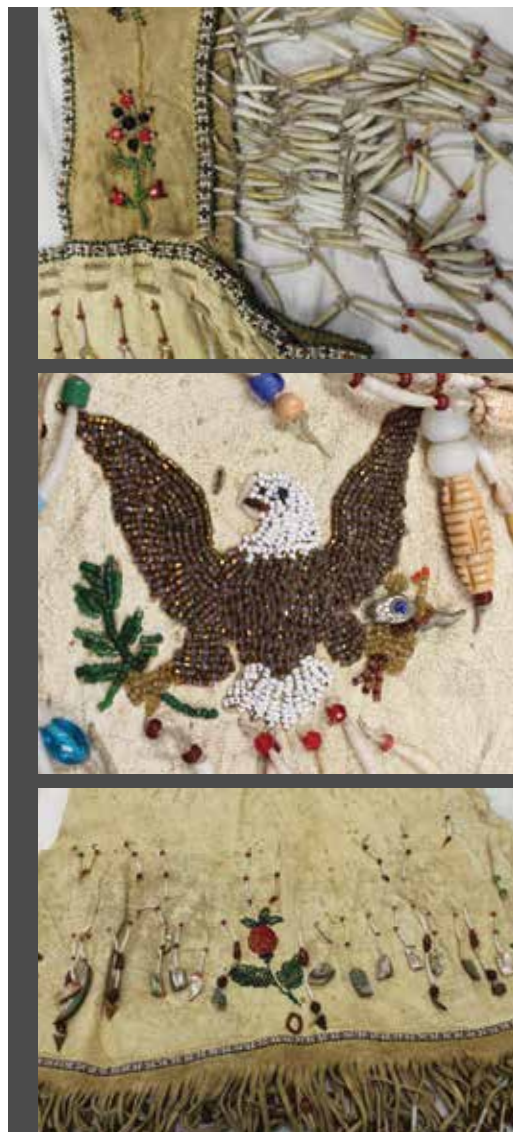
Thank you to all of the participants who attended and to the candidates. A recording of this event is available to view on the Tribal website at <https://ctclusi.org/tribal-council-election-2022/>

Elections Ballots were mailed to every registered voter on March 18, 2022. You can vote by absentee ballot by using

the return envelope enclosed with your ballots. Be sure to follow all the instructions included with your ballot. The opportunity to vote in person on Election Day, April 10, 2022 is also available. Drop your ballots off at Tribal Hall at 388 Wallace Ave., Coos Bay, Oregon 97420 with members of the Election Board from 12:00 p.m. noon to 4:00 p.m. Elections Results will be posted publicly on the Tribal website and in each Tribal Government Office location following the official results.

If you did not receive a ballot, or it is lost or damaged in the mail please contact the Election Clerk, jmcneil@ctclusi.org or 541-888-9577 and ask for Elections.

Your voice matters, be sure to vote in the upcoming Tribal Elections!



LOTTIE'S DRESS
REPRESENTATION PROJECT

CULTURE COALITION SEEKING EXPERIENCED TRIBAL ARTISTS

The Tribe is looking for available and experienced bead and leather workers (hand sewing only) to help complete a representation of Lottie's dress.

Contact Pam Stoehsler at
(509) 386-3318 or
Enna Helms at ehelms@ctclusi.org

FREE COVID-19 at Home Tests

The State of Oregon has provided CTCLUSI and other Tribes with free home COVID-19 tests. If you are a tribal member that would like an at-home test and have family members in your household in need, please call Tes Gagner at 541-744-1334.

One iHealth COVID-19 Antigen Rapid test will be sent to each household member, masks, and COVID information/resources.

**These resources are
FREE.**

Call Tes Gagner at
541-744-1334.



NOTICE OF 2022 TRIBAL COUNCIL ELECTION
APRIL 10, 2022

Location: Tribal Hall - 338 Wallace St. Coos Bay, OR 97420
Time: Voting Polls will be open from 12:00 noon to 4:00p.m.

You may register to vote in person at that time.

As of March 11, 2022 the following Tribal Members have submitted to run for Tribal Council:

Position #2 (Incumbent) Debbie Bossley
Position #2 Brad Kneaper
Position #2 David Petrie

Position#4 (Incumbent) Josh Davies
Position#4 Teresa Spangler

Position #6 (Incumbent) Doug Barrett
Position #6 Michael Romine
Position #6 Vicki Faciane

Final List of Official Candidates

Election ballots were mailed March 18, 2022 to every registered voter.

ENROLLMENT DEPARTMENT NEWS

All of These Forms Are Available to Fill Out Online

<https://ctclusi.org/enrollment/>

- **New Tribal I.D. Request Form**
- **Name Change Form**
- **Change of Address Form**
- **Enrollment Application**

Visit www.ctclusi.org and click the Tribal Enrollment tab from the dropdown Government Tab options. Or sign in to the Citizen Portal and click on the Admin Request Forms box.

Contact the Enrollment Office
Jeannie McNeil, Enrollment Clerk at
541-888-7506
jmcneil@ctclusi.org



NATIONAL TAKE-BACK INITIATIVE

National Take Back Day
Saturday, April 30, 2022
10AM to 2PM

The National Prescription Drug Take-Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications. We encourage all families, friends, and neighbors to participate. Go to www.dea.gov to find a collection site near your residence.

Tribal Police to Participate in National Prescription Drug Take Back

It's that time of year again for the annual Prescription Drug Take Back. Tribal Police will once again be participating and will be available at Tribal Government Offices to take any unwanted or no longer needed prescription drugs so that they can be properly disposed of. These events help to educate our community about the potential for abuse of medications as well as preventing harmful environmental impacts when these medications are disposed of improperly.

Tribal Police will be available at the Eugene Outreach Office, 135 Silver Ln, on **Thursday, April 28, 2022** from 10:00 a.m. - 2:00 p.m.,

Florence Outreach, 3757 Hwy 101, on **Friday, April 29, 2022** from 10:00 a.m. - 2:00 p.m. and

Tribal Government Office in Coos Bay, 1245 Fulton Ave, on **Saturday, April 30, 2022** from 10:00 a.m. - 2:00 p.m.

Department of Natural Resources and Culture Welcomes New Air Protection Specialist

Ayukii (Hello)! My name is Ali Grove, I am a member of the Karuk Tribe, located in the Northwest region of California. I am pleased to introduce myself as the new Air Protection Specialist for the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians (CTCLUSI), Department of Natural Resources (DNR). I hope to grow and improve our air quality monitoring while bringing a breath of fresh air to the program. Caring for the Earth and her people is innate in my commitment to environmental stewardship and sustainability of Tribal land and culture. I was born and raised on Coos and Coquille lands and have developed a strong appreciation for this area and feel a kinship here, which is why I feel greatly honored to be joining the DNR in my new role.

Over the last ten years I have been cultivating, researching, and working closely with plants – which I find ironic in my new position, as the plants from my past release the air I breathe now. I recently graduated from Portland State University with a B.S. in Environmental Science and Management with a minor in Sustainability. While studying at PSU I also worked for the University as a research assistant, studying the ecology of ecoroof plants for a National Science Foundation research project that studied

the influence of ecoroof surfaces on indoor air quality. I also worked for a company that designs and maintains ecoroofs as well as stormwater mitigation systems in the Portland area. I am very passionate about sustainable infrastructure designs and hope to bring some ideas for climate resilience with me in my new role.

I am a wild plant lover who enjoys gathering edible and medicinal native plants. I think I get this from my great-great grandmother Eureka Fry or Áatish (in Karuk meaning “to carry home in a pack basket”) who was known to be a medicine woman living on the Rogue River. My family history really resonates well with me; I love to learn about the traditional uses of plants in southwest Oregon and feel connected to my ancestors the more I learn and practice.

In the future I hope to learn traditional basket weaving methods to carry home all my goods.

I once volunteered to help design and build up a community garden; many hands made light work in the garden and it was wonderful to see the community support each other. I'm grateful for the opportunity to return home to plant some of my own roots and I look forward to meeting you all in the CTCLUSI community. In my spare time you can find me in the woods, at the beach, or in the garden with my husband and our two year old daughter exploring, gathering, and creating!

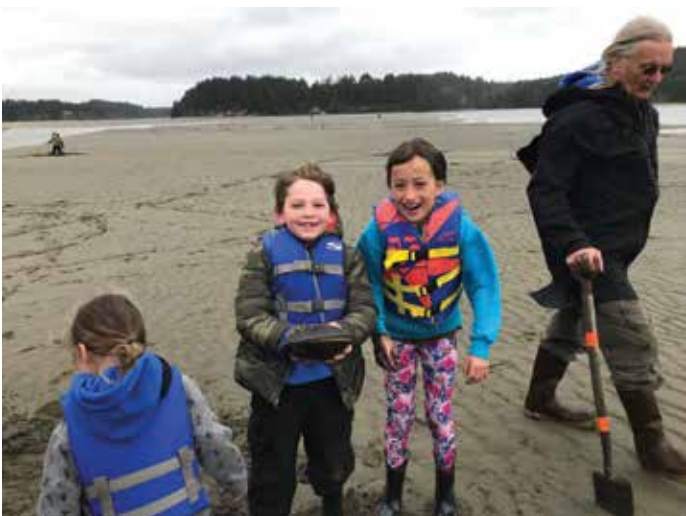
If you have any questions on air protection matters feel free to contact me at my Office: 541-435-7156 Cell: 541-294-6136 or Email: agrove@ctclusi.org



Let's Go Clam Digging

Saturday April 23, 2022

Meet at Charleston Marina at 10:00 A.M. (PST)
We will be pulling in our Traditional Dug out canoes to our traditional clamming beds, so dress appropriately.
After the dig, meet back at Tribal Hall to clean clams.
Bring boots if you have them. We will supply the Shovels, buckets



Please be sure to have your shellfish license prior to the event.
Shellfish license reimbursement available upon request.

