Beginning the New Year with a Message from Tribal Council

Dai, Niishanax,
Hello Tribal Members. I hope you had a
time to celebrate your family during
these holidays and were able
to welcome in the New Year.
As the days seem to be
moving faster and faster,
many families this
season had a very
difficult time due to
many variables –
loss being one of
them. While I am
also getting ready
to endure this
myself, I want you
all to know that
the Tribal Council
cares about each and
eyour one of
our Tribal Members.
Tribal Members living,
but also our ancestors
who have gone on to the
Spirit World. While decisions
or reports might not reflect these
feelings, we as Tribal Council are
tasked with leading our Tribes into the
future, a future that is unknown and uncharted
during this unprecedented time.
Tribal Council has been working very hard during these past
few months especially most recently in regards to the relief funds.
Much appreciation goes out to all the staff that made this process
happen for our Tribal Members. While COVID-19 has taken and
shaken our world, as a Tribe we are working towards making this
world the best we can for our people. We, as Tribal Council must
not only think about things now, but for 7 generations ahead.
Chair Bossley reminded me during a meeting that we must
vote from our hearts, and ultimately do the best we can for our
people. While being on Tribal Council, we do not always agree,
however we are able to listen to each other’s
viewpoints, and respectively carryout
hard conversations to make even
darker decisions. At the end of
the day, without our Tribal
Members, we would not
have our Tribes. We
all have our special
expertise, and need
to continue to listen
with an open mind
and heart – no
matter who the
audience may be.
A few meetings
I would like
to share from
this past month
include Oregon
State University
Consultation with
Tribal Council, Elliot
State Forest, EPA/OHA/
Merkley’s staff – Tenmile
Lakes Water Quality & Tenmile
Lakes Basin Partnership meeting
, and the Sapsik’wala Advisory Council
Virtual Luncheon.
Oregon State University’s President Alexander
was recently elected to be the school’s 15th President. We
exchanged introductions, and then President King began the
meeting with a Land Acknowledgement. Oregon State Department
of Education in partnership with Oregon Indian Education are
looking to bridge the silent communication between the State
and Tribes in regards to Tribal Consultation. We had a very good
conversation about what Oregon State University’s goals are in
regards to students, but more what they are looking to offer Native
students to strengthen student retention. The sense of community
and family was discussed along with goals from CTCLUSI
Education Department, conversation about the Elliott State

*Article continues on page 4 Council Corner*
**Tribal Council Business**


<table>
<thead>
<tr>
<th>Date</th>
<th>Meeting Description</th>
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<tbody>
<tr>
<td>11/8</td>
<td>Budget Meeting</td>
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<td>Tribal Council Meeting</td>
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<td>11/9</td>
<td>Sea Advisary Council Meeting</td>
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<td>11/10</td>
<td>DEQ Consultation</td>
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<td>11/11</td>
<td>Assessment discussion for public health</td>
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<td>11/12</td>
<td>Dial Peter DeFazio</td>
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<td>11/12</td>
<td>Culture Committee</td>
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<td>11/12</td>
<td>Meeting w/Debbie Hol Mapeseti</td>
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<tr>
<td>11/14</td>
<td>Performe Marriage at Gregory Point for Public Health</td>
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<tr>
<td>11/17</td>
<td>Leader’s Circle</td>
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<tr>
<td>11/18</td>
<td>Budget Meeting</td>
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<tr>
<td>11/19</td>
<td>Special Meeting</td>
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<tr>
<td>11/20</td>
<td>Community Meeting of the Oregon Coast District</td>
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<td>11/24</td>
<td>GFORB</td>
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<tr>
<td>11/24</td>
<td>Business Meeting</td>
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<tr>
<td>11/24</td>
<td>CTCLUSI vacant CEO Position: discussion</td>
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<tr>
<td>11/24</td>
<td>Governor’s Address</td>
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<tr>
<td>11/30</td>
<td>GFORB</td>
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<tr>
<td>11/30</td>
<td>Special Council Meeting</td>
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<td>11/17</td>
<td>Leader’s Circle</td>
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<tr>
<td>11/17</td>
<td>Education Committee Meeting</td>
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<tr>
<td>11/19</td>
<td>Leader’s Circle</td>
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<tr>
<td>11/19</td>
<td>SHPO/NPS Consultation</td>
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<tr>
<td>11/21</td>
<td>Business Meeting</td>
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<tr>
<td>11/24</td>
<td>Special Meeting</td>
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<tr>
<td>11/24</td>
<td>Energy Justice Leadership Institute (EJLI) workshop</td>
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<tr>
<td>12/03</td>
<td>Government Meeting of the Oregon Coast District</td>
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<tr>
<td>12/03</td>
<td>Tribal Council Meeting</td>
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<tr>
<td>12/03</td>
<td>Special Meeting</td>
</tr>
<tr>
<td>12/03</td>
<td>OCEAN BOD meeting</td>
</tr>
</tbody>
</table>

**Doug Barrett:**

- 11/8: Budget Hearing / Tribal Council Meeting
- 11/9: Virtual Talking Circle / Tribal consultation toll kit
- 11/10: DEQ Consultation
- 11/12: Culture Committee meeting
- 11/12: DeFazio thank you event, Leaders Circle
- 12/1: Budget meeting #6 / Virtual Tribal Council meeting - Chief
- 12/1: EPA Special meeting - refinance
- 12/1: Budget meeting #6 / Virtual Tribal Council meeting - Leaders Circle
- 12/1: GFORB Special meeting / Tribal Council Special meeting / Leaders Circle
- 12/1: Language class / Leaders Circle
- 12/3: Tribal Council discussion & lunch
- 12/7: Virtual Native Talking Circles – staying connected in challenging times
- 12/8: Leaders Circle – Blue Earth budget
- 12/10: Tribal to Tribal Coordination call – BIA / Leaders Circle
- 12/11: Tribal Council meeting - Native Wellness Power Hour + event
- 12/13: Tribal Council special meeting / Leaders Circle

**Enna Helms:**

- 11/8: Budget Hearing: Regular Tribal Council Meeting
- 11/9: Bureau of Indian Education: Special Tribal Council Meeting
- 11/10: Tribal Council Leaders Circle Meeting: DEQ consultation
- 11/12: DeFazio Event, Tribal Consultation regarding Revision of State Rules for National Indian Council Leaders Circle
- 11/13: Mapeseti meeting / Language class
- 12/1: Tribal Council Leaders Circle Meeting / Leaders Circle
- 12/4: Tribal Council Workshop
- 12/8: Tribal Council Leaders Circle Meeting
- 12/9: Virtual Native Talking Circles – staying connected in challenging times
- 12/10: GFORB / Tribal Council Business meeting
- 12/10: Tribe to Tribe Coordination call – BIA / Leaders Circle
- 12/11: Governor’s Address at Seattle – foliage / Native Wellness Power Hour + event
- 12/13: Tribal Council regular meeting

**Total Hours:** 148 & Emails
ATTENTION VETERANS AND FAMILIES

February Education Activities (see pg. 17)

Virtual Culture Activity:

February 3rd – Literature Night (elementary students) 6:00 p.m.
February 3rd – Financial Aid Night 7:15 p.m.
February 17th – Literature Night (middle school students) 6:00 p.m.
February 17th – Financial Aid Night 7:15 p.m.

Virtual Language Classes (10 Week Winter Series) dates and zoom link available online in the citizen portal. Class dates on the online calendar. See pg. 11 for class schedule.

Check out our online Events Calendar at https://ctclusi.org/events/
Council Corner continued from cover page...

Forest, and both sides were pleased with the conversation and future collaboration with OSU. We appreciate Chief Warren Brainard’s efforts to keep the Tribes at the table with the Elliott State Forest. With continued interest from many parties on the vast forest (our ancestral lands), we are appreciative of this opportunity.

