# The Voice of CLUSI



December 2021

Volume 22 www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

# Government to Government Consultation: What this Means for Tribes



Colonel Helton Presenting 150<sup>th</sup> Anniversary coin to Tribal Council. Pictured left to right: Tribal Council Member Enna Helms, Iris Helms, Vice Chair Julie Siestreem, Colonel Helton, and Chief Doc Slyter

Contributed by Roselynn Lwenya, Ph.D. Culture and Natural Resources Director

On November 5, 2009, President Obama issued a memorandum to the heads of all executive departments and agencies that reaffirmed that the United States has a unique legal and political relationship with Indian tribal governments, established through and confirmed by the Constitution of the United States, treaties, statutes, executive orders, and judicial decisions. The memorandum stated that in recognition of that special relationship, pursuant to Executive Order 13175, of November 6, 2000, executive departments and agencies are charged with engaging in regular and meaningful consultation and collaboration with tribal officials in the development of Federal policies that have tribal implications, and are responsible for strengthening the governmentto-government relationship between the United States and Indian tribes. The memorandum stated that the Administration is committed to regular and meaningful consultation and collaboration with tribal officials in policy decisions that have tribal implications, and directed, among other things, as an initial step, through complete and consistent implementation of Executive Order 13175. 1 (Published at 74 Fed. Reg. 57879 November 9, 2009).

Following this directive, many of the federal agencies have developed Story continues on page 10

### Tribal Council Honors Interim CEO Carol Jacobs-Kosht for Service

Contributed by Morgan Gaines, Communications Specialist

On Wednesday, November 10, 2021, Tribal Government held an all staff meeting to welcome the new Chief Executive Officer. You will get to read more about her in the next edition of the Voice of CLUSI paper.

At that same meeting, the interim CEO, Carol Jacobs-Kosht was honored for stepping in to fill this vital role in Tribal Government when it became vacant. Carol has worked for the Tribe for 26 years and continued to fill her role as Controller in the Finance department while taking on the arduous tasks of the CEO.

For her years of service to the Tribe, the employee operated PRAISE committee honored her with a gift certificate for a weekend stay at Three Rivers Casino Resort and a Pendleton bag.

Tribal Council then presented Carol with a Pendleton blanket to honor and thank her for filling the role of CEO in our time of need.

Chair Debbie Bossley said, "We as

Tribal Council really appreciate what Carol did when she stepped forward. We knew that she was going to know the rules and regulations of the Tribe and how we operated and so we want to help honor her with this blanket."

Council member Josh Davies also shared, "I am very thankful that Carol stepped up for as long as she did, I'm sure you're very excited to go back to your position that you never stopped doing on top of everything else. I just want to say thank you from the bottom of my heart for all the work that you've done for all the years that you've done it. I appreciate it very much."

Chair Debbie Bossley, and Council members Josh Davies and Doug Barrett then gifted Carol by draping the Pendleton around her shoulders.

Carol expressed her gratitude, "Thank you, thank you all. I love this Tribe, it's like my family, I've been here so long."

Thank you Carol!



# Notice: Special Election

Council requests the Election Board to facilitate a Special Election to be held on the issue of Council Compensation (see page 11)

Council Compensation Vote December 19, 2021

For complete Election Code visit www.ctclusi.org Questions? Please contact Jeannie McNeil jmcneil@ctclusi.org 541-888-7506

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#### Tribal Council Business

Activity of Elected Tribal Council Members from October 10, 2021 - November 14, 2021

#### Doc Slyter, Chief

10-Oct Regular Council Meeting, General Council Meeting

14-Oct Special Meeting, Cultural Committee Meeting

19-Oct Gaming Facilities Operational Review Board (GFORB) Meeting

20-Oct North West Portland Indian Health Board Meeting

29-Oct Meeting with CEO, Three Rivers Casino

1-Nov Gaming Facilities Operational Review Board (GFORB) Meeting, OWEB, Tribal Leaders Circle

Emails and Phone Calls Total Hours 44

#### **Debbie Bossley, Chair**

23 days in the office

10-Oct Regular Council Meeting, General Council Meeting

11-Oct Blue Stone Onsite Visit

12-Oct OTGA Meeting

13-Oct Three Rivers Foundation Meeting

14-Oct Special Council Meeting

19-Oct OTGA Meeting, LCIS Meeting, Gaming Facilities Operational Review Board (GFORB)

21-Oct Oregon Racing Commission (ORC)

21-Oct Consultation with 4-J School District, Leaders Circle

25-Oct Interviews for Health Director 26-Oct Meeting with Assistant Secretary

Call with LCIS and Gov. Brown's Legal Council

**Indian Affairs** 

27-Oct Tribal Council Business Meeting

28-Oct Two Interviews of Health Director Candidates

29-Oct Interview for Housing Director
1-Nov Interview for Housing Director,
Gaming Operational Review Board
(GFORB) Meeting

3-Nov Nine Tribes meeting with Gov Brown

4-Nov Tribal Council Leaders Circle
 9-Nov BOEM Consultation, OTGA
 Workgroup, Enrollment Meeting,
 New Beginnings for Tribal Students
 Dinner

10-NovAll Staff Meeting for Tribal Government

Total Hours 125

#### Julie Siestreem, Vice Chair

10-Oct Regular Council Meeting, General Council Meeting

11-Oct Blue Stone Onsite Visit 12-Oct OTGA Meeting, DOI Strategic

Plan and Consultation, CTCLUSI Budget Meeting

14-Oct Special Council Meeting

19-Oct OTGA Meeting, LCIS Meeting, Gaming Facilities Operational Review Board (GFORB)

20-Oct ELD Tribal Advisory Committee

21-Oct BOEM Meeting, ROC Meeting, Consultation with 4-J School District, Leaders Circle

25-Oct Interview for Health Director

26-Oct Pre Meeting with BOEM, Meeting with Assistant Secretary Indian Affairs, CTCLUSI Budget Meeting

27-Oct BOEM Meeting, Center for Indigenous Innovation and Health Equity (CIIHE) Meeting, Tribal Council Business Meeting

28-Oct Interview for Health Director

29-Oct Interview for Housing Director

1-Nov Interview for Housing Director, GFORB Meeting

3-Nov Nine Tribes Meeting with Gov Brown

4-Nov Tribal Council Leaders Circle

8-Nov Came to Meet new CEO for Tribal Gov

9-Nov BOEM Meeting, New Beginnings for Tribal Students Dinner, NATIVES Program for Eugene School District

10-Nov All Staff Meeting for CTCLUSI Gov, Self Governance Consultation with Education

12-Nov Meeting at Administration Total Hours 105

#### **Iliana Montiel**

1-Oct Regular Council Meeting, General Council Meeting

13-Oct SB 770 Meeting

14-Oct Benefits Board Meeting, GFORB Special Meeting, Special Council Meeting, Leaders Circle

19-Oct NPAIHB Quarterly Board Meeting, GFORB Discussion Meeting

20-Oct NPAIHB Quarterly Board Meeting

21-Oct Tribal Consultation with Eugene School Distract 4-J, Leaders Circle

27-Oct Benefits board Meeting - MetLife, Tribal Council Business Meeting

1-Nov GFORB Meeting

4-Nov Leaders Circle

Reading and Responding to Emails Total Hours 33

#### **Josh Davies**

10-Oct Regular Council Meeting, General Council Meeting

11-Oct Indigenous People Day Flag Ceremony U of O

12-Oct OTGA, DOI, AI/AN Advisory Committee Meetings

13-Oct Three Rivers Foundation Meeting

14-Oct Special Council Meeting

19-Oct OTGA and Special GFORB Meeting

20-Oct Tribal Consultation, G2G Education Cluster, ELD Meeting, Housing Committee Meeting

21-Oct White House Office of Intergovernmental Affairs Weekly Briefing (WH- IGA), ORC Meeting, Consultation with 4-J School District, Leaders Circle

26-Oct Meeting with Assistant Secretary Indian Affairs, Protection and Restoration of Tribal Lands

27-Oct Center for Indigenous Innovation and Health Equity (CIIHE)

Meeting, OSU Meeting, Council Business Meeting

28-Oct White House Office of Intergovernmental Affairs Weekly Briefing (WH- IGA)

19-Oct Interview for Director of Housing

1-Nov Interview for Director of Housing, Special GFORB Meeting

2-Nov Tribal Broadband Learning Community Meeting

4-Nov White House Office of Intergovernmental Affairs Weekly Briefing (WH- IGA), Leaders Circle

9-Nov Al/AN Meeting, OSU Meeting 10-Nov All Staff Meeting Tribal Gov Staff, Self-Governance Consultation with Education

Total Hours 99

#### **Doug Barrett**

10-Oct Regular Council Meeting, General Council Meeting

11-Oct Virtual Native Talking Circles

12-Oct Third Budget Meeting

13-Oct Three Rivers Foundation Meeting, LANE ACT Meeting

14-Oct White House Office of Intergovernmental Affairs Weekly Briefing (WH- IGA), Special Council Meeting, Culture Committee Meeting, Leaders Circle

20-Oct OYA Stake Holders Meeting

21-Oct Consultation with 4-J School District, Leaders Circle

22-Oct SQ Wa'as Tomuuwii language Class

26-Oct Fourth Budget Meeting

27-Oct Business Meeting

28-Oct Native Wellness Power Hour

29-Oct SQ Wa'as Tomuuwii language Class

1-Nov GFORB Meeting

4-Nov White House Office of Intergovernmental Affairs Weekly Briefing (WH- IGA), Leaders Circle

8-Nov Virtual Native Talking Circles

9-Nov New Beginnings for Native Students, BOEM consultation

Total Hours 74

#### **Enna Helms**

10-Oct Regular Council Meeting, General Council Meeting

12-Oct Department of Interior Consultation, Third Tribal Budget Meeting

14-Oct Tribal Council Leaders Circle, Special Tribal Council Meeting

21-Oct Consultation with 4-J School District, Leaders Circle

27-Oct Nation to Nation dialog on COVID
-19 with Indian County, Tribal
Council
Business Meeting

4-Nov Leaders Circle Meeting
Total Hours 35

### Information

#### **QUESTIONS OR SUGGESTIONS?**

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

#### **COMMITTEE INTEREST LIST**

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

### ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Veterans are honored at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

#### **US FOREST SERVICE NORTHWEST FOREST PASSES**

Now available at the Tribal Administration Building, Florence and Eugene Outreach offices.

Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

#### **CHANGES?**

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., either online at www.ctclusi.org/enrollment or mail to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

#### TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.

# Tribal Council

COWER UMPON

#### Doc Slyter, Chief Tribal Chief

541-808-7625 (cell) dslyter@ctclusi.org

#### Enna Helms

Position #1 Council

541-297-7538 (cell) enna.helms@ctclusi.org

#### Debbie Bossley, Chair Position #2 Council

541-294-3972 (cell) debbie.bossley@ctclusi.org

#### Julie Siestreem, Vice-Chair

Position #3 Council

541-294-6055 jsiestreem@ctclusi.org

#### Josh Davies **Position #4 Council**

541-294-4105 josh.davies@ctclusi.org

### Iliana Montiel

**Position #5 Council** 541-217-4613(cell) iliana.montiel@ctclusi.org

#### Doug Barrett Position #6 Council

541-297-2130 (cell) doug.barrett@ctclusi.org

#### Council Meeting December 12, 2021

10:00 a.m.

