The Voice of CLUSI



March 2015

Volume 16
www.ctclusi.org

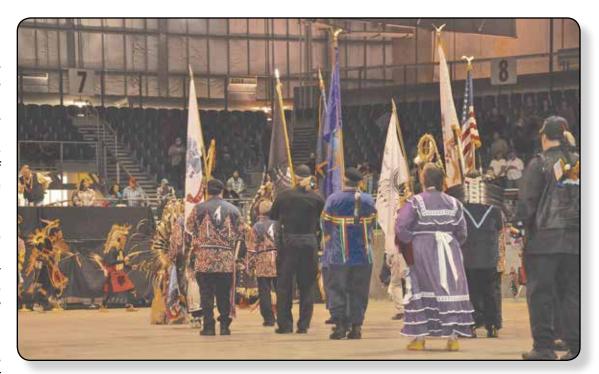
NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

7th Annual Gathering of Oregon's First Nations

Submitted by Tara Bowen, Tribal Council

The first Gathering of Oregon's First Nations took place in 2009, coinciding with Oregon's 150th year anniversary of statehood. Seven years later four Tribes, Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians, Confederated Tribes of the Grand Ronde Community of Oregon, Cow Creek Band of Umpqua Tribe of Indians and the Coquille Indian Tribe, came together on January 24, 2015 to celebrate our unique culture, dance, and sovereignty. Chief Brainard opened the event with a prayer and welcome. Information tables from each tribe were set up in the lobby of the Pavilion Building on the Oregon State Fairgrounds in Salem, Oregon. Grand Entry started at 1:00 p.m. in the large arena area. Cultural demonstration tables by each Tribe and one by Confederated Tribes of Warm Springs were set up on the opposite end of the dance floor along with several traditional canoes. Vendors took up the outer area of the Pavilion and were very busy all day selling native arts and crafts. Nick Sixkiller was the Master of Ceremonies for the Powwow. There were 19 drum groups present and of those 4 were given the honor of host drum. The Powwow had several dancers this year, with the dance contest winners given beautiful gift baskets made for the occasion by Umpqua Foods. Dance categories were, Mother-Daughter, Father-Son, Jingle Dress, Grass Dance, Women's Traditional and Men's Traditional. There were t-shirts and hooded sweatshirts on sale with the logos of each Tribe displayed across the front. They were sold by the Powwow committee to help fund the event. Many staff, Tribal members and Tribal Council enjoyed this wonderful day filled with drumming, dance, art, demonstrations, and friendship.

Top Right Photo: Grand Entry Bottom Right Photo: Tribal member Ramil Beers (youth pictured to the right) dancing with other dancers at the Gathering of Nations Powwow Photographs courtesy of Heidi Helms





More photographs and stories from the Gathering of Oregon's First Nations on pages 8 and 9 of this edition of the Voice of CLUSI

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Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians 1245 Fulton Avenue Coos Bay, OR 97420



Elders Honor Day March 20 & 21, 2015

Tribal Elections *April 12, 2015*

Chairman's Corner

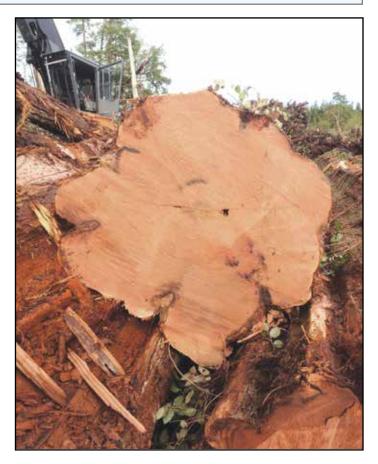


Bob Garcia,

As we look forward to spring, we are excited by the news that Guy Capoeman, Master Canoe Carver of the Quinault Indian Nation has located the canoe log for our Dugout canoe. The log is a western red cedar, forty feet long, four and ½ feet at the base, and was felled in the last old growth stand on the lower part of the Quinault Indian Reservation. The Quinault Indian Nations Timber Company was instrumental in helping Guy find and fell the log pictured to the right. Guy Capoeman created the strip canoe Tyee E. Bowen in 2014. Guy has been carving since 1990, is living in Taholah, WA., on the Quinault Indian Reservation with his seven children and his **Tribal Council Chairman** wife. In his lifetime he has made over 46 canoes, including race and ocean going dugout canoes. He has also carved house posts, welcome figures,

masks, rattles, and other ceremonial items. His sons now work with him in carving. Guy has welcomed those interested to participate in various phases in the creation of the canoe. The Tribe will also document the process of bringing the canoe to life, we will keep you posted.

Spring also brings a historical change for the Tribe on its journey to the next phase of self-governance. I find the words of the late Joseph DeLaCruz, of the Quinault Indian Nation, particularly meaningful. He said "No right is more sacred to a nation, to a people, than the right to freely determine its social, economic, political and cultural future without external interference. The fullest expression of this right occurs when a nation freely governs itself. We call the exercise of this right self-determination. The practice of this right is selfgovernment." On February 8, 2015 the Tribal Council passed the resolution to begin the process of self-governance of the Bureau of Indian Affairs program. This signals the next phase in negotiating a compact and annual funding agreement with the BIA that will allow the Tribes a more free expression of self-determination.



Western Red Cedar Log from the Quinault Reservation - 40 ft long and 4 and 1/2 ft. at the base. Carver Guy Capoeman has transported it to his workshop in Taholah, WA. to begin carving



Tribal Council Business

As reported at the February 8, 2015 Regular Tribal Council Meeting

Chief Warren Brainard:

Not Present

Teresa Spangler:

Jan 11 Regular Tribal Council Meeting Jan 24- 7th Annual Gathering of Oregon's First Nations Powwow Jan 26 Education Meeting Jan 27 Three Rivers Casino Team Member Meeting Jan 28 Tribal Council Business Meeting Jan 30 Feb 1 Tribal Council Workshop Feb 4 ATNI (Affiliated Tribes of Northwest Indians)

Feb 5 Three Rivers Foundation Gifting Luncheon

Attended Executive Work sessions

Beaver Bowen:

Jan 11 Regular Tribal Council Meeting Jan 14 GFORB Jan 24 7th Annual Gathering of Oregon's First Nations Powwow Jan 28 Tribal Council Business Meeting Jan 28 GFORB

Jan 30 Feb 1 Tribal Council Workshop Feb 5 Three Rivers Foundation Gifting Luncheon

Attended Executive Work sessions

Mark Ingersoll, Vice-Chairman:

Jan 7 Housing Meeting Jan 8 Foundation Selection Meeting Jan 11 Regular Tribal Council Meeting Jan 15 BEST Meeting Jan 28 Tribal Council Business Meeting Jan 30 Meeting with Porch & **Property Tour** Jan 30 Feb 1 Tribal Council Workshop Feb 3 Eugene Meeting about Marijuana

Luncheon Feb 5 South Coast Development Council Meeting

reb 5 Three Rivers Foundation Gitting

Attended Executive Work sessions

Arron McNutt:

Not Present

Tara Bowen:

Jan 11 Regular Tribal Council Meeting Jan 22-25 7th Annual Gathering of Oregon's First Nations Powwow Set and worked this event. Jan 28 Tribal Council Business Meeting Jan 30 Feb 1 Tribal Council Workshop Feb 2-4 ATNI (Affiliated Tribes of

Northwest Indians) Feb 5 Three Rivers Foundation Gifting Luncheon Attended Executive Work sessions

Bob Garcia, Chairman:

Jan 11 Regular Tribal Council Meeting Jan 14 GFORB

Jan 28 Tribal Council Business Meeting Jan 28 GFORB

Jan 30 Meeting with Porch & Property

Jan 30 Feb 1 Tribal Council Workshop Feb 5 Three Rivers Foundation Gifting Luncheon

Port of Coos Bay Meetings Blue Earth Meetings Attended Executive Work sessions

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and intersted in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to of Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices. Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years

The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.

