The Voice of CLUSI



May 2017

Issue 5
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www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Spring Break 2017



Youth enjoyed a day full of learning and fun at OMSI in Portland, Oregon during Spring Break 2017

Contributed by Amanda Craig, Air and Water Protection Specialist

This year, the Tribes held Spring Break Camp at the Oregon 4H Center & Camp in Salem, OR. The Tribes were welcomed, as always, with friendship by all those who work to keep the 4H camp up and running. After a long day of traveling, we arrived at camp mid-day Monday. After getting settled and formed into their cabins, the campers were tasked with naming their clans and creating an emblem or regalia representative of their newly formed families. This year the campers became; The tkalis (sun-Hanis) Maggots; The kwiiyatlch (little sisters-Hanis); The Pellel (blackbear-Hanis); The Xiiya (raccoons-Hanis).

This year's camp had two fieldtrips, the first being the always loved trip to the Evergreen Wings & Waves waterpark in McMinnville, OR, where the campers spent the day swimming and going down waterslides. The day ended with an ice cream

sandwich party to cool down from the day. The following day we took a fieldtrip to OMSI, The Oregon Museum of Science & Industry, on the waterfront in Portland. The campers toured the USS Blueback, a decommissioned military submarine docked outside OMSI in the Columbia River, where they were able to learn how a submarine works and take a glimpse into the lives of the 85-crew members who worked on the Blueback for months at a time. We also were able to go into the planetarium for a demonstration of PNW constellations, including an explanation of the upcoming total solar eclipse coming up on Aug. 21, 2017. Between these activities, touring the Lego art exhibition and the energy & electricity exhibit, we had a very busy-educational-fun filled day.

During the mornings and evenings, the campers had the Story continues on page 10

Important PRC Information

Please remember, you must call PRC at (541) 888-4873 or (800) 227-0392 to get a Purchase Order (PO) before you go to your medical appointment. Claims without a PO will be denied and you will be responsible for payment to the provider.

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Tribal Council Business

As Reported at the April 9, 2017 Regular Tribal Council Meeting

Chief Warren Brainard:

Mar 12 Regular Council Meeting Mar 16 Executive Work Session Mar 17-18 Elders Honor Day

Mar 29 Business Council Meeting; Gaming Facility Operations

Review Board (GFORB)

Doc Slyter:

Mar 12 Regular Council Meeting Mar 15 Housing Committee Meeting

Mar 16 Executive Work Session

Mar 17 Elders Honor Day

Mar 23 Oregon Department of Education Meeting; Executive

Work Session

Mar 29 Business Council Meeting; Gaming Facility Operations

Review Board (GFORB)

Apr 3 Cleaned Up Garbage on the Reservation

Apr 4 Meeting with Gary Sims at Shutters Creek Correctional Facility then gave him a Tour of Lighthouse, Garden, and

Plankhouse.

April 5 Interview will College Student on Historical Marine

Biology.

Beaver Bowen:

Mar 12 Regular Council Meeting

Mar 16 Executive Work Session

Mar 23 Oregon Department of Education Meeting; Executive

Work Session

Mar 29 Business Council Meeting; Gaming Facility Operations

Review Board (GFORB)

Apr 6 Election Board Meeting

Teresa Spangler, Vice - Chairman:

Mar 12 Regular Council Meeting

Mar 15 Housing Committee Meeting

Mar 16 Executive Work Session

Mar 17-18 Elders Honor Day

Mar 23 Oregon Department of Education Meeting; Executive

Work Session

Mar 24 Government Contract Training

Mar 26 Met with Jeff Merkley; Town Hall Meeting

Mar 29 Business Council Meeting; Gaming Facility Operations

Review Board (GFORB)

Apr 6 Oregon Tribal Gaming Alliance

Arron McNutt:

Mar 12 Regular Council Meeting

Mar 16 Executive Work Session

Mar 23 Oregon Department of Education Meeting; Executive

Work Session

Mar 29 Business Council Meeting; Gaming Facility Operations

Review Board (GFORB)

Tara Bowen:

Mar 12 Regular Council Meeting

Mar 16 Executive Work Session

Mar 23 Oregon Department of Education Meeting; Executive

Work Session

Mar 29 Business Council Meeting; Gaming Facility Operations

Review Board (GFORB)

Mar 24 Government Contract Training

Mark Ingersoll:

Mar 16 Executive Work Session

Mar 17-18 Elders Honor Day

Mar 23 Oregon Department of Education Meeting; Executive

Work Session

Mar 26 Met with Jeff Merkley; Town Hall Meeting

Mar 29 Business Council Meeting; Gaming Facility Operations

Review Board (GFORB)

Mar 24 Government Contract Training

Apr 6 Election Board Meeting

Next Council Meeting

May 21, 2017

Community Center

338 Wallace Street, Coos Bay, OR 97420

10:00 a.m.

CTCLUSI Resolutions

RESOLUTION NO.: 17-024

Date of Passage: April 9, 2017

Subject (title): Siuslaw School District, Title VII, Indian

Education Program

Explanation: Tribal Council approved the goals and spirit

of the Siuslaw 97 J Districts' Indian Education Program Goals; this support constitutes no obligation, authority, responsibility or financial cost to the Confederated Tribes of Coos. Lower

Umpqua and Siuslaw Indians.

RESOLUTION NO.: 17-025

Date of Passage: April 9, 2017

Subject (title): Re- Appointment to Blue Earth Federal

Corporation Board of Directors

Explanation: Tribal Council approved the re appointment of

positon #3 Jim Berg, position #4 Jim Clark and

position #5 William Ingersoll.

RESOLUTION NO.: 17-026

Date of Passage: April 9, 2017

Subject (title): Enrollment Name Changes

Explanation: Tribal Council approves the name change of one

(1) Tribal member.

RESOLUTION NO.: 17-027

Date of Passage: April 9, 2017

Subject (title): Enrollment of New Members

Explanation: Tribal Council approves the Enrollment of the

following Tribal members: Emma Rose Maxwell; Remi Ann Marie Zimmer; Jayson James Whitley; Olivia Mae Wisdom; Hailey Rae Henderson; Noah Thomas Newsome; Christopher Levi Holliday; Kristiana Lea Porter; Phillip Daniel Lee McGinness; Alayna Drew Toble; William

Frederick Newsome.

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and intersted in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy

ATTENTION VETERANS **AND FAMILIES**

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices.

Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief

Tribal Chief

541-297-1655 (cell) wbrainard@ctclusi.org

Doc Slyter Position #1 Council

541-808-7625 (cell) dslyter@ctclusi.org

Beaver Bowen Position #2 Council 541-290-4531 (cell)

bbowen@ctclusi.org

Mark Ingersoll, Chairman Position #3 Council

541-290-4610 (cell) mingersoll@ctclusi.org

Tara Bowen **Position #4 Council**

541-808-7394 tbowen@ctclusi.org

Teresa Spangler, Vice Chair

Position #5 Council 541-808-4828 (cell) tspangler@ctclusi.org

Arron McNutt Position #6 Council

541-297-1183 (cell) amcnutt@ctclusi.org

Council Meeting May 21, 2017

Community Center 338 Wallace Street, Coos Bay, OR. 97420 10:00 a.m.

Agenda:

- 1. Call to Order
- 2. Invocation
- 3. Approval of Minutes as needed
- **Tribal Council Reports**
- Tribal Administrator Report
- Chief Financial Officer Report 6.
- Old Business
- 8. **New Business**
- Other 9.
- 10. Good of the Tribes
- 11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

Upcoming Events

May 4th - Elders Luncheon, Izzy's Eugene, OR 11:30 a.m.

May 5th - Deadline to apply for CTCLUSI Summer Student Internships

May 5th - 7th - Healing of the Canoe Weekend Workshop

May 9th - Ladies Self Care Circle, Community Center 3:30 p.m. – 5:30 p.m.

May 10th - Parenting Workshop, Florence Outreach Office 5:30 p.m.

May 11th - Oregon Dept of Edu Discussion, Community Center, 5:30 p.m.

May 13th - Cedar Bark Gathering, Florence 10 a.m.

May 13th - Ladies Tea, Tribal Hall 12:00 p.m.

May 13th - School to Work Workshop, Springfield Outreach Office 9:00 a.m.

May 16th - Tribal Family Gathering, TRC Buffet Florence, 5:30 p.m.

May 19th - 21st - Healing of the Canoe Weekend Workshop

May 21st - Tribal Council Meeting, Community Center 10:00 a.m.

May 17th - Parenting Workshop, Florence Outreach Office

May 20th & 21st - Weaving Workshops, Tribal Hall 10:00 a.m. - 4:00 p.m.

May 24th - Parenting Workshop, Florence Outreach Office 5:30 p.m.

May 26th - CTCLUSI Scholarship Essay Deadline

May 31st - Deadline for Bus Design Competition

May 31st - Parenting Workshop, Florence Outreach Office

June 3rd – School to Work Workshop, Florence Outreach Office 9:00 a.m.

June 3rd - National Trails Day Hike, Cape Perpetua Visitor's Center 9:00 a.m.

