

31st Restoration Celebration



Tribal Chairman Mark Ingersoll welcomes Tribal members and their families to the 31st Restoration Celebration. Behind him on the stage rests the beautiful new canoe Chief Warren Brainard named Lottie; after the strong Tribal woman Lottie (Jackson) Evanoff

Submitted by Morgan Gaines, Communications Specialist

On Saturday, October 17th, the Tribe celebrated its 31st Restoration with a gathering at the Three Rivers Event Center in Florence, Oregon. As Tribal members visited amongst the fall decorations, a sense of community filled the air.

Tribal Chairman Mark Ingersoll took the stage to ask all previous Tribal Council members to stand and thanked them for their time and contributions to leading our Tribe forward. He then introduced the current members of Council in attendance then welcomed guests with a brief opening where he stated "Today we gather together to celebrate our Restoration. Thanks to the extensive efforts of Tribal members and Tribal allies we won the Restoration of our Tribe to a government-to-government relationship with the United States on October 17, 1984.

I am so glad to be with you all here today to celebrate this happy occasion in our history.

As you know, our story as a people has not always been filled with such joyful times. Many of you know the story of Amanda. A blind Coos woman who along with her people and the Lower Umpqua, was forcibly marched to the Alsea sub-agency at Yachats. Just this morning Tribal members met at the Cape Perpetua look-out and hiked the Amanda Trail. Amanda's story



A close up view of Lottie, the beautiful new dugout canoe



The presentation of the Eagle Staff to Chief Warren Brainard by Kip Brainard at the 31st Restoration Celebration

is a tragic one, telling of the loss of her home, her child, and eventually her life, but today we walked the trail to remember our past and those that fought to endure. We walk the trail to find healing and connection to the land. We walk to remember and never forget."

Chairman Ingersoll also spoke to some of the current happenings with the Tribe, including our application being selected to participate in the Tribal Self-Governance Program in 2016, the Land Bill H.R. 2791 passing the U.S. House of Representatives and moving to the senate, and finally introducing three members of the newly formed Youth Council to speak about their upcoming projects and goals.

After opening remarks, Chairman Ingersoll then introduced Chief Warren Brainard who led us in an invocation and then a presentation of a very special gift created by our own Tribal members; our very first Eagle Staff. The very talented Skip Brainard selected and prepared the wooden base of staff.

-Story continues on page 5

Save the Date

Tribal Holiday Celebration

December 12, 2015

Tribal Council Business

As reported at the October 11, 2015 Regular Tribal Council Meeting

Chief Warren Brainard:

Sept 13 Regular Tribal Council Meeting
Sept 14 Elders Committee Meeting
Sept 17 Culture Committee Meeting
Sept 22 Tribal Family Gathering
Sept 24 Executive Work Session
Sept 25 State Oregon Preservation Office Meeting (SHIPO); National Parks Service Conference Call
Sept 30 Business Tribal Council Meeting
Oct 1 Executive Work Session
Oct 2-4 Off Site Tribal Council Work Shop
Oct 6 Veterans Day Parade Meeting
Oct 8 Elders Committee; Culture Committee Meeting; Tour of property; Special Tribal Council Meeting.
Oct 10 Budget Committee Meeting

Doc Slyter:

Sept 13 Coos Head Area Master Plan Meeting (CHAMP)
Sept 17 Culture Committee Meeting
Sept 19 Basket Class
Sept 24 Executive Work Session
Sept 25 State Oregon Preservation Office Meeting (SHIPO); National Parks Service Conference Call
Sept 30 Business Tribal Council Meeting
Oct 1 Executive Work Session
Oct 2-4 Off Site Tribal Council Work Shop

Oct 8 Tour of property; Special Tribal Council Meeting.
Oct 10 Budget Committee Meeting

Beaver Bowen:

Sept 13 Regular Tribal Council Meeting
Sept 24 Executive Work Session
Sept 25 National Parks Service Conference Call
Sept 30 Business Tribal Council Meeting
Oct 1 Executive Work Session
Oct 2-4 Off Site Tribal Council Work Shop
Oct 8 Tour of property; Special Tribal Council Meeting
Gaming Operational Review Board Meeting (GFORB)

Teresa Spangler, Vice - Chairman:

Sept 13-18 Affiliated Tribes of Northwest Indians (ATNI) Economic Development and Education Meetings; Meeting with Stan Speaks with BIA
Sept 21 Education Meeting
Sept 24 Executive Work Session
Sept 25 State Oregon Preservation Office Meeting (SHIPO)
Sept 26 Strategic Plan Education Meeting
Sept 30 Business Tribal Council Meeting
Oct 1 Executive Work Session
Oct 2-4 Off Site Tribal Council Work Shop

Oct 8 Tour of property; Special Tribal Council Meeting
Oct 10 Budget Committee Meeting

Arron McNutt:

Not Present

Tara Bowen:

Sept 13 Regular Tribal Council Meeting
Sept 24 Executive Work Session
Sept 30 Business Tribal Council Meeting
Oct 1 Executive Work Session
Oct 2-4 Off Site Tribal Council Work Shop
Oct 8 Tour of property; Special Tribal Council Meeting

Mark Ingersoll, Chairman:

Sept 13 Regular Tribal Council Meeting
Sept 24 Executive Work Session
Sept 25 State Oregon Preservation Office Meeting (SHIPO); National Parks Service Conference Call
Sept 30 Business Tribal Council Meeting
Oct 1 Executive Work Session
Oct 2-4 Off Site Tribal Council Work Shop
Oct 8 Tour of property; Special Tribal Council Meeting
Oct 10 Budget Committee Meeting

CTCLUSI Resolutions

RESOLUTION NO.: 15-056

Date of Passage: September 30, 2015

Subject (title): FY2016 Indian Health Service Special Diabetes Program for Indians Community Directed Grant Program (SDPI)

Explanation: Tribal Council supported and approved the submission of the FY2016 Indian Health Service Special Diabetes Program Grant application in order to obtain funding to provide much needed diabetes prevention and education resources to its members and other Native Americans.

RESOLUTION NO.: 15-057

Date of Passage: September 30, 2015

Subject (title): Approval of Joint Grant Program Grant Agreement for 2015-2017

Explanation: Tribal Council approved the Joint Grant Program Grant Agreement for which the Tribes was awarded a total of \$40,000 for the 2015-2017 biennium. This money will be used to enhance services to all survivors of domestic and sexual violence throughout the state.

RESOLUTION NO.: 15-058

Date of Passage: September 30, 2015

Subject (title): Amendments to CLUSITC Chapter 5-2 Gaming - First Reading

Explanation: The Tribal Council approved amendments to the Gaming Code to: (1) clarify the role of the Tribal Gaming Commission and the Director of the Tribal Gaming Commission; (2) ensure that the Gaming Code is in compliance with applicable regulations; and (3) update its provisions consistently with Gaming Commission and tribal practices that have developed over

time. The amendments to CLUSITC Chapter 5-2 Gaming will be posted for a twenty-eight (28) day comment period.

RESOLUTION NO.: 15-059

Date of Passage: October 8, 2015

Subject (title): Authorization of Tribal Administrator to Execute Documents and Agreements Related to Employee Health Benefits

Explanation: On September 30, 2015, the Employee Benefits Committee approved a change from the Tribes' self-insured employee health benefits to the Federal Employees Health Benefits Program, effective January 1, 2016.

RESOLUTION NO.: 15-060

Date of Passage: October 8, 2015

Subject (title): Approving Amendment to Procurement Policy and Procedures

Explanation: Tribal Council approved the amendment to Section VI.C of the Procurement Policy to comply with the findings of the HUD self monitoring report.

RESOLUTION NO.: 15-061

Date of Passage: October 11, 2015

Subject (title): Approval of the Indian Housing Plan for 2016

Explanation: Tribal Council approved the Indian Housing Plan (IHP), which is to be submitted annually in order to receive funding from the Indian Housing Block Grant (IHBG).

RESOLUTION NO.: 15-062

Date of Passage: October 11, 2015

Subject (title): Approval of Enrollment of New

Tribal Members

Explanation: Tribal Council, by a unanimous vote, adopted this Resolution approving the enrollment of ten (10) applicants and found and certified them to be Members of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians.

RESOLUTION NO.: 15-063

Date of Passage: October 11, 2015

Subject (title): Changes and Corrections to the Roll - Name Change

Explanation: Tribal Council accepted and approved the Enrollment Committee's Recommendation for one (1) name change.

