On Monday, March 22 through Friday, March 26, 2021 The Confederated Tribes of Coos, Lower Umpqua, & Siuslaw Indians held their first ever Virtual Spring Break Camp. Having had success with small evening classes and gatherings for adults and youth via zoom the last few months, the Culture and Natural Resources Department, Family Support Services, and Education Departments collaborated to create a week long virtual camp for our Tribal youth and families 5 to 18 years of age.

Each youth who signed up for the week long virtual camp received a care package at home filled with all the supplies they would need for the week and some extra supplies for creating fun filled activities at home. Included in their care package was also a sweatshirt, a thought collaboration by multiple staff members and designed by Tribal member and Tribal Biologist John Schaefer. Replicating how zoom calls are set up, the design shows Bear, grumpy and ready to get off the zoom call, Raven, muted because he was being loud and talking out of turn, silly Beaver with his teeth sticking through his mask, and Wolf who is clearly ready for another snack. The design was created to mimic how we have all had to adapt and attend work or school from home and virtually. These resilient youth have had to adjust to a new and strange routine throughout the Covid-19 pandemic. The sweatshirts they received reflect the current state of the world and is a fun spin on this new reality we are all experiencing. The words printed on the design, tomuuwii xehenjech yetsiich are in our three Tribal languages of sha’yuushtl’a quuiich wa’as, miluk tliis, and hanis tlii’iis, and translates to gathering together, from a distance, at/in home. The animals in this design were also representatives of the four different age groups that the youth were put in to for the weeks activities.

The week started with a warm welcome from all the involved staff members and some members of Tribal Council. Chief Doc Slyter shared some opening words, excited to see so many youth participating via zoom. Youth were encouraged to introduce themselves in the Tribal languages each morning, which was met every day with more enthusiasm as they attended daily language classes with Tribal linguist and council member Enna Helms. After each morning’s welcome and introductions, the youth were split into two groups by age and alternated activities. They came back together in the afternoon for activities and a daily sign off talking circle.

The youth were engaged with daily activities, and from their care package of supplies were able to follow along to make different items in a number of breakout sessions. As the Communications Specialist and a Quuiich (Lower Umpqua) Tribal member I spoke with the youth about the appreciation of art and diverse
Activity of Elected Tribal Council Members from March 14, 2021 - April 10, 2021.

**Chief Doc Slyter:**
- 03/14 Tribal Council Meeting
- 03/16 BOEM Tribal Ocean Summit
- 03/16 Leader’s Circle
- 03/17 BOEM
- 03/18 Tribal Memorial Service-Played Flute
- 03/18 Leader’s Circle
- 03/19 Oregon 9 Tribes Meeting
- 03/19 Meeting w/State-Tribal Racing Commission
- 03/22 Virtual Spring Break Camp
- 03/23 House Transportation-Infrastructure Water Resources
- 03/23 Goose Point (North Bend) Interview
- 03/25 Forest Service listening session
- 03/25 NOAA
- 03/26 Tribal Council Meeting-Maple Creek 
- 03/26 Tribal Consultation on American Rescue Plan Act of 2021
- 03/26 Youth Language Presentation
- 03/26 Admin Office - Laserfiche
- 03/30 Leader’s Circle
- 03/31 GFORB and Business Meeting
- 04/02 Office of Management (OMB)
- 04/06 Lamprey tagging-Lakeside Marine
- 04/06 Leader’s Circle
- 04/08 Culture Committee Meeting
- 04/10 Gregory Point/Tribal Hall- Tribal Memorial Service Tribal Emails and phone calls

**Debbie Bossley, Tribal Chair:**
- 03/14 Tribal Council Meeting
- 03/16 Leaders Circle
- 03/19 Oregon Tribes, 9 Tribes & Governor
- 03/25 Leaders Circle
- 03/30 Leaders Circle
- 03/31 GFORB/Business Meeting
- 04/02 LCIS Interview Director
- 04/06 Leaders Circle

**Total Hours:** 122.75

**Mark Petrie, Vice-Chair:**
- 03/14 Regular Tribal Council Meeting
- 03/15 Cap & Reduce Table Meeting
- 03/16 Bureau of Ocean Energy Management (BOEM) Tribal Ocean Summit
- 03/16 Leader’s Circle
- 03/17 Bureau of Ocean Energy Management (BOEM) Tribal Ocean Summit
- 03/18 DEQ Rules Advisory Committee Meeting for State, Local, and Tribal Elected Officials Leaders Circle
- 03/18 Leader’s Circle
- 03/19 LCIS: Economic Development & Community Cluster Meeting
- 03/19 Energy Team Meeting
- 03/22 Cap & Reduce Table Meeting
- 03/23 Leader’s Circle
- 03/25 Leader’s Circle
- 03/26 Spring Break Camp Language Presentation
- 03/26 Stacy Scott’s Farewell gathering
- 03/29 DEQ RAC Coordination Call
- 03/29 Gov’t to govt meeting with the State: Mobline Gaming - Lottery Presentation
- 03/30 GFORB & TC Business Meeting
- 04/02 ATNI Tribal Youth Leadership

**Total Hours:** 95 & Emails

**Josh Davies:**
- 03/14 Regular Council Meeting
- 03/15 EPA Tribal Consultation Webinar
- 03/16 Leaders Circle
- 03/17 IHS to Hold Tribal Consultation on $6B Allocation in the American Rescue Plan Information Re State of Washington v Fairweather, WREN Coordinating Body Meeting
- 03/18 Tribal Consultation on Tribal CRF Distributions, CARES Act 2020 March 18, 2021
- 03/19 Oregon Tribes meeting Prior to Zoom with the Governor’s Office Grandma’s Burial - Willamette National Cemetery, Family Retreat
- 03/20 Family Retreat
- 03/21 Family Retreat
- 03/23 Leaders Circle
- 03/24 DOT Tribal Consultation
- 03/25 Forest Service Listening Session, White House IGA Office Briefing for State, Local, and Tribal Elected Officials Grandma’s Celebration of Life and Reception
- 03/26 ANA Consultation Session (In concert with the Office of Family Assistance) Youth Language Presentation, Emergency Child Care and Early Education Health & Safety Guidelines-Feedback Session II, Stacy Scott Farewell Zoom
- 03/29 Tribal Input on $900 mil to BIA through American Rescue Plan Governor Brown Facebook Live Event - Return to In-Person Instruction
- 03/30 IFS Leadership, Senator Merkley Statewide Video Conference

**Doug Barrett:**
- 03/14 Tribal Council Regular Meeting
- 03/15 EPA Tribal Consultation
- 03/16 Leaders Circle
- 03/17 MHA/LPDPC Meeting
- 03/17 EPA Tribal Consultation Webinar #2
- 03/18 Leaders Circle
- 03/19 White House Tribal Update
- 03/19 Tribal/State Racing Commission
- 03/22-26 Spring Break Virtual Camp
- 03/24 White House COVID-19 Update
- 03/25 Leaders Circle
- 03/26 Stacy Scott Farewell
- 03/26 Youth Language Presentation
- 03/29 FCC Emergency Broadband Benefit Program
- 03/30 The Klamath Water Wars 20 Years Later
- 03/30 Leaders Circle / Government-to-Government / Mobile Gaming
- 03/31 OYA Stakeholders COVID Update
- 03/31 GFORB / Tribal Council Business Meeting
- 04/01 Tribal Consultation American Rescue Plan
- 04/01 White House IGA Weekly Briefing Call
- 04/05 National Act Mutual Support During COVID-16
- 04/06 Leader Circle, NCAI USTR Consultation US Trade
- 04/08 Culture Committee Meeting
- 04/11 Council Meeting/ General Council/ Talking Circle

**Total Hours:** 108.25

**Enna Helms:**
- 03/14 Regular Tribal Council Meeting
- 03/16 Leader’s Circle
- 03/18 Leader’s Circle
- 03/23 Leader’s Circle
- 03/25 Leader’s Circle
- 03/26 Spring Break Camp Language Presentation
- 03/26 Stacy Scott’s Farewell gathering
- 03/30 Leader’s Circle
- 04/01 FMLA Leave

**Total Hours:** 54
Information

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Veterans are honored at the Salmon Ceremony each year. Please contact Jay Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE

NOW WEST FOREST PASSES

Northwest at the Tribal Administration Building, Florence and Eugene Outreach offices. Requirements are 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., either online at www.ctclusi.org/enrollment or mail to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org. If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.

