# The Voice of CLUSI



## March 2022

Volume 23 www.ctclusi.org

#### NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS



LOTTIE'S DRESS REPRESENTATION PROJECT

# CULTURE COALITION SEEKING EXPERIENCED TRIBAL ARTISTS

The Tribe is looking for available and experienced bead and leather workers (hand sewing only) to help complete a representation of Lottie's dress.

Contact Pam Stoehsler at (509) 386-3318 or Enna Helms at ehelms@ctclusi.org

















#### Also in this Edition of The VOICE of CLUSI:

#### Tribal Election Information

featured on page 5

Election Information and Candidate Statements also available online at www.ctclusi. org/tribal-council-election-2022/

#### Tribal Committee Members Information

featured on page 3

A list of Tribal Committee members will now be featured in the Tribal paper and website. Are you interested in serving on a Tribal committee? Turn to page 3 for contact information to submit a letter of interest

#### Spring Equinox Kits

featured on page 7

Spring Equinox Kits request forms are available on the Tribal website homepage at www.ctclusi.org

Kits are limited and will be available on a first come, first served basis.

#### Lottie's Dress Representation Project

Contributed by Morgan Gaines, Communications Specialist

On June 4, 2021 Lottie Evanoff's buckskin dress was returned to the Tribe from the Daughters of the American Revolutions (DAR). A transfer ceremony was held that day at the Tribal Community Center in Coos Bay, Oregon with Chief Doc Slyter's opening remarks expressing deep, heartfelt emotions and tremendous gratitude on behalf of the Tribal community for the return of such an extraordinary part of our ancestral history and culture.

You may recall reading about this wonderful event in the July 2021 edition of The Voice of CLUSI paper. To refresh your memory, visit the Tribal website for past editions of the paper at www.ctclusi.org/communications

I would also highly encourage you to view the video of the ceremony that has been posted on the homepage of the Tribal website www.ctclusi.org since last July.

The Culture Coalition is currently seeking Tribal artists with experience in bead and leather work (hand sewing only) to help complete a representation of Lottie's dress. Please see the advertisement at left for contact information if you are interested in getting involved. We hope to update the Tribal community on the progress of this project in the months to come.

Presorted Standard U.S. Postage PAID Eugene, OR Permit #481

Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians 1245 Fulton Avenue Coos Bay, OR 97420 Deadline to Submit
Statement of Candidacy
for Tribal Council Election

March 11, 2022 by 5:00 p.m.

See page 5 for Important Election Information
For complete Election Code visit www.ctclusi.org
Questions? Contact Jeannie McNeil jmcneil@ctclusi.org 541-888-7506

#### Tribal Council Business

#### Activity of Elected Tribal Council Members from January 8, 2022 - February 12, 2022

#### **Chief Doc Slyter:**

01/13 Cultural Committee Meeting

01/13 Leader's Circle

01/20 Leader's Circle

01/26 GFORB

01/26 Business Meeting

01/28 Special Tribal Council Meeting

01/31 State Supported-Regional Water Planning Management Workgroup

02/03 Leader's Circle

02/07 Gregory Point - show headstones to out-of-state family member

02/10 Solar Incentives Meeting

02/10 Cultural Committee Meeting

02/12 American Rescue Plan Act (ARPA)

Tribal emails and phone calls

Total Hours: 64

#### **Debbie Bossley, Tribal Chair:**

Jan. - Feb In Office 24 days

01/09 Tribal Council Regular Meeting

01/12 Housing Director Interviews (2)

01/13 Leaders Circle

01/14 Facilities Maintenance Director (5)

01/19 LCIS

01/20 Leaders Circle

01/24 Three Rivers Foundation

01/26 Tribal Council Business Meeting

01/27 Leaders Circle

01/28 Special Meeting

02/01 OTGA / 9 Tribes Meeting

02/03 Leaders Circle

02/12 Tribal Council ARPA Workshop

Total Hours: 140

#### Julie Siestreem, Vice Chair:

01/09 Tribal Council Regular Meeting

01/10 Director of Internal Audit Interview / DNR Work Session

01/11 IPC Meeting 4J Native Program

01/12 Director of Housing Interview (2) / ELD Tribal Advisory Committee

01/13 HHS Tribal Consultation: Draft HHS
Strategic Plan FY 2022-2026 / Forest
Service Tribal Forum Forest
Restoration Agreements / Treasury
Webinar for Tribal Governments on
the Final Rule for the American
Rescue Plan Act of 2021

01/14 Facilities Maintenance Director
Interviews (2) / NTIA Consultation on
Tribal Broadband Connectivity
Program \$2 Billion – Infrastructure Bill

01/18 Tribal Property Site Visits: Capital Project Location Assessment

01/19 LCIS / US Department of Labor Consultation on OSHA COVID-19 Vaccination & Testing Emergency Temporary Standard

01/20 Agency Update Correctional Services
Division / HHS Tribal Consultation
Draft HHS Strategic Plan FY 20222026 / Capital Projects Follow Up
Meeting / Oregon Racing Commission
/ Leaders Circle

01/25 ATNI Winter Convention / Investment Committee Meeting

01/26 GFORB Meeting / Tribal Council Business Meeting

01/27 Consultation Oregon Racing Commission

01/31 White House Council on Native American Affairs Tribal Engagement

02/01 Oregon Tribal Gaming Alliance

Meeting / Oregon 9 Tribes Prep Meeting 02/02 White House Webinar: Updates on the Bipartisan Infrastructure Law Implementation / River & Waters Healing Ceremony Planning Meeting

02/03 Onboarding Facilities Maintenance Director / Senate Natural Resources & Wildlife Recovery Committee Support Testimony

02/04 Umpqua Fishery Enhancement Derby 02/05 Umpqua Fishery Enhancement Derby

02/08 Forest Legislation Meeting / Oregon Senate Hearing Josh Davies Appointment / 4J Natives Program

02/09 Special Meeting

02/09 Solar Incentive for Tribal Entities Presentation Earthlight Solar & Energy Solutions

02/11 Representative Sanchez Meeting re: Tribal Concerns SB1520

02/12 Tribal Council ARPA Workshop

Total Hours: 140

#### **Iliana Montiel:**

01/09 Tribal Council Regular Meeting

01/12 Served on panel for Housing Director Interviews

01/13 Leader's Circle

01/14 Served on panel for Facilities
Maintenance Director Interviews

01/18 NPAIHB Quarterly Board Meeting

01/19 NPAIHB Quarterly Board Meeting / U.S. Dept of Labor Consultation on OSHA COVID-19 Vaccination & Testing Emergency Temporary Standard

01/20 Leader's Circle

01/25 ATNI Health Committee / Investment Committee Meeting

01/26 GFORB / Tribal Council Business Meeting

01/28 TC Special Meeting / BH Tribal Consultation

02/03 Leaders' Circle

02/09 Special Meeting

02/12 Tribal Council ARPA Workshop

Reading & responding to emails.

Total Hours: 52

#### Josh Davies:

01/09 Regular Tribal Council Meeting

01/11 Al/AN Advisory Committee Meeting / Pre-consultation with School District Conversation with Tribal Members

01/12 Baby Promise RAC: Part 2 - Early Learning Division / Director of Housing Interviews / Early Learning Division Tribal Advisory Committee Meeting Election Board Meeting

01/13 Rev. Dr. Martin Luther King
Commemoration and Awards
Ceremony / Treasury webinar on
January 13 for Tribal governments on
the Final Rule for the
American Rescue Plan Act of 2021 /
OHA ODE COVID Press Conference/
Leaders Circle

01/14 CTCLUSI Facilities Maintenance Director Interviews / State-tribal call re: COVID-19

01/18 Elder Assistance / Superintendent Search Screening Committee Training

01/19 OIEA Board Meeting / Housing Committee Meeting / Blue Earth Board Meeting 01/20 State Board of Oregon Education Meeting / Leaders Circle

01/24 Three Rivers Foundation Decision Meeting

01/25 Early Education & Tribal Partners
Focus Group for SCESD
Superintendent Search / Educator
Advancement Committee Meeting
Board of Directors

01/26 BIA Consultation on Bipartisan Infrastructure Law / Bipartisan Infrastructure Law (BIL) Consultation / GFORB / Tribal Council Business Meeting

01/27 Consultation Oregon Racing Commission/CTCLUSI Tribal Council

01/28 Tribal Council Special Meeting

01/31 White House Council on Native
American Affairs Tribal Engagement
Session CBSD Superintendent
Search Screening Committee

02/02 COVID Tribal Webinar

02/03 Leaders Circle

02/07 Three Rivers Foundation Decision follow up meeting

02/08 Senate Committee on Rules Hearing 02/09 Indigenous First Step committee meeting - Portland State University

Tribal Council Meeting

Total Hours: 101

#### **Doug Barrett:**

01/09 Tribal Council.

01/13 Culture Committee Meeting / Leaders Circle

01/14 NTIA Consultation on Tribal Broadband / State – Tribal Call – COVID–19

01/19 Blue Earth Board Meeting.

01/20 Oregon Racing Commission meeting
/ Leaders Circle

01/26 GFORB / Tribal Council Business Meeting

01/27 Consultation Oregon Racing Commission / Tribal Council.

01/28 Tribal Council Special Meeting.

01/31 State-supported Regional Planning & Management meeting.

02/02 River& Waters Healing Ceremony Planning & Meeting.

02/03 Leaders Circle.

02/07 Three Rivers Foundation meeting.

02/10 Culture Committee.

02/12 Tribal Council ARPA Workshop.