RESOLUTION NO.: 15-064

Date of Passage: October 11, 2015

Subject (title): Enrollment – Active to Historic

Explanation: Tribal Council approved the removal of the deceased persons' names from the Roll and approved entering the deceased persons' names in the Tribal Historical File for a permanent record and placing the names of two (2) Tribal Members on the plaque located in the Tribal Hall:

RESOLUTION NO.: 15-065

Date of Passage: October 11, 2015

Subject (title): Appointment to Three Rivers Foundation Board of Trustees

Explanation: Mark Ingersoll resigned from Position #1 on the Three Rivers Foundation Board of Trustees (which is to be held by a Tribal Council member) on the Three Rivers Foundation Board of Trustees. Tribal Council appointed Beaver Bowen in his place.



THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share please submit your information and photos to the newsletter. *June 12th is the deadline for submission to July's edition.*

E-mail mgaines@ctclusi.org or call 541-888-7536

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc.
Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
ATTN: Tribal Council 1245 Fulton Ave.
Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and intersted in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE

NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices.
Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org
If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief

Tribal Chief
541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter

Position #1 Council
541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen

Position #2 Council
541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll, Chairman

Position #3 Council
541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen

Position #4 Council
541-808-7394
tbowen@ctclusi.org

Teresa Spangler, Vice Chair

Position #5 Council
541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt

Position #6 Council
541-297-1183 (cell)
amcnutt@ctclusi.org

Council Meeting

November 8, 2015

10:00 a.m.

Community Center

338 Wallace, Coos Bay, Oregon

Agenda:

1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Administrator Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

Upcoming Events

November 2nd – Halloween Candy Buy Back – Dental clinic 4 – 6 p.m.
November 5th- 6th – Elders Overnight to Seven Feathers Casino
November 5th – Elders Committee Meeting – 7 Feathers (7:30 pm-9:00pm)
November 7th – Siixai, Ix, Tlguus Fry Bread Feed-Tribal Hall 11 a.m.
November 8th – Budget Hearing – Community Center 9 a.m.
November 8th – Regular Council Meeting – Community Center 10 a.m.
November 10th – CHAMP meeting – Community Center 6 p.m.
November 11th - All Tribal Offices will be Closed in Observance of Veterans Day
November 13th – Family Fun Fitness Fair-Three Rivers Casino Florence 10 a.m.
November 13th – Coquille Hosted Elders Holiday Luncheon – Mill Casino Willow-Bear Grass Room noon
November 14th – Drum Making Class, Tribal Hall 9 a.m.

November 14th - Fall Harvest, Community Center 1 p.m. – 3:30 p.m.
November 14th – Education Library Open House – Tribal Government Office 2:30 – 4 p.m.
November 23rd – Diabetic Wellness Day-Community Center 1 – 3 p.m.
November 26th - All Tribal Offices will be Closed for Thanksgiving Holiday
December 10th – Elders Dec Luncheon – Comm Ctr & TH 12 noon – 3 p.m.
December 10th – Elders committee meeting – TH (10:00 am – 11:30am)
December 12th – Tribal Holiday Celebration – Three Rivers Casino Florence
December 13th – Regular Council Meeting – Community Center 10 a.m.
December 21st - Winter Solstice, activities at Tribal Hall
December 25th - All Tribal Offices will be Closed for Christmas Day
January 1st- All Tribal Offices will be Closed for New Years Day



THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Administration Building

Alexis Barry
Tribal Administrator
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll free 1-888-280-0726
Fax 541-888-2853
abarry@ctclusi.org

Health & Human Services Division

Vicki Faciane - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Toll free 1-888-280-0726
Fax 541-888-5388
vfaciane@ctclusi.org

Department of Human Resources

Stephanie Watkins - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 888-723-3270
swatkins@ctclusihr.org

Tribal Housing Department

Linda Malcomb - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1310
Fax 541-888-2853
lmalcomb@ctclusi.org

Contract Health Services

Sharon Arnold - Contract Health Specialist
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
sarnold@ctclusi.org

Education Department

Angela Bowen-Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1317
Toll free 1-888-280-0726
Fax 541-888-2853
abowen@ctclusi.org

Family Services

Shayne Platz, Caseworker
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349
splatz@ctclusi.org

Tribal Dental Clinic

Dr. Sarah Rodgers
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Health Services

Assistant Director
Iliana Montiel
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-5388
Toll Free 1-888-280-0726
imontiel@ctclusi.org

Tribal Court

J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalcourt@ctclusi.org

Cultural Department

Jesse Beers - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Springfield Outreach Office

1126 Gateway Loop
Suite 102
Springfield, OR 97477
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office

Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission

Brad Kneaper
Chief Law Enforcement Officer
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
bkneaper@ctclusi-pd.com

Tribal Police

Brad Kneaper
Chief of Police
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bkneaper@ctclusi-pd.com

Department of Natural Resources

Margaret Corvi
Interim Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1304
Toll Free 1-888-280-0726
Fax 541-888-2853
mcorvi@ctclusi.org

Tribal Family Birth Announcement



Leo George Leelen Bixby

Leo George Leelen Bixby was born on August 25, 2015 at 3:18 a.m. to Kimmy Bixby and Brandon Bixby. 7 lbs 11 oz, 29 inches long. Baby Leo is a Lower Umpqua descendant.

Welcome baby Leo!



Harold Dean Eckroth

Harold Dean Eckroth was born on July 16, 2015. He is the son of Ashley and Max Eckroth, and little brother to Everett Allen pictured with him above. Everett and Harold are the descendants of Coos Tribal Elder Eliese Jo Swigert.

Welcome baby Harold!

NOTICE OF PROPOSED CODE AMENDMENT

The following proposed Code amendment was passed for first reading by Tribal Council on September 30, 2015

TITLE:

CLUSITC Chapter 5-2 Gaming

DATE OF THE TRIBAL COUNCIL MEETING AT WHICH THE PROPOSED CODE AMENDMENT IS EXPECTED TO BE CONSIDERED FOR FINAL PASSAGE:

December 13, 2015

The notice of the proposed amendment shall be published in the Tribal Newsletter and the text of the amendment will be posted for public comment for twenty-eight (28) days in the Administration Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino (Office of the Gaming Commission). Written comments should be sent to the Tribal Council in care of Jeannie McNeil, Administration Office, 1245 Fulton Avenue, Coos Bay OR 97420 or email: jmcneil@ctclusi.org.

Bringing Home the New Canoe

Submitted by Jesse Beers, Cultural Director

Niishanax' or Daii
On the 18th of September I traveled to Taholah, WA on the Quinault Indian Reservation, yet again. Between Canoe Journey, transport of canoes and Healing of the Canoe Curriculum Trainings it's beginning to feel like a second home. The Canoe Culture is very strong amongst the Washington Tribes.



Just off of Highway 101, Jesse pulled over to give Lottie a good view of her new lands and waters

Taholah is the home of the Headman who built our Cedar Strip Canoe and carved our new Dug-Out Canoe. Guy Capoeman is a strong cultural leader for his people, for example, at the Canoe Journey that the Quinault hosted a few years back Guy built and donated multiple canoes to gift in true potlatch tradition.

It was my honor to travel to Taholah and pick up our Tribes newest Canoe Family Addition a 32+ foot Aluudaq' (high prow) style canoe carved by Guy and his family out of a single Western Red Cedar Log with Yellow Cedar seats and gunnels. Earlier I had the opportunity to see the canoe before it was finished being carved and I followed the progress by way of facebook but to see it finished gave me goosebumps. In talking with Guy he said that during his time with the Log and the Canoe she felt like a strong Grandmother presence. Before leaving Guy's shop I smudged and blessed the Canoe and headed south towards home and Grandmother Canoe's new home.

Driving home I kept checking my rear view mirrors and I would meet eyes with the Canoe. Meeting and traveling with the Canoe I got the same feeling I thought of my Great Grandmother, her kindness, her great sense of humor and when need be her ability to make you freeze in your tracks. Traveling south I would feel her saying pull over here or stop here. I also felt like she would want to travel along the Ocean so we took HWY 101 instead of I-5. When we went by Sea Lion Caves I could really feel that she wanted to pull over but I waited until we could have a good view of her new lands and waters, probably safer for the Sea Lions that way also (I'm joking).