Upcoming Events

May 5th – Prevention Activity: Bingo 6:00 p.m.
May 9th – Tribal Council Regular Meeting 10:00 a.m.
May 9th – Mother’s Day
May 10th – Virtual Adult Class: Graduation Necklaces 6:00 p.m.
May 11th – COH Medicine Bags 6:00 p.m.
May 12th – Literature Night: Middle School 6:00 p.m.
May 12th – Parent Night with Education 7:00 p.m.
May 19th – Dreamcatchers with Education 6:00 p.m.
May 23rd – Scholarships Deadline
May 24th – Virtual Cedar Basket Adult Activity 6:00 p.m.
May 26th – Bug Scavenger Hunt Youth Activity 6:00 p.m.
May 31st – Memorial Day, All Tribal Offices will be CLOSED

June 8th – COH Feather Fans 6:00 p.m.
June 13th – Tribal Council Regular Meeting 10:00 a.m.
June 19th – Virtual Student Recognition Dinner 4:00 p.m.
June 20th – Father’s Day
June 21st – Summer Solstice
July 4th – Independence Day
July 5th – Independence Day Observed
All Tribal Office will be CLOSED
July 6th – 16th – Summer School (more info to come)
July 11th – Tribal Council Regular Meeting 10:00 a.m.
July 13th – COH Dreamcatchers 6:00 p.m.
July 26th – 30th – Culture Camp (more info to come)

See page 6 for Language Class Schedule

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcel@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Government Office
Sharon McCondry
Chief Executive Officer
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7527
Fax 541-888-5388
smcondr@ctclusi.org

Health Services
Ilana Montiel,
Interim Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Fax 541-888-5388
pcr@ctclusi.org

Education Department
Josh Davies, Education Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1314
Cell: 541-297-4105
Fax 541-888-280-0726
jdavies@ctclusi.org

Family Support Services
Ilana Montiel,
Interim Director
2110 Newmark Avenue
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-3398
imontiel@ctclusi.org

Tribal Dental Clinic
Josh Stevens, Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Fax 541-888-7505
jsstevens@ctclusi.org

Purchased/Refunded Care
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Fax 541-888-3398

Tribal Employment
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7505
Fax 541-888-7505

Elders Activities
Ilana Montiel
Interim Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-280-0726

Elderly Dinner
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7505
Fax 541-888-7505

CTCLUSI Departments, Services & Offices

Florence Outreach Office
Physical: 3737 Hwy 101
Mailing: P.O. Box 200
Florence, OR 97439
Phone: 541-997-6685
Fax 541-997-1715
imontiel@ctclusi.org

Tribal Cultural Department
J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Fax 541-888-280-0726
tdcouncil@ctclusi.org

Tribal Police
Lt. Brian Dubray
1245 Fulton Avenue
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
rbossley@ctclusi.org

Tribal Gaming Commission
Rusty Bossley
Interim Executive Director of the Gaming Commission
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
rbossley@ctclusi.org

TRIBAL COUNCIL MINUTES

May 9, 2021
10:00 a.m.

To practice safe social distancing guidelines, this meeting will be streamed online. Please login to the citizen portal of www.ctclusi.org and click Council Meetings for the zoom link to this meeting.

Agenda:
1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Chief Executive Officer Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

Tribal Council
Doc Slyter, Chief
Tribal Chief
541-808-7625 (cell)
dsltery@ctclusi.org

Enna Helms
Position #1 Council
541-297-7538 (cell)
enna.helms@ctclusi.org

Debbie Bossley, Chair
Position #2 Council
541-294-3972 (cell)
debbie.bossley@ctclusi.org

Mark Petrie, Vice-Chair
Position #3 Council
541-297-3681 (cell)
mark.petrie@ctclusi.org

Josh Davies
Position #4 Council
541-294-4105
josh.davies@ctclusi.org

Iliana Montiel
Position #5 Council
541-217-4613 (cell)
ilana.montiel@ctclusi.org

Doug Barrett
Position #6 Council
541-217-4613 (cell)
doug.barrett@ctclusi.org

Council Meeting
May 9, 2021
10:00 a.m.

To practice safe social distancing guidelines, this meeting will be streamed online. Please login to the citizen portal of www.ctclusi.org and click Council Meetings for the zoom link to this meeting.

Agenda:
1. Call to Order
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7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. E-mail messages@ctclusi.org or call 541-888-7538. I look forward to hearing from you! - Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcel@ctclusi.org. All letters of interest are kept on file for one year.

www.ctclusi.org
Council Corner

There have been some recent changes in Tribal Government. Change is sometimes necessary and can be difficult. We as a Tribal Council have spent a great deal of time considering all the tough decisions we have had to make.

Our job is to do our very best to protect the Tribe and strive to continue and improve services for our people. We have a great responsibility to ensure our financial stability for future generations. We know there may be more changes ahead and appreciate your patience and understanding while we work toward a more efficient Government.

Tribal Council would like to invite Tribal Membership to the Tribal Council meeting held the second Sunday of each month. Currently, due to COVID restrictions, the Tribal Council meetings are held via Zoom. The Education and Housing Departments are nearing completion of the Chrome Book distribution. The Chrome Book will allow you to join the Zoom Tribal Council Meetings using the internet. The Zoom meeting link is posted on the Tribal website CTCLUSI.org. You will need your Citizen Portal login and password to access the link located in the tab Council Meetings Past & Upcoming Live Zooms. If you have any trouble with your login and password, please contact Morgan Gaines at mgaines@ctclusi.org and she will assist you with access to the Tribal website.

Your input is valued and Tribal Council would like to hear your voice. During these meetings you are welcome to listen and see issues discussed and votes taken in our transparent decision-making process.

We ask that if you have any questions or concerns to please reach out to any of us on Tribal Council. Our phone numbers and emails are on our Tribal website under the Tribal Council page and on page 3 of each edition of The Voice of CLUSI tribal paper.

Stay safe and well,
Debbie Bossley,
Tribal Council Chair

Resolution Summaries

RESOLUTION NO.: 21-010
Date of Passage: January 10, 2021
Subject (title): Housing Committee Appointment
Explanation: The Tribal Council approves the following Tribal members to the Housing Committee: Pauline Benson, Roseana Perry and Byson Bossley. Vote 5-2-0

RESOLUTION NO.: 21-011
Date of Passage: January 10, 2021
Subject (title): Investment Committee Appointment
Explanation: The Tribal Council appoints Roseana Perry and George Barton to the Investment Committee. Vote 6-1-0

RESOLUTION NO.: 21-012
Date of Passage: January 19, 2021
Subject (title): Reorganization of Human Resources
Explanation: The Tribal Council approved the reorganization of the Department of Human Resources. Vote 6-1-0

RESOLUTION NO.: 21-013
Date of Passage: January 27, 2021
Subject (title): Intertribal Timber Council – Delegate and Alternate
Explanation: The Tribal Council approves Chief Doc Slyter as the delegate and Forest Lands Manager Steve Andringa as alternate. Vote 6-0-1

RESOLUTION NO.: 21-014
Date of Passage: January 27, 2021
Subject (title): Approval of Opening New account in Oregon Pacific Bank ( OPBC) for Housing Program Income
Explanation: The Tribal Council approves the new account to be established for Housing Program Income. Vote 7-0-0

RESOLUTION NO.: 21-015
Date of Passage: January 27, 2021
Subject (title): Approval of Revised CTCLUSI Credit Card Policy and Procedures
Explanation: The Tribal Council approves the revised Credit Card Policy and Procedures. Vote 7-0-0

RESOLUTION NO.: 21-016
Date of Passage: January 27, 2021
Subject (title): Approving Revised Travel Policy and Procedures
Explanation: The Tribal Council approves the revised Travel Policy and Procedures. Vote 7-0-0

RESOLUTION NO.: 21-017
Date of Passage: January 27, 2021
Subject (title): Approval of the Revised Procurement Policy and Procedures
Explanation: The Tribal Council approves the revised Procurement Policies and Procedures. Vote 7-0-0

RESOLUTION NO.: 21-018
Date of Passage: January 27, 2021
Subject (title): Sever Access Roadway and Path Right of way Easement Application
Explanation: The Tribal Council approves consent to the BIA grant of a permanent non-exclusive easement for public purposes related to roadways and utilities that due to this benefit the Tribe will receive this easement at no cost. Vote 7-0-0

RESOLUTION NO.: 21-019
Date of Passage: January 27, 2021
Subject (title): CTCLUSI Statewide Transportation Improvement Fund (STIF) Plan
Explanation: The Tribal Council approved to adopt the STIF Plan. Vote 7-0-0