Total Hours: 65+ emails

#### Enna Helms:

01/09 Regular Tribal Council Meeting

01/12 Interview Panels

01/13 Treasury ARPA Call; Tribal Council Leaders Circle

01/14 Interview Panels

01/18 COVID vaccination and testing standards Call / Tribal Council Leaders Circle

01/26 Tribal Council Business Meeting

01/27 Consultation with Oregon Racing Commission; Tribal Council Leaders Circle

01/28 Tribal Council Special Meeting

02/02 River & Waters Ceremony Planning
Meeting

02/03 Consultation with 4J School District; Tribal Council Leaders Circle:

02/09 Tribal Council Zoom call

02/11 Tribal Council ARPA Meeting Emails, meeting prep and phone calls not

included Total Hours: 65

#### Information

#### **QUESTIONS OR SUGGESTIONS?**

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

#### **COMMITTEE INTEREST LIST**

**Health Services Division** 

1245 Fulton Avenue

Coos Bay, OR 97420

Phone 541-888-7526

Fax 541-888-5388

Resources

imontiel@ctclusi.org

Toll free 1-888-280-0726

Department of Human

Jennifer Silva, Director

1245 Fulton Avenue

Coos Bay, OR 97420

Phone: 541-888-7508

Fax: 541-897-9881

jsilva@ctclusihr.org

1245 Fulton Avenue

Coos Bay, OR 97420

Phone 541-888-7546

jstevens@ctclusi.org

Fax 541-435-0492

Toll Free: 1-888-280-0726

**Tribal Housing Department** 

Josh Stevens, Interim Director

Iliana Montiel, Interim Director

If you are a Tribal member and interested in being on a committee, please contact Christine Sylvester, 541-888-7532. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

#### ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Veterans are honored at Please let us know if you have a change in the Salmon Ceremony each year. Please contact Jeannie McNeil at 541-888-7506 or at email jmcneil@ctclusi.org for new requirements needed to be honored.

#### **US FOREST SERVICE NORTHWEST FOREST PASSES**

Now available at the Tribal Administration Building, Florence and Eugene Outreach offices.

Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

#### **CHANGES?**

address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., either online at www. ctclusi.org/enrollment or mail to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

#### TRIBAL COUNCIL MINUTES

The full meeting video is available at www. ctclusi.org If you are an enrolled member of CTCLUSI and would like to receive typed copies of the Tribal Council Meeting minutes please submit a written request to Jeannie McNeil 1245 Fulton Ave. Coos Bay OR 97459 or jmcneil@ctclusi.org including the date requested, your name, current address and Tribal Roll number for verification.

Florence Outreach Office

Physical: 3757 Hwy. 101

Mailing: P.O. Box 2000

Florence, OR 97439

Phone 541-997-6685

Fax 541-997-1715

Rusty Bossley,

Toll Free 1-866-313-9913

Executive Director of the

5647 Hwy 126, Suite 100

Gaming Commission

Florence, OR 97439

Fax 541-997-7293 rbossley@ctclusi.org

Phone 541-997-2830

**Tribal Gaming Commission** 

# OS LOWER UMPON

#### Tribal Council

#### Doc Slyter, Chief Tribal Chief

541-808-7625 (cell) dslyter@ctclusi.org

#### Enna Helms Position #1 Council

541-297-7538 (cell) enna.helms@ctclusi.org

#### Debbie Bossley, Chair Position #2 Council

541-294-3972 (cell) debbie.bossley@ctclusi.org

#### Julie Siestreem, Vice-Chair

Position #3 Council

541-294-6055 jsiestreem@ctclusi.org

#### Josh Davies **Position #4 Council**

541-294-4105 josh.davies@ctclusi.org

#### Iliana Montiel **Position #5 Council**

541-217-4613(cell) iliana.montiel@ctclusi.org

#### Doug Barrett Position #6 Council

541-297-2130 (cell) doug.barrett@ctclusi.org

#### Council Meeting March 13, 2022

10:00 a.m.

To practice safe social distancing guidelines, this meeting will be streamed online. Please login to the citizen portal of www.ctclusi.org and click Council Meetings for the

zoom link to this meeting.

#### Agenda:

- 1. Call to Order
- 2. Invocation Approval of Minutes as needed
- Tribal Council Reports
- Tribal Chief Executive Officer Report
- Chief Financial Officer Report
- 7. Old Business
- 8. **New Business** 9. Other
- 10. Good of the Tribes
- 11. Executive Session as needed Council meeting video available to view at www.ctclusi.org

#### CTCLUSI Departments, Services & Offices Purchased/Referred Care

**Government Office** Lee Ann Wander 1245 Fulton Avenue Chief Executive Officer Coos Bay, OR 97420 1245 Fulton Avenue Phone 541-888-4873 Coos Bay, OR 97420 Toll free 1-800-227-0392 Phone 541-888-9577 Fax 541-888-5388 lwander@ctclusi.org prc@ctclusi.org

#### **Education Department**

Josh Davies, Education Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-1314 Cell: 541-294-4105 Toll free 1-888-280-0726 jdavies@ctclusi.org

#### **Family Support Services**

Iliana Montiel, Interim Director 2110 Newmark Avenue Coos Bay, OR 97420 Phone 541-888-7526 Toll Free 1-888-280-0726 Fax 541-888-5388 imontiel@ctclusi.org

#### **Tribal Dental Clinic**

1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-6433 Toll free 1-877-688-6433 Fax 541-888-7505

#### **Elders Activities**

Iliana Montiel, Interim Director 1245 Fulton Ave. Coos Bay, OR 97420 Phone 541-888-7526 Fax 541-888-7526 Toll Free 1-888-280-0726 imontiel@ctclusi.org

#### **Tribal Court**

J.D. Williams, Chief Judge 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll Free 1-888-280-0726 tribalct@ctclusi.org

#### **Cultural Department**

Jesse Beers, Cultural Stewardship Manager 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1319 Fax 541-888-2853 jbeers@ctclusi.org

#### **Eugene Outreach Office**

135 Silver Lane, Suite 200 Eugene, OR 97404 Phone 541-744-1334 Toll Free 1-800-877-2718 Fax 541-744-1349

#### **Tribal Police**

Brian Dubray, Police Chief 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-6011 Fax 541-902-6507 bdubray@ctclusi.org

#### **Department of Natural** Resources

Roselynn Lwenya, Ph.D. Director of Natural Resources 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll Free 1-888-280-0726 Fax 541-888-2853 rlwenya@ctclusi.org

Are you a Tribal member who would like to learn more

about a Tribal Committee,

or are interested in being on

a committee? Reach out to

a Committee Chair person

or Tribal Government Staff

sitting members of the

committee at the time of

contact are Jeannie McNeil,

Sylvester, 541-888-7532 or

of those interested so that

when a committee vacancy

occurs we can fill it as soon

as possible, so please contact

us whether there is a vacancy

The Tribe maintains a list

Staff members you can also

jmcneil@

Christine

publication of this paper.

541-888-7506,

ctclusi.org or

csylvester@ctclusi.org

Committee Chairs are noted at left with current

member.

#### **Tribal Committee Members**

#### **Budget Committee**

- 1. George Barton
- 2. William Ingersoll Jr.
- 3. Margaret Corvi
- 4. VACANT
- 5. Teresa Spangler
- 6. Allen (Butch) Swigert
- 7. Roseanna Perry, Chair ladyperrie@gmail.com

#### **Culture Committee**

- 1. David Petrie
- 2. Doug Barrett
- 3. Scott Slyter, Chair slyterdesigns@gmail.com
- 4. Jade Fong
- 5. Michael Brainard
- 6. Patrica Phillips

#### **Education Committee**

- 1. Coline Benson
- 2. Teresa Spangler
- 3. Heather Gleason Biesanz
- 4. Ashley Russell, Chair arussell@ctclusi.org
- 5. Bryson Bossley

#### **Elders Committee**

- 1. Arleen Perkins
- 2. George Barton
- 3. Warren (Tom) Brainard
- 4. VACANT
- 5. VACANT
- 6. Allen (Butch) Swigert
- 7. Brad Kneaper

#### **Enrollment Committee**

- 1. Debbie Bossley
- 2. Warren (Tom) Brainard, jmcneil@ctclusi.org
- 3. Skip Brainard
- 4. Vicki Faciane
- 5. VACANT

#### **Housing Committee**

1. Pauline Benson

5. Bryson Bossley

- 2. Danny Krossman, Chair dkrossman33@gmail.com
- 3. Roseanna Perry, Vice Chair
- 4. Josh Davies

#### **Investment Committee**

- 1. Roseanna Perry
- 2. George Barton
- 3. William Ingersoll Jr., Chair bill7@yahoo.com
- 4. Andrew Newsome
- 5. Vicki Faciane

#### Language Committee

- 1. Megan Medina
- 2. Alycia Cossey
- 3. Jade Fong 4. Jamie Biesanz
- 5. Ayuthea Cisneros, Chair isabella.a.cisneros@gmail.com

#### **Election Board**

- 1. Andrew Brainard
- 2. Michael Brainard 3. VACANT
- 4. Mark Petrie, Chair mpetrie@ctclusi.org
- 5. Josh Davies 6. Pauline Benson
- 7. Ashley Russell

Turn to page 19 of this publication for a monthly calendar of

#### THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines mgaines@ctclusi.org

#### **Upcoming Events**

upcoming events or visit the Events Calendar on the tribal website at https://ctclusi.org/events/

#### Tribal Council Corner

Contributed by Julie Siestreem, Tribal Council Vice-Chair

Doug Barrett, Tribal Council, Julie Siestreem, Tribal Council Vice-Chair and Colin Beck, Forester participated in the 2022 Umpqua Fisheries Enhancement Derby on February 4<sup>th</sup> and 5<sup>th</sup>, 2022. Fishing of the North, South or mainstream of the Umpqua Rivers took place Friday and Saturday from 8am to 4pm. An oyster and crab feed ran Friday night from 4:30pm to 8:00 pm with the Umpqua Fisherman's Association as hosts in Douglas Hall at the Doulas County Fairgrounds. A raffle was run in which both Colin and Doug, as well as the drift boat guide Kyle, won prizes. The Fish Derby Banquet will be rescheduled for a future date. The fundraiser typically generated over \$100,000 each year for watershed enhancement work, fish-rearing projects and outdoor education activities in the Umpqua Basin.