While the new Dug-Out Canoe is finished as far as carving goes she still has about two to three months of curing time. Once it is fully cured then we can seal it. Right now she is taking her time curing in our Canoe Storage facility with our two other Aluudaq Style Canoes.

If you are interested in getting to know the Canoe Family or learning more please feel free to write, call or even better come to the Canoe Family Fry Bread Feed on Nov 7th at Tribal Hall starting at 11:00am. We will also be working on song and dance after or maybe even during.

CONFEDERATED TRIBES OF COOS, LOWER UMPQUA AND SIUSLAW INDIANS

BUDGET HEARING

Tribal Member input is sought on the construction of a
Fiscal Budget for the 2016 Calendar Year

Pursuant to Tribal Code 7-10-3, the Budget Committee seeks to hear from Tribal Members on items to be considered in the preparation of the Tribal Budget for the 2016 Calendar Year

The Hearing will be held at

CTCLUSI COMMUNITY CENTER
338 WALLACE STREET
COOS BAY, OREGON 97420
9:00 AM

Sunday, NOVEMBER 8, 2015

*Written Comments may be submitted to the following address:
Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
1245 Fulton Avenue, Coos Bay, OR 97420
Attn: Chief Financial Officer*

31st Restoration Celebration continued from cover page...

Kip Brainard created the beautiful carving of three eagle heads for the top part of the staff. Last but not least, one of our talented beaders, Sue Olson designed and created the beadwork.

As described by Sue Olson, the Eagle Staff "Starting at the top is material from the Myrtlewood Tree which grows in our native territory. The base of the staff is from a Madrone Tree from one of our tribal members land. Then we have small dentalium shells which were certainly a part of our ancestor's lives. Deer hide (tanned dk. brown) from the successful hunt of a Lower Umpqua man, who's descendant is an enrolled member of our Tribe. The intricate beadwork design shows three eagles which represents our three Tribes. There are four cowrie shells and four large dentalium shells which represent the four parts of the Medicine Wheel (fire, earth, water, & air). More of the beadwork, colors chosen are the fire colors (black, red, orange, yellow, and white) which also adorn the staff. Last but certainly not least we have six eagle feathers and I do emphasize real eagle feathers which were gifted by one of our Tribal members. This truly is a special gift. The six eagle feathers represent our three Tribes and the three rivers from which our Tribes are named. You can see why this is truly our very own Tribal Eagle Staff. The three artists ask that you please take very good care of the staff and to honor the eagle feathers for they can speak to the Great Spirit."

Following the presentation of this amazing gift everyone enjoyed a prime rib dinner served buffet style followed by a large selection of delicious desserts. While everyone was still enjoying their dessert, Chairman Ingersoll introduced Bob Garcia to give a presentation on Tribal history.

Shortly after this presentation three members of the Youth Council took the stage. Tribal members Courtney Krossman, Conor Gagner, and Michael Romine each said a few words on the formation of the Youth Council and the time they spent attending the Unity Conference in Washington, D.C. They are very excited to get more youth involved and also extended a warm invitation for everyone to join them with the Siixai, Ix, Tlguus (Canoe Family) for an upcoming Fry Bread Feed at Tribal Hall on November 7th.

Following the Youth Council, Chief Warren Brainard had one last important announcement. The naming of the beautiful new dugout canoe that graced the stage. This is what Chief Warren Brainard shared, "As you all know, strong Tribal women have always had a very large influence on me and all our Tribal families. Ability to take on strife and instability during hard times when theirs and our future looked pretty bleak. I would like to remind you of one such person. She came from a very prominent family that had wealth and great influence on our Tribe. As Tribal lifestyle fell into disdain and ridicule, with her Tribal wealth and influence gone, she worked with her husband as a fisherman to support themselves. As we know, the life of a fisherman is hard and very unpredictable. When they fell behind she did not hesitate and put her most prized possession, her regalia dress, her dentalium neckless, and other personal items up as collateral for a loan. Her grace, inner strength and dedication to family are an inspiration to me and I believe to all Tribal people. She was a princess in real life during both good and bad times, and has shown to me the leadership, strength, and character of our people. Lottie (Jackson) Evanoff. With pride and respect I would like to introduce to you the newest addition to our Tribe. A sleek, beautiful princess of our time that will be a part of our future for a long time to come. A canoe that I name Lottie. Her grace and character will make us all proud. May we always treat and respect her and her namesake with the love and honor they deserve."

To end the evening a number of amazing gifts were raffled off to those in attendance. From drums, to Pendleton blankets and bags, camping gear, and a beautiful woven cedar hat, many wonderful items were given out. And one last gift was given to the eldest Elder at each table, the pumpkin centerpieces.

It was an amazing time had by all with over 200 in attendance this year. We would also like to thank Coos County Commissioner Bob Main, Senator DeFazio Aide Kathy Erickson, Coos Historical Museum Director Frank Smoot and Valerie Caskey, Florence Mayor Joe Henry and Pam Henry, and Florence City Council Sue Lacer, and Joanne Kittel for all attending and celebrating our 31st Restoration with us. Thank you for all that you have done for our Tribe. And thank you to all of those who helped make our 31st Restoration such a wonderful event.

- Please enjoy more photos from the 31st Restoration Celebration and the morning Amanda Trail Hike on page 7



The top of the Eagle Staff that was made by Tribal members and gifted to the Tribe at the 31st Restoration



Tribal members Skip Brainard, Sue Olson, and Kip Brainard stand with the Eagle Staff they made for the Tribe



Pictured left to right Tribal members Jessica Olson, Sue Olson, Carolyn Slyter, and Anna Campbell wore their beaded collars at the 31st Restoration

X-rays at the Dental Office

Submitted by Shannon M. Schritter, BS, RDH

It's time for your dental appointment, but instead of looking forward to how clean your teeth feel when you are done, you are stressing over whether or not the office will be taking x-rays today. At the CTCLUSI Dental Clinic, we typically only take them once per year, unless an issue comes up that we need to evaluate (e.g., high caries risk, toothache, infection, questions about wisdom teeth). But what is the purpose of taking radiographs (x-rays), and how do they benefit you?

If it is your first visit to a new dental office, it might be recommended to you that a full mouth set of radiographs be taken. This is important because that dental office has not seen your teeth before. They don't have a history of what fillings or crowns or root canals have been done. They don't know if you have active decay or an infection in your tooth, or where it is. A full mouth set shows everything from in between your teeth, to bone levels, to the tips of the roots, and is very helpful for giving us a more complete picture. If you have had one of these within the last 3-5 years, and you have been regularly seen at the same dental office, the recommendation may be that you have the standard four bitewings taken. This shows us in between all your teeth and the bone levels holding them in, and is the best way to view if cavities are starting where we can't see with our eyes. This set should be done once per year, although if you haven't ever had a cavity, or have not had any dental issues for several years, you may be able to stretch it out a little bit. But that is up to your dental team to decide.

So, if you are only getting radiographs taken once per year, is that pretty safe? The answer is YES! You acquire much more

radiation from everyday sources than you do from dental films. Two years ago the CTCLUSI Dental Clinic also installed digital radiographs, which makes the radiation about 90% less than traditional films. You get more radiation from a day of golfing or at the beach, living in a stone, brick, or concrete building for one year, or flying a 3-hour flight than you do from the radiographs we take. The chart below breaks it down a little bit, and there are even more extensive charts online.

Dental X-Ray Radiation Comparison

Ionizing Radiation Source	Exposure in millirems	Equivalent # of Low Dose Digital Dental X-Rays
CT Scan	1100	12,200
Mammogram	500 - 1000	5,500 - 11,000
Annual Background Radiation	360	4000
Chest X-Ray	10 - 40	100 - 400
Daily Exposure from Nature	0.98	10
Traditional Dental X-Ray	0.95	10
Airline Flight (per hour)	0.3 - 0.9	3-10 per hour of flight
Our Digital Dental X-Ray	0.09	1

Now that you have learned a little more about the x-rays we take at the clinic, maybe it's time t.o schedule that dental appointment you've been putting off. Are you overdue for your hygiene appointment? Shannon is here 5 days a week, Monday through Friday. Do you want to get that crown done you've been putting off? Dr. Rodgers, our new full time dentist, would love to meet you! Our hours are Monday through Friday from 8am to 5pm. (541)888-6433. Give us a call today!

American Diabetes Month

Submitted by Nicole Mendoza, RN, FNP, HHSD Intern


Many lifestyle Risk Factors can predict the likelihood of developing Type 2 Diabetes.