RESOLUTION NO.: 21-020
Date of Passage: January 27, 2021
Subject (title): Second Amended Contracts for Associate Judge, Presenting Officer and Tribal Defense Advocate
Explanation: The Tribal Council approves the second amended contract for these three positions for Tribal Court. Vote 6-0-1

RESOLUTION NO.: 21-021
Date of Passage: February 14, 2021
Subject (title): MOU for the New Beginnings for Tribal Students in Oregon Grant
Explanation: The Tribal Council approves this Memorandum of Understanding between Oregon State and Southwestern Oregon Community College to support the success of Native American Students. Vote 6-0-1

RESOLUTION NO.: 21-022
Date of Passage: February 14, 2021
Subject (title): General Names Protocol
Explanation: The Tribal Council approved the Language Committee’s recommendation of the new Tribal Naming Protocol. Vote 6-0-1

RESOLUTION NO.: 21-023
Date of Passage: February 24, 2021
Subject (title): Broadband Connectivity Consulting Agreement
Explanation: The Tribal Council approves the request from the Planning Department to enter into a consulting agreement with MuralNet to assist the Tribes with the broadband connective envisioned by the FCC license. Vote 7-0-0

RESOLUTION NO.: 21-024
Date of Passage: February 24, 2021
Subject (title): Tribal Transportation FY2021 Referenced Funding Agreement
Explanation: The Tribal Council approves the agreement with the BIA for the implementation of activities in the approved Tribal Transportation Improvement Program. Vote 7-0-0

In this public paper, some Resolution titles and explanation will not be displayed or will display minimal details due to confidentiality.
Join a Tribal Committee

Chapter 7-5 GENERAL COMMITTEE CODE 7-5-1: General Policy; Committees are established to assist the Tribal Council in carrying out its responsibilities, to provide quality services to the Tribal membership and to develop, maintain and protect the assets and interests of the Tribes.

Tribal Committee appointments are made by Tribal Council and are for a four (4) year term. Tribal Code allows for you to be on no more than three (3) committees at a time and you may only serve two (2) terms, unless special consideration is necessary.

Currently, we have at least one position available in the following Committees:

- Culture Committee
- Education Committee
- Health Committee
- Election Board

How to become a member? Please login to the tribal website and visit https://ctclusi.org/tribal-committees/ and complete a Letter of Interest.

For further details, please contact: Jeannie McNeil, 1245 Fulton Ave. Coos Bay, Oregon 97420.

By email, jmcneil@ctclusi.org or by phone 541-888-7506.

Letters of Interest are only kept on file for one year.

Can You Find Me?

In this edition of The Voice of CLUSI there is a hidden basket design (good luck mountain) like the one pictured at right. It could be any size and on any page.

If you find it, email mgaines@ctclusi.org to have your name entered into a prize drawing. In your email you must include your name, age, address (for mailing purposes) and contact phone number. In your email you must also let us know what page and where on the page you spotted the basket design hiding! Must email by May 15th to be included in the raffle drawing.

Winner will be notified by phone or email and their name and prize description will appear in an upcoming edition of the Voice of CLUSI paper.

Happy Searching!

Winners of the March 2021 edition Four Directions Search:

Adult: Tracee Schmidt
Youth: Samuel Wisdom (pictured at right)

Winners of the April 2021 edition Dentalium Search:

Adult: Marie Petrie
Youth: Noelle Beckman

Legend of past searches:

Nov. 2020 Acorn was on page 17
Dec. 2020 Sturgeon was on page 18
Jan. 2021 Book was on page 19
Feb. 2021 Basket Cap was on page 11
March 2021 Four Directions was on page 20
April 2021 Dentalium was on page 12

Did you spot them the first time around? Go back and view past editions of The Voice of CLUSI paper online at https://ctclusi.org/communications/
Łe’ Łəx (Medicine) of the Month: Conifer Tips

Contributed by Ashley Russell, Water Protection Specialist

Parts of Plant Used: Newly emerging buds/tips & resin

Herbal Actions:
The newly emerging tips of conifers are rich in Vitamin C and are great at breaking up congestion when taken as a tea, infused honey, or syrup. The resin of these conifers is antimicrobial and can be used topically in salves to address skin infections and lessen joint inflammation.

Precautions: Yew tips (Taxus spp.) are poisonous, so be sure that you are 100% sure of the conifer in which you are harvesting tips from.

Evergreen Berry Gummy Treats (Serves 10-12):

Ingredients:
- 1 cup huckleberries or strawberries (fresh or frozen)
- 2/3 cup lemon juice
- ¼ cup beef gelatin
- ½ cup Grand Fir, Sitka Spruce, Douglas Fir, or hemlock tips
- 2 tablespoons honey

To prepare, blend all ingredients in a blender until smooth. Pour blended mixture into a sauce pan and gently heat it on the stovetop until just below boiling temp. Turn off heat, allow to cool for a few minutes, and then pour into an 8”x8” pan or silicone molds of your choice. Cool in the refrigerator until set, then cut into 1 inch squares or pop from molds. Keep refrigerated and use within a week.

Recipe by Elise Krohn

Scientific Name: Abies grandis, Picea sitchensis, Pinus spp. Psuedotsuga menziesii, & Tsuga heterophylla
Our Places: Upcoming Archaeological Investigation of Hanis Coos Area

This upcoming summer the Cultural Resources Protection Program is partnering with Mark Tveskov at Black Dog Archaeology, LLC to investigate part of an archaeological site on private property in the Hanis Coos area. This project will be held July 26th-August 6th, 2021. In addition to the archaeological field study, the Cultural Resources Protection Program will be hosting a series of informational talks relating to the work.

We would love to hear from you! Please submit any questions or topics or ideas that you would like to be covered during the informational talks to Courtney Krossman at 541-888-9577 ext. 7547 or ckrossman@ctclusi.org

Look for more information in future editions of The Voice of CLUSI newsletter and on www.ctclusi.org.

May 2021 Culture, Education & Prevention Virtual Activities

Upcoming Youth Classes:

Wednesday, May 5th – Family Activity with Prevention: Prevention Discussion & Bingo with Doug Barrett & Mark Petrie 6:00 p.m. - 7:00 p.m.

Family Activity with Prevention — Please RSVP by calling Doug Barrett at 541-297-2130. The deadline to register and receive materials prior to the class is Wednesday, May 2nd, 2021.

Wednesday, May 12th - Literature Nights with Education: Middle School 6:00 p.m. - 7:00 p.m.

Literature Nights — Please sign up at https://laserfiche.ctclusi.org/Forms/Literature-Nights. For questions, contact Josh Davies at 541-888-1314 or jdavies@ctclusi.org

Wednesday, May 19th - Youth Dreamcatcher Making with Education 6:00 p.m. - 7:00 p.m.

Culture Activities — Youth cultural activities are on Wednesdays. For more information, contact Ashley Russell at 541-888-7511.

Wednesday, May 26th – Bug Scavenger Hunt Youth Activity 6:00 P.M. - 7:00 P.M.

Culture Activities — Youth cultural activities are on Wednesdays. For more information, contact Ashley Russell at 541-888-7511.

NOTE: Materials for Wednesday classes can be provided to youth only at this time. To view past classes visit the Virtual Culture Zoom Classes in the citizen portal of www.ctclusi.org.

Upcoming Adult Classes:

Monday, May 10th — Graduation Necklaces 6:00 p.m.

Monday, May 24th — Cedar Baskets (10 person maximum) 6:00 p.m.

Culture Activities — Adult cultural activities are on Mondays. For more information, contact Ashley Russell at 541-888-7511.
As Deb Haaland creates unit to investigate missing and murdered Native Americans, a look at why it’s necessary

Indigenous communities have been struggling for years to raise awareness.

By Kiara Alfonseca
April 4, 2021, 6:46 AM article pulled from https://abcnews.go.com/

In an effort to provide more resources to investigate thousands of unsolved cases of missing and murdered Native Americans, a new Bureau of Indian Affairs unit has been launched by Interior Secretary Deb Haaland.

Indigenous communities have struggled for years to raise awareness to address the growing crisis of missing and murdered Native people, specifically women, activists who spoke with ABC News said.

According to the Urban Indian Health Institute, homicide is the third-leading cause of death among American Indian and Alaska Native women aged 10 to 24. The Justice Department also found that Native women are victims of murder over 10 times the national average. But without assistance from non-tribal federal, state and local agencies, these cases have gone underfunded and uninvestigated.