We had a meeting with EPA/OHA/Merkley’s staff in regards to Tenmile Lakes Water Quality & Tenmile Lakes Basin Partnership. While this was not the first time I have seen John Schaefer’s presentation on the horrific algae blooms, I do find though, that his presentation really depicts the truth for all to see. We appreciate DNR’s continued support in this tragic situation. Chief Slyter shared stories and Tribal Council spoke meaningful comments to the audience. We know that Tenmile, along with many other projects are an ongoing balancing act for many collaborated efforts by our Administration.

During the Sapsikʷałá Advisory Council Virtual Luncheon, students who are earning their Master’s or Doctoral degrees exhibited their work and presented their initial findings as well as highlighted achievements from their first quarter in the program. Towards the end of the presentations, one student had a difficult time with technology. We know that she is not alone with technology issues and people are feeling alienated and defeated. I shared with her that it was ok to acknowledge those feelings of anger, sadness and frustration, however it was not ok to dwell on them. Keep focused eyes on the good things that are happening no matter how small they are. Keep putting one foot in front of the other. As I was sharing this with her, I couldn’t help but think or believe more that this message is meant for us all.

As we continue to endure a pandemic that is crippling many things across our nation and on our homelands, we must continue to put one foot in front of the other. To stumble is human, but to quit is not our way! Please stay well and be safe as we move through the winter months.

His h’ayach (with a good heart)
- Councilman Josh Davies

Can You Find Me?

In this edition of The Voice of CLUSI there is a hidden BOOK like the one pictured below (it could be any size and on any page).

If you find it, email mgaines@ctclusi.org to have your name entered into a prize drawing. In your email you must include your name, age, address (for mailing purposes) and contact phone number. In your email you must also let us know what page and where on the page you spotted the book hiding! Must email by January 15th to be included in the raffle drawing.

Winner will be notified by phone or email and their name and prize description will appear in an upcoming edition of the Voice of CLUSI paper. This month’s contest sponsored by the Education Department.

Winners of the December 2020 edition Sturgeon Search:
Adult: Gavin Howlett
Youth: Melody Michael

December raffle drawing winners received a sweatshirt from the Department of Natural Resources and Culture.

Electronic Payment Program

Effective 2021, CTCLUSI Finance department AP team is implementing an electronic payment program. If you wish to receive your payments as direct deposit to your bank account, please provide your bank account information requested in the secure electronic form (see the link below) to the CTCLUSI AP team.

https://laserfiche.ctclusi.org/Forms/EFT-Form

This form can also be found on the Tribal website at https://ctclusi.org/finance-department/

Any Questions?
Email AP@ctclusi.org
Call: Denise Driskill, (541) 888-7534 or Denise Layton, (541) 888-7301

LIHEAP

Low Income Home Energy Assistance Program

The Health and Family Support Services Department is offering Heating for qualifying low income households. To receive heating assistance contact the Health and Family Support Services Department or fill out an application on the CTCLUSI website at https://ctclusi.org/family-services. Eligible households must reside in the five county service area of Coos, Curry, Lincoln, Douglas, and Lane, and fall into 60% of the Estimated Oregon State Median Income as listed below. To qualify, your yearly income needs to be at or below the following income:

<table>
<thead>
<tr>
<th>Income</th>
<th>Amount</th>
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<tbody>
<tr>
<td>1 Person Family</td>
<td>$27,805</td>
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<td>2 Person Family</td>
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<td>4 Person Family</td>
<td>$53,472</td>
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<tr>
<td>5 Person Family</td>
<td>$62,028</td>
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<tr>
<td>6 Person Family</td>
<td>$70,583</td>
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</table>

In order for your application to be processed and determine qualification you must provide:

- Proof of Income (Pay Stub)
- Social Security Card
- Copy of your utility bill
- SSI or SSDI Statement of Benefits
- Tribal Enrollment Card
- Child Support Statement
- Oregon Trail Card
- Current Oregon Health Plan Card

No appointment is necessary as Tribal Households can fill out the application online at https://laserfiche.ctclusi.org/Forms/LIHEAP, or you contact a Family Support Services staff to assist you. The general CTCLUSI Family Support Services Department number is 541-888-6169. If you have any questions regarding the LIHEAP program, you can also contact Shaye Platz at 541-297-3450.

*Note that available funding can be subject to change.

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The 2020 Census Campaign Efforts Paid Off

Contributed by Jeannie McNeil, Enrollment Coordinator

The Tribe began in October of 2019, with training and gathering information about the importance of the US 2020 Census, it was with the full support of Tribal Council to invest time and money to ensure that each Native American be counted.

The US Census takes place only every 10 years, the data captured in 2020 will affect the Tribe and Native Americans for the next 10 years. Federally Recognized Tribes received a large portion of funding from State and Federal programs. These funding sources, applied for, and awarded as Grants. The funding awarded is usually in direct proportions with our population. Many departments within the Tribal Government use these funding sources to provide much needed services to its membership. In addition, these funds are used to assist our growth in many areas, to name a few: Culture, Language, Infrastructure and Roadways, Economic Endeavors and Housing.

Both Federal and State funding is allocated each year, and those appropriations to Tribes are determined by US Census data. When our numbers of Native Americans, such as in 2010, were severely undercounted it led to less funding allocated to Native people Nationwide.

For the Enrollment Department, we look at US Censuses going back many decades. For family research and to assist in Enrollment of new members we use a 1940 Tribal Census Roll each month.

Early in 2020, we had many outreach efforts scheduled to take place during various events the Tribe hosts each year. However, due to outbreak of the COVID-19 Pandemic it halted all gatherings of our Tribal Community and we were unable to do this in-person form of education and assistance.

The Tribe established a Complete Count Committee: members included Mark Petrie, Tribal Council Vice-Chair, Iliana Montiel, Tribal Council and Assistance Health Director, Morgan Gaines, Tribal Member and Communication Specialist and Andrew Brainard, Tribal Members and Outreach Coordinator. These members met with me and shared ideas on how to move our campaign forward, to develop appropriate educational materials and guide our ever changing outreach during these difficult times.

We opted to reach out to the membership by all other means possible. Morgan Gaines created website content and Newsletter information each month. Flyers were created and mailings were done each month with gifting and drawings to those who responded. Several Tribal members, through social distancing and mask wearing, agreed to bead beautiful necklaces that were able to be included in the gifting. By late 2020, we received a tremendous response from the Tribal membership and the Confederated Tribes of Coos Lower Umpqua and Siuslaw led in response rate in the nine Tribes of Oregon.

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We also had substantial efforts made to educate all the Tribal Government staff, as many of our employees are Natives from other Tribes. We offered gifting and drawings and information through all means possible.

We asked all the Tribal Members and staff to participate and shared our message of importance of the US 2020 Census. We contacted you by mail, phone, and email several times. I want to thank each of you for your time in reading all the information sent and shared, taking our calls and responding by postcards, letting us know who took part, and how you participated in the US 2020 Census and how vital it is to be sure your family members were counted to assist with future generations.

Council Chair Debbie Bossley pictured above helping send out gifts for participants in the 2020 census.

Keep calm! Most cases of COVID-19 do not require direct medical care.

WHAT IF YOU GET SICK?

Call your doctor if you do not have a doctor, call your state or local health department. Those phone numbers can be found on the CDC website.

Stay home, except to get urgent care or to go to the emergency room unless your symptoms are serious.* If you are over the age of 65 and have an underlying medical condition... Close monitoring of your blood sugar levels... COVID-19 can make blood sugar levels more challenging to manage.

Average symptoms as you normally would, but be ready to call someone to help or get back to the hospital. COVID-19 can affect your heart and blood vessels.

If you take insulin or other diabetes medications, make sure your provider does so.