What Type 2 Diabetes Risk Factor can YOU modify?

- Overweight
- High blood glucose (sugar)
- High blood pressure
- Unhealthy cholesterol
- Physical inactivity
- Smoking
- Unhealthy eating

How can YOU reduce your Risk Factors?

- Exercise
- Eat Healthy
- Quit Smoking
- Regular exams




Increase Your Physical Activity

- ☐ Take a brisk 10-minute walk after each meal.
- ☐ Take a bicycle ride outdoors or use a stationary bicycle indoors.
- ☐ Go dancing or take a dance class.
- ☐ Join a class to do strength training with weights, elastic bands, or plastic tubes.

Improves:

Blood Glucose, Blood Pressure, & Blood Fats

Aerobic exercise lowers your risk for heart disease by improving your blood glucose, blood pressure, and cholesterol levels. Physical activity can also help relieve stress.



Eat Healthier

- ☐ Cook with salt-free herbs and spices instead of salt.
- ☐ Eat a salad and at least one vegetable with dinner.
- ☐ Cut down on foods with saturated or trans fats, such as butter, cheese, snack foods, and many baked goods.
- ☐ Use lemon juice or vinegar on salad instead of salad dressing.

Improves:

Blood Glucose, Blood Pressure, & Blood Fats

Healthier eating can help prevent or delay pre-diabetes, type 2 diabetes, and heart disease. Cutting down on fat can improve your blood glucose, blood pressure, and cholesterol. Cutting down on sodium can help lower your blood pressure.

According to Indian Health Services (2015) as American Indians, diabetes can shorten your life span by 15 years. Diabetes is the major cause of heart disease, and stroke in the U.S. It is also the leading cause of kidney failure, non-traumatic lower limb amputation, new cases of blindness, and the 7th leading cause of death in the U.S. (CDC, 2011).

Photographs from the 31st Restoration Celebration and Amanda Trail Hike...



Photographs from the Amanda Trail Hike courtesy of Joanne Kittel



UPDATE YOUR CONTACT INFORMATION !



Tribal Council has approved a gift in the form of a check to be sent to every Enrolled Tribal Member this year. **Gifts will be mailed on December 1, 2015** to the last address we have on file. If we do not have a valid address, no check will be issued. If a check is sent to an invalid address due to lack of update, it can take up to a month to re-issue. All Tribal information updates **must** go through the Enrollment office with a completed Change of Address Form. You can find this form on the Tribes website www.ctclusi.org under Enrollment, or one can be obtained at any Tribal Government Office in Coos Bay, Florence & Springfield. You may also update your address by contacting Jeannie McNeil, Enrollment Coordinator at 541-888-7506; or by email jmcneil@ctclusi.org. Please provide a contact phone number so your information can be verified over the phone.

What is a Tribal Committee?

Chapter 7-5 GENERAL COMMITTEE CODE 7-5-1 General Policy; Committees are established to assist the Tribal Council in carrying out its responsibilities, to provide quality services to the Tribal membership and to develop, maintain and protect the assets and interests of the Tribes.

Tribal Committee appointments are made by Tribal Council and are for a four (4) year term. Tribal Code allows for you to be on no more than three (3) committees at a time and you may only serve two (2) terms, unless special consideration is necessary. Currently we have at least one position available in each committee due to vacancies and term expiration on 12-31-2015. Tribal Committees cover several areas of the Tribe and work with various departments. Below is a list of Committees.

Culture Committee, Budget Committee, Education Committee, Elders Committee, Enrollment Committee, Housing Committee, Investment Committee, Health Committee & Election Board

How to become a member? You must be a CTCLUSI enrolled Tribal member. **A Letter of Interest Form** must be completed and submitted by December 15th for Council considerations on December 30-2015. **Letters of Interest are only kept on file for one year.** Forms can be found on the Tribes website: www.ctclusi.org or requested through any Tribal Government Office.

Submit completed forms to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, Oregon 97420. By email, jmcneil@ctclusi.org or can be turned in to any Tribal Government Office located in Coos Bay, Florence and Springfield. Questions? Contact Jeannie McNeil, Administrative Assistant 541-888-9577

We Want to Hear Your Voice

Coos Head Area Master Plan (CHAMP) Public Forums

Submitted by Melinda Sprague, Planning Assistant/ Grant Specialist



The acquisition of Coos Head in 2005 was no small feat. It took dedicated Tribal members and the Tribal government nearly 20 years. It also took legal confrontations with both the Bureau of Indian Affairs and the General Services Administration. The development of Coos Head has been no small feat either. Many of the obstacles to the development of Coos Head have been overcome yet some remain. The environmental remediation of soils and groundwater associated with the ex-military site is ongoing (see later discussion). When this all began, buildings at Coos Head which contained hazardous materials measured approximately 40,000 square feet. Now, approximately 30,000 square feet have been abated and demolished. Future development in accordance with Coos County zoning or the BIA is dependent on the Tribes' vision and use. Currently this land is zoned forest; although trust properties are not subject to county zoning. The Forest zoning district in the State of Oregon is very restrictive and as of today no further development could occur at Coos Head. As per the Coos County comprehensive plan "It is unlawful to cause, develop, permit, erect, construct, alter or use any building, structure or parcel of land contrary to the provisions of the zoning district in which it is located."

In 2014 the Tribes submitted a pre-application and application to Oregon's Transportation Growth Management program for a grant to rezone Coos Head. A resolution seeking authorization to submit the TGM application was submitted by the Planning Department to Tribal Council and after some debate the resolution passed. The Tribes submitted the TGM application and were awarded \$150,000 for the development of a master plan for the Coos Head area. A master plan or comprehensive plan will identify the future land use(s) and subsequently the appropriate zoning for Coos Head.

The process of creating the Coos Head Area Master Plan (CHAMP) will take up where the Coos Head Integrated Resource Management Plan left off. The Coos Head Integrated Resource Management Plan created an overall vision for the



Potential Areas of Use from Draft Coos Head Area Master Plan

**The next
Coos Head Area Master Plan (CHAMP)
meeting will be held
Tuesday, November 10th at 6:00 P.M.
at the Tribal Community Center.**

"The Tribes submitted the TGM application and were awarded \$150,000 for the development of a master plan for the Coos Head area. A master plan or comprehensive plan will identify the future land use(s) and subsequently the appropriate zoning for Coos Head"

site, whereas the Coos Head Area Master Plan will create a detailed plan for the site that will best suit Tribal members. The monthly Coos Head Public Forums provide Tribal member input and information for determining appropriate on-site (Tribal property) uses. The process for Tribal input has started and will continue with monthly meetings. CHAMP will also look at the off-site infrastructure supporting Coos Head including roads, bike and pedestrian trails, and sewer. Basterndorff Beach and Chicken Point will also be part of the planning process.

After attending the October CHAMP meeting, Tribal member Laura Doll stated, "Our elders started planning this for our future. It is now time for the younger generations to come together and complete this vision for the Coos Head site".

Tribal Member Shane Henderson Joins Tribal Police Department

Submitted by Morgan Gaines, Communications Specialist

The Tribe is happy to announce one of our very own Hanis Coos Tribal members, Shane Henderson, as the newest edition to the Tribal Police Department. Shane has worked for the Tribe in a number of capacities since 2009. He has done an internship with the Human Resources Department early on since his time with the Tribe, and then in 2011 worked at the Three Rivers Casino and later worked at the Waste Water Treatment Plant upon its opening. About his previous work with the Tribe, Shane said "I've been very fortunate and am very thankful to have had that."

He started with the Tribal Police Department September 17th and was officially sworn in on September 21st. Shane will be going to the academy in Salem in January for a 16 week training and certifications program.

"As far as I can remember, growing up I always wanted to be in this field. I had previously applied with the Tribes and with Reedsport but was just barely old enough at the time," Shane shared about his interest in law enforcement. He is excited to

be here now though and is very grateful for the opportunity. "I've always tried to give back, it's important. Where I'm at, I wouldn't be without the Tribe... so giving back is very important."

Outside of work Shane is happy to be with his family. "My daughter is the star of my day, going home seeing my little girl running around all happy, that makes it worth it." And we couldn't agree more. Please join us in welcoming Shane to the CTCLUSI PD, make sure and say hello next time you see him.