Colin fished both days. On Friday he caught and released wild fish. On Saturday he was fortunate to catch a tagged hatchery fish he was allowed to keep. Doug and Julie fished Saturday. Doug caught and released one wild fish. Colin's father helped create the Umpqua Fisheries Enhancement Derby 30 years ago. We were all inspired to see the positive enhancement work that has been done on the Umpqua, one of our three rivers. We wonder if it would be possible to do similar but different enhancements on our other two rivers the Siuslaw and Coos!

## Deadline to Submit Letter of Intent to Run for Tribal Council:

March 11, 2022 at 5:00 p.m.

## Regular Tribal Council Meeting:

March 13, 2022 at 10:00 a.m.

## Council Election Candidate Forum:

March 12, 2022 zoom at 10:00 a.m.

#### Regular Tribal Council Meeting:

April 10, 2022 at 10:00 a.m.

#### **General Council Meeting:**

April 10, 2022 at 1:00 p.m.

#### **Election Day:**

April 10, 2022 12:00 Noon - 4:00 p.m. at Tribal Hall

## ENROLLMENT DEPARTMENT NEWS

All of These Forms Are Available to Fill
Out Online

https://ctclusi.org/enrollment/

- · New Tribal I.D. Request Form
- Name Change Form
- Change of Address Form
- Enrollment Application

Visit www.ctclusi.org and click the Tribal Enrollment tab from the dropdown Government Tab options.

Or sign in to the Citizen Portal and click on the Admin Request Forms box.

Contact the Enrollment Office
Jeannie McNeil, Enrollment Clerk at 541-888-7506
jmcneil@ctclusi.org

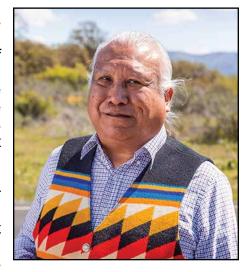


#### Building Our Relations: Tribal Council Meets with Harris Teo of the Yakama Nation

Harris Teo of the Yakama nation visited CTCLUSI Administration offices on Monday, February 7, 2022, and met with Chair Debbie Bossley, Vice-Chair Julie Siestreem and Housing/Planning Director Josh Stevens. Harris is the Director of Sales for Cougar Den Inc. It has been a Yakama Nation tribally owned/operated business for 28 years. It is located in the heart of the Yakama Nation in White Swan, WA. It is one hundred percent Indian

owned, HUBZone Certified, SBA Small Business and is a tribal preference employer. After extensive discussion of the logistics of building and operating fuel/convenience stores, Harris shared a couple family stories and words of encouragement about sovereignty.

As a seven year old child he went fishing with his father during the time of the "fish wars." At one point their boat was stopped and boarded by authorities with guns. His



father met them with his gun. After discussion, the men who boarded their boat took all their fish. Harris and his father went back out and caught another load of fish before they went home. Harris told us several other stories all of which showed Yakama steadfast self-determination and leadership.

With Teo's and Chair Bossley's permission to ask a question off the topic of fuel/convenience store, Vice-Chair Siestreem recounted a conversation with her great nice Ayuthea La Pier about sovereignty in which Auythea sited the Marshall Trilogy as one of the most debilitating set of actions ever created to eliminate Tribal sovereignty. Julie asked Harris his philosophy on the subject and Harris told them the worst of the three Marshall cases as "Worcester vs. Georgia 1832". He told them "You have to make up your mind whether you are sovereign or not. If you are willing to stand up and fight for it or not. No one can take it away from you."

This kind of in person spontaneous meaningful visiting used to be done on a regular basis. All of us were thankful Harris Teo took out time to visit with us on his way back to the Yakama Nation from a trip he made from California. Yes, we were all wearing masks and maintained a COVID-19 social safe distance. We gave him salmon, he gave us jerky as parting gifts of appreciation.

Thankful, grateful, blessed and inspired. Julie Siestreem, Tribal Council Vice-Chair



#### **NOTICE OF 2022** TRIBAL COUNCIL ELECTION **APRIL 10, 2022**

Location: Tribal Hall 338 Wallace St. Coos Bay, OR 97420 Voting Polls will be open from 12:00 noon to 4:00p.m. You may register to vote in person at that time.

As of February 15, 2022 the following Tribal Members have submitted to run for Tribal Council:

Position #2 (Incumbent) Debbie Bossley **Brad Kneaper** Position #2 Position #2 **David Petrie** 

Position#4 (Incumbent) Josh Davies Position#4 **Teresa Spangler** 

(Incumbent) Doug Barrett Position #6 **Michael Romine** Position #6

## Final deadline to accept submission to run for Tribal Council is: March 11, 2022 by 5:00p.m.

#### **Tribal Code 7-3-23 Candidate Eligibility**

According to the Tribal Constitution (Article VIII, Section 4(a)), in order to be eligible for election to a Tribal Council position, candidates shall meet the following qualifications: (a) Be a duly enrolled member of the Confederated Tribes ;(b) Be at least twenty-one (21) years of age; and (c) Never have been previously removed from office for good cause after the date the Tribal Constitution was ratified. (May 23, 1987).

For a complete Election Code please see www.ctclusi.org Tribal Code,

Ch 7-3 Elections. Contact me with any questions. Jeannie McNeil imcneil@ctclusi.org 541-888-7506

#### **Tribal Council Election Candidate Forums**

ZOOM ONLY - FOR ENOLLED MEMBERS OF CTCLUSI Saturday March 12, 2022 beginning at 10am

#### Meet the Tribal Council Candidates...

by attending this virtual only question and answer forum. Candidates will be allowed to make an opening and closing statement.

Participants will be able to ask questions in the chat feature of the Zoom meeting through the Election Board moderators, and listen to the Council Candidate responses.

All correspondence is required in the form of a question. During this venue all communication must be appropriate and respectful of all.

Do you wish to attend the virtual only Tribal Council Forum?

Do you require assistance to participate?

Please contact Jeannie McNeil at jmcneil@ctclusi.org or Christine Sylvester or csylvester@ctclusi.org or call 541-888-9577. Please included your location and the reason assistance is needed.

You must request assistance by March 7, 2022. To allow time to organize accommodations.

Questions for Tribal Council Election Candidates can be submitted ahead of time in writing to the Election Board Chair Mark Petrie at mpetrie@ctclusi.org

#### MEETING LINK INFORMATION BELOW:

Join Zoom Meeting

https://us06web.zoom.us/j/83565480455?pwd=RzJHK 1RBQmNGZGo0Z1hjcnIVS3Fsdz09

Meeting ID: 835 6548 0455 Passcode: 064224

One tap mobile +13462487799,,83565480455# US (Houston) +17207072699,,83565480455# US

(Denver)

Dial by your location +1 346 248 7799 US (Houston) +1 720 707 2699 US (Denver) +1 253 215 8782 US (Tacoma)

+1 312 626 6799 US (Chicago) +1 646 558 8656 US (New York)

+1 301 715 8592 US (Washington

Meeting ID: 835 6548 0455

Find your local number: https://us06web zoom.us/u/k818Lu813

#### NOTICE OF CODE AMENDMENT

The following proposed Code was passed for First Reading by Tribal Council on:

February 13, 2022

#### **TITLE: 3 OFFENSES**

**Chapter 3-3 Violations** 

The Tribal Council has approved amendments for Chapter 3-3 Violations for First Reading; and

CLUSITC Chapter 3-3 (Violations) amending and adding a new language in 3-3-24 to clarify rules of Possession of Marijuana and Inhalation of Toxic Fumes and Possession of Controlled Substances.

Tribal Council hereby approves the amendment of Chapter 3-3 Violations Code and hereby approves for first reading draft be posting for a twenty-eight (28) day period. Amendments as set out in the attached Exhibit A (deleted text is red and stricken and new text is blue and underlined). To see full draft code visit www.ctclusi.org

#### DATE OF THE TRIBAL COUNCIL MEETING AT WHICH THE PROPOSED CODE IS EXPECTED TO BE CONSIDERED FOR **FINAL PASSAGE:**

April 10, 2022

(Comments must be submitted by March 28, 2022 for consideration)

#### NOTICE OF CODE AMENDMENT

The following proposed Code was passed for First Reading by Tribal Council on:

February 13, 2022

#### TITLE: 8 Property

#### **Chapter 8-7 HOUSING COMMITTEE**

The Tribal Council has approved amendments for Chapter 8-7 Housing Committee for First Reading; and

CLUSITC Chapter 8-7 Housing Committee amendments are to clarify the roles and responsibilities of the Housing Committee and the Housing Director; and

Tribal Council hereby approves the amendments of Chapter 8-7 Housing Committee Code and hereby approves for first reading draft to be posting for a twenty-eight (28) day period. Amendments as set out in the attached Exhibit A (deleted text is red and stricken and new text is blue and underlined). To see full draft code visit www. ctclusi.org

#### DATE OF THE TRIBAL COUNCIL MEETING AT WHICH THE PROPOSED CODE IS EXPECTED TO BE CONSIDERED FOR **FINAL PASSAGE:**

April 10, 2022

(Comments must be submitted by March 28, 2022 for consideration)

The notice of the proposed amendment/creation of Code/Ordinance shall be published in the Tribal Newsletter and the text will be posted for public comment for twenty-eight (28) days in the Administration Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino (Office of the Gaming Commission). Written comments should be sent to the Tribal Council in care of Jeannie McNeil, CTCLUSI, 1245 Fulton Avenue, Coos Bay OR 97420 or email: <a href="mailto:imcneil@ctclusi.org">imcneil@ctclusi.org</a>.