Stay hydrated with fluids to feel better and recover faster. Avoid contact with others until you get your doctor’s okay.

ENROLLMENT DEPARTMENT NEWS
REQUEST A NEW TRIBAL ID CARD ONLINE!

Visit www.ctclusi.org and go to Enrollment.

Fill out the new form online, upload a new photo and your card will be mailed to you in 7-10 days.

You must verify your mailing and physical address and list a phone number in case I need to contact you for additional verification over the phone.

Questions?

Email Jeannie McNeil at jmcnell@ctclusi.org

Visit www.ctclusi.org and go to Enrollment.

Fill out the new form online, upload a new photo and your card will be mailed to you in 7-10 days.

You must verify your mailing and physical address and list a phone number in case I need to contact you for additional verification over the phone.

Questions?

Email Jeannie McNeil at jmcnell@ctclusi.org
**A Warming Bone Broth Recipe from the Culture and Natural Resources Department**

Contributed by Courtney Krossman, Archaeology/Ntlaxam Technician

**Bone Broth Recipes**

This recipe can be used with your leftover turkey carcass of ham bone from the holidays or bone marrow that you have purchased from the grocery store. You can also utilize bones that you have harvested yourself (e.g. deer, elk, etc…). Bone Broth is rich in iron, vitamins A and K, fatty acids, selenium, and zinc.

**For Turkey or Chicken Broth**

Ingredients:
- Turkey/Chicken Carcass
- Celery
- Garlic
- Onion
- Water
- Bay Leaves
- Rosemary
- Peppercorns
- Thyme
- Parsley
- Dried Calendula Flowers

Instructions: After removing all of the meat from the carcass, put in a large pot and cover completely with water. I like to add spices and aromatic vegetables to my broth to add extra flavor and nutrients, but you can add whatever aromatics you would like to your recipe. Once the carcass, vegetables of choice, and herbs are covered completely with water, bring your pot to a boil. Once boiling reduce to a simmer and cover. Let your broth cook for about 10-24 hours. Let the broth cool completely. Once cool, strain your broth through a colander or cheese cloth into another bowl. Separate your broth into smaller freezer safe containers and store in your freezer for future use.

**Beef Bone Broth**

Preheat oven to 400 degrees. Lightly coat beef marrow bones with tomato paste and roast in the oven for about 10 minutes or until the bones look golden brown. Transfer the bones to a pot and repeat the same process that is listed above for the Turkey/Chicken recipe. This broth can be used in soups or to drink plain. Enjoy!

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**Virtual Cultural Activities**

Visit the Tribal website at www.ctclusi.org and login. In the new Citizen Portal you will find a tab for Virtual Culture Zoom classes. The Zoom link to live classes will be posted here as well as all the previously recorded zoom classes.

Did you miss any December classes? You can still go watch and enjoy online!

**Monday activities are geared towards Adults, and Wednesday activities are geared for Youth.**

Materials for Wednesday classes can only be provided to youth at this time.

Contact Ashley Russell at arussell@ctclusi.org for materials while supplies last.

Need help registering for the website? Contact Morgan Gaines mgaines@ctclusi.org (541) 808-7918

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**Watch Previously Recorded Virtual Cultural Activities Online**

Photos provided by Courtney Krossman
Tribal Forest Land Updates

Contributed by Steve Andringa, CTCLUSI Forest Lands Manager

Coos Head (Xitlxaldich – meaning the place of dim light becoming daylight) is an important parcel conveyed to CTCLUSI under the Western Oregon Tribal Fairness Act. This 47-acre tract is located one-half mile northwest of Charleston, Oregon on the uplands above Bastendorff Beach. It is immediately adjacent to the former Coos Head Naval Facility that the Tribes regained in 2005.

The tract is dominated by 100-year-old Sitka Spruce stands accounting for 2/3 of the timber by volume. The understory vegetation is dominated by Evergreen Huckleberry, with lesser amounts of Red Huckleberry, Rhododendron, Salmonberry, as well as ferns and grasses. The site is not well suited for growing commercial timber as a result of shallow soils immediately adjacent to the wind and salt spray of the coast. The upper plateau areas along the breaks provides for spectacular coastal views.

A dominant portion of this bluff and surrounding land is owned by the CTCLUSI. Prior to Tribal ownership, the central parcel was a federal military site beginning in 1875 and last managed by the Air National Guard until the transfer. The bluffs overlook the North Spit and an expansive sandy beach to the south. Prior to federal ownership, this area was used as a viewpoint for the Coos people. The area is associated with the conclusion of the Orca Story and was likely used as a ceremonial location. Below the bluff is a cave, or Xitlxaldich (this word translates to “Tunnel Point” referring to the dim light in the tunnel). To date, no archaeological sites have been found at Coos Head, presumably due to the history of extensive site disturbance and development by the US Army and Navy and the Oregon National Guard.

Access to the tract is easy from the county maintained road systems including Coos Head Road and Coos Head Loop. Because of its easy access and relatively remote area, it is subject to occasional use by transients evident by makeshift housing and garbage. This area is not suited well for timber production and would more likely be incorporated into future planned redevelopment of the former Naval facility.

VIRTUAL LANGUAGE CLASSES
10 WEEKS - WINTER 2021

<table>
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<tr>
<th>MILUK</th>
<th>HANIS</th>
<th>SHA’YUUSHTL’A-QUUIICH</th>
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<tbody>
<tr>
<td>MONDAYS</td>
<td>WEDNESDAYS</td>
<td>FRIDAYS</td>
</tr>
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<td>3:00-5:00 pm</td>
<td>3:00-5:00 pm</td>
<td>3:00-5:00 pm</td>
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<tr>
<td>Jan 4, 2021</td>
<td>Jan 6, 2021</td>
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Please sign up with Enna Helms at ehelms@ctclusi.org or By Cell Phone at (541) 297-7538

Join Zoom Meeting
https://zoom.us/j/97494890410?pwd=cEJSQ1IhU0Z2d0d3NkRERTVzZl1FxUT09
Meeting ID: 974 9489 0410
Passcode: 495803
Purchased/Referred Care Applications Due January 31, 2021

Purchased/Referred Care letter to Tribal membership in the five county service area, December 14, 2020

Dear Tribal Member:

We are now accepting applications for the Purchased/Referred Care (PRC) program for FY2021. You must submit a new application each year for each PRC-eligible Tribal member in your household. This year, the deadline for applications is Friday, January 31, 2021. Failure to submit an application for the program will result in denial of eligibility for the PRC program.

There are multiple ways for you to submit your application:

• You can apply online at www.ctclusi.org. You will see a link at the bottom of the home page that will take you to the online form (or look under Member Services, Purchased and Referred Care). You must complete a separate form for each PRC-eligible family member. The form includes a button that will allow you to upload pictures/scans of your insurance card(s). The process takes around 10 minutes for each application.

• Due to the pandemic, our Tribal offices (Coos Bay, Florence, and Eugene) are currently closed to the public; however, staff are available by phone. You may contact your local Community Health Aide (CHA) if you need assistance completing your application over the phone or to schedule an appointment to drop off any new documentation. You may also text any new documents to 1-541-808-5015.

• Call PRC at (541) 888-4873 or (800) 227-0392 to have a hard-copy application mailed to you. You can also send an e-mail request for an application packet to prc@ctclusi.org. If requesting a hard-copy packet, you will need to tell us how many PRC-eligible Tribal members are in your household so we can mail the correct number of applications.

If you are new/returning to the Service Delivery Area (SDA), or if you have moved since your last application, you must send documentation of residency [a minimum of three (3) items are required]. Acceptable documents include:

1. Copy of your Oregon driver’s license or State ID with your current physical address;
2. Rental agreement or mortgage document for your permanent residence;
3. Utility or phone bill (landline only) addressed to you at your current physical address; and/or
4. Employment letter (if moving into the SDA from outside).

