Government to Government Consultation: What this Means for Tribes

Contributed by Roselynn Lwenya, Ph.D. Culture and Natural Resources Director

On November 5, 2009, President Obama issued a memorandum to the heads of all executive departments and agencies that reaffirmed that the United States has a unique legal and political relationship with Indian tribal governments, established through and confirmed by the Constitution of the United States, treaties, statutes, executive orders, and judicial decisions. The memorandum stated that in recognition of that special relationship, pursuant to Executive Order 13175, of November 6, 2000, executive departments and agencies are charged with engaging in regular and meaningful consultation and collaboration with tribal officials in the development of Federal policies that have tribal implications, and are responsible for strengthening the government-to-government relationship between the United States and Indian tribes. The memorandum stated that the Administration is committed to regular and meaningful consultation and collaboration with tribal officials in policy decisions that have tribal implications, and directed, among other things, as an initial step, through complete and consistent implementation of Executive Order 13175. 1 (Published at 74 Fed. Reg. 57879 November 9, 2009).

Following this directive, many of the federal agencies have developed

Tribal Council Honors Interim CEO Carol Jacobs-Kosht for Service

Contributed by Morgan Gaines, Communications Specialist

On Wednesday, November 10, 2021, Tribal Government held an all staff meeting to welcome the new Chief Executive Officer. You will get to read more about her in the next edition of the Voice of CLUSI paper.

At that same meeting, the interim CEO, Carol Jacobs-Kosht was honored for stepping in to fill this vital role in Tribal Government when it became vacant. Carol has worked for the Tribe for 26 years and continued to fill her role as Controller in the Finance department while taking on the arduous tasks of the CEO.

For her years of service to the Tribe, the employee operated PRAISE committee honored her with a gift certificate for a weekend stay at Three Rivers Casino Resort and a Pendleton bag.

Tribal Council then presented Carol with a Pendleton blanket to honor and thank her for filling the role of CEO in our time of need.

Chair Debbie Bossley said, “We as Tribal Council really appreciate what Carol did when she stepped forward. We knew that she was going to know the rules and regulations of the Tribe and how we operated and so we want to help honor her with this blanket.”

Council member Josh Davies also shared, “I am very thankful that Carol stepped up for as long as she did, I’m sure you’re very excited to go back to your position that you never stopped doing on top of everything else. I just want to say thank you from the bottom of my heart for all the work that you’ve done for all the years that you’ve done it. I appreciate it very much.”

Chair Debbie Bossley, and Council members Josh Davies and Doug Barrett then gifted Carol by draping the Pendleton around her shoulders.

Carol expressed her gratitude, “Thank you, thank you all. I love this Tribe, it’s like my family, I’ve been here so long.”

Thank you Carol!

Notice: Special Election

Council requests the Election Board to facilitate a Special Election to be held on the issue of Council Compensation (see page 11)

Council Compensation Vote
December 19, 2021

For complete Election Code visit www.ctclusi.org
Questions? Please contact Jeannie McNeil jmcneil@ctclusi.org 541-888-7506
| Doc Slyter, Chief | 26-Oct Pre Meeting with BOEM, Meeting with Assistant Secretary Indian Affairs, CTCLUDIS Budget Meeting |
| 28-Oct White House Office of Intergovernmental Affairs Weekly Briefing (WH-IGA) |
| 29-Oct Interview for Director of Housing |
| 3-Nov Interview for Director of Housing, Special GFORB Meeting |
| 4-Nov Tribal Broadband Learning Community Meeting |
| 5-Nov White House Office of Intergovernmental Affairs Weekly Briefing (WH-IGA), Leaders Circle |
| 9-Nov AI/AN Meeting, OSU Meeting |
| 10-Nov All Staff Meeting Tribal Gov Staff, Self-Governance Consultation with Education |
| Total Hours 99 |
| 25-Oct Interview for Health Director |
| 19-Oct Interview for Housing Director |
| 29-Oct Interview for Housing Director, GFORB Meeting |
| 3-Nov Nine Tribes Meeting with Gov Brown |
| 4-Nov Tribal Council Leaders Circle |
| 8-Nov General Meeting to new CEO for Tribal Gov |
| 9-Nov BOEM Meeting, New Beginnings for Tribal Students Dinner, NATIVES Program for Eugene School District |
| Total Hours 105 |

**Debbie Bossley, Chair**

23 days in the office

| 10-Oct Regular Council Meeting, General Council Meeting |
| 14-Oct Special Meeting, Cultural Committee Meeting |
| 19-Oct Gaming Facilities Operational Review Board (GFORB) Meeting |
| 20-Oct North West Portland Indian Health Board Meeting |
| 29-Oct Meeting with CEO, Three Rivers Casino |
| 1-Nov Gaming Facilities Operational Review Board (GFORB) Meeting, GWEB, Tribal Leaders Circle |
| Total Hours 44 |

**Iliana Montiel**

1-Oct Regular Council Meeting, General Council Meeting

10-Nov All Staff Meeting for CTCLUDIS Gov, Self Governance Consultation with Education

12-Nov Meeting at Administration

Total Hours 105

**Josh Davies**

10-Oct Regular Council Meeting, General Council Meeting

11-Oct Indigenous People Day Flag Ceremony U of O

12-Oct OTGA, DOI, AI/AN Advisory Committee Meetings

13-Oct Three Rivers Foundation Meeting

14-Oct Special Council Meeting

19-Oct OTGA and Special GFORB Meeting

20-Oct Tribal Consultation, G2G Education Cluster, ELD Meeting, Housing Committee Meeting

21-Oct White House Office of Intergovernmental Affairs Weekly Briefing (WH-IGA), ORC Meeting, Consultation with 4-J School District, Leaders Circle

26-Oct Meeting with Assistant Secretary Indian Affairs, Protection and Restoration of Tribal Lands

27-Oct Center for Indigenous Innovation and Health Equity (CIHIE)

Total Hours 74

**Enna Helms**

10-Oct Regular Council Meeting, General Council Meeting

12-Oct Department of Interior Consultation, Third Tribal Budget Meeting

14-Oct Tribal Council Leaders Circle, Special Tribal Council Meeting

21-Oct Consultation with 4-J School District, Leaders Circle

27-Oct Nation to Nation dialog on COVID -19 with Indian County, Tribal Council Business Meeting

4-Nov Leaders Circle Meeting

Total Hours 35

**Doug Barrett**

10-Oct Regular Council Meeting, General Council Meeting

11-Oct Virtual Native Talking Circles

12-Oct Third Budget Meeting

13-Oct Three Rivers Foundation Meeting, LANE ACT Meeting

14-Oct White House Office of Intergovernmental Affairs Weekly Briefing (WH-IGA), Special Council Meeting, Culture Committee Meeting, Leaders Circle

20-Oct OYA Stake Holders Meeting

21-Oct Consultation with 4-J School District, Leaders Circle

22-Oct SQ Wa’as Tomuwiwi language Class

26-Oct Fourth Budget Meeting

27-Oct Business Meeting

28-Oct Native Wellness Power Hour

29-Oct SQ Wa’as Tomuwiwi language Class

1-Nov GFORB Meeting

4-Nov White House Office of Intergovernmental Affairs Weekly Briefing (WH-IGA), Leaders Circle

8-Nov Virtual Native Talking Circles

9-Nov New Beginnings for Native Students, BOEM consultation

Total Hours 74
ATTENTION VETERANS AND FAMILIES
Veterans we need your help. Veterans are honored at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE
NORTHWEST WOOD PASSES
Now available at the Tribal Administration Building, Florence and Eugene Outreach offices.

Requirements are:
1. Must be a CTCLUSI Tribal member.
2. Must be over 16 years old. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fire areas. Area maps available.

CHANGES?
Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., either online at www.ctclusi.org/enrollment or mail to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or fax: 541-888-2833.

