

The Voice of CLUSI



October 2017

Issue 10

Volume 18

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Pulling Together for Our Ocean: West Coast Regional Planning Body Pull in Sunset Bay

Contributed by Jesse Beers, Cultural Stewardship Manager

As some of you may have seen on Facebook or the news or may have just heard during the Canoe Journey 2017 to Campbell River, British Columbia, Canada there was at least one canoe that rolled over in the ocean. We did not participate in this Canoe Journey but I've been hearing lately talk about how dangerous this is because of the roll over that took place. I wanted to put an article out to calm some of the nerves out there and invite those that have not pulled in our canoes to come out and experience it for yourself.

I watched the video of the rollover from the 2017 canoe journey and luckily it looked like everybody got out safe onto their support boat. It also made me very thankful for the amount of training that we have had. I recognized things that we would have done differently. A few of us are approaching 15 years of experience in our dug out canoes. Some of us keep up on our open water lifeguard certifications, CPR, and First Aide for the professional rescuer. Every year for the past couple of years our canoe family and those that take part in canoe activities also go through a cold water training program where we get certified by the American Canoe Association in cold water rescue. We, along with the Coquilles who participate with us, are the only canoe family in Oregon that goes through this very involved certification.

Our cold water training consists of a three-day program. The first day is primarily a ropes day where we work on rope and knot work with different scenarios. Whether they be rescues, stowing ropes, or even knots in order to drag a canoe if needed. The second day starts out early talking through and practicing a range of things from planning canoe trips, practicing different types of communication for any water we may come across, and how to make rescues and deal with hypothermic victims in the field.

The second half of the second day we work on little more intensive rescue scenarios, some more canoe and stroke communication work and then we take the canoes and kayaks out to Sunset Bay. As a tribe we are very thankful to have sunset bay in our territory. Sunset Bay is the perfect place to take out and put in Canoes from the ocean. Once out at sunset bay for the second day and full third day we work on a range of scenarios including stroke practice and communication, kayak rescues and leadership techniques, traversing and stabilization through breakers and waves, and cold water immersion. Of course the most important and most practiced is the canoe roll overs, righting your canoe, bailing your canoe, and reloading your canoe while bailing. Righting, bailing, and reloading your canoe is not an easy task the first time, but after a few practices everyone knows exactly what to do. The communication improves and teamwork is outstanding. We were able to dump our canoe, right it, bail it and load it back up and be on our way in under five minutes' multiple times with different groups in the Canoes.

Watching the video of the canoe flipping during the canoe journey didn't make me nervous about going back into the ocean. It gave me pride that under similar circumstances our canoe family would have the experience to know exactly what to do.



The RBP pulls in Sunset Bay with members of CTCLUSI - Photographs by Morgan Gaines



Photograph taken from the lead puller seat during the paddle by Mark Petrie

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Confederated Tribes of Coos,
Lower Umpqua and Siuslaw Indians
1245 Fulton Avenue
Coos Bay, OR 97420

Save the Dates

Restoration at TRC Event Center

October 14, 2017

Fall Harvest

DATE CHANGE - November 18, 2017

Tribal Christmas Celebration

December 9, 2017

Tribal Council Business

As reported at the September 10, 2017 Regular Tribal Council Meeting

Chief Warren Brainard:

Aug 13 Tribal Council Regular Meeting
 Aug 15 Health Committee Meeting
 Aug 21 Enrollment Meeting
 Aug 23 Tribal Council Business Meeting; GFORB
 Aug 26 Gaming Facilities Operations Board Special Meeting
 Aug 29 Gaming Facilities Operations Board Special Meeting
 Aug 31 Gaming Facilities Operations Board Special meeting, Special Council Meeting
 Sept 1 Meeting at University of Oregon
 Sept 6 Executive Work Session
 Sept 7 Elders Lunch; Gaming Facilities Operations Board

Doc Slyter:

Aug 13 Tribal Council Regular Meeting
 Aug 17 Met with Sen. Merkley Aides, Amy Amherst & Ben Ward
 Aug 23 Tribal Council Business Meeting; Gaming Facilities Operations Board
 Aug 26 Gaming Facilities Operations Board Special Meeting
 Aug 29 Met with University of Oregon Staff about Bullard's Beach regarding Field Study; Gaming Facilities Operations Board Special Meeting
 Aug 31 Accompanied the Oregon Community Foundation representative out to the Lakeside Property; Gaming Facilities Operations Board Special Meeting; Special Council Meeting
 Sept 4 Dolphin Theater meeting about Hollering Place Radio Show
 Sept 6 Gaming Facilities Operation Board Meeting
 Sept 8 Played Flute at Dolphin Theater – Hollering Place Radio Show
 Sept 9 Played Flutes at The Mill Salmon Ceremony

Beaver Bowen:

Aug 13 Tribal Council Regular Meeting
 Aug 23 Tribal Council Business Meeting;
 Aug 26 Gaming Facilities Operations Board Special Meeting
 Aug 29 Gaming Facilities Operations Board Special Meeting
 Aug 31 Gaming Facilities Operations Board Special Meeting, Special Council Meeting
 Sept 6 Election Board Meeting; Gaming Facilities Operations Board

Teresa Spangler, Vice - Chairman:

Aug 13 Tribal Council Regular Meeting
 Aug 15 Tribal Family Gathering Dinner
 Aug 16 Housing Committee Meeting
 Aug 23 Tribal Council Business Meeting; Gaming Facilities Operations Board
 Aug 26 Gaming Facilities Operations Board Special Meeting
 Aug 28 Lunch with City Leaders and Youth Council
 Aug 29 Gaming Facilities Operations Board Special Meeting
 Aug 31 Gaming Facilities Operations Board Special Meeting
 Aug 31 Special Council Meeting
 Sept 1 Dinner with Energy Trust
 Sept 5 Education Committee Meeting
 Sept 6 Gaming Facilities Operations Board

Arron McNutt:

Aug 13 Tribal Council Regular Meeting
 Aug 23 Tribal Council Business Meeting; Gaming Facilities Operations Board
 Aug 26 Gaming Facilities Operations Board Special Meeting
 Aug 29 Gaming Facilities Operations Board Special Meeting
 Aug 31 Gaming Facilities Operations Board Special Meeting
 Aug 31 Special Council Meeting
 Sept 6 Gaming Facilities Operations Board Meeting

Tara Bowen:

Aug 13 Tribal Council Regular Meeting
 Aug 23 Tribal Council Business Meeting; Gaming Facilities Operations Board
 Aug 26 Gaming Facilities Operations Board Special Meeting
 Aug 29 Gaming Facilities Operations Board Special Meeting
 Aug 31 Gaming Facilities Operations Board Special Meeting
 Aug 31 Special Council Meeting
 Sept 6 Gaming Facilities Operations Board

Mark Ingersoll, Chairman:

Aug 13 Tribal Council Regular Meeting
 Aug 17 Met with Sen. Merkley Aides, Amy Amherst & Ben Ward
 Aug 23 Tribal Council Business Meeting; Gaming Facilities Operations Board
 Aug 26 Gaming Facilities Operations Board Special Meeting
 Aug 29 Gaming Facilities Operations Board Special Meeting
 Aug 31 Gaming Facilities Operations Board Special Meeting
 Aug 31 Special Council Meeting
 Sept 6 Election Board Meeting; Gaming Facilities Operations Board

CTCLUSI Resolutions

RESOLUTION NO.: 17-046

Date of Passage: August 23, 2017

Subject (title): ATNI Membership Delegate and Alternate(s) Appointment

Explanation: The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians Tribal Council Hereby authorizes and directs the Chairman or his designee to take the necessary action to place the Tribes in Membership with ATNI. Naming Teresa Spangler Delegate and Arron McNutt and Beaver Bowen Alternate. VOTE 4-0-3

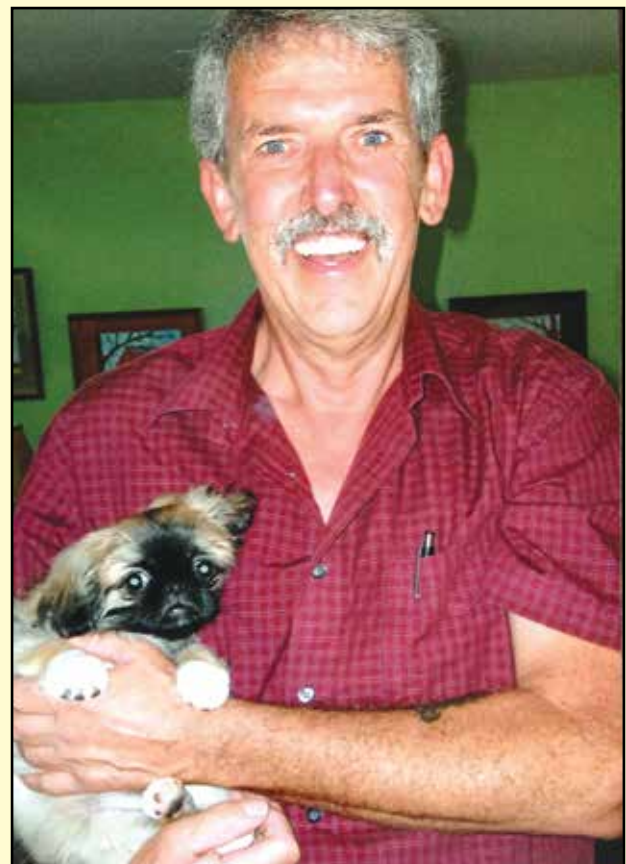
RESOLUTION NO.: 17-047

Date of Passage: September 10, 2017

Subject (title): NCAI Membership Delegate and Alternate(s) for Membership Year 2017-2018

Explanation: The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians which is the official governing body of the above named Tribe, here by authorizes Mark Ingersoll who is the official principal tribal official, to take the necessary action to place the Tribe in Membership with NCAI. Naming Mark Ingersoll as Delegate and Beaver Bowen and Tara Bowen as Alternates. VOTE 4-0-3

Tribal Elder John R. Perry Jr. Walks On



John R. Perry Jr. passed away August 30, 2017.