We apologize, but we cannot accept cell phone bills, non-utility bills, or personal mail as proof of residence. Please also be aware that if you are moving into the SDA, there is a 90-day waiting period before you become eligible for PRC services – contact PRC as soon as possible to submit your application.

If you are PRC-eligible and you leave the SDA to attend school as a full-time student, you remain eligible for PRC so long as you are in school. You retain eligibility for 180 days after leaving school (or dropping from full-time status) if you do not return to the SDA. School includes boarding school, college, and vocational/technical education.

We are required by Federal law to ensure that Tribal members apply for any alternate resources for which they are eligible. To meet this requirement, if you do not have other insurance and/or Medicare you must either provide proof of income (paystubs, W-2, etc.) or you must apply to the Oregon Health Plan (OHP) and submit proof of denial. All information you provide to us is kept confidential and is used only to help determine eligibility for alternate resources. Our PRC staff are Certified Application Counselors. They are available to help you apply for OHP or any other alternate resource, including Medicare plans. Call PRC to schedule an appointment if you need help in applying. Once you become eligible for an alternate resource, you must continue to maintain coverage until you are no longer eligible. Failure to apply for and/or maintain coverage for an alternate resource is cause for denial of PRC eligibility.

Under Federal law, the PRC program is the payer of last resort. All other sources of coverage (private insurance, Medicare, Medicaid, veteran’s benefits, etc.) must be billed before PRC can pay.

Purchasing/Referred Care Application Deadline is Friday, January 31, 2021. Failure to submit an application for the program will result in denial of eligibility for the PRC program.

Go to www.ctclusi.org and scroll to the bottom of the homepage for the link to fill out your application online.

You are not required to purchase private insurance. You are required, however, to provide PRC with information on all other sources of medical/dental/pharmacy coverage you have, including private insurance plans. You are also required to notify PRC immediately of any changes in your coverage for any medical/dental/pharmacy benefits.

PRC services are a limited resource, are subject to availability of funding from Congress, and are based on established Medical Priorities of Care. You must call to get a Purchase Order (PO) at least 48 hours before your scheduled appointment. Although the Tribal offices are closed, staff is still working and you may need to leave a message to get a PO. If you do not call prior to your appointment, your claims will be denied. When calling for a PO, you must tell us the name of the provider you are seeing, the date of the appointment, and the reason for the visit. You will not receive a PO if the purpose of the visit does not meet Medical Priorities (or the care may be deferred until the end of the fiscal year, subject to availability of remaining funds).

Payment will be denied for any care you receive that does not meet Medical Priorities and you will be responsible for paying the provider. Therefore, it is important that you provide us with accurate information when requesting a PO. Payment will also be denied if you fail to get a PO before receiving medical care. If you seek emergency medical care, you have 72 hours (30 days for Elders 65 or older) to notify PRC of the visit and get a PO issued.

The Purchased/Referred Care department is working on several initiatives to help keep the cost of medical care for our Tribal members under control. Although medical costs continue to rise, the amount of money we receive for this care does not increase. We will be working with providers in our communities to identify opportunities for discounted care. Please read the Tribal newsletter, and look for mailings we might send out, for information on new programs or opportunities.

If you have any questions about our services, please call PRC at (541) 888-4873 or (800) 227-0392. Purchased/Referred Care staff are available Monday through Friday from 8:00 AM to 5:00 PM.

WELCOME NEW PRC STAFF MEMBER, KELLI NELSON!

Kelli is currently working out of the Eugene Outreach Office in the Purchased and Referred Care Department as the Health Program Benefits Specialist. Kelli previously worked for NeuroSpine Institute in Eugene, Oregon and has over 20 years in the medical field including insurance and billing. She has been married to her husband Jamie for 17 years. They have a son named Jordan, daughter-in-law Darian and a 2-month-old granddaughter Everlee. Kelli loves spending time with her family and loves to travel and vacation whenever she gets the chance. Please join the Health & Family Support Services Division in welcoming Kelli.
EAGAN, Minn. — StrongHearts Native Helpline (1-844-7NATIVE) today announced 10,000 callers have now reached out to the helpline for safe, confidential support and resources for domestic, dating and sexual violence.

“This is an important milestone in our work to support victim-survivors seeking healing,” said StrongHearts Director Lori Jump (Sault Ste. Marie Tribe of Chippewa Indians).

Since March 2017, StrongHearts Native Helpline has offered a culturally-appropriate helpline for Native American and Alaska Native victim-survivors, their relatives and friends, service providers and those questioning their own abusive behavior. StrongHearts is a collaborative effort of the National Domestic Violence Hotline and the National Indigenous Women’s Resource Center.

Early in the Covid-19 pandemic, calls took a slight dip as more people were forced to shelter-in-place with abusive partners. Native victim-survivors were more isolated than ever and struggled to have a safe opportunity to reach out for help. In response, StrongHearts added online chat advocacy and adjusted their marketing strategy to reach more Native Americans and Alaska Natives. As a result, calls and chats have increased as more people realize that StrongHearts is here to help.

“We honor the bravery that victim-survivors possess for reaching out to StrongHearts during these exceptionally difficult times,” Jump said. Diverse advocates (LGBTQ2S+, male, female, young, elders, etc.) navigate each caller’s situation with safety, compassion and respect. Advocates take calls from anyone who is impacted by violence and needs help.

Created by and for Native Americans, StrongHearts is uniquely equipped to serve a population facing some of the highest rates of domestic violence in the United States.

The severity of victims’ experiences is telling:
- More than 7 out of 10 victim-survivor callers reported experiencing more than one type of abuse, including physical abuse, emotional abuse, sexual abuse, financial abuse, digital abuse, cultural abuse, and other complex situations.
- Nearly 40% experiencing violence reported a child being involved in their situation.
- The top service requested by victim-survivors was peer support. Referrals to shelters was the second most requested service.

Tribes, even as sovereign nations, face significant jurisdictional hurdles when addressing domestic violence in their communities. Gaps in culturally-based supportive services create unique barriers for Native victims seeking help.

In 2016, the National Institute of Justice released a study indicating more than one in three American Indian and Alaska Native women and men had experienced violence within the past year. Of those who had experienced violence, a third of Native women and one in six Native men were unable to get the services they needed. Gaps in culturally-based supportive services create unique barriers for Native victims seeking help.

“More than four in five Native Americans experience violence in their lifetime,” said Jump, revealing a critical need for a national resource like StrongHearts for Native American and Alaska Natives, as well as more Native-centered service providers in Indian Country and Alaska Native communities.

“We will continue to be here for all of our relatives who are impacted by these issues,” said Jump.
With historic picks, Biden puts environmental justice front and center

The selection of the first Native American interior secretary and first Black male EPA chief highlights pollution disparities

By Juliet Elperin, Dino Grandoni and Brady Dennis
Dec. 17, 2020 at 4:28 p.m. PST

President-elect Joe Biden chose Rep. Deb Haaland (D-N.M.) Thursday to serve as the first Native American Cabinet secretary and head the Interior Department, a historic pick that marks a turning point for the U.S. government’s relationship with the nation’s Indigenous peoples.

With that selection and others this week, Biden sent a clear message that top officials charged with confronting the nation’s environmental problems will have a shared experience with the Americans who have disproportionately been affected by toxic air and polluted land.

“A voice like mine has never been a Cabinet secretary or at the head of the Department of Interior,” Haaland tweeted Thursday night. “... I’ll be fierce for all of us, our planet, and all of our protected land.”