Tribal Council

Warren Brainard, Chief

Tribal Chief

541-297-1655 (cell) wbrainard@ctclusi.org

Bob Garcia, Chairman **Position #1 Council**

541-217-4705 (cell) bgarcia@ctclusi.org

Beaver Bowen **Position #2 Council**

541-290-4531 (cell) bbowen@ctclusi.org

Mark Ingersoll, Vice Chairman

Position #3 Council 541-290-4610 (cell) mingersoll@ctclusi.org

Tara Bowen **Position #4 Council**

541-808-7394 tbowen@ctclusi.org

Teresa Spangler **Position #5 Council** 541-808-4828 (cell)

tspangler@ctclusi.org

Arron McNutt **Position #6 Council** 541-297-1183 (cell)

amcnutt@ctclusi.org

Council Meeting

March 8, 2015 Community Center 338 Wallace St., Coos Bay

Agenda:

- 1. Call to Order
- Invocation
- Approval of Council Minutes
- Old Business
- 5. **New Business**
- Other 6.
- Good of the Tribes 7.
- Executive Session if needed

Council meeting video available to view at www.ctclusi.org

For information about the Tribes and upcoming Tribal events, please visit our website at www.ctclusi.org

old. 3. You may only be issued one per year. **Upcoming Events**

March 1st- Dental Hours Change Mon-Fri 8a.m.-5p.m.

March 5th – Elders Luncheon-Springfield 11:30 a.m.

March 6th- Spruce Root gathering 3:00 p.m.

March 6th – Song and Dance- Coos Bay TBD 6:00 p.m.

March 7th- Spruce Root Processing and tule weaving 10:00 a.m. March 8th - Council Meeting-Community Center 10:00 a.m. and

Daylights Savings Time (Spring Forward)

March 13th – Song and Dance-Springfield Outreach at 6:00 p.m.

March 16th – Education Committee Mtng-Coos Bay 5:00 p.m. March 17th – Tribal Family Gathering in Eugene 6:00 p.m.

March 20th - Song and Dance-Florence

March 20th & 21st – Elders Honor Day at Three Rivers Casino Resort

March 21st - Candidate Forum-Florence Outreach

March 21st- Candidate Forum- Springfield TBA

March 22nd – Candidate Forums-Community Center CB

March 24th – March 28th – Spring Break Camp

March 31st - Higher Education Application Deadline for Fall/ Winter/Spring Term due @ 5:00 p.m.

April 12th -Tribal Elections

April 15th - 16th - Native Caring Conference, Florence

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one

CTCLUSI Departments, Services & Offices

Administration Building

Alexis Barry Tribal Administrator 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll free 1-888-280-0726 Fax 541-888-2853 abarry@ctclusi.org

Health & Human **Services Division**

Vicki Faciane, Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-7515 Toll free 1-888-280-0726 Fax 541-888-5388 vfaciane@ctclusi.org

Department of Human Resources

Stephanie Watkins - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-7508 Toll Free: 1-888-280-0726 Fax: 888-723-3270 swatkins@ctclusihr.org

Tribal Housing **Department**

Linda Malcomb - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1310 Fax 541-888-2853 lmalcomb@ctclusi.org

Contract Health Services

Kathryn Gabel- Contract Health Specialist 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-4873 Toll free 1-800-227-0392 Fax 541-888-5388 kgabel@ctclusi.org

Education Department

Angela Bowen-Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-1317 Toll free 1-888-280-0726 Fax 541-888-2853 abowen@ctclusi.org

Family Services

Shayne Platz, Caseworker 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-744-1334 Toll Free 1-800-877-2718 Fax 541-744-1349 splatz@ctclusi.org

Tribal Dental Clinic

1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-6433 Toll free 1-877-688-6433 Fax 541-888-7505

Health Services Assistant Director Elder's Coordinator

Iliana Montiel 1245 Fulton Ave. Coos Bay, OR 97420 Phone 541-888-7526 Fax 541-888-5388 Toll Free 1-888-280-0726 imontiel@ctclusi.org

Tribal Court

J.D. Williams Chief Judge 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll Free 1-888-280-0726 tribalct@ctclusi.org

Cultural Department

Jesse Beers - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1319 Fax 541-888-2853 jbeers@ctclusi.org

Springfield Outreach Office

1126 Gateway Loop Suite 102 Springfield, OR 97477 Phone 541-744-1334 Toll Free 1-800-877-2718 Fax 541-744-1349

Florence Outreach Office

Physical: 3757 Hwy. 101 Mailing: P.O. Box 2000 Florence, OR 97439 Phone 541-997-6685 Toll Free 1-866-313-9913 Fax 541-997-1715

Tribal Gaming Commission

Brad Kneaper Chief Law Enforcement Officer 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-2830 Fax 541-997-7293 bkneaper@ctclusi-pd.com

Tribal Police

Brad Kneaper Chief of Police 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-6011 Fax 541-902-6507 bkneaper@ctclusi-pd.com

Department of Natural Resources

Margaret Corvi Interim Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1304 Toll Free 1-888-280-0726 Fax 541-888-2853 mcorvi@ctclusi.org

CTCLUSI Resolutions

RESOLUTION NO.: 15-006
Date of Passage: January 11, 2015
Subject (title): Committee Appointments
Explanation: Tribal Council appointed the individuals to the committees for positions and terms of service.

RESOLUTION NO.: 15-007

Date of Passage: January 11, 2015

Subject (title): Appointment of New Election

Board Member

Explanation: Tribal Council approved the appointment of an individual to the

Election Board for the position and a term of service.

RESOLUTION NO.: 15-008

Date of Passage: January 28, 2015

Subject (title): Approval of Botany in Action

Fellowship Application

Explanation: Tribal Council supports the submission by Georgia Hart, University of Hawaii, for the Botany in Action Fellowship titled: "Restoration of a traditional edible seaweed: impact of harvest, pollution and freshwater on the population dynamics and food safety of Porphyra spp. along the south-central Oregon coast," which will involve the evaluation and research of seaweed, a Tribal First Food, in the Tribes' Ancestral territory.

RESOLUTION NO.: 15-009

Date of Passage: January 28, 2015

Subject (title): Appointment to Legislative

Commission on Indian Services

Explanation: Tribal Council nominated Robert Garcia for re-appointment as the Tribes' representative on the Legislative Commission on Indian Services when his current appointment

expires.

RESOLUTION NO.: 15-010

Date of Passage: February 8, 2015

Subject (title): Approving Amendments to CLUSITC

Chapter 10-9 (Human Remains and Funerary

Objects) for First Reading

Explanation: Tribal Council hereby approved amendments to CLUSITC Chapter 10-9 (Human Remains and Funerary Objects) for first reading and posting for a twenty-eight (28) day comment period. The proposed revisions will increase the protection of ancestral remains and cultural resources as well as make technical updates to correct typos, citations, and formatting issues in the Code.

RESOLUTION NO.: 15-011

Date of Passage: February 8, 2015

Subject (title): Approval of Purchase of EZ Mini

Storage Property

Explanation: Tribal Council authorized the Chair of the Tribal Council to execute the Purchase Agreement on behalf of the Tribe to purchase

property located generally at 1283 Ocean Boulevard NW, Coos Bay, Oregon, to expand the land base of the Tribe.

RESOLUTION NO.: 15-012

Date of Passage: February 8, 2015

Subject (title): FY 2016 BIA Application to Begin Participation in Tribal Self-Governance Explanation: Tribal Council authorized the submission of an application to participate in Tribal Self-Governance through the Bureau of Indian Affairs and other Interior Bureaus beginning in Fiscal Year 2016, and negotiation and implementation of a Compact of Self-Governance and associated Funding Agreements between the Secretary of the Interior and the Tribes in order to better serve Tribal members.

RESOLUTION NO.: 15-013

Date of Passage: February 8, 2015

Subject (title): Delegation of Authority to the Executive Director of the Gaming Commission to Execute Contracts with and without Limited Waiver of

Sovereign Immunity

Explanation: Tribal Council delegated to the Executive Director of the Gaming Commission the authority to enter into binding contracts on behalf of the Tribes upon satisfaction of certain conditions to promote efficiency and consistency in the management of Tribal business.