RSVP with Doug Barrett by Thursday April 21, 2022
at 541-297-2130 or dbarrett@ctclusi.org

Sponsored by:
Culture and Natural Resource Department

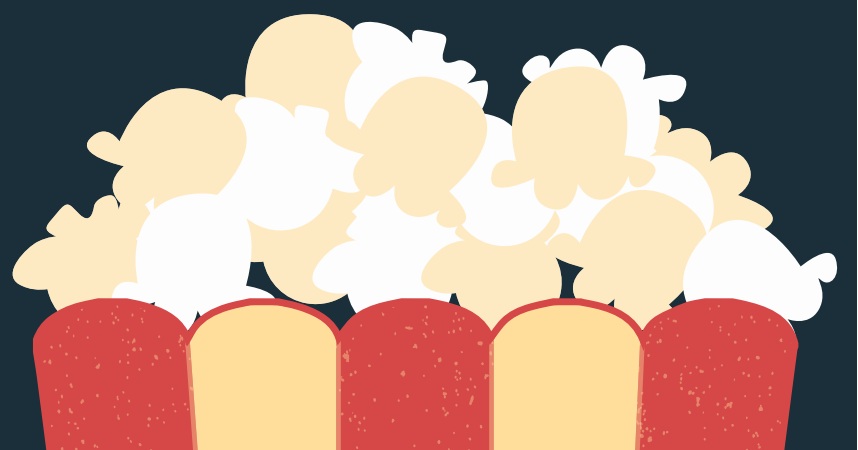


APRIL 8TH, 2022
3:30 TO 5 PM (PST)
@ GATHER.TOWN

TRIBAL FAMILY MOVIE NIGHT

Virtual Screening of "Dream Keeper".

TO SIGN UP & TO RECEIVE GOURMET
POPCORN, CONTACT ASHLEY RUSSELL AT
ARUSSELL@CTCLUSI.ORG OR (541) 888-7511



CTCLUSI Sponsors Resolution at the ATNI Virtual Winter Convention

Authored by Margaret Corvi, CTCLUSI Consultant and Hanis Coos Tribal Citizen

Margaret Corvi, Hanis Coos Tribal citizen member and CTCLUSI Consultant, presented a resolution at the Affiliated Tribes of Northwest Indians (ATNI) Virtual Winter Convention. This resolution was created in collaboration with Roselynn Lwenya and Courtney Krossman from the Natural Resources and Culture Department as well as Legal Counsel Rick Eichstaedt. The resolution was approved by the ATNI Natural Resource Committee and submitted to the ATNI Board for reading.

On January 27, the resolution was read before the ATNI Board of Directors by Lisa Wilson, the ATNI NR Committee Chair and of the Lummi Nation Council.

During discussion, CTCLUSI Vice Chair Julie Siestreem provided critical support to the passage of this resolution when presented to the ANTI Board. We are grateful for her leadership and the support of our Tribal Council. The resolution proposes to call upon the Advisory Council on Historic Preservation (ACHP) to amend parts of the National Historical Preservation Act implementing Regulation, 36 CFR 800, to clearly direct federal agencies to invite Tribes as signatories to agreements settling resolutions of adverse effects on Historic Properties for a project when they have identified sites of religious and cultural significance. This resolution is in response to the issues that

arose during the permit and consultation process with the Federal Energy Regulatory Committee (FERC) concerning the Jordan Cove Energy Project when CTCLUSI was denied signatory status by FERC despite gaining support from Governor Brown and the ACHP.

The resolution was approved by the ATNI Natural Resources Committee and passed by the ANTI Board as resolution

2022-07. While the resolution does not mandate revision of the regulation, it is an important step in gaining support and momentum to bring forth more meaningful roles to Tribal Nations. If amended, the CFR would afford Tribes the opportunity to weigh

"...it is an important step in gaining support and momentum to bring forth more meaningful roles to Tribal Nations...by requiring federal agencies to include Tribes as signatories in support of meaningful consultation and recognition of sovereignty."

in on identification and resolution of adverse effects to cultural resources through Section 106 Agreements by requiring federal agencies to include Tribes as signatories in support of meaningful consultation and recognition of sovereignty.

Offshore Wind Energy: Tribal Engagement in the Planning Process

Contributed by Dr. Roselynn Lwenya, Natural Resource Director

On February 25, 2022, the Bureau of Ocean Energy Management issued call areas off the Oregon Coast. The Call Areas (the Coos Bay Call Area, the Bandon Call Area, and the Brookings Call Area) are focused offshore the south central and southern Oregon coast where the high wind energy resource contributes to an estimated lower cost of energy and greater potential for commercial viability. The process is in the beginning stages, and developing call areas brings BOEM one step closer to potentially placing wind farms off the coast of Oregon.

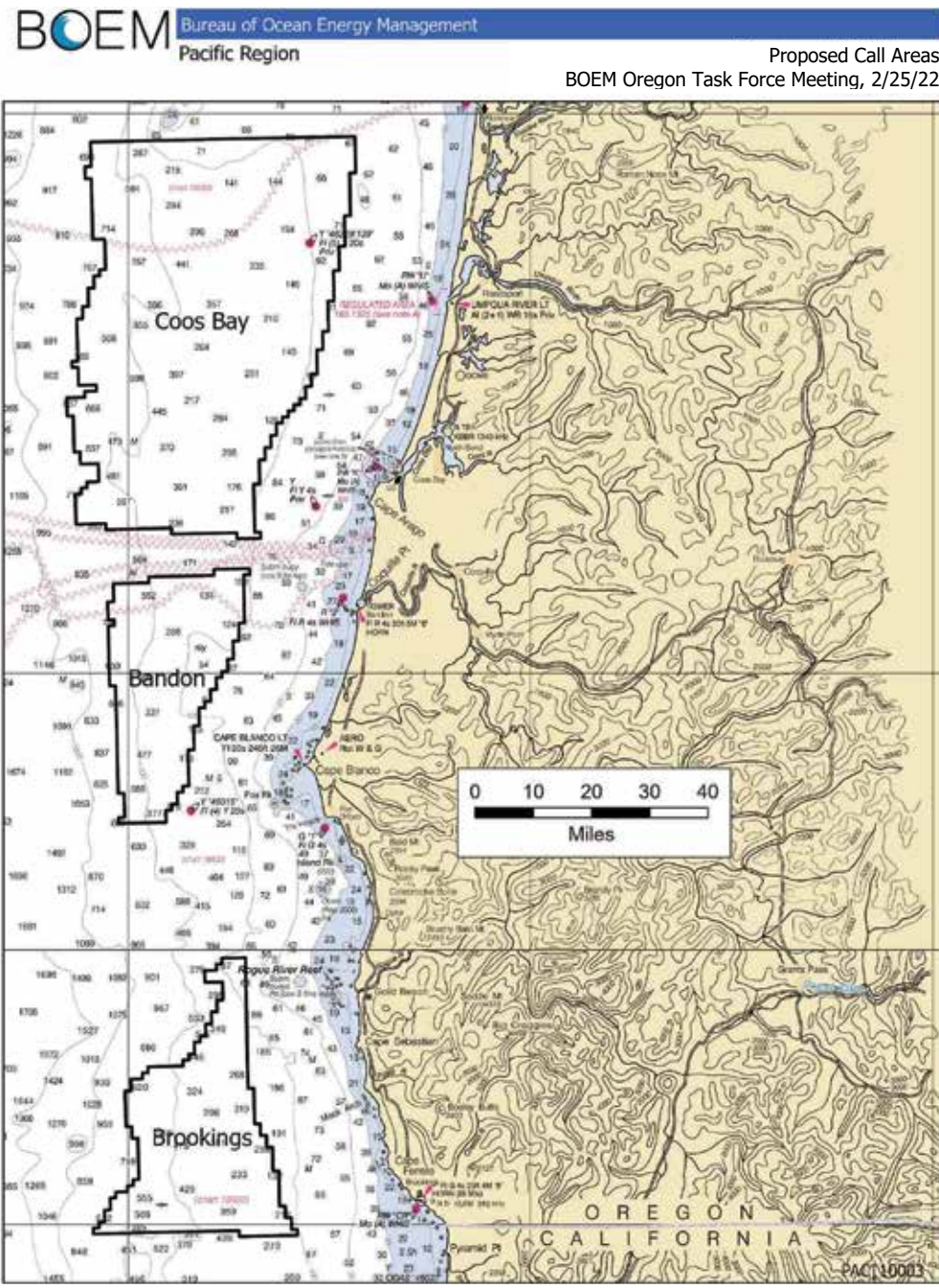
DOI's Bureau of Ocean Energy Management (BOEM) is responsible for ensuring that offshore renewable energy development in federal waters takes place in a responsible and sustainable manner. BOEM currently regulates offshore wind projects through four distinct phases: planning, leasing, site assessment, and construction and operations.

CTCLUSI has participated at a number of meetings with BOEM'S Regional staff and made recommendations on environmental and cultural impacts that might arise following implementation of approved projects. The CTCLUSI has participated in BOEM's offshore wind authorization process, which includes establishing intergovernmental task forces whose purpose is to serve as an authorizing body for issuing leases, including commercial leases, limited leases, and research leases; and reviewing plans that describe specific offshore wind project proposal. The Vice Chair Julie Siestreem is the Primary representative for the Tribe on this body and Roselynn Lwenya, Natural Resources Director is the alternate. In as much BOEM is responsible for ensuring that offshore renewable energy development in federal waters is conducted in a responsible and sustainable manner. Offshore wind energy development has the potential to impact the traditional and cultural practices of the Tribes, as well as disrupt the religious beliefs of the Tribe

On September 30th, 2020, CTCLUSI passed resolution No. 20-084, supporting research Into Developing Clean, Renewable Floating Offshore Wind Energy. This resolution identifies the benefits of harnessing ocean wind energy off of the Oregon Coast, while identifying the need for this new use of energy be developed in a way to minimize any potential effects on the cultural and natural resources of the Tribe, ocean environment, and other responsible ocean users. While Offshore Wind is looked to as the green energy alternative, it does not come without concerns. CTCLUSI is dedicated to

continuing dialogue and engage in meaningful consultation with BOEM as these projects move forward, to ensure the protection of our cultural and natural resources that could be impacted.