In addition to Haaland, Biden has turned to North Carolina environmental regulator Michael S. Regan to become the first Black man to head the Environmental Protection Agency, as well as Obama administration veteran Brenda Mallory to serve as the first Black chair of the White House Council on Environmental Quality. While the picks represent a concession to progressives in Biden’s party, who publicly campaigned for an American Indian at the helm of Interior, they were also chosen to personify Biden’s plans to change and make policy. That, to me, has been the burden of environmental harms.”

If confirmed, Regan, 44, who heads the North Carolina Department of Environmental Quality, would be responsible for crafting fuel-efficiency standards for the nation’s cars and trucks, overseeing emissions from power plants and oil and gas facilities and cleaning up the country’s most polluted sites.

Regan has served as the state’s top environmental official since early 2017, when Gov. Roy Cooper (D) named him to his current role. While union leaders have criticized his approach at times, he has shown a capacity to work with community activists and the corporate world.

“Regan forged a multibillion-dollar settlement over cleanups of coal waste with Duke Energy, established an environmental justice advisory board, and reached across the political divide to work with the state’s Republican legislature. In another high-profile case, the state ordered the chemical company Chemours to virtually eliminate a group of man-made chemicals from seeping into the Cape Fear River.”

“Biden chose former Michigan governor Jennifer Granholm (D), a proponent of zero-emission vehicles, as his Energy Secretary nominee. He also established the first White House Office of Domestic Climate Policy and designated former EPA Administrator Gina McCarthy to head it. Former Obama budget official Ali Zaidi will serve as her deputy.

“Biden sent a clear message that top officials charged with confronting the nation’s environmental problems will have a shared experience with the Americans who have disproportionately been affected by toxic air and polluted land.”

While union leaders have criticized his approach at times, he has shown a capacity to work with community activists and the corporate world.
and gas-producing state, Haaland has pledged to transform the department from a champion of fossil fuel development into a promoter of renewable energy and policies to mitigate climate change.

“I come from New Mexico. It’s a big gas and oil state. And I care about every single job,” Haaland said in a recent interview with The Washington Post. But she added: “We don’t want to go back to normal, right? We don’t want to go back to where we were because that economy wasn’t working for a lot of people.”

Biden, meanwhile, has pledged to halt all new oil and gas drilling on public lands and waters, a daunting task that faces both legal and political obstacles. The extraction of oil, gas and coal in these areas accounts for nearly a quarter of the nation’s annual carbon output.

In a sign of the opposition the administration will soon face, the New Mexico Oil and Gas Association issued a statement noting drilling on federal land generates $800 million annually for the state’s government. “We hope Rep. Haaland will employ a balanced approach that considers the needs of all who depend on public lands, including the thousands of men and women and families whose livelihoods depend on access to public lands for resource development,” the group said.

Haaland oversees vast protected areas — including 75 million acres of wilderness and 422 national park sites, as well as national monuments and wildlife refuges. It safeguards more than 1,000 endangered species, and manages massive water projects in the West that help sustain farmland and provide drinking water for major cities including Las Vegas and Los Angeles.

Haaland just won reelection from a north central New Mexico district that leans Democratic. If confirmed by the Senate, her party will hold profound meaning for the 1.9 million Native Americans whose education and health care are often influenced by the department’s decisions.

Jim Enote, a Zuni tribal member and chief executive of the Native-led Colorado Plateau Foundation, said in an interview that he hopes the new interior secretary would “open the doors” to Native American tribes to confer with federal officials. “It’s about opening up those doors and making sure that we have an actual Indian be the champions in Congress, he is elated the interior department will be run by a tribal member. “It could not have been in our forefathers’ dreams to have an actual Indian be appointed at the Cabinet level in the agency that is meant to oversee their absorption,” he said.

Charles Curtis, a Republican and member of the Kaw nation who was vice president from 1929 to 1933 under President Herbert Hoover, was the first person of Native American ancestry to serve at the highest levels of the federal government.

Haaland bolstered her national profile in 2016 by going to the Standing Rock Sioux’s reservation in North and South Dakota to join tribal leaders in opposition to the construction of the Dakota Access pipeline. “She asked what I needed and what the tribe needed,” said Jodi Archambault, a former special assistant to Barack Obama for Native American affairs and a member of the tribe. Haaland, she said, was able to provide support from some New Mexico labor unions — and tortillas and green chili stew.

“She brought her own cooking things and opened her trunk up, and said, ‘This is the best I can do.’” Archambault said, adding, “The stew was really good; the tortillas were excellent.”

Steven Mufson and Mike DeBonis contributed to this report.
It is with great sadness that the family of John Walker Williford, husband of Coos Tribal Elder Wanda Hughes Williford, shares that he passed away peacefully at his home in North Bend on Sunday, November 8, 2020, surrounded by his family. John was born on October 28, 1935, in Nashville, Georgia, and he had just celebrated his 85th birthday. John met Wanda when he was stationed at the 761st Radar Station in Hauser, OR, and they were married on December 28, 1955. They were together for 65 years. John was greatly admired by his coworkers and the community and he will be greatly missed.

John gave 42 years in government service to his country, first with the U.S. Air Force and then with the Federal Aviation Administration. He was a veteran of both the Korean and Vietnam wars and he served two tours of duty in Vietnam. He received numerous medals and commendations throughout his career, including a Bronze Star and a medal for meritorious service, before retiring in 1976 at the rank of Chief Master Sergeant. From 1976 until 1993, he worked for the Federal Aviation Administration, first in Louisiana and then in Alaska, where he was a Branch Manager before retiring from government service in 1993.

After his second government retirement, he and Wanda founded Native American Technology Corporation (NATECH) 25 years ago, continuing his service to our country as a small business owner. The company, which started with three employees, now provides jobs to more than 200 people and has a gross revenue of over $11M.

Along with building NATECH, John also gave his time and service to the Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians. John served as Chairman of the Board of the Tribes’ economic business, Blue Earth Federal Corporation and its subsidiaries from 2010 – 2012. During this time, Blue Earth built HUD homes for the Tribes: one single family home and a four-plex multi-family home in Coos Bay and two four-plex multi-family homes in Florence. Blue Earth employed 16 employees, half of whom were CTCLUSI Tribal members. John also donated NATECH staff to help write grants for the Tribe and prepare paperwork for Blue Earth’s 8a process. The Tribe received two grants from the Spirit Mountain Community fund with assistance from a NATECH grant writer: 1) $57,000 in 2011 for Tribal Hall Renovation and Seismic Upgrades [76% of the amount requested]; and 2) $100,000 in 2012 for the CTCLUSI Dental Clinic Electronic Dental Records and Digital X-Ray System [100% of the amount requested]. His commitment to the success of the Tribes was evident in his refusal to accept compensation from the Tribes for his time and his staff’s time.

John is survived by his wife of 65 years, Wanda Louise Hughes Williford of North Bend; daughters Vicki Faciane of North Bend, OR, Wendy Garcia of Florence, OR and Jacquie Armstrong of Yuma, AZ; grandchildren Cori Kelly of Aldie, VA, Petty Officer Ashley Faciane of San Diego, CA, Amanda Craig of Eugene, OR, and John Faciane of San Francisco, CA; and great-granddaughter Samantha Kelly of Aldie, VA.

A memorial service will be held at a future date in 2021. Family and friends are encouraged to sign the online guestbook at www.theworldlink.com and www.coosbayareafunerals.com. In lieu of flowers, the family would prefer donations to the Down Syndrome Association of South Georgia in honor of John’s great-niece, Lily Reaves. Donations may be sent to DSASG, PO Box 141, Hahira, GA, 31632, or made online by e-mailing info@dsasouthga.org.

- John Walker Williford -

Pictured left to right: Jacquie Armstrong (Daughter), Wanda Williford (Wife), John Williford, Vicki Faciane (Daughter), and Wendy Garcia (Daughter)
Elders Corner

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. Elders will be contacted by Kimmy Bixby of Community Health Services with information for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. Thank you Elders!