He was born on July 1, 1949.

He is survived by his brother Lonnie Perry, sister Debbie Perry, and his children and grandchildren.

He will be missed by his family and his best friend Mary Goodrich who he knew for 40 years.

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc.
Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
ATTN: Tribal Council 1245 Fulton Ave.
Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and intersted in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices.
Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org
If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief

Tribal Chief
541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter
Position #1 Council
541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen
Position #2 Council
541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll, Chairman
Position #3 Council
541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen
Position #4 Council
541-808-7394
tbowen@ctclusi.org

Teresa Spangler, Vice Chair
Position #5 Council
541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt
Position #6 Council
541-297-1183 (cell)
amcnutt@ctclusi.org

Council Meeting
October 8, 2017
Windward Inn
3757 Hwy 101,
Florence, Oregon
10:00 a.m.

- Agenda:
1. Call to Order
 2. Invocation
 3. Approval of Minutes as needed
 4. Tribal Council Reports
 5. Tribal Administrator Report
 6. Chief Financial Officer Report
 7. Old Business
 8. New Business
 9. Other
 10. Good of the Tribes
 11. Executive Session as needed
- Council meeting video available to view at www.ctclusi.org

Upcoming Events

October 5th – Elders BBQ Luncheon, Community Center, 11:30 a.m.
October 7th – Mahaffey Ranch (Corn Maze) Prevention Activity
October 8th – Regular Council Meeting, Florence, Windward Inn, 10:00 a.m.
October 9th – Cereal Fest, HOC Activity, Community Center 4:00 p.m.
October 14th – Restoration Celebration at TRC Events Center. Doors open at 12:30 p.m.
October 17th – CTCLUSI Restoration Day (All Tribal Offices will be Closed)
October 18th - Family Beading Night, Tribal Hall, 6:00 p.m.
October 19th - Elders Survey input deadline
October 21st – Lone Pine Farms (Corn Maze) Prevention Activity
October 21st – Healthy Families, CC 11:30 a.m.
October 23rd – Ladies Self Care Circle, Tribal Hall, 5:00 p.m.
October 24th – Tribal Family Gathering, Springfield, The Gateway Grill 6:00 p.m.
October 28th – Weaving Workshop, Tribal Hall, 10:00 a.m. – 4:00 p.m.

October 31st - Halloween
November 10th – All Tribal Offices will be CLOSED in observance of Veterans Day
November 11th – Veterans Day
November 12th – Regular Council Meeting, Community Center 10:00 a.m.
November 12th – Budget Hearing, Community Center 9:00 a.m.
November 17th – Elders Luncheon Hosted by Coquille
November 18th – Fall Harvest, Community Center
November 21st – Parenting Workshop, Coos Bay
November 23rd – All Tribal Offices will be CLOSED in observance of Thanksgiving Day
November 26th - PRC Application Deadline
November 28th - Parenting Workshop, Coos Bay
December 9th - Tribal Christmas Celebration
December 10th – Regular Council Meeting, Florence, Windward Inn, 10:00 a.m.
December 5th – Parenting Workshop, Coos Bay
December 7th – Elders Luncheon, TRC
December 12th – Parenting Workshop, Coos Bay
December 21st – Winter Solstice
December 25th – Christmas Day (All Tribal Offices will be Closed)



THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Government Office
Alexis Barry
Chief Executive Officer
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll free 1-888-280-0726
Fax 541-888-2853
abarry@ctclusi.org

Health & Human Services Division
Vicki Faciane - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Toll free 1-888-280-0726
Fax 541-888-5388
vfaciane@ctclusi.org

Department of Human Resources
Stephanie Watkins - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 888-723-3270
swatkins@ctclusihr.org

Tribal Housing Department
Linda Malcomb - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1310
Fax 541-888-2853
lmalcomb@ctclusi.org

Purchased/Referred Care (FKA Contract Health Services)
Sharon Arnold - PRC Specialist
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
sarnold@ctclusi.org

Education Department
Angela Bowen-Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1317
Toll free 1-888-280-0726
Fax 541-888-2853
abowen@ctclusi.org

Family Services
Shayne Platz, Lead Case Manager
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349
splatz@ctclusi.org

Tribal Dental Clinic
Dr. Sarah Rodgers
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Elders Activities
Andrew Brainard
CHR/Elders Activity Program
Coordinator
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-5388
Toll Free 1-888-280-0726
abrainard@ctclusi.org

Tribal Court
J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Cultural Department
Jesse Beers - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Springfield Outreach Office
1126 Gateway Loop
Suite 102
Springfield, OR 97477
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office
Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission
Brad Kneaper
Executive Director of the Gaming Commission
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
bkneaper@ctclusi-pd.com

Tribal Police
Brad Kneaper
Chief Law Enforcement Officer
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bkneaper@ctclusi-pd.com

Department of Natural Resources
Margaret Corvi
Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1304
Toll Free 1-888-280-0726
Fax 541-888-2853
mcorvi@ctclusi.org

YOUTH COUNCIL

COOS, LOWER UMPQUA & SIUSLAW



Tribal Youth Ages 14-24

Mission Statement:

The Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians Youth Council strives to protect and preserve the cultural, spiritual, and traditional values of the Coos, Lower Umpqua, and Siuslaw Indians.

Youth Council aims to embrace our cultural traditions and strengthen our Tribal community as well as positively impact the communities in which we live.

Youth Council works towards a common good while always being mindful and looking forward to the next seven generations by being good stewards of the lands, waters, and communities in which we live.

If you are interested in being part of CTCLUSI Youth Council please contact one of the following members:

Nicole Romine

Chair

Cell: (541) 404-4115

Sonja McCarty

Healing of Canoe Facilitator

Michael Romine

Cell: (541) 808-8175

Vice Chair

Cell: (541) 297-5408

Anne Niblett

Healing of Canoe Assistant

Devynne Krossman

Secretary

Cell: (541) 808-5146

Cell: (541) 808-7699



Notice from the Education Committee:

The Education Committee will be hosting a 50/50 Raffle at the upcoming Fall Harvest Party on November 18, 2017 to raise funds for the Mitsis Tribal Scholarship.



Prevention Activity



Please Choose one Activity

Saturday, October 7, 2017
You can follow us from The Tribal offices at 9:30 am.
We will meet at Mahaffey Ranch for Prevention Education,
Corn Maze, Hay Rides and Pumpkin Patch from 10:00 am. to 12:00 pm.
After that we will travel to Abby's Pizza from 12:30 pm—2:30 pm

OR

Saturday, October 21, 2017
We will meet at Putter's Pizza for Prevention Education,
Food and Games from 11:00 am—1:00 pm
After that we will travel to Lone Pine Farms to explore
their Corn Maze and Pumpkin Patch from 2:00 p.m.—4:00 p.m.

Please come and join us for some great **FUN** the whole family can enjoy!
No Transportation will be provided.

Mahaffey Ranch
10362 Hwy 241
Coos Bay
541-269-3900

Abby's Pizza
997 S 1st St.
Coos Bay
541-267-5839



Lone Pine Farms
91909 River Rd.
Junction City
541-688-4389

Putter's Pizza
1156 Hwy. 99 N.
Eugene
541-688-8901

PREVENTION TOPIC: Healthy Lifestyles, Youth Council & HOC (Healing of the Canoe)
All CTCLUSI families are eligible to attend.
Each family unit must be accompanied by an adult over the age of 18.

Sponsored by:
Confederated Tribes of
Coos, Lower Umpqua
& Siuslaw Indians
Health & Human Services Division
Family Services
Prevention Activity Program



R.S.V.P. to:
at 541-435-7155 or
Toll-free at 1-888-365-7155
Call Doug for more information
at 541-297-2130, before
Thursday October 5 , 2017 for
Mahaffey Ranch
OR
Thursday, October 19, 2017 for
Lone Pine Farms

Eclipsing Thoughts

A Poem by Tribal Member Cougar Roy

As the morning rises
A cosmic decision surmises
“who will light our early day?”
On a decisive delay,
the sun and moon argue before they fight.
So they stopped to imbue an agreement,
They would make the morning bright and create early
night.
This brought people to a magnificent sight
to end every blight.
Alas, all things come to an end, even collaborations.
From tight bends come great admiration.
The moon lends while the sun shines in clarification
Time can't mend the past, but determination changes
the future.
The mast of the mind is saved by life's overture
We all must be kind, as it simply improves the hearty
structure.
Sins blind our true goals,
But we must have a hardy resolve to guide us.





