# The Voice of CLUSI



# February 2021

Volume 22 www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

# CTCLUSI Tribal Government Welcomes New Chief Executive Officer

The Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians Tribal Council is excited to announce the position of Chief Executive Officer of Tribal Government has been filled. Please help us in welcoming Sharol McDade as CTCLUSI CEO!

Sharol has over 25 years' experience writing grants for Tribal governments, beginning with her own Tribe in the 90's. Her career expanded as the Grant Writer for the Reno-Sparks Indian Colony and Development Officer for the National Judicial College, writing and securing funding for the establishment of the National Tribal Judicial Center (NTJC). Sharol was most recently the

Tribal Administrator for the Picayune Rancheria of the Chukchansi Indians of California prior to her acceptance of the CEO for CTCLUSI.

In 2001, Sharol accepted a position with the National American Indian Housing Council (NAIHC) as a Technical Assistance/ Training Specialist, utilizing her skills in training large classroom style courses in Basic/Advanced Grant Writing, Strategic Planning, NAHASDA essentials, and many enhanced tribal and non-tribal training courses. While working with NAIHC, Sharol provided hands-on grant writing assistance to multiple Tribes throughout each Tribal region in the country. Sharol, for a short time, also guided the Fundraising/Development strategies for NAIHC and wrote several successful applications on behalf of the organization.

Sharol is the President/Founder of MACWORX LLC., a tribally owned consulting business, providing essential grant writing services, strategic planning, technical assistance & training,



CTCLUSI Chief Executive Officer, Sharol McDade

economic development planning, and best practices to various tribal non-tribal clients throughout Indian Country. Sharol has devoted her career to furthering the interests of Tribes throughout the country increased pursuing funding levels for new and enhanced services Tribal members and future generations. In addition. Sharol advises and works as a Senior Strategist in the Tribal Affairs division for Navigators Global LLC; a D.C. based lobbying firm utilizing her expertise and knowledge to engage encourage and Tribes to be more astute in the D.C. lobbying process. Sharol has enjoyed a successful career in Tribal affairs through hard work.

entrepreneurship, education, and a passion for success.

Sharol is an enrolled member of the Shoshone Paiute Tribes of the Duck Valley Indian Reservation of Nevada. In her spare time, she enjoys riding her motorcycles, traveling, officiating volleyball and basketball, and enjoying the company of her family.

Words from Sharol: "I am so excited for this opportunity to work with CTCLUSI and to be in the beautiful Oregon coast. I am looking forward to working with the Tribal Leadership and further enhancing programs and services on behalf of the tribal members. I look forward to meeting the tribal members as time permits and the pandemic comes under control for us to gather as friends and family. I have already toured several areas of the Tribe and have observed all the possibilities for program expansion and new opportunities. I am always available to answer any questions from the tribal membership so please don't hesitate to call, email, or text me. Be safe and well my new family."

# Also in this Edition:

2021 Fitness Program - page 5

Moderna Covid-19 Vaccine - page 10 & 11

Chrome Books for Higher Education - page 16

Presorted Standard U.S. Postage PAID Eugene, OR Permit #481

Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians 1245 Fulton Avenue Coos Bay, OR 97420

# Save the Date:

# Virtual Spring Break Camp March 22 - 26, 2021

Kindergarten - 12th Grade

Once available, more information and registration forms will be posted at www.ctclusi.org

# Tribal Council Business

Activity of Elected Tribal Council Members from December 13, 2020 - January 9, 2021.

Chief Doc Slyter: 12/13 Tribal Council Meeting 12/14 ELAKHA Alliance 12/14 Region 10 Cascadia 12/15 Special Meeting 12/15 Leader's Circle 12/16 Sierra Club - Eugene 12/16 Youth Culture Activity-Zoom 12/17 Forestry Survey

12/17 Special GFROB Meeting 12/17 Leaders Circle

12/18 COCA- Covid 19 12/20 Winter Solstice

12/21 Winter Solstice-Ocean Spray

12/29 Leader's Circle 12/30 GFORB

12/30 Business Meeting 01/04 Vaccine call 01/05 Leader's Circle

01/07 Pre-meeting for the National Register

01/07 National Register

01/07 Eugene City Club-Radio Talk Show

01/10 Tribal Council Meeting Tribal Emails & Phone calls

Total Hours: 120

# <u>Debbie Bossley, Tribal Chair:</u>

Dec. - Jan. In Office 15 days 12/13 Tribal Council Meeting 12/15 Special Meeting, Leaders Circle 12/16 Casino Christmas Cards, **Leaders Circle** 12/17 Leaders Circle 12/18 9 Tribes & Governor 12/29 LCIS, Leaders Circle 12/30 Tribal Council Business Meeting 01/04 Leaders Circle 01/05 Leaders Circle 01/06 GFORB 01/09 9 Tribes & Governor Total Hours: 120

# Mark Petrie, Vice-Chair:

12/13 Regular Tribal Council Meeting 12/14 U.S. Dept of Energy: 2020 Office Of Indian Energy Program Review 12/14 FEMA: Cascadia Subduction Zone

Planning with Tribes

12/15 U.S. Dept of Energy: 2020 Office Of Indian Energy Program Review

12/15 Education Committee Meeting 12/15 Special Tribal Council Meeting & Leader's Circle

12/16 U.S. Dept of Energy: 2020 Office Of Indian Energy Program Review

12/16 Oregon Coast Energy Alliance Network (OCEAN) Board of **Directors Meeting** 

12/16 Culture Wednesday Virtual Event: Clay

12/17 Forestry Survey Results 12/17 GFORB Special Meeting

12/17 Leader's Circle

12/17 Energy Justice Leadership Institute (EJLI) workshop

12/18 Strategic Energy Planning Meeting

12/18 Language Committee Meeting

12/21 Energy Policy/Public Utility Commission (PUC) 101 for Climate **Policy Advocates** 

12/21 Winter Solstice Virtual Event

12/23 Meet and greet with Bonneville **Environmental Foundation staff** 

12/28 Peace Hike Meeting

12/28 Cultural Monday Virtual Event: Bear-grass braids

12/29 Leader's Circle & Meet and Greet with new CEO

12/30 GFORB Meeting

12/30 Tribal Council Business Meeting

01/04 Biden/Harris Transition Discussions with Tribes

01/04 Leader's Circle

01/05 Leader's Circle

01/06 GFORB Special Meeting

01/07 Pre-meeting for National Park Service's Proposed Rule Change for National Register

01/07 National Park Service's Proposed Rule Change for National Register

01/07 Energy Justice Leadership Institute (EJLI) workshop

01/08 Administration Visit

01/08 Strategic Energy Planning pre-meeting

01/08 Energy Team Meeting

01/09 Oregon DEQ RAC on Green House Gas (GHG) Rulemaking Research

Total Hours: 111.4

### **Iliana Montiel:**

12/13 Regular Council Meeting

12/14 CHAP Advisory Workgroup

12/15 Special Meeting / Leader's Circle

12/16 Benefits Board 401K Meeting

12/17 Forestry Survey Results / Special GFORB Meeting / Leader's Circle

12/29 Get to Know your New CEO Leader's Circle

12/30 GFORB / Tribal Council **Business Meeting** 

01/04 Biden/Harris Transition Inaugural Updates / TC Consensus call re: Vaccine Plan

01/05 Leader's Circle

01/06 Special GFORB Meeting

Total Hours: 45

# Josh Davies:

12/13 Regular Tribal Council Meeting 12/14 Cascadia Subduction Zone (CSZ) Earthquake and Tsunami Response

Plan Overview for Tribes

12/15 ELD Public Meeting: Early Learning Program Appeals Rule Language **Revision Advisory Committee Education Committee Meeting - CHM** Special Meeting / Leaders Circle

12/16 2021 NIHB Tribal Nations Health Summit: 2021 White House Transition **Education Committee Meeting - CHM** Governor Brown Press Conf. Housing Committee Meeting Newsletter meeting

12/17 Passed out Government Administration Christmas Checks with Chair Bossley Forestry Survey Results 4th grade program classroom run through - CHM Special GFORB Meeting

Leaders Circle

12/18 State-tribal call re: COVID-19 response efforts

12/22 G2G Education Cluster Check In

12/24 Enjoyed Christmas Eve with my family

12/25 Enjoyed Christmas with my family

12/29 Get To Know Your New CEO Leaders

12/30 GFORB Meeting

Tribal Council Business Meeting

12/31 Enjoyed New Year's Eve/Celebrated

5 year wedding anniversary

01/01 Happy New Year

01/04 COVID-19 Vaccines:

**Enhancing Understanding** Biden/Harris Transition Inaugural Updates TC Consensus Call Regarding Vaccine Plan Directions for Health Dept. -

Leaders Circle

01/05 AI/AN Advisory Committee Meeting A listening session with the Biden-Harris Transition Team on Tribal health

Healthy Families Oregon State **Advisory Committee** Leaders Circle

01/06 National COVID-19 Briefing Call with State, Local, and Tribal Officials Special GFORB Meeting -ZOOM

01/07 Legislative Summit: Advancing Community Vision for Racial Justice in Oregon Education Presidential Inaugural Committee (PIC) stakeholder briefing dedicated to Indian Country

01/07 Energy Team Meeting

01/10 Tribal Council Regular Meeting

Total Hours: 88.75

### **Doug Barrett:**

12/13 Tribal Council regular meeting

12/15 Special Meeting / Leaders Circle

12/17 Forest survey / Leaders Circle

12/18 State Tribal call Covid -19 response efforts

12/21 Winter Solstice Ceremony on my own

12/22 Native American storytelling -Culture is Prevention

12 /29 Get to know your CEO / **Leaders Circle** 

12/30 GFORB Meeting /

TC Business Meeting

01/01 21 New Years Day Peace hike -Ceremony by myself

01/04 TC consensus call for vaccine plan

01/05 Leaders Circle

01/06 Special GFORB Meeting

01/08 Shayuushtla Quuich Wa'as Winter class

01/10 Tribal Council Regular Meeting Total Hours: 98hrs. & emails

# **Enna Helms**

12/13 Regular Tribal Council Meeting 12/14 FEMA: Cascadia Subduction Zone

Planning with Tribes

12/15 Special Tribal Council Meeting

12/16 NIHB Tribal Nations Health Summit 12/17 Forestry Survey Results Meetings; Leaders Circle Meeting; GFORB **Special Meeting** 

12/29 Leaders Circle & Meet and Greet with new CEO

12/30 Tribal Council Business Meeting

01/04 Leaders Circle Meeting **Covid Vaccines** 

01/05 Leaders Circle Meeting

01/07 Inaugural Committee briefing **Indian Country** 

Total Hours: 65

# Information

### **QUESTIONS OR SUGGESTIONS?**

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc. Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians ATTN: Tribal Council 1245 Fulton Ave. Coos Bay, Oregon 97420

### **COMMITTEE INTEREST LIST**

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

# ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Veterans are honored at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

### US FOREST SERVICE **NORTHWEST FOREST PASSES**

Now available at the Tribal Administration Building, Florence and Eugene Outreach offices.

Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

### **CHANGES?**

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., either online at www.ctclusi.org/enrollment or mail to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

### TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.

# **Upcoming Events**

February 3<sup>rd</sup> – Literature Night

(elementary students) 6:00 p.m.

February 3<sup>rd</sup> – Financial Aid Night 7:15 p.m.

**February 8th – Virtual Cultural Activity:** 

Healthy cooking with smoked salmon 6:00 p.m.

February 9th - COH Smudge Kits

(register by Feb. 1st) 6:00 p.m.

February 10th - Virtual Cultural Activity:

Traditional Tools & mini hearing rakes 6:00 p.m.

February 14th - Tribal Council Meeting via Zoom 10 a.m.

February 15th - Deadline to enter raffle for

"Can you find me?" paper search (see pg. 5)

**February 17**<sup>th</sup> – Literature Night

(middle school students) 6:00 p.m.

February 17<sup>th</sup> – Financial Aid Night 7:15 p.m.

February 20<sup>th</sup> – 2<sup>nd</sup> Annual Storytelling Gathering

via Zoom 6:00 p.m. (see pg. 5)

February 22<sup>nd</sup> - Virtual Cultural Activity: Carving Techniques 6:00 p.m.

February 24th - Virtual Cultural Activity:

Talking Stick making 6:00 p.m.

**March 8**th – Last day to submit comments on Housing Dept. Annual Performance Report March 8th - Online applications for

Student Internships start (deadline to apply May 7<sup>th</sup>)

March 9th - COH Dentalium Necklaces

(register by March 1st) 6:00 p.m.

March 11th - Last day to register for

online parenting classes (see pg. 8)

**March 15**th – Deadline to register for

COH Beaded Collar Project (see pg. 8)

**March 16**th – COH Beaded Collar Class 6:00 p.m.

March 22<sup>nd</sup> – 26<sup>th</sup> – Virtual Spring Break Camp

(grades k-12)

All activities are via zoom at this time to practice social distancing.

Virtual Language Classes (10 Week Winter Series) dates and zoom link available online in the citizen portal. Class dates on the online calendar. See pg. 15 for class schedule.

Check out our online Events Calendar at https:// ctclusi.org/events/

### THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

# Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All etters of interest are kept on file for one year.

# CTCLUSI Departments, Services & Offices

# **Government Office**

Sharol McDade Chief Executive Officer 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-7527 smcdade@ctclusi.org

### **Health Services Division**

Vicki Faciane - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-7515 Toll free 1-888-280-0726 Fax 541-888-5388 vfaciane@ctclusi.org

### **Department of Human** Resources

Stephanie Watkins - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-7508 Toll Free: 1-888-280-0726 Fax: 888-723-3270 swatkins@ctclusihr.org

# **Tribal Housing Department**

Laura Fortin - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-7504 Fax 541-435-0492 lfortin@ctclusi.org

### Purchased/Referred Care 1245 Fulton Avenue

Coos Bay, OR 97420 Phone 541-888-4873 Toll free 1-800-227-0392 Fax 541-888-5388 prc@ctclusi.org

# **Education Department**

Josh Davies, Education Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-1314 Cell: 541-297-4105 Toll free 1-888-280-0726 jdavies@ctclusi.org

### Family Support and Behavioral **Health Services**

2110 Newmark Avenue Coos Bay, OR 97420 Phone 541-888-1311 Toll Free 1-800-618-6827 Fax 541-888-1837

### **Tribal Dental Clinic**

1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-6433 Toll free 1-877-688-6433 Fax 541-888-7505

### **Elders Activities** Iliana Montiel

Assistant Director of Health Services 1245 Fulton Ave. Coos Bay, OR 97420 Phone 541-888-7526 Fax 541-888-5388 Toll Free 1-888-280-0726 imontiel@ctclusi.org

### **Tribal Court**

J.D. Williams Chief Judge 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll Free 1-888-280-0726 tribalct@ctclusi.org

# **Cultural Department**

Jesse Beers, Cultural Stewardship Manager 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1319 Fax 541-888-2853 jbeers@ctclusi.org

### **Eugene Outreach Office**

135 Silver Lane, Suite 200 Eugene, OR 97404 Phone 541-744-1334 Toll Free 1-800-877-2718 Fax 541-744-1349

### Florence Outreach Office Physical: 3757 Hwy. 101

Mailing: P.O. Box 2000 Florence, OR 97439 Phone 541-997-6685 Toll Free 1-866-313-9913 Fax 541-997-1715

### **Tribal Gaming Commission**

Brad Kneaper Executive Director of the Gaming Commission 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-2830 Fax 541-997-7293 bkneaper@ctclusi.org

### **Tribal Police**

Brad Kneaper Chief Law Enforcement Officer 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-6011 Fax 541-902-6507 bkneaper@ctclusi.org

### **Department of Natural** Resources

Roselynn Lwenya, Ph.D. Director of Natural Resources 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll Free 1-888-280-0726 Fax 541-888-2853 rlwenya@ctclusi.org



# Tribal Council

# Doc Slyter, Chief Tribal Chief

541-808-7625 (cell) dslyter@ctclusi.org

# Enna Helms

# Position #1 Council

541-297-7538 (cell) enna.helms@ctclusi.org

# Debbie Bossley, Chair

Position #2 Council 541-294-3972 (cell)

debbie.bossley@ctclusi.org

# Mark Petrie, Vice-Chair

Position #3 Council 541-297-3681(cell) mark.petrie@ctclusi.org

# Josh Davies **Position #4 Council**

541-294-4105 josh.davies@ctclusi.org

# Iliana Montiel

Position #5 Council

541-217-4613(cell) iliana.montiel@ctclusi.org

### Doug Barrett Position #6 Council

541-297-2130 (cell) doug.barrett@ctclusi.org

# Council Meeting February 14, 2021 10:00 a.m.

To practice safe social distancing guidelines, this meeting will be streamed online. Please login to the citizen portal of www.ctclusi.org and click Council Meetings for the

zoom link to this meeting.

### Agenda:

- Call to Order
- 2. Invocation
- Approval of Minutes as needed
- Tribal Council Reports
- Tribal Chief Executive Officer Report
- Chief Financial Officer Report 6. 7. Old Business
- **New Business** 8.
- 9. Other
- 10. Good of the Tribes
- 11. Executive Session as needed Council meeting video available to view at www.ctclusi.org

# Council Corner

To Our Tribal Members,

We see that Covid-19 is still greatly impacting our lives and communities no matter where we find ourselves. Even with the vaccine now being slowly distributed throughout our areas and the Country, we must maintain vigilant against this virus and be safe and follow the health expert's guidelines of masking up and avoiding gathering in groups. Our Government offices are still closed for walk-in service, though, our staff are working and are available to meet the needs of our membership and are making appointments. The Dental office is open for appointments and services, with the new addition of Chief Dental Officer, Jeffrey Guelinas. Please give a warm welcome to Dr. Guelinas on your next visit to the dental clinic.

Our hope was that this year would bring the opening of all our Tribal Events. We are not quite there yet. Tribal Council has been working

very hard on the many projects in areas for growth in the Tribe. We meet two to three times a week in the evenings. I would like to thank my fellow Council members for all the time they are willing to dedicate to the betterment of our Tribal people. Some of them have full-time jobs and much of our work is in the many evenings and weekends. Thanks to their families for allowing them to give their time also.

We look forward to working with the new CEO Sharol McDade who comes with a wealth of Tribal knowledge and experience. Tribal Council wishes to give their greatest appreciation to Stephanie Watkins for taking on the daunting task of acting Interim CEO during our time of transition.

Stay Safe and Well, Debbie Bossley, Tribal Council Chair



# Resolution Summaries

Date of Passage: September 30, 2020

Subject (title): Language Committee

**RESOLUTION NO.:20-083** 

Date of Passage: September 30, 2020 Subject (title): Trial Council Approval of Selection of Apparent Successful Bidder for Housing Department Community Center with Offices Project **Explanation:** The Tribal Council approves bid process for Housing Community Center and Office. Vote 7-0-0

**RESOLUTION NO.:20-084** 

Date of Passage: September 30, 2020 Subject (title): Supporting research Into Developing Clean, Reviewable Floating Offshore Wind Energy

**Explanation:** The Tribal Council approves this Resolution with the desire to explore the opportunities and benefits of offshore wind industry and will seek collaboration with other Coastal Tribes in these efforts Vote 4-1-2

**RESOLUTION NO.:20-085** 

Date of Passage: September 30, 2020 Subject (title): Wygant Road Land

Donation

**Explanation:** The Tribal Council approves and accepts the donation of land to Tribe.

Vote 7-0-0

**RESOLUTION NO.:20-086** 

Date of Passage: September 30, 2020 Subject (title): Games Technology Sales

and Security

**Explanation:** The Tribal Council approves this agreement for the gaming business of Three Rivers Casino and Hotel.

Vote 7-0-0

**RESOLUTION NO**.:20-087

Date of Passage: September 13, 2020 Subject (title): Sales Order Gaming

'Agreement

**Explanation:** The Tribal Council approves this agreement for the gaming business of Three Rivers Casino and Hotel.

Appointment **Explanation:** The Tribal Council authorizes approves the Language Committee to expand to 9 members,

**RESOLUTION NO.:20-088** 

due to the interest in participation. Vote 7-0-0

**RESOLUTION NO.:20-089** Date of Passage: October 11, 2020 Subject (title): Indian Housing Plan for 2021 and Tribal Council Approval **Explanation:** The Tribal Council voted to approve the submission to HUD.