00653446.v1

Deadline for submission of candidate statement to run for Tribal Council is

March 13, 2015 by 5:00 p.m.

at any CTCLUSI Tribal Government Office

2015 Tribal Elections Candidate Forum Dates

March 21, 2015

Florence, OR Florence Outreach Office, 3757 Hwy 101

& Springfield, OR (location TBA)

March 22, 2015

Coos Bay, OR Community Center, 338 Wallace St.

A Special Mailing will be sent with complete details (time and locations)

NOTICE OF PROPOSED CODE AMENDMENT

The following proposed Code amendment was passed for first reading by Tribal Council on February 8, 2015

TITLE:

Chapter 10-9 Human Remains and Funerary Objects

DATE OF THE TRIBAL COUNCIL MEETING AT WHICH THE PROPOSED CODE AMENDMENT IS EXPECTED TO BE CONSIDERED FOR FINAL PASSAGE:

April 12, 2015

The notice of the proposed amendment shall be published in the Tribal Newsletter and the text of the amendment will be posted for public comment for twenty-eight (28) days in the Administration Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino (Office of the Gaming Commission). Written comments should be sent to the Tribal Council in care of Jeannie McNeil, Administration Office, 1245 Fulton Avenue, Coos Bay OR 97420 or email: jmcneil@ctclusi.org.

00656038.v1



FROM YOUR EDUCATION DEPARTMENT

Attention All Students Throughout the Tribe

<u>Deadline for Returning College Students & New College Student Applications:</u>

March 31, 2015

Deadline for tribal scholarships 4/31/15

Please send your grades in to the Education Dept.
For special mention at the recognition dinner send your grades in;
ATTN: Angela Bowen / Education Director
1245 Fulton Ave.
Coos Bay, OR. 97420

If you have any questions please feel free to contact us at 1(541)-888-1315 or 1(541)-888-1317

Fax # 1-541-888-2853

CALL OUT TO DANCERS

Dai (hello in Hanis and Milluk), Niishanax (hello in Siuslaw and Lower Umpqua)

Come Join us in Songs, Dance, and Fun!

March 6th in Coos Bay location TBD at 6:00pm

March 13th at Springfield Outreach Office at 6:00pm

March 20th in Florence—Call for more information.

Contact Heidi Helms for more information (541) 297-7538

Belex Tlxanii Update

Spring is coming soon and there will be a lot of activity going on in Belex Tlxanii, the Tribal Community Garden on the reservation. Tracy Blue in the Education Department is providing his expertise as a master gardener to help us make the garden more productive in many ways. The drip systems will be fully installed, Education is purchasing a 16' by 20' greenhouse, and the Garden Committee has purchased materials for a cedar fence. This year will be a busy one and we'll need help! Anyone who wants to volunteer can contact Tracy Blue or Heidi Helms to get more information, and be sure to join the Facebook group for quicker updates on garden activity. We will also be changing the dynamics of garden stewardship. The garden beds will still be available for individual families, but we are also going to take the remaining beds and put them into full production to supplement the Elders' food program, and for community use. If you have any questions contact us, and if you want to go check out the garden feel free to do so, it's everybody's garden.

Thanks, Sam Sprague

CALLING OUT TO TRIBAL COMMUNITY FOR PARTICIPATION OF DIGITAL STORY TELLING ON TOBACCO

Submitted by Heidi E Helms, Tribal Tobacco Coordinator

dai, niishanax, hello,

This article is requesting participation in the production of telling our Tribes story of tobacco through digital technology with support from the Culture Committee to move forward and reach out to other community members.

Our story about tobacco will encompass information about our past, present and the future of tobacco, more specifically how that will look for our future generations. We are seeking Tribal members and family who want to be a part of telling their family histories and stories regarding use of traditional tobacco to abuse of commercial tobacco that has lead into health disparities as well as successful attempts in quitting the use of commercial tobacco. This work will entail the importance and need for Native tobacco in traditional ways such as traditional sites for tobacco cultivation, the cultivation to preservation process of nicotianaquadrovalis (traditional tobacco), and tobacco in ceremony and for medicinal purposes.

To get an idea of the outcome of this project you can do so by going to www. theways.org website. The methods used in capturing stories from the community is combined with videotaping and/or audio recordings done through a software program and use of images. Each participant will have unique needs and I will work with you to meet those needs to the best of my ability. I hope to hear from you. For further information and participation please contact Heidi Helms at (541) 297-7538.



Belex Tlxanii sign was made by Tribal Elder Paul Benasco using a strip of cedar from the Tribal Reservation. Photo courtesy of Tracy Blue

Posted March 1, 2015

ENROLLMENT COMMITTEE'S RECOMMENDATIONS FOR TRIBAL MEMBERSHIP

The Enrollment Committee recommends that the enrollment of the Applicants listed below should be approved. Besides publication in the Tribal Newsletter, according to CLUSITC 7-1-36(i), this information will be posted in the Administrative Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino for twenty-eight (28) days from the date listed above.

Natalie Love Maxwell	Blake Boone Krossman
Parent: Katie Maxwell	Parent: Justin Krossman
Lineal Descendant: Linn McNutt	Lineal Descendant: Mary Adamec
Tribe: Coos	Tribe: Coos
Chloe Emma Lynne Theisen	Nakai Keith Dayton
Parent: Cody Theisen	Parent: Nevin Dayton
Lineal Descendant: Ray Willard	Lineal Descendant: Virgil Anderson
Tribe: Coos	Tribe: Coos
Emma Jane Marchus	Emry Autum Moore
Parent: Kelsey West	Parent: Chantel Moore
Lineal Descendant: Carmen Thompson	Lineal Descendant: Jamie Tervort
Tribe: Coos	Tribe: Coos
Laureli Anne Marchus	Kendyl Olivia Bruffy
Parent: Kelsey West	Parent: Aubrey Rachelle Bruffy
Lineal Descendant: Carmen Thompson	Lineal Descendant: Roberta Lawry
Tribe: Coos	Tribe: Coos
O'Neil Johann Martin Dubisar	Owen Ryan Fong
Parent: Julie Tabernig	Parent: Dylan Fong
Lineal Descendant: Geraldine Tabernig	Lineal Descendant: Bennett Barney
Tribe: Coos	Tribe: Coos
Liam Mege'en Petrie	Emerald Carmelita Fong
Parent: Mark Petrie	Parent: Malcolm Fong
Lineal Descendant: David Petrie	Lineal Descendant: Bennet Barney
Tribe: Coos	Tribe: Coos
Jade Valentina Fong	
Parent: Malcolm Fong	
Lineal Descendant: Bennet Barney	
Tribe: Coos	

In accordance with CLUSITC 7-1-37(a), Tribal Members shall have the right to protest the recommendation of the Committee approving an application and must file a written, signed protest with the Committee stating their reasons for believing that an Applicant(s) is not entitled to enrollment. The protest must be filed with the Committee within twenty-eight (28) days after notice of the proposed enrollment is posted as described in CLUSITC 7-1-36(i).

Parking Lot Safety A Letter from Tribal Police

Hello everyone,

As we are still in the midst of the rainy season, please remember to drive cautiously, especially in parking lots. As we travel onto tribal properties, we have to remember that we share the area with not only fellow employees, but also other tribal members including elders and children along with the occasional wildlife. These population groups may either not see vehicles coming, or studies have shown that even a small incremental increase in speed (i.e. 10mph to 15mph) will greatly increase the likelihood of serious injury in a crash event. The wet roadway will also reduce the ability to stop quickly in the event of an emergency.

The Oregon Revised Statutes define Careless Driving as follows:

"A person commits the offense of careless driving if the person drives any vehicle upon a highway or other premises described in this section in a manner that endangers or would be likely to endanger any person or property."