OCT. 9TH

CEREAL FEST

Community Center 4-6pm

Calling all 14 to 24 year olds to come chill and eat cereal... plus there will be cartoons playing in the back ground for your entertainment!

Also, we encourage you to be a part of the discussion about the direction of Youth Council. There will be updates on the bylaws that are moving into an ordinance. We would like to talk about some community service opportunities and social media and how to engage with tribal youth. We want to hear from you! Come ready to eat cereal and share your ideas!

If you have any questions before the event, call or text Sonja McCarty: Healing of the Canoe Facilitator at 541-808-8175



YOUTH COUNCIL

COOS, LOWER UMPQUA & SIUSLAW

Taking Applications

For

Qa'aich Housing

The Housing Department is now accepting applications for units located in Florence Oregon on the Tribe's Hatch Tract property.

Qa'aich Development is HUD funded housing for low to moderate income families, for questions about income limit guidelines, please contact the Housing Department Office.

Preferences for Qa'aich Housing

1st Preference:

- Indian families who are enrolled members of the CTCLUSI and who are employed by CTCLUSI.

2nd Preference:

- Indian families who are enrolled members of other recognized Indian tribes, and who are employed by CTCLUSI.

You may pick up an application at any Tribal Government office, on the Tribe's Web site, or one can be mailed to you.

If you have any questions please contact the Housing Department Office at 1245 Fulton Avenue, Coos Bay, OR or by calling 541-888-9577or toll free 888-280-0726.

This Month...be on the Lookout for Seashore Lupine

Contributed by Ashley Russell, Water Protection Specialist

Plant description: Seashore lupine is in the family Fabaceae, the pea family. Soybeans, beans, peas, chickpeas, alfalfa, and peanuts are but just a few of the agricultural and food plants that are related to seashore lupine. The not so beloved brooms and gorse also belong to the pea family, unfortunately. This low growing perennial, also known as chinook licorice, can grow up to 2 feet tall in sandy habitats. Palmate leaves of 5 to 9 leaflets decorate a hairy stem that can look silvery or gray in some instances. Purple pealike flowers with white patches and pinkish banners whirl atop an unbranched stalk in late spring and ripen into hairy pods.

Food: The roots of seashore lupine were harvested in the fall after the leaves began to dieback and roasted in earth ovens. They were peeled before eating and were sometimes dipped in eulachon grease. It was said to taste like sweet potato and may even have been one of the staple foodstuffs. Toxic alkaloids can be found in the roots of this lupine as well as most lupines. Cooking seems to render these toxins harmless, however.



Hanis: *ha'údIt*

Miluk: *ha'wádIt*

Lower Umpqua: *k'á'asa*

Siuslaw: *q'axc'*

Scientific Name: *Lupinus littoralis*

Cold Water Training - What the Tribe Does to Ensure Safety in Canoe Activities

Contributed by Jesse Beers, Cultural Stewardship Manager

As some of you may have seen on Facebook or the news or may have just heard during the Canoe Journey 2017 to Campbell River, British Columbia, Canada there was at least one canoe that rolled over in the ocean. We did not participate in this Canoe Journey but I've been hearing lately talk about how dangerous this is because of the roll over that took place. I wanted to put an article out to calm some of the nerves out there and invite those that have not pulled in our canoes to come out and experience it for yourself.

I watched the video of the rollover from the 2017 canoe journey and luckily it looked like everybody got out safe onto their support boat. It also made me very thankful for the amount of training that we have had. I recognized things that we would have done differently. A few of us are approaching 15 years of experience in our dug out canoes. Some of us keep up open water lifeguard certifications, CPR, and First Aide for the professional rescuer. Every year for the past couple of years our canoe family and those that take part in canoe activities also go through a cold water training program where we get certified by the American Canoe Association in cold water rescue. We, along with the Coquilles who participate with us, are the only canoe family in Oregon that goes through this very involved certification.

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The second day we work on little more intensive rescue scenarios, some more canoe and stroke communication work and then we took the canoes and kayaks out to Sunset Bay. As a tribe we are very thankful to have sunset bay in our territory. Sunset Bay is the perfect place to take out and put in Canoes from the ocean. Once out at sunset

bay for the second day and full third day we worked on a range of scenarios including stroke practice and communication, kayak rescues and leadership techniques, traversing and stabilization through breakers and waves, and cold water immersion. Of course the most important and most practiced is the canoe roll overs, righting your canoe, bailing your canoe, and reloading your canoe while bailing. Righting, bailing, and reloading your canoe is not an easy task the first time, but after a few practices everyone knows exactly what to do. The communication improves and teamwork is outstanding. We were able to dump our canoe, right it, bail it and load it back up and be on our way in under five minutes' multiple times with different groups in the Canoes.

Watching the video of the canoe flipping during the canoe journey didn't make me nervous about going back into the ocean it gave me pride that under similar circumstances our canoe family would have the experience to know exactly what to do.



Photograph contributed by Jesse Beers - taken during one of the Cold Water Trainings taken by the Canoe Family and Staff members

Place Names of the Coos, Lower Umpqua & Siuslaw Indians

Contributed by Patricia (Patty) Whereat Phillips

This is the eighth part in a long series exploring indigenous place names – mostly in the Hanis, Milluk and Siuslawan languages. The previous seven covered the Whiskey Run area up to the Umpqua estuary. This month we will continue with the Umpqua River. For a pronunciation guide to the native words in this article see <https://shichils.wordpress.com/about/> under the “Language Pronunciation” section.

The Lower Umpqua River

Last month, we stopped at the old coastal stage stop on the north side of the Umpqua River, a place known in the Siuslaw/Lower Umpqua language as **Ts'iyaxaus**. This is a name that comes from Louisa Smith's list of 19 Umpqua place names to J.O.Dorsey in 1884, and interviews with her son Spencer Scott and the Barrett brothers in 1942.

Unfortunately, for much of the river above this point, we are not sure where most of the rest of Louisa's place names were located. And when the Barretts and Spencer Scott were interviewed in 1942, they had heard of some of her names but could no longer recall where they were.

Most notably missing is the name for the village at Gardiner. Now, Louisa did give her names in a certain order, from most upriver to the mouth of the river (though at least 2 of her names are flipped). We can try to guess, based on her ordering of the names, which name might have applied to the Gardiner site. Ts'iyaxaus was 13th on her list. Name #12 was **Qaiwontsuunii tl'a'ai** which just literally means 'rocky land' (from qaiwonts=rock, tl'a'ai=land). It is not clear to me if she meant this as a name or as a description for another place. #15 was **Chiitla'ta'muus** or **Ch'itlat'awas**, which is based on the word for shooting arrows at a target. #11 is **Ch'apichnuu**, to which Mrs. Smith added the word shkuuch, which just means mountain or hill. The Gardiner site is at the bottom of a notably steep hill – could **Ch'apichnuu** be the name of this place? We can't be sure, but just based on its proximity to place names we are sure of, it is a good possibility.

From there, until we reach the last village – **Ts'aliila** – we do not know where any of Mrs. Smith's place names were (as she gave no description of the sites). Frank Drew, Spencer Scott and the Barretts were also unsure, though some of her names sounded familiar to them. They are, going upriver from the Gardiner region, **Sq'akaus**, **Hltii'aiyamhl tl'a'ai** (literally, salmon-drying land), **Tisya'miis** or **Ntsiya'miis** (red-clay-paint place), **Tsún-na-hli-a-mi-mi-tla**, **Tluqiita**, **Ch'uuquuq**, **Ch'aquwiyahl**, **Taqqaia**, and **Miisan**. Miisan was the next to last village Mrs. Smith mentioned. Frank Drew thought the name **Tsún-na-hli-a-mi-mi-tla** resembled the Siuslawan phrase **tša'naxtliiyamhl mihla**, meaning 'mother of cranes' [herons].

The last name on Smith's list was **Ts'aliila**, the home of her father, a chief who became known by the nickname 'Sunk in the Water'. **Ts'aliila** was probably located not too far upriver of Wells Creek. The village is spelled many different ways in early fur-trapper records, but it appears to have been well known during the fur trade period, given its relative proximity to the HBC Fort Umpqua that was at Elkton, first founded in 1832, burned down in 1851 (and finally officially closed in 1854). I found a tragic reference to it about a teen from Ts'aliila in a “The Coming of the Spirit of Pestilence” by Robert Boyd. There was a mission school in the Willamette Valley that had a student, Kenotish, from “Silelah” (apparently Ts'aliila) in 1835 who died from 'bleeding at the lungs'. His brother came to the school, and feared his brother's fatal illness had been caused by someone's ill intentions and poisoning. He had contemplated killing two of the missionaries in revenge for this, but was persuaded by another Indian to attack some Yamhill Kalapuyans instead (see pages 80 through 82).

Also near the Scottsburg area was a section of the river called **mam'wayamhl tla'ai** (literally green sturgeon's land). This was an area of shallow, clear water where green sturgeons (mam'wai in the Siuslaw/Lower Umpqua language) were easy to spear. Green sturgeons were also common in the bend of the river below Gardiner.