Contributed by Kimmy Bixby, Community Health Aide

Nannette “Nan” Bellini

Coos

Immediate Family:

Proudest Accomplishments:
• The birth of her three children.
• Learning to ride a motorcycle in her 50s.
• Graduating from college.

Favorite Hobbies:
• Running
• Cooking
• Reading (Historical Fiction)

Bucket List:
• Retiring in a couple of years.
• Building a retirement home in North Carolina.
• Becoming a gymnastics judge.

Favorite Sayings:
“Be kind to everyone you meet. You never know what that person has been through.”

William “Bill” Perry

Lower Umpqua

Immediate Family:
• Brother to Chet Perry, husband to Joan Perry, uncle to George Gardner, Jesse Gardner, Nancy Gillem, Janet Posen, and many other nieces, and nephews. Numerous cousins.

Proudest Accomplishments:
• Living a long life into retirement.
• Spending 68 years with his wife and love of his life, Joan.

Favorite Hobbies:
• Running
• Cooking
• Reading (Historical Fiction)

Bucket List:
• Settle down and relax.
• He has done pretty much everything he has wanted to do in his life so his bucket is full.

Favorite Sayings:
“Oh my goodness.”

Title VI Program Services Available to Elders

The Title VI Program for Elders (age 55 and over) provides federal grant monies for our Congregate Meals Program, Frozen Meals Program, Chore Service and Respite Care Services for Tribal Elders, Spouses and Widow(er)s whose primary residence is within our five-county service area (Coos, Curry, Douglas, Lane, and Lincoln counties).

This month we would like to highlight Chore Services:

Chore Services Program Eligibility:
• Elders age 55 and older whose primary place of residence is within the five-county service area of: Coos, Curry, Douglas, Lane, and Lincoln Counties.
• Tribal spouses are not eligible for Chore Services; however, widow(er)s are eligible until the time they remarry.
• Services must be provided at the Elder's primary place of residence is within the five county service area.
• The purpose of the Chore Services program is to provide assistance to Elders with activities they cannot easily do for themselves and which, by having someone perform these duties for them, allows them to remain living independently in their own home(s).

Some but not all inclusive eligible chore services include:
• Yard work, including lawn mowing, leaf raking, general clearing of debris around the home
• Weather stripping around doors and windows
• Gutter cleaning
• Snow removal from driveway and sidewalks
• Purchase and stacking of firewood
• General cleaning of the household, including but not limited to dusting and cobweb removal, vacuuming, trash removal, bathroom cleaning, dishwashing, laundry, scrubbing floors and walls, appliance cleaning, window washing, and stripping and remaking beds.

There are forms that must be filled out for this service. Those forms can be picked up at your local office or mailed to your home. The cycle for these funds is not on a calendar year. The funds are available annually from April 1st of the current year through March 31st of the following year.

For further information on Chore Service, please contact your local Community Health Aide:
Coos Bay - Barbara Tower (541) 888-7520
Florence - Doug Morrison (541) 997-6685
Eugene - Kimmy Bixby (541) 744-1349
12 Month Emergency Preparedness Calendar: January - Make a Plan

Contributed by: Armando Martinez, Emergency Management Coordinator, By: do1Thing.com

Being prepared for disasters and emergencies can seem like a big job. Many people don’t know where to start, so they never start at all. With Do 1 Thing you can take small steps that make a big difference in an emergency. Do 1 Thing is a 12-month program that makes it easy for you to prepare yourself, your family, and your community for emergencies or disasters.

Make a Plan

THE GOAL: Understand what you put at risk from disasters and take steps to lower your risk.

Disasters change things. When an emergency happens you may have to decide what to do very quickly, while you are worrying about what might happen. By planning ahead, it will be easier to make the right decisions when the worst happens.

[ ] Learn what disasters can happen in your area and decide what you will do in an emergency.

It’s important to know what types of disasters can happen where you live. Is your home in a floodplain? Are you in an area that has earthquakes? When are tornadoes most likely to happen? Knowing what disasters could happen can help you know how to be prepared and what to do. Contact your local American Red Cross or emergency management office to learn more about the disasters in your area.

Meet with your family or household members. Discuss how to prepare and respond to emergencies that are most likely to happen where you live, learn, work, and play. Identify responsibilities for each member of your household and plan to work together as a team. If a family member is in the military, plan how you would respond if they were deployed.

TALKING ABOUT DISASTERS

Talking about disasters can be scary, especially with children, or with someone who may have difficulty coping with daily life. Be open and patient. The unknown often causes more anxiety than knowing the facts. Listen to what the individual has to say, learn how they feel and what they may be afraid of. Older people and people with disabilities may worry that asking for help during a disaster will take away their independence. Talk about different options for assistance and make a plan with them.

[ ] Take steps now to prevent damage to your home in a disaster.

Once you know what disasters could happen in your community, there are things you can do to lower your risk of injury or property damage. Here are some suggestions.

TORNADO

Add a tornado safe room to your home, or add extra protection to an existing room to keep your family safe in a tornado. Look for FEMA publication 320 for more information.

HURRICANE

Hang hurricane shutters. Keep trees around your house trimmed to prevent damage from falling branches. Secure your shutters to make sure they won’t provide a way for wind and water to get into your home. Make sure entryways doors have three hinges and a deadbolt lock.

WILDFIRE

Use fire-retardant building materials like shingles and siding. Cut back branches and brush within 30 feet of your home. Keep firewood at least 10 feet away. Check into the National Fire Protection Association’s Firewise program for more ideas.

[ ] Plan what to do if you have to evacuate.

Choose two places for your family to meet. One should be right outside your home in case of a sudden emergency, such as a fire. The other should be outside your neighborhood, in case you cannot return home or are asked to evacuate.

Decide where you would go and what route you would take to get there. You may choose to go to a hotel, stay with friends or family in a safe location, or go to a shelter. Hold evacuation drills at home. Practice getting out of the house quickly, and drive your planned evacuation route. The more you practice, the more confident you will be if you really have to evacuate.

Plan ahead for your pets. Due to health concerns, pets are not allowed in Red Cross shelters. Keep a phone list of pet-friendly hotels and animal shelters that are along your evacuation route. In case of a designated pet shelter not available. Contact your local humane society or animal shelter to ask if pet emergency shelters will be opened in a disaster.

CTCLUSI Alert HUB for Smartphones

Contributed by Brad Knepper, CTCLUSI Chief of Police

The Tribal Police and Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians would like to invite you to add our emergency alert phone app to your smartphone. The App is free. The alert system is intended to another layer of safety and alert users of emergency or hazardous situations such as weather alerts and warnings, tsunami warnings, and other natural or man caused emergencies or hazards in Oregon’s Central Coast, South Coast, Central Willamette Valley.

Search your app store for “CTCLUSI Alert Hub” and download. Once the app is downloaded, you can select the settings symbol in the upper right corner, then select “Notifications and select how you want to receive notifications. If you have any questions, feel free to contact us at Contact-TPD@ctclusi.org.

Wellness Court

Are you in trouble with the law?
Are you suffering with drugs, alcohol or addiction?
Are you ready to make a change?
What does true Wellness look like for you?
A life without drugs or alcohol is possible for you.
Make the choice for a better life.

Confidential
Contact: Tribal Wellness Court
(541) 898-1307

Peacegiving

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict. All Peacegiving issues are confidential.

For more information about Peacegiving, please visit the Peacegiving website or contact the Peacegiving Coordinator at the address listed below.

The Peacegiving Program
2005 S. Mill St.
Roseburg, OR 97470
(541) 623-1145
E-mail: Peacegiving@roseburg.org
Website: https://roseburg.org/tribal/peacegiving

Scan the QR code and install. If you are unable to scan the code, type “CTCLUSI ALERT HUB” in the search box of your App Store.
Flu Shot Report and Thank You!