Careless driving is applicable within any premises open to the public, whether publicly or privately owned which would include the parking lot area of the administration office.

For pedestrians, please remember the following safety tips:

- Do not assume that drivers can see you.
- Treat the parking lot like a street. Look both ways before crossing
- Try to avoid areas where it would be hard for a driver to see you, and try to avoid walking between vehicles

Thank you and hopefully this information will help us work together to keep everyone safe,

Sergeant Brian Dubray

CTCLUSI Police Department

Domestic Violence Program

Submitted by Family Services, Health & Human Services Division

The Domestic Violence Program is a new grant funded part of the Family Services Department. This exciting program will work collaboratively with other CTCLUSI Departments to respond to and prevent interpersonal violence. Mary Ann Christian is the Program Coordinator and she is housed in the Family Services office in Coos Bay.

A primary focus of the program is responding to acts of domestic violence, sexual violence, sexual trafficking or stalking. While not a 24-hour crisis service, Ms. Christian will be able to assist with emergency housing, accompany the client while police reports are filed and attend court, and assist in referrals to other CTCLUSI departments and community agencies for longer term help. This immediate response helps to transition the survivor from the violent situation to the potential for long term safety. Once the survivor is safe, CTCLUSI Family Services case workers will work with the family on long term stability.

Another critical part of the program is legal response and referral. Ms. Christian is available to assist survivors as they meet with police or go to court. In time, she will be able to assist survivors in obtaining temporary restraining orders. Moreover, an attorney referral system will be developed to help survivors with divorce, custody, and visitation matters stemming from interpersonal violence.

Prevention is another significant component of the domestic violence program. Working with the Tribal Court and other departments and programs, efforts will focus on decreasing how often these crimes occur. Through presentations, written and electronic information, CTCLUSI Tribal members will have the opportunity to learn how to identify and interrupt these crimes. In time, CTCLUSI Tribal members will be able to access local resource information electronically.

Also, Ms. Christian is exploring various ways to partner with the Tribal Court, especially the Peacegiving Court, both to prevent and respond to these crimes.

Ms. Christian is available to meet with Tribal members who are interested in learning more about ways to end domestic violence, sexual violence, sexual trafficking or stalking. She can be reached at 541-888-1309.

The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians Fourth Annual Round of Giving with Luncheon Gala

Submitted by Stephanie Watkins, Director of Human Resources February 6, 2015 -- FOR IMMEDIATE RELEASE

Florence, OR— February 5th, 2015 marked the 4th annual gifting luncheon held at the Three Rivers Casino Resort in Florence. The Three Rivers Foundation, established by the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians as the giving arm of its Three Rivers Casino Resort, has announced gifts totaling more than \$100,000 to 23 deserving nonprofit organizations in the Tribe's service district areas.

"We are very excited to award these foundation funds to nonprofit organizations in our communities," said Mark Ingersoll, Chair of the Three Rivers Foundation board and Vice Chairman of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians Tribal Council. "We are pleased to offer a new funding opportunity for nonprofit organizations that meet our criteria for support for their important work."

During this gifting cycle the Foundation received 105 grant proposals from non-profits located in Coos, Curry, Douglas, Lane, Lincoln and Polk counties. Of those proposals the following were awarded grant dollars:

Coos County:

Coos Bay Fire Department, Coos Bay, Oregon Coos County STEP Commission, North Bend, Oregon Oregon Children's Foundation, Coos Bay, Oregon South Coast Hospice and Palliative Care Services, Coos Bay, Oregon United Way of Southwestern Oregon, Coos Bay, Oregon

Charleston, Oregon

Curry County:

Chetco Pelican Players, Brookings, Oregon

University of Oregon Foundation,

Oasis Shelter Home, Gold Beach, Oregon

Douglas County:

City of Reedsport Police Department, Reedsport, Oregon Reedsport Rotary Foundation, Reedsport, Oregon Winchester Bay Community Center & Park, Winchester Bay, Oregon

Lane County:

Bridgeway House, Springfield, Oregon Florence Area Community Coalition, Florence, Oregon Florence Habitat for Humanity, Florence,

Oregon
Florence Senior Center, Florence, Oregon

Northwest Youth Corps, Eugene, Oregon Pearl Buck Center, Eugene, Oregon Siuslaw School District 97J Stream Teams, Florence, Oregon St Vincent de Paul, Eugene, Oregon

The Child Center, Springfield, Oregon The Science Factory, Eugene, Oregon

Lincoln County:

My Sisters Place, Newport, Oregon Oregon Coast Aquarium, Newport, Oregon

Our successes are a reflection of the commitment and passion of our dedicated leadership. Listed below are the current trustees who ensure that the Three Rivers Foundation continues to reflect the goals and commitment of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians to our local communities.

Mark Ingersoll, Foundation Chairperson Jay Bozievich, Foundation Vice-Chairperson Tom Grove, Trustee Bob Main, Trustee Arron McNutt, Trustee Teresa Spangler, Trustee Faye Stewart, Trustee Stephanie Watkins, Trustee



Three Rivers Foundation Board Members Pictured Left to Right: Mark Ingersoll, Stephanie Watkins, Jay Bozievich, Teresa Spangler, Arron McNutt, Bob Main, and Tom Grove.



Northwest Youth Corps recieves award to allow approximately 40 low-income youth to enroll and be fully equiped in one of the 2015 NYC programs



Siuslaw School District 97J recieves funds to support six Whittaker Creek winter trips in support of Siuslaw Stream Teams

The Three Rivers Foundation supports innovative ideas, collaborative approaches and grassroots efforts in the following areas: education, health, public safety, problem gambling, the arts, the environment, cultural activities and historic preservation.

Nonprofit organizations with 501 (c) (3) designation and government organizations located in Coos, Curry, Douglas, Lane and Lincoln Counties are encouraged to review grant criteria and application deadlines on the Three Rivers Foundations website.

Other Oregon nonprofits seeking grant support for projects specifically important to Native American populations in Oregon,

have a "statewide" impact, or other Oregon federally recognized tribes are encouraged to apply.

If you would like to learn more about who we are and who we serve through the Three Rivers Foundation, please visit us online at www. threeriversfoundation. org.



Florence Habitat for Humanity awarded funds to to purchase project trailer and much needed constructions tools



Pictured Left to Right: Angela Bowen, Beaver Bowen, Arron McNutt, and Tara Bowen attend the Three Rivers Foundation Grant Awards Luncheon

7th Annual Gathering of

First Nations Powwow

Submitted by Mark Petrie, Cultural Assistant

The First Nations Powwow is a great opportunity for us to educate hundreds of public citizens, as well as build ties with other Tribes within and without Oregon. We worked closely with the Coquille, Grand Ronde, and Cow Creek Tribes to setup for the event. Staff and Tribal Members from each of these Tribes managed information and demonstration booths for Powwow participants. Our booth had many of our traditional tools, plankhouse model, cultural objects and paper handouts. The most asked about tool was, yet again, the herring rake. There's something about a long pole with sharp spikes that attract people's interest.

Down on the main floor of the Powwow, our canoes Tyee E. Bowen and the redwood Dugout Aluudaq were on display alongside the Coquille's canoe, Ponto. Many people posed for pictures in front of the great canoes. Doug Barrett ran the Tule Station with tribal members Heidi Helms, Amanda Craig, Ashley Russell, Courtney Krossman, and Naomi Petrie. People were crowded around the Tule tables each time I had a chance to go down to the floor. I saw many children and adults carrying tule ducks or sporting tule headbands. Each Tribe has their own diverse culture that has been passed down by our ancestors over the ages and this event allows people to appreciate a representation of that diversity in a welcoming way. Learning and teaching my ancestral culture is something I have been passionate about for many years, and I am grateful to have had the opportunity to attend and contribute to this great native nation's event. Luuwii (thank you) to all participants.