Also in this area perhaps half a mile or so above Scottsburg is a rock islet where the water flows around it. In one spot there is an eddy in the water that would, according to legend, suck strangers down. There were rocks with arches in them underwater and if a person 'dreamed something' he or she would be pinched by these rocks and drowned. It was called **Tl'xa'wasat'a**, jumping

place.

Sadly, no one thought to interview Louisa Smith about place names on Smith River. When JP Harrington got around to asking several people in 1942 about it, no one could recall names any more. Spencer said his mother told him the name for the falls, and that the Smith River Falls were a great place to fish for salmon. But he had forgotten the name. The general word for waterfall and rapids in Siuslaw is huunat'a. Elizabeth Morrissey, a non-Indian whose family had lived on the Smith River for several generations and who I interviewed some years ago, said her father told her about Indians canoeing up to the falls to fish for eels. He was also told about the Rain Rock that was across from the family ranch, near Spencer Creek. In “Smith River Memories” she said:

Across the river from the house is a big rock that was called the rain rock. We were told we were never to beat on that rock. The Indians used to come up and camp near the falls in the summer, catch eels and smoke them for winter. When they headed back down the river in the fall, they stopped at the rock. They held their ceremony to bring the fall rains, beating on the rock with sticks. The fall rains were important to us, too. If the rains didn't come, Santa wouldn't come.

Some ten miles above the Falls is a great douglas-fir tree, today known as the “Carpenter Tree”, named for a settler, Jim Carpenter. He said the Native people had told him to leave that tree alone, that it was a medicine tree. He did leave it alone, and as the story became known among others living along Smith River, they too left it alone. Today it is the lone ancient tree in a forest that was heavily logged and impacted by the Oxbow Fire of 1963.



Rapids and Fish dam near Scottsburg Umpqua River

Sketch by Capt Lyman around 1850 of fishing site at rapids near Scottsburg

What Can You Do to Help Improve Water Quality

Contributed by Amand Craig, Air and Water Protection Specialist

A few years ago, the Dept. of Natural Resources (DNR) started painting stencils near storm drains on Tribal Properties to remind everyone that what goes into a storm drain eventually leads into our waters. This project is a part of our Nonpoint Source Pollution (NPSP) outreach efforts. This summer the DNR intern, Tribal member Nicole Romine, touched up the existing stencils that have faded over the years and placed additional ones at Tribal Hall and Qaxas.

What is nonpoint source pollution?

“Nonpoint source pollution generally results from land runoff, precipitation, atmospheric deposition, drainage, seepage or hydrologic modification. Nonpoint source (NPS) pollution, unlike pollution from industrial and sewage treatment plants, comes from many diffuse sources. NPS pollution is caused by rainfall or snowmelt moving over and through the ground. As the runoff moves, it picks up and carries away natural and human-made pollutants, finally depositing them into lakes, rivers, wetlands, coastal waters and ground waters.” -EPA

Nonpoint source pollution can include:

- Excess fertilizers, herbicides and insecticides from agricultural lands and residential areas
- Oil, grease and toxic chemicals from urban runoff and energy production
- Sediment from improperly managed construction sites, crop and forest lands, and eroding streambanks
- Salt from irrigation practices and acid drainage from abandoned mines
- Bacteria and nutrients from livestock, pet wastes and faulty septic systems
- Atmospheric deposition and hydromodification

States report that nonpoint source pollution is the leading remaining cause of water quality problems. The effects of nonpoint source pollutants on specific waters vary and may not always be fully assessed. However, we know that these pollutants have harmful effects on drinking water supplies, recreation, fisheries and wildlife.

What you can do:

- Keep litter, pet wastes, leaves and debris out of street gutters and storm drains—these outlets drain directly to lake, streams, rivers and wetlands.
- Apply lawn and garden chemicals sparingly and according to directions.
- Dispose of used oil, antifreeze, paints and other household chemicals properly—not in storm sewers or drains. If your community does not already have a program for collecting household hazardous wastes, ask your local government to establish one.
- Clean up spilled brake fluid, oil, grease and antifreeze. Do not hose them into the street where they can eventually reach local streams and lakes.
- Control soil erosion on your property by planting ground cover and stabilizing erosion-prone areas.
- Encourage local government officials to develop construction erosion and sediment control ordinances in your community.
- Have your septic system inspected and pumped, at a minimum every three to five years, so that it operates properly.
- Purchase household detergents and cleaners that are low in phosphorous to reduce the amount of nutrients discharged into our lakes, streams and coastal waters.

For more information about Nonpoint Source Pollution, here are some resources online:

<https://www.epa.gov/nps>

<http://www.oregon.gov/deq/wq/programs/Pages/Nonpoint.aspx>



Tribal Summer Intern Nicole Romine touches up stencils and places new ones at Tribal Hall and Qaxas

Photographs by Amanda Craig



Healthy Families 2017



From left to right: Meagan Davenport, Mary Lou Greene, Madison Byer, Janet McKee, Kim Bixby, Chris Sherrod, Adrienne Crookes, Shyla Stone, and Shawn Brainard.

Contributed by Shawn Brainard, Family Services Intern

On August 17th and 24th, CLUSI Family Services partnered with the Confederated Tribes of Siletz Indians at their outreach office in Eugene, Oregon. The collaboration was to provide a two-day workshop on Healthy Eating and Living as well as Stress Reduction and Self-Care. Attendees from both tribes made the event truly amazing and it was in the spirit of living healthy and thriving as families, individuals, and tribal communities. From the traditional foods served such as elk, venison, and salmon, to the guest speakers, who talked about our traditions, our stressors and coping mechanisms, and how to set realistic, short-term goals, the class was a wonderful success. We are very grateful to Siletz for sharing their space and positive energy with us, and for helping prepare and present the food. Family Services looks forward to the next Healthy Families Workshop, which will be Saturday, October 21, 2017, at the CTCLUSI Tribal Community Center. Please see Flyer in this publication for further details.

Mill-Luck Salmon Celebration and Canoe Races

Contributed by Mark Petrie, Cultural Assistant

“The CLUSI canoe teams represented great prowess and strength this year at the yauxoxa’nawos (canoe races). Our competition was between our tribal friends from the Confederated Tribes of the Grande Ronde, the Coquille Indian Tribe, the Chinook Canoe Family, and our community friends from the South Slough National Estuarine Research Reserve, and a private citizen entry. Our very own CLUSI teams walked away, soothing sore backs and arms I might add, with 1st Place Trophy plaques for every race we competed in: Traditional Dugout team, Men’s team, Women’s team, and Mixed team. We didn’t have enough youth to race in the Youth Team competition, unfortunately – so you youth come race next year! Thank you to all the pullers and people who supported our canoe teams. We couldn’t have been this successful without your support!

This was the first year I was tl’inyawa (steersman) during a race. I have to say it was an honor to steer Lottie to victory in the Traditional Dugout race with all the wonderful people in my crew. Luuwii (thank you) to you all. It was amazing to witness our collaboration and determination to succeed.”

Contributed by Courtney Krossman, Archaeological Technician

“This was my third year as tl’inyawa for the women’s race. Prior to going out on the water, I always have this nervous feeling in my gut, afraid that I will make a mistake and cost us the race. I have grown much more confident in my skills over the past few years, and was very excited to bring home another 1st place win for our Tribe in the women’s division. Being a skipper is a very big responsibility, one that is not taken lightly. I am very proud to be one of few women skippers and look forward to the races again next year as well as the many Canoe Pulls that will be had throughout the remainder of 2017.”



Contributed by Ashley Russell, Water Protection Specialist

“The weather was better this year. Warmer and less windy. Now that I am more comfortable and confident in my weaving abilities, I sat down with a few of the guests and guided them through weaving a Tule mat in addition to headbands, ducks, and dolls. The sizes varied from coaster size to coffee table size. Adjacent booths taught cedar barrette and small cedar basket weaving, bear grass braid weaving, dentalium necklaces, porcupine quill earrings, and flint knapping. All in all, it appeared to have been a great turn out this year and I was excited to see new faces as well as familiar ones. I look forward to instructing again next year and, perhaps, teaching new projects.”



Photographs contributed by Courtney Krossman

Domestic Violence

Contributed by Melinda Radford, Circles of Healing Outreach Advocate

The Circles of Healing program provides confidential advocacy and support services to victims and survivors of domestic violence, sexual assault and human trafficking. The Circles of Healing program works within the Tribal community to provide domestic violence and sexual assault awareness and prevention, as well as providing victims and their families with advocacy and other services based on eligibility.

In honor of Domestic Violence Awareness Month, the Circles of Healing program partnered with men from the Tribal Community to provide positive messages regarding their support for women in our communities. Each participant was asked to provide an answer to the question, "Why is it important to support and empower women in our Tribal community?". The responses we received were very positive and indicative of a strong community at large. Please see each participant and their response below.



Brad Kneaper,
CTCLUSI Tribal member and Chief of Tribal Police

It's important to support and empower all women of all ages in our tribal community to help them become strong and independent people. A strong independent person can do almost anything they set their mind on. The strong independent woman has the ability to shape her own future, and have a much less likely chance of being a victim of Domestic Violence or Mental Abuse. This will set an example for all the women, and the men of our tribe, and it's never too late to make these changes in your life. You have the support you need if you look for it.