Shane Henderson

Environmental Remediation at Coos Head

Submitted by Margaret Corvi, Interim Director of Natural Resources Department

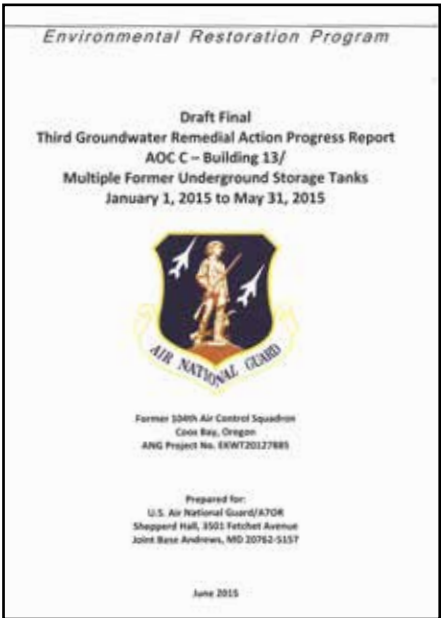
As previously mentioned, Coos Head has an extensive history of Tribal use and a significant history as a property utilized by the U.S. Army, Navy and Air National Guard (ANG). In 1996, ANG discontinued use of the property and years later, it was transferred to the Tribes. Since acquiring the property, the Tribes have worked in cooperation with the ANG and their contractors to investigate and clean-up contaminated soils and groundwater. Soil and groundwater contamination is the result of decades of point source pollution from fuels and ammunition and other materials from the prior military activities out at Coos Head. Cleaning up this 43 acre piece of property has been an undertaking for all the parties involved and we are thankful to ANG and all other agencies for their continued commitment to finance and support this clean-up.

The Tribes meet regularly with all stakeholder agencies to review contamination levels, clean-up strategies and plans for Coos Head. Thus far, the planning and clean-up activities at Coos Head have resulted in removal of contaminated soils and continued remediation of groundwater through a variety of methods. Contaminated soils spread out through the property have been removed and replaced with clean soil. Remediation of the groundwater utilized air is pumped into wells below the ground 24 hours a day. This method of clean-up is called

air sparging and works by injecting air into groundwater to mobilize and volatilize contaminants, thus removing them. Scattered monitoring wells at Coos Head provide consistent sites for sampling groundwater and testing for contaminants of concern. Trichloroethene, benzene and naphthalene are still detected in some of the monitoring wells at levels slightly above their remedial goals: 0.43, 0.39, and 0.14 ug/L respectively. One achieved these levels can be translated into less than half a drop of per 50,000 liters or 13,750 gallons of groundwater. Levels continue to decrease overall since remediation began!

The next progress report for remedial actions will be received in November or December 2015. Oregon Department of Environmental Quality (ODEQ) is assisting the Tribes' with their pursuit of cleaning up the property providing oversight of the remediation, and eventually, "No Further Action" (NFA) certification of sites that are remediated. In fact, NFAs related to soil contamination have been granted for 5 areas of concern already. As contaminant levels continue to decrease, the Tribes commend all agencies for their dedication to cleaning up this culturally significant site of the Tribes. Planning efforts for Coos Head are taking place concurrently to remediation through the Coos Head Area Master Plan (CHAMP) public forums.

The Natural Resource department would like to make sure thank all the individuals responsible for assisting with the clean-up and future planning for Coos Head.



Remediation report provided by ANG for the Tribe to review



Air sparging system at Coos Head (photo taken from inside the trailer) Hoses run outside from trailer lines to the groundwater wells.

Natural Resources Welcomes New Intern from the Bureau of Indian Affairs

Greetings! I am the new John around here. I have the privilege of working with all of you for the next four months. I have recently completed a month long training with the BIA (Bureau of Indian Affairs) to be a water technician. Upon completion, I was given a paid internship with several options of where I could work. I used to live in Coos County back in 2004-2005 and came back to do my two year degree at SWOCC in 2013-2014. I decided that this tribe would be a good fit for me as I am already quite

accustomed to the coastal areas and some good people in the community. I was born in Alaska and am a member of the Crooked Creek Tribe. Part of my life I was raised out in the Native village along the Kuskokwim River. The other part was living on a farm in Canby, Oregon. I look forward to getting to know all my new co-workers throughout this experience.

John will be working with our Natural Resources Department assisting with Water Quality monitoring, protection & outreach through February 2016. Pictured at right is John working with John Schaefer monitoring water quality in the Siuslaw River.



Shown above in red is the Native village along the Kuskokwim River where John was raised

PEACEGIVERS ATTEND HEALING TO WELLNESS TRAINING

Submitted by Diane Whitson PLS, Tribal Court Clerk - Peacegiving Court Outreach

Tribal Court Clerk Diane Whitson and Peacegivers, Stephanie McNutt, Heidi Helms, and Sam Sprague attended the Healing to Wellness conference in Albuquerque, New Mexico, in September.

Healing to Wellness is not just a tribal court that handles alcohol or drug abuse cases. It is a component of Tribal Court that attempts to meet the specific substance abuse needs of each tribal community. It provides an opportunity for the community to address the alcohol or drug abuse by creating more structure and accountability for these cases through a comprehensive support team. The team can include tribal judges, advocates, prosecutors, police officers, educators, and substance abuse and mental health professionals, along with tribal elders and traditional healers. Using traditional problem-solving methods utilized since time immemorial, the goal is to restore the person to his or her rightful place as a contributing member of the tribal community. The programs utilize the unique strengths and history of each tribe, and realign existing resources available to the community in an atmosphere of communication, cooperation and collaboration.

Peacegiver Sam states "I'm very glad I was able to attend this conference. There was a large focus on team building throughout the trainings, and I think our team had some good bonding experiences, and learned a lot about each other that will help us in our work. I learned about the cutting edge work being done by an Alaskan and Californian Tribe through partnerships with county judges, which was really eye opening and made me think that we are on the edge of something great for all people. Listening to the trainers speak about their courts, challenges, successes and homelands made me anxious to begin this work for our people. I also learned a lot about addiction and treatment, and how that dovetails with Healing to Wellness courts...I would like to thank the Tribal Court for giving me this opportunity through all of their hard work, and look forward to getting to work!"

Peacegiver Heidi stated "I appreciated the focus, definition and examples of the importance of a highly functional team and program, within Pharm/Mat, HIPAA. I understand the importance of working together in this manner. I'm very passionate about the subject and find myself always indulging in the field. I would like to see more available on this topic of using traditional (Coos, Lower Umpqua and Siuslaw) medicines for healing and wellness as well as a preventative method."


Peacegiver Stephanie said "While sitting in on the many

sessions offered, I could see where the CTCLUSI court could easily assist members during and after program care, and how the Peacegivers can support the court throughout the process. It reminded me the importance of what I do, and the potential of what I could do."

All attendees were very grateful of the opportunity for the training. Peacegivers will have more training opportunities in the very near future, with the next training right here at home.



Pictured left to right Sam Sprague, Heidi Helms, Stephanie McNutt, and Diane Whitson at the Healing to Wellness Conference



PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving or Peacegiving Court issues are confidential.




Photo By: Morgan Gaines

For more information about Peacegiving or Peacegiving Court, please visit the Peacegiving Website or contact the Peacegiving Court Coordinator at the address listed below.

Peacegiving Court Coordinator
1245 Fulton Avenue
Coos Bay, OR 97420
PHONE: (541) 888-1306 or (541) 888-1316
EMAIL: Peacegivingcourt@ctclusi.org Website: <http://ctclusi.org/peacegiving>

Fall Harvest Dinner

Drum Making (Tribal Hall)

Saturday November 14, 2015



Drum Making 9:00 to 1:00 Tribal Hall sponsored by Family Services, Prevention, Cultural and Education. Greywolf will be instructing how to make and use a hand drum.

One Drum per Tribal Family, Drums go first to RSVP list.

Non RSVP guests will go on a waiting list until all RSVP guests receive their drums.

DRUM MAKING RSVP: DeeDee @ 541-997-6685 1-866-313-9913 by 11/11/15.

Traditional Thanksgiving dinner at 1:00 p.m.

Approximate meal time

Crafts & Activities following dinner (2:00-3:30)

Come enjoy the afternoon and dinner with family and friends.

RSVP to 541-888-9577 or toll free 1-888-280-0726

EDUCATION DEPARTMENT ALONG WITH OUR LIBRARY COORDINATOR INVITE YOU!!