If you have any concerns, questions regarding this process please contact Dr. Roselynn Lwenya, Natural Resources Director at (541) 435-7151 or rlwenya@ctclusi.org, or Courtney Krossman, Tribal Historic Preservation Officer at (541)-888-9577 ext. 7547 or ckrossman@ctclusi.org. Thank you!



CTCLUSI Forest Program Updates

Authored by Colin Beck, Forest Lands Manager

Staff Updates

Steve Andringa vacated his post as the Tribes' Forest Lands Manager in July of 2021. He's currently working for the Lumi Nation in N. Washington as their Forestry Manager, where he is closer to his family who live that area. Steve brought over 30 years' of tribal forest management experience to CTCLUSI, and his contributions to the development of the Tribes' Forest management Program have been invaluable.

We are currently working on hiring an additional forester to bring our Forestry Program to full capacity. In the meantime, we are working with contractors to provide short-term support. These contractors are assisting with planning, project layout, mapping, and other forestry needs.

Forest Management Planning Update

We've made significant progress towards the completion of CTCLUSI's Forest Management Plan (FMP), which is required before we can proceed with the implementation of management projects including timber sales. We're currently developing the management guidelines of the FMP. These guidelines will inform our implementation of future management projects including harvest, reforestation, prescribed burns, etc. We also have a contractor working on the final inventory analysis and sustained-yield determination, which will inform the level of timber harvest that we can sustainably harvest while still providing for other environmental values.

We plan to have a completed draft of our FMP this coming May. This draft FMP will need to be reviewed and approved by both Tribal Council and the Bureau of Indian Affairs.

Indian Trust Asset Reform Act (ITARA)

We submitted a letter to the BIA last August, requesting that CTCLUSI be included in the Indian Trust Asset Reform Act (ITARA) Demonstration Project. The ITARA Demonstration Project allows tribes to exert their sovereignty over management of their trust forestlands, by authorizing participating tribes to approve forest management activities that would otherwise require BIA review and approval. Removing the BIA approval requirement will allow CTCLUSI more flexibility to manage the Tribal Forest in a way that meets the Tribes' priorities and objectives, and will significantly reduce the timelines and costs associated with planning and implementing forest management projects.

We are currently developing our Indian Trust Asset Management Plan (ITAMP) which is a requirement of ITARA. This ITAMP will include forest management ordinance and regulations, environmental review procedures, endangered species

protections, revenue accounting procedures, and other tribal policies. We expect that the ITAMP will be completed and approved by the BIA by this coming fall.

Project Planning

Concurrent with the development of our FMP and ITAMP, we are also working on the Tribes' first Forest Management Operating Plan. This Operating Plan will include site-specific management actions, including timber sales. We expect that the Operations Plan will be completed this coming fall, at which point we can proceed with the



This second-growth stand of Douglas-fir on the Lake Tract was thinned about 15 years ago. As a result, there are now many densely-packed hemlock seedlings growing in the understory. CTCLUSI has secured NRCS funding that will be used to thin these young hemlock seedlings, resulting in a more biologically diverse and productive stand condition.

implementation of management activities including the first timber sales on the Tribal Forest.

Private Forest Accord and Tribal Sovereignty

We were heavily involved in two pieces of forestry legislation that were taken up by the Oregon Legislature during the February 2022 legislative session. The first piece of legislation was SB 1501, which will overhaul the Oregon Forest Practices Act based on a "Private Forest Accord" that was reached between a small working group of industrial timberland owners and large environmental groups. We were concerned that this legislation would regulate tribal forest management on lands that are owned by tribes, even though Oregon's 9 tribes were all excluded from participating in the working group that developed the Private Forest Accord. Our Tribal Chair, Vice Chair, and staff invested significant time into this effort, and we were ultimately successful in lobbying the legislature to introduce a tribal amendment to SB 1501 that effectively excludes tribal fee forestlands from state forestry regulations. SB 1501 passed, along with the tribal amendment. This is a monumental victory in the advancement of tribal sovereignty and self-governance. Moving forward, we expect to develop an MOA between the Tribes and

the State outlining how our governments will work together to advance tribal forest management interests.

Elliott State Research Forest

The second piece of state forestry legislation was the SB 1546, which establishes the Elliott State Research Forest as a public forest managed by Oregon State University. The Elliott State Forest was established in 1930, to be managed to provide revenues for Oregon's Common School Fund. Litigation over timber harvest on the Elliott in the early 2000's severely limited harvest on the Elliott, and there has been no harvest on the Elliott since 2016. As a result, management of the Elliott has been costing the Common School Fund millions of dollars every year.

The Department of State Lands, along with OSU, convened an Advisory Committee in 2019 to explore the possibility of managing the Elliott as a research forest. The work of the advisory committee culminated in SB 1546, which directs that the Elliott be managed by OSU as a research forest. Research on the Elliott will primarily focus on ways to provide a sustainable supply of timber, while still providing for other values such as biodiversity and carbon storage. SB 1546 also directs that the Elliott be decoupled from the Common School Fund, with the State reimbursing the Fund for the appraised value of the Elliott.

SB 1546 passed with overwhelming support, and OSU is currently moving forward to develop a Forest Management Plan for the Elliott. CTCLUSI's forestry staff were heavily involved in the Advisory Committee, and we will continue to work closely with OSU to ensure that tribal interests in the Elliott are protected.

NRCS EQIP Funding for Lake Creek Tract

CTCLUSI was recently awarded \$373,195 in funding from the Natural Resources Conservation Service (NRCS) to implement a variety of stand improvement activities on the Lake Creek. These treatment will include the following:

- 567 acres of understory thinning, including 97 acres of fuels treatment adjacent to roads (hand piling and burning)
- 582 acres of cedar planting
- 9 acres of native pollinator planting (fireweed, etc.)
- 4 acres of riparian restoration (mowing reed canary grass, planting native species)
- 14 acres of invasive species removal (cutting down Scotch broom with hand tools)

These treatments will start in late 2022 and will continue through 2026. While these treatments will focus on the Lake Tract, we expect to work with the NRCS to secure funding for treatments on the other 7 tracts of the Tribal Forest.


"In the Loop" with the Circles of Healing Program

Talking Circle

Teen Dating Violence for parent/teen pairs/trios

Zoom Saturday April 16, 2022 4:00—5:00pm

Call or text 541-808-8152 for the Zoom link



CTCLUSI Circles of Healing Program

H. E. A. L. I. N. G.

Heal, Empower, Affirm, Learn, Inspire, Navigate, and Gather

Contributed by Kathy King, Circles of Healing Coordinator

Culturally Sensitive Trauma Healing Support Group


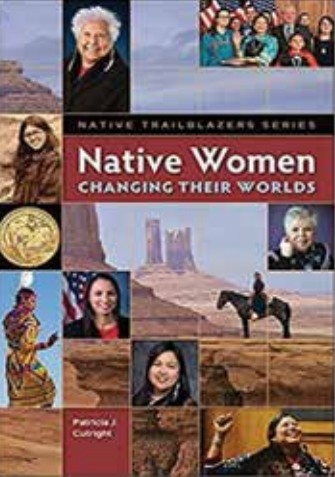
- Utilizes traditional healing circles at the beginning of each session
- Includes education about complex trauma, CPTSD, and the brain
- Educates about symptoms attributed to trauma and complex trauma
- Incorporates themes of balance and holistic healing approaches
- Support Group is facilitated in 10 weekly sessions to promote healing and progression

Objectives

Weekly objectives include: examining the importance of balance in all aspects (physical, spiritual, intellectual, and emotional); goal-setting; understanding and creating safety in all forms; recognizing forms of emotional dysregulation and developing skills to manage them; recognizing and navigating triggers; understanding the functions of anger and developing skills to acknowledge and navigate anger and its underlying emotions; skill-building to manage symptoms of anxiety; growing self-compassion, empathy, and self-esteem; identifying, creating, and sustaining healthy relationships; understanding family systems; identifying the occurrence of lateral violence; recognizing the effects of generational trauma; boundary setting and healthy communication skills; prevention and planning; and for increased understanding of the phases of healing. A short confidentiality agreement will apply to create a safe space for sharing.

At the end of each session, there will be a celebration ceremony.

LADIES SELF-CARE



Please join us for a Zoom Class!

Book Group & Creative Bookmark Class

Materials will be sent via USPS mail.


Open to all women.

Class size is limited to 10.

Tuesday, April 26, 2022 6:00pm- 8:00pm

For more information or to RSVP please call or text Kathy King at 541-808-8152. RSVPs are kindly requested by Tuesday, April 12, 2022 so we can get materials to you.

Sponsored by the Circles of Healing Program CTCLUSI Health and Human Services Division



2022 Schedule

Session 1: April 4th - June 6th

Session 2: June 13th - August 15th

Session 1 Evening: Every Monday at 6:00 – 8:00 pm on ZOOM, for 10 weeks

Session 2 Afternoon: Every Monday at 3:00 – 5:00 pm on ZOOM, for 10 weeks

Contact the Circles of Healing program for information and registration for this support group. Registration and participation are at no cost and all participants will receive a certificate of completion as well as a copy of their weekly attendance logs. Please reach out for technology or other assistance in advance, as we seek to meet individualized needs.

Circles of Healing Program: (541) 808-8152



Good News! More Garden Boxes are Available

Contributed by Jesse Beers, Cultural Stewardship Manager

When COVID-19 hit we were presented with an obstacle: the inability to safely access the community garden due to health concerns relating to COVID-19. This pandemic also inhibited our ability to gather, learn from our Elders, and teach our youth as a Tribal community. We recognized that our community garden isn't beneficial to our Tribal membership if they aren't able to utilize it without risk. Because of this, we sought innovative ways and resources to be able to provide our Tribal people with ways to supply themselves with their own traditional foods and other healthy fruits and vegetables from the safety of their own backyards.