Brian Dubray,
CTCLUSI Tribal Police Officer

I believe it is important to support and empower women in the Tribal community so that they can not only help themselves, but also help and support others to stand up against domestic violence. It will also allow those supported to follow their passions and voice their opinions to continue the cycle of support. One woman's success can be an inspiration to countless others.



Doug Morrison,
CTCLUSI Community Health Representative

By empowering Tribal Women, you encourage personal growth, personal confidence and a heightened capacity to actively engaged in advocacy for themselves, the tribe and its people.

Empowering women has been shown to reduce their likelihood of becoming a victim of domestic abuse and by empowering women they will no longer be seen or stereotyped as a disadvantaged group of people but will be seen as equal and important in their own right.



Wade Matthews,
CTCLUSI Tribal member

Not only it is important that we support and empower the women in our tribal community, it is an essential key in building and improving not only the business side of our tribe but also the well being of our surroundings. Empowerment brings an active woman into her community, either in business, politics, or community activism, and is devoted to bringing about a better future for her community. Supporting women can help with them live a longer, healthier, happier life which also leads to a stronger, manageable, and more passionate tribal faction.



Mark Petrie,
CTCLUSI Tribal member

Although there's no certainty, I feel that our ancestors' practiced an egalitarian social structure, where the men and women's social status was equal. Women traditionally carried the lineage down from generation to generation, were the heads of the plank-houses, and held high status among the people. That structure was disrupted and dismantled when the patriarchal Euro-Americans came in and took "ownership" of our peoples' land.

Honor and respect our tribal women! The bringers of life, beauty, joy, love and so much more. I hold great respect and admiration for women and will defend them against negative harms and injustices.



Andrew Brainard,
CTCLUSI Tribal member

It is important to support and empower women in our Tribal Community because there is a need for all Tribal Members to be heard in order to understand the value of ever Tribal Members Views on all issues. "Time and time again, our Native American brothers and sisters have seen the federal government break solemn promises, and huge corporations put profits ahead of the sovereign rights of Native communities. I will stand with Native Americans in the struggle to protect their treaty and sovereign rights, advance traditional ways of life and improve the quality of life for Native communities." Bernie Sanders

Awareness Month



**Michael Romine,
CTCLUSI Tribal member**

I believe that it is important to support and empower our tribal women because they are the backbone of our tribe. We need the women in this tribe to keep everyone level headed and pointed in the right direction. Our tribes are lucky to have the highly motivated and empowered women we have today.



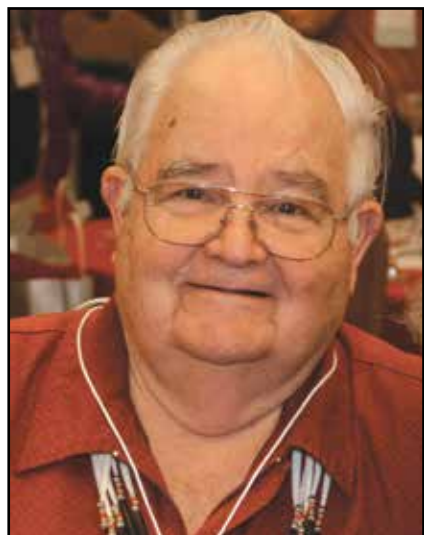
**Jesse Gardner,
CTCLUSI Tribal member**

Empowered tribal women contribute to the health and productivity of whole families and communities and to improved prospects for the next generation. A woman is entitled to live in dignity and in freedom from want and from fear.



**Sam Sprague,
CTCLUSI Tribal member**

Women are the givers of life, they teach us, love us and mold us into the people we are. Women carry much of our culture through the generations, and are often the gatekeepers of familial knowledge. I assume, since I am a man, that women think more about how their decisions will effect others long term and we could use some of that in this increasingly crazy world. Women are creative thinkers, superior communicators and strong in ways men can't understand. Our Tribes consist of the descendants of strong women who adapted and survived under genocidal colonialism, and part of honoring our ancestors means honoring, respecting and therefore empowering the women in our community today.



**George Barton,
CTCLUSI Tribal member**

Traditionally, this Tribe was a matriarchal society; which means women took care of most of the Tribal business, while the men took care of providing food and safety for the community. Over the years, there has been a role reversal due to the prevailing society. In order for this Tribal community to survive and grow, it is extremely important for all Tribal members to support and encourage any Tribal woman- young or old- to work with and for the betterment of the Tribe. The younger Tribal women need to be

encouraged, empowered, and helped in any way needed or requested to "Follow Their Dreams"; and to be encouraged if they want to, to work for the Tribe or to come back after their education and work for the Tribe. Not only will this be a benefit to the Tribe, but it will encourage the women of the Tribe to become more involved in Tribal activities, committees, etc., once they see that they can help to make a difference and help the Tribe to grow



**Shayne Platz,
CTCLUSI ICWA Caseworker**

It's important to support our women because they give so much to our families, children, and tribal communities. Empowered women will make our future generations strong and will continue to support the spirit of life and our healthy communities



**Shane Henderson,
CTCLUSI Tribal member**

I am a son, husband and father of two daughters. I have come to learn that there is no greater love than the love that comes from our women.

LADIES SELF CARE CIRCLE



Please join us in making homemade sugar scrubs with decorative mason jars! This event is open to Tribal and non-Tribal women. You are welcome to join at any time. Please RSVP to the contacts below.

October 23, 2017 5:00 P.M.-6:30 P.M.
Tribal Hall, Coos Bay Oregon

For More Information Please Contact:

Devynne Krossman
Circles of Healing Advocate
541-888-7537
dkrossman@ctclusi.org

Melinda Radford
Circles of Healing Advocate
541-808-8450
mrادford@ctclusi.org

Sponsored by the CTCLUSI Health and Human
Services Department

Healthy Families



Lifestyles Workshop

Come join us for a family-friendly workshop in learning about Healthy Eating & Living, as well as, Stress Reduction & Self-Care.

WHEN: Saturday, October 21, 2017

TIME: 11:30 am to 2:30 pm

LOCATION: Confederated Tribes of CLUSI—Community Center

Please call the RSVP line at 541-435-7155
or toll-free at 1-888-365-7155
by Wednesday, October 18, 2017

- Space is limited
- No transportation provided
- Must RSVP and be present to receive raffles and incentives

Food and childcare provided.



Sponsored by CTCLUSI Health & Human Services Division
Family Services - Title IV B Funding

Tribal Government has been donated firewood logs to be distributed to Tribal Members

Please contact Jeremy Petrie
for more information 541.297.3933 or
e-mail jpetrie@ctclusi.org

FAMILY BEADING NIGHT



Attention Tribal families with children in grades Kindergarten through 6th grade!
Come join us for a fun night of beading!

- ❖ Dinner will be provided.
- ❖ Children must be accompanied by an adult.
- ❖ No transportation will be provided.

Wednesday, October 18, 2017
6:00 P.M. to 8:00 P.M.

Tribal Hall, 338 Wallace Ave, Coos Bay Oregon

Please call the RSVP line at 541-435-7155
or toll-free at 1-888-365-7155
by Friday, October 13, 2017

This event is sponsored by the Health and Human Services Division
Child Care Development and Title IV B 2 Funding



2018 Elders Activities Survey Input

Please submit your suggestions to
Andrew Brainard at 541-888-7533
or

Email at: abrainard@ctclusi.org

Deadline is

Thursday, October 19, 2017



Please join us for good food and fun with other
Tribal Families.

All Tribal families welcome to attend.
Sorry, transportation is not provided.

Tribal Family Gathering Dinner

Tuesday, October 24, 2017

The Gateway Grill

3198 Gateway Street, Springfield OR

6:00 p.m. — 8:00 p.m.

Please enter from the back parking lot and meet in
the large banquet room.

RSVP By Friday, October 20, 2017

(541) 435-7155 or toll-free at 1(888)365-7155

Speaker: Naomi Petrie, DHAT

Sponsored by: CTCLUSI Health & Human Services Division



Elders Corner

Elder’s Hellgate Jetboat Excursion

Contributed by Andrew Brainard, CHR/ Elders Activity Program Coordinator

August 9th through the 11th the Elders of CTCLUSI took off and enjoyed a couple days together in the great Douglas and Josephine County warm weather. On day one the Elders departed from the Coos Bay, Florence and Springfield offices to Canyonville Oregon to Seven Feathers Casino. Here everyone enjoyed a great meal at the Gathering Place Buffet, as well as the accommodations of the nice outdoor area to relax and socialize. Seven Feathers also has a beautiful pool to which Tom Brainard Jr. said “Man, we should get one of these in our casino and hotel.” The great staff, including General Manager Shawn McDaniel, were truly accommodating.

As our great stay in Canyonville ended, we traveled to Grants Pass and had an excellent lunch at the Taprock Northwest Grill. Everyone seemed to enjoy the refreshing smoothie drinks. The view was incredible and we were able to watch the jet boats leaving the dock

Our Elders checked into the River Side Inn and were able to

relax a little. All 37 of us then boarded the jet boats and began our excursion. There everyone was able to enjoy the great scenery and get a little wet too.