To practice safe social distancing guidelines, this meeting will be streamed online. Please login to the citizen portal of www.ctclusi.org and click Council Meetings for the

zoom link to this meeting.

#### Agenda:

- Call to Order
- 2. Invocation
- Approval of Minutes as needed
- Tribal Council Reports
- Tribal Chief Executive Officer Report
- Chief Financial Officer Report 6.
- 7. Old Business
- **New Business** 8. 9. Other
- 10. Good of the Tribes
- 11. Executive Session as needed Council meeting video available to view at www.ctclusi.org

### **Upcoming Events**

**November 20<sup>th</sup> –** Special Election:

Council Compensation Vote ballets mailed out December 12th - Regular Council Meeting 10:00 a.m.

**December 19**th – Special Election Day:

Council Compensation (see page 11)

**December 21st – Winter Solstice Day** 

**December 21st – Healthy Families Workshop:** 

Preparing for a New Year 6:00 p.m. (flyer on page 17)

**December 24th – All Tribal Government Offices** Closed in observance of Christmas Holiday

**December 25th – Christmas Day** 

**December 28th – COH Ladies Self-Care workshop** 6:00 p.m. (flyer on page 9)

**December 31st – All Tribal Government Offices** Closed in observance of New Year Holiday

January 1st - New Year's Day

January 1st - New Year's Peace Hike (Yachats)

January 31st - PRC Application for Health Services Deadline (Application at www.ctclusi.org)

#### THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

## **Upcoming Tribal Council Elections** in April 2022

**Important Information about** 

Election Day: April 10, 2022

#### You Must Be Registered to Vote

Tribal Member Voters, please make sure you have a voter signature card on file. Visit www.ctclusi.org and login to the citizen portal to print and submit a voter signature card.

For more information or questions, please call the Election Clerk Jeannie McNeil at 541-888-9577 or jmcneil@ctclusi.org

You must be registered to vote for any official Tribal elections.

#### Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Christine Sylvester at csylvester@ctclusi. org. All letters of interest are kept on file for one year.

# CTCLUSI Departments, Services & Offices

#### **Government Office**

Lee Ann Wander Chief Executive Officer 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 lwander@ctclusi.org

#### **Health Services Division**

Iliana Montiel, Interim Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-7515 Toll free 1-888-280-0726 Fax 541-888-5388 imontiel@ctclusi.org

#### **Department of Human** Resources

Jennifer Silva, Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-7508 Toll Free: 1-888-280-0726 Fax: 541-897-9881 jsilva@ctclusihr.org

#### **Tribal Housing Department**

Josh Stevens, Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-7546 Fax 541-435-0492 jstevens@ctclusi.org

#### Purchased/Referred Care

1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-4873 Toll free 1-800-227-0392 Fax 541-888-5388 prc@ctclusi.org

#### **Education Department**

Josh Davies, Education Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-1314 Cell: 541-297-4105 Toll free 1-888-280-0726 jdavies@ctclusi.org

#### **Family Support Services**

Iliana Montiel, Interim Director 2110 Newmark Avenue Coos Bay, OR 97420 Phone 541-888-7526 Toll Free 1-888-280-0726 Fax 541-888-5388 imontiel@ctclusi.org

#### **Tribal Dental Clinic**

1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-6433 Toll free 1-877-688-6433 Fax 541-888-7505

#### **Elders Activities**

Iliana Montiel, Interim Director 1245 Fulton Ave. Coos Bay, OR 97420 Phone 541-888-7526 Fax 541-888-7526 Toll Free 1-888-280-0726 imontiel@ctclusi.org

#### **Tribal Court**

J.D. Williams, Chief Judge 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll Free 1-888-280-0726 tribalct@ctclusi.org

#### Cultural Department

Jesse Beers. Cultural Stewardship Manager 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1319 Fax 541-888-2853 jbeers@ctclusi.org

#### **Eugene Outreach Office**

135 Silver Lane, Suite 200 Eugene, OR 97404 Phone 541-744-1334 Toll Free 1-800-877-2718 Fax 541-744-1349

#### Florence Outreach Office Physical: 3757 Hwy. 101

Mailing: P.O. Box 2000 Florence, OR 97439 Phone 541-997-6685 Toll Free 1-866-313-9913 Fax 541-997-1715

#### **Tribal Gaming Commission**

Rusty Bossley, Executive Director of the Gaming Commission 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-2830 Fax 541-997-7293 rbossley@ctclusi.org

#### **Tribal Police**

Brian Dubray, Chief Law Enforcement Officer 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-6011 Fax 541-902-6507 bdubray@ctclusi.org

#### **Department of Natural** Resources

Roselynn Lwenya, Ph.D. Director of Natural Resources 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll Free 1-888-280-0726 Fax 541-888-2853 rlwenya@ctclusi.org

### Tribal Council Corner

# Chair Debbie Bossley Welcomes New CEO and has Special Announcement for Elders

To all Tribal Membership, with pleasure I would like to announce we have a new Chief Executive Officer, Lee Ann Wander, her first day in office was November 8<sup>th</sup>. She brings so much to the Tribe with knowledge and experience and we are looking forward to working with her. On behalf of Council I wish to thank Carol Jacobs-Kosht for her work as interim CEO since July 6<sup>th</sup> of this year. She helped us through recent transition in a positive direction. Her dedication over the years to the Tribe has been so appreciated. An all Government staff meeting was held to offer her a tremendous thanks and she was gifted a Pendleton Blanket from the Council on November 10<sup>th</sup>.

I wish to make you aware that due to no Fall Harvest Event this year, staff and

departments have been working together and will be sending out Harvest Care Kits to members who wish to participate. These include tribal information and several family activities for you to enjoy. Also, the Tribes Holiday Event usually in December, will not be held again this year due to concerns of the safety of our members because of COVID. Christmas checks will go out this year as always and we will include an additional \$50 Visa gift card for each family to assist in your own holiday meal and private gathering.

A Council decision was made, due to increased costs in our economy, nationwide, to increase the Elders Pension amount to \$400.00 per month effective January 1, 2022.



Chair Debbie Bossley

Finally I want to share that a Council decision was made, due to increased costs in our economy, nationwide, we will increase the Elders Pension amount to \$400.00 per month effective January 1, 2022. We hope that you and your families have a safe, healthy and happy holiday season.

Debbie Bossley, Tribal Council Chair

#### Vice Chair Julie Siestreem Shares More on the Coos Bay North Jetty Critical Repairs Project

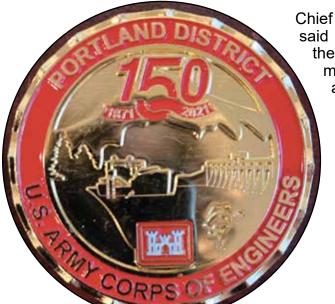
On September 17, 2021 our Tribal Council was fortunate to participate with our DNR staff in an onsite in person meeting with the United States Army Corps of Engineers' COL Helton and Portland District staff at the North Spit open sand dune /forested areas on the southernmost end of the series of dunes extending from Florence to North Bend/Coos Bay Oregon earlier this fall. This is an area familiar to all of because we may have hiked, road horseback or, driven these roads for our own personal enjoyment and family activities over the years. While we bike and drive this journey now, our ancestors may have actually walked from the North Bend/Coos Bay area all the way to Florence!

We met and drove in one Tribal vehicle with the USACE staff who drove in one vehicle. We soon learned the challenges of the dry sandy roads. Our Tribal vehicle driven by Courtney Krossman one of our Tribal DNR staff was able to deal with the challenges better than the USACE vehicle. We helped the USACE group as needed to progress for us to all make the journey safely to the end of the road and beach areas.

COL Helton gifted the Tribe a 150<sup>th</sup> Anniversary coin that represents the enduring partnership and support for the Oregon and southwest Washington since 1871. The images of the fish, river, wilderness, dam (hydropower), mountain and the Corps castle all represent NWP's missions. The NWP commander is authorized to present a commander's challenge coin to employees, tribes, agencies and individuals throughout the region for exceptional service and partnership in creating an environment



Vice Chair Julie Siestreem



Chief Doc Slyter drummed and said a prayer when we reached the beach area. Tribal Council member Enna Helms, and Courtney Krossman, CTCLUSI THPO sang prayer songs while Chief drummed. Chief, DNR staff and Tribal Council discussed the current status of the area and, possible future plans.



## Tribal Council Corner

Hello Family and Friends.

I hope these words find you safe and well during these unprecedented times. As we recently observed Indigenous Day on October 11, 2021, this day brought mixed emotions. While Oregon is one of 13 states to officially recognize Indigenous People's Day, it is hard to believe that not all 50 states recognize this day as such. Governor Brown signed HB 2526 and the Preamble states:

Whereas Christopher Columbus, a man who is known to have "discovered" the Americas, came upon land that was already inhabited by Indigenous People, his historically cited contributions being either inaccurate or facially not worthy of celebrating; and

Whereas Columbus' voyage to the Americas opened the door to heinous crimes against humanity, including but not limited to the introduction of transatlantic slavery and genocidal acts against Indigenous People; and

Whereas the Indigenous People were promised security and protection but instead were forcibly relocated and their land seized to allow for settlements; and

Whereas the State of Oregon recognizes and acknowledges the traditional homelands of Oregon's nine federally recognized tribal nations; and

Whereas the State of Oregon recognizes and acknowledges the significant contributions to this state of Oregon's nine federally recognized tribal nations, as well as those of many Native Americans from tribal nations across the country, and commits to ensuring greater access and opportunity for continued contribution by Indigenous People; and

Whereas the State of Oregon has the opportunity and means to cultivate a community that honors and respects the diverse history of this land; and

Whereas the State of Oregon does not formally recognize Columbus Day; and Whereas it is appropriate to recognize the original inhabitants of the Americas: Indigenous People; and

Whereas the idea of Indigenous Peoples' Day was first proposed in 1977 by a delegation of Native Nations to the United Nations; and

> Whereas the State of Oregon, upon

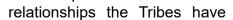
adoption of this Act, would become the 11th state in the United States to formally recognize Indigenous Peoples' Day; now, therefore, Be It Enacted by the People

of the State of Oregon:

SECTION 1. The second Monday in October of each year is designated as Indigenous Peoples' Day.

SECTION 2. This 2021 Act being necessary for the immediate preservation of the public peace, health and safety, an emergency is declared to exist, and this 2021 Act takes effect on its passage

After attending the Native American Advisory Council meeting in September, there was mention of the Flag Ceremony taking place in October. However last year's ceremony was postponed due to Covid, so this year was still dependent a few variables. Jason Younker (Asst. Vice President and Advisor to the President for Sovereignty and Government to Government Relations) and Katie Staton (Many Nations Longhouse Steward) reached out to Tribal Councils, and requested if possible a Tribal student and Tribal Council from each Tribe be represented at the Flag Ceremony. While traveling to Eugene I was lost in thought remembering conversations I had with past Tribal Members who are no longer with us. As we walked onto campus and met my oldest daughter (junior at the University) between her classes, we walked to the EMU. We met Jason, Katie, and also other faculty and members from the Sapsik'wałá Teaching Program and American Indian/ Alaska Native Advisory Committee in an audience of around 100 people. We unpacked our flag and held it for pictures, while also being televised on the local news. It was humbling to take part in this ceremony with my wife and oldest daughter. I was very honored to represent our Tribes in the first Flag Ceremony that took place on Indigenous People's Day. To represent our Tribes, but to also represent all those who came before us; who created the path we continue on and make positive strides moving forward. Time never seems to slow down, and as days go by, conversations turn to memories. However, we hold onto those memories tightly so we can keep moving forward in a positive direction. The









Councilman Josh Davies

made, have allowed us to keep a seat at the table. Even if we weren't invited, we are finding ways to pull up our chair.