TRIBAL COUNCIL MINUTES
Full video available at www.ctclusi.org. You would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.

Upcoming Events

November 20th – Special Election: Council Compensation Vote ballots mailed out
December 12th – Regular Council Meeting
10:00 a.m.
December 19th – Special Election Day:
Council Compensation (see page 11)
December 21st – Winter Solstice Day
December 21st – Healthy Families Workshop:
Preparing for a New Year 6:00 p.m.
(flyer on page 17)
December 24th – All Tribal Government Offices
Closed in observance of Christmas Holiday
December 25th – Christmas Day
December 28th – COH Ladies Self-Care workshop
6:00 p.m. (flyer on page 9)
December 31st – All Tribal Government Offices
Closed in observance of New Year Holiday
January 1st – New Year’s Day
January 1st – New Year’s Peace Hike (Yachats)
January 31st – PRC Application for Health Services Deadline (Application at www.ctclusi.org)

Important Information about Upcoming Tribal Council Elections in April 2022

You must be registered to vote
Tribal Member Voters, please make sure you have a voter signature card on file. Visit www.ctclusi.org and login to the citizen portal to print and submit a voter signature card.

For more information or questions, please call the election Clerk Jeannie McNeil at 541-888-9577 or jmce neil@ctclusi.org

You must be registered to vote for any official Tribal elections.

Join a Committee
Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Christine Sylvester at csylvester@ctclusi.org. All letters of interest are kept on file for one year.

THE VOICE OF CLUSI
If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! –Morgan Gaines

Information

QUESTIONS OR SUGGESTIONS?
The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
ATTN: Tribal Council 1245 Fulton Ave.
Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST
If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7536. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

Changes to Council Meeting Guidelines
To practice safe social distancing guidelines, this meeting will be streamed online. Please login to the citizen portal of www.ctclusi.org and click Council Meetings for the zoom link to this meeting.

Agenda:
1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Chief Executive Officer Report
6. Federal Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
Chair Debbie Bossley Welcomes New CEO and has Special Announcement for Elders

To all Tribal Membership, with pleasure I would like to announce we have a new Chief Executive Officer, Lee Ann Wander, her first day in office was November 8th. She brings so much to the Tribe with knowledge and experience and we are looking forward to working with her. On behalf of Council I wish to thank Carol Jacobs-Kosht for her work as interim CEO since July 6th of this year. She helped us through recent transition in a positive direction. Her dedication over the years to the Tribe has been so appreciated. An all Government staff meeting was held to offer her a tremendous thanks and she was gifted a Pendleton Blanket from the Council on November 10th.

I wish to make you aware that due to no Fall Harvest Event this year, staff and departments have been working together and will be sending out Harvest Care Kits to members who wish to participate. These include tribal information and several family activities for you to enjoy. Also, the Tribes Holiday Event usually in December, will not be held again this year due to concerns of the safety of our members because of COVID. Christmas checks will go out this year as always and we will include an additional $50 Visa gift card for each family to assist in your own holiday meal and private gathering.

Finally I want to share that a Council decision was made, due to increased costs in our economy, nationwide, to increase the Elders Pension amount to $400.00 per month effective January 1, 2022. We hope that you and your families have a safe, healthy and happy holiday season.

Debbie Bossley, Tribal Council Chair

Vice Chair Julie Siestreem Shares More on the Coos Bay North Jetty Critical Repairs Project

On September 17, 2021 our Tribal Council was fortunate to participate with our DNR staff in an onsite in person meeting with the United States Army Corps of Engineers’ COL Helton and Portland District staff at the North Spit open sand dune /forested areas on the southernmost end of the series of dunes extending from Florence to North Bend/Coos Bay Oregon earlier this fall. This is an area familiar to all of us because we may have hiked, road horseback or, driven these roads for our own personal enjoyment and family activities over the years. While we bike and drive this journey now, our ancestors may have actually walked from the North Bend/Coos Bay area all the way to Florence!

We met and drove in one Tribal vehicle with the USACE staff who drove in one vehicle. We soon learned the challenges of the dry sandy roads. Our Tribal vehicle driven by Courtney Krossman one of our Tribal DNR staff was able to deal with the challenges better than the USACE vehicle. We helped the USACE group as needed to progress for us to all make the journey safely to the end of the road and beach areas.

COL Helton gifted the Tribe a 150th Anniversary coin that represents the enduring partnership and support for the Oregon and southwest Washington since 1871. The images of the fish, river, wilderness, dam (hydropower), mountain and the Corps castle all represent NWP’s missions. The NWP commander is authorized to present a commander’s challenge coin to employees, tribes, agencies and individuals throughout the region for exceptional service and partnership in creating an environment that benefits our region.

Chief Doc Slyter drummed and said a prayer when we reached the beach area. Tribal Council member Enna Helms, and Courtney Krossman, CTCLUSI THPO sang prayer songs while Chief drummed. Chief, DNR staff and Tribal Council discussed the current status of the area and, possible future plans.

Chair Debbie Bossley

Vice Chair Julie Siestreem
Hello Family and Friends.

I hope these words find you safe and well during these unprecedented times. As we recently observed Indigenous Day on October 11, 2021, this day brought mixed emotions. While Oregon is one of 13 states to officially recognize Indigenous People’s Day, it is hard to believe that not all 50 states recognize this day as such. Governor Brown signed HB 2526 and the Preamble states:

Whereas Christopher Columbus, a man who is known to have “discovered” the Americas, came upon land that was already inhabited by Indigenous People, his historically cited contributions being either inaccurate or facially not worthy of celebrating; and

Whereas Columbus’ voyage to the Americas opened the door to heinous crimes against humanity, including but not limited to the introduction of transatlantic slavery and genocidal acts against Indigenous People; and

Whereas the Indigenous People were promised security and protection but instead were forcibly relocated and their land seized to allow for settlements; and

Whereas the State of Oregon recognizes and acknowledges the traditional homelands of Oregon’s nine federally recognized tribal nations; and

Whereas the State of Oregon recognizes and acknowledges the significant contributions to this state of Oregon’s nine federally recognized tribal nations, as well as those of many Native Americans from tribal nations across the country, and commits to ensuring greater access and opportunity for continued contribution by Indigenous People; and

Whereas the State of Oregon has the opportunity and means to cultivate a community that honors and respects the diverse history of this land; and

Whereas the State of Oregon does not formally recognize Columbus Day; and Whereas it is appropriate to recognize the original inhabitants of the Americas: Indigenous People; and

Whereas the idea of Indigenous People’s Day was first proposed in 1977 by a delegation of Native Nations to the United Nations; and

Whereas the State of Oregon, upon adoption of this Act, would become the 11th state in the United States to formally recognize Indigenous Peoples’ Day; now, therefore,

Be It Enacted by the People of the State of Oregon:

SECTION 1. The second Monday in October of each year is designated as Indigenous Peoples’ Day.

SECTION 2. This 2021 Act being necessary for the immediate preservation of the public peace, health and safety, an emergency is declared to exist, and this 2021 Act takes effect on its passage

After attending the Native American Advisory Council meeting in September, there was mention of the Flag Ceremony taking place in October. However last year’s ceremony was postponed due to Covid, so this year was still dependent a few variables. Jason Younker (Asst. Vice President and Advisor to the President for Sovereignty and Government to Government Relations) and Katie Staton (Many Nations Longhouse Steward) reached out to Tribal Councils, and requested if possible a Tribal student and Tribal Council from each Tribe be represented at the Flag Ceremony. While traveling to Eugene I was lost in thought remembering conversations I had with past Tribal Members who are no longer with us. As we walked onto campus and met my oldest daughter (junior at the University) between her classes, we walked to the EMU. We met Jason, Katie, and also other faculty and members from the Sapsik’ʷałá Teaching Program and American Indian/Alaska Native Advisory Committee in an audience of around 100 people. We unpacked our flag and held it for pictures, while also being televised on the local news. It was humbling to take part in this ceremony with my wife and oldest daughter. I was very honored to represent our Tribes in the first Flag Ceremony that took place on Indigenous People’s Day. To represent our Tribes, but to also represent all those who came before us; who created the path we continue on and make positive strides moving forward. Time never seems to slow down, and as days go by, conversations turn to memories. However, we hold onto those memories tightly so we can keep moving forward in a positive direction. The relationships the Tribes have made, have allowed us to keep a seat at the table. Even if we weren’t invited, we are finding ways to pull up our chair.

