# The Voice of CLUSI



## March 2018

Volume 19 www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

## CTCLUSI Three Rivers Foundation Mark Seventh Round of Giving with Luncheon Gala

Stephanie Watkins - www.threeriversfoundation.org

Florence, OR— February 22, 2018 marked the 7th annual gifting luncheon of the Three Rivers Foundation held at the Three Rivers Casino Resort in Florence. The Three Rivers Foundation, established by the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians as the giving arm of its Three Rivers Casino Resort, announced gifts to 24 deserving nonprofit organizations in the Tribe's service district areas.

During this gifting cycle, the Foundation received over 150 grant proposals from non-profits located in Coos, Curry, Douglas, Lane, and Lincoln counties, as well as many communities throughout Oregon. Of those proposals, the following were awarded grant dollars:

#### **Coos County:**

Bandon Police Department; Bandon, OR Charleston Fishing Families; Coos Bay, OR Coos County Sherriff's Office; Coquille, OR Dolphin Players, Inc.; Coos Bay, OR Friends of the Lakeside Public Library; Lakeside, OR

South Coast Hospice & Palliative Care Services, Inc.; Coos Bay, OR

#### **Curry County:**

Harbor Rural Fire Protection District; Harbor, OR The Gold Beach Senior Center; Gold Beach, OR

**Douglas County:**Boys & Girls Club of the Umpqua Valley; Roseburg, OR Douglas County Cancer Services; Roseburg, OR Reedsport Public Library; Reedsport, OR

#### Lane County:

Boys & Girls Club of Emerald Valley; Eugene, OR Florence Community PTA; Florence, OR

Florence Food Share; Florence, OR Goldson Food Pantry; Cheshire, OR

Oregon Coast Emergency Repeater, Inc.; Florence, OR

RideAble; Springfield, OR

Veterans of Foreign Wars Post 4039; Creswell, OR

Willamette Family, Inc.; Eugene, OR

Yujin Gakuen/Corridor Elementary School; Eugene, OR

Lincoln County:

CASA of Lincoln County; Newport, OR Eddyville Charter School; Eddyville, OR

View the Future; Yachats, OR



Three Rivers Foundation Board of Trustees: Chief Warren Brainard, Stephanie Watkins, Joy Bozievich, Bob Main, Tom Grove, Teresa Spangler, and Beaver Bowen

**AND:** The Confederated Tribes of Warm Springs

Tribal Council has requested we highlight some of these fine organizations in future newsletter publications. As we receive competed grant reports, we will ask Morgan Gaines, Communications Specialist to make some room in future editions of The Voice of CLUSI newsletter so we can show you the great work these organizations provide to our communities.

Foundation Chairperson, Teresa Spangler sited some stunning data from the 24 organizations the Trustees selected. Of those 24 organizations there were 74,023 volunteer hours and even more amazing is over 190,000 people were helped through these 24 organizations.

Our successes are a reflection of the commitment and passion of our dedicated leadership. Listed below are the current trustees who ensure that the Three Rivers Foundation continues to reflect the goals and commitment of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians to our local communities.

**Teresa Spangler**, Tribal Council Vice-Chair; Three Rivers Foundation Chair

*Jay Bozievich*, Lane County Commissioner, West Lane, Three Rivers Foundation Vice-Chair

Story continues on page 2

### Save the Date

Upcoming Tribal Elections April 8, 2018

Make sure your Tribal voter registration card is up to date by contacting the Election Clerk, Jeannie McNeil at 541-888-9577

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U.S. Postage
PAID
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Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians 1245 Fulton Avenue Coos Bay, OR 97420

### **Tribal Council Business**

As Reported at the February 11, 2018 Regular Tribal Council Meeting

#### **Chief Warren Brainard:**

Jan 14 Regular Tribal Council Meeting Jan 16 GFORB (Gaming Operational Review Board) Meeting

Jan 18 Cornerstone of Excellence Dinner. Three Rivers Casino

Jan 31 Business Council Meeting; GFORB (Gaming Operational Review Board)

Feb 1 Elders Committee Meeting; Lunch

Feb 5 State Speech of Governor Feb 8 Culture Committee; Executive Work session

Feb 10 Yachats Presentation

#### **Doc Slyter:**

Not Present

#### **Beaver Bowen:**

Jan 14 Regular Tribal Council Meeting Jan 16 GFORB (Gaming Operational Review Board) Meeting

Jan 31 Business Council Meeting; GFORB (Gaming Operational Review Board)

Feb 8 Election Board Meeting; Executive Work Session

#### Teresa Spangler, Vice - Chairman:

Jan 14 Regular Tribal Council Meeting Jan 16 GFORB (Gaming Operational Review Board) Meeting

Jan 31 Business Council Meeting; GFORB (Gaming Operational Review Board)

Feb 1 Cornerstone of Excellence Dinner, Three Rivers Casino Feb 8 Executive Work Session

#### **Arron McNutt:**

Jan 16 GFORB (Gaming Operational Review Board) Meeting

Jan 31 Business Council Meeting GFORB (Gaming Operational Review Board)

#### Tara Bowen:

Jan 14 Regular Tribal Council Meeting Jan 16 GFORB (Gaming Operational Review Board) Meeting

Jan 31 Business Council Meeting GFORB (Gaming Operational Review Board)

Feb 8 Executive Work Session

#### **Mark Ingersoll:**

Not Present

### Three Rivers Foundation

### ... continued from cover story

**Beaver Bowen**, Tribal Council Member, Trustee

**Tom Grove**, Appointed by the Governor, Trustee

**Bob Main**, Coos County Commissioner, Trustee

Chief Warren Brainard, Chief of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians, Trustee Stephanie Watkins, Director of Human Resources for the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians, Trustee

The Three Rivers Foundation supports innovative ideas, collaborative approaches and grassroots efforts in the following areas: education, health, public safety, problem gambling, the arts, the environment, cultural activities and historic preservation.

If you would like to learn more about the good work our Foundation provides don't hesitate to give me a call.

## Upcoming Tribal Council Meeting March 11, 2018

10:00 a.m.

Tribal Community Center 338 Wallace Street, Coos Bay, Oregon 97420

#### **IMPORTANT ELECTION INFORMATION**

Each Council member shall be elected for a four (4) year term at the appropriate General Council meeting in the year of the expired term. (April 8, 2018) Council Positions #1, #3, and #5 shall be elected in odd-numbered years. Positions #2, #4 and #6 shall be elected in even-numbered years.

**ELECTION DATE:** APRIL 8, 2018

POSITION NUMBER

Position #2 Beverly(Beaver)Bowen
Tara Bowen

**INCUMBENT** 

Position #6 Arron McNutt

#### **Tribal Council Elections**

#### 7-3-22 Public Notice of Upcoming Elections

(a) The Election Board must publish in the Tribal Newsletter and post at the Tribes' Administrative Building, Tribal Hall, Outreach Offices, on the Tribes' website and in the office of the Gaming Commission, a notice of upcoming regular Tribal Council elections. This shall be done no later than one hundred twenty (120) days prior to the scheduled date of a regular Tribal Council election.

#### 7-3-23 Candidate Eligibility

According to the Tribal Constitution (Article VIII, Section 4(a)), in order to be eligible for election to a Tribal Council position, candidates shall meet the following qualifications:

- (a) Be a duly enrolled member of the Confederated Tribes;
- (b) Be at least twenty-one (21) years of age; and
- (c) Never have been previously removed from office for good cause after the date the Tribal Constitution was ratified. (May 23, 1987).

#### 7-3-24 Candidacy Procedures

Statements of Candidacy: Candidates shall file statements of candidacy no later than thirty (30) days before the scheduled date of the election and shall indicate which position he/she is filing for. **7-3-24** (a)(3)...once a person has filed for a position, he or she will not be allowed to change positions or to withdraw and refile for the same election.

The deadline for filing to run for the 2018 Election will be Friday, March 9, 2018 by 5:00 p.m. Your Position Statement, if you choose to include one with the ballots, must be submitted by this deadline.

#### 7-3-24(b) Public Notices and Position Statements

(b)(3). Candidates will be given the opportunity to present a Position Statement for inclusion in the February, March or April Tribal Newsletter. The statement must be submitted before the paper's deadline and shall be no longer than one (1) sheet of 8-1/2" x 11" paper printed on both sides, capable of being copied on a black and white copier. Please contact me for deadlines.

For a complete Election Code please see <a href="www.ctclusi.org">www.ctclusi.org</a> Tribal Code, Ch 7-3 Elections. Contact me with any questions. Jeannie McNeil <a href="mailto:jmcneil@ctclusi.org">jmcneil@ctclusi.org</a> 541-888-7506

## **Tribal Council Position Statements**

Election Day: April 8, 2018

Tribal Members:

Attached are the Position Statements of candidates for the April 8, 2018 Tribal Council Election, that requested inclusion in the March edition of the Tribal Newsletter and submitted on or before the deadline of February 15, 2018. The Election Code states: 7-3-24 Candidacy Procedures (b) Public Notice and Position Statements (3) "It will be stated in the Tribal Newsletter that the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians shall not be responsible for the accuracy of the candidates' position statements"

#### Final date to submit a Candidacy Statement is March 9, 2018 by 5:00 p.m.

Any Position Statements received after February 15, 2018 will be published in the April 2018 Newsletters.

ALL Position Statements received will be mailed with the Ballots (only one per candidate).

#### To Receive a Ballot to Vote:

Voter registration is required. If eligible voters wish to vote, a signature card bearing two (2) signatures (one (1) printed and one (1) written) of the voter must be on file with the Election Board before ballots are mailed out prior to an election, or before voting on Election Day at the Tribal Hall.

**7-3-25 (b) Ballot Procedure** (1) All Registered Voters having Signature Cards on file shall be mailed a ballot after the closing date for filing but no later than fourteen (14) days prior to the scheduled election date. Mailed ballots received by the date the scheduled election is held shall be counted in the vote tabulation. The independent third party, as outlined in CLUSITC 7-3-25 (e)(1), will assist the Election Board on Election Day. Ballots will be mailed by March 23, 2018 Please contact Jeannie McNeil for additional Elections questions at 541-888-7506. To view the entire Election Code visit <a href="https://www.ctclusi.org">www.ctclusi.org</a>. Tribal Codes, Chapter 7-3 Elections.

#### An Opportunity to Meet the Candidates: Candidate Forums

#### **EUGENE/SPRINGFIELD**

Saturday, March 24, 2018
Location: Many Nations Long House
1630 Columbia Eugene, OR 97403

Candidates are not required to

Time: 10:30a.m.

participate.