Looking towards the holidays, please be kind to one another. In these stressful times, look out for each other. Hold your family close, and cherish the times you have with them. Growing up, I had very little loss that I could remember. Losing loved ones has become more accustomed as I have grown older. Now a days, it seems that loss is all. Mental health comes in many different shades and the need is growing at an exponential rate. As Indigenous people, we yearn for community, traditions, and culture, and our brains and bodies are tired from this Pandemic. Please know that there is always someone willing to hear you - and that all lives are valuable and precious. Here are a few ways to elevate your mood quickly: Listen to upbeat music, think about what is going well, give someone a hug (these days - elbow taps), declutter, take a walk around the block, Get a good laugh and allow yourself to vent (www.businessindier.com).

We also want to take this time to thank all of our Veteran's who have served or are currently serving in the armed services. We graciously thank you for your services and appreciate your role in making our country safe.

With respect and gratitude, Councilman Josh Davies

# Have you survived a suicide attempt? Your story matters. We want to help you share it.

The Suicide Prevention Coalition of Lane County (SPCLC) is recruiting people who live in Lane County and have survived a suicide attempt to share their story. Participants in the project will work closely with a documentary photographer to create a photo story about life after an attempt. Participants will also record their story in audio format. The project will be shared with the public in galleries and other public spaces in Lane County as well as on a website upon completion in Spring 2022.

Participants must be 18 years of age or older, live in Lane County and have survived a suicide attempt to participate. The SPCLC is committed to representing diverse experiences about surviving a suicide attempt, with special care in supporting rural, BIPOC, Indigenous American, non-English language, LGBTQ+ and veteran participants to safely share their stories.

Please express your interest by completing the form online at <a href="https://www.lanecountysurvivorsproject.com/">https://www.lanecountysurvivorsproject.com/</a>

The goals of this project are:

- To raise awareness about suicide and mental health by collecting stories that serve as examples of hope for people who may be experiencing similar struggles.
- To confront stigma around mental health and suicide by highlighting the lives of those who have attempted, survived, and continue to live, work and thrive in Lane County communities.
- To encourage people in a position to help others in distress to get involved in their care.

To participate complete the form online at <a href="https://www.lanecountysurvivorsproject.com/">https://www.lanecountysurvivorsproject.com/</a>

Information provided by Doug Barrett, Alcohol and Drug Prevention Coordinator

Whether it's your friends, family, or community, everyone needs someone to lean on.



If you don't know where to turn, you can text **HOME** to **741741**.

A volunteer Crisis Counselor with Crisis Text Line will be there for you. It's free and 24/7.

To learn more about the Crisis Text Line visit www.crisistextline.org

OF THE YEAR THROUGH TRIBAL
CARE PACKAGE KITS



# Winter Solstice Kits

While the COVID-19 pandemic may still be limiting our ability to gather together, we are still thinking of you and your families. In lieu of gathering, we are sending out Winter Solstice kits to Tribal households.

Winter Solstive kits are limited, so they will be available on a first come first served basis while supplies last.

Thank you for your understanding that supplies are limited. These kits are provided by a number of departments at Tribal Government and funded by their departmental

Apply online at www.ctclusi.org

For more information, please contact Ashley Russell at arussell@ctclusi.org or 541-888-7511

# Calling All Tribal Members

The Culture and Natural Resources Department is seeking
Tribal Members raised between 1954 and 1984 (prerestoration) that are interested in being interviewed to capture
their oral histories

Interviews can take place virtually over zoom or in person. For the protection of our Tribal membership and staff, in person interviews will follow the Social Distancing Guidelines as recommended by the CDC.

A small incentive will also be provided as a thank you.

For more information and/or to sign up, please contact:
Courtney Krossman (541) 888-7547
or ckrossman@ctclusi.org
or Jesse Beers @ (541) 297- 0748 or
jbeers@ctclusi.org
or Ashley Russell (541) 888-7511 or

arussell@ctclusi.org

# Winter Solstice

Contributed by Patricia Phillips, Tribal Linguist

The cycle of the seasons were important to our ancestors. They watched the phases of the moon, annual cycles of movement of the sun and stars, the seasonal flowering of different plants. In this way they noted the seasons to go harvest camas, when to expect various fish runs, and all other important seasonal activities. One way of tracking time was by counting days with bundles of sticks. For each day, one stick was removed from the bundle.

As a part of this knowledge our ancestors marked the Winter Solstice, which this year falls on December 21. The winter solstice is the day when the sun appears at its lowest, southernmost point on the horizon, has the shortest hours of daylight and longest hours of night. After the winter solstice, the daylight hours begin to lengthen again (until the summer solstice in June). The winter solstice was called "when the sun goes back/returns"; *lo t'kalis biinats'* and *q'wole'es biinats'* in Hanis and Miluk Coos respectively. I think the name may be the same for the summer solstice as well-when the sun returns. Annie's friend Agnes Johnson (Hanis) once remarked that both solstices were noted and recognized the north and south motions of the sun over the course of the year.

The word for 'return' that Annie uses here, *biinats*', is interesting. The verb appears several times in the Miluk texts, but only appears in the form *biinats*' in Hanis with the phrase for solstice, *tk'alis biinats*'. In Miluk the root for 'return' is *bii*-and does appear in other constructions, such as *biitsiim*-return it to me! Now in Hanis, there is a verb that appears as *pii(x)*- or *bii(x)*-and it means to go home. (In Miluk, "to go home" is *wos*-). However, no other instances of *pii(x)-/bii(x)*- as *biinats*'.

Alas, a term or phrase for solstice was never recorded in Sha'yuushtl'a ul Quuiich. But based on the literal meaning of the kuukwis versions, we could coin one. The usual word for 'sun' in the Sha'yuushtl'a dialect is *tsiitiix*, pronounced *tsiitiixa* in the

quuiich dialect. There are a couple of different verbs that mean 'to return', *chiin- xwiitl'-*. So we could construct a phrase like *tsiitiix(a) chiin* or *tsiitiix(a) xwiitl'atl'* for 'sun returns'.

Annie Miner Peterson was the only person from our tribes that left a record of a solstice dance, and she had never seen the dance herself. She had only heard a description of it from her mother. According to Annie, there was a dance held at night. The adults all wore what she described as 'ugly masks' which were made of:

...dried deer heads...[or] sewed-together eel skins; or of half or less of salmon skin. The skin would be fastened over the head.... Some may have on a dried wild cat head. Mrs. P. thinks all the dancers, men and women both, have masks. Some women weave maple leaves for garments (cape and skirt) for just this dance, or ferns are made in a cape and skirt for this dance. The men wear a hide (wild cat, panther, deer) of some sort with fur on, for this dance. (Jacobs notebook 93, page 101).

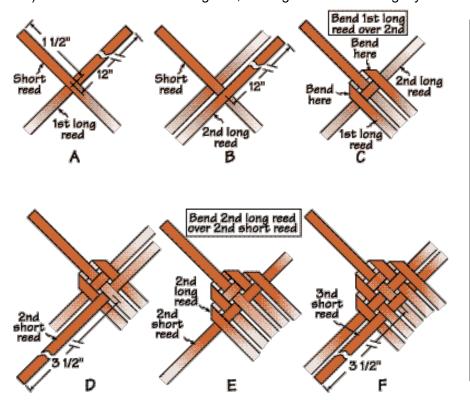
Children were frightened of the masks. Annie was told that the children were so scared that they might become sick so they were not allowed to go to this dance.

Unfortunately that is all Annie Peterson learned of the dance from her mother. The meaning behind the masks and the dance is now lost.

However it is illuminating to note that many northern cultures celebrate Winter Solstice as a time that symbolizes death and rebirth. The sun appears to come near death as it reaches its nadir at the solstice, but then it appears to return to life as after the solstice it climbs higher in the horizon and the hours of daylight lengthen. Many cultures had feasts or religious ceremonies to help (in their view) bring the sun back to life. Perhaps this dance also held a similar meaning for our ancestors.

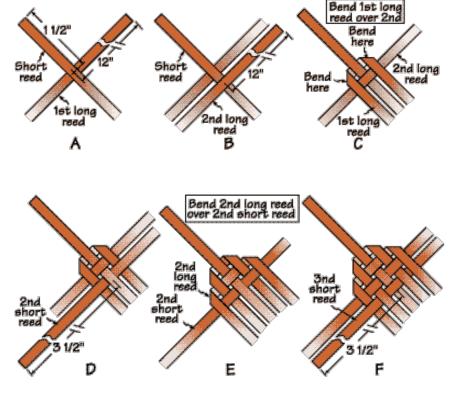
# Cedar Deer

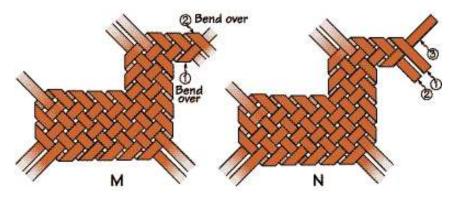
Soak all of the cedar pieces in warm water for approximately 2 hours or until bendable. Keep them damp as you weave. (A spray or mist bottle works best.) Follow illustrations A through M, making sure to weave tightly.



To finish the cedar deer, refer to Illustration N. Bend cedar piece #1 behind #3. Cut off excess cedar, leaving a long enough piece to tuck under a weaver in back. Bend cedar piece #2 behind #1. Cut off excess cedar, leaving a long enough piece to tuck under a weaver in back. Bend cedar piece #3 behind. Cut off excess cedar, leaving a long enough piece to tuck under #2 weaver in back. Cut the 4 deer legs to ~ 3 inches from the body. Cut at an angle for tail, about 1 inch from the body. Cut the 2 ears to a point, 3/4 inch from head. See photo. Note: variations in cutting tail, legs, and ears or antlers creates a doe or stag. Be creative!

Trim and cut antlers, hooves, and tail. For antlers, cut them vertically part way down the center ,and then while wet, curl them over a pencil. Some like to cut them vertically in half part way and then fold each down at different lengths. Decorate with ribbon if desired. For hanger, slip a thin ribbon through one of the cedar pieces on the deer's back and tie ends together to create a loop.





# Health & Human Services Welcomes New Staff

Meagan Davenport, Health & Human Services Program Assistant

Hello! Some of you may know me but for those that don't my name is Meagan Davenport. My previous role serving CLUSI was as The Family Services Program Assistant, assisting the Family Services Department in many ways. More recently, I was given the opportunity to come on board as The Health and Human Services Program Assistant. The role is similar although this time around I will also be assisting with the Fitness and Nike Shoe Program. Life has changed a little for me and during my time away I welcomed my daughter into the world. She has



just turned two and keeps us laughing and very busy. We love role. to read books, play ball, walk our dog and play at the park. I am very grateful for the opportunity to serve the Tribe once again, and am looking forward to growing in this role.