Pictured Below: Chief Warren Brainard prepares to give opening welcome at the 7th Annual Gathering of Oregon's First Nations Powwow Photograph courtesy of Heidi Helms



Pictured Below from Left to Right: Angela Bowen, Courtney Krossman, Ashley Russell, Heidi Helms, and Naomi Petrie. Photo courtesy of Heidi Helms





Mark Petrie talks to powwow attendees at the CTCLUSI booth. Photo courtesy of Tara Bowen of Tribal Council





Shawn Brainard pictured above. Photo courtesy of Tara Bowen of Tribal Council



Zhade Beers and Jesse Beers pictured above. Photo courtesy of Tara Bowen of Tribal Council

Pictured to the Left: Tribal youth show their Tule Family to the camera. Photo courtesy of Heidi Helms

Tule Mat Project at Gathering of Oregon's First Nations

Submitted by Heidi Helms

This year I worked to demonstrate a large tule mat among other young women in the Tribe including Courtney Krossman, Naomi Petrie, Ashley Russell and Amanda Craig. This was a productive demonstration as we decided that we would dedicate the work to the place we hold our womanhood ceremonies. This was a great opportunity for us to come together. Not only were we productive as tribal women but we also brought awareness to the general public through sharing a true reflection of our culture and traditions. Although we were only able to put a good hour towards the large mat within the whole day of weaving with tule, it is one of those extraordinary moments that I feel should be remembered and carried on.

We worked with the public demonstrating tule items and encouraged people to give the time to learn and take away with them a true piece of Coos, Lower Umpqua and Siuslaw culture. Ideally I would have liked many more hours to visit with everyone who participated at our booth but with the hundreds of people who came to visit us it was imperative to bring awareness of our Tribes culture and traditions. My sincere thanks to the Tribe for allowing my full participation in this year's Gathering of Oregon's First Nations does not scratch the surface to expressing how it felt to be supported and unite with other tribal women working towards the betterment of our Tribes future and our young women. My hands go up to all!

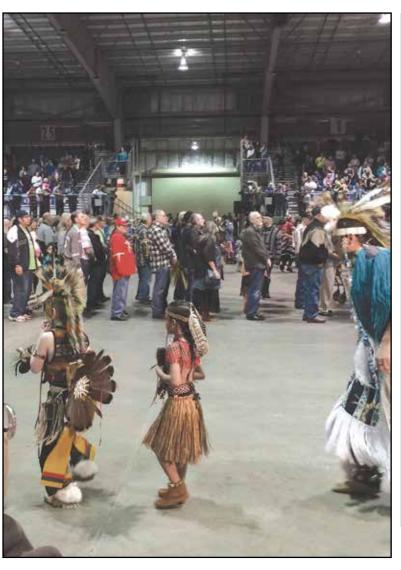
Oregon's First Nations



Doug Barrett pictured above. Photo courtesy of Tara Bowen of Tribal Council



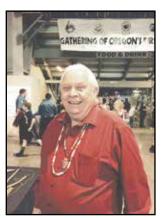
Nick Sixkiller, MC for the Gathering of Nations Powwow pictured above. Photo courtesy of Tara Bowen of Tribal Council



Pictured Above: Ramil Beers dances at the powwow Photograph courtesy of Amanda Craig

Pictured Below, Courtney Krossmand and Naomi Petrie work at the tule booth demonstrating tule weaving. Photograph courtesy of Amanda Craig





Pictured Above: Cheif Warren Brainard Photo courtesy of Tara Bowen of Tribal Council

Gathering of Nations a Spiritual Experience

Submitted by Ashley Russell

Feelings of inspiration and belonging overwhelmed me as I entered the pavilion. I have never seen so many indigenous people in one place at the same time. The moment that the drumming commenced, I was inundated with spirituality and otherworldliness. I was instantaneously taken aback and felt close to my ancestors. The ability to experience other cultures and share songs and dances was very fulfilling for me.

Traditional and Modern Native Culture Showcased at Gathering of Nations

Submitted by Amanda Craig

This is the 2nd Annual Gathering of Oregon's First Nations Powwow that I have attended. It's nice to have access to such a large event that incorporates many of the tribes in Oregon. I was surprised to meet so many people from outside Oregon, I had the privilege of meeting and talking to tribal members and others from all over the country and Canada, all of whom had traveled long distances for this years' Powwow. Like the previous year I attended I was overwhelmed by the beautiful drumming, singing and dancing that took place throughout the day, as I walked around the venue several times to take in all of the vendors and their native or native-inspired gifts. Attending this annual Powwow has, for me, always been a great experience, that I would recommend to anyone interested in Modern Native Culture.





Above Left: Donna Fields from Cow Creek and Beaver Bowen Above Right: Tara Bowen at Gathering of Nations Powow Photographs courtesy of Tara Bowen of Tribal Council

Pictured Below: Skip Brainard brings in the CTCLUSI Flag during Grand Entry Photographs courtesy of Amanda Craig



Are You Prepared for a Dental Emergency?

Submitted by Shannon M. Schritter, BS, RDH

Thousands of dental emergencies from injuries to a painful, abscessed tooth—take place every day. Would you know what to do if you or your child broke a tooth or had a tooth knocked out while playing outdoors? What if you had a bad toothache in the middle of the night and couldn't get to the dentist until the next day, or it happened on a weekend? Knowing what to do can lessen the pain and save a tooth that might otherwise be lost. A good rule of thumb is to keep your dental office's phone number and an emergency number where the dentist can be reached after hours with your other emergency numbers (such as your family doctor, and fire and police departments). Some families post these emergency phone number lists on the refrigerator or inside a kitchen cabinet door near the phone. You could also enter these numbers into your cell phone, or keep a copy of them in the jockey box of your car, just in case! The following are some common dental emergencies, and what you can do for them until you reach a dentist:

Toothache: Rinse the mouth with warm water to clean it out. Gently use dental floss or an interdental cleaner to remove

any food or other debris that may be caught between the teeth. <u>Never</u> put aspirin or any other painkiller against the gums near the aching tooth. This could burn gum tissue. Don't rely on painkillers! They may temporarily relieve pain, but your dentist should evaluate the condition.

Knocked-out (avulsed) tooth: The first step is to try to find the tooth! This may not be as easy as you think if the injury took place on a playground, basketball court, or while skateboarding. Do your best to stay calm. Hold the tooth by the crown (not the root) and rinse the root in water if the tooth is dirty. Don't scrub it or remove any attached tissue fragments. If possible, gently insert and hold the tooth back in its socket while you head to the dentist. If that's not possible, put the tooth in a cup of milk and bring it to the dentist. Time is critical for successful reimplantation, so try to get to your dentist immediately.

Broken tooth: Rinse your mouth with warm water to clean the area. Use cold compresses on the outside of the cheek to help reduce the swelling.

Swelling: Swelling is usually a sign of infection, and it is very important to never ignore facial swelling. Use cold compresses on the outside of the cheek to help reduce the swelling. Seek medical attention immediately from a dentist if available, or the emergency room or clinic so antibiotics can be prescribed as soon as possible.

Possible broken jaw: Apply cold compresses to control swelling. Get to the hospital emergency room immediately.

Hopefully none of these dental emergencies will ever happen to you, but odds are one of them will at some point in your life! Here are the numbers to our clinic, and the emergency line for Bay Area Hospital for your records!

CTCLUSI Dental Clinic: (541)888-6433

Dental emergency if it is after hours and cannot wait or on a weekend:

Call the Bay Area Hospital at (541) 269-8085, and ask for the phone number to the dentist on call.

New Dental Clinic Hours

Starting March 1, 2015 the CTCLUSI Dental Clinic will be open Monday through Friday - 8:00 a.m. to 5:00 p.m.



NIKE SHOES UPDATE

Many of you are waiting for your Nike shoe order. Thank you for your patience as Nike transitions and ramps up their new distribution center. Numerous key sizes are out of stock and Nike is working on that. No approximate date is in site, but Nike will keep us apprised of any developments. Nike greatly appreciates your patience and understanding. If you have questions, please contact me.