June 5th - Deadline for Culture Camp Logo Design Contest June 16th - 18th - Elders Train Trip, Elgin, OR

June 17th - Student Recognition Dinner, Community Center 4:30 p.m.

June 17th – Float Hunt Prevention Activity, Florence 10:00 a.m. – 2:00 p.m.

June 20th – Summer Solstice, Tribal Hall, activities all day. Breakfast 9:00 a.m., Lunch 12:00 p.m., Dinner 6:00 p.m.

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Government Office

Alexis Barry Chief Executive Officer 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll free 1-888-280-0726 Fax 541-888-2853 abarry@ctclusi.org

Health & Human Services Division

Vicki Faciane - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-7515 Toll free 1-888-280-0726 Fax 541-888-5388 vfaciane@ctclusi.org

Department of Human Resources

Stephanie Watkins - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-7508 Toll Free: 1-888-280-0726 Fax: 888-723-3270 swatkins@ctclusihr.org

Tribal Housing Department

Linda Malcomb - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1310 Fax 541-888-2853 lmalcomb@ctclusi.org

Purchased/Referred Care (FKA Contract Health Services)

Sharon Arnold - PRC Specialist 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-4873 Toll free 1-800-227-0392 Fax 541-888-5388 sarnold@ctclusi.org

Education Department

Angela Bowen-Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-1317 Toll free 1-888-280-0726 Fax 541-888-2853 abowen@ctclusi.org

Family Services

Shayne Platz, Lead Case Manager 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-744-1334 Toll Free 1-800-877-2718 Fax 541-744-1349 splatz@ctclusi.org

Tribal Dental Clinic

Dr. Sarah Rodgers 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-6433 Toll free 1-877-688-6433 Fax 541-888-7505

Elders Activities Andrew Brainard

CHR/Elders Activity Program Coordinator 1245 Fulton Ave. Coos Bay, OR 97420 Phone 541-888-7526 Fax 541-888-5388 Toll Free 1-888-280-0726 imontiel@ctclusi.org

Tribal Court

J.D. Williams Chief Judge 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll Free 1-888-280-0726 tribalct@ctclusi.org

Cultural Department

Jesse Beers - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1319 Fax 541-888-2853 jbeers@ctclusi.org

Springfield Outreach Office 1126 Gateway Loop

Suite 102 Springfield, OR 97477 Phone 541-744-1334 Toll Free 1-800-877-2718 Fax 541-744-1349

Florence Outreach Office Physical: 3757 Hwy. 101

Mailing: P.O. Box 2000 Florence, OR 97439 Phone 541-997-6685 Toll Free 1-866-313-9913 Fax 541-997-1715

Tribal Gaming Commission

Brad Kneaper Executive Director of the **Gaming Commission** 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-2830 Fax 541-997-7293 bkneaper@ctclusi-pd.com

Tribal Police Brad Kneaper

Chief Law Enforcement Officer 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-6011 Fax 541-902-6507 bkneaper@ctclusi-pd.com

Department of Natural Resources

Margaret Corvi Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1304 Toll Free 1-888-280-0726 Fax 541-888-2853 mcorvi@ctclusi.org



Were you recently diagnosed with **Diabetes?**

Have you been told you have *pre-Diabetes*?

If the answer is yes and you live in the 5-county service area (Coos, Curry, Douglas, Lane, and Lincoln Counties), the Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians Diabetes Program has a special kit designed just for you!

Inside your CTCLUSI Diabetes Kit you will find:

A Glucometer (blood sugar meter)

Glucose Testing Strips

Lancets

Band-Aids

Alcohol Wipes

Cotton Balls

Diabetes Wellness Book

Food Journal

Exercise Journal

Portion Control Plate

For further information, please contact Diabetes Program Coordinator

Dani Bliss at 541-888-9577 ext. 7558 or by email at dbliss@ctclusi.org



Sponsored by CTCLUSI Health & Human Services Division IHS Special Diabetes Program for Indians Grant

6th Annual National Trails Day June 3rd!

Contributed by Joanne Kittel

Participants will meet at the Cape Perpetua Visitor's Center just south of Yachats, Oregon. There will be beverages and snacks provided from 8:30-8:45am and the event will begin with a presentation at 9:00am on trail appreciation and the collaboration involved in creating and maintaining a viable trail system. After the presentation, three hiking opportunities will be offered:

The Discovery Loop is 1.5 miles - a moderate hike up and easy hike down. It provides an overview of the bio-diversity of the forest. A new cell phone app is in the works and may be available that will take youth on a discovery hunt.

The West Side Trail is a 2-mile loop - an easy to moderate hike. Participants will traverse basalt rocks and will learn about the interplay between the forest and the sea while exploring tide pools and marine life.

The Amanda Trail is 3 miles one-way - easy to moderate to difficult; it includes crossing a narrow creek and there is no outlet until 2.2 miles. Participants will drive their vehicles to the start located at the top of Cape Perpetua and will be carpooled back to their vehicles at the end of the hike. They will learn about the local First Nation history and the true Amanda story that depicts the sad story of the brutal prison camp that existed in Yachats.

Recommendations: Dress in layers, bring a walking stick, carry your own water, and wear good hiking shoes, especially for the Amanda hike.

Cedar Bark Gathering Saturday, May 13, 2017

We will leave the Florence Office, 3757 Hwy 101 at the old Windward Inn, at 10:00 am.

We plan to return around 4:00 pm.

Lunch and drinks will be provided.

This is an enjoyable event for Tribal Members and Families of all ages.

Please R.S.V.P. at 541-435-7155 or toll-free at 1-888-365-7155 no later than Tuesday, May 9, 2017



Co-Sponsored by:
Confederated Tribes of Coos, Lower
Umpqua & Siuslaw Indians
Health & Human Services Division
Prevention Activity Program
and Culture Department



We are Gathering for Regalia making.
If time permits, everyone will be able to make a Folded Bark Container.

These pictures are of Folded Bark

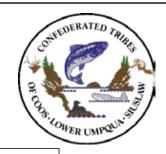
These pictures are of Folded Bark Containers handmade by David Brainard.



We will provide transportation from Florence to the gathering site, due to lack of parking space on the mountain.







Wisdom Warriors

Living Wise - Living Strong

Notice

Due to circumstances beyond our control, the Wisdom Warriors Program scheduled to start on May 3, 2017 and running through June 7, 2017 has been postponed.

There is no new start date as of yet.

Please watch future editions of The Voice of CLUSI for information about the new launch date.

We apologize for any inconvenience.

Sponsored by Wisdom Warriors, Stanford University (CDSMP), The Yellowhawk Tribal Health Center, CTCLUSI Health and Human Services Division & The Special Diabetes Program for Indians

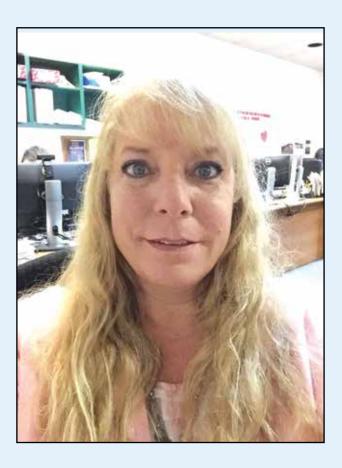
Tribe Welcomes Kathy Perkins

Contributed by Jeff Stump, Planning Director

I'd like to introduce you to our new Transportation Coordinator - Kathy Perkins.

Many of you already know Kathy, a Hanis Coos Tribal member, from all the great work she has done for the Tribes over many years. She comes to us after a long and successful run with from the Three River's Casino in Florence. More recently here at Tribal Government, you've likely seen all the great on-call work she's been doing. Luckily, she agreed to join the Planning Department in this brand new position for the Tribes, the Transportation Coordinator, and we couldn't be happier.

Kathy's office is in the Administration Building in the fish bowl. In the coming days and months, Kathy will be looking to consolidate many of the Transportation functions distributed throughout the organization. This will require a significant amount of coordination so please stop by or call to welcome Kathy Perkins or share your ideas.



Needs Assessment Drawing Winners Announcement!

The Planning Department has processed the Needs Assessment that were returned in time to qualify for the prize drawing. Your award winners for 2017 are:

- 1. Jeffery Hermsen (\$500)
- 2. Mike Swigert (\$250)
- 3. Vicki Faciane (\$25)

Congratulations to our award winners, and thank you to all who participated! The annual needs assessment provides valuable data and information to the Tribal Government. Be sure to participate again next year for your chance to win!



CTCLUSI Summer Student Internships

The CTCLUSI Student Intern is a <u>paid internship</u> with the goal to assist current College Students in supplementing their work and education experience based work experience along with their needs, desires and interests.

Minimum Requirements:

- Must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
- Must be an Enrolled Full-Time Student (Sophomore status or above) OR recent graduate (within 6 months) in/from any Accredited College including on-line schools (NOTE: Students may qualify even if they are not on a Tribal educational stipend)
- Must have verifiable transcripts that show a current GPA of 2.0 can be obtained from your college's registrars or campus placement office.
- This position is subject to pre-employment drug testing and criminal history background check which may include fingerprinting.

Online Applications will be taken starting March 13, 2017.

Tribal Members will need to www.ctclusi.org to apply. Go to Tribal Government/Job Opportunities and click on the CTCLUSI Tribal Member link.