Another accommodation that the Hellgate Jet Boat Excursion provided was a great dinner consisting of a variety of foods which included ribs and chicken at the OK Corral. The OK Corral is an old homestead located on the Rogue River.

On our trip home, Donna McNutt commented her favorite thing about the trip was the wheel chair race back to the hotel.

In conclusion, I want to say thank you for everyone that came and also the great help from our amazing staff including Iliana Montiel, Kimmy Bixby and DeeDee Plaep. Tribal Elder Sue Olson also mentioned how much she appreciated the staff and how helpful they were on the last Elders trip.

This was our last trip of the year together and everyone is looking forward to the 2018 Elder activities.



Welcome New Elders

Peggy Dickerson

Jeffery Downey

Sandra Moote

When Attending Tribal Events and Activities:	
DO.....	DON'T.....
Be Polite: to each other, as well as staff.	Be Rude: these should be happy trips and staff are assisting as quickly as they can.
Be Compassionate: others may take a little longer or need some extra help.	Consume alcohol or drugs: these are drug and alcohol free events.
Be Appropriate: leave inappropriate topics, behavior and language at home.	Be late: please listen and follow directions.
Be Respectful: treat other people the way you want to be treated.	Be Negative: it affects everyone in your group.
Enjoy yourself and have a good time.	Forget: to call and cancel at least 48 hours in advance. Make sure to let us know if you do not need hotel rooms.



Medication Safety Tips for Older Adults

Contributed by Vicki Faciane, Director of Health & Human Services

Although this article is targeted at older adults, the tips included apply for all ages. This is from the **FDA's Consumer Updates** page:

<https://www.fda.gov/ForConsumers/ConsumerUpdates/default.htm>, extracted on August 30, 2017:

Whether you're settling into your sixties or heading into your ninth decade, be careful when taking prescription and over-the-counter medicines, herbal preparations, and supplements. And if you're caring for older loved ones, help them stay safe, too.

Why the special concern? The older you get, the more likely you are to use additional medicines, which can increase the chance of harmful drug effects, including interactions. And, as you age, physical changes can affect the way medicines are handled by your body, leading to potential complications. For instance, your liver and kidneys may not work as well, which affects how a drug breaks down and leaves your body.

"There is no question that physiology changes as we age. Many chronic medical conditions don't even appear until our later years," explains RADM (Ret.) Sandra L. Kweder, M.D., F.A.C.P., a medical officer at the U.S. Food and Drug Administration. "It's not that people are falling to pieces; some changes are just part of the normal aging process."

Read on for important safety tips.

1. Take Medicine as Prescribed—with Input from Your Health Care Provider

Take your medicine regularly and according to your health care provider's instructions.

Don't take prescription medications that your health care provider has not prescribed for you. And don't skip doses or stop taking medication without first consulting with your provider. (This holds true even if you're feeling better or if you think the medicine isn't working). And if you're having bothersome side effects or have other questions, talk to your provider.

"Medication can't work unless you take it," Kweder says. "For instance, medications that treat chronic conditions such as high blood pressure and diabetes typically only work when taken regularly and as directed. You have to take them continuously to maintain control over your condition."

Dosing for medications is based on clinical trials, which the FDA reviews. "Every medicine is really different and is dosed according to what's been tested," says Kweder, which is one reason why you shouldn't select a dose yourself.

2. Keep a Medication List

Write down what you're taking and keep the list with you. Make sure your medication list is up-to-date, and includes any changes made by your health care provider. Consider giving a copy to a friend or loved one that you trust—important especially in case of emergency and when you're traveling.

Your list should include the medicine's brand name, if applicable, and generic name. Also write down why you're taking each medication, the dosage (for instance, 300 mg), and how often you take it.

3. Be Aware of Potential Drug Interactions and Side Effects

Interactions can occur when:

- One drug affects how another drug works;
- A medical condition you have makes a certain drug potentially harmful;
- An herbal preparation or supplement affects the action of a drug;
- A food or non-alcoholic drink reacts with a drug;
- An alcoholic drink interacts with a drug.

Your task? Learn about possible interactions and the potential side effects of your medications. You can do this by carefully reading drug facts labels on over-the-counter drugs (OTC) and the information that comes with your prescription medications, and by reviewing any special instructions with your health care provider. For instance, nitroglycerin, which treats angina (chest pain related to heart disease), should not be taken with many erectile dysfunction drugs, including Viagra and Cialis, because serious interactions can occur. Some drugs should not be taken with alcohol, as problems such as loss of coordination, memory problems, sleepiness, and falls can result.

If you're seeing more than one health care provider, tell each one about all medications, herbal preparations, and supplements you take. You also can ask your pharmacist about potential drug interactions and side effects.

Some medications can cause side effects similar to health problems that occur in older adults (such as memory difficulties), so ask your healthcare provider if any new health problems you are experiencing could be due to medications.

4. Review Medications with Your Health Care Provider

Ideally, you should discuss the prescription and over-the-counter medications and dietary supplements that you take with your health care provider at each visit. Do this to confirm if the medications are still necessary and if the supplements are appropriate—and to determine which ones you can stop taking (if any).

If it's not possible to review medications at each visit, schedule at least one review each year.

If a certain medication seems out of your budget, ask your health care provider if there is a less expensive, and still effective, alternative. Also tell your health care provider if you think a medication isn't working well (for example, if a medication is not relieving pain like you think it should).

A medication review with your health care provider can help you avoid drug interactions, reduce your risk for side effects, and lessen costs. Sometimes, especially if you're seeing multiple providers, certain questions can fall through the cracks, says Kweder. But, she says, there is no such thing as a stupid question about medicine.

"As a society, we have become reliant on pharmaceuticals to help us attain a longer and higher-quality life. It's a wonderful success of Western medicine," she adds. "The goal should be for each of us to access that benefit but respect that medicines are serious business. To get the most out of them, you should take them with great care and according to directions."



PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving or Peacegiving Court issues are confidential.



For more information about Peacegiving or Peacegiving Court, please visit the Peacegiving Website or contact the Peacegiving Court Coordinator at the address listed below.

Peacegiving Court Coordinator
1245 Fulton Avenue
Coos Bay, OR 97420

PHONE: (541) 888-1306 or (541) 888-1316

EMAIL: Peacegivingcourt@ctclusi.org

Website: <http://ctclusi.org/peacegiving>

CTCLUSI Small Business Incubator Lab – New Location

Contributed by MJ Koreiva, Business Incubator Manager

The CTCLUSI Small Business Incubator Lab is now located at The Newmark Center, 2110 Newmark Avenue on the SWOCC Campus in Coos Bay. The Incubator Lab offers support to Tribal members with their small business planning activities. The Small Incubator Lab has access to programming to help you learn how best to plan and developing a small business. Classes, workshops and individual business coaching are just some of the services provided by the Small Business Incubator lab. The Small Incubator Lab has computer workstations available for you to use for both research and document creation.

The Small Business Incubator Lab has information that will help you better understand which business structure would be right for you; how to develop a business plan, marketing strategy, conduct online sales and use social media for both sales and promotions. The Small Business Incubator Lab can also provide you with access to mentors and business networking opportunities.

For more information, Contact MJ Koreiva, Business Incubator Manager
Call: 541-888-9577 or email: mkoreiva@ctclusi.org



Business Plan Writing 4-Session Workshop in October & November

What's Your Plan is a 4-session course that will help you write a business plan that gets results. You'll learn what is a business plan and how important it is to have when you start up a new business. You'll learn how to put a business plan together and who will need to read your business plan. The course will also include resources for running a business and much more!

The business plan you write for this course can be used for financing your business, operating your business more successfully, accessing the DreamSavers grant program through Neighborworks Umpqua <http://www.nwumpqua.org/services/save-money/dreamsavers/>, or qualifying to apply for the Bay Area Chamber New Business Challenge grant.

The course starts on October 9th and runs through November 27th on the 2nd and 4th Mondays of those months. The cost for this class is only \$125 and includes access to the popular LivePlan business planning software template for 3 months. Classes will be held in Coos Bay on the SWOCC Campus.

Tuition underwriting is available. If you would like to take this course, please contact MJ Koreiva, Business Incubator Manager at (541) 888-9577 to get you signed up.

Tuition underwriting is available to take this 4-session course from SWOCC
Call MJ Koreiva, the Business Incubator Manager to get signed up and start writing your business plan today! 541-888-9577

Gathering of Elders and Their Families

An Afternoon Tea!
An informational meeting on a new language grant.

When: October 12th, 2017
Thursday
From 2:00pm - 4:00pm
Where: Outreach Office
1126 Gateway Loop, Springfield, OR

AND,

When: October 13th, 2017
Friday
From 2:00pm - 4:00pm
Where: Coos Bay Tribal Hall
338 Wallace Street, Coos Bay, OR

We would like to invite you to participate in a social gathering aimed to re-awaken the Hanis, Milluk and Siuslaw languages. We will have a day of information, storytelling, and treats.

For more information or to R.S.V.P. prior to the gathering date:

Patricia Whereat Phillips at (707) 812-1705 or miluk.language@gmail.com
Heidi Helms at (541) 297-7538 or hhelms@ctclusi.org

As Tribal members and linguists, we are looking to the Elders to come together to help preserve the knowledge of our languages and culture.