While, working from home during quarantine our department wrote a small grant with the goal to provide garden boxes and soil to Tribal Elders and Families who were interested within the five-county service area. This way should they be quarantined at home again they can be more self-sufficient and grow their own fruit and veg. Having our tribal citizens be self-reliant is a great way to increase our tribal citizen's Food Sovereignty. Luckily, we received this grant from the Northwest Portland Area Indian Health Board (NPAIHB).

Thanks to our maintenance department's hard work on the garden boxes and delivery. We were able to provide 4 patio planters and they constructed 22 raised beds, which were delivered to 22 tribal

families, 11 of which were Elders. We have now secured and sent out fifty different organic garden and herb seeds along with harvest brodiaea, camas, sweet grass, bear grass, and traditional tobacco. With this small grant and teamwork, we were able to provide large results.

Now, through the CARES act we are once again able to offer this resource and maintenance has already started putting them together. Just as before this is a first come first serve opportunity as there is a limited amount of lumber. We have a small waiting list left over from the last funding and we will be contacting them shortly. If you already have a garden box and would like another feel free to contact us and we will put you on a waiting list. If we have enough boxes you maybe able to get another. For those that don't have any garden boxes and missed your opportunity last time or didn't have the space and now do, here's your chance!

If interested in this round of 4 foot by 8 foot garden boxes and live within the five county service area please contact:

Jesse Beers- Sha'yuushtl'axan hiich (I am a Siuslaw Person)

CTCLUSI Stewardship Manager

3757 Hwy. 101 Florence, OR 97439

Cell: (541) 297-0748

E-mail: jbeers@ctclusi.org



Virtual Cultural Fridays

Virtual Cultural Fridays will be hosted via ZOOM from 3:30 pm- 5:00 pm (PST) every other Friday beginning February 18th.

Join live via ZOOM

<https://us06web.zoom.us/j/85039393602?pwd=akl3M0Y5cUJyTXl2TDhGeXdXU3pyUT09>

Meeting ID: 850 3939 3602

Passcode: 099953

Family Participation is encouraged!

The schedule of activities and recorded sessions will be posted on the Tribe's website @ <https://ctclusi.org/youth-services-private/>

For more information, for supplies, and/or to sign up, please contact:
Ashley Russell @ (541) 888-7511 or arussell@ctclusi.org

Virtual Cultural Fridays April 2022 Schedule

April 8, 2022

Movie Screening
via Gather.Town and Popcorn
3:30 p.m. - 5:00 p.m. (PST)

April 22, 2022

Necklaces via zoom
3:30 p.m. - 5:00 p.m. (PST)

Watch Previously Recorded Cultural Videos Online

Login to the Citizen Portal and view Virtual Culture Zoom classes here...

<https://ctclusi.org/youth-services-private/>

The Zoom link to live classes will be posted here as well as all the previously recorded videos.

Need help registering for the website?

Contact Morgan Gaines
mgaines@ctclusi.org
(541) 808-7918

Tribal Language Used to Celebrate World Water Day

Contribued by Enna Helms, Tribal Linguist Assistant

“Water is Life, the lifeblood of mother earth,” a quote often spoken by our Chief Doc Slyter.

Since 1993, the United Nations has made March 22nd every year, World Water Day. In honor of World Water Day, these flyers will be placed at every water dispenser site throughout the Tribal Government building and Offices to bring awareness of the importance of clean and fresh water and remind ourselves to thank the water for giving us life. Thank you to the Language and Culture Committees and Tribal Council for their input and support!

Scan the QR codes below to hear the language online.



qais o xhap'
"World Water Day"



March 22nd, 1993

nosqats lo besik' (I get a cup)
noxhap'o nopa'ats lo besik' (I fill the cup with water)
notl'ets luuwii lo xhap' (I give thanks to the water)
xhap' noshiits (I drink water)
tlewetos o xhap', lo ka'ain o t'l'da
"Water is life, the lifeblood of mother earth"
- Chief Doc Slyter



k'sat chiioml
"World Water Day"



March 22nd, 1993

lakuunan k'anishk'an (I get a cup)
chiiwa to k'anishk'an (I fill the cup with water)
hiis chii (I give thanks to the water)
qachuutxan chiiwa (I drink the water)
taiyuu chii, to tsinuukwa t'l'a'ai
"Water is life, the lifeblood of mother earth"
- Chief Doc Slyter



Gahais do hap'
"World Water Day"



March 22nd, 1993

Galam'uu tlo pasik' (I get a cup)
nohap'o bats'uu tlo pasik' (I fill the cup with water)
ildwa'uu k'ele tlo hap' (I give thanks to the water)
noxq'awats'uu tlo hap' (I drink the water)
dlewetos do hap', tlo ka'ain do t'l'dayas
"Water is life, the lifeblood of mother earth"
- Chief Doc Slyter

xamtłiitin chiitłin
"I will wash my hands"



(sha'yuushtł'a ul quuiich language)



1
lakuunan tłxaiyamtl'
"I grab the soap"



2
tł'aquultsin chiitłin
"I wet my hands"



3
xamtłuultsin chiitłin
"I wash my hands"



4



5



6



7
xamtłuultsin chmiitłq ul miitłx aisxa
"I clean my fingers and nails too"



8
xamtłuultsin chiiwach
"I wash/rinse with water"



9
smuut'atin chiiwa
"I stop the water"



10
tłxuuyuultsin chiitłin
"I dry my hands"




11
smuut'at wan
"All done"

Hand Washing!

It's always a good idea to wash one's hands regularly! Learn how to do so in our three languages! Thank you to the Language and Culture Committees and Tribal Council for their input and support!

Scan the QR codes to hear the language online!



Miluk



Hanis

Culture Coalition Meeting

TOPIC:
STORYTELLING PLANNING

MONDAY, APRIL 4TH AT
5:00PM

Zoom Meeting:
<https://us06web.zoom.us/j/84196065982?pwd=MDdZZWlyYjdUTEp3QlIZOG1WTUhhRZz09>

Meeting ID: 841 9606 5982
Passcode: 897052

With Prediabetes, Action is the Best Medicine

American Diabetes Association. Contributed by: Kristy Petrie and Armando Martinez, Diabetes Team

If you've been diagnosed with prediabetes, we know that can feel like a lot—like your life has changed and you'll never be "normal" again. But know that that isn't the case.

You have the power to change things.

For some people with prediabetes, early treatment, as well as moderate lifestyle changes, can return blood sugar levels to a normal range, effectively preventing or delaying type 2 diabetes. Ask your doctor plenty of questions and listen to the answers you get. Increase your daily physical activity. Start eating healthy. And your life can be yours again.

What it means and what you can do

There are no clear symptoms of prediabetes so you may have it and not know it. But before people develop type 2 diabetes, they almost always have prediabetes—where blood sugar levels that are higher than normal but not yet high enough to be diagnosed

as diabetes. You may have some of the symptoms of diabetes or even some of the complications. If you think you may have diabetes or prediabetes, check with your doctor and get tested.

If you discover that you do have prediabetes, remember that it doesn't mean you'll develop type 2, particularly if you follow a treatment plan and make changes to your lifestyle through food choices and physical activity. Even small changes can have a huge impact on delaying or preventing diabetes altogether. Work with a health care professional to make a plan that works for your lifestyle, or look for a Centers for Disease Control and Prevention (CDC) recognized lifestyle change program, guided by a lifestyle coach trained to use a CDC-approved curriculum, where you will meet other people who are working to prevent diabetes. Contact Kristy Petrie or Armando Martinez for more information on a lifestyle change program.

6 Health Benefits of Walking

Julia Westbrook and Karen Asp / Reviewed by Dietitian Jessica Ball, M.S., RD. Contributed by: Kristy Petrie and Armando Martinez, Diabetes Team

Walking can do more than get you from point A to point B. This classic activity can improve your heart health, blood sugar, and more. Plus, we include tips on how to get more out of your walks.

It's convenient. It's free. And it comes with a wealth of benefits. Don't underestimate the power of America's favorite physical activity—walking! All you have to do is lace up and head out the door (we have the best walking shoes according to podiatrists to help). No gym or fancy equipment is necessary. Witness some of the latest evidence for these benefits of walking.

Health Benefits of Walking

There are several reasons why walking can be a great form of physical activity. Here are a few of the specific health benefits of walking.

1. Improve Blood Sugar

A short jaunt around the block after you eat could help keep your blood sugar steady, especially if you have type 2 diabetes, according to research published in the journal *Diabetologia*. When adults with the condition walked for 10 minutes following every meal, they lowered their blood sugar 12 percent more, on average, than when they took a single 30-minute stroll each day. "Walking uses large muscles in your legs and torso—which require a lot of energy," explains Andrew Reynolds, Ph.D., lead study author and postdoctoral fellow at the University of Otago in New Zealand. "To get that energy, those muscles remove sugar from circulation and your blood sugar goes down." He adds that after-meal walks may also help prevent diabetes in the first place. (Get more lifestyle and diet tips to help lower blood sugar with 12 ways to lower blood sugar.)

2. Help Your Heart

You don't need crazy-hard cardio to strengthen your heart. A review of data from more than 130,000 women, published in the *Journal of the American College of Cardiology*, found that those who walked at least 30 minutes a day significantly lowered their risk of heart failure. Other research has found that exercisers—and most of them were walkers—reduced systolic blood pressure (the top number) by an average of nearly 9 mmHg, an improvement similar to

that from medication, according to a meta-analysis in the *British Journal of Sports Medicine*. Getting at least 150 minutes of moderate-intensity exercise, like brisk walking, each week is the benchmark for heart benefits, according to the American Heart Association.