There is a lot of work that goes into getting a vaccine program started. Planning for flu shots starts in January, and I started working at CTCLUSI at the end of July. With the help of Oregon State, CTCLUSI staff members, Coos Health and Wellness, and the Vaccine for Children Program we were able to get a vaccine program started. At this time, we only have flu shots, but hope to branch out to provide other important immunizations like pneumonia shots, shingles, and other vaccinations in the near future.

A big thank you to everyone who has received their flu shot this season. CTCLUSI has provided 82 flu vaccines as of 12/4/2020! There were several individuals whom received their flu shots at a local pharmacy or their doctor’s office. Getting immunized not only protects you, but your loved ones and our community. There are individuals who are not able to get the flu shot; so those who are able to you, thank you for protecting those whom cannot. If you have any questions, concerns, or would like a flu shot, please contact me, Kristy Petrie, at (541) 888-7521, or by email kpetrie@ctclusi.org.
I am an ancestor of the Indigenous Peoples of North America (Mexican, Dine’ and Pueblo roots) whose education and life have spanned throughout the United States. I grew up an Urban Indian not knowing what that meant till much later in life. Of course this leaves a giant hole that really impacts the essence of who one is and their need to belong. Many go through life with an empty hole, but I was determined to find what belonged there. It wasn’t until my early twenties that I started to explore and develop what it was to be an Indigenous individual; community, culture, spirituality, family, food and a connection to mother earth. As part of my undergraduate I quickly absorbed the knowledge and lessons of those around me. I became the president of our Native Student chapter and helped to create the North Star peer Mentoring program designed to welcome and retain new and incoming Native youth as well to give purpose to the ones that were already there. This started my journey and knowledge of being Indigenous, a leader, the importance of mental health, education and reciprocity. I put these skills to use with my first professional job at United American Indian Involvement where I really engaged in Urban Indigenous communities, healing and mental health. My skills of community connection and outreach were enhanced, as well as the importance of data collection and grant writing. With these tools, four of us created the Los Angeles Native Youth Leadership Journey which chose 14 Urban Native youth from L.A. and took them to their traditional tribal homes that they had never been before. I mastered my skills of curriculum development and implementation with the National Indian Youth leadership project. We were an experiential indoor/outdoor education program that taught kids how to enhance their social emotional skills through hands on activities as a community and an individual. We accomplished this in the classrooms and after school utilizing the Project Venture Curriculum and the great outdoors, rock climbing, ropes courses, canoeing and multiday backpacking trips. I have since earned my Master Degree in Nonprofit management (business), and have honed my teaching skills at the middle, High school and college levels. If someone was to ask me what I do, I would say I help young people understand multigenerational trauma, then learn how to cope so that they can get out of their own way and re-engage with their multigenerational greatness. I also participated in extensive instruction for non-natives on how to interact with Natives. The essence of this; to let them know we are still here and how to be better relatives. I have spent the last 20 years in Indian country and It has been an honor and a pleasure. I have always had the dream to move to this territory, this beautiful territory, and share the knowledge and learn from such a beautiful and resilient people. Thank you for the opportunity it is an honor.

Hozho,
- Eriq Acosta

Update to SB-13

Senate Bill 13 (SB-13) Tribal History/Shared History hosted the first ever professional development event on December 9th, 2020 for Oregon state educators. The event was well attended. In the morning session we had 398 participants and in the afternoon session there were 454. This included Superintendents, Principals, Title VI, Curriculum Directors, teachers, and Education Assistants from all over the state of Oregon. Shout out to Bethel School District (Eugene School District) for having 100 school personnel attend the meeting. While this was the first ever professional development day for educators in regards to our History, traditions and culture, it certainly will not be the last. We are excited to keep moving forward in a positive direction with the State of Oregon and the renewed partnerships that ultimately will benefit all students. The Office of Indian Education has also produced and submitted a Tribal Consultation Toolkit for schools. This toolkit was brought together by many hours of collaboration and must be utilized when schools consult with the Tribes (https://www.oregon.gov/ode/students-and-family/equity/NativeAmericanEducation/Documents/20.10.13_%20Web%20Accessible%20Tribal%20Consultation%20Toolkit.pdf).

Prior to the event, I had the opportunity to attend planning meetings that assisted outlining this historical event. A huge thank you goes out to ODE staff April Campbell, Trinity Minahan, and Ramona Malcomb, along with other great Native educators from the Oregon’s Nine Tribes. CTCLUSI has the opportunity to share our heritage, culture and traditions through SB-13’s contemporary curriculum. Our keynote speaker was Oregon 2021 Teacher of the Year: Nicole Butler-Hooton. She is an elementary teacher in the Bethel School District at Irving Elementary School. She is the first Native American to win this award as she is a citizen of Siletz and Apache Tribes. Sharing her thoughts and practices was a great way to start the event. Following the panel of speakers, the afternoon session focused more on breakout rooms. The amount of conversation and collaboration leaves me hopeful that Tribes will now be able to have their history learned, but also preserved, to never be forgotten (https://www.oregon.gov/ode/students-and-family/equity/NativeAmericanEducation/Pages/Senate-Bill-13-Tribal-HistoryShared-History.aspx).
Back to School

Thank you to the Health Department who allowed the Education Department to utilize funding for this year’s Back to School program. With their assistance we were able to help 216 Tribal Members this year. I hope everyone is doing as best as they can with distance learning/hybrid learning. We know this time is not easy on anyone no matter which side you are on. Students, parents, educators and administrators all are having a very hard time adjusting daily to the cases and positivity rates we are facing all over the nation. We hope the extra $20 that was added to this year’s cards provided an additional assistance to increased educational costs. The Education Department cherished hearing back from our Tribal Membership who sent us appreciation. We are working hard to help in any way we can knowing that we are trying to take care of each other the best we can.

The Education Department invites CTCLUSI Tribally enrolled youth to participate in a Community Needs Assessment pertaining to youth ages 0-17. A post card will be sent out with more information in the near future to notify Tribal Membership that the form is up and running on our Tribal website.

When the form is serviceable, Tribal youth ages 0-17 are invited to participate. We are requesting parents help navigate their child(ren) through the form when it comes time to answer the questions. Each youth participant will have the option to select a $30 Walmart or Amazon gift card for completing the community needs assessment.

If you need further information, assistance, or to request a paper copy of the form please contact Josh Davies, Director of Education at jdavies@ctclusi.org or 541-888-1314.

Thank you in advance for your participation.

Upcoming Virtual Events with Education

Meet and Greet with the Education Department
Wednesday January 13th, 2021
Feel free to drop in anytime between 6:00-7:30 pm
We look forward to seeing you on Zoom!
Email Josh Davies for zoom link to receive attendance information
jdavies@ctclusi.org

Literature Nights
February 3rd, 2021
Elementary school students
6:00 – 7:00 pm
Middle school students
6:00 – 7:00 pm
February 17th, 2021

Financial Aid Night
Open to all CTCLUSI enrolled Tribal Member High School students.
Same information will be discussed at both meetings
February 3rd, 2021
7:15pm - 8:15 pm
February 17th, 2021
7:15pm - 8:15 pm

Students and/or Parents must submit Laserfiche form to receive supplies prior to Literature and Financial Aid Night activities
Zoom link will be available once signed up
Deadline to sign up for February activities will be January 22nd, 2021

Learn from each chapter and write your life wisely.
Education Corner

Tutoring Available

We know this School year has created many new obstacles and barriers, we are here to help!
If your student would benefit from tutoring, please go to ctclusi.org and submit a new tutor request form. We have tutor volunteers giving their time and knowledge to help our tribal students succeed.
If you would like to be a tutor volunteer, and have time available, please contact us to be added.
Thank you to those Volunteers who signed up, we greatly appreciate your commitment to our students!
You will find the new tutor request form on the Education page of the Tribal website at https://ctclusi.org/education/

“TELL ME AND I FORGET. TEACH ME AND I REMEMBER. INVOLVE ME AND I LEARN”
~Benjamin Franklin

Education Department
1-541-888-9577 (reception)
Karen Porter – Higher Education Specialist
kporter@ctclusi.org
Eriq Acosta – Education Specialist II
eacosta@ctclusi.org
Josh Davies – Director of Education
jdavies@ctclusi.org

A STUDENTS GUIDE TO LEARNING FROM HOME

SET YOUR SPACE
Find an area in your house where you can sit comfortably and focus.
Make it separate to your relaxation space. Ideally away from a TV screen or other distractions.