Deadline to apply is May 5, 2017

FOR ADDITIONAL INFORMATION OR OTHER OPPORTUNITIES,
PLEASE CONTACT

STEPHANIE WATKINS AT 541-902-6502 OR PAM HICKSON AT 541-902-6504

Post: Until Filled

GAMING COMMISSION ****NOTICE OF VACANCY**** CTCLUSI 5-2-7

The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians' Gaming Commission is established pursuant to CLUSITC 5-2-7. The purpose of the Gaming Commission is to regulate Class II and Class III gaming on the Confederated Tribes' Indian Land. The Commission consists of five (5) members appointed by a majority vote of the Tribal Council.

The Gaming Commission currently has a vacancy. The initial term of this position is two years. Interested parties shall file a statement with the Commission reflecting their interest in serving as a Commission member.

Subsequent to the initial term, each Commissioner may be appointed to additional three-year terms, at the discretion of the Tribal Council.

Qualifications for the Posted Vacancy:

Commissioners must meet the following minimum eligibility requirements (CLUSITC 5-2-7(d):

- (1) Must be at least twenty-one (21) years of age;
- (2) Must successfully complete a background investigation, as set forth in CLUSITC 5-2-15;
- (3) No member of Tribal Council may serve as a Commissioner; and
- (4) No employee of a Gaming Operation may serve as a Commissioner.

Each applicant for Commission membership shall be subject to a background investigation (CLUSITC 5-2-13) and drug testing (CLUSITC 5-2-21).

Interested parties may file a statement of interest with the Commission reflecting their interest in serving as a Commission member to Brad Kneaper, Director for the Gaming Commission, at the following address:

5647 Hwy 126 Suite 100 Florence, OR 97439

You may also fax your statement to 541-997-7293, or email at bkneaper@ctclusi.org.

This notice of vacancy shall be posted at all Tribal offices.

Place Names of the Coos, Lower Umpqua & Siuslaw Indians

Contributed by Patricia (Patty) Whereat Phillips

This is the fourth part in a long series exploring indigenous place names – mostly in the Hanis, Milluk and Siuslawan languages. The previous three covered the Whiskey Run up to lower Coos Bay. This month will explore the upper bay. For a pronunciation guide to the native words in this article see https://shichils.wordpress.com/about/ under the "Language Pronunciation" section.

UPPER COOS BAY PLACE NAMES

So this month we will explore indigenous place names on the Hotel stands there used to be a knoll. There was no village there middle and upper parts of Coos Bay. First focusing mainly on the south bank which had more villages, then the north bank.

Last month we ended with Wu'alach from near the Flanagan cemetery and its surrounding environs. From that area up until Pony Slough there was a gap where there were no villages. The region known as Bangor and the North Bend airfield (created mainly by fill) was known as Hattsa. Pony Slough itself was known as HItes, or Tites. Jim Buchanan said there was a village on this slough called **Hlwahich**, from the plant **hlwai**, cattail. Even today there are large stands of cattails growing in this slough. At the south end of what is today the McCullough bridge, Da'nis was said to be one of the larger villages, and much of its remains were destroyed when the bridge was built in the 1930s. Lottie Evanoff said there was a beach there that the Da'nis people played shinny there. No one gave an etymology of the name but it might be derived from the verb tan-/dan-/da'n-, which usually meant 'whale stranded ashore' and once as 'to be in front of something'.

Then immediately upriver from Da'nis were a tightly packed cluster of villages. Where the ferry used to dock there once was a small cove – this was **Gahak'ich**. A short distance up the bay was Mahagwon (or Mahakwin). At a point described half way between Old North Bend and New North Bend (also known briefly as the proposed townsite of Yarrow) was Q'aláxaich, named for q'alax, a white clay that was found there. Where the North Bend but it was a landmark, known as **Tl'gwi'issiich**, meaning roughly 'fallen tree place' from the Hanis word **tl'ki'yas** for fallen tree/log.

Roughly near where Mack's Saw Shop and the Pancake Mill are today, there was a rock known as Dewey's rock (destroyed by the old Porter mill when they decided to put their boiler there). This was the site of the village **Shuutl'its**, or **Shuuhtl'its**. It's name means something like "Burned-Over-Place", from the verb shuutl- which describes brush fires. The Indian name for Dewey's rock was Haiwali, or Nhaiwali. It is derived from the word haiwali, which refers to a large tied up bundle of dried meat, usually salmon. When people came back from Coos River fish camps, they would place haiwali bundle on top of the rock for good luck.

At the site of the old barrel stave mill, near today's Coos Bay-North Bend city boundary, was a point known as Skutl'iyahaich or **Sqwatl'iiya**. Near today's Coos Historical Museum was an area settler's called Ferndale. There used to be many little creeks there and to Coos people it was known was Wálamtii tl'da, literally meaning 'Pacific Giant Salamander Ground'. At Alder Street in Coos Bay, there used to be a patch of tules (ts'lepohl), and this place was named for them, Ts'el'hlebehliich. There were supposed to be many of them at these creeks. The 'old town' section of Marshfield was a village, Atsiixiis.

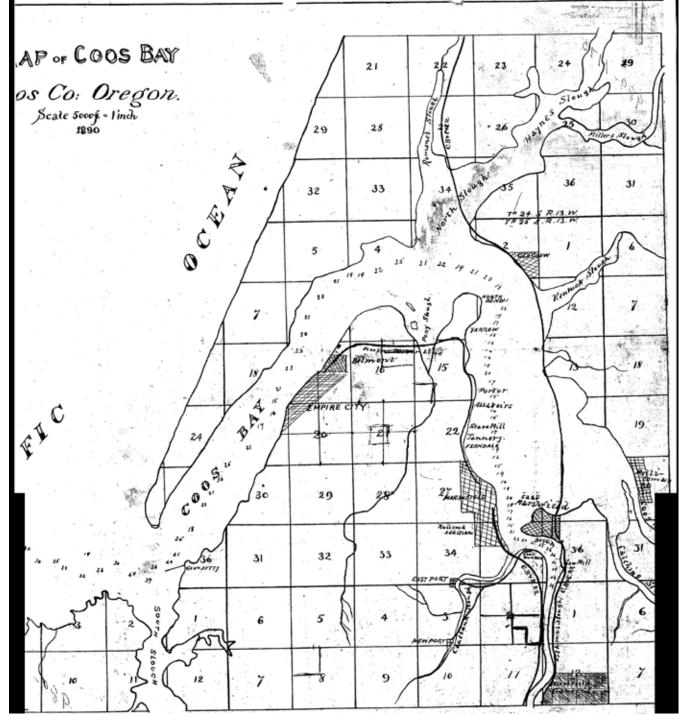
The creek that runs behind the Blossom Gulch school once ran freely to the bay, where it was a slough. The early settlers called

> it Mill Slough and it was eventually completely covered over. The Hanis people called it Halch, with the same root and meaning as Halch-jinnu (Joe Ney Slough).

> Many of the place names upriver from this point were not well recalled or forgotten entirely. Coalbank Slough was Qaltat, Catching Slough was Qatl'iixas, Isthmus Slough was pronounced Gusu, Kusu or Gwisu or Kwisu. All these pronunciations are derived from the word for south, kuukwis. According to James Buchanan (the oldest of our Coosan informants, having been born sometime just before 1850) there were a couple of small settlements somewhere near the mouth of Catching Slough, although there exact location is unknown. One was Buu'ich, the other was perhaps across the river from Catching Slough and was called La'oltl which he said was a 'mudhole'.

> Along Coos Bay's 'north bank', opposite today's urban North Bend and Coos Bay, were several other settlements. On the North spit, Jordan Cove was known as Q'alya or Q'aliya, from the verb q'al- to put something around the neck. There was a village there known as Kuunatich (sometimes pronounced Kuunadoch).

> North Slough had two different names, both derived from a story about a whale that tried to swim up it once but got stuck (it eventually



Coos Bay from 1890 - courtesy of Patty Whereat Phillips

Place Names of the Coos, Lower Umpqua & Siuslaw Indians

Upper Coos Bay Place Names continued from page 6

escaped).; **Ch'hliyahaich** from the verb for 'to move', and **Tlochiiha**, from the verb 'to go out'. Before the lower end was dredged, Lottie Evanoff said this slough was shallow and not passable by canoe at low tide. She also said people could canoe up only as far as to the forks, about four miles up and near the old Beal ranch. Near here was McFarland's cranberry bog, where many Indian people picked cranberries for him. They called his bog **Kwissalukwa**, from the Hanis word **kwissalukw** or **qwasalukw** (also the same word in Milluk) for the pitcher plant, Darlingtonia californica, which apparently thrived near his bog.

There are several names for places on Haines Inlet, but it is not clear where all the names belong. Lottie said the point between North Slough and Haines was called **Ha'yim Dibinch**. She didn't give a meaning for this name, however. Larson Slough was known as **Ha'lais**, or **Hal'lais**. This name is often used to refer to the slough, but possibly it was the name of a village there too. One of the Coos Bay signatories of the 1855 Coast Treaty was "Hullice", which sounds like this place name. It was common for chiefs to be referred to by the village they were from. Palouse Creek was known as **Qetl'diye**, meaning 'getting longer'.