Vote 7-0-0

**RESOLUTION NO.:20-090** Date of Passage: October 11, 2020 Subject (title): Amendment to CLUSITC Chapter 1-15, Executive Management for First Reading

**Explanation:** The Tribal Council approves to amend Chapter 1-15 tand post those changes for a 28 day comment period for Tribal member input on the CTCLUSI

Website. Vote 7-0-0

**RESOLUTION NO**.:20-091 Date of Passage: October 11, 2020 Subject (title): Second Reading and Final Action to Rescind CLUSITC Chapter 9-4 **Explanation:** The Tribal Council reviewed and received no public comments and approved this Code was rescinded. Vote 7-0-0

**RESOLUTION NO.:20-092** Date of Passage: October 11, 2020 Subject (title): Enrollment Name

Changes

**Explanation:** The Tribal Council voted to approve the name changes of two Enrolled Members. Vote 7-0-0

**RESOLUTION NO.:20-093** 

Date of Passage: October 11, 2020 Subject (title): Enrollment New Members **Explanation:** The Tribal Council voted to approve the following applicants as members of the Tribe: Kendall Jean Helms, Aurora Marie Long, Emma Lynn Paterson, Haizlee Lynn Young, Melody Sky Michael, Kaden K Michael, Wilder Stetson Byer, Oliva Neveah Thorn, Kayden Christina Freeman, Maddie Lynn Maxwell, Kamiyah Kimberly Reed, Kayson Henry Urso, Harper Ann Coleman, Wesley Van Hondros, Abigail Beatrice Cline, James Ryan Duckett, Greyson Scott Dollins, Gavin Timothy Groves, Nyjah Christopher Rutledge, Roman Allen Markel, Eisley Dream Napier, Jagger Monroe Naier, Dax Rainier Napier, Joshua David Wisdom, Kenneth Warren Hermsen JR, Douglas Gilbert Hermsen, and Kenneth Warren Hermsen III. Vote 7-0-0

**RESOLUTION NO.:20-094** Date of Passage: October 11 2020 Subject (title): Enrollment Active to

Historic

**Explanation:** The Tribal Council acknowledged the passing and approved to remove Jeffery Michael Miller from the Active Membership Roll and place him on the Historic Roll and his name on a plaque located in Tribal Hall. Vote 7-0-0

**RESOLUTION NO.:20-095** Date of Passage: October 11, 2020 Subject (title): Appointments and Reaffirmation of Three Rivers Foundation **Board of Trustees** 

**Explanation:** The Tribal Council voted to approved the following to the Three Rivers Foundation Board of Trustees: Mark Petrie, Doug Barrett, Stephanie Watkins, Jay Bozievich, Pat Farr, Bob Main, Tom Grove . Vote 4-0-3

Vote 7-0-0

# **CTCLUSI 2021 Fitness Program**

Contributed by Vicki Faciane, Director of Health & Family Support Services

It is so hard to believe that as you read this it is already February of the New Year! I hope this finds you and your family happy, healthy, and safe. I am pleased to let you know that we have restarted our Fitness Program benefit effective January 1, 2021. The program resumes in 2021 with one change: we will no longer be reimbursing for weight loss programs other than Weight Watchers. Food programs, shakes, and supplements are no longer allowable for the Fitness Program.

Fitness benefits are available to all enrolled Tribal members and their legal spouse. There is an annual maximum benefit of \$500 for adults and youth ages 5-17. The annual benefit for children 0-4 is \$300.

### Summary of Fitness Program Benefits

	Adults	Youth 5-17	Children 0-4
Gym Membership	Up to maximum benefit – non-fitness gym perks such as tanning and massage are not allowable and will be subtracted from reimbursements.	Up to maximum benefit – non-fitness gym perks such as tanning and massage are not allowable and will be subtracted from reimbursements.	N/A
Sports Participation	May use benefit for participation in organized sport activities. Reimbursement for clothing is limited. Convenience items (golf cart rentals, towel fees, etc.) are not allowable.	Covers the cost of organized sports (including dance, gymnastics, etc.) up to maximum benefit of \$500. Can be used to pay for school's "pay to play" fees. Also includes fees and special clothing.	Annual benefit of \$300 for age- appropriate activities such as swimming lessons, tumbling classes, etc.
Equipment	May use up to \$250 of the annual benefit for allowable equipment. See program manual for limits on equipment.	Up to \$300 of annual benefit can be used for equipment necessary to participate in an organized sport.	Equipment is limited to age-appropriate items, such as tricycles, helmets, and bike carrier seats.
Weight Loss Program	Weight Watchers only.	Weight Watchers only.	N/A
Nike Shoe Program	Available in adult sizes only. One pair per year – cost of \$65 subtracted from annual benefit.	Available in adult sizes only. One pair per year – cost of \$65 subtracted from annual benefit.	Not available in children's sizes.
Fitness Shoes	In lieu of Nike shoes: may get 1 pair annually of shoes specific to fitness activities. Limit of \$125/year (\$150 for hiking boots).	In lieu of Nike shoes: may get 1 pair annually of shoes specific to fitness activities. Limit of \$125/year (\$150 for hiking boots).	N/A

In addition to the information in the chart above, please remember that we no longer pay for race/participation fees for marathons and races. Please see the Fitness Program Manual online at www.CTCLUSI.org under the Member Services, Community Health and Wellness Programs tab for additional information about benefits and exclusions. You can also download and print the annual application from the website. You must submit a new application for each year that you are requesting reimbursement. This is a reimbursement program, meaning that you must first pay for the activity and then submit a receipt to us for reimbursement to you. However, we do have some agreements with local gyms that allow us to pay for your membership monthly. Please contact DeeDee Plaep at (541) 997-6685 or dplaep@ctclusi. org to see if your gym is available. North Bend/Coos Bay school districts only: we can pay school fees directly but we need a 2-week advance notice.

You can begin submitting receipts dated on or after January 1, 2021, to DeeDee now. Receipts for January-June are due no later than July 16, 2021. July-December receipts are due by January 14, 2022. You can e-mail your scanned receipts to DeeDee or mail them to the Florence Outreach Office at P.O. Box 2000, Florence, OR 97439.

# Can You Find Me?

In this edition of The Voice of CLUSI there is a hidden basket cap like the one pictured below (it could be any size and on any page).

If you find it, email mgaines@ctclusi. org to have your name entered into a prize drawing. In your email you must include your name, age, address (for mailing purposes) and contact phone number. In your email you must also let us know what page and where on the page you spotted the basket cap hiding! Must email by February 15<sup>th</sup> to be included in the raffle drawing.

Winner will be notified by phone or email and their name and prize description will appear in an upcoming edition of the Voice of CLUSI paper.

This month's contest sponsored by the Natural Resources and Culture Department.



Artwork by John Schaefer

Happy Basket Cap Searching!

Winners of the January 2021 edition Book Search:

Adult: Stanley McNutt Youth: Danny Schmidt

January raffle drawing winners received a literature package from the Education Department.

# Please Join Us for an Evening of Winter Storytelling! HECHIT'

2nd Annual 'Virtual' Storytelling Gathering



Hosted by the Culture Coalition

Join Zoom Meeting
<a href="https://zoom.us/j/9918205954">https://zoom.us/j/9918205954</a>
3?pwd=OUIZUytud25hTG51SEd
zbTFrOWo1UT09

Meeting ID: 991 8205 9543 Passcode: 212509

# Saturday, February 20<sup>th</sup> Starts at 6:00 PM

~ Opening Prayer Chief Doc Slyter

~ Storytellers

~ Open Mic

~ Raffle

For more information you may call Enna Helms at (541) 297-7538 or email at ehelms@ctclusi.org

# Łe' Łəx (Medicine) of the Month: Lingcod

Contributed by Ashley Russell, Water Protection Specialist

Lingcod aggregate in shallow water and bays on the west coast of North America in early spring (February –March in our Ancestral Territory) to spawn, making them more accessible to shore based fisherman. Hooks to catch them were made from wood or bone and were often carved with spirit figures to attract them by our coastal sister Tribes.

These copper mottled beauties are characterized by a large mouth with 18 sharp teeth. They can grow to lengths of up to 5 feet long, weigh up to 80 lbs. and can live to be more than 25 years old. After spawning, males stay to guard their nests until their eggs hatch, about 8-10 to weeks. They are also very tasty and some even have green flesh, which turn white once it is cooked.

Hanis: Gwissits

Shayuushtla: Pahuu'wi

Scientific Name: Ophiodon elongatus

### Seafood Pot Pie with Cheddar Crumble Biscuit

(Adapted from *Primal Cravings: Your Favorite Foods Made Paleo by Megan McCullough Keatley and Brandon Keatley.*)

### Filling:

- Butter (for the pan)
- 3 celery stalks, diced
- 2 leeks, chopped
- ½ shallot, minced
- ½ cup chicken or seafood stock
- ¼ heavy cream
- 1 tablespoon tapioca flour
- 1 6.5 ounce can clams in juice or ~3/4 cup fresh clams
- ¼ pound shrimp, peeled and deveined
- 1 pound lingcod or cod filets, chunked
- ¼ pound rock or bay scallops
- Salt to taste

### **Biscuit Topping:**

- 1/3 cup tapioca flour
- 1/3 cup coconut flour
- 2 teaspoons baking soda
- 2 green onions, chopped
- 8 ounces shredded cheddar cheese
- ½ cup water

### Directions:

- 1. Preheat oven to 350°F
- 2. In a large soup pot, sauté celery, leeks, and shallots in butter over mediumhigh heat. Stir in chicken stock, cream, tapioca flour, and seafood.
- 3. Turn heat down to medium and continue cooking seafood. Then, flake the lingcod into bite-sized chunks.
- In a large bowl, combine tapioca and coconut flours, baking soda, green onions, and cheddar cheese. Add the water one tablespoon at a time until crumbs start to form.
- Spoon the seafood filling into a large oven-safe baking dish. Pour the biscuit crumbs on top evenly over the seafood filling.
- 6. Bake about 30 minutes or until golden brown and bubbly.

# Watch Da

# February

2021





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8 Healthy Cooking with Smoked Salmon with Mark Petrie	9	Traditional Tools & Mini Herring Rake Making with Ramil Beers	11	12	13
14	15	16	17	18	19	20
21	Carving Techniques with Mark Petrie	23	24 Talking Stick Making with Jesse Beers	25	26	27
28						

# Watch Previously Recorded Virtual Cultural Activities Online

Visit the Tribal website at www.ctclusi.org and login. In the new Citizen Portal you will find a tab for Virtual Culture Zoom classes.

The Zoom link to live classes will be posted here as well as all the previously recorded zoom classes.

Did you miss any January classes? You can still go watch and enjoy online!

Monday activities are geared towards Adults, and Wednesday activities are geared for Youth.

Materials for Wednesday classes can only be provided to youth at this time.

Contact Ashley Russell at arussell@ctclusi.org for materials while supplies last.

Need help registering for the website? Contact Morgan Gaines mgaines@ctclusi.org (541) 808-7918

# Tribal Forest Land Updates

Contributed by Steve Andringa, CTCLUSI Forest Lands Manager

# **Macy Tract**

This is the sixth in a series of articles describing another CTCLUSI forest land tract - the Macy Tract. The 37-acre Macy Tract is near the confluence of the Umpqua and Smith Rivers. Although there has been some past management, it appears to be minimal and the small tract of land is rich with diversity. The area is roadless, the terrain is steep and rugged, and walking the tract is arduous, but for those who appreciate the oldgrowth characteristics of a coastal forest, visiting this tract is worth the effort. Inventory results show the stand age to be 150 years with nearly 50,000 board feet per acre of timber. However, this tract is not likely to be actively managed for timber production anytime in the future. The difficult access, small tract size, high wildlife habitat value, and the presence of other higher-priority management areas on the CTCLUSI Tribal Forest make this tract a low priority for timber production.