Sponsored by the National Science Foundation's
Documenting Endangered Languages

Coming Soon to the Dental Clinic - Silver Diamine Fluoride!

Contributed by Naomi Petrie, Dental Health Aide Therapist (DHAT)

We will be making silver diamine fluoride (SDF) available at our clinic in the next coming months. In 2015, SDF was approved by the Food and Drug Administration (FDA) as a treatment for tooth sensitivity. Although this is relatively new to the US, it has been used in Japan for over 80 years. Research has shown that SDF can also stop the progression of tooth decay. This off-label use has been accepted under U.S. Law.

SDF is a clear liquid that when applied directly onto a cavity, kills the bacteria and remineralizes the tooth. This ability is due to the silver and fluoride content of the solution. Silver has long been used as an antibacterial and Fluoride is a naturally occurring mineral that helps remineralize teeth. After SDF is applied, the demineralized areas will turn black, indicating the decay has been arrested. The blackened areas can then be drilled away and filled with either a tooth-colored or silver material at a later appointment.

When to use it:

Since SDF can arrest tooth decay, this is a great option for patients that require multiple restorative appointments and children that are too young to undergo restorative treatment. With children, we can wait until the child is able to better cooperate in the dental chair or wait until the baby tooth falls out on its own. SDF can also be used to treat decay that is in an area that is difficult to restore.

How we use it:

The tooth is isolated, air dried, and SDF is applied with a small brush. After the SDF sits on the tooth for a minute, fluoride varnish is applied. For best results, more than one application is required. Two to three applications a year have shown to have the best results in stopping the decay.

Drawbacks:

SDF stains unprotected tissues dark brown. If the liquid comes into contact with the gums, lips, or any uncovered surface, it will leave a harmless temporary stain. The stain will fade within 1-3 weeks.

After an application, a temporary metallic taste may be experienced.

SDF stains the decayed tooth surface black, this could be an issue for those who do not want their front teeth discolored.

SDF is not safe for patients with a silver allergy.



(Left) Two cavities between the front teeth. (Right) The two cavities after SDF is applied



Above: A patient that has severe decay.
Below: The patient with severe decay after silver diamine fluoride.



**Make an Appointment with the CTCLUSI Dental Clinic Today
by Calling 541-888-6433**

CONFEDERATED TRIBES OF COOS, LOWER UMPQUA AND SIUSLAW INDIANS

BUDGET HEARING

Tribal Member input is sought on the construction of a Fiscal Budget for the 2018 Calendar Year

Pursuant to Tribal Code 7-10-3, the Budget Committee seeks to hear from Tribal Members on items to be considered in the preparation of the Tribal Budget for the 2018 Calendar Year

The Hearing will be held at

**CTCLUSI COMMUNITY CENTER
338 WALLACE STREET
COOS BAY, OREGON 97420**

9:00 AM

Sunday, November 12, 2017

*Written Comments may be submitted to the following address:
Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
1245 Fulton Avenue, Coos Bay, OR 97420
Attn: Chief Financial Officer*



Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians

Upcoming Events 2017

OctoberNovemberDecember

October 5th – Elders BBQ Luncheon, Community Center, 11:30 a.m.

October 7th – Mahaffey Ranch (Corn Maze) Prevention Activity

October 8th – Regular Council Meeting, Florence, Windward Inn, 10:00 a.m.

October 9th – Cereal Fest, HOC Activity, Community Center 4:00 p.m.

October 14th – Restoration Celebration at TRC Events Center
Doors open at 12:30 p.m.

October 17th – CTCLUSI Restoration Day (All Tribal Offices will be Closed)

October 18th - Family Beading Night, Tribal Hall, 6:00 p.m.

October 19th - Elders Survey input deadline

October 21st – Lone Pine Farms (Corn Maze) Prevention Activity

October 21st – Healthy Families Workshop, Community Center 11:30 a.m.

October 23rd – Ladies Self Care Circle, Tribal Hall, 5:00 p.m.

October 24th – Tribal Family Gathering, Springfield, The Gateway Grill

October 28th – Weaving Workshop, Tribal Hall, 10:00 a.m. – 4:00 p.m.

October 31st - Halloween

November 10th – All Tribal Offices will be CLOSED in observance of Veterans Day

November 11th – Veterans Day

November 12th – Regular Council Meeting, Community Center 10:00 a.m.

November 12th – Budget Hearing, Community Center 9:00 a.m.

November 17th – Elders Lunch, Hosted by Coquille Tribe, Mill Casino, Time TBA

November 18th – Fall Harvest, Community Center.
Drum Making 9:00 a.m.

November 21st – Parenting Workshop, Coos Bay, Details TBA

November 28th – Parenting Workshop, Coos Bay, Details TBA

November 23rd – All Tribal Offices will be CLOSED in observance of Thanksgiving Day

November 26th - PRC Application Deadline

December 5th – Parenting Workshop, Coos Bay, Details TBA

December 7th - Elders Lunch, TRC

December 9th - Tribal Christmas Celebration

December 10th – Regular Council Meeting, TRC, 10:00 a.m.

December 12th– Parenting Workshop, Coos Bay, Details TBA

December 21st – Winter Solstice

December 25th – Christmas Day (All Tribal Offices will be Closed)

December 31st – New Year's Eve

Event Dates:

October 14, 2017 Restoration at TRC Event Center

**Fall Harvest
November 18, 2017**

**Tribal Christmas Celebration
December 09, 2017**

Do's and Don'ts: Talking to Your Kids About Drugs

<https://www.getsmartaboutdrugs.gov/content/dos-and-donts-talking-your-kids-about-drugs>

As a parent or caregiver, you know that talking to your teens about drug use can be tricky. Discussing consequences associated with using drugs is key. Consider these four do's and don'ts for talking to your teens about drugs, and then get the conversation started:



- DO** explain the dangers using language they understand.
DON'T react in anger -- even if your child makes a statement that shocks you.
- DO** explain why you do not want them to use drugs.
For example, explain that drugs can mess up their concentration, memory, and motor skills and can lead to poor grades.
DON'T expect all conversations with your children to be perfect. They won't be.
- DO** be there when your child wants to talk, no matter the time of day or night or other demands on your time.
DON'T assume your kids know how to handle temptation. In fact, you may want to consider role-playing with your teen to educate them about real-life risks and alternatives to temptations so they can make healthy decisions.
- DO** praise your children when they deserve it. This builds their self-esteem and makes them naturally feel good.
DON'T make stuff up. If your child asks a question you can't answer, promise to find the answer so you can learn together. Then follow up.

Confederated Tribes of

DOUG BARRETT
CADC-1, CPS
Prevention Activities Coordinator


www.ctclusi.org

Confederated Tribes of

Coos, Lower Umpqua & Siuslaw Indians

1245 Fulton Avenue
Coos Bay, OR 97420
Phone: (541) 888-9577
Toll Free: (888) 280-0726
Fax: (541) 888-1027
Cell: (541) 297-2130
dbarrett@ctclusi.org

Confederated Tribes of

SONJA McCARTY
Hearing of the Canoe Facilitator


www.ctclusi.org

Confederated Tribes of

Coos, Lower Umpqua & Siuslaw Indians

1245 Fulton Avenue
Coos Bay, OR 97420
Phone: (541) 888-9577 ext. 7553
Toll Free: (800) 280-0726
Fax: (541) 888-2853
E-mail: smccarty@ctclusi.org

TH = Tribal Hall

CC = Community Center

TRC = Three Rivers Casino

October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 Elders BBQ, CC 11:30 a.m.	6	7 Corn Maze Mahaffey Ranch
8 Council Meeting Windward Inn, 10:00 a.m.	9 HOC Cereal Fest CC, 4:00 p.m.	10	11	12	13	14 Restoration Celebration, TRC Event Center Doors Open at 12:30
15	16	17 Restoration Day All Tribal Offices Closed	18 Family Beading Night TH 6:00 p.m.	19 Elders Survey Input Deadline	20	21 Corn Maze Lone Pine Farms Healthy Families, CC
22	23 Ladies Self Care Circle, TH 5:00 p.m.	24 Tribal Family Gathering, Springfield 6:00 p.m.	25	26	27	28 Weaving Workshop TH 10:00 a.m.
29	30	31 Halloween				

November 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10 All Tribal Offices Closed Observing Veteran's Day	11 Veteran's Day
12 Council Meeting, CC 10:00 a.m.	13	14	15	16	17 Elders Lunch Hosted by Coquille, Mill Casino	18 Fall Harvest CC
19	20	21 Parenting Workshop, Coos Bay	22	23 Thanksgiving Day All Tribal Offices Closed	24	25
26	27 PRC Application Deadline	28 Parenting Workshop, Coos Bay	29	30		

December 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 Parenting Workshop, Coos Bay	6	7 Elders Luncheon, TRC	8	9 Tribal Christmas Celebration, TRC
10 Council Meeting, TRC 10:00 a.m.	11	12 Parenting Workshop, Coos Bay	13	14	15	16
17	18	19	20	21 Winter Solstice	22	23
24 <div></div> 31 New Year's Eve	25 Christmas Day All Tribal Offices Closed	26	27	28	29	30

Weaving Workshop Updates

Dear Tribal Members,

The Department of Natural Resources and Culture has gifted us with an additional weaving workshop this year on October 28, 10 AM-4 PM, Tribal Hall in Coos Bay! We have one first basket started that needs to be finished as well as an important heritage opportunity.