Thank You,

DeeDee Plaep 541-997-6685

The Education Committee would like to apologize for cancelling the February meeting in Springfield due to weather.

Our next meeting will be **March 16th at 5:00 p.m.** in the Family Services/ Housing Building Conference Room.

The Committee is always accepting new suggestions. You can send your suggestions to educationcommittee@ctclusi.org

PREVENTION ACTIVITY

Clacker Stick and Beading 2015

Submitted by Doug Barrett, Prevention Coordinator

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Tribal families enjoyed a Clacker Stick and Beading activity in Florence on February 7th. Cutting Elderberry sticks and setting up for the activity took all day Friday, but was well worth the effort as most participants were able to make two or more nice clacker sticks. Most of the clacker sticks were made out of Elderberry with a few being made out of Salmon Berry. There was a good turnout despite the rainy day. The sticks

had designs on them which were made with a grinder and wood burner to add contrast. When the clacker sticks were finished and tested they produced a very good quality sound. Some were able to make earrings and necklaces. For the prevention discussion, I talked about respecting your own body, and choosing to live a healthy life without drugs and



Elderberry Clacker Sticks made by Tribal member, Ashley Russell Photo courtesy of Ashley Russell

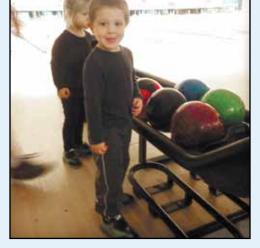


Pictured Left to Right: Ashley Russell, Kendall Norton, Ramil Beers, Kaie Russell, and Jesse Beers

alcohol. I also talked about not wasting our resources and provided a number of informational handouts aimed at drug and alcohol prevention, as well as overall health. We enjoyed a healthy lunch from subway.

Thank you everyone who joined us for this activity.





Pictured Left: Sue James, Julie Belcher and Jolene Skiller make necklaces. Pictured Above: Carson McMahan has fun bowling! Photo courtesy of Melinda Sprague

Spring Break Activity Camp

March 24 - March 28, 2015

We Have New and Exciting Activities Planned for a Week of Fun Adventures!

Call for more information.

Register for camp by
5:00 p.m. Friday,
February 20th

You must register by the above date to have the required registration packets for camp mailed to you.



Tribal Youth

between the ages of 10 and 18 who are enrolled in school are eligible to attend.

All registration packets are due by 5:00 p.m. Wednesday, March 4th.

Late registrations will not be accepted.

To register for camp, please call DeeDee Plaep or Doug Morrison @ (541) 997-6685

PREVENTION ACTIVITY

Bowling & Beading 2015

Submitted by Doug Barrett, Prevention Coordinator

■→ ■→ ■→

Last month we held bowling and beading activities in Florence, Coos Bay and Springfield. We started in Florence with beading at the Windward Inn. The next location we visited was Holiday Bowl where we had good food and fun bowling. We had all bowling levels, from expert to beginner. It was a good day for all who showed up.

Next stop on our Pro Bowling and Beading tour was Springfield. We did beading at the office and drilled pine nuts. Afterwards we went to Emerald Lanes for some good food and more fun bowling. We had some gutter balls, a few turkeys, and three strikes in a row by the expert level bowlers.

The last location on the "Pro Bowling CTCLUSI Edition Tour" was North Bend Lanes. We filled the house and had some more really awesome food. This group had a variety of bowling levels, but most of the gutter balls were avoided by

assistance of the bumpers. After that we went to the Tribal hall for beading. Some beautiful necklaces and earrings were made. I drilled more pine nuts for future activities. We talked a bit about underage drinking and the risks associated, as well as living a healthy balanced life. Other topics of discussion were self-respect and being environmentally friendly. I provided handouts with good information to share with family and friends. All who attended these events had a good time and I look forward to future bowling and beading events.

The Spring Break Trip is planned for March 24th – 28th.

New Behavioral Health Services Coordinator

Submitted by Vicki Faciane, HHSD Director and Tami S. Foster, Behavioral Health Services Coordinator

In 2014 the 9 Tribes of Oregon were included in state funding for mental health services. CTCLUSI received funding to hire a coordinator and provide some limited services for mental and behavioral health services. Please join me in welcoming Tami S. Foster, M.A., as our new Behavioral Health Services Coordinator. Tami will be located in the Family Services department in Coos Bay. You can reach Tami by phone at (541) 888-1311 or (541) 294-8411.

Tami is the mother of two young children as well as a marriage and family psychotherapist who has



Tami Foster and her children have fun at the Enchanted Forest



Tami Foster, Behavioral Health Services Coordinator

dedicated the better part of her adult life to advocating, healing, and protecting both children and adults who have fallen victim to abuse. In 1991, she earned a Bachelor of Arts degree in Psychology from Pacific Lutheran University and in 1995 graduated from Antioch University Seattle with a Masters of Arts degree in Clinical Psychology (MFT emphasis). Besides her extensive background in the field of Mental Health, Tami has also worked for a global High Tech startup company affording her the unique ability to blend her psychology expertise with the emerging field of Information and Communications Technology.

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements or news that you would like to share please submit your information and photos to the newsletter.

I look forward to hearing from you!

-Morgan Gaines

Contact Morgan Gaines by e-mail at mgaines@ctclusi.org or phone (541) 888-7536

New Caseworker for Coos Bay

Submitted by

Vicki Faciane, HHSD Director and Stephanie Marusich, Caseworker

Please join me in welcoming Stephanie Marusich, our new Caseworker for the Coos Bay office. Stephanie was born in Ventura, CA and she graduated high school in Fresno, CA. She lived in Germany for 3 years and graduated from the University of Maryland Mannheim Campus, with her Associates of Arts Degree. Stephanie finished her Bachelor of Arts as a Women's Studies Major with a Concentration in Social Work from California State University Northridge. She has been living in Coos County since 2006, with a short 2 year sabbatical in



Stephanie Marusich, Caseworker

Kodiak, AK where she worked for the State of Alaska as a protective service worker for Child Welfare.

She returned to Coos County in the fall of 2013, and has been working as the lead sexual assault and domestic violence victims advocate with the Women's Safety and Resource Center in Coos Bay. Stephanie facilitated a weekly support group for victims of sexual assault and was able to help facilitate some prevention programs in the local high schools.

"My life's passion is to help people; where ever they may be in their life when our paths cross. My goal is to help people and families learn the necessary skills to live safe, healthy, and productive lives. Safe and healthy individuals lead to happier and healthier families and communities. I am very excited to have this opportunity to learn about the Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians, while offering my services to Tribal members. Please do not hesitate to contact me at (541) 888-7516 if I can be of assistance to you! I look forward to meeting you!"



Come join other caregivers of Native Elders, and relative caregivers of children from Northwest Indian communities for this two-day event. You will have the opportunity to attend valuable workshops which will enhance your caregiving skills and give you a refreshing break from your daily responsibilities.

April 15 – 16, 2015
Three Rivers Casino and Hotel
Florence, Oregon

Some topics to be included:

Caregiver Hands-On Skills
Consumer Protection / Fraud
Healthy Family Communication
It's More Than Elder Abuse
Traditional Foods
Caregiver Well-Being
Medication Management
Caring for Those with Memory Loss

Hosted by:

Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians, The Cow Creek
Band of Umpqua Tribe of Indians, Coquille Indian Tribe, Confederated Tribes of the Umatilla
Indian Reservation, Confederated Tribes of Warm Springs, Confederated Tribes of Siletz
Indians, Confederated Tribes of Grand Ronde, The Klamath Tribes, Burns Paiute Tribe,

AARP and the DHS State Unit on Aging

For more information contact:

Doug Morrison, CTCLUSI (541) 997-6685 Wilson Wewa, Confederated Tribes of Warm Springs (541) 553-3313 Michelle Carson, The Klamath Tribes (541) 783-2219 Ext. 175

Elders Corner



The Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians

and Coquille Indian Tribe

will be co-hosting the



19th Annual

Oregon Tribal Elders Honor Day to be held on March 20 & 21, 2015 at Three Rivers Casino & Hotel in Florence, Oregon

Friday, March 20th:

10:30 to 11:30 ~ Registration at Entrance to Events Center

11:30 to 12:00 ~ Opening, Welcome by Coquille Tribe, Presentation of the Flags, Honor Oldest Native Elders, Honoring of King & Queen

12:00 to 1:00 ~ Prayer and Lunch hosted by Coquille Tribe

1:00 to 2:00 ~ Entertainment

2:00 to 2:30 ~ Break

2:30 to 4:00 ~ Bingo in Events Center

4:00 to 5:30 ~ Break

5:30 to 7:30 ~ Prayer, Dinner hosted by CTCLUSI, Retirement of the Flags. Dinner served at 6:00 p.m.