A managed farmland sits to the west of the tract, and within 200 yards lies the Umpqua River bank. There are no "reciprocal rights-of-way agreements" on this tract, but upon request from the caretaker of the farm, we have had no issues accessing this parcel. The tract is best viewed from Highway 38 across the Umpqua River. Follow the power lines across the river and view the tract to the west of those lines.

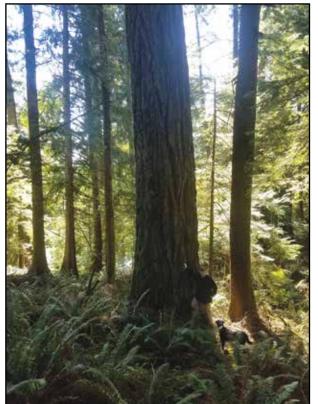
The Macy tract is a portion of the former allotment of Lizzie Macy. The Macy tract adjoins a portion of the former allotment of Annie Macy and is near the former allotments of James Macy and Gus Macy. Macy descendants comprise the largest

family within the Lower Umpqua Tribe. The Macy tract holds symbolic value as an allotment which was lost in ownership of an earlier generation of Tribal members, and now is back home nestled safely in the arms of CTCLUSI.

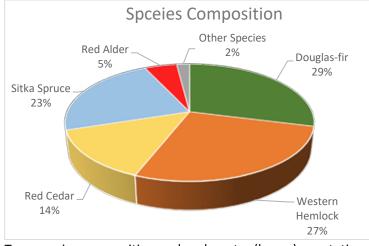




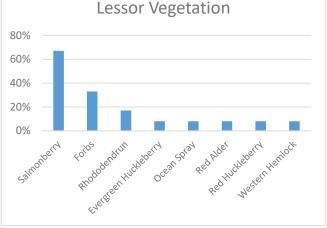
Macy tract - location (above)







Tree species composition and undersotry (lessor) vegetation.



Note the abundance and diversity of species mix.

# Electronic Payment Program

Effective 2021, CTCLUSI Finance department AP team is implementing an electronic payment program.

If you wish to receive your payments as direct deposit to your bank account, please provide your bank account information requested in the secure electronic form (see the link below) to the CTLUSI AP team.

https://laserfiche.ctclusi.org/Forms/EFT-Form
This form can also be found on the Tribal website at

https://ctclusi.org/finance-department/

Any Questions?

Email AP@ctclusi.org

Call: Denise Driskill, (541) 888-7534 or Denise Layton, (541) 888-7301

# ENROLLMENT DEPARTMENT NEWS

REQUEST A NEW TRIBAL ID CARD ONLINE!

Visit **www.ctclusi.org** and go to Enrollment.

Fill out the new form online, upload a new photo and your card will be mailed to you in 7-10 days.

You must verify your mailing and physical address and list a phone number in case I need to contact you for additional verification over the phone.

Questions? Email Jeannie McNeil at jmcneil@ctclusi.org

### Low Income Home Energy Assistance Program

The Health and Family Support Services Department is offering Heating for qualifying low income households. To receive heating assistance contact the Health and Family Support Services Department or fill out an application on the CTCLUSI website at https://ctclusi.org/family-services. Eligible households must reside in the five county service area of Coos, Curry, Lincoln, Douglas, and Lane, and fall into 60% of the Estimated Oregon State Median Income as listed below. To qualify, your yearly income needs to be at or below the following income:

> \$27,805 1 Person Family 2 Person Family \$36,361

3 Person Family \$44,916

4 Person Family \$53,472

5 Person Family \$62,028

\$70,583 6 Person Family



In order for your application to be processed and determine qualification you must provide:

Proof of Income (Pay Stub) **Social Security Card** 

Copy of your utility bill SSI or SSDI Statement of Benefits

**Tribal Enrollment Card** Child Support Statement

**Current Oregon Health Plan Card Oregon Trail Card** 

No appointment is necessary as Tribal Households can fill out the application online at https:// laserfiche.ctclusi.org/Forms/LIHEAP, or you contact a Family Support Services staff to assist you. The general CTCLUSI Family Support Services Department number is 541-888-6169. If you have any questions regarding the LIHEAP program, you can also contact Shayne Platz at 541-297-3450.

\*Note that available funding can be subject to change.

# **Circles of Healing Beaded Collar Project**

The Circles of Healing Program will be hosting another session of beaded collar courses in collaboration with guest instructor and artisan Kristy Petrie. This will be offered to the first 10 adult Tribal household members who register.

Courses will be held from 6-8 p.m. via zoom on the following dates: March 16th, April 6th, April 20th, May 4th, May 18th, May 25th.

All materials will be provided and mailed to participants.

The deadline to register to participate is March 15th, 2021.

To register call or email Melissa Smith at 541-294-2197 or melissa.smith@ctclusi.org

Circles of Healing Zoom Workshop Series

Hi' Siti Ha (Good Is Our Heart) Women's Healing Through Traditions Series 2021 Class Schedule

Tuesday, February 9th

**Smudge Kits** 

Register by Monday, February 1st

Tuesday, May 11th

**Medicine Bags** 

Register by Monday, May 3rd

Tuesday, March 9th

**Dentalium Necklaces** 

Register by Monday, March 1st

Tuesday, April 13th

**Ladder Earrings** 

Register by Monday, April 5th

Tuesday, June 8th

**Feather Fans** 

Register by Monday, May 31st

Tuesday, July 13th

**Dreamcatchers** 

Register by Monday, July 5th

Classes will be offered from 6:00 PM-8:00 PM via Zoom.

To register, contact Melissa Smith at 541-294-2197 or melissa.smith@ctclusi.org

These activities were supported by the Response Circles Grant Award from the Northwest Portland Area Indian



# PARENTING WORKSHOP SERIES

**GUEST PRESENTER** 

WEDNESDAYS 6:30PM - 7:30PM **STARTING** 

MARCH 17 THRU MAY 5, 2021



COME JOIN US FOR THIS EXCITING PARENTING WORKSHOP SERIES VIA ZOOM!

RAFFLE PRIZES FOR PARTICIPANTS WHO ATTEND  $FOR\ THOSE\ THAT\ ATTEND\ ALL\ 8\ WORKSHOPS\ YOU\ WILL\ BE\ ENTERED\ INTO\ A\ DRAWING\ FOR\ THE$ GRAND PRIZE SO DON'T MISS OUT!

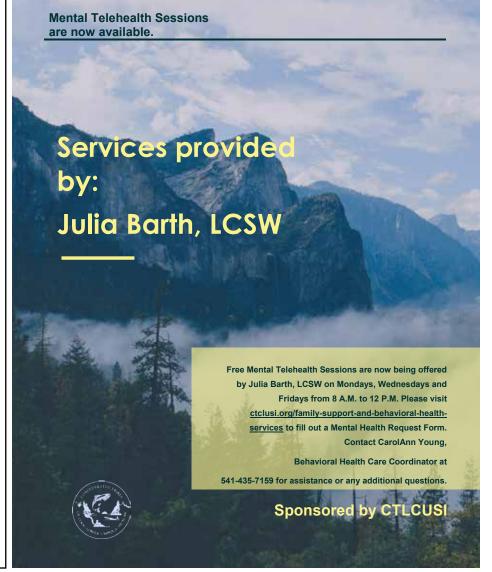
> RSVP - NO LATER THAN MARCH 11, 2021  $SHAYNE\ PLATZ-541-297-3450$ MELANIE MATESKI - 541-294-0431 A ZOOM LINK AND INSTRUCTIONS WILL BE SENT TO ALL WHO RSVP

Presented by the CTCLUSI Health and Family Support Services in Partnership with The Confederated Tribes of the Siletz Indians and Cow Creek Band of the Umpqua Tribe of Indians









# "In the Loop" with the Circles of Healing Program

# How Can I Help A Friend or Family Member?

Contributed by Melissa Smith, Circles of Healing Outreach Advocate, Article Credit: StrongHearts Native Helpline

Are you concerned that a relative, friend or coworker may be in an abusive relationship? Some of the warning signs you might notice could include:

- They have unexplained marks or injuries
- They are depressed, anxious or have noticeable changes in their personality
- They are constantly worried about making their partner angry or they make excuses for their partner's behavior
- They've stopped spending time or communicating with friends and family
- Their partner puts them down in front of other people
- Their partner is extremely jealous or possessive

It can be difficult to share your concerns or know what to do when someone you care about is being abused. Your instinct may be to "save" them, but the person experiencing the violence is the best judge of their situation. After all, there are many reasons why people stay in abusive relationships. Leaving can also be a very dangerous and challenging time for a victim.

One of the most important ways you can help someone facing abuse is to consider how you might support them in making their own decisions.

To learn more about how to support a loved one, we encourage you to reach out to the StrongHearts Native Helpline for support at **1-844-7NATIVE** (**762-8483**), available daily 7 a.m. to 10 p.m. CST. Callers reaching out after hours may connect with the National Domestic Violence Hotline by selecting option 1.

### "WHY DON'T THEY JUST LEAVE?"

People who have never been abused often wonder why a person wouldn't just leave an abusive relationship. They don't understand that leaving can be more complicated than it seems, especially if it means leaving a tribal community to escape the abuse.

Leaving is often the most dangerous time for a victim of abuse, because abuse is about power and control. When a victim leaves, they are taking control and threatening the abusive partner's power, which could cause the abusive partner to retaliate in very destructive or dangerous ways.

Here are a few of the common reasons why people stay in abusive relationships:

- **Fear:** A person may be afraid of what will happen to them or their children if they decide to leave the relationship. If a person is in an LGBTQ relationship and has not yet come out to everyone, they may fear their partner will reveal this secret.
- Believing Abuse is Normal: A person may not know what a
  healthy relationship looks like and may not realize that their
  relationship is unhealthy.
- Embarrassment or Shame: It's often difficult for someone to
  - admit that they've been abused. They may feel they've done something wrong by becoming involved with an abusive partner. They may worry that their friends, family or community will judge them or talk about them behind their back.
- Self-Low When Esteem: an abusive partner constantly puts someone down and blames them for the abuse, it can be easy for the victim to believe those statements and

think that the abuse is their fault.

- **Love:** So often, the victim feels love for their abusive partner. They may have children with them and want to maintain their family. Abusive people can often be charming, especially at the beginning of a relationship, and the victim may hope that their partner will go back to being that person. They may only want the violence to stop, not for the relationship to end entirely.
- Cultural/Spiritual Reasons: Someone's cultural beliefs or spirituality may influence them to stay rather than end the relationship for fear of bringing shame upon their family or to their tribal community.
- Language Barriers: If a person's first language is a Native language, it can be difficult to share the depth of their situation to others or to seek out help from domestic violence and dating violence service providers.
- Lack of Money/Resources: A victim may be financially dependent on their abusive partner. Without money, access to resources or even a place to go, it can seem impossible for them to leave the relationship, especially if the person lives with their abusive partner.
- Disability: When someone is physically dependent on their abusive partner, they can feel that their well-being is connected to the relationship. This dependency could heavily influence their decision to stay in an abusive relationship.