There was a village on the west side of Haines, but unfortunately the name for it is uncertain. Jim Buchanan listed numerous place names for the bay, and there are a few possibilities, such as **Miyoqoch** ('go around it'), **Tgwoltsí** or **Chexdi'ye** ('getting shorter'). Which of these names, if any, apply to that site is unclear.

Glasgow was **Qdet** (sometimes pronounced **Qxdet**). Lottie Evanoff said in her version of the great flood story that **Qdet** was the only place that 'floated', that did not get flooded. She also said that in a great fire long ago that killed of the bay's native oysters, only **Qdet** didn't burn.

Kentuck Slough was **Qalati**. In Jim Buchanan's version of the flood story, the mountain there (I am guessing he means the hill where Carson Heights is today) stayed above water.

Willanch Slough is the only place that still has it's original name. The Hanis pronunciation was **Wule'ench** and comes from the word **wule'en**, meaning good weather. So it is the Good-Weather-Place (maybe more literally good-weather-at/on). Apparently Willanch valley on the east side of the bay was sheltered from much of the lower bay's wind and fog, and so was a warmer place.

Jim Buchanan mentioned briefly a couple of other place names on Coos Bay, somewhere below the forks of Coos River. They are **K'umis** "salmon head place" and **Nuk'winich**, "timber place." Above them was **Elqnihich** 'forked place' which I believe are the forks of Coos River. Looking at a map of the 'north bank' from Graveyard Point towards Willanch, it is a channel rich and region, and it is hard to say just what or where these names refer too.

Well, this month's edition was pretty thick with names. So thick, we still are not quite out of the Coos Bay region. Next month we will finish up the Coos River region, then move up to Tenmile and northward to **Quuiich** (Lower Umpqua) country.

This Month...be on the Lookout for Cattail Roots

Contributed by Ashley Russell, Water Protection Specialist

Plant description: Cattails are in the family, Typhaceae, the cattail family. They are a water loving herbaceous perennial that is native to all states, except Hawaii. This species is generally found in flooded areas, including wetlands, marshes, and roadside ditches that remain damp for most of the year. Tall stalks accentuated with brown cylindrical spikes surrounded by sword-shaped leaves begin emerging in spring and can soar to heights of over 15 feet tall.

Food: The rhizomes or roots of cattail are a good source of carbohydrates and proteins and were usually gathered in the spring, just before they bloomed. They can be eaten raw or cooked. The rhizomes can also be dried and scraped to produce flour that can be eaten on its own or in recipes requiring flour. Pollen from the male flowers, which are right above the brown female cylinders, also produced a kind of flour that was formed into cakes or used as a seasoning. The female flower heads, when green, can be cooked and eaten like corn on the cob. The female flowers can also be pulled apart and charred to produce parched seeds that can also be used as a kind of flour. The fresh, young leaves that emerge in spring are good raw or cooked along with the white inner stem, which

Hanis: łhwai, leaves-ła 'læm Miluk: łhwai, leaves- ła 'læm

Siuslaw: təmk'úlla

Scientific Name: Typha latifolia

could also be ground into a flour or boiled into a kind of syrup.

Technology: Cattail leaves were used in basketry to make a variety of twined baskets, including large pack baskets and women's basket caps. The leaves could also be twisted into cordage, twining, and ropes. Raincoats or capes could be made out of cattail leaves and were worn by both men and women.

The stalks of cattail were pounded until they were very fine and soft to make a "diaper". The fluff was also used for lining baby cradles and stuffing pillows.

Medicine: The roots were also sometimes used as a poultice for boils, burns, and wounds.

Other: Historically, there was a site on Pony Slough so rich in cattail that it was known as Ihwahich, or "cattail place".

Warning: Cattails rhizomes are bioremediators, meaning that they are natures "water filters" and absorb a lot of pollutants. So, when gathering, make sure that you gather cattail roots from areas that are less likely to incur pollution.

THE OREGON DEPARTMENT OF EDUCATION WANTS
TO MEET WITH TRIBAL MEMBERS AND OTHER NATIVE AMERICANS
FROM THE AREA FOR COMMUNITY CONVERSATIONS!

CTCLUSI TO MEET WITH ODE

ORECON DEPARTMENT OF EDUCATION

WHEN MAY 11TH 5:30 P.M - 8:30 P.M. APPROXIMATELY

WHERE

Tribal Community Center 338 Wallace St. Empire, OR 97420

WHO WILL BE THERE?

Lindsey Capps from the Governor's Office, Policy Advisor Representatives from: The Early Learning Division, ODE Higher Education Coordinating Commission Teacher Standards and Practices Commission

Local School Leaders

DISCUSS THE AMERICAN INDI-AN/ALASKA NA-TIVE STATE PLAN!

COME AND MAKE RECOM-MENDATIONS ON HOW TO IM-PROVE EDUCATIONAL OUT-COMES FOR TRIBAL STU-NENTSI

HAVE A DISCUSSION WITH SCHOOL DISTRICTS TO IDENTIFY COMMUNITY ASSETS AND PRIORITIES!

STUDENTS OF ALL AGES ARE WELCOME AND ENCOURAGED TO PARTICIPATE!

FIND OUT ABOUT THE STATE OF EDUCATION IN OREGON!

DINNER WILL BE PROVIDED

ALL STUDENTS ARE WELCOME!

WE LOOK FOR-WARD TO SEEING YOU IN MAY!

STUDENT RECOGNITION DINNER 2017

WHERE; CTCLUSI COMMUNITY CENTER
338 WALLACE AVE.
COOS BAY, OR 97420

WHEN; SATURDAY JUNE 17TH TIME; 4:30 P.M. TO 7:00 P.M.

RSVP; EDUCATION <u>DEPARTMENT</u>

ANGELA BOWEN/EDUCATION DIRECTOR 1-541-888-1317

KAREN PORTER/EDUCATION ASSISTANT 1-541-888-1315

COME AND JOIN US!

LET'S CELEBRATE ALL OF OUR STUDENTS TOGETHER!!



Weaving Workshop Update



Dear Tribal Community,

We will be having our monthly weaving workshops at Tribal Hall in Coos Bay on **May 20**th and **21**st from 10 AM-4 PM. These events are open to all tribal members, materials are provided but we work together to create a potluck lunch. If you plan on attending you must RSVP to me at sarasiestreem@ hotmail.com so I can accommodate your material needs.

Thank you, Sara Siestreem (Hanis Coos)

Ladies' Self-Care

Tuesday, May 9, 2017 3:30 p.m. — 5:30 p.m.

RESPECT YOUR BODY.

FUEL YOUR BODY.

CHALLENGE YOUR BODY.

MOVE YOUR BODY.

AND MOST OF ALL,

love your body.

Please join us at the Community Center for a Ladies' Self-Care Circle focused on health. This event is open to tribal and non-tribal women. Snacks and drinks will be provided.

For more information or to RSVP please call 1 (541) 435-7155

Sponsored by the Circle of Healing Program & Health and Human Service Division



Youth Council Plants Cedar Trees on Reservation

Contributed by Ashley Russell, Water Protection Specialist

Right before the Council Meeting on April 9, 2017, our Tribal Youth Council, with the help of the Culture and Natural Resources Department, planted 31 Western Red Cedar trees along the fence line that separates Tribal Hall from the Three River's Casino Coos Bay. In a few years, these trees will provide a beautiful buffer as well as some bark for various projects. Luuwii (Thank You) Youth Council for volunteering your time planting these evergreens. Also, our hands go up to the BLM Coos Bay District for providing these saplings. The Culture and Natural Resources Department will be acquiring more saplings (Western Red Cedar, Port Orford Cedar, and Hemlock) from the BLM, so any Tribal families who would like to acquire some of these trees to plant at home, please contact Ashley Russell (541) 888-7511.

Happy Spring!!!







Spring Break 2017 continued from cover page...

entire 4H center as their playground for a plethora of activities including; outdoor and indoor sports, beading, storytelling, charades, talking circles, singing and dancing, fishing, canoeing, nature walks, terrarium making, arts & crafts, board games and skits. The 4H facility has an outdoor stage and fire pit, where the kids would perform their skits each night around the fire. Around the fire, we learned about the tradition of storytelling. We talked about this mainly winter tradition and the responsibility of people to pass those stories along, and how many of these stories survived for many generations. We heard and told traditional stories as well as told new stories or skits having to do with the youth Clan's identity. Staff and counselors were all very impressed with the creativity and effort that was put into each skit and story. Many people also shared stories from the 2016 Canoe Journey, which was great because it was a new generation's Tribal



stories that were being shared, keeping our traditions going. Before settling down or bed, sometimes there were talking circles. Other times, there were games, but there were always bonds formed. We were pleased this year by how many new friendships were created and old friendships strengthened. This was apparent during the sharing times, such as talking circles and ceremonies. The onsite camp staff also commented on how friendly our campers were to each other and we were also very pleased with how our youth represented our Tribe. Our youth did our camp and our Tribe very proud and we look forward to the future, when these young people

that are involved with these camps become leaders within our Tribes.

