“The new MMU unit will provide the resources and leadership to prioritize these cases and coordinate resources to hold people accountable, keep our communities safe, and provide closure for families,” Haaland said in a statement posted to the Department of Interior’s website Thursday. “As the crisis drags on and the numbers of the dead and disappeared rise, Indigenous women across the country live in fear of violence. Activists say they are looking for systemic solutions to end the cycle of loss and death in the communities.”

“We see what representation looks like. You have an indigenous woman leading as secretary of the interior with the authority and the ability to address some of the most pressing crises in Indian country,” Abigail Echo-Hawk, director of the Urban Indian Health Institute, told ABC News. “However we have to recognize this as just the start … It’s not enough to search for them when they go missing or investigate the crimes...”

By The Operator Career

Operators can work in various areas, such as water, wastewater, distribution and reuse. These operators maintain equipment and processes to monitor and affect water as it moves through the treatment and distribution cycles.

Becoming a certified operator also offers individuals the opportunity to make a difference in society on a daily basis. Clean and safe water is essential to everyday life and operators have the ability to regularly impact that need.

Stats about the Career

The operator career is a promising and stable field. The US Bureau of Labor Statistics estimates that in 2016 there were 119,200 water and wastewater treatment plant operators in the United States. In general, jobs within the water industry remain relatively less affected by changes in the economy than other industries. Additional information is available at the US Bureau of Labor Statistics regarding potential salaries https://www.bls.gov/oes/current/oes_nat.htm#00-0000.
“In the Loop” with the Circles of Healing Program

Circles of Healing Zoom Workshop Series
Hi’ Siti Ha (Good Is Our Heart)
Women’s Healing Through Traditions Series

2021 Class Schedule
Tuesday, May 11th
Medicine Bags
Register by Monday, May 3rd

Tuesday, June 8th
Feather Fans
Register by Monday, May 31st

Tuesday, July 13th
Dreamcatchers
Register by Monday, July 5th

Due to content and funding, these activities are for adult participants 18+ only.

Classes will be offered from 6:00 PM–8:00 PM via Zoom. To register, contact CarolAnn Young at 541-435-7159 or cyoung@ctclusi.org. These activities were supported by the Response Circles Grant Award from the Northwest Portland Area Indian Health Board.

Recommended Books by Indigenous Women Authors:
• Heart Berries: A Memoir, Terese Marie Mailhot
• Confessions of an Iyeska, Vicki Burnette
• Whereas, Leaf’Long Soldier
• Future Home of the Living God, Louise Erdrich
• Braving Sweetness: Indigenous Wisdom, Scientific Knowledge, and the Teachings of Plants, Robin Wall Kimmerer
• The Grass Dancer, Susan Power
• Ceremonary, Leslie Marmon Silko
• The Sacred Hoop: Recovering the Feminine in American Indian Traditions, Paula Gunn Allen
• Every Day I Am a Good Day: Reflections by Contemporary Indigenous Women, Wilma Mankiller
• The Woman Who Fell from the Sky: Poems, Joy Harjo
• Conflict Resolution for Holy Beings, Joy Harjo
• Sharing Our Stories of Survival: Native Women Surviving Violence, Sarah Deer; Bonnie Claremont; Carrie A. Martell
• Nicholso: A Tale of Disassociation, Christine Stark
• The Wetiko Legal Principles: Cree and Anishinabek Responses to Violence and Victimization, Hadley Louise Friedland
• Plants Have So Much to Teach Us, All We Have To Do Is Listen, Wendy Makonay Genasuk
• When My Brother Was an Aztec, Natalie Diaz
• Sometimes I Feel Like a Fox, Daniela Daniel
• Weavers, Margaret Noodin
• Decolonizing Methodologies: Research and Indigenous Peoples, Linda Tuhiwai Smith
• Bawajimo: A Dialect of Dreams in Anishinaabe Language and Literature, Margaret Noodin
• Keewaydinoquay: Stories from My Youth, Keewaydinoquay Peck
• Decolonizing Methodologies: Research and Indigenous Peoples, Linda Tuhiwai Smith
• Indigenous Methodologies: Characteristics, Conversations, and Contexts, Margaret Kovach
• Walking In Two-Worlds: Understanding the Two-Spirit & LGBTQ Community, Minnesota Indian Women’s Sexual Assault Coalition

The Circles of Healing Program provides Domestic Violence, Sexual Assault, Human Trafficking, Stalking and family violence advocacy and support. They also host Women’s Healing Through Culture groups and Trauma Recovery support groups.

To speak with a confidential advocate please call 541-888-1309.
The past year has been different for everyone. Because of social distancing issues and cancellation of Tribal events such as Fall Harvest, your Tribal Court has been unable to perform outreach to Tribal members in 2020. Tribal Court Staff thought it might be appropriate to give you more general information about your Tribal Court.

Tribal Court is open daily from 8 a.m. until noon, Monday through Friday. Arrangements can be made for an appointment at other times. The Court has the ability and experience to handle many types of cases, which can benefit Tribal Members, such as enrollment issues, small claims, civil actions, Peacegiving Court for disputes and Wellness Court for substance abuse issues and help with recovery.

The Tribal Court is located on the south side of the Administration building with a separate entry. If you are filing documents, paying a fine, or doing other Court business, you would buzz for entry, and pursuant to COVID procedures, a Tribal Court staff member would take your temperature prior to admittance. Tribal Court is fully staffed with the following people. Tribal Court has a Chief Judge, J.D. Williams, who has been here since 2010 and has over 25 years’ experience specializing in Native American law as an attorney and a judge. He also occasionally teaches at local law schools, such as Lewis and Clark College and Willamette University. He is the judge for most Court matters, which are set for the fourth Wednesday of every month.

Our Associate Judge is Karen Costello, who is a local attorney with many years of Native American law experience, which includes working with Fox Valley Technical Institute on Walking on Common Grounds, which fosters collaboration between tribal, federal and state courts. Judge Costello has been the judge for the Wellness Court for three years now. She holds Tribal Court every Thursday morning as needed. Emergency hearings can be set for juvenile or other youth issues.

The Tribal Presenting Officer (Prosecutor) is Melissa Cribbins, oversees entry into the Tribes Wellness Court and can facilitate transfer of cases from State Court into Tribal Court.

Ms. Cribbins was a Tribal Attorney for the Coquille Tribe for many years and has a great deal of experience in tribal law. The Tribal Defense Advocate is local attorney Steven Bauder. Mr. Bauder has practiced in many areas of law in Coos County for over 30 years and brings a vast amount of knowledge to Tribal members as their Tribal Public Defender for persons referred into Wellness Court.

Tina Edwards is the Tribal Court Clerk. She has been working for Tribal Court since 2014. Previously she worked for Lane Community College, specifically dealing with Elders and Military personnel. In addition, she volunteered for the NASA Pow Wow project that funded the Longhouse. She is also a Round dancer. Jennifer Stephens is the Case Manager for Wellness Court. Wellness Court and can facilitate transfer of cases from State Court into Tribal Court.

What does true Wellness look like for you?

Are you suffering with drugs, alcohol or addiction?
Are you in trouble with the law?

A life without drugs or alcohol is possible for you.

It is important for tribal members to know that using their Tribal Court for legal issues is another benefit available for them. From a secure courtroom, confidentiality, to help using Peacegivers and the Wellness Court, Tribal Court and the staff are here to assist.

Are you ready to make a change?

Make the choice for a better life.

For more information about Peacegiving, please visit the Peacegiving Website or contact the Peacegiving Coordinator at the address listed below.

PEACEGIVING
Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.
All Peacegiving issues are confidential.

For more information about Peacegiving, please visit the Peacegiving Website or contact the Peacegiving Coordinator at the address listed below.

Contact Tribal Wellness Court
(541) 888-1307
cultures. I walked them step by step through how to make origami animals, specifically wolf, beaver, raven, and bear. On the last day of camp I hosted an exciting game of jeopardy quizzing the youth on their knowledge of the Tribal website, and to see how well they paid attention to all the instructors during the camp week.

Education Specialist Eriq Acosta read the youth a story about dreamcatchers then showed them how to make one. They followed along using the materials provided in their care package. Each youth or household also received a copy of the book that Eriq read.

To teach the youth about the importance of family, heritage, and how Tribal members are enrolled within the Tribe, Enrollment Coordinator Jeannie McNeil held a special session during camp week. The youth each received a family tree pendant, a token from the animal group they were sorted into, beads, and dentalium shells to string their own necklace. This was a much-loved activity as you could see the youth wore their necklaces each camp day after this activity.