Looking towards the holidays, please be kind to one another. In these stressful times, look out for each other. Hold your family close, and cherish the times you have with them. Growing up, I had very little loss that I could remember. Losing loved ones has become more accustomed as I have grown older. Now a days, it seems that loss is all. Mental health comes in many different shades and the need is growing at an exponential rate. As Indigenous people, we yearn for community, traditions, and culture, and our brains and bodies are tired from this Pandemic. Please know that there is always someone willing to hear you – and that all lives are valuable and precious. Here are a few ways to elevate your mood quickly: Listen to upbeat music, think about what is going well, give someone a hug (these days – elbow taps), declutter, take a walk around the block. Get a good laugh and allow yourself to vent (www.businessindier.com). We also want to take this time to thank all of our Veteran’s who have served or are currently serving in the armed services. We graciously thank you for your services and appreciate your role in making our country safe.

With respect and gratitude,
Councilman Josh Davies

Councilman Josh Davies
Have you survived a suicide attempt?
Your story matters.
We want to help you share it.

The Suicide Prevention Coalition of Lane County (SPCLC) is recruiting people who live in Lane County and have survived a suicide attempt to share their story. Participants in the project will work closely with a documentary photographer to create a photo story about life after an attempt. Participants will also record their story in audio format. The project will be shared with the public in galleries and other public spaces in Lane County as well as on a website upon completion in Spring 2022.

Participants must be 18 years of age or older, live in Lane County and have survived a suicide attempt to participate. The SPCLC is committed to representing diverse experiences about surviving a suicide attempt, with special care in supporting rural, BIPOC, Indigenous American, non-English language, LGBTQ+ and veteran participants to safely share their stories.

Please express your interest by completing the form online at https://www.lanecountysurvivorsproject.com/

The goals of this project are:
• To raise awareness about suicide and mental health by collecting stories that serve as examples of hope for people who may be experiencing similar struggles.
• To confront stigma around mental health and suicide by highlighting the lives of those who have attempted, survived, and continue to live, work and thrive in Lane County communities.
• To encourage people in a position to help others in distress to get involved in their care.

To participate complete the form online at https://www.lanecountysurvivorsproject.com/

Information provided by Doug Barrett, Alcohol and Drug Prevention Coordinator

Calling All Tribal Members

The Culture and Natural Resources Department is seeking Tribal Members raised between 1954 and 1984 (pre-restoration) that are interested in being interviewed to capture their oral histories.

Interviews can take place virtually over zoom or in person. For the protection of our Tribal membership and staff, in person interviews will follow the Social Distancing Guidelines as recommended by the CDC.

A small incentive will also be provided as a thank you.

For more information and/or to sign up, please contact:
Courtney Krossman (541) 888-7547 or ckrossman@ctclusi.org
or Jesse Beers @ (541) 297–0748 or jbeers@ctclusi.org
or Ashley Russell (541) 888-7511 or arussell@ctclusi.org

Winter Solstice Kits

While the COVID-19 pandemic may still be limiting our ability to gather together, we are still thinking of you and your families. In lieu of gathering, we are sending out Winter Solstice kits to Tribal households.

Winter Solstive kits are limited, so they will be available on a first come first served basis while supplies last.

Thank you for your understanding that supplies are limited. These kits are provided by a number of departments at Tribal Government and funded by their departmental grants and resources.

Apply online at www.ctclusi.org

For more information, please contact Ashley Russell at arussell@ctclusi.org or 541-888-7511
Winter Solstice

Contribution by Patricia Phillips, Tribal Linguist

The cycle of the seasons was important to our ancestors. They watched the phases of the moon, annual cycles of movement of the sun and stars, the seasonal flowering of different plants. In this way they noted the seasons to go harvest camas, when to expect various fish runs, and all other important seasonal activities. One way of tracking time was by counting days with bundles of sticks. For each day, one stick was removed from the bundle.

As a part of this knowledge our ancestors marked the Winter Solstice, which this year falls on December 21. The winter solstice is the day when the sun appears at its lowest, southernmost point on the horizon, has the shortest hours of daylight and longest hours of night. After the winter solstice, the daylight hours begin to lengthen again (until the summer solstice in June). The winter solstice was called ‘when the sun goes back/returns’; io tk'alis biinats’ and q'wole’es biinats’ in Hanis and Miluk Coos respectively. I think the name may be the same for the summer solstice as well when the sun returns. Annie’s friend Agnes Johnson (Hanis) once remarked that both solstices were noted and recognized the north and south motions of the sun over the course of the year.

The word for ‘return’ that Annie uses here, biinats’, is interesting. The verb appears several times in the Miluk texts, but only appears in the form biinats’ in Hanis with the phrase for solstice, tk’alis biinats’. In Miluk the root for ‘return’ is bil- and does appear in other constructions, such as biltsilm-return it to me! Now in Hanis, there is a verb that appears as pii(x)- or bii(x)-and it means to go home. (In Miluk, “to go home” is wos-). However, no other instances of pii(x)-/bii(x)- as biinats’.

Alas, a term or phrase for solstice was never recorded in the quiuich dialect. There are a couple of different verbs that mean ‘to return’, chiin- xwiitl’-. So we could construct a phrase like tsilix(a) chiin or tsilix(a) xwiitl’atl’ for ‘sun returns’.

Annie Miner Peterson was the only person from our tribes that left a record of a solstice dance, and she had never seen the dance herself. She had only heard a description of it from her mother. According to Annie, there was a dance held at night. The adults all wore what she described as ‘ugly masks’ which were made of:

...dried deer heads...[or] sewed-together eel skins; or of half or less of salmon skin. The skin would be fastened over the head.... Some may have on a dried wild cat head. Mrs. P. thinks all the dancers, men and women both, have masks. Some women weave maple leaves for garments (cape and skirt) for just this dance, or ferns are made in a cape and skirt for this dance. The men wear a hide (wild cat, panther, deer) of some sort with fur on, for this dance. (Jacobs notebook 93, page 101).

Unfortunately that is all Annie Peterson learned of the dance from her mother. The meaning behind the masks and the dance is now lost. However it is illuminating to note that many northern cultures celebrate Winter Solstice as a time that symbolizes death and rebirth. The sun appears to come near death as it reaches its nadir at the solstice, but then it appears to return to life as after the solstice it climbs higher in the horizon and the hours of daylight lengthen. Many cultures had feasts or religious ceremonies to help (in their view) bring the sun back to life. Perhaps this dance also held a similar meaning for our ancestors.

Cedar Deer

Soak all of the cedar pieces in warm water for approximately 2 hours or until bendable. Keep them damp as you weave. (A spray or mist bottle works best.) Follow illustrations A through M, making sure to weave tightly.

To finish the cedar deer, refer to Illustration N. Bend cedar piece #1 behind #3. Cut off excess cedar, leaving a long enough piece to tuck under a weaver in back. Bend cedar piece #2 behind #1. Cut off excess cedar, leaving a long enough piece to tuck under a weaver in back. Bend cedar piece #3 behind. Cut off excess cedar, leaving a long enough piece to tuck under #2 weaver in back. Cut the 4 deer legs to ~ 3 inches from the body. Cut at an angle for tail, about 1 inch from the body. Cut the 2 ears to a point, 3/4 inch from head. See photo. Note: variations in cutting tail, legs, and ears or antlers creates a doe or stag. Be creative!