3. Improve Fertility

For couples trying to get pregnant, here's a reason to hoof it: researchers from the UMass Amherst found that overweight and obese women who regularly walked for at least 10 minutes at a time were nearly twice as likely to conceive as those who didn't go for a stroll. The researchers say that being at an unhealthy weight—which applies to nearly three-quarters of us—is linked to higher levels of chronic inflammation, which can affect fertility. But walking reduces that inflammation and also may lower stress levels, both benefits that improve your odds of welcoming that bundle of joy.

4. Reduce Dementia Risk

Research has shown that those who walk regularly (think: 3 to 5 times per week for 30 to 40 minutes) had a significantly lower risk of dementia than those who didn't partake in aerobic exercise. This could be because walking helps improve blood flow which can help improve cognition, but more research is needed to explain walking's impressive brain-healthy benefits. Walking is an easy way to add more aerobic exercise to your day, which can help strengthen your body and mind in the long run.

5. Promote Weight Loss

While it can sometimes get overlooked, walking is a great way to get more exercise and can help you lose weight. Finding ways to up your physical activity is key when trying to lose weight (along with what's on your plate, of course).

6. Boost Mood

Last but certainly not least, regular exercise like walking can help to boost your mood—immediately and in the long term. Plus, getting outside for a walk can help you spend more time in nature, which has proven benefits for your mental health and can help you reduce stress.

5 Ways to Get More Out of Your Walks

Spending too much time on your tush can

lead to numerous health woes. But here's an easy fix: After an hour of sitting, walk around for two minutes. It could reduce your risk of early death by 33 percent, according to a study published in the *Clinical Journal of the American Society of Nephrology*.

Here are some more expert tips on how to get more out of your walks, solo or with a walking buddy.

1. Go Off-Road

Moving your walks to varied terrains like grass or dirt requires you to use different muscles that can strengthen your core and improve balance, something you don't get from walking on asphalt, explains Libby Richards, Ph.D., RN, an associate professor at the Purdue University School of Nursing. Choosing a route with some gradual hills can amp up the challenge even more.

2. Add Some Weights

Make your walk more challenging by adding a weighted vest (or wearing a backpack) to increase the load your body is carrying. Add no more than 5% of your body weight to start and spend only a few minutes walking in it at a time until your body gets used to it, Richards says.

3. Go Fast and Slow

Dave McGovern, 15-time U.S. Champion race walker and author of *The Complete Guide to Competitive Walking* (buy it: \$18.95, barnesandnoble.com) likes doing "turns and straights" on a school track, where you alternate between easy strolling on the turns and full-tilt walking sprints on the straightaways.

4. Work on Form

Perfecting your gait and posture will inherently help you move faster, McGovern says. Follow these three tips: Take shorter, faster steps. Land on your heels and roll through the tips of your toes. And, finally, be sure to bend your arms at 90-degree angles, vigorously driving them behind your body while keeping the arm swings short in front of the body.

5. Up Your Walk Time

A slower, longer workout can be just as effective as a faster, shorter one, says Richards. And hey, it means more time to chitchat too if you're walking with a partner.

Elders Corner

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. Elders will be contacted by Kimmy Bixby of Community Health Services with information for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. **Thank you Elders!**

Contributed by Kimmy Bixby, Community Health Aide



Cherity Macauley

Cherity Macauley

Coos

- Grandparents - Roy and Marie Brainard; parents- Stan and Madeline (Brainard) Knowlton; spouse - David Macauley; children - Sara Macy; grandchildren - Triniti and Violet; aunts - Jean Bouman (Lane), Flossie Garcia (Jack); uncles - Tom Brainard (Janet), former Chief David Brainard (Judy); siblings - Julie, Andy, Eric, Brian, Pete, and Philip. Numerous cousins.

Proudest Accomplishments:

- I have taught Sunday school for over 40 years, created my own Bible curriculum and games for children. Something I asked God to allow me to do if I survived a brain tumor in 1977. I also got to teach painting and craft classes to children at a homeschool co-op for 2 or 3 years.
- I attended Merrit Davis Business College, graduated in Accounting and worked at McCracken Motor Freight in Accounts Receivable.
- Adopted our daughter (another miracle from God)

Bucket List:

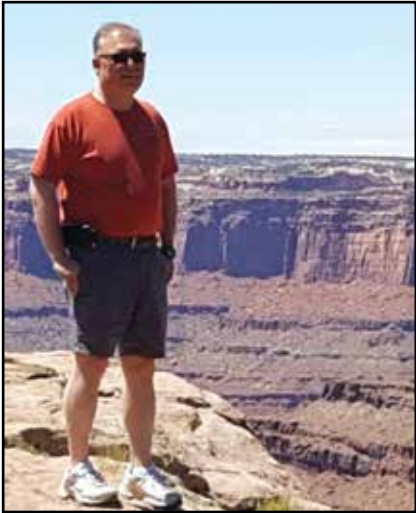
- Since I was 12, I have wanted to go to all 50 states. I have been in at least 25 so far.
- Lose weight
- I want to make quilts for foster kids and orphans.

Favorite Saying:

“Trust in the Lord with all your heart, lean not on your own understanding.” Proverbs 3:5

Favorite Hobbies:

- Stamping, making cards, and scrap booking.
- Sewing/quilting.
- Painting and all types of crafts.



John Domaschofsky

John Domaschofsky

Coos

- Grandmother Ida Wages Helms Gwinn; Mother Florence Helms Domaschofsky; Wife Sharon Domaschofsky; Children Jaime Mattison and Bradly Rickard, and 4 Grandchildren.

Proudest Accomplishments:

- 35 years and counting relationship with the love of my life, Sharon Domaschofsky.
- My children and the people they have become.
- The business I have built.

Favorite Hobbies:

- Reading.
- Woodworking.
- Traveling.

Bucket List:

- Seeing my grandchildren grow up and be happy.
- Taking my wife to Alaska.
- Retiring and relaxing with my wife.

Favorite Saying:

“The most terrifying words in the English language are: I’m from the government and I’m here to help.”

-Ronald Reagan

Elders Committee Meeting

Thursday, April 14th, 2022

1:00 p.m. - 2:30 p.m.

If interested in attending, please RSVP to Iliana Montiel by emailing imontiel@ctclusi.org for the zoom link. Please RSVP by Monday, April 11th.

Welcome New Tribal Elder

Danny Krossman

It's Easy to Take Your Eyesight for Granted

American Diabetes Association

Contributed by: Kristy Petrie and Armando Martinez, Diabetes Team

Diabetes is the leading cause of vision loss in people 18–64 years old. And there are no obvious signs or symptoms. But the great news is an annual routine eye exam could prevent 95% of vision loss caused by diabetes.

Focus on Diabetes™ is a multi-year initiative that brings together the American Diabetes Association and Visionary Partners from leading organizations in vision care to increase awareness about diabetes and eye health.

Get Smart About Eye Health

Vision loss is preventable with early detection, timely treatment, and appropriate follow-up care.

Step 1

Know the Risk for Diabetes

Many people have prediabetes or diabetes for years without knowing it because early symptoms can be so easy to miss. That’s why an annual comprehensive eye exam is critical for the prevention and early detection of diabetes-related eye complications.

Step 2

Know the Warning Signs of Diabetic Eye Disease

Some diabetic eye diseases have no signs or symptoms until they are too obvious to

ignore, which might present as:

- Blurred vision
- Dark spots or “holes”
- Flashes of light
- Seeing an increased amount of floaters
- Poor night vision

Step 3

Take Control of Eye Health

Routine eye exams can help identify problems that when treated can prevent or delay vision loss due to diabetic eye complications. Unfortunately, many people with diabetes don’t get their eyes examined regularly. Find an eye care professional.

Sippy Cups and Your Child's Teeth

This article was prepared by the American Dental Association as a public service to the community. Contributed by Bobbie Hafer, R.D.H.

This article was prepared by the American Dental Association as a public service to the community. As soon as teeth appear in the mouth, decay can occur. One of the risk factors for early childhood caries (sometimes called baby bottle tooth decay or nursing mouth syndrome) is frequent and prolonged exposure of a baby's teeth to liquids, such as fruit juice, milk, or formula, which all contain sugar.

Tooth decay can occur when a baby is put to bed with a bottle. Infants should finish their naptime or bedtime bottle before going to bed. Because decay can destroy the teeth of an infant or young child, you should encourage your children to drink from a cup by their first birthdays.

Many training cups, also called sippy or tippy cups, are available in stores. Many are —no spill cups, which are essentially baby bottles in disguise. No-spill cups include a valve beneath the spout to stop spills. However, cups with valves do not allow your child to sip. Instead, the child gets liquid by sucking on the cup, much like a baby bottle. This practice defeats the purpose of using a training cup, as it prevents the child from learning to sip. Don't let your child carry the training cup around. Toddlers are often unsteady on their feet.

They take an unnecessary risk if they try to walk and drink at the same time. Falling while drinking from a cup has the potential to injure the mouth. A training cup should be used temporarily. Once your child has learned how to sip, the training cup has achieved its purpose. It can and should be set aside when no longer needed.

Tips

For sipping success, carefully choose and use a training cup. As the first birthday approaches, encourage your child to drink from a cup. As this changeover from a baby bottle to a training cup takes place, be very careful:

- what kind of training cup you choose
- what goes into the cup
- how frequently your child sips from it
- that your child does not carry the cup around

Talk to your dental professional for more information. If your child has not had a dental examination, schedule a well-baby checkup for his or her teeth. The American Dental Association says that it is beneficial for the first dental visit to occur before the child's first birthday.

CTCLUSI Dental Clinic is open for well-baby visits. We want to make your child's first dental visit a happy one!

Please call 541-888-6433 to schedule.