#### COOS BAY Sunday, March 25, 2018 Location: Tribal Hall

338 Wallace Ave Coos Bay, OR 97420 Time: 10:00 a.m.

#### **FLORENCE**

Sunday, March 25, 2018

Location: Florence Outreach Office 3757 Hwy 101 Florence, OR 97439 Time: 3:00p.m.

#### Information

#### **QUESTIONS OR SUGGESTIONS?**

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

#### **COMMITTEE INTEREST LIST**

If you are a Tribal member and intersted in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy

#### **ATTENTION VETERANS**

**AND FAMILIES** 

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

#### **US FOREST SERVICE NORTHWEST FOREST PASSES**

Now available at the Tribal Administration Building,

Service fee areas. Area maps available.

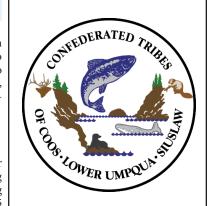
Florence and Springfield Outreach offices. Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest

#### **CHANGES?**

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-

#### TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



### Tribal Council

#### Warren Brainard,

#### Chief

**Tribal Chief** 

541-297-1655 (cell) wbrainard@ctclusi.org

#### Doc Slyter

Position #1 Council

541-808-7625 (cell) dslyter@ctclusi.org

Beaver Bowen Position #2 Council

541-290-4531 (cell) bbowen@ctclusi.org

#### Mark Ingersoll, Chairman

Position #3 Council 541-290-4610 (cell) mingersoll@ctclusi.org

#### Tara Bowen **Position #4 Council**

541-808-7394 tbowen@ctclusi.org

#### Teresa Spangler, Vice Chair

Position #5 Council

541-808-4828 (cell) tspangler@ctclusi.org

#### Arron McNutt

Position #6 Council

541-297-1183 (cell) amcnutt@ctclusi.org

### Council Meeting

March 11, 2018 **Community Center** 338 Wallace Street, Coos Bay, Oregon 97420 10:00 a.m,

#### Agenda:

1. Call to Order

2. Invocation

3. Approval of Minutes as needed

4. Tribal Council Reports

Tribal Administrator Report

Chief Financial Officer Report

6.

7. Old Business

8. New Business

9. Other

10. Good of the Tribes

11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

## Upcoming Events

March 3<sup>rd</sup> - Rocky Shore Management Plan Meeting, Coos Bay Public Library, 9:30 a.m.

March 5th - Parenting Workshop, Eugene, OR 5:30 p.m.

March 7th - Statement of Candidacy deadline

March 8th - Housing APR comments deadline March 8th - Community Job Fair, TRC Event Center,

Florence 10:00 a.m. – 3:00 p.m. **March 10<sup>th</sup> –** Beaded Collar Class, Springfield Chifin Native Youth Center, 9:00 a.m.

March 11th - Regular Council Meeting,

Community Center, 10:00 a.m. March 12th - Applications being accepted for CTCLUSI

Summer Student Internships March 12th - Parenting Workshop, Eugene, OR 5:30 p.m.

March 16<sup>th</sup> & 17<sup>th</sup> – 22<sup>nd</sup> Annual Oregon Tribal Elders Honor Day, Mill Casino

March 19th - Parenting Workshop, Eugene, OR 5:30 p.m.

March 20th - Tribal Family Gathering Dinner, Chen's Family Dish, Florence, OR 6:00 p.m. March 20th - Behavioral Health Education Series,

Community Center, 5:30 p.m. March 23rd - Ballots will be mailed to registered Tribal voters

March 24<sup>th</sup> - Beaded Collar Class, Springfield Chifin Native Youth Center, 9:00 a.m.

March 26th - Ladies Self-Care Event, 5:30 p.m.

March 26th - 30th - Spring Break Adventure Camp and Day Camp

April 5th - Elders BBQ Lunch, Hole in the Wall BBQ, Springfield, 11:30 a.m.

April 7th - Beaded Collar Class, Springfield Chifin Native Youth Center, 9:00 a.m.

April 8th - Regular Council Meeting, CC 10:00 a.m., General Council Meeting, 1:00 p.m.

April 8th - Tribal Council Election

April 8th - Tribal Family Gathering Lunch,

Community Center, 11:00 a.m. – 1:00 p.m. **April 20**<sup>th</sup> – **22**<sup>nd</sup> – Healing of the Canoe weekend workshop

April 21st - Beaded Collar Class, Springfield Chifin Native Youth Center, 9:00 a.m.

April 22<sup>nd</sup> - Clam Dig, 10 a.m., meet at Tribal Hall 9 a.m.

**May 4**th – Deadline to apply for Summer Student Internships May 4<sup>th</sup> – 6<sup>th</sup> – Healing of the Canoe weekend workshop

May 18th – 20th – Healing of the Canoe weekend workshop May 20th - Regular Council Meeting,

Community Center, 10:00 a.m. May 25th - CTCLUSI Scholarship Applications due by 5 p.m.

Join a Committee

#### THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Enrollment, Housing, Education, Culture, Health, Elders, Budget Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

## CTCLUSI Departments, Services & Offices

#### **Government Office**

Alexis Barry Chief Executive Officer 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll free 1-888-280-0726 Fax 541-888-2853 abarry@ctclusi.org

#### Health & Human Services Division

Vicki Faciane - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-7515 Toll free 1-888-280-0726 Fax 541-888-5388 vfaciane@ctclusi.org

#### Department of Human Resources

Stephanie Watkins - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-7508 Toll Free: 1-888-280-0726 Fax: 888-723-3270 swatkins@ctclusihr.org

#### **Tribal Housing Department**

Linda Malcomb - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1310 Fax 541-888-2853 lmalcomb@ctclusi.org

#### Purchased/Referred Care (FKA Contract Health Services)

Sharon Arnold - PRC Specialist 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-4873 Toll free 1-800-227-0392 Fax 541-888-5388 sarnold@ctclusi.org

#### **Education Department**

Angela Bowen-Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-1317 Toll free 1-888-280-0726 Fax 541-888-2853 abowen@ctclusi.org

#### **Family Services**

Meagan Davenport, Family Services Program Assistant 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1311 Toll Free 1-800-618-6827 Fax 541-888-1837 mdavenport@ctclusi.org

#### **Tribal Dental Clinic**

Dr. Sarah Rodgers 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-6433 Toll free 1-877-688-6433 Fax 541-888-7505

#### **Elders Activities** Andrew Brainard

CHR/Elders Activity Program Coordinator 1245 Fulton Ave. Coos Bay, OR 97420 Phone 541-888-7526 Fax 541-888-5388 Toll Free 1-888-280-0726 abrainard@ctclusi.org

#### **Tribal Court**

J.D. Williams Chief Judge 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll Free 1-888-280-0726 tribalct@ctclusi.org

#### **Cultural Department**

Jesse Beers - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1319 Fax 541-888-2853 jbeers@ctclusi.org

#### Springfield Outreach Office

Shayne Platz, Lead Case Manager 1126 Gateway Loop Suite 102 Springfield, OR 97477 Phone 541-744-1334 Toll Free 1-800-877-2718 Fax 541-744-1349 splatz@ctclusi.org

#### Florence Outreach Office Physical: 3757 Hwy. 101

Mailing: P.O. Box 2000 Florence, OR 97439 Phone 541-997-6685 Toll Free 1-866-313-9913 Fax 541-997-1715

#### **Tribal Gaming Commission** Brad Kneaper

Executive Director of the **Gaming Commission** 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-2830 Fax 541-997-7293 bkneaper@ctclusi-pd.com

#### **Tribal Police** Brad Kneaper

Chief Law Enforcement Officer 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-6011 Fax 541-902-6507 bkneaper@ctclusi-pd.com

#### **Department of Natural** Resources

Margaret Corvi Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1304 Toll Free 1-888-280-0726 Fax 541-888-2853 mcorvi@ctclusi.org





If you are interested in being a part of CTCLUSI Youth Council please contact one of the following members:

Nicole Romine Chair (541) 404-4115

Michael Romine Vice Chair (541) 297-5408

Devynne Krossman Secretary (541) 808-5146









## March: Gender Equality Awareness Month



Photo contributed by The Circles of **Healing Program** 

March is Gender Equality Awareness Month. Gender equality involves encouragement, respect, honesty and accountability, shared responsibility, responsible parenting, negotiation and fairness, trust and support, and economic partnership.

Pictured in photo: Earl Boots, Michael Romine, Adrienne Kirk, Amanda Craig, Ashley Russell, Courtney Krossman, Devynne Krossman, Iliana Montiel, Starla Brown, Diann Weaver, Sonja McCarty, Meagan Davenport, Mark Petrie, and Adam Petrie Photo taken by Vicki Faciane

### HOW CAN PARENTS HELP THEIR CHILDREN? HAVING A DISCUSSION ABOUT COMMUNITY VIOLENCE

Whether community violence is a one-time incident or frequent occurrence in your community, following each incident of community violence, it's important for parents to spend time talking with children, find ways to help them feel safe, maintain rules and routines and address any acting out behaviors.

The National Child Traumatic Stress Network offers practical guidelines to help parents talk to children about shootings, mass shootings, and other forms of community violence. Here are some tips on how to help your child deal with community violence:

- **Start the conversation.** If you've heard about a violent incident in your community, then your child probably has, too, no matter what his or her age. From overhearing adult conversations, exposure to television and radio coverage, to text messaging and social media postings, community violence is a topic that is difficult to avoid. Your silence only contributes to your children's fears. That's why it is important for you to find opportunities to talk to your child about the incident in ways that are comforting and age appropriate.
- Ask your child what they already know. Start by asking your child what they know or have heard about the incident. Listen carefully for misinformation, misconceptions and for underlying concerns or fears.
- For help talking with preschool age children, look at Talking with Kids about News from PBS Parents and Parent Tips for Helping Preschool Age Children After Disasters from Psychological First Aid - Field Operations Guide.
- For help talking to older children and adolescents, look at Helping Children and Adolescents Cope with Violence and Disasters: What Parents Can Do from the National Institute of Mental Health or Restoring a Sense of Safety in the Aftermath of a Mass Shooting: Tips for Parents and Professionals. Center for the Study of **Traumatic Stress.**
- Gently correct inaccurate information. Use simple, clear and age-appropriate language to explain what really Doug Barrett, CADC-1,CPS, Prevention Activities Coordinator;
- Encourage your child to ask questions. Let your child lead the conversation so that they can express their concerns and fears. Then answer their questions truthfully and in a way they can understand and be sure to pay attention Acknowledgment: this fact sheet was originally developed by to their underlying emotions. For example, a young child LookThroughTheirEyes.org may ask if the same type of violence could happen at your

place of work. What the child is really concerned about is the likelihood a similar violent act could happen to you. Be honest, but help your child feel safe. You may also want to talk to your child about how you, as a family, could help the victims if they are friends, neighbors or members of your community.