Trim and cut antlers, hooves, and tail. For antlers, cut them vertically part way down the center, and then while wet, curl them over a pencil. Some like to cut them vertically in half part way and then fold each down at different lengths.

Decorate with ribbon if desired. For hanger, slip a thin ribbon through one of the cedar pieces on the deer’s back and tie ends together to create a loop.
Hello! Some of you may know me but for those that don’t my name is Meagan Davenport. My previous role serving CLUSI was as The Family Services Program Assistant, assisting the Family Services Department in many ways. More recently, I was given the opportunity to come on board as The Health and Human Services Program Assistant. The role is similar although this time around I will also be assisting with the Fitness and Nike Shoe Program. Life has changed a little for me and during my time away I welcomed my daughter into the world. She has just turned two and keeps us laughing and very busy. We love to read books, play ball, walk our dog and play at the park. I am very grateful for the opportunity to serve the Tribe once again, and am looking forward to growing in this role.

Are You in Need of Childcare?
If you reside in the five-county service area contact the Childcare Development Fund (CCDF) Program. Tribal member who work, attend a work training, attend school and/or attend an outpatient drug or alcohol treatment program for 10-40 verifiable hours a week qualify for the CCDF Program. Call us to apply! Contact Meagan Davenport at mdavenport@ctclusi.org or call 541-888-7509

Hello! I am Carissa Doyle and I am excited to be working with CTCLUSI individuals and families. I was born and raise on the coast and graduated from North Bend High. I have two children and an amazing husband who keep me busy in my off time. We are a sports family and we enjoy spending time in the outdoors when we have the opportunity. I am a person who loves to laugh and often finds comfort in a good book. I have great love of people and have been in the field of social work for over 9 years in many different capacities and am excited for this new role.

LIHEAP
Low Income Home Energy Assistance Program
PROGRAM UPDATE!
Eligible households no longer need to reside within the Tribe’s five county service delivery area to be eligible; however, households must reside within the State of Oregon. The Health and Human Services Division continues offering Heating or Cooling assistance for qualifying low income households. To receive assistance contact the Health and Human Services Division or fill out an application on the CLUSI website at https://laserfiche.ctclusi.org/forms/LIHEAP.

To qualify, your annual household gross income must be at or below the following income limits:

<table>
<thead>
<tr>
<th>Family Size</th>
<th>Income Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Person Family</td>
<td>$27,805</td>
</tr>
<tr>
<td>2 Person Family</td>
<td>$36,361</td>
</tr>
<tr>
<td>3 Person Family</td>
<td>$44,316</td>
</tr>
<tr>
<td>4 Person Family</td>
<td>$53,472</td>
</tr>
<tr>
<td>5 Person Family</td>
<td>$62,028</td>
</tr>
<tr>
<td>6 Person Family</td>
<td>$70,583</td>
</tr>
</tbody>
</table>

In order for your application to be processed and determine qualification you must provide:
- Proof of Income (Pay Stub)
- Social Security Card
- Copy of your utility bill
- SSI or SSDI Statement of Benefits
- Tribal Enrollment Card
- Child Support Statement
- Oregon Trail Card
- Current Oregon Health Plan Card

No appointment is necessary as Tribal Households can fill out the application online at [https://laserfiche.ctclusi.org/forms/LIHEAP](https://laserfiche.ctclusi.org/forms/LIHEAP), or you contact a Health and Human Services staff member to assist you at 541-888-6109. If you have any questions regarding the LIHEAP program, please contact Shayne Plata at 541-207-3450.

Need A Ride?
If you are in the five county service area and need public transportation assistance, please call Kathy Perkins at 541-888-9577 ext. 7550 or email kperkins@ctclusi.org. If you are in Coos County, CAT services are FREE for all CTCLUSI Tribal Members. This includes all of the public services, other than their demand response/ Dial-a-Ride.

1. Tribal Transit Service
   A. Purpose
   To provide members of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians (CTCLUSI) the transit services needed to access employment, education, health care and social/ recreational opportunities.
   B. Eligibility
   1. Medical transport via Health Services Division Medical Transportation (HSD) see current HSD policy
   2. Medical Transport via Tribal Transit Service (TTS)
      a) Be an enrolled Tribal member; or Tribal member spouse or Tribal member step or adopted child
      b) Have no means of reliable transportation
   3. Non-medical transport
      a) Be an enrolled Tribal member, Tribal member spouse, or Tribal member step or adopted child;
      b) Complete a (TTS) request form;
      c) Have no means of reliable transportation
   C. Program Elements
   1. There are four major services:
      a) Medical transports
      b) Transports to Tribal Program or Event Location and back.
      c) Have no means of reliable transportation
      d) CTCLUSI will provide transportation to eligible persons on a first-come first-served basis. Eligible persons must provide at least 48 hrs. notice of the need for transportation. Transportation services are not guaranteed; however, if transportation by (TTS) is not available, TTS will attempt to make alternative transportation arrangements for eligible persons. A parent or guardian (with the exception of Tribal Youth Program Activities) must accompany all transported persons under the age of 18.
   2. In the event that Tribal transport is unavailable, TTS will aid in alternative transportation.
   Public transportation bus tickets/passes can be provided in the 5 county service area of Lane, Lincoln, Curry, Douglas, and Coos county. Door to door transportation is limited to Coos County at this time.
   Contact: Kathy Perkins - kperkins@ctclusi.org or call 541-888-9577
Hello, I’m Kathy King, the Circle of Healing Coordinator. I was born and raised in Southern Oregon and spent time visiting family in Coos and Curry counties throughout my childhood. Some of my favorite memories are playing on the beautiful beaches and exploring the forests and rivers. Work and volunteering have led me to many interesting places including Hawai’i where I worked as a Justice Advocate in Family Law and Domestic Violence for Project Kau’ike on the Big Island through the AmeriCorps program. I’m a graduate of Southwestern Oregon Community College, earned a B.S. from Oregon State University, and an M.S. from Western Oregon University. I enjoy hiking, camping, gardening, and am slowly (very slowly, ha!) learning to play the ukulele.

Kathy King,
Circles of Healing Coordinator

Safety Planning: An Integral Part of Seeking Safety for Yourself and Others

Contributed by Kathy King, Circles of Healing Coordinator

Many people have experienced or know someone who has experienced domestic violence and/or sexual assault. A safety plan is a personalized plan unique to the victim who is seeking to increase their level of safety in their current situation and/or preparing to leave a violent situation. A safety plan may include various forms of safety such as safety during a violent situation, safety when preparing to leave, safety with a restraining order and many others depending on the victim’s needs. Generally, a safety plan includes a checklist of items that should be taken with the victim when they leave the abusive situation. That will often include legal papers, such as restraining order, rental agreement, insurance cards, and various identification such as birth certificates, social security cards, driver’s license, and other valuable items such as car and house keys, medications, photos, clothing, and hygiene items. Often times the victim may give money, items or documents to a trusted friend, caseworker or family member to safeguard during their transition. Helping a victim create a safety plan assists them in evaluating their needs, creating a checklist of important items, and understanding what people, items and places are crucial for their safety. The basics of a safety plan should assist the victim in knowing their resources and taking steps to plan for minimizing your risks and promoting your safety. If you would like to have a confidential conversation about safety planning for you or a loved one, even if that person is not willing to separate from the situation, feel free to call Kathy at the Circles of Healing program at 541-435-7158.

Domestic Violence Resources:

National Domestic Violence Hotline:
Call 1-800-799-SAFE (7233)
or 1-800-787-3224 (TTY).

Domestic Abuse Helpline for Men & Women:
Call 1-888-7HELPLINE (1-888-743-5754).

The National Teen Dating Abuse Helpline:
Call 1-866-331-9474 or 1-866-331-8453 (TTY).