Preventative Dental Care

Contributed by Marissa Gardner, DHAT and Naomi Petrie, DHAT

This month our dental clinic is focusing on preventative services, mostly engaging with our tribal youth. We will describe all preventative services that are individually tailored to you or your children during the exam and hygiene appointments. There are several different procedures and techniques for different levels of tooth decay risk patients. Everyone has a different smile but we all have one common goal, to have a healthy smile. So, what you can expect during your exam and hygiene appointments? They will include but are not limited to the following: Oral hygiene instructions with tooth brushing and flossing techniques, motivational interviewing of food and beverage consumption, a combination of fluoride varnish applications with povidone-iodine, silver diamine fluoride (SDF), and sealants. We will be giving education to expecting mothers and explain how to clean their new baby's teeth. Please remember if you have a new addition to the family that we recommend bringing him or

her into the dental clinic as soon as the first tooth erupts. As always, we encourage happy visits or well-baby visits for those kiddos who have never been seen at the dental clinic or that may have a fear of coming to the dental clinic. Our dental team strives for all of our kids to have a happy and healthy visit while visiting us.

Our current staff includes 1 temporary Dentist, 2 Dental Therapists, 1 Hygienist, 5 Dental Assistants, and 1 Receptionist. We do not have a full-time Dentist on-site at this time but are making great efforts in recruiting a Dentist. We are currently scheduling appointments within the Dental Therapists scope of practice these include exams, referrals, hygiene appointments, restorative treatment, and preventative services as listed above. If you have any questions or concerns please feel free to contact our front office. To schedule an appointment please call 1 (541)888-6433 to see one of our Dental Therapists.



Naomi Petrie, DHAT teaching young Tribal member Nyjah Rutledge about dental care with the help of Sheriff Woody from Toy Story.

Positive COVID-19 Results and CTCLUSI Resources

OHA COVID-19 News Release: February 25, 2022. Oregon reports 981 new confirmed and presumptive COVID-19 cases, 4 new deaths

PORTLAND, Ore. — There are four new COVID-19-related deaths in Oregon, raising the state's death toll to 6,582, Oregon Health Authority (OHA) reported at 12:01 a.m. today. OHA reported 981 new confirmed and presumptive cases of COVID-19 as of 12:01 a.m. today, bringing the state total to 692,261.

Positive COVID-19 test?

If you are a CTCLUSI Tribal member and have a Confirmed Positive COVID-19 test from a testing facility, CTCLUSI has resources to help you and your household quarantine/isolate for the CDC recommended quarantine time.

This is an effort to help our Tribal members, and help prevent the spread of COVID-19 by taking away the need to leave home during the quarantine/isolation period for things like food. At home, COVID-19 tests are NOT diagnostic per the manufacturer and State. Therefore, we can not take a positive home test as a positive result until it is confirmed by a testing facility.

How to access the COVID-19 Family Quarantine/isolation Assistance (Examples: Frozen food, electrolytes, etc.):

Send photo proof by email or text of your Positive COVID-19 result to your local Community Health Aid (CHA). The test must be completed by a COVID-19 testing facility.

Contact a Community Health Aide:

Armando Martinez
email: amartinez@ctclusi.org
phone: 541-435-7228
cell: 541-999-4151

Doug Morrison
email: dmorrison@ctclusi.org
phone: 541-997-6685 x 7701
cell: 541-297-2391

Kimmy Bixby
email: kbixby@ctclusi.org
phone: 541-744-1334 x7156
cell: 541-808-8684



CONFEDERATED TRIBES OF
COOS, LOWER UMPQUA AND SIUSLAW INDIANS
ENROLLMENT DEPARTMENT
1245 Fulton Avenue - Coos Bay, OR 97420
Telephone: (541)888-7506 Toll Free 1-888-280-0726 Fax: (541)888-2853

March 1, 2022

NOTICE – Basic Roll

RE: BASIC ROLL

Dear Enrolled Tribal Member,

Each year a **Basic Roll** is updated of all current Enrolled Members to be posted publically in the Coos Bay, Florence and Springfield Government Offices, managed by the Enrollment Department. In addition, it will now be posted on the private side of the Tribes website. This notice is to inform you that our current membership is now 1,316 members. Each Enrolled member’s name will be printed on this Roll as directed by the Enrollment Committee and Enrollment Code.

There is a provision that allows you to “**Opt Out**” of this process. **You must submit your request in writing to include the name(s) you DO NOT wish printed on this public Roll.** (This information will be redacted following your request)

Submit written request to:

Enrollment Department
Basic Roll
1245 Fulton Ave.
Coos Bay, Oregon 97420

The specific portion of the Code is on the back of this letter. The entire Enrollment Code is located on the CTCLUSI website www.ctclusi.org. If you have any questions please contact me.

Sincerely,

Jeannie McNeil
Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
Enrollment Office
541-888-7506
jmcneil@ctclusi.org

Only Names, Base Ancestor, and Date of Enrollment will be shown. No contact information is included on this roll.

Enrollment Code – Basic Roll

In accordance with CLUSITC 7-1-142:
(a) The Enrollment Coordinator will develop a Basic Roll for the Tribes. This Roll will contain all of the names, in alphabetical order, of those Members who were enrolled from the date of the Tribes’ Restoration until the Constitution was adopted on May 23, 1987. Numbers will be assigned on an alpha/numerical basis of this Basic Roll (i.e., the first person on the Roll will have the number 0001, and the tenth Member will have the Roll number of 0010).

(b) All Members added after the date of the adoption of the Constitution will have his or her name put on the Roll in alphabetical order, but will be given a Roll number consistent with the order of his or her entry into the Tribes as a certified Tribal Member.

(c) Tribal Member Names, Base Ancestors, and Date of Enrollment shall be posted at all Tribal Offices unless a Tribal member submits a written request to “opt out” of the posting of his/her name.

Live Native: Tribal Family Program

CTCLUSI’s grant programs: Special Diabetes Program for Indians (SDPI) and Tobacco Prevention Program would like to invite Tribal Families to participate in our new program, Live Native. This program will be from **March 3 to April 21**, with at your own pace family activities, and a variety of virtual classes including, but not limited to cooking classes, guest speakers, and cultural activities.

All Tribal Family participants will have the opportunity to choose from a variety of CTCLUSI designed clothing and/or outdoor apparel, while supplies last. There will be a grand prize raffle: one for an adult, and one for youth. Raffle tickets are awarded to each participant for each activity and virtual class/event completed.

- ★ Free Outdoor Apparel
- ★ Raffle Prizes: Adult and Youth

Sign up form will be available at <https://laserfiche.ctclusi.org/Forms/Live-Native-Tribal-Family-Activities>

Questions: Contact Mark Petrie at 541-435-7217, mpetrie@ctclusi.org
or
Armando Martinez at 541-888-7228, amartinez@ctclusi.org



Photo Credit: Kristy Petrie



Are you in the 5 County Service area and needing a ride?

The Tribal Transportation Department aims to provide necessary transit services for accessing shopping, employment, education, health care, and social/recreational opportunities to all CTCLUSI members and their eligible family members currently lacking reliable transportation.

Transportation options that may be provided directly include door-to-door rides with a 72-hr advance notice and/or bus passes. In addition to services provided directly from the Transportation Department, CCAT services are available free of charge by presenting your Tribal ID card to the CCAT driver at the time of service.

Door-to-Door Service is limited to Coos County at this time
For more information or to access these services, please contact Kathy Perkins, Tribal Transportation Coordinator, at 541-888-9577 ext. 7550.



PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.
All Peacegiving issues are confidential.



Photo By: Jesse Beers

For more information about Peacegiving, please visit the Peacegiving Website or contact the Peacegiving Coordinator at the address listed below.
Peacegiving Coordinator
1245 Fulton Avenue
Coos Bay, OR 97420
PHONE: (541) 888-1306 or (541) 888-1316
EMAIL: Peacegiving@ctclusi.org Website: <http://ctclusi.org/peacegiving>

WELLNESS COURT

Are you in trouble with the law?
Are you suffering with drugs, alcohol or addiction?
Are you ready to make a change?
What does true Wellness look like for you?
A life without drugs or alcohol is possible for you.
Make the choice for a better life.



Confidential
Contact Tribal Wellness Court.
(541) 888-1307



Education Corner

Gather is Growing and IT NEEDS YOU!

Contributed by Eriq Acosta, Education Specialist

Tribal hall and admin were created virtually with some twists of course to be able to explore CTCLUSI Culture, mingle with other Tribal members, build and learn. This virtual space is open to all Tribal members at any time to come alone or together. If you need a tour we would be honored to show you around, contact Mark Petrie (mpetrie@ctclusi.org) or Eriq Acosta (eacosta@ctclusi.org) and we will gladly show you around. Since last month, we have added a game center, go-cart track, more language incorporation and of course a virtual escape room - be careful Nuuskilii will trap you in her dungeon and you could get lost forever..... just kidding. As mentioned the space is open to use for Tribal members and the sky is the limit for what you want to use it for. You want to host an art class and sell your goods? Great! You want to host a movie night and have a discussion or better yet a book club? Wonderful. This space can do all that and more. We know new technology or maybe even the idea of technology has you a bit worried, don't fear, we are here to help guide you and answer any questions you might have. I have had many elders throughout the country tell me we have to live in the two worlds: the Indian world and today's society. We have made a place where we can do just that. Come explore Gather and see for yourself.



Contact Mark Petrie or Eriq Acosta for more information.

Mark Petrie - mpetrie@ctclusi.org

Phone: (541) 435-7217

Eriq Acosta -eacosta@ctclusi.org

Phone: (541) 888-1314



2022 Graduates!

Please let the Education Department know if you are graduating this spring. We would like to recognize the graduating students with something special.