- Limit media exposure. Limit your child's exposure to all forms of media, particularly the sounds and images associated with the violence. Even when children seem to be focused on something else, they are often aware of what's going on in the background. So limit television, radio and online exposure to the news and any dramas that cover the topic. As a rule, you should not allow very young children to see or hear any messages on TV or radio about the incident. For help in how to manage media exposure, read Tips for Parents on Media Coverage from The National Child Traumatic Stress Network.
- Be a positive role model. Consider sharing your feelings about the incident with your child in a way they can understand. Let them know that you, too, are sad or feel badly for the families of victims. You should also share with them how you cope with your feelings and thoughts. Be sure to talk about positive reactions to the event as well, such as how people helped each other during and after the tragedy.
- **Be patient.** Whether your child is very young or a teenager, he or she is likely to exhibit changes in behavior in response to community violence. This is normal. So you'll need to be extra patient, caring and loving while your child works through their feelings. If, however, negative changes in behavior continue over weeks and months, you may need to reach out to your child's doctor or a mental health professional to get the support your child needs to move forward.

If you're looking for help or just more information, contact:

541-297-2130 dbarrett@ctclusi.org

Sonja McCarty, Healing of the Canoe Facilitator; 541-808-8175 smccarty@ctclusi.org

## Place Names of the Coos, Lower Umpqua & Siuslaw Indians

This is the thirteenth part in a long series exploring indigenous place names – mostly in the Hanis, Milluk and Siuslawan languages. The previous nine covered the Whiskey Run area up to the Tenmile Creek. This month we will mostly focus on the country going north from Tenmile Creek (Stonefield Wayside). For a pronunciation guide to the native words in this article see <a href="https://shichils.wordpress.com/about/">https://shichils.wordpress.com/about/</a> under the "Language Pronunciation" section.

#### North of the Tenmile Creek/Stonefield Wayside

As mentioned last month, Tenmile Creek (at Stonefield Beach near the Lincoln-Lane county border) was the border stream between Siuslaw and Alsea people. It's Siuslaw name is **Tsi'imahl** or **Tsi'ima** which comes from the word *tsi'im*, meaning clay. The Hanis name for this creek (**Chamahlkihiich**) is also derived from the word for white clay (*chamahlkii*). The same is true in the Alsea language as well; **Ts'a'am** for the creek and *ts'am* for white clay. There were also deposits of red ochre near here. Both Alsea and Siuslaw Indians came to this creek to get butter clams, rock oysters and mussels. It was also a popular camping spot for Indians traveling between the Siuslaw and Alsea rivers.

In pre-contact times, there was plenty of contact and trade between the Siuslaw and Alsea, and presumably the Siuslaw people had their own names for landmarks north of Tenmile/**Tsi'ima**, but many of these names seem to have been lost. Many of the names that have come down to us come from informants who spent some years living at the old Alsea Subagency when it was open from 1861 through 1876, and these names are a mix of Hanis, Siuslaw, and some Alsea names.

A few miles north of Tenmile is Bob Creek. During the Yachats reservation years, a party of Coos people traveling by once found a dead Alsea man by this creek. They buried him. But in memory of this event, the place was named **Qanchuuya'me Tsxuuwiich** (Alseaperson Lying-down-place) or **Qanchuuya'me skuxwiich** (Alseaperson Buried-place).

Driving up highway 101 towards Yachats, you may have noticed a sign for 'Cooks Chasm' and noticed the chasm in the face of the cliff wall. In the south face of this chasm there was a deposit of the rare blue clay, called *tqe'en* in Hanis and said to be the kind of clay used to make the foundation of the land in the creation story Jim Buchanan told. I have

never found the Alsea name for this chasm, but the Coos and Siuslaw coined a ribald term for it – in Hanis, chils haladich or chils ha'ladiich. Now, I don't know how explicitly I can translate the name in a family paper, but the first word refers to a certain bit of male anatomy, the second means roughly 'ditch running in place'. The Siuslaw version is shaya qa'ich.

Both Frank Drew and Lottie Evanoff knew of a legend attached to this place, probably learned from the Alsea people. They both told a couple of different versions of the story (to Melville Jacobs in 1932 and Harrington in 1942) but the stories follow more or less the same theme.

The chasm was actually the entrance of a tunnel that went 3 or 4 miles inland. Driftwood was tossed through that tunnel, sometimes found in the hills behind Perpetua. It was a place that sea serpents used to go from the sea to the hills to hunt elks.

It was also, they say, the site of an attempted murder. Depending on the version, one or two men wanted revenge upon another, over jealousy for the affections of a woman. One story

specifies they were all from the nearby Yachats village. They were all traveling along over the chasm when they shoved this man down in it. He fell, and crawled along the tunnel. He could see stars over head. For 4 days he crawled through this tunnel. Finally he emerged back in the hills. He returned home to find his parents and siblings crying – they thought he had died. They were overjoyed to see him again. And that is where the story ends.

Cape Perpetua, the tallest coastal headland in Oregon, is a prominent landmark known to the Alsea people as **Halqaik**. Searching through the Alsea wordlist, it appears that it is derived from the Alsea verb *halq*- meaning to dig something up, to expose, to dig up the shinny ball to start play and the locative suffix -*k*. So the overall meaning may be something like 'exposed place' which is apt considering how exposed the headland is to the powerful winds and waves here. The Coos heard this name and came up with **Helleqaich** – from *hellaq*, brother in law. The Siuslaw adapted this into **Hallaqaich** (no etymology).

The modern town of Yachats is built on top of the Alsea village Yaxaik. To the Coos and Siuslaw it was Yahach. (How, in turn, the names Yaxaik and Yahach made it into English as Yachats is not clear to me). I am not completely sure of the derivation of the Alsea name, but like the name for Perpetua it ends an Alsean locative suffix, -k. There is a verb in that language, yax-

, meaning "to go" as well as related words such as yaix-(to move, fall, go), yáixai't' (tracks), yáxalii't (road, trail, path) and yaxau "to return". The beach changes from sandy to rocky in north Yachats, so the name might be a reference to the end of the trail (as some people have suggested).

When the Coos and Lower Umpqua first arrived to Yachats in 1861, and were there until 1876 when the Alsea subagency of the Coast Reservation was closed. All the original Yaxaik Alsea people had died or fled. The surviving Alsea at this time had gathered together to live by the Alsea river where Waldport is today. The Alseas regularly came down to visit the Coos and Lower Umpqua at Yachats/Yaxaik. Often shinny was played. And even though at times food was scarce at times, feasts were given. Lottie Evanoff commented on what she thought was one odd habit of the Alseas - her parents served coffee, and after drinking it the Alseas ate the coffee grounds.

Inside the town of Yachats Starr Creek meets the sea. Coos informants referred to



Chocolate Lily photographed on the hill side at Cape Perpetua Photograph by Morgan Gaines

## Place Names of the Coos, Lower Umpqua & Siuslaw Indians

this creek as **Tk'imiis**, or **Tk'imiisiich** (the -iich being a suffix noting location, like at or on). The name is of an unknown origin – it might be an original Alsea name that Coos and Lower Umpquas at the Alsea Subagency adopted. This creek did have a small fall salmon run.

A little farther north is Big Creek (a confusing English name as it is one of many other 'Big Creeks' - including the once at Sunset Bay and the one just south of Tenmile/Stonefield). This creek is just two or three miles south of the 'big stump' of Big Stump beach. Hanis Coos speakers named this creek **Minikmenkiich** or **Menkichinuu**. It comes from the verb mink-/menk- meaning 'to club (something)' and was supposed to be a description of clubbing coho salmon in the fall. Lottie said her father Chief Daloos Jackson and others went there in the fall when the water was up and coho began running to spear the coho as they entered the stream. Lottie said "they are bright when coming in from the ocean but after they were trying to come in from the ocean but after they've been in creek they lose their bright color and get red.

About four miles or so south of the Alsea River is Big Stump. This section of beach is fairly flat, and the large, very old (it has been dated to have been there for about one thousand years), allegedly redwood stump stands out. I have not yet found the Alsea name for it, but they did share a story of the origin of the stump. In the time before people, the First People gathered together to discuss which way the sun should travel-north to south, or east to west. They could not come to an agreement. So it was decided that two people should travel around and measure the world to determine which direction was better. Hummingbird and Bumblebee were

chosen. They went far to the north, the south, inland, before returning home to declare north to south was much too long of a distance. So east to west was chosen as the best path for the sun. Then Hummingbird and Bumblebee placed the stump on the beach to mark the center of the world. Since then, when anyone passed by the stump they were supposed to people were supposed to jump around the stump five times and then leave in offering in the center of the stump, like a white handkerchief or some shells. In Hanis the stump was known as **kiwixkiuxiich**, from the verb **kiiuu**- or **kiiuuxw**- which means to point at something with a stick or other object. Why the stump got this particular name wasn't explained, however.

There are Alsea and Tillamook names beyond this point, but the last name I know of in the Coosan or Siuslawan languages is for the Columbia River. To all of our tribes this region was known as **Mahluush**, which comes from a Chinookan word, *mahl*- which refers to a large body of water. **Mahluush** was known as a great trading area. Chief Daloos Jackson's father once went there to buy a canoe, which he and his party then rowed all the way back down to Coos Bay. There was also at least one interior trade road, from the Umpqua Valley north through the Willamette that was known as 'the money road'.

And so ends our journey with place names. If people are interested, from time to time I might write articles about indigenous place names in other parts of western Oregon.

## This Month...be on the Lookout for Miner's Lettuce

Contributed by Ashley Russell, Water Protection Specialist

Plant description: Miner's lettuce is in the family, Montiaceae, the purlsane family. There are actually two different species of miner's lettuce that grow within our ancestral territory: siberian miner's lettuce and true miner's lettuce. Siberian miner's lettuce are annuals with heart shaped leaves and delicate pink candy-striped flowers that you find dappling the forest floor amongst redwood sorrel (oxalis), while hiking. True miner's lettuce, compared to siberian miner's lettuce, has distinctive circular looking leaves whose stems appear to be growing through the leaf. The flowers are pink or white and begin blooming from February to May. Two subspecies of true miner's lettuce grow within our ancestral territory, but both prefer cool, damp conditions and plenty of shade.