#### Are You in Need of Childcare?

If you reside in the five-county service area contact the Childcare Development Fund (CCDF) Program. Tribal member who work, attend a work training, attend school and/or attend an outpatient drug or alcohol treatment program for 10-40 verifiable hours a week qualify for the CCDF Program. Call us to apply!

Contact Meagan Davenport at mdavenport@ctclusi.org or call 541-888-7509

# LIHEAP

Low Income Home Energy Assistance Program

PROGRAM UPDATE!

Eligible households **no longer** need to reside within the Tribe's five county service delivery area to be eligible; however, households must reside within the State of Oregon. The Health and Human Services Division continues offering Heating or Cooling assistance for qualifying **low income households**. To receive assistance contact the Health and Human Services Division or fill out an application on the CLUSI website at https://laserfiche.ctclusi.org/Forms/LIHEAP.

To qualify, your annual and household gross income must be at or below the following income limits:

1 Person Family	\$27,805
2 Person Family	\$36,361
3 Person Family	\$44,916
4 Person Family	\$53,472
5 Person Family	\$62,028
6 Person Family	\$70.583



In order for your application to be processed and determine qualification you must provide:

Proof of Income (Pay Stub)

Copy of your utility bill

SSI or SSDI Statement of Benefits

Tribal Enrollment Card

Child Support Statement

Oregon Trail Card

Current Oregon Health Plan Card

No appointment is necessary as Tribal Households can fill out the application online at <a href="https://laserfiche.ctclusi.org/Forms/LIHEAP">https://laserfiche.ctclusi.org/Forms/LIHEAP</a>, or you contact a Health and Human Services staff member to assist you at 541-888-6169. If you have any questions regarding the LIHEAP program, please contact Shayne Platz at 541-297-3450.

Carissa Doyle, Social Worker

Hello, I am Carissa Doyle and I am excited to be working with CTCLUSI individuals and families. I was born and raise on the coast and graduated from North Bend High. I have two children and an amazing husband who keep me busy in my off time. We are a sports family and we enjoy spending time in the outdoors when we have the opportunity. I am a person who loves to laugh and often finds comfort in a good book. I have great love of people and have been in the field of social work for over 9 years in many different capacities and am excited for this new



### **Need A Ride?**

If you are in the five county service area and need public transportation assistance, please call Kathy Perkins at 541-888-9577 ext. 7550 or email <a href="mailto:kperkins@ctclusi.org">kperkins@ctclusi.org</a>

If you are in Coos County, CCAT services are FREE for all CTCLUSI Tribal Members. This includes all of the public services, other than their demand response/ Dial-a-Ride.

#### **I.Tribal Transit Service**

#### A. Purpose

To provide members of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians (CTCLUSI) the transit services needed to access employment, education, health care and social/recreational opportunities.

#### B. Eligibility

- 1. For Medical transport via Health Services Division Medical Transportation (HSD) see current HSD policy
- 2. Medical Transport via Tribal Transit Service (TTS)
- a) Be an enrolled Tribal member; or Tribal member spouse or Tribal member step or adopted child
- b) Have no means of reliable transportation
- 3. Non-medical transport
  - a) Be an enrolled Tribal member, Tribal member spouse, or Tribal member step or adopted child;
  - b) Complete a (TTS) request form;
  - c) Have no means of reliable transportation

#### C. Program Elements

- 1. There are four major services:
  - a) Medical transports
  - b) Transports to Tribal Program or Event Location and back.
  - c) For Tribal Elders and disabled of any age, transportation services will also be available for non-medical and/or Tribal specific activities.
- d) CTCLUSI will provide transportation to eligible persons on a first-come first-served basis. Eligible persons must provide at least 48 hrs. notice of the need for transportation. Transportation services are not guaranteed; however, if transportation by (TTS) is not available, TTS will attempt to make alternative transportation arrangements for eligible persons. A parent or guardian (with the exception of Tribal Youth Program Activities) must accompany all transported persons under the age of 18.
- 2. In the event that Tribal transport is unavailable, TTS will aid in alternative transportation.

Public transportation bus tickets/passes can be provided in the 5 county service area of Lane, Lincoln, Curry, Douglas, and Coos county. Door to door transportation is limited to Coos County at this time.

Contact: Kathy Perkins - kperkins@ctclui.org or call 541-888-9577

# "In the Loop" with the Circles of Healing Program

# Kathy King, Circles of Healing Coordinator

Hello, I'm Kathy King, the Circle of Healing Coordinator. I was born and raised in Southern Oregon and spent time visiting family in Coos Curry counties throughout my childhood. Some of my favorite memories are playing on the beautiful beaches and exploring the forests and rivers. Work and volunteering have led me to many interesting places inlcuding Hawai'i where I worked as a Justice Advocate in Family Law and Domestic Violence for Project Kau'like on the



Big Island through the AmeriCorps program. I'm a graduate of Southwestern Oregon Community College, earned a B.S. from Oregon State University, and an M.S. from Western Oregon University. I enjoy hiking, camping, gardening, and am slowly (very slowly, ha!) learning to play the ukulele.

# Safety Planning: An Integral Part of Seeking Safety for Yourself and Others

Contributed by Kathy King, Circles of Healing Coordinator

Many people have experienced or know someone who has experienced domestic violence and/or sexual assault. A safety plan is a personalized plan unique to the victim who is seeking to increase their level of safety in their current situation and/or preparing to leave a violent situation. A safety plan may include various forms of safety such as safety during a violent situation, safety when preparing to leave, safety with a restraining order and many others depending on the victim's needs. Generally, a safety plan includes a checklist of items that should be taken with the victim when they leave the abusive situation. That will often include legal papers, such as restraining order, rental agreement, insurance cards, and various identification such as birth certificates, social security cards, driver's license, and other valuable items such as car and house keys, medications, photos, clothing, and hygiene items. Often times the victim may give money, items or documents to a trusted friend, caseworker or family member to safeguard during their transition. Helping a victim create a safety plan assists them in evaluating their needs, creating a checklist of important items, and understanding what people, items and places are crucial for their safety. The basics of a safety plan should assist the victim in knowing their resources and taking steps to plan for minimizing your risks and promoting your safety. If you would like a to have a confidential conversation about safety planning for you or a loved one, even if that person is not willing to separate from the situation, feel free to call Kathy at the Circles of Healing program at 541-435-7158.

#### **Domestic Violence Resources:**

National Domestic Violence Hotline: Call 1-800-799-SAFE (7233) or 1-800-787-3224 (TTY).

Domestic Abuse Helpline for Men & Women: Call 1-888-7HELPLINE (1-888-743-5754).

The National Teen Dating Abuse Helpline:

Call 1-866-331-9474 or 1-866-331-8453 (TTY).

### **LADIES SELF-CARE**

Photo courtesy of Miriam Alonso | Pexels



Come join us for a Zoom Class

We will make beaded key chains.

Materials will be provided for pick up or mail in advance.

Open to all women, limited to 20 to allow for questions as we work together on Zoom.

**Tuesday, December 28, 2021** @ 6:00 P.M.

For more information or to RSVP please call or text Kathy King at 541-808-8152.
RSVPs kindly requested by Tuesday, December 14.
Sponsored by the Circles of Healing Program



# Circles of Healing

If you are experiencing issues related to domestic violence, sexual assault, dating violence, stalking or human trafficking, the Circles of Healing program is here to help. We offer confidential advocacy, safety planning, support groups, and other support services. For information or services, please call our program at 541-435-7158.

# Government to Government continued from cover story...

consultation policies to continue to work/ Agreement regarding collaborate and engage with Indian tribes on a government-to-government basis, to address issues concerning tribal self-governance, tribal trust resources, tribal treaties, and other rights and to strengthen the government to government relationship between the United States and Indian tribes. This enhances the intended principle to increase transparency and improve engagement participation and collaboration with key groups.

#### Benefits of early engagement with tribes prior to implementation of projects:

- Shows respect of rights of sovereign tribal governments.
- Shows that the respective agencies are fulfilling the shared trust and responsibility of consultation coordinating efforts in a respectful manner
- It is an open and free exchange of Department of Natural information and opinion among parties, which leads to mutual understanding and comprehension. It is essential that consultations are open and transparent so that tribal governments can evaluate for themselves the potential impact of proposed policies and projects;
- The tribes have a seat at the table early on in the planning phases of projects;
- **Provides** the Tribe opportunity to share ecological traditional knowledge protection of resources of significance to the tribe and to avoid the potential impacts of the proposed policies and projects

#### Communication Process:

Face-to-face discussion is the preferred and most meaningful formal method. However, in the last two

years, consultation procedures have shifted due to the challenges caused by the COVID -19 pandemic. Many agencies have adjusted to using modern virtual technology, such as conducting meetings via Zoom and Microsoft Teams, among other platforms. These methods are stop gap measures and should not take the place of physical, face-to-face meetings. In only some instances, CTCLUSI has made exceptions where it seems feasible to meet in person.

#### Examples of key recent consultation <u>meetings</u>

Coos Bay North Jetty Critical Repairs Project: The Tribal Council met with the United States Army Corps of Engineers, Portland District (USACE) virtually on 6/27/21. The purpose of the consultation was to discuss the Memorandum of the planned critical repairs to the Coos Bay North Jetty to maintain stable deepnavigation through the entrance to Coos Bay. This was followed by a site visit on 9/17 between the two agencies whereby the impacts of the proposed undertaking were discussed. The participants included Colonel Holton and Portland District staff and CTCLUSI Chief Doc Slyter, Chair Debbie Bossley vice Chair Julie Siestreem,

Enna Helms, and Resource director Roselynn Lwenya and

THPO Courtney Krossman.

Off shore wind energy: On 11/9/21, the CTCLUSI consulted with U.S. Department of the Interior, Bureau of Ocean Energy This was a Management (BOEM).



CTCLUSI Staff and Tribal Council on Horsefall Beach for Meeting with the Army Corps of Engineers, discussing Jetty Repairs. Photographed left to right: Chief Doc Slyter, Vice Chair Julie Siestreem, Tribal Council Member Enna Helms, THPO Courtney Krossman, Natural Resources Director Roselynn Lwenya, Ph.D.

consultation meeting under Section 106 of the National Historic Preservation Act (NHPA) and development of a programmatic agreement (PA) for Section 106 review related to wind energy activities offshore Oregon. Among the topics discussed

included:

- Overview of Oregon Offshore Wind energy, planning and BOEM National Environmental Policy Act (NEPA) **Process**
- Section 106 NHPA PA
- West Coast Tribal Cultural Landscapes study
- Potential cultural resources concerns, including for potential impacts to CTCLUSI's Q'alya Ta Kukwis Shichdii Me Traditional Cultural Property (TCP)

The participants at the meeting included: Doug

Boren, BOEM Pacific Region; Director Parker McWilliams, BOEM Pacific Region Tribal Liaison; Whitney Hauer, BOEM Renewable Energy Specialist & Oregon Task Force Rep; David Ball, BOEM Pacific Region Historic Preservation Officer. The CTCLUSI Tribal Council: Vice Chair Julie, Doug Barrett, Enna Helms; DNR Staff Courtney Krossman and Roselynn Lwenya, Tribal Elder David Petrie, legal counsel Rick Eichstaedt (Wheat Law Offices) and CTCLUSI Tribal consultant, Margaret Corvi.

If you have any questions or comments regarding consultation, please contact Roselynn Lwenya, at <a href="mailto:rlwenya@ctclusi.org">rlwenya@ctclusi.org</a>.