American Indians and Alaska Natives can also face unique safety and justice barriers to leaving an abusive relationship. Some of these barriers are:

- **Geographic isolation** (ex. living in a rural tribal community).
- Fear of being identified when seeking help or services in one's own small, tight-knit community.
- **Fear of retaliation** from the abusive partner, their family or of being shunned by their tribal community.
- Gaps in culturally-based supportive services.
- Lack of law enforcement (ex. in remote areas).
- Historical distrust of law enforcement authorities.
- Cross-jurisdictional issues when seeking help and/or reporting abuse.

Even with all of the barriers, all Native people have a right to safety, protection and to live lives free of abuse.

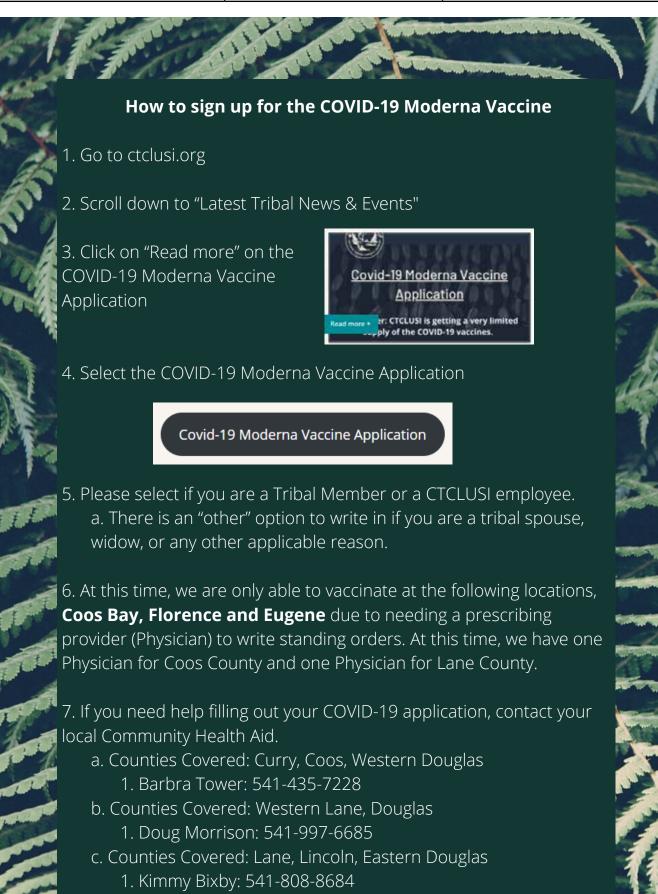
If you are currently experiencing crisis due to domestic violence, sexual assault, human trafficking, dating violence or stalking, the Circles of Healing program is here to help. We offer confidential advocacy, safety planning and other support services. For more information or to speak to an advocate please call Melissa Smith at 541-294-2197 or Melinda Radford at 541-808-8450.



# Some Differences Between Moderna and Pfizer COVID-19 Vaccines

Contributed by Kristy Petrie, RN BSN, Community Health Nurse. Resources: Oregon Health Authority (OHA)

	MODERNA	PFIZER	
Vaccine Schedule		2-dose series separated by at least 21 days. Minimum of 17 days.	
COVID-19 Card	Given at first vaccine appointment. Bring with you to your second vaccination appointment. You can take a picture with your phone in case you forget to bring it to your next appointment time.		
Ages Approved	18 years and older.	16 years and up.	
Recommendation to separate COVID vaccine from any other vaccine	At least 14 days.	At least 14 days.	
Doses	10-dose vials.	5-dose vials.	۱
Participants in the Trial	30,350	36,621	] ;



# Oregon Health Authority COVID-19 Vaccine Facts

# Fact: COVID-19 Vaccines are safe

- Covid-19 vaccines are being carefully evaluated in clinic trials.
- Many of these trials are much larger than normal, with 30,000 to 60,000 volunteers.
- COVID-19 vaccines will only be approved if they meet safety standards and make it much less likely you'll get COVID-19.

Fact: COVID-19 vaccines undergo rigorous safety testing. Any authorization for a vaccine will still be vetted for safety and effectiveness by three independent scientific groups, including

- Data Safety Monitoring Board (DSMB),
- Vaccines and Related Biological Products Advisory Committee (VRBPAC)
- Advisory Committee on Immunization Practices (ACIP).

# Vaccination gives us hope the pandemic will end!

In the meantime, we need to continue safety measures to keep the virus from spreading:

- Wear a mask.
- Physically distance from others (6-feet or more).
- Wash your hands.
- Avoid gatherings.
- Stay home when you're sick.

Be sure to check the Tribal website www. ctclusi.org for digital copies of The Voice of CLUSI monthly newsletter and more Tribal Government Information.

Visit https://ctclusi.
org/health-alertnotifications for more
information and links to
the CDC concerning the
Covid-19 Pandemic.
If you are a Tribal
member who needs
assistance getting
signed up for full
access to www.ctclusi.

org please e-mail

call (541) 808-7918.

mgaines@ctclusi.org or

# Drive Thru Vaccination Clinics for Moderna Covid-19 Vaccine

The first round of Moderna Covid-19 Vaccine drive thru clinics were a big success administering the first 100 doses received from the state. Fill out an application today to get an appointment.



Community Health Nurse Kristy Petrie administers a Moderna Covid-19 Vaccine at the drive thru clinic.



Pictured above: Chief Warren Brainard visits the Eugene Drive Thru Vaccinatino Clinic and wears a "Protects Me, Protects You" button.

# **COVID-19 Myths vs Facts**

Contributed by Kristy Petrie, RN BSN, Community Health Nurse Resources: Oregon Health Authority (OHA)			
<b>Myth:</b> The COVID-19 vaccine can cause sterilization.	Fact: There's no evidence to support sterilization as a side effect of the COVID-19 vaccine.		
Myth: People who have had a significant allergic reaction shouldn't get the vaccine	<b>Fact</b> : Being allergic to one thing does not mean that you're allergic to another. People who have an allergic reaction to a component of the COVID-19 vaccine should not receive it.		
Myth: The vaccine hasn't been adequately tested.	<b>Fact:</b> COVID-19 vaccines have been evaluated extensively in large-scale clinical trials. FDA will authorize their use only after reviewing this data.		
<b>Myth:</b> The vaccine only reduces symptoms but doesn't prevent getting or spreading COVID-19.	<b>Fact:</b> The trials showed that the vaccine prevents COVID-19 illness but did not evaluate whether they prevent infection or transmission. We don't yet know whether they prevent infection or transmission.		
Myth: The side effects of the vaccine are worse than the side effects of getting COVID.	Fact: While COVID-19 can be mild, it can also be very severe or even fatal. The COVID-19 vaccine can cause pain at the injection site, headache and muscle aches. These side effects appear to be more severe than with most vaccines but resolve in a day or two.		
Myth: The vaccine won't help your body build immunity the same way getting the virus will.	<b>Fact:</b> The body builds immunity to COVID in a different way with the vaccine than through infection. But the vaccine helps build immunity without having to get the disease, which can be serious and even fatal (death).		
Myth: mRNA vaccines are more dangerous than other vaccines.	<b>Fact:</b> Messenger RNA (mRNA) vaccines appear to cause short-term side effects more often than many other vaccines. But these side effects do not appear to be lasting.		
Myth: mRNA vaccines can alter your DNA.	Fact: Messenger RNA injected into your body will not interact with or affect your cell's DNA. Messenger RNA vaccines work by teaching cells in the body how to make a protein that triggers an immune response, according to the CDC.		
<b>Myth:</b> If I've had COVID-19 and recovered, I don't need to get the vaccine.	<b>Fact:</b> Due to the severe health risks associated with the disease and the fact that re-infection is possible, people may be advised to get a COVID-19 vaccine even if they have been sick with the disease before.		
Myth: Once I get the COVID-19 vaccine, I can stop other safety measures like masking and physical	<b>Fact:</b> While the vaccine may prevent you from getting sick, it is not yet known whether you can carry		

# For more information visit https://govstatus.egov.com/OR-OHA-COVID-19 or call 211

precautions.



distancing.

Myth: The vaccine will be mandatory.

Naomi Petrie and Kristy Petrie geared up for the drive thru vaccination clinic in Eugene, Oregon.



and transmit the virus to others after vaccination. Until we learn more, it's best to continue taking

Fact: When a vaccine is authorized for emergency

use, patients need to agree to receive it.

Naomi Petrie gives vaccination recipients information on the Moderna Covid-19 Vaccine.

# Purchased and Referred Care Update

Contributed by Holley Abrica, Purchased/Referred Care Specialist

Greetings from PRC. Hopefully you have all gotten your annual application in to us for 2021. If not, it's not too late. If you live within our 5-county service area, fill your application out online and you will be eligible for services again. Also, if you are eligible for Medicare, we need your award letters to be able to reimburse you for those premiums. If you have not done so, please contact Holley Abrica at 541-888-7528 as soon as possible.

Please remember that Purchased/ Referred Care is **NOT** an insurance. We provide a benefit to you by paying what would be considered "Patient Responsibility." We act as insurance in the way we pay for your medical costs, so it can be confusing. If you ever have questions about this, or anything to do with the benefits we provide, please reach out to any of us and we will be glad to assist you.

We recently welcomed a new member to our team, Kelli Nelson. She is located in the Eugene Outreach Office. She comes to us with many years of medical billing experience and is training with the very knowledgeable Nancy Spray, so we know she is already a very valuable member of our team. You can reach her at the number you have always used for Nancy at 541-888-7518. Nancy is now working remotely from her home in sunny Arizona! While she is currently still available to us via cell and email, Nancy will be moving on with her new life in the coming months. She will be so missed, but rest assured that the rest of the team are here to help

Please remember that you still need to call for a PO <u>48 hours</u> in advance, unless it is an emergency situation, in which case you have 72 hours after the fact to let us know. PRC has secure voicemail, so please feel free to leave us a message. We require the following information to issue a PO:

- Date of appointment
- Name of facility your doctor works in (for example, Dr. Smith at PeaceHealth in Florence)
- Reason for your visit
- And of course, your name and phone number

You can reach any one of us Monday through Friday 8:00 am to 5:00 pm at the main PRC number 541-888-4873. We are all happy to help!