LIBRARY OPEN HOUSE:

- **NOVEMBER 14TH – CLUSI Admin. Library from 2:30 p.m. to 4:00 p.m.**

~Raffle tickets available at the Harvest Dinner Education Table; for a chance to win one of our door prizes! **–Tickets MUST BE TURNED in to CLUSI LIBRARY ONLY.** (Don't have to be present to win)

~Come check out the Tribal Library. Find your favorite Native American Author. Visit the kids' corner, enjoy the new furniture and see the latest technology!

An Experience Harvesting, Learning Oregon State Law, and Peacegiving Court

Submitted by Sam Sprague

On August 11th, 2014 I was driving up highway 101 near Hauser, Oregon. I spotted a deer dead on the shoulder of the highway. It was our honeymoon, and we were on our way to see Tom Petty at the Gorge. My wife asked if I wanted her to turn around. I said yes, and she turned around and parked down a side road after dropping me near the animal. I took my Cold Steel Bushman, a gift from my friend Pete after he learned that I'd lost my Grandpa's knife, and jogged to the scene.

I thanked the Creator for the presence of these beautiful animals on the earth, and apologized for the disrespectful way the animal had been killed. Left as a reminder to travelers that the world we've created for ourselves doesn't fit inside the world of our four legged brothers and sisters. A deer left to become a bleached skeleton; a reminder of a time when venison was needed for survival. When hide, bone and sinew meant tools, weapons, jewelry, clothing, and ceremony. When we did a Deer Dance to thank the Creator for these creatures, to pray for bountiful hunts, and to pay respect to deer for giving its life so that we may survive.

Every time I see a deer laying on the side of the road, frequently very close to the white line, I feel partially responsible for it's fate. I'm usually in a car hurtling down some highway, hoping the animal had a quick death. Every living thing hopes for a quick death, and while you would think that 2000 pounds moving at 55 mph would kill anything in its path, there are infinite scenarios leading up to an accident. Some suffer, and people rarely stop unless they have to. Sometimes there is a place to safely stop near the animal, and sometimes there isn't.

In 2011 the USA Today published an article (1) stating that deer are in fact the most dangerous animal in North America. Statistics from the National Highway Traffic Safety Administration state that there are roughly 1 million accidents involving deer every year in the US. 200 people die, 10,000 are injured, and \$1 billion in damages are incurred. The article goes on to state that sharks only attack 10 people per decade, and bears 28 per decade.

The way this article is written leads the reader to identify the deer as something foreign and dangerous. The article basically reads, "Man these deer are a serious problem to human society we'd better do something about it!" Their solution is to put up signs. Apparently signage helps, but is a band-aid and won't solve the root problem. We are traveling very far, very fast, through wooded areas where creatures move about. We have spread our families across the country, and spread our means of survival out as well. We have also lost respect for our

food, and other creatures that also inhabit this Creation. As Tribal people, we have survived in our homelands since time immemorial by using the resources around us for food, and trading with neighboring Tribes. In modern times it is a challenge to know where all of your food even comes from, or what's really in it.

A deer killed and laying by the side of the road can be seen as a waste, as organic matter being put back into the ecosystem, or as a resource. According to the state of Oregon, it is illegal to gather anything from

a right of way, which includes everything from the center of the road until the brush starts, any drainage ditch obviously ends, or a fence begins. Everything inside the right of way belongs to the state of Oregon and it is illegal to take, according to state law. When a game animal, such as an elk, deer, or bear, is on a right of way, it is

considered illegal to harvest anything from the animal. Since people pay the state of Oregon money to hunt these animals, they don't want anyone just having a bear-hide from a roadkill bear. It would be very hard to prosecute cold poaching cases if it were allowed. According to the state of Oregon, all game animals are property of the state.

I was harvesting the legs, below the knee joints, when two state troopers drove past. One trooper turned around and parked behind me. I continued doing what I was doing, he got out of the vehicle, and proceeded to question me about my activities. I stated that I am a Tribal member, and that these are my ancestral lands, and that I was going to use these parts for making bows, dance sticks, etc.

He replied that he'd never encountered this before, and laughed a little when I told him I was Tribal. I showed him my Tribal ID, and he proceeded to call the Sergeant of Oregon Fish and Game. He asked me nothing about any ceremony I was doing, yet told this person that I was not conducting a ceremony, simply hacking off legs on the side of the road. The very act of using something from the deer was ceremonial to me, though I didn't quite know how to put that at the time. He kept telling me that I'd done something wrong, and I told him politely that I'd agree to disagree.

Finally we got around to it and he cited me for illegal possession of a game

"A deer killed and laying by the side of the road can be seen as a waste, as organic matter being put back into the ecosystem, or as a resource."

animal, and took my knife for evidence. I wanted to move the deer further off of the road, but he informed me that if I touched any of the 'evidence' I'd be arrested. Being on my honeymoon I figured it

best to stay out of cuffs. He also relayed that ODOT had worked a car crash with this very deer earlier in the morning, and had neglected to drag the animal further than a few feet from the white line. The brush line was about 20 feet away.

That deer should have been moved farther, due to public safety issues. If a carcass is left too near the road, carrion will most likely be hit while trying to consume it, which creates a hazard in and of itself. It is illegal to possess anything taken from a right of way, but the Oregon Dept. of Fish & Wildlife website says this about roadkill. "If you do hit and kill a large wild animal or see a dead one on the roadway, remove it to the side of the road if it is safe to do so. If this can't be done safely, call Oregon State Police or 911. Position your vehicle in a safe way and turn on your hazard flashing lights to warn other motorists. If your vehicle is damaged, call OSP or 911 to report it." It is unsafe to pull over on many right of ways, due to a small or severely inclined shoulder. Sometimes there are small spurs or side roads to pull off on, which are much safer.

Many states allow roadkill to be harvested, but what kinds, what can be done with it, and who you must notify vary from state to state. Laws can be changed by congressional action, and if you think

roadkill should be available for citizen use, then you should write your congressional representative and tell them so.

I was advised by a Tribal Elder to take this matter through Peace-giving court. This opportunity is available to any Tribal member.

Peace-giving is

a restorative justice system that uses community bonds and inter-connectedness to address the root causes of issues, whether criminal or domestic. Part of the 'sentence' for my 'crime' was to write this article to educate Tribal members about the issues that were raised by my actions. Thank you for reading this article, I hope you've learned some things from it. I've learned a lot from this experience. One thing I've taken away from this is that it is important to exercise our rights, and it is important to know the laws to make sure that you are protecting yourself.

P.S. If you hunters have animal parts that you're not going to use, contact the Culture Department please!

"I thanked the Creator for the presence of these beautiful animals on the earth, and apologized for the disrespectful way the animal had been killed. Left as a reminder to travelers that the world we've created for ourselves doesn't fit inside the world of our four legged brothers and sisters."

"Many states allow roadkill to be harvested, but what kinds, what can be done with it, and who you must notify vary from state to state. Laws can be changed by congressional action, and if you think roadkill should be available for citizen use, then you should write your congressional representative and tell them so."

Tribal Member Achievement

Sara Siestreem honored as Emerging Artist

Submitted by Morgan Gaines, Communications Specialist

Hanis Coos Tribal member Sara Siestreem has been chosen to win one of four artist awards given by the Museum of Northwest Art (MoNA) located in La Conner, WA. Sara was awarded the Joel Broad Award for Emerging Artists and as such is one of four artists in the Northwest region of Alaska, British Columbia, Idaho, Montana, Oregon, and Washington being awarded for creating significant work in the Northwest. This is the first year of MoNA's awards program. As a recipient of this award Sara was given a cash prize of \$1,000 and a scheduled exhibition at MoNA along with an accompanying digital catalogue of her work. The awards were publicly announced on September 24, 2015.

Congratulations on your amazing achievement Sara.
We look forward to seeing more from you.

Siixai, Ix, Tlguus



The purpose of the canoe family is to

- Promote cultural Alcohol and Drug free events through a membership organization of canoe families that are dedicated to youth mentorship and preserving cultural values.
- Sponsor and organize local cultural appropriate drug and alcohol free events.
- Develop and maintain a cohesive non-profit organization so that the canoe families are supported in our area.
- To promote health, fitness and wellbriety in the Confederated Tribes of the Coos, Lower Umpqua and Siuslaw service areas.

Come join us for a Free Community Event

Fry Bread Feed
Saturday, November 7th
at 11:00 a.m.

Tribal Hall, 338 Wallace, Coos Bay, OR.

Everyone is Welcome!