The Water Cycle and how to purify water for drinking during a survival situation

Contributed by Ashley Russell, Water Protection Specialist

This year during Spring Break Camp, the Culture and Natural Resources Department taught Tribal youth about the Water Cycle and how every drop of water is not "new", but, in fact, is recycled. "The water that you just drank from that Dasani or Evian water bottle could have been consumed by a dinosaur millions of years ago," I exclaimed. Of course, the campers just looked at me funny, but it definitely is a possibility.

"As water from the ocean and plants evaporates or evapotranspirates into the atmosphere, it condenses, forming clouds. Eventually, water in the form of perception falls from these clouds and flows over the land as runoff and makes its way into streams, rivers, and lakes. A portion of the water infiltrates or

percolates through the soil and recharges groundwater aquifers. Both rivers and groundwater, to a certain extent, flow into the oceans and keeps this cycle going. It is important to keep in mind that xap is essential to all life and that we must do our part to ensure that we don't pollute our environment, because those same pollutants can make their way into our chii, or water if we don't dispose of them properly."

The campers were then tasked with constructing a water filter that could be used to "purify"

water that one could drink in a survival situation. The bottoms of Dasani water bottles were cut off and the resulting funnel was used to hold the layers that would comprise the water filtration system. Sediment layer options included top soil, bark mulch, sand, paper towels, shells, vermiculite, sphagnum peat moss, and charcoal. Water to be filtered was sourced from the 4-H Camps' nearby pond and ran through every team's water filter twice. It was interesting to see what each team, which consisted of 2 Tribal youth, decided to use to filter their water. Some teams choose all the layers that were available, while others chose only a few. The filtered water was then tested for turbidity with a HACH 2100 P Turbidimeter. Turbidity is the amount of cloudiness in water, which is caused



by suspended particles including silt/sand, bacteria, and chemical precipitates. So, the more turbid the water, the more likelihood of pollutants and pathogens. The winners of the Water Filtration Contest were Canyon Niblett and Cannon Knowlton with a reading of 24.2 NTU. Note that the National Drinking Water Standard is not to exceed 5 NTU, so comparing the campers' results to this standard is pretty remarkable. My hands go up to you young men.

Elders Corner

ELDER SPOTLIGHT OF THE MONTH - May 2017 The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with

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AGENDA
June 16-18, 2017
Eagle Cap Excursion
"Spring Train Robbery"
Elgin, OR

Friday, June 16

9:30 am Tribal transportation leaves Springfield office.

* Those residing from a 50 mile radius outside of Springfield, please contact Andrew for more details

1:00 pm Lunch at Riverside Restaurant (1108 E. Marina Wy, Hood River, OR)
5:00 pm Check in at Hotel at Oxford Suites (2400 SW Court Ave., Pendleton, OR)
(if on schedule)

5:45 pm Meet in Lobby—Depart to restaurant

6:00 pm Dinner at Roosters Country Kitchen (1515 Southgate, Pendleton, OR)

Saturday, June 17

6:00-7:30 am Hot Breakfast at Hotel

7:45 am Meet In Lobby— <u>Check out</u> & Depart to Railroad

9:30 am Board at Eagle Cap Excursion Train Ride W/ Lunch (300 Depot St. Elgin, OR)

5:30 pm Dinner at Village Restaurant 2 (100 NW 1st , Boardman, OR)

8:30 pm Check in at Shilo Inn Suites Hotel (3223 Bret Coldfelter Way, The Dalles, OR)

Sunday, June 18

7:00-9:00 am Hot Breakfast at Hotel

9:30 am Depart hotel

1:00 pm Lunch at HomeTown Buffet in Springfield (Gateway Mall)

2:00 pm Depart for home

For further information please contact: Andrew Brainard, Elders Activity Coordinator

541-888-7533 (office) or 541-808-1701 (cell)



Sponsored by:

Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
Health & Human Services Division
Elders Activity Program

Elders Lumcheom

THURSDAY, May 4, 2017 at 11:30 A.M. Izzy's

950 Seneca Rd., Eugene, OR 97402



R.S.V.P. by Tuesday, May 2, 2017

Please contact Andrew Brainard,

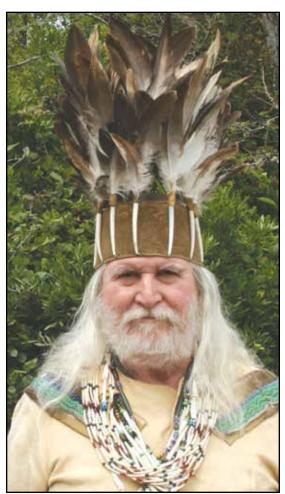
Elders Coordinator/CHR, at (541) 888-7533 LIMITED TRANSPORTATION IS PROVIDED.



Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians Health & Human Services Division Elders Activity Program Contributed by the Helms' Family

Eddie Helms is Milluk Coos and Cherokee. He was born in North Bend, Oregon, on January 25, 1940. He was raised in Empire and Charleston by his parents, Ida Wages Ēd Helms. and grandparents on his father's side were William Wallace Helms and Anna Helms. On his mother's side his grandparents were James Wages and Florence Talbot. Eddie has one brother, Don Helms, and three sisters: Marie, Florence and Evelyn Helms.

He graduated from high school in Dallas, Oregon, with an interest in the Future Farmers of America. Eddie remembers taking his horse camping with friends which started at the young age of 11. During high school years, at times he would ride his horse to school and deer hunt after school. He was told by his FFA instructor in high school that he was, "Outstanding in his Field."



Eddie Helms

Eddie was drafted into the Army on April 9, 1963. After basic training, he was asked what he wanted to do and he found he liked to do KP more than running machinery. He got out of the Army in 1965 and began working in restaurants. He also bought a commercial fishing boat and fished the Oregon coast, but cooking for people has always been Eddie's gift and joy. He has been a cook for over 51 years, working mostly in hotel restaurants up and down the Oregon coast. He worked for CLUSI as Tribal Chef for about 15 years and enjoyed cooking for Tribal members at all the events and activities. He especially enjoyed cooking for youth events such as Culture Camp. Eddie also worked as a chef for the Tribal Energy Awareness program, cooked in Hawaii for youth at risk and has cooked for U of O longhouse events.

Eddie married Ava Lane in 1968 and had one son, Kelly. He married Janice Riley in 1973 and had 7 more: Teri, James, Sara, Bill, Ene, Jessie, and Thomas. All together he has 16 grandchildren. Janice was a part time waitress when she met Eddie at a restaurant where they worked together. She was also a home maker. He was married

to Janice for 28 years, until her passing in 2001.

Hobbies that Eddie enjoys are drinking coffee in cafes, reading on medieval times and the Backwoodsman magazine, and walking the trails at Shore Acres in Coos Bay. Western Oregon is his home. He says he goes where the wind takes him, visiting all the beautiful places and his children along his travels. He also enjoys spending time in the Community Garden, belex tl'xanii, and participating in cultural activities. Eddie has been on the Culture Committee and the Culture Coalition since the beginning and was instrumental in the building of the plank house on the reservation. When asked if he was ever on Tribal Council he replied, "No, because I am known as a free radical."

Eddie is known for his delicious smoked salmon, yummy meals, kind generosity and his quick wit. He claims to be known for drinking coffee in the morning and tea at night. He is also known for his hat, which he got in Ireland. He has traveled to Europe seven times and hopes to go back and visit the pubs and countryside of Ireland, England and Scotland.

In the future, he would like to see the Tribe keep working on projects for Tribal people's use such as the Camp in Lakeside, OR. He has also been a part of the Tribal Warrior Society, which is a group that works towards good things for Tribal people. He would like to see Tribal members be able to use the showers in the Community Center and he would like to see weekly lunches for Tribal families in all three areas. "The more we are with our Tribal family is always good," he said.

Elders Corner

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The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. If the next Elder on the list chooses to participate they will be interviewed for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. Thank you Elders!

Welcome New Tribal Elders

Shawndra West Karen Ellefsen Kathleen Dickerson

Upcoming Elders Committee Meetings:

July 20, 2017

Tribal Hall 12:00 p.m. - 2:00 p.m.

October 12, 2017

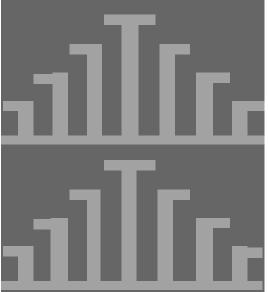
Ladies Tea

Saturday, May 13, 2017

Tribal Hall at 12:00 p.m. Light Refreshments will be served

Ladies of all ages are welcome





Contributed by Andrew Brainard, Elders Coordinator/ CHR

Madeleine Frances Brainard Knowlton is Miluk Coos. She was born at home in West Springfield (now called Glenwood) and raised mostly in the Coos Bay area: Coos River, Bunker Hill and Eastside. She currently resides in Wasilla, Alaska, after living more than 30 years in Anchorage. Madeleine and her husband, Stanley, were married for 50 years and 9 months.

Madeleine's parents were Roy Robert Brainard and Marie Innes Elroy. She has five siblings: Abbie Jean (Bouman), Florence Emma (Garcia), Warren Thomas, Roy Oral and David Ernest. Her fraternal grandparents were Abbie Elliott Brainard Taylor and William Brainard. Her step-grandfather was James Oral Taylor and her maternal grandparents were Florence Abbe and stepgrandfather Harry Elroy.