Family Support Services staff and Tribal member Andrew Brainard helped council member Doug Barrett each day with a breakout group discussing the importance of self-care, anger management, and suicide prevention. They also held a fun and exciting game of bingo after the daily discussion that the youth talked about every day.

The Culture and Natural Resource Department also lead the youth in a number of fun breakout sessions. Tribal member and biologist John Schaefer spoke with them about an important traditional food source, lamprey, and their restoration to our territorial waters. They followed along in making an ornament or coaster using a very cool lamprey cookie cutter in their care packages.

Tribal member and Water Protection Specialist Ashley Russell and Tribal member and Archeology Technician Courtney Krossman lead the youth in a fun planting activity. They learned about natural dyes derived from traditional plants and were given black sunflower seeds in their kits that they could plant or use to make a stunning purple dye.

In an afternoon activity together, the entire Dental Clinic staff joined the youth. Dental Health Aide Therapist Naomi Petrie and Dr. Jeffrey Guelinas demonstrated proper teeth brushing techniques and talked about good oral hygiene care. The incredible dental team then took turns teaching the youth some interesting dental facts in between rounds of drawing numbers for one of their favorite games of the week, BINGO!

It was truly amazing to have so many staff members come together to put on such a fun virtual camp for the youth. Camp was very well thought out, with many breaks in between sessions and tons of interactive activities to keep them engaged and not just sitting behind a screen all day long. There was even a daily fun powwow dancing activity where they were encouraged to stand up, stretch, and follow along with a fun Powwow Sweat YouTube video.

The Covid-19 Pandemic has been an ongoing concern for Tribal communities who are facing new challenges as to how to provide services and continue culturally appropriate practices. Tribal communities such as ours rely on bringing the people together to further our cultural knowledge and spirituality as a people. This global pandemic has halted such in person gatherings, and I for one have definitely felt the impact of isolation over this past year. Being able to see the youth virtually and help facilitate our first virtual camp was truly amazing. We have all had to adapt to such strange times but seeing the youth thrive even in this online format was truly wonderful.

It is just further testament to our resilience as indigenous people.

Be sure to check out future editions of The Voice of CLUSI paper and online calendar at www.ctclusi.org for more information on upcoming virtual events. We look forward to seeing you soon!

Virtual Spring Break Camp...continued from cover story

Saralynn Gaines
Carson McMahan
Talice Russell
Noelle Bechman
Carson and younger sister Kenzie
Tycen Russell

Bear, Raven, Beaver, and Wolf zoom call design printed on spring break camp sweatshirts
Moving in-the-midst of COVID-19
Physical Activity to Reduce Fall Risk

Strength and balance activities reduce the risk of falls and fall-related injuries.

Multicomponent physical activity, such strength, balance, endurance, and gait activities, can reduce the risk of falling and fall-related injuries in older adults! https://health.gov/sites/default/files/2018-07/MAG_Advisory_Council_Report.pdf

At-Home Activities
Take a break from your daily routine to fit in some moderate-to-vigorous physical activity!

• Do yoga
• Balance on one foot while watching TV
• Follow an exercise video, like a Better Bones and Balance class
• Walk heel-to-toe around the house

Physical Activity Resources
• Yoga with Adriene (YouTube)
• Better Bones and Balance class (website)

Older adults should perform balance and strength activities as part of the recommended 150 minutes per week of moderate to vigorous physical activity. If this amount is unattainable, do as much as conditions and ability allow!

Oregon Health Plan
Get care without leaving your home
Oregon Health Plan covers video, phone, and online appointments.
We are all doing our part to stay home and save lives during the COVID-19 emergency. Now, you can set up appointments, talk to your providers, and get care without leaving your home. It’s free. Ask your provider for a video, phone, or online appointment. You can be a new patient and still get care from home.

We know not everyone has access to video or the internet. Please talk to your doctor or other providers about what will work for you. You can also ask your coordinated care organization (CCO) for help. Find your CCO plan’s contact information. Don’t have a phone? Oregon Lifeline can help.

Getting care is free. You can get most of your regular care this way, like check-ups, therapy, or peer-delivered services. But your provider may need to handle emergencies first.

You may be able to use video chat, texting or email, phone calls, or an online portal. Talk to your provider about what will work for you.

Need an interpreter or help in another language or format? Tell your provider’s office when you make the appointment. If you need more help, call 844-882-7889.

You can talk to your doctor about any concern, not just COVID-19. Video, phone, and online appointments are for mental health, addictions treatment and dental, too.

Ask your pharmacy if you can get your medications by mail. You can also ask your CCO for help. If you don’t have a CCO, call 800-273-0557.

Need help? Visit OHP.Oregon.gov or call 800-273-0557 (TTY 711)

You can get this letter in another language, large print, or another way that is best for you. Call 800-273-0557 (TTY 711). INFORMATION FOR OHP MEMBERS: OHP 2367 (4/9/2020)

Title VI Program Services Available to Elders
The Title VI Program for Elders (age 55 and over) provides federal grant monies for our Congregate Meals Programs, Frozen Meals Program, Chore Service and Respite Care Services for Tribal Elders, Spouses and Widow(er)s whose primary residence is within our five-county service area (Coos, Curry, Douglas, Lane, and Lincoln counties).

Chore Services Program Eligibility:
• Elders age 55 and older whose primary place of residence is within the five-county service area of: Coos, Curry, Douglas, Lane, and Lincoln counties.
• Tribal spouses are not eligible for Chore Services; however, widow(er)s are eligible until the time they remarry.
• Services must be provided at the Elder’s primary place of residence is within the five county service area.
• The purpose of the Chore Services program is to provide assistance to Elders with activities they cannot easily do for themselves and which, by having someone perform these duties for them, allows them to remain living independently in their own home(s).

There are forms that must be filled out for this service. Those forms can be picked up at your local office or mailed to your home. The cycle for these funds is not on a calendar year.

The funds are available annually from April 1st of the current year through March 31st of the following year. For further information on Chore Service, please contact your local Community Health Aide:

Coos Bay - Armando Martinez (541) 888-7228
Florence - Doug Morrison (541) 997-6685
Eugene - Kimmy Bixby (541) 744-1349

Elder Voices Supporting the Covid Vaccine

“Here at Makah, my aunt tested positive for COVID, she is the eldest in our tribe. Also, our only Doctor at our clinic tested positive for COVID, and she has been battling it for well over a month. With that in mind, my choice was easy, to vaccinate in order to make our little village [be] that much more safe.” - Nataji Tera, Makah Tribal Council

“The worst side effect I had was soreness at the injection site, which lasted about 24 hours.” - Armando Martinez, Natchez, Coos Bay

“I was not hesitant [to get the vaccine] at all. I was more fearful of NOT getting the vaccine. We got the vaccine at Chemawa and they were so helpful, friendly, and efficient. They made you feel good. They answered questions before you asked.”

Did you have any side effects?
“I was lucky, I was good. I’m 81 years old, so I don’t know why. Only a little arm soreness.” - Loreta Selphard, Lummi & Quinault Elder

“We need to help protect Our People from dying. So, they do become exposed [to COVID-19], with a vaccine, we do not have to lose them.” - Delegate from the Upper Skagit Indian Tribe, THD, Marilyn Scott

“Overall, I considered this a good experience. It brought back hope for the future. I wish everyone would choose life and science by getting this vaccine.” - Marsha Cheeks, Makah Elder

“[tell them] of my positive experience, I would assure them it is safe. And I remind them of the possible effects of getting COVID - severe illness or even death.” - Terr Minkstoban, Makah Elder and nurse
The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. Elders will be contacted by Kimmy Bixby of Community Health Services with information for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. Thank you Elders! Contributed by Kimmy Bixby, Community Health Aide

Welcome New Tribal Elder
Michael McNutt

Coos
Patricia Miller
Immediate Family:
• Granddaughter of Willamina (Minnie) Carson. Second cousin to Carolyn Slyter, third cousin to Doc Slyter and Debbie Bossley. Sister to James Young and his wife Margaret. Mother to Sandra Moote, Rebecca (Becky) Carnation, Chris Miller, Joel Miller, and Jeff Miller. Grandmother to 13 and Great-Grandmother to 9!

Favorite Hobbies:
• Doing research on ancient Mediterranean culture.
• Chasing around Great-Grandkids.
• Enjoying traditional potluck family gatherings.

Favorite Sayings: “Think positive and grow every day.”