PREVENTION ACTIVITIES - Corn Mazes & Pizza 2015

Submitted by Doug Barrett, CADC 1, CPS, Prevention Coordinator

This year we changed it up even more. We started the day in Coos Bay with a trip to Mahaffy Ranch on Saturday, October 3rd. It was an awesome morning with Salmon jumping in the river. We all lined up for the first hay ride of the morning. We then went to the corn cob cannons to try our luck at hitting pumpkins or the Ducks and Beavers flags. We all went to find the perfect "great" pumpkin or the one that was just right. Only a handful went through the small but fun corn maze. After all the pumpkins were weighed and loaded, we drove back to town for Abby's Pizza. As everyone rolled in, the pizzas were ordered and some had salads.

The next weekend, October 10th, we met at Putter's Pizza in Springfield for prevention education, food and fun. We enjoyed 18 holes of miniature golf; then drove to Lone Pine Farms. Amazingly, the weather held off for our time at the maze and pumpkin patch. We did the maze first with a sprinkle or two of rain. Some of us chose to go out to the pumpkin patch and the rest went to the trailers filled with pumpkins. We pushed our carts loaded with our gatherings out to the weigh station, and loaded them up just in time while the storm was approaching. The downpour finally came on our way back to Florence.

During lunch at both of these events, I handed out some material on the HOC (Healing of the Canoe) Curriculum and program we are going to soon start. We also talked about living

healthy and sober lives to be a part of this program. This is a Tribal Best Practice recognized by the State and Federal agencies. We recently received a grant to implement the HOC curriculum and incorporate it as the basis for all of our prevention programs. We also talked about the Canoe Journey and what is required.

Thank you to all who attended and participated in these two fall prevention activities.

Did You Know: Youth who start drinking before the age of 15 are 5 times more likely to develop alcohol dependence or abuse later in life than those who begin drinking at or after the age of 21? The good news is; most youth do not drink alcohol before the age of 21.



Elders Corner



Elders Luncheon

CTCLUSI Community Center
and Tribal Hall in Coos Bay
Thursday, December 10, 2015
12:00 to 3:00 p.m.

Please feel free to
bring your favorite dessert to share.

There will be a **gift exchange** for those
who wish to participate.
Please mark your gift for
male or female.



ANTI-AGING SUPERPOWERS: Help your Heart Step Away from your INBOX:

It's no secret that the never-ending influx of e-mail can be a stress inducer. What you might now know: Constantly feeling overwhelmed can be tough on the ticker.

Stress is the most underrated risk factor for cardiovascular disease and stroke. It is more difficult to measure than high blood pressure, diabetes and high cholesterol, so it's de-emphasized. (Robert Greenfield, MD, a medical director at Orange Coast Memorial Medical Center's Memorial Care heart and Vascular Institute in Long Beach, CA).

But, you don't need to commit to hours of meditation to keep tension at bay. Adults who check their e-mail just three times a day report feeling significantly less stressed compared to people who have unlimited access to their inbox, found one recent study at the University of British Columbia.

So, you've got a few minutes. What could you do in that time, besides check email?

- Take a walk
 - Read intentionally, things you've chosen to read later, either for work or for fun
 - Write: a few words, or a few minutes
 - Do a workout
 - Breathe. Count backward.
 - Make a to-do list
 - Do a mind sweep
 - Drink some water
 - Take a nap
 - Clean your desk around your computer space
- Remember the story around a photo or other item on your desk

Play memory games (on line) that are specifically designed for elders: Luminosity, Memozor, Countdown, Private Eye, Shapes and Colors and so many more. If you cannot find these, go to the AARP website for a list of Senior Memory games [www.aarp.org/health/brain-health/grain_games/]

sources:

article: Walgreens; Anti Aging Superpowers,
Marygrace Taylor
clip art: clipartpanda.com
10 things to do instead of email:
chronicle.com/blogs/profhacker/thingstodo

Submitted by Brenda Brainard

The Coquille Indian Tribe will be hosting an Elder's Holiday Luncheon on Friday, November 13, 2015 located at The Mill Casino Hotel in the Willow-Bear Grass Room beginning at 12:00 noon.



2016 ELDER ACTIVITIES:

Mystery Dinner Train – Hood River
Picnic at Honeyman Park
Co-ed Chartered Halibut Fishing Trip –
Newport (May)

Back-up Trips:
Sternwheeler Trip
Grand Ronde Elders Honor Day

ELDERS COMMITTEE LOCATION CHANGE:

Starting in 2016 the Elders Committee Meetings will be held at the Florence Outreach Office at 12:00. The first meeting will be held January 14th, 2016.

Diabetic Wellness Day

Please join us November 23rd for
our first
Diabetic Wellness Day
Tribal Community Center from 1-3
pm
338 Wallace St Coos Bay

All Tribal families welcome!

Please RSVP to Traci Stefanek by
November 16th
(541) 744-1334
tstefanek@ctclusi.org

We will be discussing Risk Factors,
Healthy Portions, Exercise, Goal
Setting, and Lifestyle Modifications.



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

Three Rivers Casino Resort ~ Florence

Barista ~ Bartender
Food Server ~ Host ~ Bussperson
Buffet Cashier
Line Cook ~ Dish Machine Operator
Environmental Services Technician
Security Officer I
Special Events Team Member
Slot/Keno/Bingo Attendant
Table Games Dealer

Three Rivers Casino Resort ~ Coos Bay

Bartender/Server
Bartender/Server Lead

Blue Earth

No openings at this time

Tribal Government Offices

Special Events Employee
Interpersonal Domestic Program Advocate
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Incredible Experience with Weaving Workshop Series

Submitted by Morgan Gaines, Communications Specialist

Photographs courtesy of Sara Siestroom

The month of September was filled with weaving workshops lead by Hanis Coos Tribal member Sara Siestroom. On Sept. 4th she did a kick-off presentation about her work and her goal to bring weaving and community to our Tribal people. The following morning of the 5th she led a small group to gather Spruce Root near Florence and they spent the afternoon processing the roots together.

September 6th through the 9th Sara spent mapping and gathering within the State Parks. About this work she shared that she "was able to establish a five year gathering permit with maps of the appropriate access areas, [a number of culturally significant areas in our ancestral territories]. During this stretch of days I was able to gather a sample of roots from each of these parks to study. The goal of this work is to create easy access for Tribal members at these public facilities, which have a responsibility to serve the Indigenous people in the area."

On the 10th we met at the Florence Outreach Office and worked through a second stage of processing spruce roots. The day of the 11th a group of us began working on tule baskets, learning different weaving techniques that we will need when we begin working with other materials and on the 12th almost all the weavers in the workshop completed their first baskets!

Sara generously also spent extra time working with a few individuals who missed various stages of the previous workshops. Taking the time to work with them and show them the complete process was truly an amazing experience.

On September 18th members of the Department of Natural Resources spent the day with Sara traveling in our ancestral territories to map areas where food, medicine, and weaving materials grow. They made upwards of 50 positive plant ID's that are culturally significant to our Tribe.

Finally, on Sept. 19th, the last day of these amazing workshops we were joined by three new faces eager to learn. While Sara guided these new folks towards making

their first tule baskets the rest of the group processed and made dyes from hemlock, Oregon grape root, and mud. Together we all processed maiden hair fern for overlay and after everyone finished we divided up all the different cache materials including a huge bundle of bear grass graciously gifted to Sara by Nan McDonald.

Ashley Russell, a Miluk Tribal member who also attended some of the weaving workshops shared the follow about her experience:

"Since my first tiny sedge basket I weaved at the Tribes' last family camp, I have yearned to learn how to weave. Past failed attempts at weaving have only left me more determined. Sara Siestroom taught these series of weaving classes in such a way that allowed us "students" to retain the essential weaving skills that are required to reproduce a basket on our own without assistance. She also showed us how to gather and process several basketry materials, including spruce root, triangle sedge, maidenhair fern, cattail, bear grass, and tule. Words cannot begin to express the feelings one experiences when weaving. When weaving, the feelings are somewhat surreal and almost instinctual, as if the ancestors are guiding you with every twist of root. I am so grateful to have been able to participate in these weaving classes. I will finally be able to reproduce a basket that, hopefully, our ancestors will be proud of."

A part of her work that Sara has gifted to the Tribal community are academic tools in the form of an amazingly detailed identification, gathering, and processing weaving handbook. There are also tons of materials and photographs documenting historical baskets in various collections. Some of these materials are currently available on the private side of the Tribal website at www.ctclusi.org, with new material in the processes of being added. Be sure to check out this incredible resource and learn about our Tribal baskets and weaving.