Please include:

- 1) School's name
- 2) School colors
- 3) Future Goals
- 4) Advise for future students

DEADLINE TO SUBMIT INFORMATION 5/1/2022

Email info to education@ctclusi.org

ATTENTION HIGHER
EDUCATION STUDENTS

SCHOLARSHIPS NOW AVAILABLE

Apply online via laserfiche at www.ctclusi.org

*Scholarship Application
Deadline is May 22nd by
12:00 am (PST)*

For more information, please contact
Karen Porter at kporter@ctclusi.org or
(541) 888-1315 or
Josh Davies at jdavies@ctclusi.org or
(541) 888-1314

Education Corner

Critical Race Theory, Then and Now...

Contributed by Josh Davies, Education Director

Dr. Daniel Solórzano (Saint Mary's College), read an article in the Chronical of Higher Education Magazine, that used terminology "Critical Race Theory" back in 1993. He had never heard those words before, but realized that this was important work, it is work that he was very familiar with. He uses the analogy of a camera polarizing filter. As the concepts and theory have filtered through the layers of education, one has to look between these layers at the concept.

Critical Race Theory was established over 40 years ago by legal scholars such as Derrick Bell, Angela Harris and Mexican-American scholar Richard Delgado to study how race is central to the creation of laws and potentially how the laws perpetuate racism. In actuality, what is being fought against is a truthful retelling of our nation's history (Julissa Arce). While ODE requires school administrators to have Consultation with Tribes whose Members they serve, school boards are not required to meet. This proves to be a very intricate issue now because Superintendents, Administrators and Educators are losing their positions because they do not condone this way of instruction.

Most recently, with the support of Tribal Council, I read testimony in regards to the educator and administrator, the opposition you are referring to in regards to North Bend School District's draft resolution titled Non-Discrimination

that was brought forward by the North Bend School District School Board. After finding out on 3/1/22 this week about this resolution, and after talking to multiple individuals across the county, state, and federal levels, I was able to collaborate and construct testimony. Here is my testimony:

Good evening Chair Jordan, Vice chair Thies, 2nd Vice Chair Simpson, Board Members and Superintendent Bogatin. My name is Josh Davies and I am a Hanis Coos Tribal Member. I serve as both the Education Director and as a member of the Tribal Council of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians. I am here to testify against the Resolution regarding non-discrimination.

First, the Tribe is extremely disappointed that we have not been consulted regarding this Resolution. This Resolution will impact the teaching of history including the teaching of the history of the Tribe – this unfortunately has tragic elements that could make anyone feel uncomfortable. This resolution will also impact how schools deal with issues of discrimination, which could threaten the safety and security of our youth. We urge the School Board to defer any action on this resolution until there has been an opportunity for the District to meet with the Tribe to discuss this resolution and its impacts.

Second, as far as the substance of the Resolution, the Tribe is pleased with the language in the

resolution that the District "will not tolerate racism and racist conduct" in its classrooms. We commend this language. This sentiment is the value that should help inform the teaching of American history in its classrooms.

However, the Tribe is extremely concerned about the language in the resolution that would prohibit teaching that may make individuals feel "discomfort, guilt, anguish" or otherwise uncomfortable. • There is much to be concerned about when it comes to the teaching of American history. The Tribe is well aware of the longstanding influence of history textbooks and curricula that neglect to tell the truth about American history. Teaching history of my own Tribe and of tribal people across this Nation was often ignored. Our accomplishments, culture, and treatment by the United States during settlement was often missing. For years, the only thing children learned about Native people was the "Thanksgiving story."

Unfortunately, history was not kind to tribal people and teachers should not be required to sugar coat history in a way that ignores its reality. In 1860, our people were rounded up by the federal government and marched 60 miles to a reservation on the Yachats River and imprisoned for 17 years. During this time, 50 percent of the Tribal members died during this period due to the deplorable conditions including starvation, mistreatment, and disease. This is a hard history – it causes me discomfort and anguish even talking to you this evening. It still makes my heart hurt. Ignoring this history is not good for the Tribe and not good for students.

The Resolution risks infringing on the right of teachers to teach and of students to learn. The clear goal of this Resolution is to suppress teaching and learning about the role of racism, including the treatment of Native people, in the history of the United States. An examination of the treatment of Native people and other minorities might cause some students "discomfort" because it is an uncomfortable and complicated subject. Teachers must provide an accurate view of the past in order to better prepare students for community participation and to understand where they are today. Suppressing or watering down discussion of difficult subjects deprives students of opportunities to discuss and foster solutions to social division and injustice.

This Resolution cannot erase "concepts" or history; it can, however, diminish teachers' ability to help students address facts in an honest and open environment capable of nourishing intellectual exploration. This School Board owes students a clear-eyed and frank delivery of history, so that they can learn, grow,

and confront the issues of the day. Knowledge of the past, including what happened to my ancestors and tribal ancestors across this Country, exists to serve the needs of the living. This includes an honest discussion of all aspects of that past. Americans of all ages deserve nothing less than a free and open exchange about history and the forces that shape our world today. To ban the tools that enable those discussions is to deprive us all of the tools necessary for citizenship in the 21st century. We learn history so that we can appreciate where we are now and work to be better in the future. I'm reminded of the quote – "Those who forget their history are condemned to repeat it."

For these reasons, the Tribe opposes this resolution. Thank you very much for your time and consideration this evening.

Here is a link to the North Bend School Board meeting. My comments begin at around 7:47. The vote begins around 2:13:15. 3-3 tie with one abstention (<https://www.youtube.com/watch?v=I9tsSeT8fAE>)

After attending the Government to Government Education Cluster State Day Meeting last month, here are comments shared:

Colt Gill, Director of the Oregon Department of Education: Josh, I just want to say thank you. I appreciate your actions and leadership. Unfortunately, in these times it takes more courage than what it should to ensure all our children are seen, included, loved and supported.

Tony Rosilez, Executive Director of the Oregon Teacher Standards and Practices Commission: Deconstruct to reconstruct to co-construct.

Ben Canon, Executive Director of the Oregon Higher Education Coordinating Commission: Part of what makes this issue difficult, and Josh's intervention so admirable, is that boards are framing their resolutions as "anti-discrimination" measures, with language that resonates with most people. You have to look more closely, and ideally have some experience with classroom education, in order to see clearly what's so problematic about them. Josh, I just listened to your testimony at the school board meeting. It is so important for more people to hear your experience and perspective. I hope you will share it out with this group, and more broadly.

Rudyenne Rivera-Lindstrom, Director of Diversity, Equity and Inclusion for the Higher Education Coordinating Commission: This also brings to light the need to support our educators in how to engage in these discussions. Grounding a lesson in the recognition of experiencing discomfort and is in fact a part of process can go a long way. But it's so surprising that it is always a missed component in equity discussion processes. Thank you, Josh., This is hard, but know that you are not alone.

New Beginnings for Tribal Students (NBTS) Presents

Tribal Youth Pre-college OSU Summer Camp August 22-25, 2022

Designed for CTCLUSI Youth entering 10th – 12th grades

Learn about going to college and how to get help with financial aid, scholarships, and explore majors!

Explore SWOCC and OSU campuses and visit cultural centers including the OSU Ina Haws Longhouse.

Hands-on FUN field trips about environmental science and careers. Meet science professionals and college students.

Other activities include:

- Sleep in the dorms at OSU
- Snorkeling in the Santiam River with scientists
- Hatfield Marine Science Center in Newport
- Visit ecological and cultural restoration sites
- Canoe trip to Waite Ranch on the Siuslaw

Youth will come home having experienced life on the OSU college campus and a packet for how to get help with entering college/community college and the Native American cultural support resources on campus.

A range of environmental sciences and careers are explored but not a required interest for youth.

Camp participation and all meals are FREE.

Campers will be supervised 24 hours per day.

All Covid-19 safety measures in place at the time for CTCLUSI and OSU will be carefully followed.

This event is also co-sponsored by the OSU Department of Fisheries, Wildlife and Conservation Sciences, and Oregon Sea Grant.



Last day to sign up June 7th

Additional information & registration link can be found at www.ctclusi.org. Click on NBTS OSU/SOCC Summer Camp to register.

Post cards will be mailed out to eligible Tribal members.

For more information contact:
Josh Davies, CTCLUSI Education Director
jdavies@ctclusi.org
(541) 888-1314
Bessie Joyce, NBTS Program Manager
bessiejoyce4@gmail.com
(541) 743-6106



Education Corner

Power Through Spring Break!

Contributed by Eriq Acosta, Education Specialist & Mark Petrie, Tobacco Prevention Education Program Coordinator

There's been some growing progress in energy work for the Tribe – and we've received some grant funds to continue that momentum that we'd like to share with you! Did you know, the sun produces enough energy every second to cover earth's needs for 500,000 years.

Of that energy, enough power reaches the earth in one hour to power all of society for a year. With that said, spring and summer are right around the corner. The sun will be shining its glorious rays more frequently and with that the more potential to learn about renewable energy; more specifically, solar energy! An activity during this year's Spring Break Camp will give students a very basic opportunity to learn about renewables, so if you signed up, well see you then. If not, no worries, we have some renewable and solar programming in the works partnering with the Tribe's Department of Natural Resources & Culture. If interested, reach out to Mark Petrie or Eriq Acosta and we'll be happy to give you more information and get you added to our list for future trainings. As mentioned above, we have been awarded a grant through Bonneville Power and Authority with a goal to acclimate students to the basics of



Renewable Energy, electrical generation, transmission, energy efficiency and hydro power practices. We will achieve this via online solar education and a hands-on solar training in the summer. By the end of summer, we want to take students out of the classroom and into the community to participate in a hands-on STEM learning experience at the Eugene science center/

Oregon Museum of Science Industry, Bonneville Dam and the Willamette Falls Hydro Electric Power Reservoir. For more information or to get yourself added to the renewables/solar class list reach out to Mark Petrie (mpetrie@ctclusi.org), or Eriq Acosta (eacosta@ctclusi.org.)

2022 Virtual Conference

munk-kəmtəks

chaku-kəmtəks

To Teach | To Learn

April 28th - 30th

IEA Oregon Indian Education Association

facebook.com/OregonIndianEduAssoc/ @oregonindianeducation https://oiea.org

Save THE Date



Please send in any achievements, awards, or accolades that your student has received this year.