Chief Doc Slyter, Colonel Helton and Army Corps Staff discussing the Jetty Repairs



Chief discusses with Colonel Helton the importance of Eel grass to our ecosystem and culture.



To Officially Vote on Council Compensation

Article V of the Tribe's Constitution gives certain authority to the General Council (Tribal Members). One such area states the General Membership have the authority to: <u>Article V – Section 1 General Council.</u> (b) Elect tribal council members and approve or disapprove any salary wages paid for performance of tribal council duties.

On Sunday November 14, 2021 the Tribal Council passed a resolution calling the Election Board to meet; Tribal Code Chapter 7-3-2(e)(3) The Tribal Council may request the Election Board to meet at any time, with reasonable notice. The Council requests the Election Board to facilitate a Special Election to be held for Council Compensation; Tribal Code Chapter 7-3-25 (5) Ballots for initiatives, referenda and issues requiring General Council approval shall contain a statement of what the voter is deciding and shall be worded in such a manner that clearly allows for a choice of a "yes" or a "no" vote only. No misleading statements whatsoever will be accepted.

The Election Board met on November 17, 2021 and set the date for the Special Election. Sunday December 19, 2021. The ballots will be mailed to every registered voter on November 30, 2021 to the last known address we have on file. The Administration will prepare and mail all the ballots, return envelopes and secrecy envelopes from the Coos Bay Government office. The ballot mailing process will be verified by Mark Petrie Election Board Chair and Andrew Brainard, Election Board Vice Chair. When you vote and return your ballots, they will go to an independent third party, then the third party will supervise in tabulation and certify votes with the Election Board members on Election Day.

In person polling location will be at the Tribal Hall, 338 Wallace Ave, Coos Bay Oregon 97420 during the hours of 12:00 p.m. and 4:00 p.m. You may register and vote in person on that day, if you are not registered. (Social distancing procedures will be conducted per current CDC guidelines.) For more information about voting, registration or any election questions contact Jeannie McNeil @ jmcneil@ctclusi.org or (541) 888-7506.

#### Tribal Code Chapter 7-3-22 Public Notice of Upcoming Elections

(b) The Election Board shall post at the Tribes' Administrative Building, Tribal Hall, Outreach Offices, on the Tribes' website and in the office of the Gaming Commission a notice of an upcoming Special Election, as soon as practicable after the setting of a Special Election, and in no event later than fifteen (15) days before the scheduled election. If practicable, the Election Board shall publish a notice of an upcoming Special Election in the Tribal Newsletter in advance of the Special Election.

For a complete Election Code please see www.ctclusi.org Tribal Code, Ch 7-3 Elections. Contact me with any questions. Jeannie McNeil, Election Clerk imcneil@ctclusi.org 541-888-7506



#### **NOTICE OF 2022** TRIBAL COUNCIL ELECTION **APRIL 10, 2022**

Each Council member shall be elected for a four (4) year term at the appropriate General Council meeting in the year of the expired term. Council Positions #1, #3, and #5 shall be elected in odd-numbered years. Positions #2, #4 and #6 shall be elected in even-numbered

**ELECTION DATE: APRIL 10, 2022** 

**POSITION NUMBER INCUMBENT** Position #2 **Debbie Bossley** Position #4 **Josh Davies** Position #6 **Doug Barrett** 

#### Tribal Council Elections

#### Tribal Code 7-3-22 Public Notice of Upcoming Elections

(b) The Election Board must publish in the Tribal Newsletter and post at the Tribas' Administrative Building, Tribal Hall, Outreach Offices, on the Tribas' website and in the office of the Gaming Commission, a notice of upcoming regular Tribal Council elections. This shall be done no later than one hundred twenty (120) days prior to the scheduled date of a

#### Tribal Code 7-3-23 Candidate Eligibility

According to the Tribal Constitution (Article VIII, Section 4(a)), in order to be eligible for election to a Tribal Council position, candidates shall meet the following qualifications:

- (a) Be a duly enrolled member of the Confederated Tribes;
- (b) Be at least twenty-one (21) years of age; and
- (c) Never have been previously removed from office for good cause after the date the Tribal Constitution was ratified. (May 23, 1987).

For a complete Election Code please see <a href="www.ctclusi.org">www.ctclusi.org</a> Tribal Code, Ch 7-3 Elections. Contact me with any questions. Jeannie McNeil <a href="mailto:jmcneil@ctclusi.org">jmcneil@ctclusi.org</a> 541-888-7506

More detailed information about specific Tribal Council candidate deadlines and process requirements for those interested in running for a Tribal Council position will be outlined and published in the January issue of Voice of CLUSI.

### Pediatric COVID-19 Vaccination (Pfizer): 5-11-Year-Old By Harry Brown, MD. (11/03/2021). Indian Country COVID-19 ECHO Presentation

Contributed by Kristy Petrie, CTCLUSI Community Health Nurse

#### CTCLUSI and Providing Vaccine:

CTCLUSI will be working with the Coquille Tribes, Ko-Kwel Wellness Center to provide the pediatric COVID-19 vaccination to the 5-11-year-old population. The Pediatric COVID-19 vaccine was found to have a 90.7% efficacy (effective) against COVID-19 at least 7 day's after the second dose. There will be an autodialer and information put on the CTCLUSI website when vaccination days are available. The Coquille are strategizing a plan in December. If you would like your child to get a vaccine sooner, check with your child's Pediatrician to see if they are offering the vaccine.

#### Vaccine Information:

On November 2, 2021, the Advisory Committee on Immunization Practices (ACIP) recommended use of Pfizer COVID-19 vaccine in ages 5-11. It is important to know that the 5-11 Pfizer and the 12 years of age and up have different formulations and injection volume. Below is an image that describes the difference between the two formulations.

#### ormulation for Pfizer-BioNTech COVID-

	Formulation for ≥12-year-olds (purple cap)	Formulation for 5–11-year-olds (orange cap)		
Age group	12 years and older	5-11 years		
Vial cap color	·	*		
Dose (mRNA concentration)	2	3		
Injection volume	0.3 mL	0.2 mL		
Fill Volume (before dilution)	0.45 mL	1.3 mL		
Amount of Diluent* Needed per vial	1.8 mL	1.3 mL		
Doses per Vial	6 (after dilution)	10 (after dilution)		

#### Children and COVID-19

- 28.7 million children age 5 to 11 in the US
- 1.9 million reported cases of COVID-19

- >8300 hospitalizations; half had NO underlying disease
- 146 deaths attributed to COVID-19 (in the top 10 causes of death in this age group for the past year)
- MIS-C is an uncommon but serious post-COVID complication in this age group

o MIS-C is Multisystem Inflammatory Syndrome in Children. Multisystem inflammatory syndrome in children (MIS-C) is a condition where different body parts can become inflamed, including the heart, lungs, kidneys, brain, skin, eyes, or gastrointestinal organs. We do not yet know what causes MIS-C. However, we know that many children with MIS-C had the virus that causes COVID-19, or had been around someone with COVID-19. MIS-C can be serious, even deadly, but most children who were diagnosed with this condition have gotten better with medical care (CDC, 09/21).

o **IMPORTANT:** This is treatable, and those who get MIS-C symptoms are mild and short lived. Children whom get COVID-19 are at higher risk for getting myocarditis is higher.

Clinical Trial Results: Safety

Side effects include:

Injection site Pain: 71%	Fatigue: 39%
Erythema: 19%	Headache: 28%
Swelling: 15%	Myalgia: 12%
Arthralgia: 5%	Fever: 7%

#### **Key Points:**

- Pfizer-BioNTech vaccine shown to be safe and effective in the 5 – 11-year-old age group
- Risk-benefit analysis seems to favor benefit
- Vaccine dose and formulation for this age group is different from the dose and formulation for age 12 and above
- · Vaccinating this age group has positive individual and public health implications

# ~ Tribal Elders Walk On ~

# Henry "Skip" Brainard

Henry "Skip" Milton Brainard – Son of Emil and Grace Brainard, entered the world with a bang being born on July 4, 1948. He was 7 of 8 siblings in a close and caring family and was raised in Deadwood, Oregon. Skip never forgot his roots. He served in the US Army as part of the Defense Communication Agency, making rank to E-5.

He served 3 years in the Army at a time

in history when it wasn't popular to do so, but it was his choice. Honorably discharged after serving 3 years; he returned to Eugene to settle down and raise his family. He married Grace and had 2 children of his own, Henry (Kip) Brainard and Taunya Turner. Skip and Grace were married 53 years. Skip was a phone company employee for 35 years, before retiring. He never retired from

being a die-hard Duck fan. Skip enjoyed being a loving and giving grandfather to

4 grandchildren, Brandon
Hepner, Kailyn, Shawn and
Angelina Brainard. Skip was
always giving of himself from
walking sticks to looms. He always was
giving back to his tribal and immediate family. It is

giving back to his tribal and immediate family. It is with overflowing hearts and gratefulness for him, we say that he began his next journey on August 8, 2021. Forever missed, always with us, fly with the ancestors.



Skip Brainard pictured above with wife Faye "Grace" Brainard Pictured below, Skip Brainard, friend Sue Olson, and son Kip Brainard with the Eagle Staff they gifted to the Tribe.



### Richard "Dick" Ellefsen

On October 12<sup>th</sup>, 2021, Richard "Dick" Ellefsen walked on after a short battle with congestive heart failure. He was 89, just two months shy of his 90<sup>th</sup> birthday. Dick was a proud member and tribal elder of the Coos Indians.

Dick was born on 12/15/1931 to Nelson and Daisy Ellefsen and grew up in Coos Bay, Oregon. He attended Marshfield High School, then Santa Rosa Junior College. With the start of the Korean War, he served proudly in the US Air Force from 1951-53, stationed mainly at Fort Hamilton in Brooklyn.

After leaving active duty, Dick received his bachelor's degree from San Jose State University, then went on to earn a Master's from Clark University (Worcester, MA) and a Doctorate in Geography from the University of California at Berkeley. In June, 1954, he married Arlene Carlson. After spending a year in India, they raised three children (Eric, Karen, and Wendy) and settled in San Jose. In 1960, Dick joined the Geography faculty at San Jose State University where he taught for 40 years.

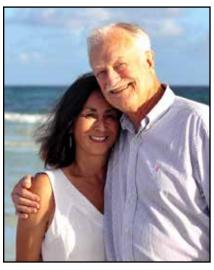
Always believing that work and life are one and the same, Dick continued to work until age 85 as a consultant and researcher, conducting research for a wide number of governmental agencies and private corporations. He also enjoyed golf, hiking, cycling, running, traveling, and photography. On their honeymoon in 1954, Dick and Arlene bicycled over 4,000 miles from Santa Rosa to New York.

Arlene, his wife of 62 years, walked on before him in 2016. His remaining family include son Eric (Lile), daughters Karen and Wendy (Guy), grandchildren Evan, Garret, Miles, Annalise and Carson, sister Lynn, niece Cathy (Jim), nephew Chris and aunt Connie. After Arlene's passing, Dick moved to Indian Wells, CA, and then to Phoenix, AZ. Dick Ellefsen was a wonderful father, husband, teacher, colleague, researcher, and friend.

We will be holding a Celebration of Life for Dick in the spring of 2022. Contributions can be made in his name to the USO.