Madeleine had 8 children. Samuel Bradley was stillborn at full-term and Julia Elisabeth Dull died from breast cancer at age 37. Remaining children are Cherity Marie Macauley, Andrew Scott Knowlton, Eric Lawrence Knowlton, Brian Thomas Knowlton, Peter Jonathan Knowlton and Philip Matthew Knowlton. Her grandchildren are Sara Elya Macauley Moore, Isaac Zane Dull, Keileigh Joy Dull, Galen Christopher Dull, Katrina Anne Knowlton, Ashley Renee Knowlton, Luke Andrew Knowlton, Aubrianna Joy Knowlton, Brooke McKenzie Knowlton, Julia Aimee Knowlton, Jake Robert Knowlton, Cannon James Knowlton and Alora



Madeleine Knowlton

Kallas, plus one more grandson due in June. She also said she has "verbally adopted Sara Jean Smith, Abigail Smith and (from eBay) Samuel Hipertshauser. "They all call me Gramma or Nana and are treated as my other grandchildren are." Finally, she has a great-granddaughter, Triniti Moore, and as well as another baby girl on the way soon.

Madeleine spent 16 years being a full time mother, wife and homemaker. She then taught in a Christian school in Oregon and worked as a secretary for an architect for two years. She also worked for United Airlines as a Customer Service Rep for more than 15 years. She is now retired and working on being a better Christian, mother, grandmother, volunteer and friend. Her husband Stan worked for many years as an electrician. According to Madeleine, "Stan was a very talented man who could do anything and DID! He earned a living for us for many years as an electrician. He built houses for us, remodeled for others, did projects such as cabinets for an assisted living home here, made cabinets for United Airlines, built cabinets for a small airline in Ohio, and for two families here in Alaska. If I could dream it up, he could build it!"

Madeleine has many hobbies including collecting antique glass and collecting anything with a wild rose pattern - dishes, pictures, door handles, mirrors, fabric, silverware, waste baskets, frames, books, sheet music, clocks, jewelry - anything and everything! She also enjoys collecting fabric, clocks and mirrors. She has a large collection of Hallmark Christmas ornaments and loves putting up multiple Christmas trees! Also among her hobbies, Madeleine enjoys taking photos and she has an uncountable amount of pictures. Other hobbies include gardening (flowers outside and ivy inside), playing hymns on the piano and reading and collecting books. Finally, she loves to travel the 50 states and has been to Mexico, Canada, Scotland, England, Austria, France, Italy, Dubai, and India.

Madeleine will always root for the Oregon Ducks if they are playing, enjoys basking in Alaska athletes fame, whether it be in the Olympics, hockey or the Iditarod. Although she enjoys and has met some great friends in attending Tribal ceremonies, outings, etc., she has never served on Tribal Council. Madeleine greatly appreciates the things that the Tribe does; she sometimes wishes things could be done more expediently but understands that she cannot be here to lend a hand in that.

As Madeleine says;

"I wear many hats. To the folks at Marlow Manor Assisted Living I am the gal who comes from Wasilla to play the piano for them. Many times and places I was/am known as Stan's wife, or each of my kid's mom, or a United Airlines employee (retiree). Many know me for the dresses I make, or quilting, and some still remember me as their teacher - school and/or Sunday School. I hope I am known for my honesty, gentleness, caring, helpfulness. I try to be that person at all times. I see myself as an old lady who doesn't really look it or feel it with lots of dreams still while knowing my time is too short to do them all, so I better get busy."

Prevention Activity: Clam Dig 2017

Contributed by Doug Barrett, Prevention Activities Coordinator

On Saturday, April 15, we held our annual clam dig, co-sponsored by the Culture and Health & Human Services Prevention departments. Again this year we went to one of our Tribes' ancestral village sites for the dig. We located an area where the Empire clams were hiding. We found enough Empire clams to fill out buckets and enough cockles to fill our tags! Once we finished the dig we went to Tribal Hall for a blessing on our food and a great lunch. After the meal I talked about the Canoe Journeys, the Healing of the Canoe program, and the good they have brought to our people. Mark Ingersoll, our Tribal Council Chairman, and Doc Slyter both had some great things to say about the program

as well. Mark Petrie then talked to us about the traditional use of tobacco and John Schaefer, our Tribal Biologist, told us about the different species of tobacco plants. John has acquired tobacco seeds that are over 100 years old. On a side note, congratulations to John for digging up the largest clam again this year!

After our meal and discussion, we went to work cleaning the clams we harvested. Processing and cleaning took several hours. Thank you to everyone who came out and helped with the harvest. Also, thanks to John Schaefer for driving the boat and transporting the participants to and from the village site. It was an honor to walk in our ancestors' footsteps.





Pictured above: Participants of the 2017 Clam Dig prevention activity pause for a group photo.

Pictured left: Traditional Clam Baskets and Shovels used at the annual Tribal Clam Dig. Willow and Spruce Root clam basket, pictured far left woven by Ashley Russell. Tule clam basket woven by Kristy Petrie and the light colored Clam shovel was carved by Sam Sprague.

A Friendly Reminder from the Natural Resources Department

Be sure to visit the Oregon Department of Agriculture's Recreational Shellfish Biotoxin Closure website:

http://www.oregon.gov/ODA/programs/FoodSafety/Shellfish/Pages/ShellfishClosures.aspx

Or call the Shellfish Safety Hotline: 1-800-448-2474 before you go clamming or crabbing.

Biotoxins, such as saxitoxins, which is associated with paralytic shellfish poisoning (PSP), and domoic acid, which is associated with amnesic shellfish poisoning (ASP), has become more common in recent years due to warmer than usual water (the "Blob" event in 2014) which, coupled with excessive nutrient inputs, has created the perfect environment for harmful algal species to thrive. Many shellfish harvest closures have been issued recently due to these high levels of toxins found in shellfish, including razor clams, mussels, bay clams, and crabs. These closures, although necessary to protect human health, have greatly impacted our access to these traditional foods as well as our local economies. More closures are anticipated as our climate changes and nutrient inputs from our growing community's increases.

So, to ensure a happy and healthy shellfish feast: Know Before You Go! Happy Digging!

Gum Disease and You!

Contributed by Jamie Meyers, DHAT Coordinator/Program Assistant

Do you stress out before your dental visit? Or avoid the dentist's office just because you don't want to hear that your oral hygiene is bad? Or that you have cavities, or worse? Maybe life is so crazy you know you haven't been flossing or brushing like you know you should be. It's likely your hygienist will give you that talk you don't want, because we all want healthy gums.

Gingivitis

Many people ask exactly what gingivitis is. How do I get gingivitis? In mild cases, you may not even know you have it. Gingivitis is inflammation of the gums, often with red and puffy gums. Most likely they will bleed when you brush your teeth. Gingivitis occurs when bacteria in the mouth infect tissue surrounding the teeth, causing inflammation around the teeth and leading to periodontal disease. When bacteria stay on the teeth long enough, they form a film called plaque, which eventually hardens to tartar, also called calculus. Tartar build-up can spread below the gum line, which makes the teeth harder to clean. Then, only a dental health professional can remove the tartar and stop the periodontal disease process.

Some causes that cause gum disease other than poor hygiene and family history are:

- Medications some medications lessen the flow saliva or can cause abnormal growth of gum tissues
- Bad habits such as smoking can cause difficulty for gum tissue to repair itself
- Hormonal changes occurring during pregnancy, puberty, or menopause can make gums more sensitive making it easier for gingivitis to develop
- Illnesses can also affect the condition of your gums. Diabetes, cancer, or other conditions that affect your immune system can put you at a higher risk for periodontal disease and cavities

You are not alone. "A recent CDC report provides the following data related to prevalence of periodontitis in the U.S.:

- 47.2% of adults aged 30 years and older have some form of periodontal disease
- Periodontal Disease increases with age;
 70.1% of adults 65 years and older have periodontal disease

This condition is more common in men than women (56.4% vs 38.4%), those living below the federal poverty level (65.4%), those with less than a high school education (66.9%), and current smokers (64.2%)." (https://www.cdc.gov/oralhealth/periodontal_disease/)

If left untreated, gingivitis could lead to more serious and irreversible diseases including abscess in the gums and jaw bones, or periodontitis which can cause to loss of teeth. Gum diseases, such as periodontitis, have been linked to cardiovascular diseases, including heart attacks or strokes.

As CTCLUSI adds to the dental team, with the hiring of a tribal member as a Dental Health Aide Therapist (DHAT) summer 2017, our dental staff will be able to treat more patients and help to prevent or control gum disease.

Gingivitis is reversible; good home care, including brushing twice a day, and flossing at least once a day may remedy the problem combined with a professional dental cleaning.

Call our office 541-888-6433 to schedule an appointment today!

Ready, Set, Start Your Business - a 2-hour 'starter' class

Are you interested in starting a small business but are quite sure were to start? Would you like some help in understanding the basics?

Ready, Set, Start Your Business is a 2-hour class being offered during April at SWOCC's Small Business Development Center, located at The Newmark Center in Coos Bay.