Proudest Accomplishments:
• Her family.
• Coaching T-ball and Baseball.
• Being the President of a ladies group and President of a children’s Sunday School group.

Bucket List:
• She has done everything she wanted to do and just wants to enjoy life now.

SICK DAYS, COVID-19 AND DIABETES:
BE PREPARED

Infections can lead to elevated blood sugar levels. Be prepared. Work with your diabetes team to figure out a plan ahead of time for medications and blood sugar targets.

If you are sick:

1. Keep taking your insulin or your diabetes medications. Your diabetes medications may need to be adjusted up or down to keep blood sugars in target. Contact your healthcare team if your blood sugars are above or below your target range so they can help you make any needed changes in your usual plan.

2. Test your blood sugar levels every 4 hours and keep a log. Knowing your blood sugar levels helps you and your diabetes team make any needed changes to your usual diabetes medication routine. If you are unable to check your own blood sugar levels, ask someone to help you check.

3. If your blood sugar is 240mg/dl or higher check for ketones (if instructed to do so by your diabetes team). If your ketones are moderate to large call your provider right away.

4. Try to eat as much of your regular meals and snacks as possible. Smaller, more frequent meals, and liquid or soft foods may be easier to tolerate.

5. Still able to eat? Make sure to drink plenty of non-calorie liquids like tea, broth and water to prevent dehydration. This is especially important if are vomiting, have diarrhea or have frequent urination.

6. If you are unable to eat your regular meal plan, substitute the below foods that have 15 grams of carbohydrate every 1 to 2 hours. If you have been throwing up or are nauseated, choose liquids and sip very slowly. The box below is a list of foods with one serving of carbohydrate.

7. Ask about getting a flu, pneumonia and COVID-19 vaccine when you are well.

Snacks with 15 grams of carbohydrate:

- ½ cup applesauce
- ½ cup regular soft drink
- 1 slice toast
- ½ cup ice cream
- ½ cup hot cereal
- ½ cup fruit

8. Be prepared for illness. Have a Sick Day Kit Ready!

- Extra medications for diabetes and other symptoms
- Blood glucose testing equipment
- Thermometer
- Pulse oximeter oxygen saturation monitor (for COVID)
- Sugary and non-sugary fluids
- Ketone test strips (if instructed by your healthcare team)
- A sick day plan of action

8. During illness, call your healthcare provider if:

- If you can’t get your blood sugar levels below 300mg/dl.
- You have a persistent fever.
- You vomit more than once or have diarrhea 5 or more times within 24 hours.
- You are very weak, have stomach pain or difficulty breathing.
- If your urine shows moderate or large amounts of ketones.
- For other reasons that you and your provider have discussed.

Thank you Elders!

Coos
Marc Marlow
Immediate Family:
• Son of Maxine and Gary Marlow, nephew of Chief Warren Brainard, Nellie Zimmer, Skip Brainard, Frank Brainard, Ron Brainard, and Jo Brainard. First cousin to many. Brother to Stephanie Watkins. Father to four children: Elliott (named after his great-grandmother, Abigail Elliott), Gregory, Abigail (also named after great-grandmother), and Elizabeth Anne, aka Annie. Marc also has five grandchildren and one on the way!

Favorite Hobbies:
• Hunting
• Fishing
• Traveling

Favorite Sayings: “Courage is rightly esteemed the first of human qualities… because it is the quality which guarantees all others.” — Winston Churchill

Proudest Accomplishments:
• Having a successful long-term marriage.
• Raising four healthy, productive children.
• Maintaining harmonious relationships with all I encounter.

Bucket List:
• Finishing my second novel
• Travel through Eastern Europe

DIABETES AND COVID – 19

- Prevent transmission
  - Wash hands, wear a face covering, stay home and keep a six feet distance from others.

- Symptoms of COVID-19 include:
  - Fever, cough, shortness of breath, fatigue, muscle or body aches, headache, new loss of smell or taste, sore throat, congestion or runny nose, diarrhea, nausea or vomiting.

- Emergency Symptoms - Seek Medical Attention Immediately:*  
  - Trouble breathing
  - Blush lips or face
  - Persistent pain or pressure in the chest
  - Inability to stay awake
  - New confusion

*This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.

Call 911 or call ahead to your local emergency facility: Notify the operator that you are seeking care for someone who has or may have COVID-19.

More info at the CDC Website https://www.cdc.gov/coronavirus
12 Month Emergency Preparedness Calendar: Work, School, & Community

Contributed by: Armando Martinez. Article by: do1thing.com

Being prepared for disasters and emergencies can seem like a big job. Many people don’t know where to start, so they never start at all. With Do 1 Thing you can take small steps that make a big difference in an emergency. Do 1 Thing is a 12-month program that makes it easy for you to prepare yourself, your family, and your community for emergencies or disasters.

THE MISSION OF DO 1 THING IS TO MOVE INDIVIDUALS, FAMILIES, BUSINESSES AND COMMUNITIES TO PREPARE FOR ALL HAZARDS AND BECOME DISASTER RESILIENT

MAKE SURE EMERGENCY PROCEDURES ARE IN PLACE FOR YOUR WORKPLACE OR SCHOOL.

Talk to your employer about emergency plans for the building where you work. Think about other places that you and family members regularly spend time, like your child’s school. Talk to administrators at those places about their emergency plans as well.

WAYS TO BE SAFE AT WORK AND SCHOOL:
• Make sure evacuation routes and tornado shelter locations are marked on a map and posted in the building.
• Hold emergency training and drills.
• Help create an emergency kit for the facility.
• Know where fire extinguishers and Automatic External Defibrillators (AEDs) are located.

WORK, SCHOOL, & COMMUNITY

THE GOAL: Make sure everyone in your household can receive, understand, and act on information received in an emergency. Disasters can happen at any time. If you are away from home do you know where to find safe shelter locations? Do you know what the emergency procedures are for your child’s school or for your workplace? Will people who count on you know what to do if you can’t reach them? Know how to make sure you and your loved ones are safe in a disaster, no matter where you are.

CHOOSE ONE OF THE FOLLOWING THINGS TO DO THIS MONTH TO BECOME BETTER PREPARED:

1. Give emergency kits to people who count on you (college students, elderly parents, etc.).

Put together basic emergency kits for people who may not be able to do so for themselves or for those who may not think of doing it for themselves. Show them what is in the kit and talk to them about disasters. Make sure the kit meets their specific needs. For instance, if someone takes prescription medicine, include a list of medications and dosages. For a college student, make sure the kit is small enough to store in the space they have available.

COLLEGE STUDENTS

Talk to your college student about how you will stay in touch if a disaster occurs. Make sure they understand that cell phones may not work during a disaster. Choose an emergency contact who does not live near you or the college. Arrange with your student to call that person if they can’t reach you during a disaster.

Visit the website for your student’s college to find out about the school’s disaster plans and procedures. Some colleges will provide a phone number that you can call in an emergency. If you don’t find the number on the website, call the admissions office and ask. Add the number to your emergency contact list. Make sure your student knows to call you if there is an emergency on campus. Also, ensure your student is registered for any emergency notification system on their campus.

INSURANCE

Talk to your insurance agent to find out if your policy covers your student’s belongings while they are away at school. You may need to buy an additional renter’s policy. Also check with your health insurance carrier to find out where your student can find covered healthcare at school.

The “Emergency Supplies” fact sheet has more information about making emergency kits for work and school.

2. Know how others in your community will respond in a disaster.

Talk to other people when you are developing an emergency plan for a school, workplace or organization. Get input from people who work there and other people who use the building. It is especially important to include people with disabilities. Think about asking your local police and fire departments to review the plan. Make sure that what you are planning won’t interfere with emergency response.

Find out if your community has designated evacuation routes for floods, hurricanes, or other disasters. Include that information in your plans. Make sure that the plans you develop will work for everyone.

Welcome Baby Laliiya (Liila) Iris Ts’ehem

On the first of April the Tribe was gifted with another member; Laliiya (Liila) Iris Ts’ehem do san, ma, Iris hijii sinsan. hijii Miluk k’a. Parents Enna Helms and Noly Chouinard, sisters Raquel, Dakota and Isa and brothers Duuwii and Herman welcome her into the family.

Two days old, sleeping soundly in her hazel and spruce root basket made by mom.