# **Elders Corner**

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. Elders will be contacted by Kimmy Bixby of Community Health Services with information for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. *Thank you Elders!*Contributed by Kimmy Bixby, Community Health Aide



Diane Cline

#### **Bucket List:**

- After experiencing the pandemic and realizing just how important family is, Diane wants to spend as much time with family as possible, near or far.
- Travel to Italy
- Take some road trips in the US to new, interesting and beautiful destinations.
- · Learn to knit

#### **Favorite Hobbies:**

- Tennis
- Gardening
- Photography

Favorite Saying: "Let's do it!"

#### Diane Cline

#### Coos

• Husband, Van Cline. Children, Josh Cline and daughter-in-law Angie Cline, Amanda Hondros and son-in-law Brad Hondros, and Ivan Solis. Grandchildren, Wesley Hondros and Abby Cline. Mother, Claudette Lum. Brother, Richard Lum and sister-in-law Nancy Lum. Sisters Lisa Hudson and brother-in-law Brian Hudson, and Teri Branco and brother-in-law Derrick Branco. Numerous aunts, uncles, nieces, nephews, and cousins.

#### **Proudest Accomplishments:**

- 40 years of marriage to her husband, Van.
- Raising their children to be kind, loving, fun, respectful and responsible adults who have become great parents.
- Winning the gold medal at the 2012 Jim Thorpe Native American Games for Women's Doubles.



Bradley Kneaper

#### **Bucket List:**

- Survive until retirement and be able to do the things that I enjoy doing, which I have successfully accomplished.
- Serve on Tribal Council in the future so that I can continue to serve the Tribe and represent the Tribal Community.

#### **Favorite Hobbies:**

- Exploring remote, seldomly visited areas of Oregon as well as other states; seeing the history for myself; exploring places like Ghost towns and abandoned homesteads.
- Camping and Hiking, which I plan to spend more time doing now that I'm retired.
- Spending more time with family.

#### **Favorite Saying:**

"Probably not something that should be in print!"

#### Bradley Kneaper

#### Siuslaw

· Family members I would like to mention include my Grandmother Dorothy Kneaper; my Grandfather Bob Kneaper, whom I spent a lot of time with hunting and fishing when I was younger; my Dad Jim Kneaper; my uncles Bob Kneaper, Jr. and John Kneaper, whom I always looked up to; my cousin Linda Lydick and her husband George, who've selflessly sacrificed so much to take care of family members who because of age or illness have needed a great deal of help.

#### **Proudest Accomplishments:**

- My two kids, Jason Kneaper and Amanda Skipper, as well as my grandchildren, Caitlin Skipper, Haylee Skipper, Bailey Skipper, Ava Skipper, Evan, Kneaper and Ashleigh Spreen, and my step children Mariah Bone, Debbie Maxwell, Sarah Maddock and Brian Whitney.
- Having had the opportunity and privilege to work for my Tribe and to be able to build the Tribal Police Department to serve the Tribe and Tribal Community.
- Having played a part in getting state law changed to recognize Tribal Police, which resulted in full authority authorized to any other State, County, and City police agency.

Welcome New Tribal Elders
Freddie Lott
Richard Parrett

# Important PRC Application Deadline

The Purchased and Referred Care department is now accepting applications for the Purchased/Referred Care (PRC) program for FY2022. You must submit a new application each year for each PRC-eligible Tribal member in your household. This year, the deadline for applications is Monday, January 31, 2022.

You can apply online at <a href="www.ctclusi.org">www.ctclusi.org</a>. You will see a link at the bottom of the home page that will take you to the online

form (or look under Member Services, Purchased and Referred Care). Please be sure to upload the front and back of your insurance card to ensure we have the most current information

You must complete a separate form for each PRC-eligible family member.

Please call PRC at (541) 888-4873 or (800) 227-0392 to have a hard-copy application mailed to you or with any questions.

## 12 Month Emergency Preparedness Calendar: December - First Aid

Contributed by: Armando Martinez, Community Health Aide, By: do1thing.com

Being prepared for disasters and emergencies can seem like a big job. Many people don't know where to start, so they never start at all. With Do 1 Thing you can take small steps that make a big difference in an emergency. Do 1 Thing is a 12-month program that makes it easy for you to prepare yourself, your family, and your community for emergencies or disasters.



SMALL STEPS TOWARD BEING PREPARED FOR AN EMERGENCY

#### First Aid



THE GOAL: Be prepared to give first aid while waiting for

An emergency can happen at any time and any place. Many public places have a first aid kit, oxygen, or an AED (automated external defibrillator) to treat people. These items can only save lives if someone knows how to use them. Actions you take in the first few minutes after an injury or other medical incident may save

CHOOSE ONE OF THE FOLLOWING THINGS TO DO THIS MONTH TO BECOME BETTER PREPARED:

☐ Know what to do while waiting for an ambulance to arrive.

Call 911 instead of trying to take an injured or ill person to the hospital yourself. It seems like waiting for an ambulance will make it take longer to get help, but ambulance crews can start providing care as soon as they arrive. They can get the patient to hospital quickly, legally, and

- 1. Stay on the line with 911 and follow emergency instructions.
- 2. Stay calm and try to keep the patient calm.
- 3. Don't move a patient who was injured in an automobile accident or fall, or who was
- 4. If the patient is cold, cover them with a blanket
- 5. Don't give an injured person anything to eat or drink (unless instructed by the 911 dispatcher).
- 6. Have someone watch for the ambulance and show the crew how to get to the patient. (This is especially important in an apartment or office building, or if your address is

Make or buy first aid kits for your home and car.

Ready-made first aid kits are available at most department stores or your local American Red Cross chapter. These kits come in a variety of sizes and prices. You can also make your own kit from supplies you probably already have around the house.

#### Some items that should be included in a basic first aid kit are:

- Adhesive Tape
- Gauze Pads & Roller Gauze (assorted sizes) Antiseptic Ointment
- Band-Aids
- Hand Sanitizer (liquid or wipes)
- (assorted sizes)
- Plastic Bags
- Cold Pack
- Scissors and Tweezers • Small Flashlight and Extra Batteries
- Disposable Gloves
- Triangular Bandage



☐ Take training in first aid, CPR, AED, or pet first aid.

Helping others in a medical emergency isn't as hard to learn as you might think. Knowing how to apply a bandage, identify the signs and symptoms of shock, perform CPR or use an automatic external defibrillator (AED) can save a life.

First responders may not be on the scene for five minutes or more. It is up to individuals like you to be ready to help someone who is injured. The person whose life you save may be someone that you love.

Many American Red Cross chapters now offer training in pet first aid. Training may also be available through your local humane society, kennel club, or pet store. Check with your veterinarian to see what special items you may need to include in a first aid kit for your pets. If you travel with your pet, or if they are service or hunting animals, you may want to make a travel-sized pet first aid kit as well.

Contact your local fire department or American Red Cross chapter to learn what first aid classes are available in your area. Ask your employer if they will sponsor a class for your workplace, or take a class with your family or on your own. Many classes are offered free of charge. Courses may also be offered at your place of worship, school, or community organization. Community Emergency Response Team (CERT) training also includes first aid training.

Being prepared doesn't have to be hard or expensive. By doing one thing a month, you can make sure that you and the people who depend on you will be better prepared for whatever happe

do thing.com

do thing.com

# News from Indian Country



### Secretary Haaland Announces Interagency Effort to Protect and Increase Access to Indigenous Sacred Sites

Date: Tuesday, November 16, 2021 Contact: Interior\_Press@ios.doi.gov

WASHINGTON — Secretary of the Interior Deb Haaland today announced a new interagency initiative to improve the protection of and access to Indigenous sacred sites through enhanced and improved interdepartmental coordination, collaboration and action. The announcement comes on the second day of the Biden-Harris administration's first Tribal Nations Summit.

A new Memorandum of Understanding (MOU), signed by eight agencies, will increase collaboration with Tribes to ensure stewardship and access to sites, and incorporate Traditional Ecological Knowledge into management, treatment, and protection procedures. Today's announcement builds on an MOU originally executed in 2012.

"Since time immemorial, the Earth's lands and waters have been central to the social, cultural, spiritual, mental, and physical wellbeing of Indigenous peoples. It is essential that we do everything we can to honor sites that hold historical, spiritual or ceremonial significance," said Secretary Deb Haaland. "The Interior Department is committed to protecting these sacred sites from desecration, while at the same time collaborating with Indigenous communities to increase access and ensure good stewardship of their lands."

The MOU commits participating agencies to work together and consult with Indian Tribes and Native Hawaiian organizations

and spiritual leaders in developing and implementing actions to improve the protection of and access to Tribal, Alaska Native, and Native Hawaiian sacred sites. Newly identified goals also include, but are not limited to:

- Establishing an interagency working group to enhance interagency collaboration and coordination;
- Integrating consideration of sacred sites early into the decisionmaking, regulatory, and consultation processes to ensure that agency actions acknowledge and honor the importance of sacred sites; and
- Enhancing public outreach that focuses on the importance of maintaining the integrity of sacred sites and the need for public stewardship to protect and preserve them.

In addition to the Interior Department, the signatory agencies are the U.S. Departments of Agriculture, Transportation, and Energy, the Environmental Protection Agency, the White House Council on Environmental Quality, the Advisory Council on Historic Preservation, and the Tennessee Valley Authority.

Federal agencies are responsible for the management of millions of acres of federal lands and waters, including many that contain culturally important sites held sacred by Indian Tribes, Alaska Native, and Native Hawaiian organizations, Many of these sites occur within a larger landform and can include geological features, bodies of water, archaeological sites, burial locations, traditional cultural properties, plant communities and stone and earth structures.

### Free Monthly Workshops!



#### Sign up for Healthy Family Workshops!

Join us for our last workshop of the year!

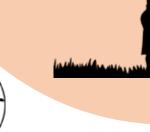
Preparing for a New Year: Setting and Achieving Personal & Family Goals Tuesday, December 21, 2021 6-7pm



These workshops are free for Tribal households! You may sign up for one or all of them. Whether you want to learn something new, get motivated, stay motivated or set goals for yourself, these workshops are an excellent way to engage with experts on a variety of topics.

We encourage health and wellness for the entire Tribal community.

To RSVP Contact Carol Ann Young 541-435-7159





Sponsored by CTCLUSI Health & Human Services Division

# **BLUE EARTH** BOARD **MEMBERS NEEDED**

If you are an Enrolled

member of CTCLUSI and are interested in becoming a Blue Earth Board Member please submit a Letter of Interest and Resume, including any business experience and/or qualifications to **Christine Sylvester** 1245 Fulton Ave. Coos Bay, Oregon 97420 or email cslyvester@ctclusi.org or call (541)888-7532



#### Three Rivers Casino Resort (Florence)

Supervisor - Food & Beverage

Bartender ~ Barback ~ Cocktail Beverage Server

Food & Beverage Lead ~ Busperson

Food Court Runner/Dining Room Attendant

Food Court Cashier/Barista~ Food Court Outlet Lead Cook

Line Cook TDR Staff ~ Night Cook/Cleaner ~ Dish Machine Operator Food Court Outlet Lead Cook ~ Food Court Outlet Cook

Hotel Front Desk/PBX Clerk ~ Guest Room/Laundry Attendant

Supervisor – RV Park/Guest Services Attendant

Supervisor - Table Games ~ Table Games Dealer Slot/Keno/Bing Attendant

**Environmental Services Technician 1** 

Banquet & Events Coordinator ~ Special Events Team Member

Players Services Representative ~ Soft Count Team Member

Information Technology Technician II

Security Officer 1

#### Three Rivers Casino Resort (Coos Bay)

Security Officer 1

Maintenance Technician II

**Environmental Services Technician 1** 

Bartender/Server

#### **Electronic Gaming Machine Team Member Lead**

**Electronic Gaming Machine Team Member** 

Player Services Representative Dual Rate Main Bank

Player Services Team Member

(jobs <u>updated</u> daily) RED means not actively interviewing, offer pending Updated 11/17/2021



# **Education Corner**

#### **DID YOU SIGN UP?**

We still have **Chrome Books** in stock—If you haven't received yours sign up now. Must be CTCLUSI ENROLLED

School Supplies Gift Cards; For All Students K-12 living in a CTCLUSI house hold. Please fill out the back to school form.