In this 'starter' class, you'll learn about the critical 'first steps' that everyone faces when considering starting a new business. This 2-hour class includes information about:

- Permits & Licensing
- Personal readiness checklist
- Defining a business structure
- Doing business planning
- Financing a business

The cost is only \$20. And we can help by underwriting the tuition fee. First look at the schedule of classes and then determine which one works best for you. There are 4 different dates in May for you to choose from.

Once you have figured out the class the works best with your schedule, contact MJ Koreiva: (541) 888-9577 or email: mkoreiva@ctclusi.org_and we'll get you signed up for the class.

May 2017 class selection:

Thursday May 4 from 10 am – 12 noon Wednesday, May 10 from 3 pm – 5 pm Tuesday, May 16 from 5:30 pm – 7:30 pm Wednesday, May 24 from 10 am – 12 noon

This 2-hour class is a great way for you to learn more about the basics of starting your own business. Let us know if you are interested in signing up.

Design That Bus! -Competition- Deadline May 31st!

The Confederated Tribes of the Coos, Lower Umpqua and Siuslaw Indians are holding a competition to design the exterior of the Tribes new bus.

Contest Rules

The following images can be printed out hard copy, downloaded via the Tribes website www.ctclusi.org or received via email. Contact the Tribes Planning Department at 541-888-9577 for more details or questions.

- 1. \$250 Grand Prize for the winning design.
- 2. Entries can be submitted electronically to the Director of Planning at jstump@ctclusi.org or mailed to;

CTCLUSI Bus Design Competition

1245 Fulton Avenue, Coos Bay, Oregon 97420

3. Contest Deadline; May 31, 2017

- 4. Entries to be judged by an independent panel of 3 judges June 7, 2017
- 5. Contest open to Tribal Members or Employees of the Confederated Tribes of the Coos, Lower Umpqua and Siuslaw Indians

Dimensions

Front of Bus Panel: Height 12 ¼" X Width 57"

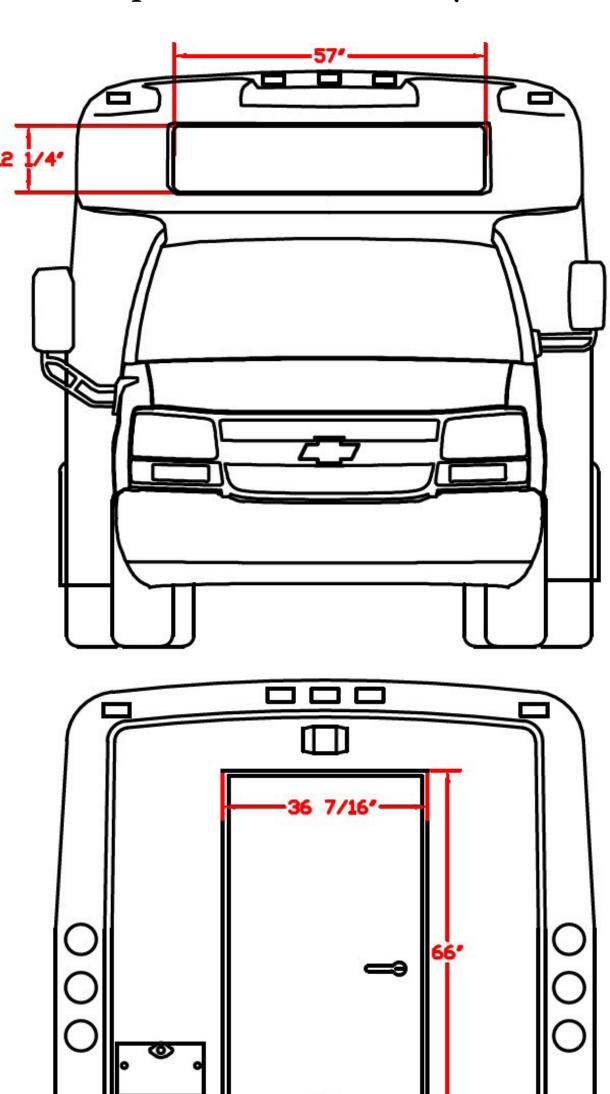
Back of Bus Door: Width 36 7/16" X Height 66"

Back of Bus Panel Width: 76"

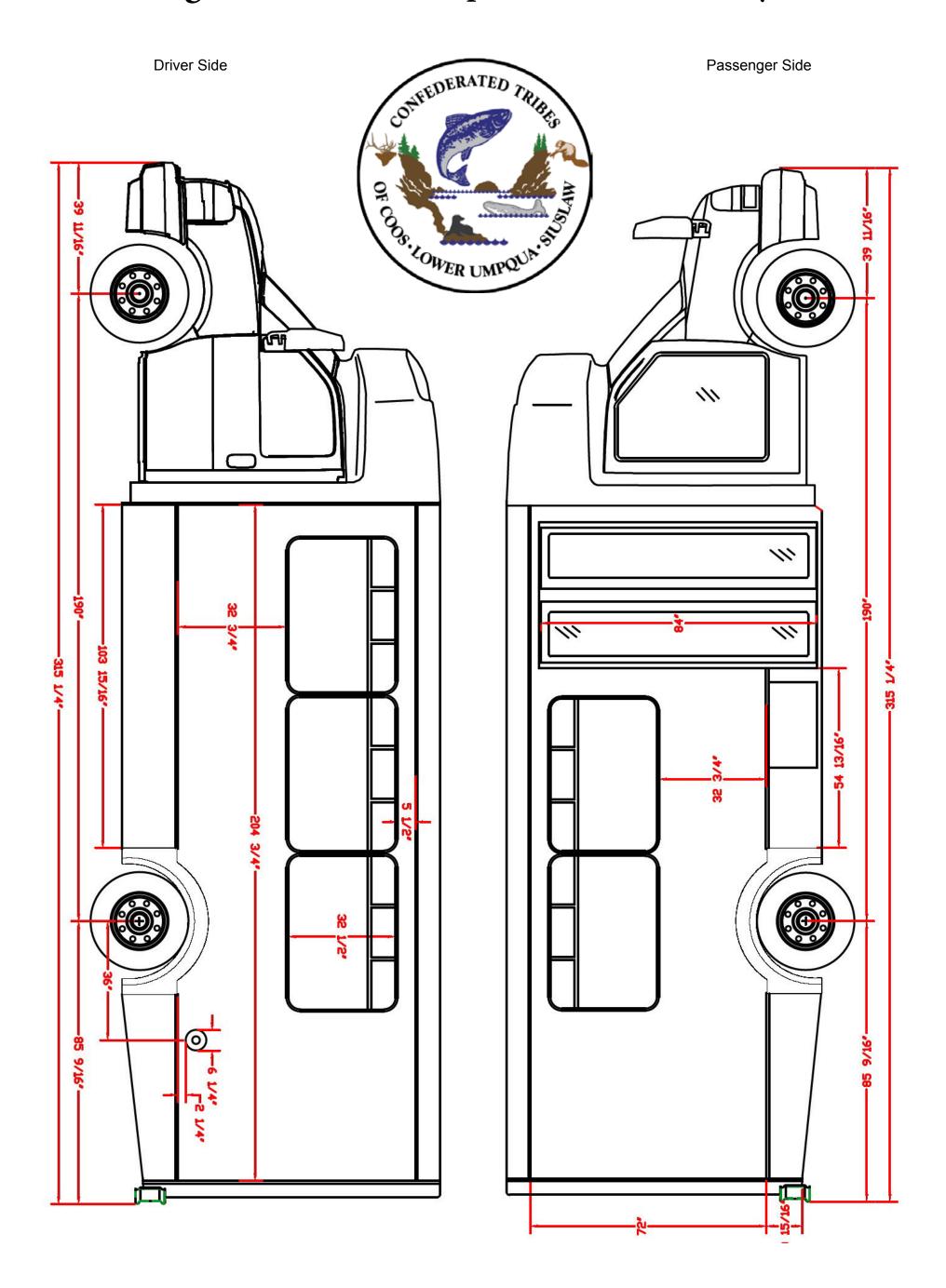
Drivers Side Panel: Width 204 ¾" X Height 32 ¾"

Passenger Side Panel: Height under windows 32 ¾", overall Height 72" Width





Design That Bus! -Competition-Deadline May 31st!



PREVENTION ACTIVITY Glass Float Hunt

Prevention Topic: HOC and Beach Clean Up



All Tribal Families are invited to join us on Saturday, June 17, 2017
10:00 A.M. to 2:00 P.M.

Please R.S.V.P. by Wednesday, June 14, 2017 at: 541-435-7155, Toll-Free 1-888-365-7155

We will meet at 3757 Hwy 101, the Windward Office at 10:00 A.M. for a Prevention Activity. We will return to the Florence Office around Noon for lunch.

You must attend the Prevention Activity to hunt for glass floats.