LADIES SELF-CARE

Come join us for a Zoom Class
We will make beaded key chains.
Materials will be provided for pick up or mail in advance.
Open to all women, limited to 20 to allow for questions as we work together on Zoom.

Tuesday, December 28, 2021 @ 6:00 P.M.
For more information or to RSVP please call or text Kathy King at 541-808-8152.
RSVPs kindly requested by Tuesday, December 14.
Sponsored by the Circles of Healing Program CTCLUSI Health and Human Services Division

Circles of Healing
If you are experiencing issues related to domestic violence, sexual assault, dating violence, stalking or human trafficking, the Circles of Healing program is here to help. We offer confidential advocacy, safety planning, support groups, and other support services. For information or services, please call our program at 541-435-7158.
consultation policies to continue to work/collaborate and engage with Indian tribes on a government-to-government basis, to address issues concerning tribal self-governance, tribal trust resources, tribal treaties, and other rights and to strengthen the government to government relationship between the United States and Indian tribes. This enhances the intended principle to increase transparency and improve engagement participation and collaboration with key groups.

**Benefits of early engagement with tribes prior to implementation of projects:**
- Shows respect of rights of sovereign tribal governments.
- Shows that the respective agencies are fulfilling the shared trust and responsibility of consultation and coordinating efforts in a respectful manner.
- It is an open and free exchange of information and opinion among parties, which leads to mutual understanding and comprehension. It is essential that consultations are open and transparent so that tribal governments can evaluate for themselves the potential impact of proposed policies and projects.
- The tribes have a seat at the table early on in the planning phases of projects.
- Provides the Tribe opportunity to share traditional ecological knowledge on protection of resources of significance to the tribe and to avoid the potential impacts of the proposed policies and projects.

**C o m m u n i c a t i o n Process:**
Face-to-face discussion is the preferred and most meaningful formal method. However, in the last two years, consultation procedures have shifted due to the challenges caused by the COVID-19 pandemic. Many agencies have adjusted to using modern virtual technology, such as conducting meetings via Zoom and Microsoft Teams, among other platforms. These methods are stop gap measures and should not take the place of physical, face-to-face meetings. In only some instances, CTCLUSI has made exceptions where it seems feasible to meet in person.

**Examples of key recent consultation meetings**
- Coos Bay North Jetty Critical Repairs Project: The Tribal Council met with the United States Army Corps of Engineers, Portland District (USACE) virtually on 6/27/21. The purpose of the consultation was to discuss the Memorandum of Agreement regarding the planned critical repairs to the Coos Bay North Jetty to maintain stable deep-draft navigation through the entrance to Coos Bay. This was followed by a site visit on 9/17 between the two agencies whereby the impacts of the proposed undertaking were discussed. The participants included Colonel Holton and Portland District staff and CTCLUSI Chief Doc Slyter, Chair Debbie Bossley vice Chair Julie Siestreem, Enna Helms, and Department of Natural Resource director Roselynn Lwenya and THPO Courtney Krossman.

**Off shore wind energy:** On 11/9/21, the CTCLUSI consulted with U.S. Department of the Interior, Bureau of Ocean Energy Management (BOEM). This was a consultation meeting under Section 106 of the National Historic Preservation Act (NHPA) and development of a programmatic agreement (PA) for Section 106 review related to wind energy activities offshore Oregon. Among the topics discussed included:
  - Overview of Oregon Offshore Wind energy, planning and BOEM National Environmental Policy Act (NEPA) Process
  - Section 106 NHPA PA
  - West Coast Tribal Cultural Landscapes study
  - Potential cultural resources concerns, including for potential impacts to CTCLUSI’s Q’alya Ta Kukwis Shichdzi Me Traditional Cultural Property (TCP)

The participants at the meeting included: Doug Boren, BOEM Pacific Region; Director Parker McWilliams, BOEM Pacific Region Tribal Liaison; Whitney Hauer, BOEM Renewable Energy Specialist & Oregon Task Force Rep; David Ball, BOEM Pacific Region Historic Preservation Officer. The CTCLUSI Tribal Council: Vice Chair Julie, Doug Barrett, Enna Helms; DNR Staff Courtney Krossman and Roselynn Lwenya, Tribal Elder David Petrie, legal counsel Rick Eichstaedt (Wheat Law Offices) and CTCLUSI Tribal consultant, Margaret Corvi.

If you have any questions or comments regarding consultation, please contact Roselynn Lwenya, at rlwenya@ctclusi.org.
**Pediatric COVID-19 Vaccination (Pfizer): 5-11-Year-Old**

By Harry Brown, MD. (11/03/2021). Indian Country COVID-19 ECHO Presentation

Contributed by Kristy Petrie, CTCLUSI Community Health Nurse

CTCLUSI and Providing Vaccine: CTCLUSI will be working with the Coquille Tribes, Ko-Kwel Wellness Center to provide the pediatric COVID-19 vaccine to the 5-11-year-old population. The Pediatric COVID-19 vaccine was found to have a 90.7% efficacy (effective) against COVID-19 at least 7 days after the second dose. There will be an auto-dialer and information put on the CTCLUSI website to help parents schedule. The Coquille are strategizing a clinic in December. If you would like your child to get a vaccine sooner, check with your child’s Pediatrician to see if they are offering the vaccine.

**Vaccine Information:**

On November 2, 2021, the Advisory Committee on Immunization Practices (ACIP) recommended use of Pfizer COVID-19 vaccine in ages 5-11. It is important to know that the 5-11 Pfizer and the 12 years of age and up have different formulations and injection volume. Below is an image that describes the difference between the two formulations.

**Formulation for Pfizer-BioNTech COVID-19 Vaccines**

- **Children and COVID-19**
  - 28.7 million children age 5 to 11 in the US
  - 1.9 million reported cases of COVID-19

- **Formulation for 5-11-year-olds (orange cap)**
  - Age group: 5-11 years
  - Formulation: 5-11 year-olds
  - Injection volume: 0.2 ml
  - Amount of diluent: 0.85 ml
  - Dose (per child): 0.5 ml
  - Dose (per vial): 10 (after dilution)

- **Vaccine dose and formulation for this age group is different from the dose and formulation for age 12 and above**

- **Side effects**
  - Injection site Pain: 71%
  - Fatigue: 39%
  - Headache: 28%
  - Myalgia: 7%
  - Fever: 5%

**Key Points:**

- Pfizer-BioNTech vaccine shown to be safe and effective in the 5 – 11-year-old age group
- Risk-benefit analysis seems to favor benefit
- Vaccine dose and formulation for this age group is different from the dose and formulation for age 12 and above
- Vaccinating this age group has positive individual and public health implications
~ Tribal Elders Walk On ~

Henry “Skip” Brainard

Henry “Skip” Milton Brainard – Son of Emil and Grace Brainard, entered the world with a bang being born on July 4, 1948. He was 7 of 8 siblings in a close and caring family and was raised in Deadwood, Oregon. Skip never forgot his roots. He served in the US Army as part of the Defense Communication Agency, making rank to E-5. He served 3 years in the Army at a time in history when it wasn’t popular to do so, but it was his choice. Honorably discharged after serving 3 years; he returned to Eugene to settle down and raise his family. He married Grace and had 2 children of his own, Henry (Kip) Brainard and Taunya Turner. Skip and Grace were married 53 years. Skip was a phone company employee for 35 years, before retiring. He never retired from being a die-hard Duck fan. Skip enjoyed being a loving and giving grandfather to 4 grandchildren, Brandon Hepner, Kailyn, Shawn and Angelina Brainard. Skip was always giving of himself from walking sticks to looms. He always was giving back to his tribal and immediate family. It is with overflowing hearts and gratefulness for him, we say that he began his next journey on August 8, 2021. Forever missed, always with us, fly with the ancestors.