We are looking to host a student corner that will spotlight students monthly and will be able to communicate their great accomplishment(s) with the Tribal Membership.

Please submit a picture, a brief description, and also a release stating we can use photo and information for upcoming newsletters.

DID YOU SIGN UP ?

We still have **Chrome Books** in stock—If you haven't received yours sign up now.
Must be CTCLUSI enrolled



Link to sign up:

<https://laserfiche.ctclusi.org/Forms/HousingCOVIDEmergencyAssistance>

If you have any questions,
please contact the Education Department:

Josh Davies; Education Director: 541-888-1314
Karen Porter; Education Specialist: 541-888-1315
Eriq Acosta; Education Specialist II: 541-888-1318

UPCOMING EVENTS

APRIL 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	31	1	2
3	4 Culture Coalition Meeting 5:00 pm	5 Miluk Language Class online 4:00 p.m.	6 Hanis Language Class online 4:00 p.m.	7 Sha'yuushtl'a uhl Quuiich Language Class online 1:00 p.m.	8 Movie Night (virtual) 3:30pm - 5 pm	9
10 Election Day Regular Council Meeting 10:00 a.m. General Council 1pm	11	12 Miluk Language Class online 4:00 p.m.	13 Hanis Language Class online 4:00 p.m.	14 Elders Committee Meeting 1pm-2:30pm Sha'yuushtl'a uhl Quuiich Class 1 p.m. Culture Committee Meeting 4:00 p.m.	15	16 Talking Circle Teen Dating Violence 4:00 pm - 5:00 pm
17	18	19 Miluk Language Class online 4:00 p.m.	20 Hanis Language Class online 4:00 p.m.	21 Sha'yuushtl'a uhl Quuiich Language Class online 1:00 p.m.	22 Necklaces (virtual) 3:30pm - 5 pm	23 Clam Digging Charleston Marina 10am
24	25	26 Ladies Self-Care Book Group 6pm-8pm Miluk 4:00 p.m.	27 Hanis Language Class online 4:00 p.m.	28 Rx Drug Take Back, Eugene 10am-2pm Sha'yuushtl'a uhl Quuiich Class 1 p.m.	29 Rx Drug Take Back, Florence 10am-2pm	30 Rx Drug Take Back, Coos Bay 10am-2pm
1	2	3 Miluk Language Class online 4:00 p.m.	4 Hanis Language Class online 4:00 p.m.	5 Sha'yuushtl'a uhl Quuiich Language Class online 1:00 p.m.	6	7

Hiis Haiyach – with a good heart

Tribal Council Election Day April 10, 2022

Vote by absentee ballot (mail in) or in person at Tribal Hall 12:00 p.m. - 4:00 p.m.
Contact the Election Clerk with any questions at jmcneil@ctclusi.org or call 541-888-9577

Careers START HERE

CURRENT JOB OPPORTUNITIES

Three Rivers Casino Resort (Florence)

Food & Beverage

- Supervisor-Food & Beverage ~ Bartender ~ **Barback** ~ Cocktail Beverage Server ~ Blue Bills Food Server ~ Busperson ~ Food Court Runner/Dining Room Attendant
- Food Court Outlet Lead Cook ~ Food Court Outlet Cook ~ Line Cook ~ Night Cook/Cleaner ~ **Team Dining Room Staff** ~ Dish Machine Operator

Hotel

- Hotel Front Desk/PBX Clerk ~ **Telephone Specialist** ~ Night Auditor ~ Porter ~ RV Park/ Guest Services Attendant ~ Guest Room/Laundry Attendant ~ Housekeeping Lead

Gaming Floor

- Table Games Dealer ~ Slot/Keno/Bingo Attendant ~ Casino Service Host

Golf

- Temporary Groundskeeper 1 ~ Groundskeeper 2

Internal Maintenance/Facilities

- Environmental Services Technician 1 ~ Maintenance Tech 1

Marketing/Events

- Banquet & Events Coordinator ~ Special Events Team Member ~ Promotions Representative

Finance/ Player Services/ IT/ Human Resources

- Chief Financial Officer ~ Controller ~ Accounts Payable/Accounts Receivable Clerk ~ Soft Count TM
- Players Services Representative ~ **Player Services Representative Dual Rate Main Bank**
- IT Manager ~ Network Administrator/Engineer ~ Information Technology Technician II
- HR Manager ~ Recruiter

Security

- Security Officer 1

Three Rivers Casino Resort (Coos Bay)

- Security Officer 1 ~ Security Officer 1 Dual Rate Supervisor
- Environmental Services Technician 1**
- Bartender/Server ~ Line Cook
- Electronic Gaming Machine Team Member
- Electronic Gaming Machine Technician I
- Player Services Team Member** ~ Player Services Representative Team Member 2 ~ Player Services Representative Dual Rate Main Bank ~

(Jobs updated weekly) **RED** means not actively interviewing, offer pending Updated 3/21/2022

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Apply online at threeiverscasino.com/careers
or call us today at 541.902.6648

Virtual Language Classes 10-Weeks - Spring 2022

April 5th through June 9th

Tuesdays: **miluk** 4:00-6:00 pm

Wednesdays: **hanis** 4:00-6:00 pm

Thursdays: **sha'yuushtla uł quuiich**
1:00-3:00 pm

Please sign up with Enna Helms at
language@ctclusi.org, or by phone at (541) 297-7538

THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you!

Morgan Gaines,
Communications Specialist
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mgaines@ctclusi.org



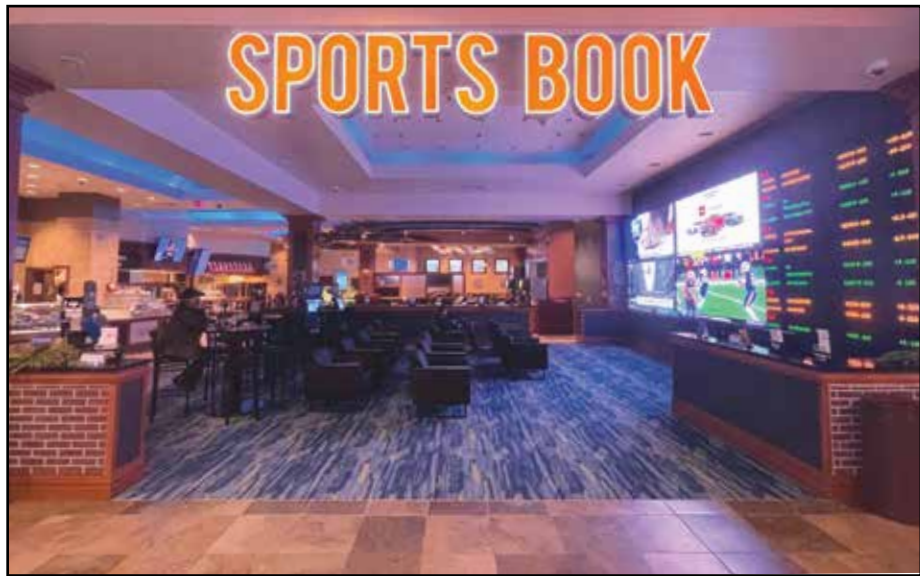
*Improvements made to Three Rivers Casino Resort
- Florence and Coos Bay, and Ocean Dunes Golf Links*



New carpet, Coos Bay casino



New carpet in the event center of the Florence casino



New Sports Book, Florence casino



All new Keno station in Florence casino



New dinning area, Riverside food court, Florence casino



New highway reader board, Florence



New golf course marquee



New hallway branding, back of house, Florence

MONDAYS 6PM-9PM
\$50 Hot Seats every 30 minutes. PLUS, roll the game cube to multiply your win!

TUESDAYS 6PM-9PM
Pick your color and you could win \$100 Cash. Drawings every 30 minutes. Earn 25 same-day points to play.

WEDNESDAYS 7PM-9PM
Drawings every 30 Minutes to win up to \$1,000! Earn 50 points and swipe at the kiosk to pop a balloon for your prize amount. Earn additional entries for every 100 same-day points earned (limit 4). If you are picked at one of the drawings from 7pm to 9pm, you'll win that prize.

THURSDAYS 7PM-9PM
Drawings every hour to win up to \$2,500! Receive one entry for every 25 same-day points earned.

New Day!

SATURDAYS 7PM-9PM
Drawings every hour to win up to \$5,000! Pick your favorite emoji to earn your entries. Receive one pick for every 150 same-day points earned.

APRIL WEEKLY SPECIALS
Open Daily - 11am-10pm

MONDAY - CHICKEN BACON RANCH PIZZA & WINGS
With spring onions, Roma tomatoes, and tri-colored bell peppers. Served with six wings and choice of sauce. \$20

TUESDAY - FISH TACOS
Beer battered cod on a warm tortilla topped with avocado, tomato, red onion, cilantro, red cabbage, cotija cheese, fire-roasted corn and black bean salsa. Drizzled with garlic, lime crema and served with coleslaw. \$16

WEDNESDAY - TOP SIRLOIN
Ten ounces with mushroom onion demi-glace. Served with Yukon Gold mashed potatoes, brown gravy, chef's choice vegetables and garlic bread. \$16

THURSDAY - SEAFOOD MELT
Bay shrimp and snow crab piled high on a brandy garlic butter croûton with melted swiss cheese. Served with French fries. \$12

FRIDAY - OVEN ROASTED PRIME RIB
Served from 4pm-9pm
Served with au just, baked potato, chef's vegetables and a dinner roll. \$20

SATURDAY - SMOKED BBQ BRISKET
Served from 4pm-9pm
Served with baked beans, coleslaw, corn on the cob, sweet cornbread. \$18

THREE RIVERS
CASINO

COOS BAY
541-808-9204 | THREERIVERSCASINO.COM