**Food:** The leaves, flowers and stems of miner's lettuce are edible. This plant is sweet and succulent in texture and remains palatable through much of its growing season, spring through fall. It is great in salads or by itself and can be eaten fresh or lightly steamed.

**Medicine:** According to Patty Whereat Phillips, the literal translation of the Hanis name is "knife's medicine." The stem and leaves of miner's lettuce were placed over cuts. A tea made from boiled leaves was used to treat eye infections.



Hanis: wál'walʊ łǽłəx; ʊ is pronounced oo, like in book

**Scientific Name**: Claytonia perfoliata; C. rubra ssp. Depressa; C. sibirica

#### Culture Program is soliciting proposals for

#### Mitsmitsta Halqaima Workshops from the Tribal community

Example Workshop Proposal themes: <u>Regalia, Weaving projects, Tool making, Gathering, Bow making, Carving, Cooking, Language, Traditional Games, etc.</u>

Please submit an outline of your workshop, budget and preferred timing. Proposals will be negotiated with CTCLUSI on a first come first serve basis but, will remain open until funds are allocated. <u>Drop proposals at any Tribal Office, Attn: Jesse Beers or Mark Petrie.</u> Contracts may be subject to background checks.

Mitsmitsta Halgaima (To Teach Relatives) www.hanis.org



## Sober Apps: New Tools to Help Those in Recovery

Acknowledgement: getsmartaboutdrugs.gov

Addiction counseling, in-person meetings, new hobbies – all of these activities are used by those in recovery. You can now add smartphone applications (apps) to this list. This technology is now being used by many as a tool to help an individual maintain their recovery.

Check out a few of the apps\* – all free and available to download on both **iPhones** and **Androids** – below:

#### Sober Grid

Sober Grid is an app that connects individuals in recovery. Its features include: a "Burning Desire" button, which someone can press to let friends on the app know when they're facing temptation and need help; a GPS locator that can connect you to nearby app users and more.

Google Play: https://play.google.com/store/apps/

details?id=com.sobergrid&hl=en

iTunes: https://itunes.apple.com/us/app/sober-grid-sober-social-

network/id912632...

Sober Tool

This app, developed by a certified alcohol and drug counselor, focuses on preventing a person in recovery from relapsing. Some of the materials the app includes are related to mindfulness training, 12 step practice, stress reduction techniques and more.

#### Google Play:

https://play.google.com/store/apps/details?id=com.osu.cleanandsobertoolboxandroid&hl=en

**iTunes:** https://itunes.apple.com/us/app/sobertool-alcoholism-addiction/id8638729...

#### Posted March 1, 2018

## ENROLLMENT COMMITTEE'S RECOMMENDATIONS FOR TRIBAL MEMBERSHIP

The Enrollment Committee recommends that the enrollment of the Applicants listed below should be approved. Besides publication in the Tribal Newsletter, according to CLUSITC 7-1-36(i), this information will be posted in the Administrative Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino for twenty-eight (28) days from the date listed above.

#### **Elaine Nicole Wright**

Parent: Juanita Sue Walker

Lineal Descendant: Charles Vierow

Tribe: Coos

Daniel Preston Webb

Parent: Juanita Sue Walker

Lineal Descendant: Charles Vierow

Tribe: Coos

Kylin Mae Thorn
Parent: Logan Keith

Parent: Logan Keith Thorn

Lineal Descendant: Howard Anderson

Tribe: Lower Umpqua

Romello DeShane Reed

Parent: Cheyenne Maldonado

Lineal Descendant: Eugene Jordan

Tribe: Coos

In accordance with CLUSITC 7-1-37(a), Tribal Members shall have the right to protest the recommendation of the Committee approving an application and must file a written, signed protest with the Committee stating their reasons for believing that an Applicant(s) is not entitled to enrollment. The protest must be filed with the Committee within twenty-eight (28) days after notice of the proposed enrollment is posted as described in CLUSITC 7-1-

Nomo - Sobriety Clocks

This app, created by two people in recovery, tracks the number of days a an individual has been sober. In addition, a person can track the money saved by not buying drugs, share milestones on Twitter and Facebook, and share their sober clock with others. The app also includes exercises to help refocus the person in recovery when he or she is feeling tempted.

**Google Play:** https://play.google.com/store/apps/details?id=air.com.parkerstech.day&hl=en

**iTunes:** https://itunes.apple.com/us/app/nomo-sobriety-clocks/id566975787?mt=8

Sober Time – Sobriety Counter

Similar to "Nomo," this app helps individuals in recovery track their sober days, see how much money they've saved by not buying drugs, share progress with others, and more. This app also offers daily motivational messages to its users.

**Google Play:** https://play.google.com/store/apps/details?id=com.sociosoft.sobertime&hl=en

**iTunes:** https://itunes.apple.com/us/app/sober-time-sobriety-counter/id1158895079?mt=8

Important note: These apps should be used in addition to a professional treatment program. If your loved one is battling addiction, please also take/refer them to a facility. For more information, contact:

Doug Barrett, CADC-1,CPS, Prevention Activities Coordinator; 541-297-2130 dbarrett@ctclusi.org

Sonja McCarty, Healing of the Canoe Facilitator; 541-808-8175 smccarty@ctclusi.org

#### TRIBAL COUNCIL RESOLUTIONS

**RESOLUTION NO.: 18-001** 

Date of Passage: January 14. 2018

Subject (title): Enrollment of New Members

Explanation: The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians' Tribal Council approved application of five (5) new

members. Vote 7-0-0

**RESOLUTION NO.: 18-002** 

Date of Passage: January 14, 2018

Subject (title): Enrollment Name Changes

Explanation: The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians Tribal Council approved the name change for one (1)

name change. Vote 7-0-0

**RESOLUTION NO.: 18-003** 

Date of Passage: January 14, 2018

Subject (title): Committee Appointments

Explanation: The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians Tribal Council appointed members to various

committees. Vote 4-0-2

**RESOLUTION NO.: 18-004** 

Date of Passage: February 11, 2018

Subject (title): Eugene 4J School District, Title VII, NATIVES

Program Support

Explanation: The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians Tribal Council approved the support of the Eugene

4J, Title VII, NATIVES Program. Vote 7-0-0

**RESOLUTION NO.: 18-005** 

Date of Passage: February 11, 2018

Subject (title): 2018 Indian Housing Plan Amendment Approval Explanation: The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians Tribal Council approved an amendment to the 2018

Housing Plan. Vote 7-0-0

#### How to Talk with Your Son or Daughter about Drugs and Alcohol

Productive communication with your teen or young adult about alcohol and drugs doesn't always have to feel like you're giving the third degree. Remain calm, relax and follow the tips below to ensure that your child hears what you have to say — and visa versa.

- Try to be objective and open. If you want to have a
  productive conversation with your child, do your best
  to keep an open mind and remain curious. Your child
  is more likely to be receptive this way.
- Ask open-ended questions. These are questions that elicit more than just a "yes" or "no" response and will lead to a more engaging conversation. For example, instead of asking, "Do your friends smoke marijuana?" you can try, "What do your friends think of the new marijuana laws?"
- Let your teen know they're being heard. Use active listening and reflect back what you are hearing either verbatim, or just the sentiment. For example, you can say, "I'm hearing that you feel overwhelmed, and that you think drinking helps you relax. Is that right?"
- Think about activities that can be healthy, fulfilling substitutes to their substance use or ways to help them learn coping skills to that are more effective than substance use in addressing underlying problems.
- If your child's interested in drinking or using drugs, ask why. This gets your teen to think about her future, what her boundaries are around drinking – and some of the possible negative consequences (she may be late to practice, do something stupid in front of her friends, feel hung over). It will also give you insight into what's important to her.

Acknowledgment: this fact sheet was original developed by staff at Partnership for Drug-Free Kids

If you're looking for help or just more information, contact:

Doug Barrett, CADC-1,CPS, Prevention Activities Coordinator; 541-297-2130 dbarrett@ctclusi.org

Sonja McCarty, Healing of the Canoe Facilitator; 541-808-8175 smccarty@ctclusi.org



Please join us for good food and fun with other

Tribal Families.

All Tribal families welcome to attend.

Sorry, No transportation is provided.

## **Tribal Family Gathering Dinner**

Tuesday, March 20, 2018

**Chen's Family Dish Restaurant** 

3620 Hwy 101

Florence, OR.

Dinner 6:00 pm—8:00 pm



Please RSVP By Friday March 16, 2018

(541)-435-7155 or toll free 1-(888)-280-0726

Questions, Please contact Doug Morrison CHR (541) 997-6685

**Presentation:** 

**Elements of Creating a Safety Plan** 

Melinda Radford

Sponsored by: Health & Human Services Division — Diabetes Grant

## The Housing Committee Needs YOU

Have you been looking for a way to help serve the Tribe? The Housing Committee currently has 2 vacancies and we need your help. We are looking for Tribal Members who can be fair and impartial while making decisions concerning confidential Housing issues. Prior experience is NOT required.

The Committee currently meets on the 3<sup>rd</sup> Wednesday of each month at 4:30 p.m. in the Housing Department office and the meetings typically last between 30 minutes and 1 hour. Meeting days and times can be changed to accommodate the Committee members. If you live out of the area you don't have to be physically present, you can "call in" to the meetings. The Committee members work with Housing Department staff to make revisions to current polices, give input as to how to use our grant funds and make decisions about confidential Housing issues as they arise. As with all Committees, they are advisory to and shall be accountable to the Tribal Council.

If you are interested in joining the Housing Committee please go to the Tribes website, www.ctclusi.org under Tribal Government; Tribal Committees for more information and a Letter of Interest form, or contact Jeannie McNeil at 541-888-7506.

## Housing Department Annual Performance Report

Contributed by Linda Malcomb, Director of Housing

As required by HUD the Housing Department must complete and submit an Annual Performance Report each year. This report details the programs and activities that were completed by the Housing Department during 2017. To review the document and make comments, please contact:

Linda Malcomb 1245 Fulton Avenue, Coos Bay, OR 97420

Or call at 541-888-1310 Or e-mail at lmalcomb@ctclusi.org

All comments must be submitted to the Housing Department staff no later than March 8, 2018.

## Tribal Story of Amanda Shared with Community During National Endowment for the Arts Event in Eugene, Oregon

Contributed by Council Member Doc Slyter

The event was sponsored by the NEA Big Read which is a program of the National Endowment for the Arts in partnership with Arts Midwest.

Held on February 10<sup>th</sup> 2:00 pm at the Eugene Public Library

The talk was about the Amanda Trail titled - "How a Trail Brought Truth, Reconciliation, Collaboration to a Divided People" presented by Joanne Kittel and Doc Slyter.