Richard “Dick” Ellefsen

On October 12th, 2021, Richard “Dick” Ellefsen walked on after a short battle with congestive heart failure. He was 89, just two months shy of his 90th birthday. Dick was a proud member and tribal elder of the Coos Indians. Dick was born on 12/15/1931 to Nelson and Daisy Ellefsen and grew up in Coos Bay, Oregon. He attended Marshfield High School, then Santa Rosa Junior College. With the start of the Korean War, he served proudly in the US Air Force from 1951-53, stationed mainly at Fort Hamilton in Brooklyn.

After leaving active duty, Dick received his bachelor’s degree from San Jose State University, then went on to earn a Master’s from Clark University (Worcester, MA) and a Doctorate in Geography from the University of California at Berkeley. In June, 1954, he married Arlene Carlson. After spending a year in India, they raised three children (Eric, Karen, and Wendy) and settled in San Jose. In 1960, Dick joined the Geography faculty at San Jose State University where he taught for 40 years.

Always believing that work and life are one and the same, Dick continued to work until age 85 as a consultant and researcher, conducting research for a wide number of governmental agencies and private corporations. He also enjoyed golf, hiking, cycling, running, traveling, and photography. On their honeymoon in 1954, Dick and Arlene bicycled over 4,000 miles from Santa Rosa to New York.

Arlene, his wife of 62 years, walked on before him in 2016. His remaining family include son Eric (Lile), daughters Karen and Wendy (Guy), grandchildren Evan, Garret, Miles, Annalise and Carson, sister Lynn, niece Cathy (Jim), nephew Chris and aunt Connie. After Arlene’s passing, Dick moved to Indian Wells, CA, and then to Phoenix, AZ. Dick Ellefsen was a wonderful father, husband, teacher, colleague, researcher, and friend.

We will be holding a Celebration of Life for Dick in the spring of 2022. Contributions can be made in his name to the USO.
Elders Corner

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. Elders will be contacted by Kimmy Bixby of Community Health Services with information for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. Thank you Elders!

Contributed by Kimmy Bixby, Community Health Aide

Diane Cline

Coos


Proudest Accomplishments:

- 40 years of marriage to her husband, Van.
- Raising their children to be kind, loving, fun, respectful and responsible adults who have become great parents.
- Winning the gold medal at the 2012 Jim Thorpe Native American Games for Women’s Doubles.

Bucket List:

- After experiencing the pandemic and realizing just how important family is, Diane wants to spend as much time with family as possible, near or far.
- Travel to Italy
- Take some road trips in the US to new, interesting and beautiful destinations.
- Learn to knit

Favorite Hobbies:

- Tennis
- Gardening
- Photography

Favorite Saying:

“Let’s do it!”

Welcome New Tribal Elders

Freddie Lott

Richard Parrett

Bradley Kneaper

Siuslaw

- Family members I would like to mention include my Grandmother Dorothy Kneaper; my Grandfather Bob Kneaper, whom I spent a lot of time with hunting and fishing when I was younger; my Dad Jim Kneaper; my uncles Bob Kneaper, Jr. and John Kneaper, whom I always looked up to; my cousin Linda Lydick and her husband George, who’ve selflessly sacrificed so much to take care of family members who because of age or illness have needed a great deal of help.

Proudest Accomplishments:

- My two kids, Jason Kneaper and Amanda Skipper, as well as my grandchildren, Caitlin Skipper, Haylee Skipper, Bailey Skipper, Ava Skipper, Evan, Kneaper and Ashleigh Spreen, and my stepchildren Mariah Bone, Debbie Maxwell, Sarah Maddock and Brian Whitney.
- Having had the opportunity and privilege to work for my Tribe and to be able to build the Tribal Police Department to serve the Tribe and Tribal Community.
- Having played a part in getting state law changed to recognize Tribal Police, which resulted in full authority authorized to any other State, County, and City police agency.

Bucket List:

- Survive until retirement and be able to do the things that I enjoy doing, which I have successfully accomplished.
- Serve on Tribal Council in the future so that I can continue to serve the Tribe and represent the Tribal Community.

Favorite Hobbies:

- Exploring remote, seldomly visited areas of Oregon as well as other states; seeing the history for myself; exploring places like Ghost towns and abandoned homesteads.
- Camping and Hiking, which I plan to spend more time doing now that I’m retired.
- Spending more time with family.

Favorite Saying:

“Probably not something that should be in print!”

Important PRC Application Deadline

The Purchased and Referred Care department is now accepting applications for the Purchased/Referred Care (PRC) program for FY2022. You must submit a new application each year for each PRC-eligible Tribal member in your household. This year, the deadline for applications is Monday, January 31, 2022.

You can apply online at www.ctclusi.org. You will see a link at the bottom of the home page that will take you to the online form (or look under Member Services, Purchased and Referred Care). Please be sure to upload the front and back of your insurance card to ensure we have the most current information.

You must complete a separate form for each PRC-eligible family member. Please call PRC at (541) 888-4873 or (800) 227-0392 to have a hard-copy application mailed to you or with any questions.
Contributed by: Armando Martinez, Community Health Aide, By: dolthing.com

Being prepared for disasters and emergencies can seem like a big job. Many people don’t know where to start, so they never start at all. With Do 1 Thing you can take small steps that make a big difference in an emergency. Do 1 Thing is a 12-month program that makes it easy for you to prepare yourself, your family, and your community for emergencies or disasters.

**First Aid**

**THE GOAL:** Be prepared to give first aid while waiting for an ambulance.

An emergency can happen at any time and in any place. Many public places have a first aid kit, oxygen, or an AED (automated external defibrillator) to treat people. These items can only save lives if someone knows how to use them. Actions you take in the first few minutes after an injury or other medical incident may save someone’s life.

1. **Choosing one of the following things to do this month to become better prepared:**

   - **Make or buy first aid kits for your home and car.**
   - **Take training in first aid, CPR, AED, or pet first aid.**

**THE MISSION OF DO 1 THING IS TO MOVE INDIVIDUALS, FAMILIES, BUSINESSES AND COMMUNITIES TO PREPARE FOR ALL HAZARDS AND BECOME DISASTER RESILIENT**

**Small steps toward being prepared for an emergency**

- Call 911 instead of trying to take an injured or ill person to the hospital yourself. It seems like waiting for an ambulance will make it take longer to get help, but ambulance crews can start providing care as soon as they arrive. They can get the patient to the hospital quickly, legally, and more safely.
- Stay on the line with 911 and follow emergency instructions.
- Stay calm and try to keep the patient calm.
- Don’t move a patient who was injured in an automobile accident or fall, or who was found unconscious.
- Don’t give an injured person anything to eat or drink (unless instructed by the 911 dispatcher).
- Have someone watch for the ambulance and show the crew how to get to the patient.

**U.S. Department of the Interior**

**Secretary Haaland Announces Interagency Effort to Protect and Increase Access to Indigenous Sacred Sites**

Secretary Deb Haaland today announced a new interagency initiative to improve the protection of and access to Indigenous sacred sites through enhanced and improved interdepartmental coordination, collaboration and action. The announcement comes on the second day of the Biden-Harris administration’s first Tribal Nations Summit.

A new Memorandum of Understanding (MOU), signed by eight agencies, will increase collaboration with Tribes to ensure stewardship and access to sites, and incorporate Traditional Ecological Knowledge into management, treatment, and protection procedures. Today’s announcement builds on an MOU originally executed in 2012.

“Since time immemorial, the Earth’s lands and waters have been central to the social, cultural, spiritual, mental, and physical wellbeing of Indigenous peoples. It is essential that we do everything we can to honor the places that hold historical, spiritual or ceremonial significance,” said Secretary Deb Haaland. “The Interior Department is committed to protecting these sacred sites from desecration, while at the same time collaborating with Indigenous communities to increase access and ensure good stewardship of their lands.”