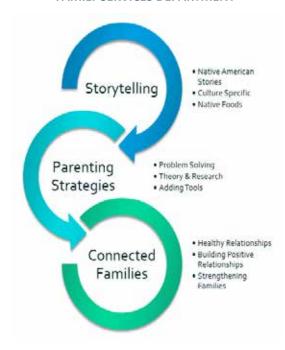
Sponsored by:
Confederated Tribes of
Coos, Lower Umpqua & Siuslaw Indians
Health & Human Services Division
Family Services
Prevention Activity Program



PARENTING WORKSHOP

PRESENTED BY THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS — HEALTH & HUMAN SERVICES DIVISION

FAMILY SERVICES DEPARTMENT



Childcare & Meals Will Be Provided

Please *RSVP* for this Workshop (RSVP is required for participation)

Contact: Meagan Davenport at (541) 888-1311



When:

Wednesdays -

May 10, 2017 May 17, 2017

May 24, 2017 May 31, 2017

Time:

5:30-7:30pm

Location:
CTCLUSI – Florence
Outreach Office

3557 U.S. 101

Florence, OR 97420



Please join us for good food and fun with other

Tribal Families.

All Tribal families welcome to attend.

Sorry, No transportation is provided.

Tribal Family Gathering Dinner

Tuesday, May 16, 2017

Three Rivers Casino & Resort

World Market Buffet

Doors open 5:30

Dinner 6:00 pm—8:00 pm



Please RSVP By May 11, 2017

(541)-435-7155 or toll free 1-(888)-280-0726

Speaker

Danelle Bliss

Diabetes Program Coordinator

Sponsored by: Health & Human Services Division — Diabetes Grant



WORKSHOP

Tribal Youth between 15-21 years of age —
Come join us for a 1-day workshop on job readiness training.
Youth will be assisted with resumés, cover letters, building
effective interview skills, and much more to assist youth to gear
up for their summer work experience. Short-term work
experiences can help youth develop job skills, make contacts,
and create awareness about career options.

LOCATIONS:

Workshops are from 9:00 am to 5:00 pm **Saturday, May 13, 2017**

Springfield Outreach Office 1126 Gateway Loop, Suite 102, Springfield, OR 97477

Saturday, June 3, 2017

Florence Outreach Office 3757 Hwy 101, Florence, OR 97403



RSVP by the Wednesday before the Saturday of choice. Contact Meagan Davenport at (541) 888-1311

Sponsored by CTCLUSI Health & Human Services Division Family Services - School to Work Program

Helping CTCLUSI Help Me

My name is Rachel Schaefer and I am a Hanis Coos Tribal member. I am 22 years old and just recently graduated from Portland State with my Bachelor's in Psychology. I have a lot of people to thank for my journey, one of which being my Tribe. Without the resources and direction they provided, I probably wouldn't have graduated.

In my senior year of high school, I felt like I was getting pulled in every direction. How was I supposed to choose a career when I didn't even make my own lunch? I had a vague goal of being able to make enough money to do fun things and attend college. But college is expensive, and jobs are hard to find. I had no real work experience upon graduation, and definitely not enough money to pay for college without taking out loans.

I applied to Southwestern Oregon Community College (SOCC) because I didn't know what direction I wanted to go in. SOCC is much cheaper than most state schools, and by staying in the Bay Area I knew I had connections and the support to find a job quicker. In high school I took as many classes as I could that would give me college credit, which was basically free college. I worked with Upward Bound at my high school which provided me with a stipend for good grades and also sent me to college at SOCC in the summers. When I graduated, my first step was to connect with rental assistance through CTCLUSI.

By the time I graduated I was at the top of the rental assistance wait-list and made sure I met all the qualifications to receive the help. Then I applied for the tribal college tuition stipend and tribal scholarships, which also required me to apply for other college scholarships. At this point my Associate's degree was almost completely paid for and my rent was being covered.

I applied to the On-Call employment list for CTCLUSI. This was the perfect gateway job. I got to do all sorts of odd jobs, gain job experience, and also was connected with professionals. Meanwhile, I was applying for every job I could. Soon, I landed



a job with the Tribe with more consistent hours, allowing me to save up for an undergraduate program that CTCLUSI's education department helped me to choose. Eventually I graduated from SOCC and moved to Portland to finish my BS degree. There, I easily found an entry level job because of the experience I gained working on-call.

Recently, I've found myself trying to gain work experience again, but this time related to my degree for graduate school. CTCLUSI now also offers customized internship programs for recent college graduates, which is an amazing experience I am working in now. Family Services also offers employment assistance in several ways such as help with resumes and career planning.

CTCLUSI has a lot of programs and assistance that can propel you forward. I advise people

looking for direction, to attend tribal activities and ask questions. Making connections with staff and Tribal members is vital in finding job opportunities. CTCLUSI wants their youth to succeed and is there to help with that. At the end of the day, it is really your own responsibility to inquire about help from the tribe, and have a willingness to work with them. While the paperwork might seem excessive and boring, the time spent on it is not wasted because it's an investment in yourself. All the small steps you take toward a goal add up over time; the key is just to keep taking them.

Culture Camp 2017 Logo Design Contest

WIN a New Bicycle and Helmet!!!

MAIL designs to:

Amanda Craig 1245 Fulton Ave. Coos Bay, OR 97420

-or-

EMAIL: acraig@ctclusi.org

Enter your design for the 2017 Culture Camp Sweatshirts by

June 5th.

<u>Participants must be</u> <u>Tribal Youth ages 8-18</u>

You can also drop off your submissions at the Coos Bay, Florence or Spring Field Outreach offices.

For Questions call Amanda Craig (541) 888-1304

Is the Skills Gap Holding You Back?

Contributed by Mike Smith, Training & Development Specialist

Your Department of Human Resources has a number avenues that can help anyone boost their skills and increase their value, both as a current employee and as a future job candidate. To find out more about how we can help, reach out to us and contact us today!

More than two thirds of employers who said they were increasing their number of employees in Q1 currently have open positions for which they can't find qualified candidates. Even in a time of seemingly low unemployment, companies contend that they cannot find the employees they need. According to a new CareerBuilder survey, nearly 60 percent of U.S. employers have job openings that stay vacant for 12 weeks or longer. This signals a persistent problem in America's economy: the skills gap.

In the past, the skills gap has consistently been in the areas of health care, information technology and engineering — the skills that were required to fill many of the jobs emerging first during the financial recovery. But new CareerBuilder data shows that there is also a shortage of candidates in a number of other professions. **How do you stay competitive in your field?**

Although the gap is a challenge for the broader economy, it's an opportunity for talented and motivated job seekers and professionals to increase their career opportunities. Getting trained in fields that are experiencing a talent shortage will give you an extra advantage and allow you to be competitive in the job market again. But this doesn't come without extra effort on your part — effort you might not be able to put in. According to CareerBuilder research, 1 in 5 workers say their professional skills are not up to date. Fifty-seven percent of workers reported that they want to learn a new skillset to land a better-paying, more fulfilling job, but half of them said they can't afford to do so.

Here are a few ways to tackle training in an easier, cost-effective way, to make yourself the right candidate for those jobs that are staying vacant:

Don't think in degrees: It can be difficult for people with many years of experience to return to school, either undergraduate or graduate. However, a degree isn't the only way to get the proper education and training needed to improve the skills gap. Several universities and community colleges offer continuing education programs that are aimed at those simply looking to advance their existing career with courses that will tighten their skills, as well as people who want to earn an undergraduate or graduate degree later in life.

Look to industry partners: Last year Capella Learning Solutions and CareerBuilder launched an initiative called RightSkill, which enables workers to upskill and reskill for in-demand jobs within 60 days or less. The program, which is currently free for candidates, teaches competencies online based on real-time data and guidance from employers. Other options include:

- Innovate+Educate is an industry-led nonprofit implementing research-based strategies to close the national skills gap and bridge the opportunity divide.
- icStars: This workforce development organization identifies, trains and jump-starts technology careers for low-income adults who, although lacking access to education and employment, demonstrate extraordinary potential or success in the business world.
- Upwardly Global: is a non-profit that helps workauthorized, skilled immigrants rebuild their professional careers in the U.S.

Be open to change: You may have been trained for one career, but with a skills gap in certain industries, now is the time to consider making a change. To meet these qualifications without racking up expensive tuition bills, look for certification programs to make you a qualified candidate.

From "Is the skills gap preventing you from getting hired?" by Ladan Nikravan © 2017 CareerBuilder, LLC All Rights Reserved



Three Rivers Casino Resort ~ Florence

Bartender ~ Food Server ~ Busperson Buffet

Line Cook ~ Prep Cook

Night Cook/Cleaner

Team Member Dining Room Staff

Dish Machine Operator

Guest Room Attendant

Hotel Front Desk/PBX Clerk

Environmental Services Technician
Golf Course Outside Services Team Member

Table Games Dealer 5-8 Security Officer 1

Three Rivers Casino Resort ~ Coos Bay

Lead Cook ~ Bartender/Server Busperson/Host/Dish Machine Operator Casino Team Member Blue Earth

No openings at this time

Tribal Government Offices

Special Events Employee (Assignment Varies)

Student Intern, Closes 5/5 at 4pm Dental Hygienist, Coos Bay



http://ctclusi-int.atsondemand.com/

Go to **Job Opportunities** on the website for full job posting and to Apply Online

Updated Daily

Or call Recruitment at 541-902-6504