#### Department of Natural Resources Welcomes New Tribal Response Program Specialist

Hello, I'm Illeana Alexander and my pronouns are they/she. I am the new Tribal Response Program Specialist. In my role I will be focusing on emergency and spill responses and the Brownfields projects. I hope to integrate more climate change mitigation into response plans and build both the network of support and capacity for the program. My favorite part of all my past jobs has always been the community outreach element; I look forward to continuing that trend as I engage the Tribal community to assess needs, develop relevant projects, and start to get involved with wetlands education.

Originally from Astoria, Oregon, I grew up mostly in Northern California along the Sacramento River. I returned to the Pacific Northwest to attend the University of Puget Sound where I got my Bachelor of Arts in International Political Economy. Looking to expand my horizons I moved to Tucson, Arizona after graduation and worked at an early childhood literacy nonprofit creating capacity for the organization in their volunteer and donor relations programs.

There I had the privilege of working with and conservation curriculum I was also the Tohono O'odham Nation bringing age and culturally appropriate books and

programming to community centers and schools.

Once I was adequately dried out by the desert heat, I moved to Monterey, California to start a graduate program in International Environmental Policy Middlebury Institute International Studies. between attending classes I volunteered at the Monterey Bay Aquarium and spent as many days as possible on the beach watching seals, sea lions, whales, and sea otters bob in the waves – I even got to see some elephant seals one year! I also interned with

the Carmel River Watershed Conservancy and got myself back in classrooms and working with educators. In addition to writing and implementing watershed safety

able to partner with a local Rumsen Ohlone artist and integrate her knowledge and

> artistry into programming and events. After graduating with my Masters of Science in 2021 I parted with the warmer waters of central California and here I am in Coos Bay!

I have a strong affinity for the water and love kayaking, fishing, and tide pooling. My favorite animals are sea otters and sea lemons and I'm always interested in talking about marine mammals and tidal invertebrates! When I'm not at the water you can find me working on any number of textile crafts or baking my

favorite Filipino desserts. I am so excited to be back on the Oregon Coast and I look forward to settling into my position!



## Virtual Cultural **Fridays** Virtual Cultural Fridays will be hosted via ZOOM from 3:30 pm- 5:00 pm (PST) every other Friday beginning February 18th. Join live via ZOOM https://us06web.zoom.us/j/85039393602? pwd=akl3M0Y5cUJyTXI2TDhGeXdxU3pyUT09 Meeting ID: 850 3939 3602 Passcode: 099953 amily Participation is encouraged! The schedule of activities and recorded sessions will be posted on the Tribe's website @ https://ctclusi.org/youth-

services-private/

For more information, for supplies, and/or to sign up, please contact:

Ashley Russell @ (541) 888-7511 or arussell@ctclusi.org

#### Virtual Cultural Fridays March 2022 Schedule

March 4, 2022

Movie Screening via Gather. Town and Popcorn 3:30 p.m. - 5:00 p.m. (PST)

March 18, 2022

**Escape Room Game** via Gather.Town 3:30 p.m. - 5:00 p.m. (PST)

March 21 - March 25, 2022 Virtual Spring Break Camp 8:00 a.m. - 3:00 p.m. (PST) via zoom and Gather.Town

#### Watch Previously Recorded Cultural Videos Online

Login to the Citizen Portal and view Virtual Culture Zoom classes here...

#### https://ctclusi.org/youth-servicesprivate/

The Zoom link to live classes will be posted here as well as all the previously recorded videos.

> Need help registering for the website? **Contact Morgan Gaines** mgaines@ctclusi.org (541) 808-7918



Celebrate Spring Through Tribal Care Package Kits

## Spring Equinox Kits

While the Covid-19 pandemic may still be limiting our ability to gather together, we are still thinking of you & your families.

In lieu of gathering, we are offering Spring Equinox Kits to Tribal households.

Kits are limited & will be available on a first come, first served basis while supplies last.

Signup to receive a kit at www.ctclusi.org

Deadline to signup is March 11th, 2022.

For more information, please contact Ashley Russell at

(541) 888-7511 or arussellectclusi.org

SAVE THE DATE!

VIRTUAL SPRING BREAK

2022

DAY CAMP

MARCH 21ST-25TH

Children of CTCLUSI Families and Administration Staff Ages 5-18.

TO SIGN UP, VISIT WWW.CTCLUSI.ORG DEADLINE TO SIGNUP IS MARCH 7TH

Ashley Russell at (541) 888-7511 or

arussell @ctclusi.org

MARCH 18, 2022 3:30 TO 5 PM (PST) @ GATHER.TOWN

## TRIBAL FAMILY MOVIE NIGHT

Virtual Screening of Gather Checkout the Trailer Here: https://youtu.be/BfSGB-aSo6A

TO SIGN UP & TO RECEIVE GOURMET POPCORN, CONTACT ASHLEY RUSSELL AT ARUSSELL@CTCLUSI.ORG OR (541) 888-7511





DESIREE ACOSTA DES@DESIREEKANE.COM OR ERIQ ACOSTA EACOSTA@CTCLUSI.ORG

## The 2022 Fitness Program Application is online at www.ctclusi.org

The following is a section of the 2022 fitness program manual:

ii. Items must be purchased in the year for which funds are being requested (the Fitness Program runs on a calendar year: January 1 through December 31). Purchases from January thru June will be due for reimbursement in July. July thru December purchases are due in January. \*The specific dates will be posted in the newsletter.

#### Childcare (CCDF)Program Expanding

CTCLUSI is expanding the childcare development fund (CCDF) program.

Due to COVID-19 and the Oregon Governor's extension of the State of Emergency, the income guidelines will be suspended allowing families that reside in the five county service area to qualify with no income requirements.

If you need assistance with either the Fitness Program or the Childcare (CCDF) Program please contact Meagan Davenport, Health and Human Service Program Assistant by email at mdavenport@ctclusi.org or call 541-888-7509.





#### Low Income Water Assistance Program 2022!

CTCLUSI has a new Low Income Water Assistance Program for Low Income Tribal Households! Qualifying households must be low-income and reside within the 5-County Service Delivery Area of Coos, Curry, Douglas, Lane or Lincoln counties. Applications for assistance will soon be available on the CTCLUSI Tribal Website at www.ctclusi.org and will be located in the Family Support Services section of the website. To qualify for waste water and/or household drinking water assistance, your household annual gross income must be at or below the following income limits:

Person Family \$29,345
 Person Family \$38,373
 Person Family \$47,402
 Person Family \$56,431
 Person Family \$65,460

If you have any questions or need assistance applying, please contact Shayne Platz, CTCLUSI Health and Human Services Department, splatz@ctclusi.org or at 541-297-3450, Eugene Outreach Office.



#### Low Income Home Energy Assistance Program

#### PROGRAM UPDATE!

Eligible households **no longer** need to reside within the Tribe's five county service area to be eligible; however, households must reside within the State of Oregon. The Health and Human Services Division continues offering Heating or Cooling assistance for qualifying **low income households.** To receive assistance contact the Health and Human Services Division or fill out an application on the

CTCLUSI website at https://laserfiche.ctclusi.org/Forms/LIHEAP.

To qualify, your household gross income needs to be at or below the following income limits:

1 Person Family \$29,344
2 Person Family \$38,372
3 Person Family \$47,401
4 Person Family \$56,430
5 Person Family \$65,459
6 Person Family \$74,488



In order for your application to be processed and determine qualification you must provide:

Proof of Income (Pay Stub) Social Security Card
Copy of your utility bill SSI or SSDI Statement of Benefits

Tribal Enrollment Card Child Support Statement
Oregon Trail Card Current Oregon Health Plan Card

No appointment is necessary as Tribal Households can fill out the application online at <a href="https://laserfiche.ctclusi.org/Forms/LIHEAP">https://laserfiche.ctclusi.org/Forms/LIHEAP</a>. If you have any questions regarding the LIHEAP program or need assistance with the online application, please contact Shayne Platz at 541-297-3450.

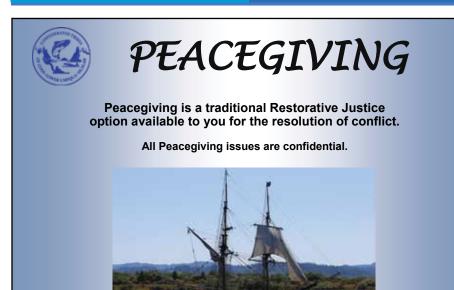


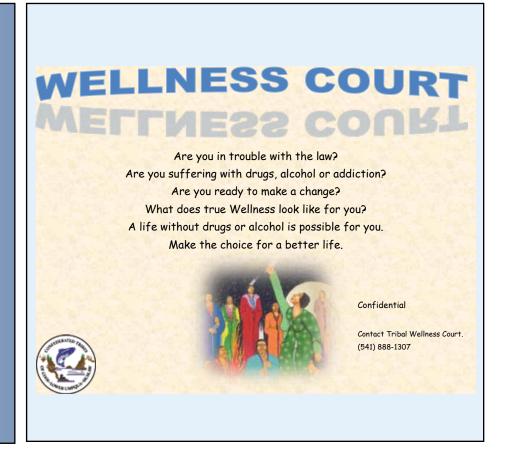
Photo By: Jesse Beers

For more information about Peacegiving, please visit the Peacegiving
Website or contact the Peacegiving Coordinator at the
address listed below.

address listed below.

Peacegiving Coordinator
1245 Fulton Avenue
Coos Bay, OR 97420
PHONE: (541) 888-1306 or (541) 888-1316

EMAIL: Peacegiving@ctclusi.org
Website: https://ctclusi.org/tribalcourtpeacegiving



## "In the Loop" with the Circles of Healing Program

## Healthy Ways for Connecting with Survivors

Contributed by Kathy King, Health and Family Services Department, adapted from concepts in spiritual psychology and materials from the Native Wellness Institute.