Link addresses listed below. You can also contact us;

Josh Davies Education Director—541-888-1314 Karen Porter Education Specialist—541-888-1315 Eriq Acosta Education Specialist II—541-888-1318

Chrome book;

https://laserfiche.ctclusi.org/Forms/HousingCOVIDEmergencyAssistance

School Supplies Gift Card;

https://laserfiche.ctclusi.org/Forms/ED-Back-To-School-Form

**Tribal Member parents - Please join our Education Facebook page if you have** students in grades K-12.

**Higher Education Students are highly** recommended to join as well. Scholarships, internships, job announcements, and other key educational information shared

Join: CTCLUSI Education News





**CTCLUSI** HIGHER **EDUCATION STUDENTS** 

#### FAFSA REMINDER—

The first day to submit for the 2022-23 school year was Oct. 1, 2021. Why should you care about the first day? Many schools award their financial aid money within weeks (or days) of the FAFSA opening. So even though the deadline isn't until June 30, 2023, this is your chance to get your paperwork in order so you can be first in line for financial aid.

#### HTTPS://STUDENTAID.GOV/H/APPLY-FOR-AID/FAFSA



### Financial Aid Links

#### OSAC

**OSAC** Homepage https://app.oregonstudentaid.gov/ OSAC 2022-2023 Scholarship Catalog https://app.oregonstudentaid.gov/Catalog/Default.aspx

#### Ford Family Foundation

Scholarship Programs https://www.tfff.org/program-areas/postsecondary-success/ scholarship-programs

Please send in any achievements, awards, or accolades that your student has received this

We are looking to host a student corner that will spotlight students monthly and will be able to communicate their great accomplishment(s) with the Tribal Membership.

Please submit a picture, a brief description, and also a release stating we can use photo and information for upcoming newsletters.

#### **Fastweb**

Scholarships for the Class of 2022 https://www.fastweb.com/college-scholarships/articles/ scholarships-for-the-class-of-2022 Scholarship Search https://www.fastweb.com/college-scholarships

#### Scholarships.com

High School Scholarships

https://www.scholarships.com/financial-aid/college-scholarships/ scholarships-by-grade-level/high-school-scholarships/

# **Education Corner**



### **ATTENTION TUTORS**

If you are interested in tutoring Tribal students please contact the education Department.

Please FILL OUT THE LASERFICHE FORM AT; <a href="httpsk//ctclusi.org/education/">httpsk//ctclusi.org/education/</a>

Josh Davies Education Director 541-888-1314 Eriq Acosta Education Specialist 541-888-1318 Karen Porter Education Specialist 541-888-1315

All tutors and tutoring services will be virtual at this time due to the COVID Virus.

THANK YOU FOR YOUR UNDERSTANDING DURING THESE





#### ATTENTION CTCLUSI TRIBAL MEMBERS

# If you are interested in TUTORING services for your student k-12

Please FILL OUT THE LASERFICHE FORM AT; https://ctclusi.org/education/

Josh Davies Education Director 541-888-1314 Eriq Acosta Education Specialist 541-888-1318 Karen Porter Education Specialist 541-888-1315

All <u>tutoring</u> services will be virtual at this time due to the COVID Virus.

Thank you for your understanding during these difficult times!!



# 10 STUDY TIPS

TO BE MORE PRODUCTIVE IN 2014



- Good lighting can increase your productivity. An overhead light might not be enough - consider a desk or floor lamp with direct light.
- 2 Geb enough sleep, especially the riight before your exam. Have regular short breaks every 50-90 minutes to held you focus better.
- Start studying early and plan your study time in advance. Use a calendar and write down what you're planning to do each day.
- Use a colour code to break down your bopics. Use markers and post-its notes to group relevant information together. Its will help you memorize everything faster.
- Eab healthy food that fuels your brain. Food like apples, walnuts and blueberries can improve your ability to focus, rebain information and remain menbally alert.

- Avoid any distraction. Turn off your phone and the belevision, and check your social media updates only during the break time.
- 7. Use mind maps to visualize your topics better, improve your memory and prioritiese information.
- During high intensity study periods it is recommended to take breaks to exercise. It will make you feel more energised and refreshed.
- 9. Some people find that listening to music whilst studying helps them being more productive. If that's your case, keep the volume low and play songs that you don't find yourself singing along to!
- 10. Treat yourself! After taking an exam, meet a friend for coffee, go to the cinema or just take a weldeserved break before starting to study for your next assignment.

# New Beginnings for Tribal Students wants to hear from CTCLUSI.

The New Beginnings for Tribal Students (NBTS) grant program at Oregon State University and Southwestern Oregon Community College would like to hear input from our CTCLUSI partners.

The goal of the grant is to increase Native American undergraduate student success and meaningful career development. We do this through supporting students in experiential learning internships in natural sciences. The grant provides financial incentives and trained mentors for participating students. (More information below.)

NBTS Program Managers would like to share how the first year of the program has gone, hear about your own experience with higher education that might help youth today, and gain your input on the program overall. We'll also be inviting you to help us with upcoming youth education events.



#### NBTS PRIMARY PROJECT COMPONENTS:

**Supplemental financial support** to Native American, undergraduate college students enrolled at OSU or SWOCC in natural science programs.

\$2000 per student for summer internships (10 OSU interns / 5 SWOCC interns per year) Scholarships to a subset of these interns

**Annual Cultural Awareness and Mentoring workshops** for all participants, committee members and mentors with the goal of fostering culturally competent mentorships and cross-cultural learning for all.

#### PROJECT COMPONENTS SEEKING INPUT:

Pre-college camp increase access and interest in higher education

SWOCC Native American Student Alliance activities

Mentor training

NBTS Evaluation and adaptive management

For more information contact:

Josh Davies, Education Director CTCLUSI, jdavies@ctclusi.org



## Resolution Summaries

RESOLUTION NO: 21-060

Date of Passage: July 11, 2021

Subject (title): Administration for Native American Non-Competitive

**Grant Application** 

**Explanation:** The Tribal Council approves this request to apply for non-competitive funding to development of Tribal language repository and develop protocols and procedures to preserve language.

Vote 7-0-0

**RESOLUTION NO:** 21-061 **Date of Passage:** July 11, 2021

Subject (title): Comprehensive Economic Development Strategy Plan

(CEDS)

**Explanation:** Tribal Council approves the request of the Planning Department to contract with the selected bidder to prepare a an

Economic Strategic Plan for CTCLUSI.

Vote 7-0-0

**RESOLUTION NO:** 21-062 **Date of Passage:** July 11, 2021

Subject (title): Memorandum of Understanding between the Tribe and

**Coos County Community Corrections** 

**Explanation:** The Tribal Council approves the MOU with Coos County Community Corrections to collaborate with the Tribal court on providing services to Tribal Members served by Coos County

Community Corrections and /or participating in Wellness Court and /or

**Peacegiving Court** 

Vote 7-0-0

RESOLUTION NO: 21-063

Date of Passage: July 11, 2021

Subject (title): FY 2021 Tribal transportation Improvement Program

(TTIP)

Explanation: Tribal Council approves the FY 2021-2025 Tribal

Transportation Improvement Plan

Vote 7-0-0

RESOLUTION NO: 21-64

Date of Passage: July 11, 2021

Subject (title): ODOT Agreement 34936 Approval

**Explanation:** The Tribal Council approves the agreement with ODOT to receive funding of \$135,400, for special transportation projects

benefiting seniors and individuals with disabilities

Vote 7-0-0

**RESOLUTION NO:** 21-65 **Date of Passage:** July 11, 2021

Subject (title): Enrollment New Members

**Explanation:** The Tribal Council approves to the following applicants as new enrolled members of the Tribe: Emberlynn Ann McNutt, Alexis Michelle Lawry, Oakley Skye Hoyle, Slade Olivia Rose Bass, Creelie Marie Hamons, Logan James Harrison, Alysse Reanne, Gutierrez, Jack Anthony Chavira III, Justin William Greer, Wyatt James Hermsen, Lauren Nicole Elliott, Jordan Taylor Elliott, Sawn Alden Billings JR. and

Maddox Dane McGowan-Lozeau.

Vote 6-0-0

In this pubic paper, some Resolutions titles and explaining will not be displayed or will display minimal details due to confidentiality.

# Small Changes, Big Results; Healthy Baking: Black Bean Brownies

Contributed by Kristy Petrie, CTCLUSI Community Health Nurse

Monday, September 20th, 2021, CTCLUSI's Health Department hosted a healthy baking class funded by the Special Diabetes Program for Indians (SDPI) grant. The SDPI grant only covers the five-service area (Coos, Curry, Lincoln, Lane and Douglas) with incentives/materials. We encourage tribal members and family members who are interested in programs we offer to participate. Please keep an eye out for upcoming activities advertised in the newsletter and/or Facebook. Mark Petrie and I recorded how to make black bean brownies, and made some fun layered gifting jars. This idea is perfect for the upcoming holiday seasons. Ashley Russel, in the Department of Natural Resources has a copy of this recording, along with other projects CTCLUSI staff members have done throughout the many months. Tribal Member participation in events like this helps to keep these grants funded.

When hearing black bean brownies, doesn't it sound weird? The black beans are blended in with other ingredients, and once cooked, you can't taste the bean flavor at all. It has a fudge like consistency that left even my kids saying, "this is delicious! There are beans in this?!?" You can also cook with other beans such as chickpeas, cannellini, garbanzo, and adzuki (red beans). For healthy alternative desert ideas, you can go to <a href="https://www.brit.co/healthy-bean-dessert-recipes/">https://www.brit.co/healthy-bean-dessert-recipes/</a>.

Why make the switch from regular brownies to black bean brownies? Nutrition Facts

	Calories	Protein	Carbohydrates	Fat	Cholesterol	Sodium
Black	126	3.3	18.1 grams	5.3	34.9 mg	129.1 mg
Bean		grams	_	grams	_	
Brownies						
Brownies	183	1.8	25.7 grams	9 grams	44.2 mg	109.7 mg
		grams	_		_	

There are minor changes we can change in our eating habits without sacrificing "too much". By adding black beans to a brownie recipe, it takes the place of white flour (highly processes and empty carbs). You can keep the sodium level down on the black bean brownies by adding the low or no added salt beans to your recipe.