The MOU commits participating agencies to work together and consult with Indian Tribes and Native Hawaiian organizations and spiritual leaders in developing and implementing actions to improve the protection of and access to Tribal, Alaska Native, and Native Hawaiian sacred sites. Newly identified goals also include, but are not limited to:

- **Establishing an interagency working group to enhance interagency collaboration and coordination;**
- **Integrating consideration of sacred sites early into the decision-making, regulatory, and consultation processes to ensure that agency actions acknowledge and honor the importance of sacred sites; and**
- **Enhancing public outreach that focuses on the importance of maintaining the integrity of sacred sites and the need for public stewardship to protect and preserve them.**

In addition to the Interior Department, the signatory agencies are the U.S. Departments of Agriculture, Transportation, and Energy, the Environmental Protection Agency, the White House Council on Environmental Quality, the Advisory Council on Historic Preservation, and the Tennessee Valley Authority.

Federal agencies are responsible for the management of millions of acres of federal lands and waters, including many that contain culturally important sites held sacred by Indian Tribes, Alaska Native, and Native Hawaiian organizations. Many of these sites occur within a larger landform and can include geological features, bodies of water, archaeological sites, burial locations, traditional cultural properties, plant communities and stone and earth structures.

https://www.doii.gov/pressreleases/secretary-haaland-announces-interagency-effort-protect-and-increase-access-indigenous
Sign up for Healthy Family Workshops!

Join us for our last workshop of the year!

Preparing for a New Year: Setting and Achieving Personal & Family Goals
Tuesday, December 21, 2021 6-7 pm

These workshops are free for Tribal households! You may sign up for one or all of them.
Whether you want to learn something new, get motivated, stay motivated or set goals for yourself, these workshops are an excellent way to engage with experts on a variety of topics.

We encourage health and wellness for the entire Tribal community.

To RSVP Contact Carol Ann Young 541-435-7159

BLUE EARTH BOARD MEMBERS NEEDED

If you are an Enrolled member of CTCLUSI and are interested in becoming a Blue Earth Board Member please submit a Letter of Interest and Resume, including any business experience and/or qualifications to Christine Sylvester 1245 Fulton Ave. Coos Bay, Oregon 97420 or email csllyvester@ctclusi.org or call (541)888-7532

Careers START HERE
CURRENT JOB OPPORTUNITIES

Three Rivers Casino Resort (Florence)
Supervisor - Food & Beverage
Bartender ~ Barback ~ Cocktail Beverage Server
Food & Beverage Lead ~ Busperson
Food Court Runner/Dining Room Attendant
Food Court Cashier/Barista ~ Food Court Outlet Lead Cook
Line Cook TDR Staff ~ Night Cook/Cleaner ~ Dish Machine Operator
Food Court Outlet Lead Cook ~ Food Court Outlet Cook
Hotel Front Desk/PBX Clerk ~ Guest Room/Laundry Attendant
Supervisor – RV Park/Guest Services Attendant
Supervisor – Table Games ~ Table Games Dealer
Slot/Keno/Bingo Attendant
Environmental Services Technician 1
Banquet & Events Coordinator ~ Special Events Team Member
Players Services Representative ~ Soft Count Team Member
Information Technology Technician II
Security Officer 1

Three Rivers Casino Resort (Coos Bay)
Security Officer 1
Maintenance Technician II
Environmental Services Technician 1
Bartender/Server
Line Cook
Electronic Gaming Machine Team Member Lead
Electronic Gaming Machine Team Member
Player Services Representative Dual Rate Main Bank
Player Services Team Member

(jobs updated daily)
RED means not actively interviewing, offer pending
Updated 11/17/2021

Apply online at threeriverscasino.com/careers or call us today at 541.902.6648
Education Corner

DID YOU SIGN UP?

We still have Chrome Books in stock—if you haven’t received yours sign up now. Must be CTCLUSI ENROLLED

School Supplies Gift Cards: For All Students K-12 living in a CTCLUSI house hold. Please fill out the back to school form.

Link addresses listed below. You can also contact us;

Josh Davies Education Director—541-888-1314
Karen Porter Education Specialist—541-888-1315
Eriq Acosta Education Specialist II—541-888-1318

Chrome book;
https://laserfiche.ctclusi.org/Forms/HousingCOVIDEmergencyAssistance
School Supplies Gift Card;
https://laserfiche.ctclusi.org/Forms/ED-Back-To-School-Form

Tribal Member parents - Please join our Education Facebook page if you have students in grades K-12.

Higher Education Students are highly recommended to join as well.
Scholarships, internships, job announcements, and other key educational information shared

Join: CTCLUSI Education News

CTCLUSI HIGHER EDUCATION STUDENTS

FAFSA REMINDER—
The first day to submit for the 2022-23 school year was Oct. 1, 2021. Why should you care about the first day? Many schools award their financial aid money within weeks (or days) of the FAFSA opening. So even though the deadline isn’t until June 30, 2023, this is your chance to get your paperwork in order so you can be first in line for financial aid.

HTTPS://STUDENTAID.GOV/H/APPLY-FOR-AID/FAFSA

OSAC
OSAC Homepage
https://app.oregonstudentaid.gov/
OSAC 2022-2023 Scholarship Catalog

Ford Family Foundation
Scholarship Programs
https://www.tfff.org/program-areas/postsecondary-success/scholarship-programs

Fastweb
Scholarships for the Class of 2022
https://www.fastweb.com/college-scholarships/articles/scholarships-for-the-class-of-2022
Scholarship Search
https://www.fastweb.com/college-scholarships

Scholarships.com
High School Scholarships
ATTENTION TUTORS

If you are interested in tutoring Tribal students please contact the education Department.

Please FILL OUT THE LASERFICHE FORM AT; https://ctclusi.org/education/

Josh Davies Education Director 541-888-1314
Eriq Acosta Education Specialist 541-888-1318
Karen Porter Education Specialist 541-888-1315

All tutors and tutoring services will be virtual at this time due to the COVID Virus.

THANK YOU FOR YOUR UNDERSTANDING DURING THESE DIFFICULT TIMES!!

New Beginnings for Tribal Students wants to hear from CTCLUSI.

The New Beginnings for Tribal Students (NBTS) grant program at Oregon State University and Southwestern Oregon Community College would like to hear input from our CTCLUSI partners. The goal of the grant is to increase Native American undergraduate student success and meaningful career development. We do this through supporting students in experiential learning internships in natural sciences. The grant provides financial incentives and trained mentors for participating students. (More information below.)

NBTS Program Managers would like to share how the first year of the program has gone, hear about your own experience with higher education that might help youth today, and gain your input on the program overall. We’ll also be inviting you to help us with upcoming youth education events.

NBTS PRIMARY PROJECT COMPONENTS:
Supplemental financial support to Native American, undergraduate college students enrolled at OSU or SWOCC in natural science programs.
$2,000 per student for summer internships (10 OSU interns / 5 SWOCC interns per year)
Scholarships to a subset of these interns
Annual Cultural Awareness and Mentoring workshops for all participants, committee members and mentors with the goal of fostering culturally competent mentorships and cross-cultural learning for all.

PROJECT COMPONENTS SEEKING INPUT:
Pre-college camp increase access and interest in higher education
SWOCC Native American Student Alliance activities
Mentor training
NBTS Evaluation and adaptive management

For more information contact:
Josh Davies, Education Director CTCLUSI, jdavies@ctclusi.org
Resolution Summaries

RESOLUTION NO: 21-060
Date of Passage: July 11, 2021
Subject (title): Administration for Native American Non-Competitive Grant Application
Explanation: The Tribal Council approves this request to apply for non-competitive funding to develop Tribal language repository and develop protocols and procedures to preserve language.
Vote 7-0-0

RESOLUTION NO: 21-061
Date of Passage: July 11, 2021
Subject (title): Comprehensive Economic Development Strategy Plan (CEDS)
Explanation: Tribal Council approves the request of the Planning Department to contract with the selected bidder to prepare a Comprehensive Economic Strategy Plan for CTCLUSI.
Vote 7-0-0

RESOLUTION NO: 21-062
Date of Passage: July 11, 2021
Subject (title): Memorandum of Understanding between the Tribe and Coos County Community Corrections
Explanation: The Tribal Council approves the MOU with Coos County Community Corrections to collaborate with the Tribal court on providing services to Tribal Members served by Coos County Community Corrections and/or participating in Wellness Court and/or Peacekeeping Court.
Vote 7-0-0

In this public record, some Resolutions’ titles and explaining will not be displayed or will display minimal details due to confidentiality.