There is no question that for many the last two years have been a time of change. From keeping up with recent health guidelines, finding new or returning to former activities to enjoy life, to reconsidering what matters to us most, the pandemic has certainly brought new challenges our way. For all of us, often our most difficult challenges and relationships have the capacity to become our greatest teachers. Survivors of interpersonal violence may seek out a special someone willing to take the extra effort to build and maintain safety and trust while walking beside them on their path both literally and symbolically.

In listening to survivors, many express having experienced extremely complex challenges during the pandemic: with hand sanitizer, masks, social distancing, and wipes visible everywhere, connecting with helpers looks a whole lot different from prepandemic life. Survivors are simultaneously filling new roles as protectors, pragmatists and "pandemic prevailers" while finding safe ways to connect with those providing help during the most challenging time of their lives. For those willing to become helpers, these deep challenges also present opportunities to help create an atmosphere of safety and calm. Changing the term social distancing to "physical distancing" is a good start because it sends a clear message that we value maintaining social connection. One way to begin a "helpful conversation" is to focus on one area or fact of the survivor's life that is still working well, and compliment the survivor on having and maintaining that strength.

Below are other healthy ways to keep crucial conversation flowing. Becoming the special someone willing to take extra care and effort to build and maintain safety and trust while walking beside the survivor on their path, literally and symbolically, can be a healing experience for the survivor and also for yourself.

**Helpful Resources:** 

StrongHearts Native Helpline: Call 1-844-7NATIVE (762-8483).

National Domestic Violence Hotline: Call 1-800-799-SAFE (7233) or Text START to 88788

The National Teen Dating Abuse Helpline: Call 1-866-331-9474 or 1-866-331-8453 (TTY).

National Sexual Abuse Hotline (RAINN): Call 1-800-656-HOPE (1-800-656-4673)

National Deaf Domestic Violence Hotline: National VP 1-855-812-1001 IM: DeafHotline

National Human Trafficking Hotline: Call 1-888-373-7888 or Text: 233733 ManKind Facilitated Zoom Classes (Center for Domestic Peace): Call 1-415-457-6760 for info



Congratulations
to Shawna W. of
Grants Pass!
Shawna won the
Circles of Healing
Winter Solstice
Ornament drawing
by submitting
this photo of her
ornament.

For Healthy Emotional Connection:

- > Demonstrate patience with changes in personal preferences
- Assure and affirm individual choices while reserving judgement
- > Extended pauses in communication are okay
- Checking in with the survivor's feelings more often

For Healthy Spiritual Connection:

- > Relaxed, quiet, calm, extended listening
- Take time to create palpable, respectful presence
- Practice empathetic kindness often
- Seeing the survivor as a part of "your circle"

For Healthy Mental Connection:

- Awareness that survivors perceive
- Mirroring tone, inflection, volume
- Use simple language first, then proceed to deepen conversation
- Provide information in tailored ways that most benefit the survivor

For Healthy Physical Connection:

- Maintain distance while considering the survivor's preference level
- Smile with the eyes when wearing a mask
- > Hold their gaze for a comfortable, meaningful length of time
- > Approach with and maintain an open body position

If you would like additional information or tools to help a friend or family member, please feel free to Kathy King at Circles of Healing on the confidential advocate line at: 541-808-8152. You do not need to share your name or the name of the survivor to receive general information and assistance.

#### **LADIES SELF-CARE**



## Please join us for a Zoom *Journaling* Class!

Journals, pens and templates will be sent out via USPS mail.

Open to all women.
Class size is limited to 10 to allow time for questions.

## Tuesday, March 22, 2022 at 6:00pm

For more information or to RSVP

please call or text

Kathy King at 541-808-8152.

RSVPs are kindly requested by

Monday, March 14 so we can get materials out to

Sponsored by the *Circles of Healing* Program CTCLUSI Health and Human Services Division



### Did You Know? YOU CAN GET FREE COVID 19 HOME TESTS

The State of Oregon has provided CTCLUSI and other Tribes with free home COVID-19 tests. If you are a tribal member that would like an at home test please call *Tes Gagner at 541-744-1334*. One iHealth COVID-19 Antigen Rapid test will be sent to each household member, masks, COVID information/resources, and the CTCLUSI Tribal Nurse information. These resources are FREE.

Every home in the U.S. is also eligible to order 4 free at-home COVID-19 tests.

The tests are completely free. Orders will usually ship in 7-12 days. Order your tests now so you have them when you need them. Visit https://www.covidtests.gov for more information and sign up today at

https://special.usps.com/testkits

These tests are provided by the government by signing up on the special usps website https://special.usps.com/testkits.This service is not linked to the CTCLUSI COVID tests; you can request at home test from CTCLUSI (State provided) and request the 4-free home tests from the Government if needed. The State provided and Government provided at home COVID tests are the same (iHealth antigen rapid test). Please keep in mind, these test's have a "Use by" date, and do expire. Please do not request more home-tests than needed. Thank you.

Who can test: Tests can be used for anyone ages 2 and older. Adults must perform the test for children under age 15.

#### When to test:

I have COVID-19-like symptoms - fever, cough, shortness of breath, muscle pain, headache, new loss of taste/smell, sore throat, runny nose, congestion.



Test within 7 days of feeling

I was exposed to someone with COVID-19 – I was within 6 feet of someone with COVID-19 for at least 15 minutes.



Test 5 days after exposure

These tests do not work well for those without symptoms or a known exposure.

#### **Did You Test Negative for COVID-19?**

**Monitor for symptoms.** Even if you test negative for COVID-19, continue to monitor for new or worsening symptoms. If you experience new or worsening symptoms, take the second test in your kit 1-2 days after you took the first test.

#### **Did You Test Positive for COVID-19?**

Please report your test result to Oregon Health Authority 1-866-917-8881 or www.oregon.gov/postivecovidtest

**Isolate at home.** Stay home and away from others including those in your home.

- If you're sick, isolate for 5 days from when you started feeling sick AND make sure your fever is gone for 48 hours, without the help of medicine, before being around others. Take care of yourself and keep in touch with your clinic or medical provider if your symptoms get worse
- If you don't have symptoms, isolate for 5 days from the day you were tested.
  - o If you develop symptoms, before your 5 days are up, restart the five-day isolation beginning on the day symptoms appeared.

**Notify your close contacts.** A close contact is anyone you've been within 6 feet of for 15 or more minutes. An infected person can spread COVID-19 two days before symptoms start, so inform anyone that you've been around within that time.

## Positive COVID-19 Results and CTCLUSI Resources

Contributed by CTCLUSI Health Department

OHA Report: Oregon reports 13,443 new confirmed and presumptive COVID-19 cases, 15 new deaths

**PORTLAND, Ore.** — There are 15 new COVID-19 related deaths in Oregon, raising the state's death toll to 6,100, the Oregon Health Authority (OHA) reported at 12:01 a.m. today.

OHA reported 13,443 new confirmed and presumptive cases of COVID-19 as of 12:01 a.m. today, bringing the state total to 638,876.

The 15 new deaths and 13,443 new cases reported today include data recorded by counties for the three-day period between Jan. 28 and Jan. 30.

If you are a CTCLUSI Tribal member and have a Confirmed Positive COVID-19 test from a testing facility, CTCLUSI has

resources to help you and your household quarantine/isolate for the CDC recommended quarantine time. This is an effort to help our Tribal members, and help prevent the spread of COVID-19 by taking away the need to leave home during the quarantine/isolation period for things like food. At home COVID-19 tests are NOT diagnostic per the manufacture and State. Therefore, we can not take a positive home test as a positive result until it is confirmed by a testing facility.

How to access the COVID-19 Family Quarantine/isolation Assistance (Examples: Frozen food, electrolytes, etc.):

1. Send photo proof by email or text of your Positive COVID-19 result to your local Community Health Aid (CHA). The test must be completed by a COVID-19 testing facility.

#### a. Armando Martinez:

i. Email: amartinez@ctclusi.orgii. Phone Number: 541-435-7228iii. Cell Phone: 541-999-4151

#### b. Doug Morrison:

i. Email: dmorrison@ctclusi.org

ii. Phone Number: 541-997-6685 x 7701

iii. Cell Phone: 541-297-2391

#### c. Kimmy Bixby:

i. Email: kbixby@ctclusi.org

ii. Phone Number: 541-744-1334 X 7165

iii. Cell Phone: 541-808-8684

#### d. Kristy Petrie:

i. Email: kpetrie@ctclusi.org

ii. Phone Number: 541-888-7521

iii. Cell Phone: 541-294-8391

#### Post COVID-19 care: 6 Tips You Can take to Help Recover from Coronavirus Infection

Contributed By: Kristy Petrie, RN BSN. Resource: Dr. Ajay Kaul, NDTV

- 1. **Exercise consistently**: Exercising may be challenging during recovery. This is because your body is still recovering, and your body is weaker (immune system). However, by gradually bringing exercise into your daily routine, it will increase your physical and mental health. Here are some ideas for introducing exercise into your daily routine:
  - a. Walking: explore a local trail and invite a family member or friend. Talk a walk around your neighborhood after dinner.
  - b. Weights: Start off with low weights. For example, 5 pounds. Any resistance exercise is beneficial since muscle atrophy (wasting away of muscle, deterioration) can set in quickly.
- 2. **Have a nutritious eating routine**. Consistently eating foods that are nutrient and supplement rich. Some of these foods include, yet are limited to; beans, pistachio nuts, sunflower seeds, Kefir, Greek yogurt, sweet potatoes, peanuts, strawberries, pineapple and mushrooms.
- 3. Working on memory: Some studies have shown that COVID-19 can damage memory cells. To help regain lost

attention, memory, and cognitive thinking abilities here are some ideas to add to your routine to help. These ideas aren't just for post COVID, these ideas help with memory, and have been shown to help reduce effects of dementia.