Thank you Sara for this incredible gift of knowledge and community building that this weaving workshop series has brought to our Tribal people. I personally am eternally grateful and look forward to working with you in the future.



A beautiful basket start by one of the workshop weavers



A workshop weaver works on completing a tule basket



Ashley Russell processes Spruce Root



Earla Kirk, Sara Siestroom, Amanda Craig, and Morgan Gaines weave tule baskets



Tule baskets woven during the workshop



A glimps of the community cache

Octoberfish 2015

Submitted by Mark Petrie, Cultural Assistant

The Tribe was represented at the Octoberfish Festival this year. Mark Petrie from the Culture Department and Amanda Craig from the Department of Natural Resources talked about our tribal history and culture at a booth where fishing, hunting, and other tools were on display for the public.

What began as a small celebration of local culture, art, people, history and music has grown into a popular, fun filled multi-day event; and it happens at the Charleston Marina. This growing community festival raises funds for the Charleston Food Pantry and the Charleston Marine Life Science Center. (<http://www.oregonsadventurecoast.com/2015/09/celebrate-charleston-culture-music-and-fun-at-octoberfish-2015/>)

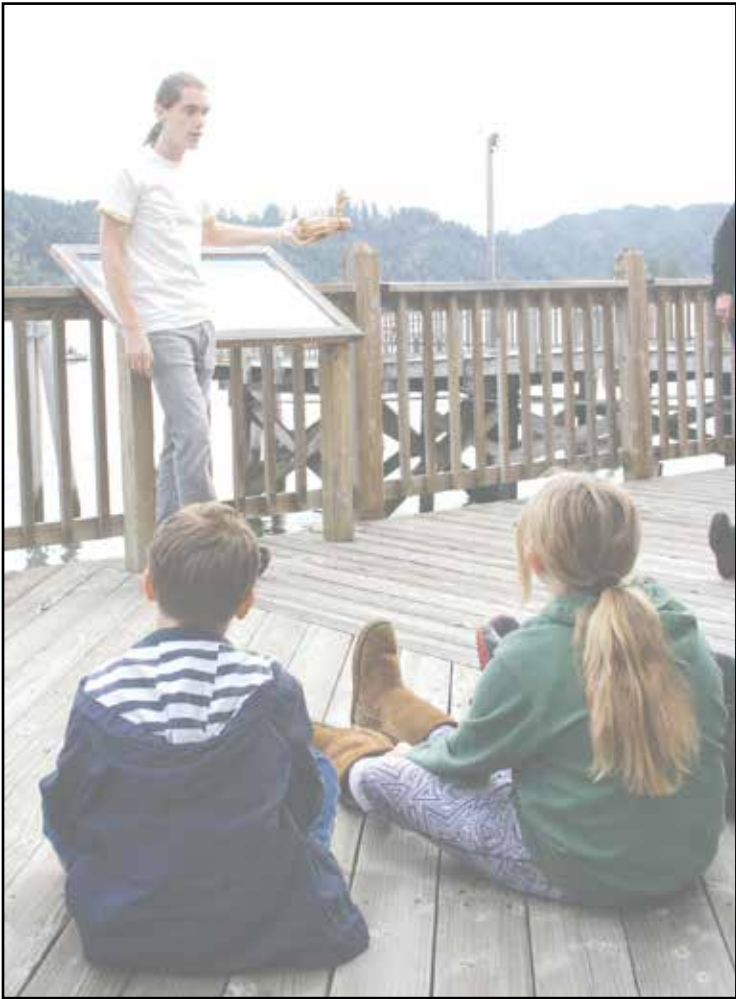


Photograph courtesy of Amanda Craig

Tsalila Education Days 2015

Submitted by Mark Petrie, Cultural Assistant

The Culture Department looks forward to going to Tsalila Education Days each year to sharing our tribal culture and history with hundreds of 4th and 5th grade students from all over Oregon. Classes of students were split up into groups of 10-12 and followed a schedule of 24 minute sessions at multiple stations throughout the day. The Tsalila event today is sponsored and/or supported by the City of Reedsport, Oregon Department of Fish & Wildlife, BLM, Coast Guard, local businesses, and our Tribe. Jesse Beers, Cultural Director, taught groups how to ‘listen to logs’ when splitting cedar planks; Mark Petrie, Cultural Assistant, taught how to make tule duck toys, and; Maree Beers taught beading.



Mark Petrie talks to students at Tsalila Education Days about Tribal agricultural sustainability while making tule ducks

English to Hanis

Pets

Pet	=	shiit'a
Cat	=	puus
Dog	=	kwiiguus
Horse	=	kyuutan
Goat	=	nani
Goldfish	=	hlkwilt me
Mouse	=	puukwiigatlis
Rat	=	miigetsa
Snake	=	xyuawayas
Turtle	=	nikan
Lizard	=	jamilii
Is that your dog?	=	Yenau ho kwiiguus ii?
That is my dog	=	Hanau kwiiguus

Each month we will have a list of words to encourage learning the Hanis Coos language. Visit Hanis.org and request a login today! Contact the Culture Department for more info at (541)888-1318. Thank you



Jesse Beers works with a group and teaches them to listen to logs for making cedar planks

Winter Solstice

December 21, 2015

For more information please contact the Culture Department at 541-888-2853

Easy Ways to Get More Done Each Day

Submitted by Mike Smith, Training and Development Specialist

If you've ever worked for most of a morning or afternoon and not gotten much accomplished, you may have wondered where the time went.

"But an effective manager knows exactly where his or her time goes," says Marc Corsini, president of the Corsini Consulting Group in Birmingham, AL. "And anyone can become more effective at managing time. It's a matter of pinpointing how you spend your day, overcoming time-wasting hurdles and concentrating on making the most of the time you have."

Mr. Corsini offers the following suggestions about how to get more done each day.

Time matters

--Try to accomplish as much as you can in the shortest amount of time. "Work expands to fill the time available for its completion," says Mr. Corsini. "So instead of setting aside a day to write a report, give yourself a morning or afternoon. Chances are you'll knock it out in the time you allow."

--Prioritize. You only have enough time in your day to do the important things. "A day consists of three kinds of activities: Have to do, need to do and nice to do," says Mr. Corsini. "Forget the nice to dos. Start with the have to dos and work your way down. Spend your first hour at work on your most important activity for the day, then pick the next most important and so on."

--Focus on outcomes, not activities. "Nobody cares how hard you're working," says Mr. Corsini. "They only care about what you're accomplishing."

--Be a planner. Set aside the last 15 minutes of each business day to evaluate what you have done that day and plan to do the next. Establish and prioritize your objectives, to dos and appointments for the coming day. "Avoid the 'planning paradox' of failing to plan because it takes time," says Mr. Corsini. "And

be sure to focus on short- and long-term planning."

--Plan a weekly vacation. "Most people are the most productive right before they go on a vacation. They have a sense of urgency. They delegate. They focus. They work on the most important projects and forget the other stuff," says Mr. Corsini. "Pick one day a week and act like you're about to go on vacation for a month. You'll be surprised how much you'll accomplish."

--Minimize phone tag. To do so, focus on making calls when you're most likely to reach people. Develop additional contacts within an organization. Get to know your contacts' assistants. Leave careful, creative messages defining exactly what you need and your time frame. Establish regular "in-office" hours so people know when they can reach you.

--Make appointments with yourself. When you have an important project you need to finish, schedule time on your calendar to complete it.

--Leave an hour early. "Having less time to get things done forces you to work only on the really important tasks," says Mr. Corsini. "By reducing the amount of time you have, you force yourself to focus on results."

--Look out for time robbers. People can -- and do -- rob you of your time. "Robbers include co-workers, friends, vendors and some customers," says Mr. Corsini. "Avoid, neglect and manage those who rob you of your time when you're at work."

--Give yourself some slack. Schedule slack time in your day so you can handle unexpected activities and issues.

--Develop a sense of priority. "The best cure for procrastination is to develop a strong sense of urgency," says Mr. Corsini.

Reprinted from "Easy Ways to Get More Done Each Day" by Krames Staywell, *EAP Navigator* July 2014, www.cascadecenters.com

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For more information, please contact:

Jan Lawrence @ 541-888-7538 or Jacob Petrie @ 541-888-7532