Small Changes, Big Results; Healthy Baking: Black Bean Brownies

Contributed by Kristy Petrie, CTCLUSI Community Health Nurse

Monday, September 20th, 2021, CTCLUSI’s Health Department hosted a healthy baking class funded by the Special Diabetes Program for Indians (SDPI) grant. The SDPI grant only covers the five-service area (Coos, Curry, Lincoln, Lane and Douglas) with incentives/materials. We encourage tribal members and family members who are interested in programs we offer to participate. Please keep an eye out for upcoming activities advertised in the newsletter and/or Facebook. Mark Petrie and I recorded how to make black bean brownies, and made some fun layered gifting jars. This idea is perfect for the upcoming holiday seasons. Ashley Ruszel, in the Department of Natural Resources has a copy of this recording, along with other projects CTCLUSI staff members have done throughout the many months. Tribal Member participation in events like this helps to keep these grants funded.

When hearing black bean brownies, doesn’t it sound weird? The black beans are blended in with other ingredients, and once cooked, you can’t taste the bean flavor at all. It has a fudge like consistency that left even my kids saying, “this is delicious! There are beans in this?!?”. You can also cook with other beans such as chickpeas, cannellini, garbanzo, and adzuki (red beans). For healthy alternative desert ideas, you can go to https://www.brit.co/healthy-bean-dessert-recipes/.

Why make the switch from regular brownies to black bean brownies?

Nutrition Facts

<table>
<thead>
<tr>
<th></th>
<th>Calories</th>
<th>Protein</th>
<th>Carbohydrates</th>
<th>Fat</th>
<th>Cholesterol</th>
<th>Sodium</th>
</tr>
</thead>
<tbody>
<tr>
<td>Black Bean Brownies</td>
<td>125</td>
<td>3.3</td>
<td>18.1 grams</td>
<td>5.3 grams</td>
<td>34.9 mg</td>
<td>129.1 mg</td>
</tr>
<tr>
<td>Brownies</td>
<td>183</td>
<td>1.8</td>
<td>25.7 grams</td>
<td>9 grams</td>
<td>44.2 mg</td>
<td>169.7 mg</td>
</tr>
</tbody>
</table>

There are minor changes we can make in our eating habits without sacrificing “too much”. By adding black beans to a brownie recipe, it takes the place of white flour (highly processes and empty carbs). You can keep the sodium level down on the black bean brownies by adding the low or no added salt beans to your recipe.

What Are Empty Carbs?

The Difference Between Empty Carbs and Nutrient Dense Carbs

Empty Carbs
- Typically highly processed
- Have added chemicals and sugars
- Often high in calories
- Often much higher in carbs (meaning they mess with your blood sugar)
- Found in most grocery store isles as packaged, processed foods
- Empty carbs provide very little nutritional value to the body.

Black Bean Brownies
1. (15.5 ounce) can black beans, rinsed and drained
2. 3 eggs
3. 3 tablespoons vegetable oil
4. ¼ cup cocoa powder
5. 1 pinch salt
6. 1 teaspoon vanilla extract
7. ½ cup white sugar
8. 1 teaspoon instant coffee (optional)
9. ½ cup milk chocolate chips (optional)

Directions:
Step 1: Preheat oven to 350 degrees F (175 degrees C). Lightly grease an 8x8 square baking dish.
Step 2: Combine the black beans, eggs, oil, cocoa powder, salt, vanilla extract, sugar, and instant coffee in a blender; blend until smooth; pour the mixture into the prepared baking dish. Sprinkle the chocolate chips over the top of the mixture.
Step 3: Bake in the preheated oven until the top is dry and the edges start to pull away from the sides of the pan, about 30 minutes.

Gifting jars, canned black beans and unopened dry ingredients were sent out to Tribal members/families that signed up for the Healthy Baking class in the Five-Service county area. These are completed gifting sets put together during the online class.

Through Small Changes, Big Results, and healthy baking, we aim to improve the health and well-being of our community.
**RECOMMENDATIONS FOR TRIBAL MEMBERSHIP**

Below is a list of proposed Enrollment. Besides publication in the Tribal Newsletter, according to CLUSITC 7-1-36(i), this information will be posted in the Administrative Building, Tribal Hall, Outreach Offices, on the Tribes’ website and at Three Rivers Casino for twenty-eight (28) days from the date listed above.

<table>
<thead>
<tr>
<th>Lineal Descendant</th>
<th>Parent</th>
<th>Tribe</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ava Lynn Parrett</td>
<td>Parent: Donavon Parrett</td>
<td>Tribe: Coos</td>
</tr>
<tr>
<td></td>
<td>Tribe: Lower Umpqua</td>
<td>Tribe: Coos</td>
</tr>
<tr>
<td>Ryan Gutierrez</td>
<td>Parent: Laura Jea Chavira</td>
<td>Tribe: Coos</td>
</tr>
<tr>
<td></td>
<td>Parent: Neal Anthony Harper IV</td>
<td>Tribe: Lower Umpqua</td>
</tr>
<tr>
<td></td>
<td>Tribe: Coos</td>
<td>Tribe: Coos</td>
</tr>
</tbody>
</table>

In accordance with CLUSITC 7-1-37(a), Tribal Members shall have the right to protest the recommendation of the Committee approving an application and must file a written, signed protest with the Committee stating their reasons for believing that an Applicant(s) is not entitled to enrollment. The protest must be filed with the Committee within twenty-eight (28) days after notice of the proposed enrollment is posted as described in CLUSITC 7-1-36(i).
What to Expect after Getting a COVID-19 Vaccine

The COVID-19 shot may cause side effects in some people. Side effects should go away in a few days.

**COMMON SIDE EFFECTS**

On the arm where you got the shot:
- Pain
- Redness
- Swelling

In the rest of your body:
- Fever
- Chills
- Tiredness
- Headache
- Muscle pain
- Nausea

Ask the facility healthcare provider (or facility staff) if you have:
- The redness or pain where you got the shot gets worse after 24 hours
- Your side effects are worrying you
- Your side effects do not seem to be going away after a few days

**HELPFUL TIPS**

If you have pain, headache, or fever, take a healthcare provider (or facility staff) if you can have medicine.

If you are sore where you got the shot:
- Apply a clean, cool, wet washcloth over the area
- Use or move your arm gently

If you have a fever:
- Drink a lot of water
- Get plenty of rest
- Dress lightly

Some COVID-19 vaccines need 2 shots to work. You should get the second shot even if you have side effects after the first shot, unless a doctor tells you not to.

COVID-19 vaccines may not fully protect you until a week or two after your final shot. It takes time for your body to build protection after any vaccination.

**REMEMBER**

Side effects may make you feel a little sick or even make it hard to do daily activities, but they should go away in a few days.

In the rest of your body:
- Fever
- Chills
- Tiredness
- Headache
- Muscle pain
- Nausea

**COMMON SIDE EFFECTS**

**HELPFUL TIPS**

If you have pain, headache, or fever, talk to your healthcare provider (or facility staff) if you have medicine.

Even after your COVID-19 vaccination, when you are in a correctional facility, it’s important to continue wearing your mask, try to stay at least 6 feet away from others as much as possible, and wash your hands often.

[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)