Playing puzzles, memory games and activities.

- 4. Pace down: When you are recovering from having COVID, it is important to not just jump back into the day-to-day routine. Gradually transition back into your day to day, and take one task at a time. The virus attacks your immune system, and by allowing yourself to rest and not take on too much, these are important steps in helping heal and maintain a good immune system.
- 5. **Focus on alarming signals, if any:** Stay in contact with your primary care physician if you have reoccurring issues. Some of these issues may include some, but not all of the potential issues: reoccurring headaches, and/or episodes of fatigue.
- 6. **Make space for others in your recovery journey:** Be kind to yourself. Healing takes time, and resting is required to "feel like yourself again" once you no longer have COVID.

## PARENTING CLASS







\*\*\*CONFEDERATED TRIBES OF COOS, LOWER UMPQA & SIUSLAW\*\*\*

\*\*\*COW CREEK BAND OF UMPQUA TRIBE OF INDIANS\*\*\*

\*\*\*CONFEDERATED TRIBES OF SILETZ INDIANS\*\*\*

PRESENT TO YOU:

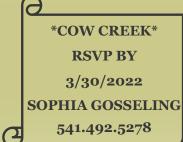
## FATHERHOOD IS SACRED MOTHERHOOD IS SACRED SERIES

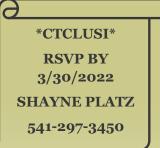
**BY ALBERT M. POOLEY** 

**WHEN: WEDNESDAYS** 

April 6, 13, 20, 27 May 4, 11, 18, 25 2022 6pm - 7:30pm

#### WHERE ~ZOOM~ Link will be emailed to you after registration





RAFFLE PRIZES FOR PARTICIPANTS WHO ATTEND!
FOR THOSE THAT ATTEND ALL 8 WORKSHOPS
YOU WILL BE ENTERED INTO A DRAWING FOR THE GRAND PRIZE
SO DON'T MISS OUT!!

#### **PARENTING CLASS COURSE TOPICS:**

 Understanding the sacredness of fatherhood/ motherhood

#### **Laying the Foundation**

- Understanding the concepts of character and integrity
- Understanding the importance of fathers and mothers as leaders.

#### **The Creator**

 Understand and explain the importance of faith/ belief

#### Choice

- · Understand and value the freedom of choice
- Understanding the consequences of both good and bad choices

#### **Essential Part of Choice**

- Understanding the importance of vision and explain how vision is powerful
- Teachable
- Understand the importance of truth and being teachable

#### **Barriers to Being Teachable**

- Understand and identify the barriers to being teachable
- Understand and explain how to remove the barriers to being teachable

#### Wisdom

- Understand the importance of wisdom
- Explain the three components of wisdom

#### Service

- Understand the importance and benefits of service
- Understand the concept of sacrifice and why it is important
- Explain how to value the small and simple things

#### **Self Identity**

- Understand why it is important to know who we are
- Understand the importance of improving attitude
- Understand how our parents had ideas about who we would become

#### Relationships

- Learn positive ways to build relationships
- Understand how communication affects relationships

#### **Nurturing**

- Understand the importance of nurturing
- Learn how to nurture your family and children
- Understand how love and discipline relate to nurturing

## ~ Tribal Elder Walks On ~

#### **Frank Barrett**

Frank Barrett, 85, passed away peacefully on January 19, 2022, at New Friends Home in Florence.

He was born on June 14, 1936, in Florence, Oregon, the son of Howard and Anna (Parker) Barrett as the youngest of 5 children. He graduated from Siuslaw High School, Class of 1954. In 1957, he married Kay Zysette of Scottsburg, Oregon, and together they raised five children in the house that Frank hand-built across the bridge in Glenada. He enjoyed a 37-year career with International Paper as a Timber Faller and Log Truck Driver. In the late, 80's Frank married his second wife, Pam, whom he adored until her passing in 2018. Frank enjoyed gardening, long walks around town, and his pet birds.

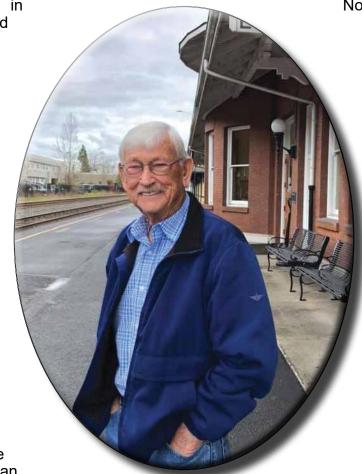
Dad started taking his Father, (Howard Barrett Sr.) to Tribal Council meetings in Coos Bay as soon as he began to drive. He also spent time on Tribal Council back in the mid-80s and early-90s. I remember our mom mailing letters to Senator Wayne Morris and others at the time. We even had dinner with Mr. Stephan

Dow Beckham and some other important folks that helped the Tribes along the way. He also worked hard to maintain the Siuslaw Cemetery, up North Fork, for many years.

Frank is survived by his five loving children: Doug, Ron (Jo-Ann), Jeff, Wendy, and Jill; and stepchildren Darren, Matt, and Pam. During the last few years of his life, not a day went by without a visit by one or more of his children. He also leaves behind six grandchildren and eight great-grandchildren.

The Barrett Family would like to express its deepest thanks and appreciation for the assistance and kind, loving care provided by all the Hospice healthcare workers and staff at New Friends. We are so very grateful for the immense outpouring of condolences and love from friends and the community.

A private family service will be held at a later time. In lieu of flowers, a donation in his name may be made to a charity of your choice. Burns's Riverside Chapel Florence Funeral Home is in charge of arrangements.





### Resolution Summaries

RESOLUTION NO.: 22-001 Date of Passage: January 9, 2022 Subject (title): Enrollment New Members

**Explanation:** The Tribal Council approves Ava Lynn Parrett, Anna Estelle Schutz, Hannah Delabio , Zaid Thomas Sorrell, Denver William Krossman , Walker Wade Marchus , Colton James Matthew Hunter Kiska Kai Mendoza, Eleanor Elizabeth Goodling , Eionah Faith Holliday, Aryia Hope Holliday , Ryker James Evarts Linda Sue Slichenmyer , Jason Daniel Bryson , Scarlett Madilyn McCoy, Liila Iris Ts'ehem, Emmett Mason Chin Avery David Parrett, Cashlynn Gwen Hamons , Frankie Allen Simmons , Calie Lou Grafton , Opal Rose Hermsen, Kaylynn Huntly Sprague, Vyncent Robert Lane, Aurora Livelle Hermsen, Opal Rose Hermsen as new members in the Tribe. Vote 6-0-0

RESOLUTION NO.: 22-002

Date of Passage: January 9, 2022

Subject (title): Enrollment Name Changes and Corrections

to the Roll

**Explanation:** The Tribal Council approves four name changes.

Vote 6-0-0

RESOLUTION NO.: 22-003 Date of Passage: January 9, 2022

Subject (title): CTCLUSI State Transportation Improvement

Funding (STIF) advisory Committee Appointments

**Explanation:** The Tribal Council the following: Josh Stevens, Garret Grey, Kathy Perkins, Teresa Spangler and Debbie Receipt. Veta 6.0.0

Bossley. Vote 6-0-0

RESOLUTION NO.: 22-004 Date of Passage: January 9, 2022

Subject (title): Three Rivers Casino Resort Chief Financial

Officer Recruitment and Hiring Policy

**Explanation:** The Tribal Council approves this purchase and agreement for the gaming business at Three Rivers Casino and Hotel. Vote -6-0-1

**RESOLUTION NO.: 22-005** 

Date of Passage: January 9, 2022

Subject (title): Indian Housing Plan for 2022

**Explanation:** The Tribal Council approves the 2022 Housing

Plan Vote 6-0-0

**RESOLUTION NO.: 22-006** 

Date of Passage: January 26, 2022

Subject (title): Intertribal Timber Council - Delegate and

Alternate

**Explanation:** The Tribal Council appoints Chief Doc Slyter as

Delegate and Colin Beck and Alternate. Vote -6-0-1

In this pubic paper, some Resolutions will display minimal details due to confidentiality. If any Tribal Member has any questions please email Jeannie McNeil at jmcneil@ctclusi.org

## **Elders Corner**

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. Elders will be contacted by Kimmy Bixby of Community Health Services with information for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. *Thank you Elders!* Contributed by Kimmy Bixby, Community Health Aide

#### Attention Tribal Elders:

#### Help us celebrate you!

If you have not yet been featured in the Elders Corner and would like to be, please reach out to us by contacting Kimmy Bixby at (541) 808-8684 or email kbixby@ctclusi.org

#### Elders Committee

Are you interested in serving on the Elders Committee?

Contact us today for more information.

Contact us today for more information by calling Jeannie McNeil at (541) 888-7506 or email jmcneil@ctclusi.org



David Garcia

#### **Bucket List:**

- Learn how to fly an airplane.
- Travel to New Zealand and Damascus.
- Build my own house.

#### Favorite Saying:

"If you want to soar like an Eagle, you can't run with the Turkeys."

#### David Garcia

#### Coos

 Grandson of Roy and Marie Brainard; Nephew of Abby Jean Bouman, Tom, Roy and former Chief David Brainard, and Madeline Knowlton; Son of Florence Garcia.

#### **Proudest Accomplishments:**

- Having 4 healthy teenagers.
- Earning my Doctorate Degree.
- Working with track and field athletes at the Olympic Games in Beijing, China.

#### **Favorite Hobbies:**

- Playing music (guitar and drums).
- Traveling to foreign lands.
- Being outside in nature.

### **Title VI Program Services Available to Elders**

The Title VI Program for Elders (age 55 and over) provides federal grant monies for our Congregate Meals Program, Frozen Meals Program, Chore Service and Respite Care Services for Tribal Elders, Spouses and Widow(er)s whose primary residence is within our five-county service area (Coos, Curry, Douglas, Lane, and Lincoln counties).