Saturday, March 21st:

7:00 to 10:00 - Breakfast in the Buffet

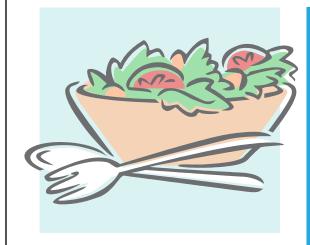
Please RSVP by March 2nd to: Iliana Montiel

Assistant Health Director/Elders Activities Coordinator at 541-888-7526 Limited transportation is provided to Elders Honor Day.

There will not be a charge to Tribal Elders for any of the activities. All other quests, with the exception of van/bus drivers, care providers/ chaperons, will be charged for meals.

Native Education Pow -Wow-March 21st @ Siuslaw Middle School gym Transportation will not be provided to the pow-wow.





ELDERS LUNCHEON

THURSDAY MARCH 5TH, 2015 @ 11:30 A.M.

HOMETOWN BUFFET

3000 Gateway St.

Springfield Or

RSVP TO DEE DEE PLAEP @ 1-866-313-9913

> **RSVP BY March 2nd, 2015**

LIMITED **TRANSPORTATION PROVIDED**

Elders Activity Program





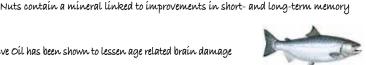
Boost Your Brain Power

Eat Brain "BOOSTING" foods:

Blueberries increase brain power & help keep your brain firing for neuron-to-neuron



Fish drizzled with Olive Oil has been shown to lessen age related brain damage



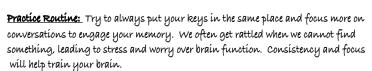
Get at least 6 hours of sleep every night and more if you have a big day ahead of you.

Sleep appears to help your brain consolidate & organize information so it appears correctly to you.

> Relax: Deep breathing, a nature walk, yoga or quiet in your mind will help your brain take in g remember new



Play more [Brain] games: Scrabble, the crossword puzzle or read a book. There are dozens of free game apps for your phones (Luminosity, etc.) that will sharpen your brain and help protect against age-related memory loss.





article: www.health.com/health/gallery

graphics: fresh fruit pertal.com (blueberries); glossophilia.org (nuts); animalia-life.com (salmon); pixshark.com (zzz's); cision.com (relax); chewthedirt.com (brain games); sodahead.com (key rack)

Submitted by Brenda Brainard

Welcome New Tribal Elder Peggy Hopkins

> **Welcome New Elders Committee Member:**

Chief Warren Brainard

Elders Committee Meetings

Tribal Hall at Noon

March 12, 2015 April 9, 2015

May 14, 2015

For Conference Call information please contact Iliana Montiel at (541) 888-7526



COMING SOON! CTCLUSI Student Internships

The CTCLUSI Student Intern is a <u>paid internship</u> with the goal to assist current College Students in supplementing their work and education experience based work experience along with their needs, desires and interests.

Minimum Requirements:

- Must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
- Must be an Enrolled Full-Time Student (Sophomore status or above) in any Accredited College including on-line schools (NOTE: Students may qualify even if they are not on a Tribal educational stipend)
- Must have verifiable transcripts that show a current GPA of 2.0 can be obtained from your college's registrars or campus placement office.
- This position is subject to pre-employment drug testing and criminal history background check which may include fingerprinting.

Online Applications will be taken starting April 1, 2015.

Tribal Members will need to register or log in at www.ctclusi.org

Deadline to apply is May 8, 2015.

For Additional Information, Contact

Stephanie Watkins at 541-902-6502 or Pam Hickson at 541-902-6504





Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians Three Rivers Casino & Hotel 5647 HWY 126, Florence Oregon 97439 (541) 902-6504

FEORENCE & COOS HAY

2015 THREE RIVERS CASINO RESORT SUMMER EMPLOYMENT APPLICATION INFORMATION LETTER

WHAT IS THE TRC & H SUMMER EMPLOYMENT PROGRAM?

Three Rivers Casino Resort is delivering a paid Summer Employment Program beginning June 15, 2015 to August 21, 2015 for CTCLUSI Tribal Members. Three Rivers Casino Resort in Florence, Oregon and is offering this employment opportunity as an integral part of its long-term strategy of providing the highest quality of career and employment opportunities to all CTCLUSI Tribal Members. Three Rivers Casino Resort provides work experience in a range of Guest Service professions and support services including Hotel, Finance, Casino Marketing, Human Resources, Food & Beverage, and Informational Technology.

WHO IS ELIGIBLE TO APPLY?

To be eligible to participate in the TRC & H Summer Employment program, you must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians.

WHAT IS THE PROCESS OF SELECTION?

The Director of Human Resources and the Recruitment Specialist for Three Rivers Casino Resort review submitted applications for completeness and administer the evaluation process. The following criteria are considered during the selection process: academic merit, presentation of application, and involvement in the Native community. An appointed committee conducts a final review of the application evaluations and makes an official selection of awarded applicants.

WHEN IS THE APPLICATION DEADLINE?

Applications are being received ONLINE March 9, 2015 through May 8, 2015. Completed application must be received online by 5pm on Monday: May 8, 2015 at www.ctclusi.org. Log in or register to see job announcement.

WHEN WILL YOU BE NOTIFIED IF YOU ARE SELECTED?

Interviews and hiring decisions will be complete Monday – June 1, 2015

WHAT ARE THE EMPLOYMENT REQUIREMENTS?

TRC & H Summer Employment recipients must meet the following award requirements. All rights to the Three Rivers Casino Resort Summer Employment program are waived if the requirements are not met.

- Submit an online application at www.ctclusi.org (log in or register to see job announcement)
- Pass pre-employment drug test.
- Obtain Gaming License from CTCLUSI Gaming Commission.
- Actively participate in the TRC & H Summer Employment
- Adhere to current Three Rivers Casino Resort policies as outlined in Team Member Handbook.

WHO DO I CONTACT IF I HAVE QUESTIONS?

Stephanie Watkins, Director of Human Resources Phone: (541) 902-6502 Email: swatkins@ctclusihr.org Pam Hickson, Recruitment Specialist Phone: (541) 902-6504 Email: phickson@ctclusihr.org

Online Applications: March 9, 2015 - May 8, 2015



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

Blue Earth

No openings at this time

Three Rivers Casino Resort/Florence

Buffet Station Attendant Cage Cahier Dish Machine Operator

Food Server and Host Bartender and Busperson Slot/Keno/Bingo Attendant Table Games Dealer

Players Club Rep Purchasing/Uniform Clerk Security Manager Tribal Government Offices

Special Events Employee Dentist



http://ctclusi-int.atsondemand.com/

Go to Job Opportunities on the website for full job posting and to Apply Online Updated Daily Or call Recruitment at 541-902-6504



Department of Human Resources

NOW ACCEPTING APPLICATIONS THREE RIVERS CASINO ~ COOS BAY

Line Cooks

Dish Machine Operator/Prep Cooks

Bartender/Food Servers

Soft Count Lead

Soft Count Team Members

Security Officer Lead

Security I Dual Rate and Officer 1's

Environmental Service Lead

Environmental Service Technicians

Slot Tech

Casino Team Members

Main Bankers

Cashier/Dual Rate Main Bankers

Register or Log In at

threeriverscasino.com

Go to **Employment** link for full job posting and to Apply Online

Updated Daily

Or call Recruitment at 541-902-6504



TRIBAL FAMILY GATHERING

TUESDAY March 17th 2015 6pm to 8pm

at

SIZZLER

1010 Postal Way, Springfield OR 97477



PLEASE RSVP TO: TRACI STEFANEK @ 541-808-8684

TOLL FREE @ 1-800-877-2718

BY March 11th 2015

ALL TRIBAL FAMILIES WELCOME TO ATTEND

NO TRANSPORTATION WILL BE PROVIDED



SPONSORED BY: HEALTH & HUMAN SERVICES DIVISION - DIABETES GRANT

Workforce Development: The Benefits of Continuing Education

Submitted by Mike Smith, Training and Development Specialist

In a rapidly changing employment landscape, continuing education is increasingly important. For individuals, it can be the necessary springboard for getting hired after an extended period of unemployment, especially if the job seeker's skill set is becoming obsolete. On the company side, providing learning opportunities for employees fosters engagement and ensures that teams are filled with people who have cutting-edge knowledge.