Chief Warren Brainard opened the event with a blessing. Prior to the presentation by Joanne and Doc, the community pow-wow drum from Yachats was used for the Fire Song and was offered up to those in the audience who wanted to participate in the drumming. After the Amanda Trail slide show and dialog, Doc presented an Introduction to Native American Flutes. Approximately 60 people were in attendance which included 8 from Yachats who made the two hour trip.

On Sunday, Feb 11<sup>th</sup> also held at the Eugene Public Library was a free showing of the live play titled "Amanda Transcending" which was enjoyed by close to 100 in attendance. Since both of these events were videotaped, a request was made to have a copy of the recording sent to our Tribe to be shared with Tribal members.



Tribal Council member Doc Slyter, Joanne Kittel, and Chief Warren Brainard

## Coos Tribal Member Caleb Dickerson Completes Army Basic Training

Contributed by Jessie Young, Coos Tribal Member

Caleb Dickerson is a Coos Tribal member and is 21 years old. His mother is Peggy Bolling, and his grandmother is Amy Bolling. His sisters are Jessie Young and Jordan Dickerson. Caleb just completed Army Basic Training and Advanced Individualized Training at Ft. Leonard Wood, Missouri. His Army specialty is Combat Engineer. In February, he left for Ft. Riley, Kansas, which is where he will be stationed for the foreseeable future. He is currently stationed with the A Company., 82nd Engineering Battalion.





Please join us for good food and fun with other

Tribal Families.

All Tribal families welcome to attend.

## **Tribal Family Gathering**

Sunday, April 8, 2018

Lunch at the CLUSI Community Center—388 Wallace St. Coos Bay OR

Doors open 11:00 am
Lunch 11:30 am—1:00 pm



#### Please RSVP By Thursday April 5 2018

Questions, Please contact Andrew Brainard CHR (541) 888-7533 541-435-7155 or toll free 1-888-365-7155

Sponsored by: Health & Human Services Division

## Tribal Member Kerry Brainard Takes Business to the Next Level

Contributed by Marjene Brainard

**Businessman and Tribal** member, Kerry Brainard sees a bright future with a new owner of the company he started 26 years ago in Eugene. Kerry developed software program used mechanical by contractors to estimate commercial construction projects. Quote Software sold on January 2, 2018 to ConstructConnect.

Kerry grew up in Springfield working in the sheet metal shop owned by his parents, Chief Warren Brainard and his mother, Marjene.

As a teenager Kerry rode the city bus from Thurston High School to the shop at 47th and Main

Street. Working with his dad and brother, Bradley, he learned the family trade from the ground up cleaning out scrap barrels, breaking metal, making deliveries to construction sites, and then finally landed in the office working as the estimator.

After studying computer science at Oregon Institute of Technology in Klamath Falls, Kerry began developing the software that became the flagship for his company, Quote Software. He had his first sale in 1994 and moved into a downtown Eugene office in 1997 to run the business with his wife, Tesa.

Through the years, Quote Software gained over 3,500 customers, selling the software into all 50 states and Canada. Kerry added a valuable business partner, Bret Jenkins from Chicago, IL in 2004, and employed 34 staff members including Kerry's sister, Teresa Gagner of Springfield, and seven other family members between the partners.



Contributed by Kathy Perkins, Transportation Coordinator

Tribal Transit's purpose is to provide members of CTCLUSI the transit services needed to access employment, education, health care and social/recreational opportunities.

This is a new program and takes time to develop. Our goal for the future is to provide services to all tribal families. We will keep you updated as services become available.

Currently we are offering Bus passes for CCAT, Rhody Express & LTD.

If you need a bus pass, please contact:

Kathy Perkins, Tribal Transportation Coordinator 541-888-9577 ext. 7550 1245 Fulton Avenue Coos Bay, Oregon 97420



Last year, with new sales up more than 50 percent over the previous year, Kerry began researching the next logical step in the growth pattern Quote for Software. ConstructConnect provide the necessary technological resources and infrastructure, and shares the same customer service values that Quote Software was founded on.

The Brainards will continue to live in Eugene and work for ConstructConnect, focusing on product development and the smooth integration into a Fortune 500 company. ConstructConnect is a

Cincinnati-based subsidiary of Roper Technologies Inc., which is based in Sarasota, Florida

Kerry says, "It's exciting times. They want us to grow, and they see the opportunities. The future looks bright."

Kerry serves as the vice chairman on the board of Blue Earth Federal Corp for the Tribes. Along with his wife and two sons, Mason and Zane, they enjoy trips to Florence to ride on the dunes as well as snow-skiing in the winter, and boating in the summer.



## Public Health Alert: Influenza Season 2018

Contributed by Vicki Faciane, Director of Health & Human Services

The following Public Health Alert was taken from a release sent to Tribes on Friday, January 12, 2018 concerning the current influenza outbreak in the United States. Even though you may be hearing reports that the flu shot may not be as effective this year, you should still get your flu shot unless you have a medical reason for not doing so. There are many strains of influenza that circulate each year and the flu vaccine just might keep you from getting influenza. If you have any questions about influenza or the flu vaccine, talk to your healthcare provider or visit the CDC website at https://www.cdc.gov/flu/keyfacts.htm.

Dr. Brenda Fitizgerald, Centers for Disease Control and Prevention (CDC) Director along with Dr. Dan Jernigan, Captain, U.S. Public Health Service held a telebriefing on widespread Influenza (flu) activity, Friday, January 12, 2018 detailing the increased seasonal flu activity in the United States as well as the increase in physician/healthcare provider visits for flu-like symptoms. Data shows that in the past week the number of states reporting widespread flu activity increased from 36 to 46.

It is important to note that the flu is a contagious respiratory illness that can range from mild to severe and can lead to hospitalization or death. The best way to prevent the infection is the flu vaccine. The flu vaccine is recommended by the CDC for people ages 6 months or older. Individuals should talk to their healthcare provider about getting the flu shot. The vaccine is especially important for those who are high risk for complications (i.e. pneumonia and bronchitis) or live with/care for someone who is high risk for complications. High risk individuals include:

- Pregnant women
- Children
- Elders (The flu is one of the leading causes of death among American Indian and Alaska Native (Al/AN) elders.)

Flu vaccines can be given at the following:

- Tribal Health
- IHS Clinic
- · Local healthcare facility
- · Mobile or community-based clinics
- Pharmacy or grocery store

In addition to the flu vaccine other ways to help prevent the spread of the flu is to wash your hands often, cover your coughs and sneezes, and to stay home if you are sick.

With the increase in flu activity people should be aware of the following symptoms:

- Fever/feeling feverish, chills
- Cough
- Sore throat
- Runny/stuffy nose
- Body aches
- Headaches
- Fatigue
- Vomiting or diarrhea (more common in children)

Those who become sick with flu may be prescribed antiviral drugs.

Check the following to learn more about seasonal flu or access resourceshttps://www.cdc.gov/flu/about/index.html, https://www.cdc.gov/flu/consumer/symptoms.htm, or https://www.cdc.gov/flu/pdf/freeresources/native/protect\_circle\_life\_factsheet.pdf

#### Made at the Kitchen Table

**Self-Employment Business-Skills Training Program** 

FREE - NO COST - SIGN UP BY March 31, 2018!



**Made at the Kitchen Table** (MKT) is a 6-part series of workshops that provides those interested in self-employment with the business-skills training needed to help you succeed. You'll learn how to analyze budget, set savings goals, estimate production costs, develop quality production standards, manage inventory cash flow and set selling prices, explore the 'how and where' to market your goods & services.

MKT's **6 consecutive workshops** will meet <u>twice a month</u> over the course of <u>3 months</u>.

Workshop are **3-hours in length**, for a total of 18 hours of training. Individual tutoring and on-going support is available to all participants any time during the 2 weeks' timeframe between the scheduled workshops. Workbooks are provided for each participant.

#### Made at the Kitchen Table Schedule

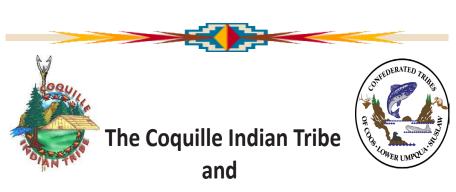
**Eugene/Springfield:** Tuesdays, April 10, 24, May 8, 22, June 5, 19. 1:30pm – 4:30pm

**Florence:** Wednesdays, April 11, 25, May 9, 23, June 6, 20. 9 am – 12 noon

**Coos Bay:** Wednesdays April 11, 25, May 9, 23, June 6, 20. 1:30pm – 4:30pm

To sign up for *Made at the Kitchen Table (FREE, NO-COST)*Contact: MJ Koreiva, Small Business Incubator Manager

CALL: (541) 888-9577, or EMAIL: mkoreiva@ctclusi.org



## The Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians

wish to invite you to the

22nd Annual Oregon Tribal Elders Honor Day to be held on March 16 & 17, 2018 at the Mill Casino & Hotel—Salmon Room

3201 Tremont Street, North Bend, OR 97459

Please RSVP by Monday, February 19, 2018 to: Andrew Brainard, Elders Activity Coordinator email: abrainard@ctclusi.org or phone: 541-888-7533

All guests must be over 55, with the exception of spouses, caregivers & staff.

For additional information, please contact:
Andrew Brainard, CTCLUSI Elders Activity Coordinator
541-888-7533



## **Elders Corner**

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. Elders will be contacted by Andrew Branard of the Health and Human Resources Division with information for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. Thank you Elders!

#### Contributed by Andrew Brainard, CHR and Elders Activity Program Coordinator



Sue Walker

- Hanis Coos Tribal Member
- Wife to Gerald Walker, mother to Daniel Webb and Elaine Wright
- Proudest accomplishment/moment, was seeing her son and daughter graduate from college

**Favorite Hobbies** 

- 1. Oil Painting
- 2. Sewing
- 3. Gardening
- 4. Playing the Piano

Sue's favorite quote is "To Each his own."

Top 3 Bucket List Items 1. Visiting Australia and Iceland

- 2. Learn to play piano
- proficiently

DERATED TH

3. Learn all I can about Coos Tribe



Arne Vicklund

Top 3 bucket list items 1. Visiting National Parks and other interesting places while traveling around this beautiful country in our travel trailer.

- 2. Beating the family health records with a Low-Carb diet, rich in proteins and vegetables, and limiting grains, especially gluten.
- 3. Promoting earth saving activities including reuse, reduce, recycle, water conservation, and solid waste practices, etc.