#### This month we would like to highlight Chore Services:

#### **Chore Services Program Eligibility:**

- Elders age 55 and older whose primary place of residence is within the five-county service area of: Coos, Curry, Douglas, Lane, and Lincoln Counties.
- Tribal spouses are not eligible for Chore Services; however, widow(er)s are eligible until the time they remarry.
- Services must be provided at the Elder's primary place of residence is within the five county service area.
- The purpose of the Chore Services program is to provide assistance to Elders with activities they cannot easily do for themselves and which, by having someone perform these duties for them, allows them to remain living independently in their own home(s).

## Some but not all inclusive eligible chore services include:

- Yard work, including lawn mowing, leaf raking, general clearing of debris around the home
- Weather stripping around doors and windows
- Gutter cleaning
- Snow removal from driveway and sidewalks
- Purchase and stacking of firewood

General cleaning of the household, including but not limited to dusting and cobweb removal, vacuuming, trash removal, bathroom cleaning, dishwashing, laundry, scrubbing floors and walls, appliance cleaning, window washing, and stripping and remaking beas.

There are forms that must be filled out for this service. Those forms can be picked up at your local office or mailed to your home. The cycle for these funds is not on a calendar year.

The funds are available annually from April 1st of the current year through March 31st of the following year.

For further information on Chore Service, please contact your local Community Health Aide:
Coos Bay - Barbara Black (541) 888-7520 Florence - Doug Morrison (541) 997-6685
Eugene - Kimmy Bixby (541) 744-1349

## Tribal Police Conducts Use of Force Training

Contributed by Brian Dubray, Police Chief

During January, the CTCLUSI Tribal Police Department held an in-house Taser training and integrated Use of Force training. The training was attended by CTCLUSI Police Officers along with an Officer from the Coquille Tribal Police Department.

The Taser X2 recertification training began with a classroom presentation covering proper use, safety and legal considerations, presented by certified instructor Officer Olson. After the presentation, there was an exam which all participants are required to pass prior to recertification. The recertification process is conducted annually.

Following the classroom portion, we conducted practical exercises consisting of a variety of scenarios, with a focus on contacting individuals who may be in crisis, under the influence of drugs or alcohol, and/or engaging in criminal activity. The main focus around these scenarios is the ability to de-escalate a potentially dangerous situation, whenever possible, to hopefully create a safe resolution for all involved.

When de-escalation is ineffective, we need to ensure that our Officers are able to engage with subjects safely and use the least amount of force necessary to overcome resistance. These levels of force can include (but are not limited to) commands, control devices and techniques, conducted energy devices (Taser) and even deadly force. These exercises allow for Officers to be put in stressful situations

to ensure a proper response and identify any training opportunities.

During the Use of Force portion of the training, I wore a Taser Sim Suit, which is designed to help absorb the impact



Officer Fleming attempting to de-escalate a subject in crisis.

of the Taser probes, focused blows and also special simunition training rounds for firearms. Although the cartridge wires do not conduct electricity, the cartridges still fire probes just like a live cartridge. With the use of inert Taser cartridges, training firearms and safety equipment, we can best simulate these stressful encounters while ensuring the safety for all participants.

During the month of February, we will be utilizing the MILO interactive use-of-force video scenarios-based training system to continue in our Use of Force and de-

escalation department training. This type of training and other trainings conducted throughout the year, ensures that your Tribal Police Department is highly trained and prepared to respond safely and effectively to any situation to protect and serve the Tribe and its members.



Police Chief Brian Dubray wearing the sim suit during use of force training.



NATIONAL TAKE-BACK INITIATIVE

## National Take Back Day Saturday, April 30, 2022 10AM to 2PM

The National Prescription Drug Take-Back Day aims to provide a safe, convenient, and responsible means of disposing of prescription drugs, while also educating the general public about the potential for abuse of medications. We encourage all families, friends, and neighbors to participate. Go to www.dea.gov to find a collection site near your residence.

#### Tribal Police to Participate in National Prescription Drug Take Back

It's that time of year again for the annual Prescription Drug Take Back. Tribal Police will once again be participating and will be available at Tribal Government Offices to take any unwanted or no longer needed prescription drugs so that they can be properly disposed of. These events help to educate our community about the potential for abuse of medications as well as preventing harmful environmental impacts when these medications are disposed of improperly.

Tribal Police will be available at the Eugene Outreach Office, 135 Silver Ln, on Thursday, April 28, 2022 from 10:00 a.m. - 2:00 p.m.,

Florence Outreach, 3757 Hwy 101, on **Friday, April 29, 2022** from 10:00 a.m. - 2:00 p.m. and

Tribal Government Office in Coos Bay, 1245 Fulton Ave, on **Saturday, April 30, 2022** from 10:00 a.m. - 2:00 p.m.

## Sipping, Snacking, and Tooth Decay

This article was prepared by the American Dental Association as a public service to the community.

Many parents across the country will issue a common refrain at dinnertime tonight: —You'd better eat that--it's good for you! There's another old favorite in the parental arsenal of dietary admonitions: —Don't eat that—it'll rot your teeth! Now more than ever, kids are faced with a bewildering array of food choices --from fresh produce to sugar-laden processed convenience meals and snack foods. What children eat and when they eat it may affect their general health and their oral health.

Americans are consuming foods and drinks high in sugar and starches more often and in larger portions than ever before. It's clear that junk foods and drinks gradually have replaced nutritious beverages and foods for many people. For example, in the U.S., on average, individuals consume approximately 50 gallons of sugary beverages per year! Alarmingly, a steady diet of sugary foods and drinks can ruin teeth, especially among those who snack throughout the day. Common activities may contribute to the tendency toward tooth decay. These include — grazing habitually on foods with minimal nutritional value and frequently sipping on sugary drinks. Consuming too much sugar can also affect your

overall health, such as becoming overweight/obese, getting heart disease, or having type 2 diabetes.

When sugar is consumed over and over again in large, often hidden amounts, the harmful effect on teeth can be dramatic. Sugar on teeth provides food for bacteria, which produces acid. The acid in turn can eat away the enamel on teeth.

Almost all foods have some type of sugar that cannot and should not be eliminated from our diets. Many of these foods contain important nutrients and add enjoyment to eating. But there is a risk for tooth decay from a diet high in sugars and starches. Starches can be found in everything from bread to pretzels to salad dressing, so read labels and plan carefully for a balanced, nutritious diet for you and your kids. Reduce your children's risk of tooth decay:

- Sugary foods and drinks should be consumed with meals. Saliva production increases during meals and helps neutralize acid production and rinse food particles from the mouth.
- Limit between-meal snacks. If kids crave a snack, offer them nutritious foods.
- If your kids chew gum, make it sugarless – Chewing sugarless gum after eating can increase saliva flow and help wash out food and decayproducing acid.
- Monitorbeverage consumption

   Children should make healthy beverage choices such as water and low-fat milk.
- Help your children develop good brushing and flossing habits.
- Schedule regular dental visits.

CTCLUSI Dental Health Aid Therapists, Naomi Petrie and Marissa Gardner, and our team of excellent dental assistants are available to help you and your children prevent cavities. We offer well-child exams, radiographs, oral hygiene instructions, sealants, and fluoride treatments. If a cavity is found, Naomi and Marissa can also complete some children's fillings. We love seeing children and want them to have a positive experience.

CTCLUSI Dental Clinic is open Monday – Thursday 8:00 am – 5:00 pm in March.

Call 541-888-6433 to schedule.





COWER UMPO

## Live Native: Tribal Family Program

CTCLUSI's grant programs: Special Diabetes Program for Indians (SDPI) and Tobacco Prevention Program would like to invite Tribal Families to participate in our new program, Live Native. This program will range from 4 to 8 weeks long, with at your own pace family activities, and a variety of virtual classes including, but not limited to cooking classes, guest speakers, and cultural activities.

All Tribal Family participants will have the opportunity to choose from a variety of CTCLUSI designed clothing and/or outdoor apparel, while supplies last. At the end of each month, there will be a grand prize raffle: one for an adult, and one for youth. Raffle tickets are awarded to each participant for each activity and virtual class/event completed.

★ Free Outdoor Apparel

\* Raffle Prizes: Adult and Youth

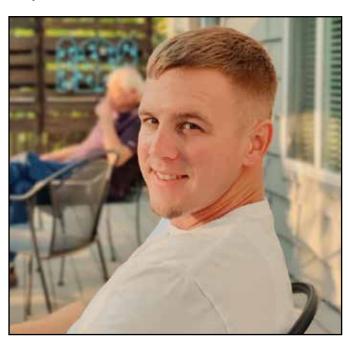
Sign up form will be available at https://laserfiche.ctclusi.org/Forms/Live-Native-Tribal-Family-Activities



## **Education Corner**

## Student Spotlights

Contributed by Josh Davies, Education Director



Ashton Reeves

Congratulations to Ashton Reeves. He has received straight A's for the third semester in a row and now received the honor of being added to the Dean's List again. Ashton is currently a sophomore this year. While attending Southeastern University. He is in the process of completing his education with dual degrees; Bachelor of Ministerial Leadership and Worship Leadership. Amazing accomplishments!!



Jorney Baldwin

Congratulations to Jorney Baldwin. She has been awarded to the Dean's List from the School of Journalism and Communication. Jorney is currently a junior this year. While attending the University of Oregon, she is working towards graduating with dual degrees; Family Human Services and Journalism with a minor in Native American Studies. Awesome accomplishments!!

#### **FAFSA**

Completing the Free Application for Federal Student Aid (FAFSA®) form allows you to be considered for federal student aid. In addition, states and colleges use FAFSA information to award their own grants, scholarships, and loans. But, since aid is limited, you have to meet the deadlines!