LESSEN DISTRACTIONS
Harness your imagination and picture that you’re at school and not at home.
Lock your phone away if you need to - don’t be afraid to ask your parents to intervene.

TAKE NOTES
Stuck in a webinar zoning out? Note-taking keeps your mind engaged.

CHANGE IT UP
You probably have a schedule for your lessons, but if things are becoming difficult to focus on, take a 5-min break and come back to it - just let your teacher know.

PLAN YOUR DAY
If you have one, follow the schedule provided by your school.
If you just have a list of things to study, break it down into tasks and plan to do the hardest ones when you have the most energy.

TAKE BREAKS
Get up once in a while. Have a snack.

SPEAK UP & ASK FOR HELP
When things get tough, don’t just push through it. Ask your parents, or reach out to your teacher.

JOURNAL IT
Use a journal to track your progress or any questions you might want to ask your teacher about the work.

Tribal Member parents - Please join our Education Facebook page if you have students in grades K-12.

Higher Education Students are highly recommended to join as well.

Scholarships, internships, job announcements, and other key educational information shared

Join: CTCLUSI Education News

BPA Grant

Hello community friends and family. Have you ever wondered where the energy comes from to power our cities, heat and light our houses? You ever wondered the impact that it takes to create this wonderful benefit for us? We keep hearing about global warming which impacts everything on earth from father sky to mother earth and everything that walks, fly’s and crawls upon it. We have many communities across the U.S. and it sometimes takes extreme not clean and harmful measures to produce this energy for our homes and business’s. Oregon is very special though in that nearly 60% of the homes and businesses in the State are powered by Hydro power. What’s hydropower you say? Hydropower has played a vital role for this region and it remains the centerpiece of the Northwest’s clean energy economy. Because of its obvious flexibility, hydropower has helped bring together other newer renewable energy resources into the lovely State of Oregon, while staying true to its own clean and sustainable reliability.

Want to learn more about energy creation and storage and Renewable Energy, electrical generation, transmission, energy efficiency, hydro power practices, awareness and Self-care through Renewable Energy education? Well look no further. As we slowly get through the virus and adapt to a changing educational platform we plan to do just that. With that said the Education department is working hard to put together curriculum for in person hands on and virtual hands on energy education curriculum, stay tuned. We are also working on a little project that will be able to take a group of young people on a hands on tour to learn about power generation and energy storage via museums and one of Oregon’s powerful beautiful hydro dams. Keep on the lookout with the local news letter and feel free to reach out to the education staff for regular updates.
Treat your day as if you're going to school. Get up, take a shower, have breakfast.

Notes will help you remember lessons as you watch them. It'll also be useful for reviewing later.

Make a plan

The school and your teacher will prepare your lessons, but it'll be good if you'll plan how you'll be studying at home.

Take notes

Notes will help you remember lessons as you watch them. It'll also be useful for reviewing later.

Take a break

Do your work in blocks to lessen the strain. After finishing one lesson, take a five minute break before moving on.

Take a break

Do your work in blocks to lessen the strain. After finishing one lesson, take a five minute break before moving on.

Be proud of your achievements

Studying at home isn't easy. Reward yourself for each small success.

Do one thing at a time

Finish one lesson before moving to the next. Do one assignment before another. Lessen multitasking.

Keep your routine

Treat your day as if you're going to school. Get up, take a shower, have breakfast.

First Virtual Field Trip with Oregon Charter School

We held our very first Virtual Field Trip December 11th with 4th grade students from Oregon Charter School. After corresponding with the lead teacher, we found out that there were 94 participants who were able to be a part of the field trip. Special appreciation to Jesse Beers, John Schaefer and Ashley Russell for providing a video presentation on canoe culture. Once we introduced ourselves, the video was played, and then questions followed. While we had technical difficulties at first with our link, we were able to call in and join by phone. Students at the end had many good questions. We look forward to being able to do more of these virtual field trips for schools this year as more schools in Oregon are going to head to comprehensive distance learning at the beginning of the year.

REMOTE LEARNING

TIPS FOR LEARNING FROM HOME

Credits: 21 Study Tips for Online Classes Success : https://goodcolleges.online/study-tips-for-success/

Congratulations Graduate!

Tribal member Mason Bowen Brainard graduated from the Colorado School of Mines.

Brainard earned a Bachelor of Science with a major in Electrical Engineering.

Pictured at left, Mason Brainard receiving his degree during the 2020 Mid-Year Commencement Ceremony.

Congratulations Mason!
Vaccine Safety, Development, and Emergency use Authorization (EUA)

Contributed by Kristy Petrie, CTCLUSI Community Health Nurse – BSN

When you hear the words, Operation Warp Speed and COVID-19 vaccine, what do you think of? I have been on several COVID updates, ECHO sessions and many more meetings, and I can tell you, you are not alone if you have thoughts of the vaccine not being safe. There are health risks in everything that we choose to do, from medications we take, food and drink we consume, and more. With everything, what we choose to put in our bodies, we should have an informed decision. An informed decision is when an individual makes a decision based on facts or information. The goal of this article is to help provide an informed decision for the upcoming COVID-19 vaccine. It is important to keep in mind that those who choose to get the COVID-19 vaccine are not “guinea pigs.” Although the vaccine is being pushed out quickly, safety is always the number one priority, and if there are adverse events, they get reported and acted upon appropriately.

What is Operation Warp Speed? OWS is a partnership among components of the Department of Health and Human Services (HHS), including the Centers for Disease Control and Prevention (CDC), the National Institutes of Health (NIH), and the Biomedical Advanced Research and Development Authority (BARDA), and the Department of Defense (DoD). OWS engages with private firms and other federal agencies, including the Department of Veterans Affairs. It will coordinate existing HHS-wide efforts, including the NIH’s Accelerating COVID-19 Therapeutic Interventions and Vaccines (ACTIV) partnership, NIH’s Rapid Acceleration of Diagnostics (RADx) initiative, and work by BARDA.

How an Emergency Use Authorization (EUA) Works: An EUA may be issued by the FDA to allow access to critical medical products that may help during a public health emergency. An EUA is different from approval/licensure.

The following criteria must be met for an EUA to be issued:

- The product will be used for a serious or life-threatening disease or condition.
- Based on the totality of scientific evidence available, it is reasonable to believe the product may be effective.
- The known and potential benefits of the product outweigh the known and potential risks of the product.
- There is no adequate FDA-approved alternative available.

EUA Fact Sheet for Recipients: Each vaccine-specific EUA Fact Sheet for Recipients will provide the following information:

- Basic information on COVID-19, symptoms, and what to discuss with a healthcare provider before vaccination
- Who should and should not receive the vaccine
- That recipients have the choice to receive the vaccine
- Dosage and vaccine series information
- Risks and benefits of the vaccine, including common side effects
- Information on reporting side effects to VAERS
- An explanation of what an EUA is and why it is issued
- Any approved available alternatives for preventing COVID-19
- Additional resources