- Coos Tribal Member (Jordan, Seistreem, Boutin)
- Brother to Karen Currier and First Cousin to Linnea Ekman
- Proudest accomplishments and moments:
- 1. Along with my wife, put my heart and soul into the restoration of a 1909 Craftsman house. It was a 26-year labor of love.
- 2. Completed a 3 day, 180-mile bicycle ride over 3 mountain passes in the Cascade Mountain Range in 1998 to Support Mary Bridge Children's Hospital. I was named to the Summit Club because of my significant fund raising.
- 3. Created and cared for a beautiful dahlia garden in our yard, including over 19 different varieties. That garden was admired and enjoyed by our entire neighborhood.
- 4. Earned a B.S. degree in Environmental Science, 1974.

Favorite hobbies

- 1. Wood working
- 2. Landscaping
- 3. Walking and hiking

#### Quote:

"Mother Earth giveth and Mother Earth taketh away. " "Ask not what your country..."

Personal phrases: Listen to those birdies, that one is speaking Italian. It's time for a cup of coffee! What were they thinking?

## Elders BB Lumeh

Thursday, April 5, 2018 at 11:30 A.M.

#### Hole In The Wall BBQ in Springfield

1807 Olympic Street, Springfield, OR 97477



R.S.V.P. by Tuesday, April 3, 2018

Please call the RSVP line at: 541-435-7155 or toll free at 1-888-365-7155 LIMITED TRANSPORTATION IS PROVIDED.





#### **Department of Human Resources**

**Current Openings at CTCLUSI and All Other Tribal Entities** 

#### Three Rivers Casino Resort ~ Florence

Barista ~ Beverage Server ~ Food Server Buffet Cashier ~ Host Busperson ~ Back Server/Busperson Line Cook ~ Buffet Station Attendant Guest Room Attendant ~ Porter Table Games Dealer 5-8 Players Club Representative 1 Electrician Technician 3 Special Events Team Member

Three Rivers Casino Resort ~ Coos Bay

No openings at this time

**Blue Earth** 

No openings at this time

#### Tribal Government Offices

Special Events Employee (Assignment Tutor, Springfield Family Nurse Practitioner, Coos Bay



http://ctclusi-int.atsondemand.com/ Go to Job Opportunities on the website for full job posting and to Apply Online **Updated Daily** Or call Recruitment at 541-902-3821



## WEEKEND WORKSHOPS SAVE THE DATES

April 20-22 May 4-6 May 18-20

## CTCLUSI BEHAVIORAL HEALTH SERVICES

Presents...

Behavioral Health Education Series: Childhood Mental Illness

"Alone we are strong and together we are stronger"





This workshop is on childhood mental illness. All are invited and the workshop will provide an opportunity to find support and learn self-help strategies.

Dinner will be served and childcare will be available.

When: Tuesday, March 20, 2018
Time: 5:30 pm – 7:30 pm
Where: CTCLUSI Community Center- 388 Wallace St. Coos Bay OR

RSVP by Monday, March 19, 2018 at 541-435-7155 or 888-365-7155

Leslie Lintner, M.A., CFPSS Behavioral Health Specialist (541)888-7509 or (541)435-5417

#### 2018 Youth and Adult Fitness Program Guidelines

Please read the following guidelines carefully, as we have made some changes.

HEALTH & HUMAN SERVICES DIVISION — COMMUNITY HEALTH

CONTACT PERSON for Fitness and N7 Shoes

DeeDee Plaep Health Programs Assistant P.O. Box 2000 Florence, OR 97439 541-997-6685 (office) / 1-866-313-9913 (toll-free) 541-297-5409 (cell) / 541-997-1715 (fax) dplaep@ctclusi.org DIRECTOR INFORMATION:

Health Service Director 1245 Fulton Avenue Coos Bay, OR 97420 541-888-7515 (office) 541-808-8732 (cell) vfaciane@ctclusi.org

PROGRAM TITLE:

YOUTH & ADULT FITNESS

<u>APPLICATION/FORMS REQUIRED</u>: *Registration Required*; separate forms for Adult Fitness and Youth Fitness will need to be completed and returned to DeeDee Plaep.

**SPECIAL CONSIDERATIONS OR RESTRICTIONS**: Payment receipts, invoices are required. Individual funds are restricted to that individual's use only. NOTE: January 1, 2018 thru June 30, 2018 receipts must be turned in for reimbursement by Friday, July 13, 2018; All purchases after July 1, 2018 will be due by Friday, January 11, 2019. 2018 receipts or reimbursement requests will not be accepted after those deadlines.

#### **ADULT FITNESS PROGRAM**:

#### SERVICE(S) PROVIDED:

Covers the cost of fitness center membership and fees with an annual cap of \$500. Weight loss/management programs may qualify up to the \$500 annual benefit; call DeeDee for more information. Equipment benefit for adults is \$250; clothing is not reimbursable, other than sport specific shoes. Benefits are for the individual and may not be combined. Adult participants may use up to \$65 to purchase the new Nike N7 shoes—limit of one pair annually. Adults with risk factors for diabetes may be eligible for a second pair of Nike N7 shoes (free) through the Diabetes grant—fill out the screening tool on the application. Some examples of where fitness funds may be used: athletic clubs, YMCA, tennis clubs, golf clubs, swimming pools. **Note: Benefits may not be used for medical expenses, such as physical therapy.** 

**ELIGIBILITY CRITERIA**: CTCLUSI Tribal members and their non-Tribal member spouses (must be legally married; will be required to submit a copy of marriage certificate if one is not already on file).

#### YOUTH FITNESS PROGRAM:

#### SERVICE(S) PROVIDED:

Covers the cost of organized sports or activities such as softball, baseball, swimming, soccer, karate, gymnastics, etc., with an annual cap of \$300 for youth 5 and younger and \$500 for youth 6 through 17 years of age. Also covers purchases such as fees, clothing and special equipment necessary to participate in chosen sport. The Tribes will pay up to \$300 for equipment necessary to participate in the sport or activity of the Tribal youth's choice. Equipment cost is part of \$300/\$500 annual benefit. The Tribes will also pay the school's "pay to play" participation fee. Funds can also be used at athletic clubs, swimming pools, YMCA, tennis clubs, golf clubs, sports or fitness camps, etc.

**ELIGIBILITY CRITERIA**: CTCLUSI Tribal youth 17 years of age and younger, or Senior in high school.

HHSD Form #CHD 111 (8-29-17)

## Changes to CTCLUSI Fitness Program Effective January 1, 2018

For Adult Program: Clothing will no longer be reimbursable, other than specified shoes. Shoes must be sport specific: cleats, bowling shoes, golf shoes. Running shoes and basketball shoes have the option to be purchased through the NIKE shoe program. If you purchase on your own, you will be limited to \$65, which is equivalent to the NIKE shoe program. Shoes that do not qualify are: cowboy boots, dress shoes, moccasins, and Uggs.

**Equipment**: Equipment must be fitness equipment-related. Examples of equipment that do qualify are: treadmills, stair stepper, bicycles. Examples of equipment that <u>do not</u> qualify are: kayaks, paddles and oars, archery equipment, golf carts, Apple watches.

**Receipts**: Generic receipts will no longer be accepted, unless it has the cancelled check or copy of bank statement attached. Receipts must be legible. A copy of the duplicate check is <u>not</u> acceptable.

Reminder: Children under the age of five (5) receive an annual fitness benefit cap of \$300 for age-appropriate activities such as swimming lessons and tumbling. The equipment benefit for children under 5 years old is limited to items such as age-appropriate tricycles/bicycles or a bicycle carrier/seat which attaches to the parent's bicycle.

#### Effective 2018

Please note, receipts are being held and submitted towards the last month of the year - This creates a burden on the fitness & finance staff. In December, Finance is finishing year-end accounting and adding hundreds of last minute fitness checks can be overwhelming.

Effective immediately, all fitness purchases from January 1 2018 thru June 30 2018 will be due for reimbursement no later than July 13 2018. All purchases after July 1 2018 will be due by January 11, 2019.

## Confederated Tribes of Coos, Lower Umpqua, and Siuslaw TRIBAL SCHOLARSHIP OPPORTUNITIES!!

2018-2019

#### SCHOLARSHIP APPLICATION DEADLINE: May 25, 2018

SCHOLARSHIP APPLICATIONS MUST BE RECEIVED BY THE CTCLUSI EDUCATION DEPARTMENT NO LATER THAN May 25,-2018 BY 5:00 P.M; REGARDLESS OF POSTMARK. ONLY SCHOLARSHIP SUBMISSIONS THAT ARRIVE BY THE DEADLINE WILL BE CONSIDERED FOR THE AWARDS!

ATTENTION PLEASE!! The selected scholarship winner(s) will receive a scholarship. Scholarships are usually \$250.00 to \$500.00 but the amount is contingent on scholarship funds.

Be sure to apply to all because you could win more than one!!!!

## Winners will be announced at the Annual Student Dinner on June 30th, 2018. Scholarship winners will receive a phone call, email or letter informing them of their award if they do not attend the Student Recognition Dinner.

Only students who win will be notified by the Education Department. Their names will be printed in the Tribal Newsletter, and the scholarship will be sent directly to the student.

- 1.) Applicant must be an enrolled member of the Confederated Tribes of Coos, Lower Umpqua, and Siuslaw.
- Scholarship submissions must include the following:
   Cover Page: Include your name, address, phone number, Tribal Enrollment #; and name of CTCLUSI scholarship(s) you are applying for.
   We provide 3 questions for <u>each</u> scholarship. Applicants must choose <u>2 out of the 3 questions</u> that are provided for <u>each</u> specific scholarship, and each essay answer must have a minimum of 250 words.
- 3.) You are encouraged to apply for more than one scholarship.
- 4.) Applicants can be in *any year of higher education* (entering Fall 2018 and beyond).
- 5.) **Do not** place your name on any of the pages of writing, **except for the cover sheet** of the submission. Names are blocked to conceal the identity of the applicant.
- 6.)ApplicationsforScholarshipsmustbereceivedby <u>May 25, 2018, no later than 5P.M.</u> Pacific Standard Time, <u>regardless of postmark</u>. If applications are not in by this deadline time, they will not be considered for the awards.