# Garden Box Delivery Total Success!

Contributed by Jesse Beers, Cultural Stewardship Manager

For thousands of years, our ancestors, the peoples of the Coos, Lower Umpqua, and Siuslaw, sustainably harvested and managed the resources of the lands and waters for abundance and it was abundant. Food and other resources was all around them which was directly tied to their management. Traditionally, we had gardens with amended soils and wind breaks that were primarily used to grow traditional tobacco. Traditional tobacco is a sacred plant that was and is only used in ceremony. Currently we have a modest community garden in which we grow Traditional Tobacco that is dispersed to Tribal Members upon request for ceremonial purposes. Our ancestors also managed traditional woodland 'gardens'. Regrettably, many of these gardens were lost upon colonization.

Today, we strive to regain our food sovereignty and our ancestors' traditional ways of 'gardening' by gathering these traditional foods on public lands and the properties of willing private landowner's and bringing them back to our Tribal people to cultivate. Our Tribe currently has a small community garden with 16 raised beds and a greenhouse where we grow camas, harvest brodiaea, chocolate lily, wapato (separately), and traditional tobacco, to name a few. Tribal Members also have their own boxes in the garden that

they grow veggies. However, because our community garden is so small and our Tribal membership is dispersed throughout our five county service area and beyond, it only serves a handful of Tribal families.

This year, we were presented with another obstacle: the inability to safely access the community garden due to health concerns relating to COVID-19. This pandemic also inhibited our ability to gather, learn from our Elders, and teach our youth as a Tribal community. We recognized that our community garden isn't beneficial to our Tribal membership if they aren't able to utilize it without risk. Because of this, we sought innovative ways and resources to be able to provide our Tribal people with ways to supply themselves with their own traditional foods and other healthy fruits and vegetables from the safety of their own backyards. It is, at this time, that we have to stay at home and gather.

So while, working from home during quarantine our department wrote a small grant with the goal to provide garden boxes and soil to Tribal Elders and Families who were interested within the five county service area. This way should they be quarantined at home again they can be more self-sufficient and grow their own fruit



and vegetables. Having our tribal membership be self-reliant is a great way to increase our tribal Members Food Sovereignty. Luckily we received this grant and when we came back to work we were able to hit the ground running.

A huge shout out goes to the Maintenance Department for working so hard on the garden boxes and delivery. We were able

to provide 4 patio planters and constructed 22 raised beds, which were delivered to 22 tribal families, 11 of which were Elders. We have now secured and sent out fifty different organic garden and herb seeds along with harvest brodiaea, camas, sweet grass, bear grass, and traditional tobacco. With this small grant and teamwork we were able to provide large results and we invite everyone to send in pictures of their garden boxes once they are full of veggies, fruits, or herbs.

# **Firewood Delivery Program**

For LIHEAP Recipients and Tribal Elders

If you are eligible for **LIHEAP** and firewood is your primary heating source, please contact Shayne Platz at (541) 297-3450

Tribal **Elders** in need of firewood for heating, please contact Tyrell Walton at (541) 808-7957

First come, first served until all wood is gone
2 cords max per household
Delivery available within service area, please call Tyrell to schedule



# **Elders Corner**

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. Elders will be contacted by Kimmy Bixby of Community Health Services with information for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. *Thank you Elders!*Contributed by Kimmy Bixby, Community Health Aide



Roberta Lawry

### **Favorite Hobbies:**

- Genealogy
- Crocheting
- Cooking

# Roberta Lawry

### Coos

# **Immediate Family:**

 Daughter Deb Hileman, son John Lawry, son Robert Lawry.

# **Proudest Accomplishments:**

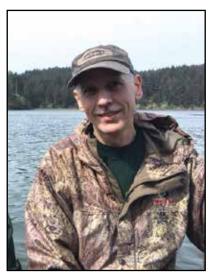
- Children
- Grandchildren
- Doing a complete run of genealogy for her family.

### **Bucket List:**

 She has done pretty much everything she's wanted in life, but she is really looking forward to getting back to spending time with family after the pandemic is over.

### Favorite Sayings:

"You attract more bees with honey than you do with vinegar."



Roy Brainard

### **Favorite Hobbies:**

- Hiking
- Fishing
- Running

# Roy Brainard

### Coos

# **Immediate Family:**

 Parents Warren T. Brainard and Janet Brainard, brother Tom Brainard, wife Annette, children Michael and Alycia, and nephew Andrew Brainard.

### **Proudest Accomplishments:**

- Marrying his wife.
- · Raising his kids.
- Running the half- marathons annually.

### **Bucket List:**

- Ziplining.
- Continue hiking with daughter and son-in-law.

### Favorite Sayings:

"Nitpicking is demoralizing.

Magnify the positives and you will get better results."

# **Title VI Program Services Available to Elders**

The Title VI Program for Elders (age 55 and over) provides federal grant monies for our Congregate Meals Program, Frozen Meals Program, Chore Service and Respite Care Services for Tribal Elders, Spouses and Widow(er)s whose primary residence is within our five-county service area (Coos, Curry, Douglas, Lane, and Lincoln counties).

# This month we would like to highlight Chore Services:

# **Chore Services Program Eligibility:**

- Elders age 55 and older whose primary place of residence is within the five-county service area of: Coos, Curry, Douglas, Lane, and Lincoln Counties.
- Tribal spouses are not eligible for Chore Services; however, widow(er)s are eligible until the time they remarry.
- Services must be provided at the Elder's primary place of residence is within the five county service area.
- The purpose of the Chore Services program is to provide assistance to Elders with activities they cannot easily do for themselves and which, by having someone perform these duties for them, allows them to remain living independently in their own home(s).

# Some but not all inclusive eligible chore services include:

- Yard work, including lawn mowing, leaf raking, general clearing of debris around the home
- Weather stripping around doors and windows
- Gutter cleaning
- Snow removal from driveway and sidewalks
- Purchase and stacking of firewood

General cleaning of the household, including but not limited to dusting and cobweb removal, vacuuming, trash removal, bathroom cleaning, dishwashing, laundry, scrubbing floors and walls, appliance cleaning, window washing, and stripping and remaking beas.

There are forms that must be filled out for this service. I nose τorms can be picked up at your local οττίce or mailed to your home. The cycle for these funds is not on a calendar year.

The funds are available annually from April 1st of the current year through March 31st of the following year.

For further information on Chore Service, please contact your local Community Health Aide:
Coos Bay - Barbara Tower (541) 888-7520 Florence - Doug Morrison (541) 997-6685
Eugene - Kimmy Bixby (541) 744-1349

# 12 Month Emergency Preparedness Calendar: February - Water

Contributed by: Armando Martinez, Emergency Management Coordinator, By: do1thing.com

Being prepared for disasters and emergencies can seem like a big job. Many people don't know where to start, so they never start at all. With Do 1 Thing you can take small steps that make a big difference in an emergency. Do 1 Thing is a 12-month program that makes it easy for you to prepare yourself, your family, and your community for emergencies or disasters.



SMALL STEPS TOWARD BEING PREPARED FOR AN EMERGENCY

# Water



**THE GOAL:** Have enough water on-hand for your family to last 3 days (72 hours). This should be about 3 gallons per person.

Whether you live in the country or the city, your water supply relies on electricity to run the system. During a power outage you may find yourself without a way to get water. Your water supply can also become unsafe to drink. Both private wells and city water systems can be contaminated in a disaster.

DD CHOOSE ONE OF THE FOLLOWING THINGS TO DO THIS MONTH TO BECOME BETTER PREPARED:

☐ Purchase and store a 72-hour supply of commercially bottled water (or more – up to two weeks).

A three-day supply for one person is 3 gallons of water (one gallon per person per day). Also include an extra one gallon for a medium size pet. That one gallon should last three days, but plan for more or less if your pet is very large or very small.

1 day, 1 person = 1 gallon (or 128 ounces) = 7-20 ounce bottles = 4 liters 3 days, 1 person = 3 gallons (or 384 ounces) = 21-20 ounce bottles = 12 liters

During an emergency, you should drink at least two quarts (one half gallon) of water a day. Drink 3-4 quarts a day if you are in a hot climate, pregnant, sick, or a child. Some of the water in your emergency water supply will be used for cooking or washing.

If you buy commercially bottled water, it should be replaced once a year. Store your water in a cool, dark place to keep it tasting fresher longer.

If supplies run low, never ration water. Drink the amount you need today and look for more tomorrow.

☐ Bottle a 72-hour supply of water at home.

If you get your water from a private well, disinfect your tap water before bottling. Place six drops of bleach for each gallon of water, shake well, then let sit for 30 minutes. If you get your water from a municipal water system, there is no need to disinfect tap water before bottling.

Replace your water supply every six months if you bottle your own water. Always sanitize bottles before refilling them. Store your water in a cool, dark place.

### SANITIZE BOTTLES BEFORE FILLING:

- 1. Wash containers with dishwashing soap and rinse with water
- 2. Sanitize by washing a solution of 1 teaspoon of liquid household chlorine bleach to a quart of water on all interior surfaces of the container.
- 3. Let air dry for at least one minute

Use clear plastic bottles with tight sealing caps. Milk jugs don't make good water storage containers, they don't seal well, and water stored in them can sometimes develop a plastic taste. Only use bottles that originally had beverages in them (large plastic soft drink bottles work well). See the previous page to find out how much water you should have for your family in an emergency.

Learn how to provide a safe supply of drinking water for your household in a disaster.

**WATER HEATER**—DO NOT USE IF THE TANK OR FIXTURES HAVE BEEN SUBMERGED IN FLOODWATER!

- Turn off the gas or electricity to water heater (turn off electricity at the fuse or breaker box, turn off gas by locating the valve supplying the hot water heater and turning the valve handle so that it crosses—is not lined up with—the gas line).
- 2. Turn off the water intake valve (should be located near the water heater).
- 3. Open the drain at the bottom of the tank.
- 4. Turn on a hot water faucet (water will drain from the tank, not the faucet). Discard the first few gallons if they contain rust of sediment. Do not turn the gas or electricity back on until the tank is refilled.

### **PIPES**

- Turn off main water valve where the water comes into the house (usually near the water meter if you have city water).
- 2. Let air into the pipes by turning on the highest faucet in your house.
- Get water from the lowest faucet in your house (never get water from faucets that have been submerged in floodwater).

### ICE

If you have freezer space, consider freezing part of your water supply. This has the added advantage of keeping food in the freezer cold longer during a power outage.

THE MISSION OF DO 1 THING IS TO MOVE INDIVIDUALS, FAMILIES, BUSINESSES AND COMMUNITIES TO PREPARE FOR ALL HAZARDS AND BECOME DISASTER RESILIENT do**1**thing.com

THE MISSION OF DO 1 THING IS TO MOVE INDIVIDUALS, FAMILIES, BUSINESSES AND COMMUNITIES TO PREPARE FOR ALL HAZARDS AND BECOME DISASTER RESILIENT

do thing.com

# **CTCLUSI Alert HUB for Smartphones**

Contributed by Brad Kneaper, CTCLUSI Chief of Police

The Tribal Police and Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians would like to invite you to add our emergency alert phone app to your smart phone. The App is free. The alert system is intended to another layer of safety and alert users of emergency or hazardous situations such as weather alerts and warnings, tsunami warnings, and other natural or man caused emergencies or hazards in Oregon's Central Coast, South Coast, Central Willamette Valley.