The underpinning of our weaving program is museum investigation, knowledge holder interview, and institutional research. As part of the curriculum of our tribal weaving program, I offer training to tribal members in museum studies and institutional interface in relation to our art and culture.

One museum investigation I did last year was at the Burke Museum at the UW. I identified a small group of weaving that match sister baskets in other collections attributed to us. For your benefit, those baskets are traveling down to our workshop this month! You will have an opportunity to visit with them, learn protocols in safe handling and care, documentation techniques, and the historic context of the baskets.

If you have never been to a weaving workshop, this will be a perfect time to start, let the ancestors welcome you to your cultural inheritance. You can start (or finish) your first basket in the presence of these wonderful teachers! If you are already a member of our weaving group, please do not miss this important day in your education, these ones are so eager to meet you.

So I may accommodate your material and information needs as well as keep you informed of any changes, you must RSVP to me at sarasiestreem@hotmail.com by October 24.



Gwani (Large Tule Storage Basket), Burke Museum
Photograph by Sara Siestreem

Yours,
Sara Siestreem (Hanis Coos)

New Schedules

Starting August 28, 2017

Visit us on the web at: www.coostransit.org

ASCI OR TTY CALL: 711

Alternative or accessible formats of the schedules are available upon request.

COOS COUNTY AREA TRANSIT MISSION
Linking people, jobs and community by providing safe, affordable, dependable and accessible transportation."

To view the full schedule please visit www.coostransit.org
or contact Kathy Perkins, Transportation Coordinator for more information by calling 541-888-9577

PURCHASED/REFERRED CARE

FY 2018 REGISTRATION IS NOW OPEN

We are now accepting applications for the Purchased/Referred Care Program (PRC) for FY2018. Please remember that you must submit a new application each year for every PRC-eligible Tribal member in your household.

If you are new/returning to the Service Delivery Area, or if you have moved since your last application, you must send documentation of residency [a minimum of three (3) items is required]. Acceptable documents include:

1. Copy of your Oregon driver's license or State ID showing your new address
2. Rental agreement or mortgage document for your permanent residence
3. Utility / phone bill, etc., in your name at your new address (must be a utility bill for your permanent residence; we cannot accept personal mail, cell phone bills or other non-utility bills)

By Federal regulation, you are required to apply for and use any available alternate resources before PRC funds can be accessed. To meet this requirement, if you don't have insurance you may be required to submit either 1) a denial from OHP (Oregon Health Plan), or 2) proof of income (pay stub, W2, etc.).

Three Ways to Apply:

- Online at www.ctclusi.org
- Get a hard-copy form at any CTCLUSI office or get help with the online process
- Request an application packet from PRC by calling (541) 888-4873 or (800) 227-0392

The deadline to submit your application is Monday, **November 26, 2017**. Failure to send in your application is reason for denial of PRC eligibility.

Our Certified Application Counselors are available to help you apply for the Oregon Health Plan, as well as other alternate resource options which may be available to you.

Please call (541) 888-4873 or toll-free 1 (800) 227-0392 for questions or to schedule an appointment.

Why it's Okay to Get an A+ in Failure

Contributed by Mike Smith, Training & Development Specialist - Contact me at 541.902.3819 or at msmith@ctclusihr.org

Failure can be a harsh word to our ears. We don't like the sound of it. We typically don't like to experience it. We really don't want to be defined by it. Often, the path of personal and professional development can be littered with more failures than we'd prefer, but those may be some critical learning opportunities that equip us for our next success. The more comfortable we get with managing failure, the more it could help us succeed at work and in life. If you're in search of more ways to maximize your successes, contact your Department of Human Resources to see how we can partner with you.

Most people will do anything to avoid making mistakes at work. Laser-focused on getting every detail right, the mere thought of messing up can bring on a cold sweat. But what if we told you you'd be more successful if you got comfortable with failure?

Rachel Simmons, a leadership development specialist certainly thinks this is true. She created the "Failing Well" program at Smith College to increase students' resilience through workshops, storytelling, and candid conversations about failure.

The idea is that if you learn from failure, pivot, and stay positive instead of letting it (or even the fear of failing) stop you, you'll benefit in the long run more than if you never made a mistake. "Work hard and do your best," says Simmons, "but have self-compassion when it comes to your limitations. Your career will be a journey, and no single success or failure will define you."

We know what you're thinking. Easier said than done. Since we can't all attend the program IRL, Monster spoke to experts to find out how getting comfortable with failure can lead to success and how to ace it. Without further ado: class is in session.

Lesson #1: Don't make it personal

When you're in the moment, every failure seems like the end of the world—or at least your career. This mountain-out-of-a-mole-hill problem is especially prominent when you're in an entry-level or intern role. Your mistakes feel like such a big deal and you see yourself as a failure instead of realizing you just missed the mark on something.

"Failure is not personal failure," says Jennifer Iannolo, founder and CEO of New York City-based think tank Concordia. She explains that when people can successfully rebound from failure, it becomes detached from their identity. Instead of thinking of themselves as a failure, they realize they just messed up. This is a critical distinction, because you learn that nothing can actually shut you down as long as you are willing to try again," she says.

Here's the good news: Early in your career, your mistakes don't usually have major consequences because you have more supervision and fewer high-stakes responsibilities—but that won't always be the case. So practice your mistake recovery process now. Getting comfortable with the uncomfortable feeling will make it easier to bounce back.

Lesson #2: Take more risks

If you're afraid of failure, you'll do anything to avoid it. But "nothing miraculous will happen in your career if you won't take risks," says Iannolo. Once you've made a mistake—even a big one—and actually lived to tell the tale, you may not be as reluctant to take a chance again.

How do you get more comfortable taking risks? "Start with low-impact risks," recommends Timothy Jaconette, founder of San Francisco-based college admission coaching company, Advanced Admit.

If you're a student, he recommends taking small risks like starting a club on campus or trying out for a sports team. "This won't hurt your academic record the way failing a class might. Plus, you might surprise yourself and succeed," he adds.

The career equivalent could be asking for a raise, sending a cold email, or applying to a job when you're not 100% qualified. None of these things would be career-enders, but could help build your risk-taking muscles, which will benefit you in the long run.

Lesson #3: Learn from your mistakes

When you're humble and brave enough to really explore where you went wrong—and then make a concerted effort not to repeat that mistake—mistakes really can be growth opportunities.

"Take a good hard look at the behaviors and actions that contributed to the failure and figure out how you can do better next time," says Dr. Nicole Lipkin, a Philadelphia-based organizational psychologist and CEO of Equilibria Leadership Consulting. See challenges and failures as opportunities—not threats.

Instead of rationalizing and blaming other people or yourself, learn from the experience. "That's what resilient and successful people do," says Lipkin. "They constantly learn and grow through both their successes and failures."

Content taken from "Why it's OK to get an A+ in failure" by Elana Lyn Gross © 2017 Monster Worldwide



THREE RIVERS
CASINO RESORT



\$7.99 SPECIALS
SERVED 11AM - 9PM

Tuesday: Hot Turkey Sandwich
Open-faced sandwich served with mashed potatoes, gravy, Chef's vegetables and cranberry sauce.

Wednesday: Spaghetti & Meatballs
Capellini spaghetti with marinara, and Italian meatballs. Served with a side salad.

Thursday: Hot Roast Beef Open-Faced Sandwich
Thin sliced prime rib served with mashed potatoes, gravy, and Chef's vegetables.

**FRIDAY & SATURDAY
PRIME RIB
DINNER \$15.99**

1/2 lb. sliced to order Prime Ribs of Beef Au-Jus. Served with your choice of mashed potatoes or fries and Chef's daily fresh vegetables.

SERVED 4PM - 10PM

**SENIOR
MONDAY
SPECIALS**

SERVED 7AM - 11AM
The Senior Breakfast Stack \$5.99
Senior Steak & Eggs \$7.99

SERVED 11AM - 9PM
1/3 lb Burger & Fries \$6.99
Senior Chicken Tenders \$6.99
Senior Soup & Salad \$4.99

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Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

Three Rivers Casino Resort ~ Florence

Barista ~ Beverage Server
Fine Dining Service Manager
Food Server ~ Cashier ~ Bussperson ~ Host
Line Cook ~ Night Cook/Cleaner
Dish Machine Operator – Utility Steward
Buffet Station Attendant
Laundry Attendant ~ Guest Room Attendant
Front Desk/PBX Clerk ~ Lead Front Desk
Guest Services Attendant
Slot/Keno/Bingo Attendant
Table Games Dealer 1-8
Special Events Team Member

Blue Earth

No openings at this time

Three Rivers Casino Resort ~ Coos Bay

Environmental Services Technician
Casino Team Member

Tribal Government Offices

Special Events Employee (Assignment Varies)
Caseworker/ICWA Specialist



<http://ctclusi-int.atsondemand.com/>

Go to **Job Opportunities** on the website for full job posting and to Apply Online

Updated Daily

Or call Recruitment at **541-902-3821**