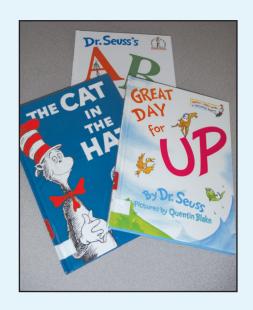
### **Scholarship Opportunities**

- 1.) <u>Pepsi Scholarship</u>: Purpose Recognition of Community Service <u>Answer two</u> questions below in an essay format on separate sheets of paper. Each essay answer must be a minimum of 250 words.
  - 1) Tell us about a time you participated in a community service based event. What value did that event add to the community?
  - 2) The Tribes recently acquired lands through the Western Oregon Tribal Fairness Act lands bill. What kinds of community service based or cultural based facilities and/or activities would you propose for our newly acquired lands?
- 3) If you were asked to plan a community service based event, what event would you plan and what value would it bring to the tribal community?
- 2.) <u>Mitsis Scholarship</u>: Purpose A Hanis Coos word meaning wisdom, knowledge, and learning. <u>Answer two questions below in an essay format on separate sheets of paper. Each essay answer must be a minimum of 250 words.</u>
  - 1) In what way does your knowledge of our tribe's history influence your plans for your future? Please explain why.
  - 2) What tribal activity, cultural tradition, or piece of tribal history would you like to learn more about and how would you apply this knowledge?
  - 3) Tell us about a current or past experience when a small piece of Tribal knowledge was given to you and how it influenced you.
- 3.) <u>Elders Scholarship</u>: Purpose This award is offered by the Tribal Elders. <u>Answer two questions below in an essay format on separate sheets of paper. Each essay answer must be a minimum of 250 words.</u>
  - 1) What Tribal Elder has impacted your life the most and why? How will you take this Elder's philosophy forward in your life to help the tribes?
  - 2) The future of the tribes depends a lot on the younger generation and their willingness to take responsibility for all aspects of helping our people live better lives while learning our culture. What do you think a responsible younger person should do to ensure the continuation of our sovereignty, culture and progress?
  - 3) What do you picture yourself doing in the next 5, 10 & 20 years of your life?

#### **EDUCATION CORNER**

Dr. Seuss' birthday is March 2<sup>nd</sup>. The first Dr. Seuss book was published in 1937 titled - 'And to think I saw it on Mulberry Street'. Come help us celebrate his birthday by reading one or more of his books.

March "BOOK'S OF THE MONTH" are:



## A B C THE CAT IN THE HAT GREAT DAY FOR UP

Come check out your favorite Dr. Seuss book at your local Tribal Library. All his books are located in the *Kid's* 

Corner under EASY F SEU

Please mail CTCLUSI scholarship submissions to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Education Department 1245 Fulton Avenue, Coos Bay, Oregon 97420 You may also Email them to: kporter@ctclusi.org



#### PRESS RELEASE - FOR IMMEDIATE RELEASE

Contacts:

Joni L. Eades, Rentals & Marketing Coordinator - CHM,

Email: rentals@cooshistory.org

Susan Tissot, Executive Director - CHM,

Email: director@cooshistory.org

Phone: (541) 756-6320 Website: www.cooshistory.org

National Museum of the American Indian Presents:

Patriot Nations: Native Americans in Our Nation's Armed Forces Traveling Exhibition features the contributions of Native Americans

Coos History Museum

March 1, 2018 – Opening Ceremony, 4:00 pm to 6:00 pm Exhibit runs March 2, 2018 through April 29, 2018

Native Americans have served in every major U.S. military encounter from the Revolutionary Was to today's conflicts in the Middle East in higher numbers per capita than any other ethnic group. Patriot Nations: Native Americans in Our Nation's Armed Forces reveals the remarkable history of Native American veterans through art, photography, and essay. The 16-panel exhibition documents 250 years of Native peoples' contributions in U.S. military history and remains on view from March 2, 2018 through April 29, 2018, at the Coos History Museum, 1210 North Front Street, in Coos Bay.

Patriot Nations: Native Americans in Our Nation's Armed Forces at the Coos History Museum was produced by the Smithsonian's National Museum of the American Indian. The exhibit will begin with an opening ceremony on Thursday, March 1, 2018, at 4:00pm. The opening ceremony is open to the public and will include an invocation and the Presentation of Colors by the Coquille Indian Tribe and The Confederated Tribes of the Coos, Lower Umpqua and Siuslaw Indians. Light refreshments will be served. The

exhibit will run March 2, 2018 through April 29, 2018, at the Coos History Museum.

"Tens of thousands of Native Americans joined the U.S. armed forces during World Wars I and II," said Herman J. Viola, curator emeritus of the Smithsonian's National Museum of Natural History and curator of "Patriot Nations." "Forty-four thousand Native Americans served in World War II; the entire population of Native Americans was less than 350,000 at the time. They are Purple Heart recipients and Bronze Star medal honorees. Many have been recognized with the Congressional Medal of Honor, the United States' highest military award."

Patriot Nations also calls attention to the creation of the National Native American Veterans Memorial on the grounds of the museum on the National Mall. Congress has charged the museum with building the memorial to give "all Americans the opportunity to learn of the proud and courageous tradition of service of Native Americans in the Armed Forces of the United States." Working together with the National Congress of American Indian, Native American veterans, tribal leaders, historians and cultural experts, the

museum will complete the memorial by Veteran's Day 2020. For more information about the memorial, visit the website at: AmericanIndian.si.edu/NNAVM.

Patriot Nations: Native Americans in Our Nation's Armed Forces was produced by the Smithsonian's National Museum of the American Indian. The exhibition was made possible by the generous support of the San Manuel Band of Mission Indians.

About the National Museum of the American Indian:

The National Museum of the American Indian is committed to advancing knowledge and understanding of the Native cultures of the Western Hemisphere — past, present and future — through partnership with Native people and others. Follow the museum via social media on Facebook, Twitter and Instagram. To learn more about the museum's mission, visit AmericanIndian.si.edu.

About the Coos History Museum:

The Coos History Museum creates a better understanding of life in Coos County and Oregon's South Coast, past and present. The Museum is a 501(c)(3) nonprofit organization and receives no direct government support. The museum is supported by donations, memberships, grants, museum store sales, special event rentals, and legacy/bequest gifts. The Coos History Museum is open Tuesday through Sunday, from 10am to 5pm, with additional evening hours on the First Tuesdays of February to June, and August to December, from 6:00pm to 8:30pm. Second Sunday of each month is a FREE ADMISSION DAY. General admission to the Coos History Museum is free for CHM members, active duty military, and NARM members. The Coos History Museum is a Member of the North American Reciprocal Museum Association, the American Alliance of Museums, and the American Association for State and Local History. The Coos History Museum is located on the waterfront along Highway 101, adjacent to downtown Coos Bay, at 1210 North Front Street, Coos Bay, Oregon. For more information, contact the Coos History Museum at 541-756-6320 or visit the website at www.cooshistory.org.



Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving or Peacegiving Court issues are confidential.



For more information about Peacegiving or Peacegiving Court, please visit the Peacegiving Website or contact the Peacegiving Court Coordinator at the address listed below.

Peacegiving Court Coordinator 1245 Fulton Avenue Coos Bay, OR 97420 PHONE: (541) 888-1306 or (541) 888-1316

PHONE: (541) 888-1306 or (541) 888-1316

EMAIL: Peacegivingcourt@ctclusi.org Website: http://ctclusi.org/peacegiving



## Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians

## Upcoming Events 2018

## March

**March 5<sup>th</sup> -** Parenting Workshop, Eugene, OR 5:30 p.m.

March 7<sup>th</sup> – Statement of Candidacy deadline

**March 8**th – Housing APR comments deadline

March 8<sup>th</sup> – Community Job Fair, TRC Event Center, Florence 10:00 a.m. – 3:00 p.m.

**March 10**<sup>th</sup> – Beaded Collar Class, Springfield Chifin Native Youth Center, 9:00 a.m.

**March 11<sup>th</sup> –** Regular Council Meeting, Community Center, 10:00 a.m.

**March 12**<sup>th</sup> – Applications being accepted for CTCLUSI Summer Student Internships

**March 12<sup>th</sup> -** Parenting Workshop, Eugene, OR 5:30 p.m.

March 16<sup>th</sup> & 17<sup>th</sup> – 22<sup>nd</sup> Annual Oregon Tribal Elders Honor Day, Mill Casino

**March 19**<sup>th</sup> - Parenting Workshop, Eugene, OR 5:30 p.m.

**March 20<sup>th</sup> –** Tribal Family Gathering Dinner, Chen's Family Dish, Florence, OR 6:00 p.m.

March 20<sup>th</sup> – Behavioral Health Education Series, Community Center, 5:30 p.m.

**March 23**<sup>rd</sup> – Ballots will be mailed to registered Tribal voters

March 24<sup>th</sup> - Beaded Collar Class, Springfield Chifin Native Youth Center,

9:00 a.m.

**March 26<sup>th</sup> –** Ladies Self-Care Event: Vision Boards, 5:30 p.m.

March 26<sup>th</sup> – 30<sup>th</sup> – Spring Break Adventure Camp and Day Camp

## April

**April 5<sup>th</sup> –** Elders BBQ Lunch, Hole in the Wale BBQ, Springfield, 11:30 a.m.

**April 7<sup>th</sup> -** Beaded Collar Class, Springfield Chifin Native Youth Center,

9:00 a.m.

April 8<sup>th</sup> – Regular Council Meeting, CC 10:00 a.m., General Council Meeting, 1:00 p.m.

**April 8**<sup>th</sup> – Tribal Council Election

**April 8th –** Tribal Family Gathering Lunch, Community Center, 11:00 a.m. – 1:00 p.m.

**April 20**<sup>th</sup> **– 22**<sup>nd</sup> **–** Healing of the Canoe weekend workshop

April 21st
- Beaded
Collar
Class,
Springfield
Chifin
Native
Youth
Center,
9:00 a.m.

April 22<sup>nd</sup>
– Clam
Dig, 10
a.m., meet
at Tribal
Hall at 9
a.m.

## May

**May 4**th – Deadline to apply for Summer Student Internships

**May 4<sup>th</sup> – 6<sup>th</sup> –** Healing of the Canoe weekend workshop

May 18<sup>th</sup> – 20<sup>th</sup> – Healing of the Canoe weekend workshop

**May 20<sup>th</sup> –** Regular Council Meeting, Community Center, 10:00 a.m.

**May 25**th – CTCLUSI Scholarship Applications due by 5:00 p.m.

Save the Dates

**Elders Honor Day** 

March 16 & 17, 2018

**Tribal Election Day** 

April 8, 2018



## **Student Internships**

The CTCLUSI Student Intern is a <u>paid internship</u> with the goal to assist current College Students in supplementing their work and education experience based work experience along with their needs, desires and interests.