Search your app store for "CTCLUSI Alert Hub" and download. Once the app is downloaded, you can select the settings symbol in the upper right corner, then select "Notifications" and select how you want to receive notifications. If you have any questions, feel free to contact us at Contact-TPD@ctclusi.org.

Stay informed with current updates from CTCLUSI ALERT HUB on your smartphone **Download for FREE!** 





Scan the QR code and install. If you are unable to scan the code, type 'CTCLUSI ALERT HUB' in the search box of your App Store.

# SUCIDE PREVENTION LIFELINE

1-800-273-TALK (8255)

suicidepreventionlifeline.org



# Fall Language Classes

Contributed by Enna Helms, Linguist Associate

dai estis, niishanax tomuuwii, hello everyone, we completed a 10-week language course during the Fall that started from September to December 2020 for all three languages: Miluk, Hanis, Sha'yuushtl'a uhl Quuiich. Language classes are being taught remotely through a website called Zoom, zoom.us. During fall classes, we learned bits of everything to help lay the groundwork for the Winter and Spring language class series. Here are a few quotes from some of the participants' experience in the Tribes fall language classes.

"dai s'la, miluk tliis mits'mits'tiiyas (hi cousins, miluk language class) has been a tremendous experience. It's a fascinating time to be a part of our Tribes language revitalization. I was nervous to join at first but Enna, Patty and Troy accommodates to everyone's pace. gele for sharing your knowledge and contributions to preserve our kuukwis and wa'as languages - teaching three classes during the week, no less!" - Jade Fong

"dai estis, xchiichuu ye iluwechis? (Hello everyone, how is your heart?) nluuwii len iluwechis (My heart is well). My heart is well because our language program is growing in a big way! I thoroughly enjoyed the 10week language course led by Enna Helms and Patty Phillips last fall. It was more than just a language class, though, because as we talked about the specific words and their provenance, interesting cultural and historical conversations followed. I would encourage all of you to join the classes in the capacity that vou're able to. A huge luuwii (thank you) to our wonderful staff in the Cultural & Natural Resources Dept. and Tribal Administration for making these classes available for us to revitalize our traditional languages!" - Mark Petrie, Tribal Council Vice Chair

"With it being in my second year of Indigenous language learning, I have begun to understand the importance of the revitalization of Indigenous languages. Learning the language is empowering, and helps us identify parts of our cultural identity while helping us connect to our ancestors. The process of learning Hanis has been very rewarding" - Jorney Baldwin

"dai! Ayuthea Cisneros len hInnas. Hanis language class has helped me meet and learn tribal values and knowledge through language acquisition with my relatives gwa Journey Baldwin le hInnas." - Ayuthea Cisneros

"niishanax' chomanii, Jesse Beers namhliin hliin. tqauwii sha'yuushtl'a tla'aian wan tiitai. (Greetings cousins, My name is Jesse Beers. I live in upriver Siuslaw Country). Every Friday that I'm able to make the time I've been participating in the Sha'yuushtl'a uhl Quuiich wa'as tomuuwii (Siuslaw and Lower Umpqua Language Gathering). Learning a new language, or a very old language in this case, can be very daunting or intimidating but these classes have really helped me focus on the Siuslaw Language and I've been pleasantly surprised about how fast I'm recognizing the language in my daily readings now. I encourage any and all Siuslaw and Lower Umpqua folks to participate. It would be great to have some more people to talk to in our language! hiisa." - Jesse Beers

"Enna and Patty make learning the language fun and interactive. I am becoming more confident and daily incorporating words I have learned in the language into correspondences. I am also teaching my children, who seem to pick it up faster than I do, of course." - Ashley Russell

"niishanax chomanii (hello cousins), I enjoy learning more of the sha'yuushtl'a (siuslaw) language and look forward to learning more" -Doug Barrett, Tribal Council member

"Kokwel'uu. As a Tribal citizen with a young child, the opportunity to learn Miluk through group classes has changed my life. Through language, I'm gaining a deeper understanding of the lived experiences of my ancestors in a way that translates directly to my own life experiences. Even more valuable is the opportunity to help my young son to more fully embody, and take pride and ownership of, his own identity as a Miluk person in a way that was not available for me growing up. This is something I never thought would be possible for us and we will carry it through our lives, wherever we go and whatever we do." - Jen Procter Andrews

"Learning your traditional language opens up a new window into our culture, and I hope to share what I've learned and continue teaching my kids about their culture as I learn alongside them. Taking the Miluk language course has inspired me to use more language at home, and ensure that my kids grow up hearing our traditional languages." - Courtney Krossman

"dai sla! Kendra len hlnnas. I have enjoyed taking the Hanis tli'iiis class so much, and have found it exceedingly rewarding. I believe as the younger generation it is in my duty to uphold the language and traditions passed on by my elders. I have learned so much and I can't wait to learn more from my mits'mits'tiiyas. niwets. luuwii!" - **Kendra Tamär Budd** 

"It wasn't intended for me to fill space with a quote, but I do have some words to share. helt' ha gele'uu tlo'no luuwe tlo mani'yas mits'mits'tiiya kwii timmihliidiiye kwiihln k'a (I'm so very thankful to the elders and ancestors' teachings and instilling resilience in our people). As Chief Doc Slyter often says "pushing forward in that positive direction together". To see my tribal relatives uplifted and connected to their language and heritage is truly a strong and heartwarming experience. Seeing our languages start in the home and knowing that our children are listening and speaking with us are countless blessings. Thankful for all the words shared on this page and celebrating with you on what you have achieved. I believe our Indigenous languages will strengthen our identity and change the course of history" - Enna Helms

Weekly zoom language classes have resumed the first week of January for Miluk, Hanis and Sha'yuushtl'a uhl Quuiich. Monday 3-5:00 pm for Miluk, Wednesday 3-5:00 pm for Hanis, and Friday's 3-5:00 pm for Sha'yuushtl'a Quuiich. You can check out the language page <a href="https://ctclusi.org/languageprivate/">https://ctclusi.org/languageprivate/</a> for previous class recordings and other lessons. If you are interested and want to sign up for virtual language classes please contact Enna Helms at (541) 297-7538. Thank you to our Tribal Council for supporting language revitalization efforts!

# VIRTUAL LANGUAGE CLASSES

10 WEEKS - WINTER 2021

# MILUK MONDAYS 3:00-5:00 pm Jan 4, 202 I Jan 11, 202 I TBD, 202 I (holiday) Jan 25, 202 I Feb 1, 202 I Feb 8, 202 I TBD, 202 I (holiday) Feb 22, 202 I Mar 1, 202 I Mar 8, 202 I

# HANIS WEDNESDAYS 3:00-5:00 pm Jan 6, 2021 Jan 13, 2021 Jan 20, 2021 Jan 27, 2021 Feb 3, 2021 Feb 10, 2021 Feb 17, 2021 Feb 24, 2021 Mar 3, 2021 Mar 10, 2021

# FRIDAYS 3:00-5:00 pm Jan 8, 2021 Jan 15, 2021 Jan 22, 2021 Jan 29, 2021 Feb 5, 2021 Feb 12, 2021 Feb 19, 2021 Feb 26, 2021 Mar 5, 2021 Mar 12, 2021

SHA'YUUSHTL'A-QUUIICH



Passcode: 495803

Please sign up with Enna Helms at ehelms@ctclusi.org or By Cell Phone at (541) 297-7538

# **Education Corner**

# Literature Nights

# February 3, 2020

Elementary school students 6:00 – 7:00 pm Lower Elementary (k-2) 6:00-6:30 Upper Elementary (3-5) 6:30-7:00

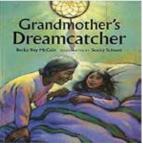
# February 17, 2020

Middle school students 6:00 - 7:00 pm

We look forward to reading with our youth and families. Books will be delivered for the participants. Looking forward to continuing our reading nights throughout the year.

Please sign up for future nights at <a href="https://laserfiche.ctclusi.org/Forms/Literature-Nights">https://laserfiche.ctclusi.org/Forms/Literature-Nights</a>







**Lower Elementary** 

**Upper Elementary** 

Middle School

# Financial Aid Night Series

Open to all CTCLUSI enrolled Tribal Member High School students and families. Please sign up at https://laserfiche.ctclusi.org/Forms/Financial-Aid-Nights Will also post link on Education Facebook group page.

February 3, 2020 7:15pm - 8:15 pm February 17, 2020 7:15pm - 8:15 pm

The financial burden for college continues to increase year after year as institutions raise tuition costs, Covid-19 has created the concept and need for distance learning, along with many other barriers are Tribal students are now challenged with.

High school through higher education students and their families who are looking for information on financial aid, scholarships, loans, and any other higher education insight, are welcome to attend our financial aid nights beginning this winter. Participants will need to sign up through the website so materials can be shipped prior to the Zoom meetings



# Chrome Books

# Housing Department IHBG-CARES Grant

The needs request form is still available on the Tribal Web site www.ctclusi.org homepage. If you are, an enrolled student ages 5-18 and you need a chrome book to help with your distance learning; you may apply.

If you are an Elder age 55 + and you need a chrome book to help you with your medical appointments and social distancing needs; you may apply.

# **ATTENTION**

# All Enrolled Higher Education Students!

With proof of your current student status, you may now apply if you need a chrome book to help you with your distance learning. You will need to provide either the Housing Dept. or the Education Dept. with a copy of your current class schedule.

For questions, please contact:

Laura Fortin, Director of Housing at 541-888-7504 or lfortin@ctclusi.org Josh Davies, Education Director at 541-888-1314 or jdavies@ctclsui.org

# **Tutoring**

As we know, schools have started this year are either in a hybrid model or completely online. Regardless of what your educational path is, the Education Department is here to help. If your student is in need of tutoring, please go to our website (www.ctclusi.org). Under Member Services, please click on the Higher Education tab. Under the Higher Education tab, scroll down to Education Programs. There you will the survey that can be filled out to submit tutoring needs to the education department. Here is the direct link to the survey:

https://laserfiche.ctclusi.org/Forms/ ED-Tutor-Request.

# CTCLUSI Education News Facebook Group Page

Information for CTCLUSI Tribal Members about higher education needs, financial aid, events and activities are shared here. Education Department and other CTCLUSI departmental activities will also be shared here. Higher Education students are also encouraged to join this page as important college information will be posted as we get it (scholarships, internships, etc.). Please look for the CTCLUSI Education News and click join group!