As a result, the companies that retained or created continuing education programs are steps ahead of the competition, and workers who've spent the time to update their skills are more valuable in the job market.

Expand existing skills

People looking to build on their existing skill sets, whether that means earning certifications, attending workshops or taking classes in an area that's supplemental but not directly related to their careers, have tons of options. According to Kirwan Rockefeller, Ph.D., academic program director at the University of California-Irvine Extension, says people are increasingly seeking professional development to stay current in their industries.

"There may not be a degree in a particular area, like sustainability, but that certificate enhances the person's expertise," he says. "For people making career changes or those who have been laid off, it's about maximizing

their strengths and 'springboarding,' or updating your skill set.

"For the unemployed, education is truly the key to success," he adds. "Employers want to know you've remained up-to-date."

The programming at UC-Irvine also includes free online career planning modules, and Rockefeller will soon launch a webinar series called "Navigating Your Career: How to Stand Out in a Tough Economy." It costs \$120 to participate in the five session, and Rockefeller says the difference between the webinar series and the free modules is the amount of personal attention.

"You need to look toward the future and think about where you can go from here," Rockefeller advises job seekers.

Another benefit to continuing education for unemployed job seekers is the opportunity to network. Whether it's virtual or in-person, the classroom gives students the opportunity to meet others who may be able to help them along in their careers. And, quite simply, it can help with the loneliness and lack of engagement that comes with being unemployed, says Ken Hartman, Ph.D., president of Drexel University Online.

Investing in employee success

Continued education isn't just for people who are laid off or looking to switch careers. In fact, among the millennial generation of workers, the opportunity for growth and development within a company recently surpassed pay as their most important

factor in deciding whether or not to accept a position.

Many companies have launched innovative programs, some that are essentially schools within companies, that they consider an investment in having the best and the brightest employees.

"At the end of the day, we're only as good as the people we have, and we looked at how you cultivate and invest in talent long-term rather than constantly searching for it," says Allison Kent-Smith, director of digital development at ad agency Goodby, Silverstein and Partners.

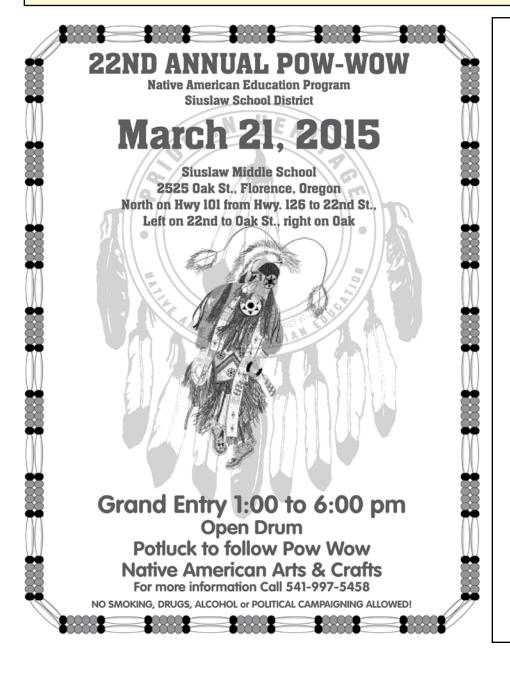
The company offers several different workshops, field trips and pop-up classes that help employees build their tech skills, and there are also sessions for professional development like leadership training.

Even though it's an investment, Kent-Smith says her company looked at offering these programs as something it couldn't afford not to do.

"[Education opportunities] should be the first to stay, not the first to go," she says. "It's absolutely necessary for a competitive advantage. Companies are already spending the money on loss of employees, lack of retention and not being able to attract the right talent."

Reprinted from "Career Development: Continuing Education Gains Momentum" by Kristyn Schiavone, published by the <u>Chicago Tribune</u>, April 21, 2012

News from Indian Country



The beginning of a NEW YEAR has arrived!!!



And with it is the perfect time to make positive lifestyle changes, and prevent the onset of diabetes.

If you are Native American, and have an elevated fasting blood sugar, you may qualify for an amazing program that provides the following:

- Education and exercises on healthy eating
- Education on healthy eating in restaurant settings
- Weight Loss Strategies
- Lifestyle Coach/Personal Trainer
- Cooking Classes
- Free Exercise Equipment/ Gym Dues
- Ongoing Support

\$100 dollars of monthly nutrition cards to Safeway

Interested in beginning your journey to wellness?

Contact:

Danelle (Dani) Bliss

541-888-9494, ext: 20216

Danellebliss@coquilletribe.org

Tribal Court News

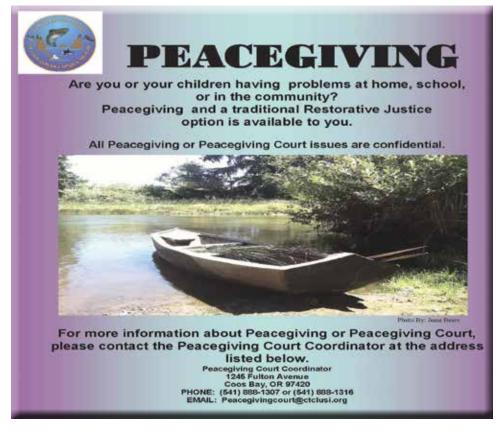
Submitted by Diane Whitson, Tribal Court Clerk-Peacegiving Court Outreach

After much discussion with Tribal members regarding Tribal Court, it was determined that there is a need to make Tribal Court more user friendly. To that end, Court staff is in the process of uploading court forms to the CTCLUSI Tribal Court website. Currently, there are Civil Complaint and Answer forms on the website. We will be adding many other forms such as Small Claims forms soon.

In addition, the Peacegiving website has the Notice of Dispute and Request for Transfer into Peacegiving Court form. But, did you know that anyone can request Peacegiving? There are many types of issues which can enter a Peacegiving Circle for resolution, including neighbor disputes, developing custody and parenting plans agreements.

While Peacegiving is often a part of a Tribal Court matter, youth can also be referred in by concerned Tribal members without having them involved in a formal Court process.

It is important to remember that Tribal Court is in place for the benefit of the Tribal members. Court staff encourages you to visit the CTCLUSI website.





THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements or news that you would like to share please submit your information and photos to the newsletter.

I look forward to hearing from you!

Contact Morgan Gaines by e-mail at mgaines@ctclusi.org or phone (541) 888-7536



Spruce Root Gathering, Processing and Tule Weaving Project

Friday, March 6th

Spruce Root Gathering trip to South Slough Meet at Tribal hall at 3:00pm

Saturday, March 7th

Process Roots and Tule Weave Activity
Meet at tribal hall at 10:00am



Please bring your own paring knife and clippers. If you are in need of supplies and would like to sign up please call Heidi Helms at 541-297-7538.