#### Minimum Requirements:

- Must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
- Must be an Enrolled Full-Time Student (Sophomore status or above) OR recent graduate (within 6 months) in/from any Accredited College including on-line schools (NOTE: Students may qualify even if they are not on a Tribal educational stipend)
- Must have verifiable transcripts that show a current GPA of 2.0 can be obtained from your college's registrars or campus placement office.
- This position is subject to pre-employment drug testing and criminal history background check which may include fingerprinting.

#### Online Applications will be taken starting March 12, 2018.

Tribal Members will need to www.ctclusi.org to apply. Go to Tribal Government/Job Opportunities and click on the CTCLUSI Tribal Member link.

Deadline to apply is May 4, 2018

FOR ADDITIONAL INFORMATION OR OTHER OPPORTUNITIES,

PLEASE CONTACT

STEPHANIE WATKINS AT 541-902-3817 OR PAM HICKSON AT 541-902-3821

TH = Tribal Hall

CC = Community Center

TRC = Three Rivers Casino

## March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5 Parenting Workshop Eugene 5:30 p.m.	6	7 Statement of Candidacy deadline	Housing APR comments deadline Community Job Fair, TRC 10 a.m.	9	10 Beaded Collar Class, Springfield 9:00 a.m.
Council Meeting CC, 10:00 a.m.	Parenting Workshop Eugene 5:30 p.m.	13	14	15	16 Elders Honor Day, Mill Casino	17 Elders Honor Day, Mill Casino
18	Parenting Workshop Eugene 5:30 p.m.	20 Tribal Family Gathering, Florence	21	22	23	24 Beaded Collar Class, Springfield 9:00 a.m.
25	26 Ladies Self Care, CC 5:30 p.m.	27 Spring Break	<b>28</b> Adventure Camp ar	d Day Camp —	30	31

## April 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 Elders BBQ Luncheon	6	7 Beaded Collar Class, Springfield 9:00 a.m.
Tribal Council Election Day Council Meeting, CC 10:00 a.m. General Council Meeting, CC		10	11	12	13	14
1:00 p.m. Tribal Family Gathering Lunch, CC 11 a.m.	16	17	18	19	20 HOC Weekend Workshop	21 Beaded Collar Class, Springfield 9:00 a.m. HOC Weekend Workshop
HOC Weekend Workshop Clam Dig, TH 9 a.m.	23	24	25	26	27	28
29	30					

## May 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 Deadline to apply for summer student internships HOC Weekend Workshop	5 HOC Weekend Workshop
6 HOC Weekend Workshop		8	9	10	11	12
Mothers Day	14	15	16	17	18 HOC Weekend Workshop	HOC Weekend Workshop
20 Council Meeting, CC 10:00 a.m. HOC Weekend Workshop	21	22	23	24	25 CTCLUSI Scholarship Applications due by 5:00 p.m.	26
27	28	29	30	31		



## BONFIRE

A NEW DINING EXPERIENCE





STARTING MARCH 11 | 5PM-10PM CALL 541-902-6619 TO MAKE YOUR RESERVATION TODAY

THREE RIVERS CASINO | 5647 HWY 126, FLORENCE, OR | 1-877-374-8377

#### **Beaded Collar Classes**

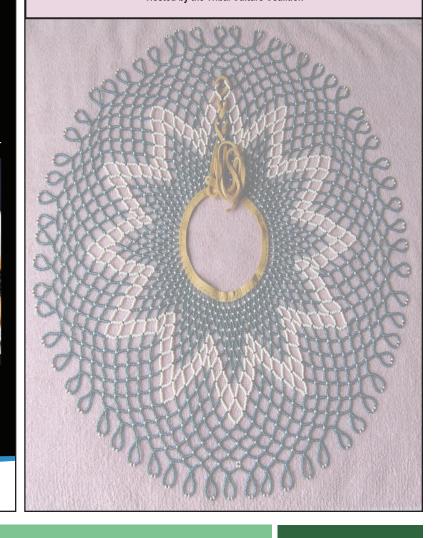
Instructed by Sue Olson

Location: Springfield at the Chifin Native Youth Center, 1084 G Street

Dates: March 10, March 24, April 7, & April 21 from 9:00am to 2:00pm

Class size is limited, please RSVP by March 1st to Heidi Helms at 541-297-7538 or hhelms@ctclusi.org

Hosted by the Tribal Culture Coalition



#### LIHEAP Low-Income Home Energy Assistance Program

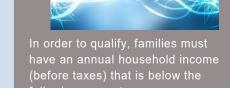
Make an appointment for LIHEAP with:

#### Coos Bay Office: Meagan Davenport

(541) 888-1311

Springfield Office: Shayne Platz (541) 744-1334





LIHEAP is a federally funded program that assists with home energy bills, energy crises, and weatherization. LIHEAP assists families not only in winter to heat homes but also with cooling needs in summer. The program is based on income and family size. To qualify, you must reside in the 5-county service area of Coos, Curry, Douglas, Lane, and Lincoln Counties.

#### NOTE:

If you think you may be qualified, please call Family Services for more information and to apply. We can help with your questions, such as, what counts as income and what documentation you need to apply. Income limits change each year, so you may qualify now even if you did not in the past.

Household Size	Yearly Gross Income
1	\$23,095
2	\$30,201
3	\$37,307
4	\$44,413
5	\$51,519
6	\$58,625

Documents needed to apply: Proof of income, SSI/SSDI Statements, Child Support Statement, I.D.s, Tribal Enrollment Cards, Social Security Cards, Oregon Trail Card, and Current Utility Bill

Sponsored by CTCLUSI Health & Human Services Division Family Services - LIHEAP Program

#### PARENTING WORKSHOP

PRESENTED BY CTCLUSI FAMILY SERVICES DEPARTMENT IN COLLABORATION

WITH

**DHS & CONFEDERATED TRIBES OF SILETZ** 



Childcare & Meals Will Be Provided

**Please RSVP with Shayne Platz by** Wednesday, February 21, 2018

By phone: 541-744-1334

By email: <a href="mailto:splatz@ctclusi.org">splatz@ctclusi.org</a>

When: **Mondays-**February 26 March 5 March 12 March 19

Time: 5:30-7:30pm

**Location:** 1899 Willamette St, Eugene, OR 97401.





## Spring Training Tips For Better Workplace Results

Contributed by Mike Smith, Tribal Benefits Specialist - Contact me at 541.902.3819 or at msmith@ctclusihr.org

Spring training isn't just for athletes. It's also a great time for employees and job-seekers to brush up on their professional education and take on new skills for the year. If you're interested in a little "spring workplace training", here are some helpful tips courtesy of the American Management Association:

#### **Check Your Digital Stats**

Athletes aren't supposed to dwell on their stats. But for employees who are looking for career advancement, you'd better check what your "digital stats" look like. Is your LinkedIn profile consistent with your resume? Do you use social media only for business, and if not, do you have the proper privacy settings turned on? Are you tweeting or posting too much throughout the workday? Your digital presence should be a projection of your professional image – not a reflection of your college years.

#### **Practice Makes Perfect**

Like athletes, employees need to continuously improve their

existing skill set to stay ahead of the game. If you're constantly getting better, you can bet your competition is. There are numerous resources out there, such as seminars, webcasts, and whitepapers that can help an employee take steps forward. Setting a goal helps too. Pick a skill you'd like to focus on—maybe its team project management, leadership, or public speaking—and set a date to check your progress.

#### Clean Up the Uniform

It's widely known that you should brush up on your appearance before an interview, but this tip is not just for job seekers. Acceptable business attire has gone through several iterations over the past few years. During the boom, things got very casual. In the recession, everyone got down to business. Check your own workday wardrobe and how it compares to your colleagues as well as your supervisor. Make sure you are current and then some. "Dress to impress" is an old adage, but the advice still rings true today if you aspire to move up in the organization.

## What's Your Best Pitch?

You're on the short list for a promotion and now you're ready to make vour case. What's your best pitch? Practice an elevator speech that helps understand employers exactly why they should put you in the lineup. What are your strengths? Your skills? Your personal traits that will ensure your success. Remind them of the steps you've taken to improve your performance.

In short, demonstrate how you can add even more value to the team.

#### **Strategize Your Game Plan**

You may have your sights on your next job, but what's your five-year game plan? Do you know where you want to be in 10, 15, or even 20 years? Plan ahead. What skills do you need in order to for the position you desire? What education, training and experience do others in similar roles have? Investigate what it takes to move up through the ranks and strategize how to get there. Once you know where you're headed, or to help figure that out, contact Human Resources and see how we can assist you in reaching your goals!

Content taken from "Spring training tips for better workplace results" by Darah Hansen © 2018 Postmedia Network Inc.



#### **MEET WITH REPRESENTATIVES FROM OUR PARTICIPATING COMPANIES:**

THREE RIVERS CASINO RESORT/CONFEDERATED TRIBES OF COOS, LOWER UMPQUA AND SIUSLAW INDIANS • AVON BY KYM • BI-MART CORPORATION • CITY OF FLORENCE • FIRST COMMUNITY CREDIT UNION • FRED MEYER • HECETA LIGHTHOUSE BED & BREAKFAST/ ONA RESTAURANT & LOUNGE • IITR TRUCK SCHOOL JOB CORPS • JUICE PLUS • LANE COMMUNITY COLLEGE FLORENCE CENTER • LANE COUNTY GOVERNMENT MAY TRUCKING COMPANY • NEW HORIZONS IN HOME CARE • NORTHWEST REFLECTIONS MEMORY CARE NW YOUTH CORPS • OREGON ARMY NATIONAL GUARD • OREGON COAST COMMUNITY ACTION • OREGON COAST CULINARY INSTITUTE • OREGON DEPARTMENT OF TRANSPORTATION • OREGON HOME CARE COMMISSION • OREGON PACIFIC BANK • OREGON YOUTH AUTHORITY • PEACE HEATH PEACE HARBOR MEDICAL CENTER • PINK ZEBRA • SAFEWAY • SAND DUNES FRONTIER • SHANGRI-LA • SHOREWOOD SENIOR LIVING • SIUSLAW FIRE DISTRICT • SIUSLAW PUBLIC LIBRARY DISTRICT • SIUSLAW SCHOOL DISTRICT • SOUTHWESTERN OREGON COMMUNITY COLLEGE • SPRUCE POINT ASSISTED LIVING & MEMORY CARE • THE SIUSLAW NEWS • TOP HYDRAULICS • US ACTIVE ARMY RECRUITING • US COAST GUARD • VACASA • WESTERN LANE AMBULANCE • WORKSOURCE LANE (EMPLOYMENT DEPT)