# 7 TIPS FOR PARENTS SUPPORTING REMOTE

From Larry Ferlazzo

@Larryferlazzo

LEARNING



MODEL HOW TO FACE CRISIS WITH COMPASSION

-Model with courage and compassion
-Model how to take care of yourself



2 HELP YOUR CHILD MAINTAIN A SCHEDULE -Have a set time each day when kids can do their work.



3 DEDICATE A SPACE IN YOUR HOME FOR SCHOOLWORK

-losentify a place in the home where your child can sit and do work.



ASK YOUR CHILDREN ABOUT WHAT THEY'RE LEARNING

What are the three most important things you learned today?

What is one thing you learned in science today?



5 READ WITH YOUR CHILDREN

Blead a book or an article

Blead in your family's home language



TELL FAMILY STORIES

Every family has stories to share



WRITE ABOUT WHAT YOU'RE GOING THROUGH

-Start a diary to share what you're seeing, feeling, and experiencing during this historical time

-Write together in your family language to process what everyone is a poing shrough.

It enhances identity and self-extern

CREATED BY OLKUHLIO

# Retirement Ceremony of Tribal Member Colonel Warren B. Brainard



Colonel Warren B. Brainard Chief, Security Forces, Directorate of Logistics, Engineering and Force Protection, Headquarters Air Mobility Command

Colonel Brainard retirement ceremony was attended by family and friends through zoom on November 5, 2020 at the Headquarters Air Mobility Command Scott Air Force Base, Illinois

### Education

- 1994: Bachelor of Science Degree, Wayland Baptist University, Plainview, Texas 1996: USAF Security Police Academy, Lackland AFB, TX
- 2001: Squadron Officer School, Maxwell Air Force Base, Alabama
- 2002: Graduate Certificate, Organizational Leadership, George Washington Univ., Washington DC
- 2004: USAF Security Police Administration Course AFIT, Eastern Kentucky Univ., Richmond, KY
- 2006: Master of Human Relations, University of Oklahoma, Norman, Oklahoma 2008: Air Command and Staff College, Maxwell AFB, Alabama (Correspondence)

2013: Air War College (Correspondence)

# Assignments Biography

- 1991 1996: Law Enforcement Specialist, 15th Security Police Sq, Hickam AFB, HI
- 1996 1998: Security Police Flight Commander, 10th Missile Sq Nuclear Convoy Commander, 741st Missile Security Forces Sq, Malmst1 rom AFB, MT
- 1998 2001: Training & Resources Flt/CC, 60th Security Forces Sq, Travis AFB, CA
- 2001 2002: Strategic Policy Intern, Joint Staff J-34, Pentagon, Washington D.C.
- 2002 2005: Operations Officer, 100th Security Forces Sq, Mildenhall AFB, England
- 2005 2008: Commander, 721st Security Forces Sq, Cheyenne Mountain AFS, CO
- 2008 2009: Commander, 741 st Missile Security Forces Sq, Malmstrom AFB, MT
- 2009- 2010: Commander, 341st Missile Security Forces Sq, Malmstrom AFB, MT
- 2010 2012: Chief, Force Protection Operations Division, Special Staff, United States Air Forces Central Command, Southwest Asia
- 2012 2014: Chief, Security Forces Operations Branch, Logistics, Installations and Mission Support Directorate, Air Force Space Command, Peterson AFB, CO
- 2014- 2014: Interim Commander, 460th Security Forces Sq, Buckley AFB, CO
- 2014- 2016: Commander, 628th Security Forces Sq, Joint Base Charleston, SC
- 2016 2018: Commander, Air Force ROTC, Detachment 685, Professor of Aerospace Studies, Oregon State University, Corvallis, OR
- 2018 Present: Chief of Security Forces, HQ Air Mobility Command, Scott AFB, IL Scott AFB, IL







# defeat threats to AMC's Airlift, Air Refueling, and Aeromedical Evacuation operations. The Security Forces Division enables force protection, security operations, antiterrorism, and police services while overseeing a 14 million dollar SF budget supporting AMC's nearly 136,000 active-duty and reserve military/ civilian personnel. They provide policy and support to AMC's 17 air wings, 57 Air Reserve bases, and 140 Operating Locations. Additionally, they provide direct support to 18th Air Force, AMC's sole warfighting numbered Air force for enroute contingency response and security support. HQ AMC manages more than \$24 billion in facilities and infrastructure at 25 continental U.S. and overseas enroute locations supporting over 800 daily worldwide strategic airlift missions. Colonel Brainard hails from Eugene, Oregon, beginning his

Colonel Warren 8. Brainard is Chief, of the Security Forces, Directorate of Logistics, Engineering and Force Protection,

Headquarters Air Mobility Command (AMC), Scott AFB, IL.

organized, trained, and equipped Security Forces (SF) to

Colonel Brainard is responsible for providing the best

military service as an enlisted member in the Air Force and later commissioned through Officer Training School in 1996. As a career security forces officer, he has worked at the squadron, major command, and air staff level in various positions, to include commanding multiple security forces squadrons. Prior to assuming his current position, Colonel Brainard was Professor of Aerospace Studies and the Commander of Oregon State University's Air Force Reserve Officer Training Corps, Corvallis, Oregon.

### Decorations

Bronze Star Medal
Meritorious Service Medal
Commendation Medal
Air Force Achievement Medal
Ko'sovo Campaign Medal
Afghanistan Campaign Medal
Global War on Terrorism Service Medal
Nuclear Deterrence Operations Service Medal
Defense Meritorious Service Medal
National Defense Service Air Force
Navy Commendation Medal
Armed Forces Expeditionary Medal
Iraq Campaign Medal
Defense Service Medal
Defense Service Medal
NATO Medal



JAN 2018



NOV 2011



AUG 2006



AUG 2000



AUG 1998



AUG 1996

# Toys for Tots Program Came to CTCLUSI!

Contributed by Vicki Faciane, Director of Health & Family Support Services

On December 14, 2020, Stephanie Watkins was contacted by Craig Meyers with the Toys for Tots program. Toys for Tots had set aside 10 large boxes of toys for the children of CTLCUSI! The CTCLUSI Health & Family Support Services department worked with Mr. Meyers to coordinate deliver of the boxes to our Eugene Outreach Office and to the Coos Bay Administration office. In our conversations with Mr. Meyers, we will be working with him to continue to participate in the program going forward. We want to give our thanks and gratitude to the Toys for Tots program and to Mr. Craig Meyers! We are looking forward to our future relationship with this wonderful program.

We received the boxes by December 17<sup>th</sup> and we distributed toys the following week. Parents of children living in the five-county service delivery area were contacted about the availability of toys for their children 0-12 years old, including children living in the household who are not Tribal members. In addition, we asked Tribal Council to provide funding to purchase gift cards for youth ages 13-17 so they would not be left out. **Many thanks to our Tribal Council for providing this!** 



Family Service Staff members were Santa's helpers in passing out Toys for Tots gifts to Tribal families in time for the Holidays at the end of 2020. Pictured below, Tribal Police even joined Santa and helped pass out gifts.







# Housing Department Annual Performance Report

Contributed by Laura Fortin, Director of Housing

As required by HUD the Housing Department must complete and submit an Annual Performance Report each year. This report details the programs and activities that were completed by the Housing Department during 2020. To review the document and make comments, please contact Laura Fortin at 1245 Fulton Avenue, Coos Bay, OR 97420, or at 541-888-7504 or at Ifortin@ctclusi.org. All comments must be submitted to the Housing Department staff no later than March 8, 2021.





# COMING SOON! CTCLUSI Summer Student Internships

The CTCLUSI Student Intern is a <u>paid internship</u> with the goal to assist current College Students in supplementing their work and education experience based work experience along with their needs, desires and interests.

# Minimum Requirements:

- Must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw
- Must be an Enrolled Full-Time Student (Sophomore status or above) in any Accredited College including on-line schools (NOTE: Students may qualify even if they are not on a Tribal educational stipend)
- Must have verifiable transcripts that show a current GPA of 2.0 can be obtained from your college's registrars or campus placement office.
- This position is subject to pre-employment drug testing and criminal history background check which may include fingerprinting.

# Online Applications will be taken starting March 8, 2021.

Tribal Members will need to www.ctclusi.org to apply. Go to Tribal Government/Job Opportunities and click on the CTCLUSI Tribal Member link.

Deadline to apply is May 7, 2021 at 10am

For Additional Information or Other Opportunities,
Please Contact

STEPHANIE WATKINS AT 541-999-1360 OR PAM HICKSON AT 541-902-3821

# **COLORING CONTEST RESULTS**

Thank you to all of our Winter Coloring Contest participants. Everyone who entered received a prize. Here are their works of art - enjoy!



Sophie Wright Age 9

LOOKING TO CHANGE YOUR CAREER

NEED A MORE FLEXIBLE WAY TO EARN INCOME FROM YOUR HOME?

BECOME AN OREGON STATE CERTIFIED CHILDCARE PROVIDER!

CTCLUSI can assist with the expenses! Southwestern Oregon Community College offers childcare provider classes through CARE Connections Childcare Resource and Referral, that are conducted completely online. Call 541-888-7957 to inquire/register.

Contact Tara Vrell at 541-435-7154 for guidance



Abbie Wright Age 15



**Issac Wright Age 13** 



Carolyn Wright Age 11



Weston Garcia Age 4



Riley Helms Age 6



Jade McNutt Age 15



Alhana McNutt Age 15



**Hazel Wright Age 6** 





















**Malcom Fong** Melinda Sprague Scott McNutt **Jade Fong Stacey Hopkins** 

# Bigfoot Sighting at CTCLUSI Dental Clinic!!!

Contributed by MeAnnDa Wallage, EFDA and Marissa Gardner, DHAT

Bigfoot was first seen in the CTCLUSI Dental Clinic waiting room on December 21<sup>st</sup>. It has been reported that he is following CDC guidelines and promoting social distancing. Due to the band aid on his left shoulder and the button on his chest, it is speculated that our Community Health Nurse, Kristy Petrie, RN BSN, has given him a Covid-19 vaccination.

Bigfoot doesn't seem to stay in one place for too long and will be on the move soon. His closet is pretty minimal, so let's

help him out and get some new outfits for his ventures. Please submit your wardrobe themed ideas to Dental@CTCLUSI.org by February 26<sup>th</sup>. The dental team will choose the most fitting theme from the submissions received. We look forward to hearing what creative ideas everyone comes up with.

Like Bigfoot, please remember to wash your hands frequently, wear your mask, and keep 6 feet apart from one another. Let's bring in the New Year safely!



Bigfoot following CDC Social Distancing Guidelines while visiting with his friend, the Dental Clinic Team

At right, Nurse Kristy with Bigfoot

"Protects Me, Protects You"

If you want the Moderna Covid-19 Vaccine please read the flyer on page 10 and fill out an application on the homepage of www.ctclusi.org