Federal FAFSA Deadlines

#### 2022-23 Academic Year

The FAFSA form must be submitted by 11:59 p.m. Central time (CT) on June 30, 2023. Any corrections or updates must be submitted by 11:59 p.m. CT on Sept. 10, 2023.

#### FAFSA® Announcements

Many FAFSA applicants have experienced recent financial changes due to the COVID-19 emergency or other reasons.

Has your (or your family's) financial situation changed from what is reflected on your federal income tax return? For example, you or a family member has lost a job or claimed unemployment benefits. If so, you may be eligible to have your FAFSA form adjusted to qualify for additional aid. Follow these steps:

- 1. Complete the FAFSA questions as instructed (including using the IRS Data Retrieval Tool, if eligible).
- 2. Submit your FAFSA form.
- 3. Contact the financial aid office at the school you plan to attend to discuss how your financial situation has changed.

Financial aid offices can adjust your financial aid award to reflect your or your family's current income.

Learn more information about COVID-19 emergency and the FAFSA process. The FAFSA form will be unavailable due to scheduled maintenance every Sunday from 3–11 a.m. Eastern time.

#### **FAFSA®** Deadlines

Many states and colleges set priority deadlines by which you must submit the FAFSA form to be considered for the aid programs they administer. There is also a federal deadline each academic year.



## **Education Corner**



Please send in any achievements, awards, or accolades that your student has received this year. We are looking to host a student corner that will spotlight students monthly and will be able to communicate their great accomplishment(s) with the Tribal Membership.

Please submit a picture, a brief description, and also a release stating we can use photo and information for upcoming newsletters. Tribal Member parents - Please join our Education Facebook page if you have students in grades K-12.

Higher Education Students are highly recommended to join as well.

Scholarships, internships, job announcements, and other key educational information shared

Join: CTCLUSI Education News





## Metaverse Classes Begin!

Online Cultural
Education Platform
Classes Now Available!

OPEN NOW! If you want to participate, please email eacosta@ctclusi.org!

CTCLUSI Gather is the first tribal metaverse, a buzzword many are talking about. But what is a metaverse and why is CTCLUSI offering one to the next generation? Our Gather space is an interactive learning environment some call Zelda-like. There are embedded lessons, songs, and content for students to absorb all over a map that looks just like the tribal hall in Coos Bay we all love very dearly. This online space offers the opportunity for students and tribal family all over the world to be part of the local community in a whole new way. We've worked with Native developers to make a space you can feel good knowing your kids are online in and are really honored to have everyone join us.



Come explore and learn in this amazing online cultural realm, starting in our 'tribal hall', with other Tribal families and CTCLUSI staff!

## **Education Corner**



## Financial Aid Links

#### OSAC

OSAC Homepage https://app.oregonstudentaid.gov/

OSAC 2022-2023 Scholarship Catalog

https://app.oregonstudentaid.gov/Catalog/Default.aspx



#### **Ford Family Foundation**

Scholarship Programs

https://www.tfff.org/program-areas/postsecondary-success/scholarship-programs

#### **Fastweb**

Scholarships for the Class of 2022

 $\underline{https://www.fastweb.com/college-scholarships/articles/scholarships-for-the-class-of-2022}$ 

Scholarship Search

https://www.fastweb.com/college-scholarships

#### Scholarships.com

**High School Scholarships** 

https://www.scholarships.com/financial-aid/college-scholarships/

scholarships-by-grade-level/high-school-scholarships/

# 2022 Graduates!

Please let the Education Department know if you are graduating this spring. We would like to recognize the graduating students with something special.

Please include:

1)School's name

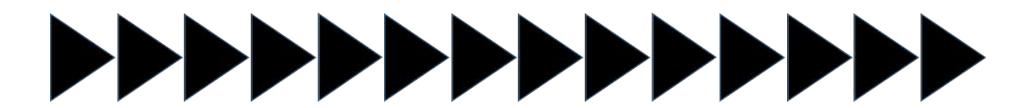
2) School colors

3) Future Goals

4) Advise for future students

**DEADLINE TO SUBMIT INFORMATION 5/1/2022** 

Email info to education@ctclusi.org



#### DID YOU SIGN UP?

We still have **Chrome Books** in stock—If you haven't received yours sign up now.

Must be CTCLUSI enrolled

Link to sign up:

https://laserfiche.ctclusi.org/Forms/ HousingCOVIDEmergencyAssistance

If you have any questions, please contact the Education Department:

Josh Davies; Education Director. 541-888-1314 Karen Porter; Education Specialist: 541-888-1315 Eriq Acosta; Education Specialist II:541-888-1318

#### BE ON THE LOOKOUT!!!!!

CTCLUSI Scholarships are available to HS Seniors and Higher Education Students.

Pepsi, Mitsis, Elders, Grace Brainard and Carolyn Slyter scholarship applications will be ready soon. We look forward to your submissions.

Last year we had 38 scholarship applications and were able to award \$9,500 to our students!

News from your Education Department



If you have any questions, please email the Education Department at <u>Education@ctclusi.org</u>

## UPCOMING EVENTS MARCH 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28 Miluk Language Class online 4:00 p.m.	1	2 Hanis Language Class online 4:00 p.m.	3 Sha'yuushtl'a uhl Quuiich Language Class online 1:00 p.m.	4 Movie Screening (see page 7)	5
6	7 Miluk Language Class online 4:00 p.m.	8	9 Hanis Language Class online 4:00 p.m.	10 Sha'yuushtl'a uhl Quuiich Language Class online 1:00 p.m.	11 Deadlines: Statement of Candidacy Spring Break Sign Up Equinox Kit Sign Up	12 Election Forums (see page 5)
13 Regular Council Meeting 10:00 a.m.		15 Deadline for Candidate Statements in Newsletter	16	17	18 Escape Room Game (see page 7)	19
20	21	22 Virtual Ladies Self Care 6p.m.	23 Spring Break Day Ca	24 mp ————	25	26
27	28	29	30	31	1 Virtual Cultural Friday (see page 6)	2
3	4	5 Miluk Language Class online 4:00 p.m.	6 Hanis Language Class online 4:00 p.m.	7 Sha'yuushtl'a uhl Quuiich Language Class online 1:00 p.m.	8	9

## Hiis Haiyach - with a good heart

Tribal Council Election Day April 10, 2022

Vote by absentee ballot (mail in) or in person at Tribal Hall 12:00 p.m. - 4:00 p.m.

Ballots will be mailed to all registered voters by March 18, 2022.

## Virtual Language Classes 10-Weeks - Spring 2022

April 5th through June 9th

Tuesdays: miluk 4:00-6:00 pm

Wednesdays: hanis 4:00-6:00 pm

Thursdays: sha'yuushtla ul quuiich 1:00-3:00 pm

Please sign up with Enna Helms at language@ctclusi.org, or by phone at (541) 297-7538



Meeting:
https://us06we
b.zoom.us/j/837
18181796?
pwd=V2JneDZp
c3NMTHRBV0R

TeTZpQlM0dz0

**Meeting ID:** 837 1818 1796

Passcode:

445329

#### Resources for Native Students

Contributed by Josh Davies, Education Director

We R Native is a comprehensive health resource for Native youth, by Native youth, providing content and stories about the topics that matter most to them. We strive to promote holistic health and positive growth in our local communities and nation at large.

Background. We R Native is a multimedia health resource for Native youth, by Native youth. The service was designed using behavior change theory and extensive formative research with AI/AN teens and young adults across the U.S. We design our health messages to address the social, structural, and environmental stressors that influence adolescent health; with particular focus given to the prevention of suicide, bullying, STDs, teen pregnancy, and drug and alcohol use. We R Native launched in 2012, and a mobile version of the site launched in 2013. The site contains over 330 health and wellness pages that have been reviewed by Native youth and topical experts. The Ask Auntie Q&A service features over 100 questions and answers. Special features include monthly contests and community service grants (\$475). All We R Native media channels promote interactivity and reciprocal communication by encouraging feedback and story sharing. The project is funded by the Indian Health Service HIV and behavioral health programs, and is supported inkind by a SAMHSA GLS grant.

Values and Goals

- We Are Native. We are members of diverse and vibrant communities. Learn more about your culture, history, and current events.
- I am Strong in Mind and Spirit. By sharing with one another, we can teach each other lessons about self-confidence, self-respect, pride, courage, and spirituality.
- I Control My Body. My body is mine and mine alone. I have control over my physical and sexual health.
- We Are Not Alone. Regardless of the issue, there are other Native teens and young adults going through the same life challenges... hear their stories and share your own. Together, we can support one another through tough times and come out stronger in the end.
- We Can Change Our World. Community involvement is something that can start small and make a big impact. We have the tools you need to get started shaping your community in positive ways.
- Address health and social issues important to Native youth.
- Promote holistic health and positive identity among American Indian and Alaska Native (AI/AN) teens and young adults.

ACKNOWLEDGEMENTS: We R Native is supported, in part, with funds from the Indian Health Service and the Minority AIDS Initiative Fund, and by a GLS suicide prevention grant from the Substance Abuse and Mental Health Administration.

@weRnative - Twitter wernative.org –Website

https://www.facebook.com/page/247261648626123/search/?q=college - Facebook page

Being Native in college is a unique experience. It can be exciting, but sometimes it can get us down, and we feel alone or overwhelmed. We're here to remind you that you are cared for, loved, and appreciated. 
Text "COLLEGE" to 65664 to get regular reminders about how awesome you are from Native college students and people who have been there and care about what you're going through.









**MONDAY PORK CUTLETS \$12** 

**TUESDAY SHRIMP MELT \$11** 

**WEDNESDAY** CHICKEN FETTUCCINE ALFREDO \$11

**THURSDAY CHICKEN FAJITA \$12** 

\_\_\_\_\_\_

FRIDAY & SATURDAY PRIME RIB Served from 4pm-9pm



COOS BAY

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