Picture at right: Laliiya (Liila) at 11 days old
COVID-19 Vaccine Update

Contributed by Kristy Petrie, RN BSN, Community Health Nurse

As of April 7, 2021 CTCLUSI has administered 1,137 COVID-19 Moderna Vaccines (primary and booster). Our shot clinics have been held in Coos Bay, Florence and Eugene. A big thank you to Tribal Council for approving our vaccine plan and advocating for our Tribal community, CTCLUSI Health Department, Dental Clinic, maintenance staff, Information system team, Tribal Police, The Medical Reserve Core Volunteers, and everyone else who has played an important role in making these vaccines happen.

CTCLUSI has been providing vaccines to our Community for three months now. We will be ending our independent first-dose clinics here at CTCLUSI in April, 2021. Our second dose (booster) clinics will be complete in May, 2021. The Coquille Medical Clinic ended their first dose appointments on April 9, 2021. Don’t panic, we have been closely working with Local Public Health here in Coos County and CTCLUSI staff will be still providing important COVID-19 vaccines to our community with our local partners. Recently local pharmacies have taken on an important role of vaccinating our Communities as well. Coos Health and Wellness, Bay Area Hospital, Coquille Valley Hospital, Southern Coos Hospital, and the Coastal Community Center have all held large vaccine events and recently have had difficulties filling their clinics, even when opening it up to everyone to prevent wasted vaccines at the end of a clinic day. Partnering with our local partners also allows for our CTCLUSI staff to have more time to provide services for our Tribal members and community.

Our plan is to have a list of resources and vaccine locations on the CTCLUSI website to keep everyone updated. Our local partners have updated their websites as well. Please make sure to check their websites for information as needed. According to the Oregon Health Authority, Governor Kate Brown announced that all Oregonians over the age of 16 could begin getting vaccinated against COVID-19 starting April 19th. Keeping in mind that Moderna and Johnson & Johnson* is approved for 18 and older, and Pfizer is approved for 16 and older. There is a high probability that Coos Health and Wellness will be getting a shipment of Pfizer in the next few months. Please keep an eye on the CTCLUSI website for updates.

“As of April 13, 2021 the CDC and FDA have recommended a pause in the use of Johnson & Johnson Covid-19 Vaccine in the United States. People who have received the J&J/Janssen COVID-19 Vaccine within the past three weeks who develop severe headache, abdominal pain, leg pain, or shortness of breath should seek medical care right away.

Resources:
- Coos Health and Wellness Vaccine update, registration for indidual: https://cooshealthandwellness.org/
- Bay Area Hospital: Book an appointment if eligible and available at https://booking.appointy.com/en-US/kdion/bookings/calendar?sr=845573&fbclid=IwAR1t11HWaSrrSs52fHk0hs1-gr9b2n07XXMGCnDpAl4dMhnm-pABMBUSp3s04
- Coquille Council Hospital: https://www.cvhospital.org/covid-19-vaccinations/
- Southern Coos Hospital & Health Center: https://southerncoops.org/vaccine/
- Oregon Health Authority Updates: https://govstatus.egov.com/OR-OHA-COVID-19

WHAT YOU NEED TO KNOW ABOUT COVID-19 VACCINES

1. You can help stop the pandemic by getting a COVID-19 vaccine. To protect our elders and our community, we need to use all our prevention tools. Vaccines are one of the most effective tools to protect our health. Vaccines work with your body’s natural defenses so you can fight the virus.

2. Each tribal nation or state has its own plan for deciding who will be vaccinated first. Contact your health department or clinic to find out when and where vaccines will be available in your community.

3. The COVID-19 vaccine can help keep you from getting COVID-19. You should still take steps to protect yourself and others after getting each shot. It is important for everyone to continue using all the tools available to help stop this pandemic and keep your people safe. You should continue to wear a mask when you are outside, wash your nose and mouth in public, stay 6 feet apart, avoid crowds and poorly ventilated spaces, and wash your hands often.

4. Getting the vaccine and following CDC’s recommendations for protecting yourself and others will offer the best protection from getting and spreading COVID-19. You should still take steps to protect yourself and others after getting each shot. You may still get vaccinated if you have severe allergies to egg, fish, crustaceans, tree nuts, latex, or things in the environment like pollen or dust.

5. Some COVID-19 vaccines need two shots. If you are told you need two shots, make sure to get your second shot at the time you are told, so you can get the most protection.


7. After COVID-19 vaccination, you may have some side effects. You may have tiredness, headache, chills, and mild fever for 1–2 days. These are normal signs that your body is building protection against COVID-19. After getting the shot, you will be asked to wait for 15–30 minutes to see that you are okay.

8. You should still get vaccinated if you’re already had COVID-19. If you have already had COVID-19, it is possible — although rare—that you could get COVID-19 again. Experts do not yet know how long you are protected from getting sick again after having COVID-19. Vaccination is the best protection.

9. If you have recovered from COVID-19, ask your health provider when you should be vaccinated.

covid.gov/coronavirus/2019-ncov/vaccines/traditional
Education Corner

Tutoring

As we know, schools have started this year are either in a hybrid model or completely online. Regardless of what your educational path is, the Education Department is here to help. If your student is in need of tutoring, please go to our website (www.ctclusi.org). Under Member Services, please click on the Higher Education tab. Under the Higher Education tab, scroll down to Education Programs. There you will the survey that can be filled out to submit tutoring needs to the education department. Here is the direct link to the survey: https://laserfiche.ctclusi.org/Forms/ED-Tutor-Request.

As the last quarter of the school year in underway, there is still time to end the year on a positive note!
Contact Josh Davies (541) 888-1314 or by email at jdavies@ctclusi.org

SAMHSA
Substance Abuse and Mental Health Services Administration

Update: We are excited to share that the grant is moving forward in a positive direction. After resubmission of documents, all involved working hard to document submission, we were told great news. THANK YOU! We are doing our best during these difficult times to create tailor programming based off the feedback from those surveys that you turned in. As we move through the Pandemic, our hopes are to eventually get you all in person and continue to grow as an education department and community safely and respectfully. Be on the lookout for save the date calendars of potential news and upcoming programming. We look forward to seeing you all and your kids virtually and in person in the near future.

Student Spotlight
Olivia Green

Tribal member Olivia Green is graduating from Skyview High School in Vancouver, WA.

She has been accepted to the University of Washington, Foster School of Business to study Finance this Fall.

Congratulations Olivia and keep up the good work!

CTCLUSI Education News Facebook Group Page

Information for CTCLUSI TRIBAL Members about higher education needs, financial aid, events and activities are shared here. Education Department and other CTCLUSI departmental activities will also be shared here. Higher Education students are also encouraged to join this page as important college information will be posted as we get it (scholarships, internships, etc.). Please look for the CTCLUSI Education News and click join group!

The CTCLUSI Education Department is very proud of all of your hard work and we want to recognize that you are finally graduated!!
Any High School students who are graduating please contact the Education Department!
We would like to make a senior page to recognize all of our graduates.
As plans are underway for our first ever Virtual Student Recognition Dinner, June 19th will be a great day to come together to give praise to all of our students who endured a year that was so hard and unprecedented.
Come and join in support of our children, our youth, and our future.

Please send in any achievements, awards, or accolades that your student has received this year.
We are looking to host a student corner that will spotlight students monthly and will be able to communicate their great accomplishment(s) with the Tribal Membership.
Please submit a picture, a brief description, and also a release stating we can use photo and information for upcoming newsletters.
Email jdavies@ctclusi.org
Education Corner

Attention Higher Education Students

Scholarships are now open.
Links for the Scholarship applications will be posted online at https://ctclusi.org/education/
Paper applications are available upon request.

The Deadline for Scholarship Applications is May 23rd at 11:59 PM PST!

Scholarship recipients will be announced at the Tribe's Student Recognition Dinner and posted on the CTCLUSI Education Facebook Page.

For more information and/or questions, please contact:
Karen Porter @ (541) 888-1315 or kporter@ctclusi.org or
Josh Davies @ (541) 888-1314 or jdavies@ctclusi.org

SAVE THE DATES
May and June 2021

May 12th @ 6:00pm
Literature Night:
Middle School Students

May 12th @ 7:00 pm
Parent Night subject: Summer School

May 23rd
Tribal Scholarships due

May 19th @ 6:00pm
Youth Dreamcatcher Making Class

June 19th
4:00pm
Virtual Student Recognition Dinner

July 6th-16th
Summer School

For More Information and/or to RSVP contact the
EDUCATION DEPARTMENT:

JOSH DAVIES
EDUCATION DIRECTOR
1-541-888-1314
jdavies@ctclusi.org

ERIQ ACOSTA
EDUCATION SPECIALIST II
1-541-888-7318
eacosta@ctclusi.org

KAREN PORTER
EDUCATION SPECIALIST
1-541-888-1315
kporter@ctclusi.org

PARENT INFORMATIONAL NIGHT
We Want to Hear from You

Please join us May 12th at 7:00pm for a Q and A with your Education Department. We are seeking input on how parents feel about sending their student(s) to Summer School this year. Whether we have a hybrid/cohort model, online virtual, or in person, depends on how we can best serve our Tribal Members. We appreciate your support, thoughts and ideas.