#### What Are Empty Carbs?

By: Diabetes Meal Plans, https://diabetesmealplans.com/8573/what-are-empty-carbs/

# The Difference Between Empty Carbs and Nutrient Dense Carbs Empty Carbs

- Typically highly processed
- Have added chemicals and <u>sugars</u>

- Have added synthetic (not natural) vitamins and minerals after processing
- Can be toxic to the body causing ill health and disease
- Often high in calories
- Often much higher in carbs (meaning they mess with your <u>blood</u> <u>sugar</u>)
- Found in most grocery store isles as packaged, processed foods "Empty carbs provide very little nutritional value to the body."

#### **Black Bean Brownies**

- 1. 1 (15.5 ounce) can black beans, rinsed and drained
- 2. 3 eggs
- 3. 3 tablespoons vegetable oil
- 4. ¼ cup cocoa powder
- 5. 1 pinch salt
- 6. 1 teaspoon vanilla extract
- 7. 3/4 cup white sugar
- 8. 1 teaspoon instant coffee (optional)
- 9. ½ cup milk chocolate chips (optional)

#### **Directions:**

Step 1: Preheat oven to 350 degrees F (175 degrees C). Lightly grease an 8x8 square baking dish.

Step 2: Combine the black beans, eggs, oil, cocoa powder, salt, vanilla extract, sugar, and instant coffee in a blender; blend until smooth; pour

the mixture into the prepared baking dish. Sprinkle the chocolate chips over the top of the mixture.

Step 3:Bake in the preheated oven until the top is dry and the edges start to pull away from the sides of

the pan, about 30 minutes.

Gifting jars, caned black beans and unopened dry ingredients were sent out to Tribal members/families that signed up for the Healthy Baking class in the Five-Service county area. These are completed gifting sets put together during the online class.



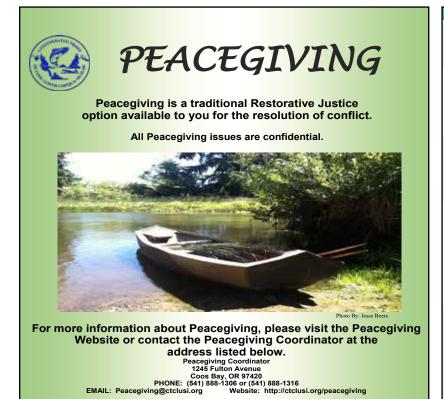
#### Posted December 1, 2021

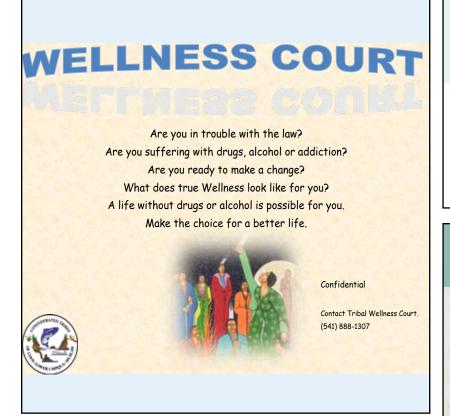
#### RECOMMENDATIONS FOR TRIBAL MEMBERSHIP

Below is a list of proposed Enrollment. Besides publication in the Tribal Newsletter, according to CLUSITC 7-1-36(i), this information will be posted in the Administrative Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino for twenty-eight (28) days from the date listed above.

Ava Lynn Parrett Parent: Donavon Parrett Lineal Descendant: Peter Jordan	Rykar Jamas Evarts
	Ryker James Evarts Parent: Kathrine L. Evarts
	Lineal Descendant: Ida Wages
Tribe: Coos	Tribe: Coos
Anna Estelle Schutz	Linda Sue Slichenmyer
Parent: Abigal Rose Schutz	Parent: James William Brainard Jr.
Lineal Descendant: Frances Elliott	Lineal Descendant: James William Brainard
Tribe: Coos	Tribe: Coos
Hannah Delabio	Jason Daniel Bryson
Parent: Martin Herrera	Parent: Sherrill Brainard
Lineal Descendant: Edwin Morris	Lineal Descendant: Frances Elliott
Tribe: Lower Umpqua	Tribe: Coos
Zaid Thomas Sorrell	Scarlett Madilyn McCoy
Parent: Shasta Wing	Parent: Melisa Reeves
Lineal Descendant: Geraldine Tabernig	Lineal Descendant: Edwin Morris
Tribe: Coos	Tribe: Lower Umpqua
Denver William Krossman	Liila Iris Ts'ehem
Parent: Kylea Krossman	Parent: Enna Helms
Lineal Descendant: Francis Elliott	Lineal Descendant: Ida Wages
Tribe: Coos	Tribe: Coos
Walker Wade Marchus	Emmett Mason Chin
Parent: Kelsey Anne Marchus	Parent: Kimberly Chin
Lineal Descendant: Carline Thomas	Lineal Descendant: Bennett Barney
Tribe: Lower Umpqua	Tribe: Coos
Colton James Matthew Hunter	Avery David Parrett
Parent: Mary Lou Green	Parent: Joshua Parrett
Lineal Descendant: June Harper Tribe: Coos	Lineal Descendant: Peter Jordan  Tribe: Coos
Kiska Kai Mendoza	
Parent: Nicole Rae Mendoza	Cashlyn Gwen Hamons Parent: Chyeene Cronin - Hamons
Lineal Descendant: Francis Elliott	Lineal Descendant: David Petrie
Tribe: Coos	Tribe: Coos
Harper Ryan Ochotorena	Frankie Allen Simmons
Parent: Alicia Lawry	Parent: Martin Herrera
Lineal Descendant: Martha Louse Huntington	Lineal Descendant: Edwin Morris
Tribe: Coos	Tribe: Lower Umpqua
Parker Hovind	Calie Lou Grafton
Parent: Paxton Hovind	Parent: Martin Herrera
Lineal Descendant: Howard Barrett Sr.	Lineal Descendant: Edwin Morris
Tribe: Siuslaw	Tribe: Lower Umpqua
Eleanor Elizabeth Goodling	Kaylynn Huntley Sprague
Parent: Michelle Elizabeth Goodling	Parent: Steven James Sprague
Lineal Descendant: Francis Elliott	Lineal Descendant: Peter Jordan Sr.
Tribe: Coos	Tribe: Coos
Rory Alhan Sheehan	Vyncent Robert Lane
Parent: Harmony Michelle Hermsen	Parent: Mitchel Robert Lane
Lineal Descendant: Bennett Barney	Lineal Descendant: Fay Elliott
Tribe: Lower Umpqua	Tribe: Siuslaw
Eionah Faith Holliday	Aryia Hope Holliday
Parent: Christopher Levi Holliday	Parent: Christopher Levi Holliday
Lineal Descendant: David Petrie	Lineal Descendant: David Petrie
Tribe: Coos	Tribe: Coos
Thayden Justin Lott	Danner Lynn Saunders
Parent: James Douglas Lott Jr.	Parent: Fawna Andrews
Lineal Descendant: Edwin Morris	Lineal Descendant: Geraldine Tabernig
<del> </del>	Tribe: Coos
Tribe: Lower Umpqua	Aurora Livelle Hermsen
Opal Rose Hermsen	I Davanti Lavel Harmanan
Opal Rose Hermsen Parent: Loyd Hermsen	Parent: Loyd Hermsen
Opal Rose Hermsen Parent: Loyd Hermsen Lineal Descendant: Bennett Barney	Lineal Descendant: Bennett Barney
Opal Rose Hermsen Parent: Loyd Hermsen Lineal Descendant: Bennett Barney Tribe: Coos	Lineal Descendant: Bennett Barney Tribe: Coos
Opal Rose Hermsen Parent: Loyd Hermsen Lineal Descendant: Bennett Barney Tribe: Coos Ryan Gutierrez	Lineal Descendant: Bennett Barney Tribe: Coos Ezra Layne Harper
Opal Rose Hermsen Parent: Loyd Hermsen Lineal Descendant: Bennett Barney Tribe: Coos Ryan Gutierrez Parent: Laura Jea Chavira	Lineal Descendant: Bennett Barney Tribe: Coos Ezra Layne Harper Parent : Neal Anthony Harper IV
Opal Rose Hermsen Parent: Loyd Hermsen Lineal Descendant: Bennett Barney Tribe: Coos Ryan Gutierrez Parent: Laura Jea Chavira Lineal Descendant: Peter Jordan Sr.	Lineal Descendant: Bennett Barney Tribe: Coos Ezra Layne Harper Parent: Neal Anthony Harper IV Lineal Descendant: Howard Morris
Opal Rose Hermsen Parent: Loyd Hermsen Lineal Descendant: Bennett Barney Tribe: Coos Ryan Gutierrez Parent: Laura Jea Chavira	Lineal Descendant: Bennett Barney Tribe: Coos Ezra Layne Harper Parent : Neal Anthony Harper IV

In accordance with CLUSITC 7-1-37(a), Tribal Members shall have the right to protest the recommendation of the Committee approving an application and must file a written, signed protest with the Committee stating their reasons for believing that an Applicant(s) is not entitled to enrollment. The protest must be filed with the Committee within twenty-eight (28) days after notice of the proposed enrollment is posted as described in CLUSITC 7-1-36(i).







YOUTH ARE INVITED TO DEVELOP PLANS FOR A PROJECT THAT THEY BELIEVE WOULD AUGMENT RESILIENCE TO SUBSTANCE USE IN COMMUNITIES, SUBMITTING A PLAN FOR THE PROJECT AND A VIDEO DESCRIPTION. PRIZES: \$2,000-\$10,000 PER ENTRY, TOTAL AMOUNT TO BE AWARDED: \$85,000.0PEN TO ALL AMERICAN INDIAN AND ALASKAN NATIVES AGES 14-25

WERNATIVE.ORG



#### What to Expect after Getting a COVID-19 Vaccine

The COVID-19 shot may cause side effects in some people. Side effects should go away in a few days.

#### **COMMON SIDE EFFECTS**

On the arm where you got the shot:

- Pain
- RednessSwelling
- Fever
- Chills
   Tiredness
- HeadacheMuscle pain
- Tiredness Nausea

In the rest of your body:

#### Ask the facility healthcare provider (or facility staff) for help if:

- The redness or pain where you got the shot gets worse after 24 hours
- Your side effects are worrying you
  Your side effects do not seem to be going away after a few days

#### HELPFUL TIPS

If you have pain, headache, or fever, ask a healthcare provider (or facility staff) if you can have medicine.

#### If you are sore where you got the shot:

Apply a clean, cool, wet washcloth over the areaUse or move your arm gently

#### If you have a fever:

- Drink a lot of waterGet plenty of rest
- Dress lightly



#### REMEMBER

Side effects may make you feel a little sick or even make it hard to do daily activities, but they should go away in a few days. Some COVID-19 vaccines need 2 shots to work. You should get the second shot even if you have side effects after the first shot, unless a doctor tells you not to. COVID-19 vaccines may not fully protect you until a week or two after your final shot. It takes time for your body to build protection after any vaccination.



Even after your COVID-19 vaccination, when you are in a correctional facility, it's important to continue wearing your mask, try to stay at least 6 feet away from others as much as possible, and wash your hands often.



cdc.gov/coronavirus

CS324160A









11AM-9PM

TUESDAY

TACO BASKET \$9

WEDNESDAY
HOT TURKEY SANDWICH \$11

THURSDAY
CHILI CANNONBALL \$9

FRIDAY & SATURDAY

PRIME RIB Served from 4pm-9pm



COOSBAY