Join Zoom Meeting
https://zoom.us/j/95509719107?pwd=NlpDR2NQT0FtbnpMRGErbzQzU0dXZz09
Meeting ID: 955 0971 9107
Passcode: 293515

For more information and to RSVP contact:
Josh Davies, Education Director
jdavies@ctclusi.org
541-888-1314 (office) or 541-294-4105 (cell)
or email education@ctclusi.org

Announce Your Graduation in The Voice of CLUSI

Did you graduate this year? What degree(s) did you obtain? What did you major and minor in?
Celebrate your accomplishments by sending a photo and your information to the Education Department by emailing education@ctclusi.org

You could also add a message about your experience, something that you would like to share with our younger Tribal members.
### MAY 2021

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<td>Miluk Class 3 - 5 p.m.</td>
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<td>Prevention Bingo 6 p.m. Hanis Class 3 - 5 p.m.</td>
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<td>Sha’yuush’la-Quuiich Class 3 - 5 p.m.</td>
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<td>Tribal Council Meeting 10 a.m. Mother’s Day Virtual Adult Class: Graduation Necklaces 6:00 p.m.</td>
<td>Circles of Healing Medicine Bags class 6:00 p.m.</td>
<td>Literature Night Middle Schoolers 6:00 p.m. Parent Night w/ Edu 7:00 p.m. Hanis Class 3 - 5 p.m.</td>
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<td>Sha’yuush’la-Quuiich Class 3 - 5 p.m.</td>
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<td>Dreamcatchers w/ Edu 6:00 p.m. Hanis Class 3 - 5 p.m.</td>
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<td>Scholarships Deadline</td>
<td>Cedar Baskets 6:00 p.m. Miluk Class 3 - 5 p.m.</td>
<td>Bug Scavenger Hunt 6:00 p.m. Hanis Class 3 - 5 p.m.</td>
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<td>Sha’yuush’la-Quuiich Class 3 - 5 p.m.</td>
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<td>Miluk Class 3 - 5 p.m.</td>
<td>Circles of Healing Feather Fans class 6:00 p.m.</td>
<td>Hanis Class 3 - 5 p.m.</td>
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<td>Sha’yuush’la-Quuiich Class 3 - 5 p.m.</td>
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<td>Sha’yuush’la-Quuiich Class 3 - 5 p.m.</td>
<td>Virtual Student Recognition Dinner 4:00 p.m.</td>
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<td>Independence Day</td>
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Details of events may change. Please visit https://ctclusi.org/events/ to view the calendar on the Tribal website.
Honoring of Elected Tribal Officials

Submitted by Enrollment/Election Department

On Sunday April 11, 2021 Tribal Council was presented with a “Thank You”, gift of a dentalium necklace for their dedication and hard work. Materials were provided by Enrollment/Election staff with the assistance of Tribal Members Ashley Russell and Melinda Sprague and staff Kristy Petrie.

The necklaces are handmade with beads, abalone, pine nuts, and dentalium, strung on sinew. Kristy Petrie made all these and processed all the dentalium. Pine nuts were donated and prepared by Ashley Russell and leather wraps to hold the strands together were prepared by Melinda Sprague.

Each Council member was gifted one necklace strand for each year of their elected service: Chief Doc Slyter received 6 strands; Debbie Bossley, Josh Davies and Doug Barrett all received 3 strands; Mark Petrie and Illiana Montiel received 2 strands and Enna Helms received one strand. Going forward, we will do this each April to continue to honoring the elected officials of the Confederated Tribes Tribal Council and Chief.

In addition to recognition of the present Council, we are going to create a plaque to be displayed in the Historic Tribal Hall with the names of all elected officials of Confederated Tribes Coos, Lower Umpqua & Siuslaw since Restoration.

The commitment made by the elected officials of the Tribe comes with great responsibility. The sacrifice of personal time to devote to the betterment of the Tribes and the hard decisions made to preserve financial health and efficiency in Tribal Government and all Tribal Enterprises and continued services to membership come with many hours of deliberation. Soon we will have a place in the Historic Tribal Hall for all to see the names of those who have made this commitment over the years.

ENROLLMENT DEPARTMENT

NEWS

REQUEST A NEW TRIBAL ID CARD ONLINE!
Visit www.ctclusi.org and go to Enrollment.
Fill out the new form online, upload a new photo and your card will be mailed to you in 7-10 days.
You must verify your mailing and physical address and list a phone number in case I need to contact you for additional verification over the phone.

Questions?
Email Jeannie McNeil at jmcneil@ctclusi.org

April 13, 2021
For Immediate Release

HOLLERING PROJECT DELAYED, TRIBE AND CITY COMMITTED TO WORKING TOGETHER ON DEVELOPMENT OF THE AREA

Coos Bay, Oregon -- The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians ("Tribe") and the City of Coos Bay through the Coos Bay Urban Renewal Agency ("URA") announced that the Tribe’s development of a cultural center at the Hollering Place, located on the corner of Newmark Avenue and Empire Boulevard, is on indefinite hold. Economic impacts associated with the COVID crisis has significantly impacted the ability of the Tribe to proceed with development of the property.

Development of the Hollering Place, including the transfer of property from the URA to the Tribe, was agreed to by the URA and Tribe in a development agreement and called for a joint approach for the development of two parcels of property. In October, the Coos Bay Planning Commission approved land use plans a proposed the Hollering Place Cultural Center, which would be home to historical and cultural exhibits and serve as a place to share Tribal culture.

As part of the development agreement, the Tribe agreed to construct a new seawall to protect the lower bluff property from erosion in exchange for transfer of the upper lot. Construction of the sea wall was completed by the Tribe last year. On June 20, the deed to the upper bluff parcel was signed over to the Tribe.

In recent discussions, the Tribe and the URA agreed that the Tribe would retain ownership of the upper bluff parcels and explore options for development in the future. Lower lot ownership will remain with the URA and it is expected that the URA will explore other development options in the months ahead. The parties remain committed to working together for positive economic development in the area and across the region.

For further information, contact Rodger Craddock, City Manager, City of Coos Bay at 541-269-8912 and Sharol McDade, Chief Executive Officer, Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians, at 541-888-7527.
Low Income Home Energy Assistance Program

The Health and Family Support Services Department is offering Heating for qualifying low income households. To receive heating assistance contact the Health and Family Support Services Department or fill out an application on the CTCLUSI website at https://ctclusi.org/family-services. Eligible households must reside in the five county service area of Coos, Curry, Lincoln, Douglas, and Lane, and fall into 60% of the Estimated Oregon State Median Income as listed below. To qualify, your yearly income needs to be at or below the following income:

1 Person Family $27,805
2 Person Family $36,361
3 Person Family $44,916
4 Person Family $53,472
5 Person Family $62,028
6 Person Family $70,583

In order for your application to be processed and determine qualification you must provide:

- Proof of Income (Pay Stub)
- Social Security Card
- Copy of your utility bill
- SSI or SSDI Statement of Benefits
- Tribal Enrollment Card
- Child Support Statement
- Oregon Trail Card
- Current Oregon Health Plan Card

No appointment is necessary as Tribal Households can fill out the application online at https://laserfiche.ctclusi.org/Forms/LIHEAP, or you can contact a Family Support Services staff to assist you. The general CTCLUSI Family Support Services Department number is 541-888-6169. If you have any questions regarding the LIHEAP program, you can also contact Shayne Platz at 541-297-3450.

*Note that available funding can be subject to change.

CTCLUSI Drug and Alcohol Prevention

Red Roads to Wellbriety Recovery Support Meeting via Zoom

These meetings are for Tribal Family members 18+ who are in Drug and Alcohol recovery.

Date: Monday, May 17th 2021

Time: 5:30 – 7:00 P.M.

Deadline to RSVP is Monday, May 14th 2021

Please make sure to have a confidential space available during the meeting. Materials will be mailed to participants and zoom links will be provided via email the day of the meeting.

Contact Doug Barrett to RSVP at 541-297-2130. This program is funded by the Northwest Portland Area Indian Health Board Targeted Opioid Response Grant.