



NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Tribal Members Gather for Drum Making and Fall Harvest 2017



Contributed by Morgan Gaines, Communications Specialist

Photograph above shows Tribal families who participated in the Drum Making Prevention Activity

On Saturday, November 18, 2017 Tribal families, friends, and guests gathered together in celebration for Drum Making and our annual Fall Harvest. The day was packed with activities, excitement and comradery amongst the Tribal community.

The morning began in Tribal Hall with our annual Drum Making Prevention Activity. We started the activity with an opening ceremony which included a moment of silence for those we have lost to suicide. Prevention Coordinator Doug Barrett said a few words about how November 19th is also National Survivors of Suicide Loss Day. If you or someone you know is having thoughts of hurting themselves, reach out and contact us or call the National Suicide Prevention Hotline at 1-800-273-8255. You matter, and we need you here.

During the prevention activity over two dozen drums were hand pulled by Tribal families. These drums will make a beautiful addition to our households as well as to our events where they can be played while we drum and sing together in celebration.

At noon, activities began for our annual Fall Harvest. As Tribal members filled the Community Center they were first welcomed by the CTCLUSI Youth Council. They were encouraged to fill out their voter registration cards to ensure their ability to vote in the upcoming 2018 Tribal Elections. The Youth Council also encouraged Tribal members to add to the poster they had hanging up near their booth. By writing directly on the poster, Tribal members could add their thoughts on why we are stronger together. Look in future editions of The Voice of CLUSI newsletter to read some of the amazing responses they got during Fall Harvest. One of our Youth Council leaders, Michael Romine, also announced after the meal that 10 youth signed up to be part of the Youth Council! We look forward to seeing what our amazing Tribal youth do.

Story continues on page 10

**Also in this Edition of The
Voice of CLUSI:
Judge Karen Costello Joins
CTCLUSI Tribal Court**

Story on page 9



Chief Warren Brainard Swears in
Judge Karen Costello to Tribal Court
November 17, 2017

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North Bend, OR
Permit #44

Confederated Tribes of Coos,
Lower Umpqua and Siuslaw Indians
1245 Fulton Avenue
Coos Bay, OR 97420

Save the Date

Tribal Holiday Celebration December 9, 2017

Tribal Council Business

As Reported at the November 12 , 2017 Regular Tribal Council Meeting

Chief Warren Brainard:

Oct 8 Regular Tribal Council Meeting
Oct 8 General Council Meeting
Oct 11 Lane ACT Meeting
Oct 14 Restoration
Oct 12 GFORB (Gaming Facilities Operations Review Board);
Executive Work Session
Oct 16 Round Table with Congressmen Blumenthal
Oct 17 State Land Board Meeting for Elliott State Forest
Oct 20-22 Off Site Work Session
Oct 24 Family Gathering in Springfield
Oct 25 Business Council Meeting; GFORB (Gaming Facilities
Operations Review Board);
Oct 26 Investment Committee Meeting & Dinner
Oct 31 Picked up equipment for Veterans Parade
Nov 1-3 Tribal Summit
Nov 2 Executive Work Session
Nov 5 Veterans Parade
Nov 6-9 Dental Convention; LCIS (Legislative Commission on Indians
Services)
Budget Meeting
Executive Work Session

Doc Slyter:

Oct 8 Regular Tribal Council Meeting
Oct 8 General Council Meeting
Oct 12 GFORB (Gaming Facilities Operations Review Board);
Executive Work Session
Oct 14 Restoration
Oct 20-22 Off Site Work Session
Oct 25 Business Council Meeting; GFORB (Gaming Facilities
Operations Review Board);
Oct 28 Basket Class & Cleaning Demonstration: Tribal Sweat
Nov 2 Executive Work Session
Gathered Myrtle Wood Nuts

Beaver Bowen:

Oct 8 Regular Tribal Council Meeting
Oct 8 General Council Meeting
Oct 12 GFORB (Gaming Facilities Operations Review Board) ;
Executive Work Session
Oct 14 Restoration
Oct 15-19 NCAI (
Oct 20-22 Off Site Work Session
Oct 25 Business Council Meeting; GFORB (Gaming Facilities
Operations Review Board);
Oct 27 U of O Alumni Awards for Education
Oct 30 Election Board Meeting
Nov 2 Executive Work Session

Teresa Spangler, Vice - Chairman:

Oct 8 Regular Tribal Council Meeting
Oct 8 General Council Meeting
Oct 10 Education Committee Meeting
Oct 12 GFORB (Gaming Facilities Operations Review Board) ;
Executive Work Session
Oct 14 Restoration
Oct 18 Housing Committee Meeting
Oct 20-22 Off Site Work Session
Oct 25 Business Council Meeting; GFORB (Gaming Facilities
Operations Review Board);
Nov 2 Executive Work Session
Nov 8 All Team Members Meetings for the Casino; Reading to Youth
Activity

Arron McNutt:

Oct 8 Regular Tribal Council Meeting
Oct 8 General Council Meeting
Oct 12 GFORB (Gaming Facilities Operations Review Board) ;
Executive Work Session
Oct 20-22 Off Site Work Session
Oct 25 Business Council Meeting; GFORB (Gaming Facilities
Operations Review Board);
Oct 26 Investment Committee Meeting
Nov 2 Executive Work Session

Tara Bowen:

Oct 8 Regular Tribal Council Meeting
Oct 8 General Council Meeting
Oct 12 GFORB (Gaming Facilities Operations Review Board) ;
Executive Work Session
Oct 14 Restoration
Oct 20-22 Off Site Work Session
Oct 25 Business Council Meeting; GFORB (Gaming Facilities
Operations Review Board);
Oct 27 U of O Alumni Awards for Education
Nov 2 Executive Work Session

Mark Ingersoll:

Oct 12 GFORB (Gaming Facilities Operations Review Board) ;
Executive Work Session
Oct 14 Restoration
Oct 16 Round Table with Congressmen Blumenthal
Oct 20-22 Off Site Work Session
Oct 25 Business Council Meeting; GFORB (Gaming Facilities
Operations Review Board);
Nov 2 Executive Work Session

Posted December 1, 2017

ENROLLMENT COMMITTEE’S RECOMMENDATIONS FOR TRIBAL MEMBERSHIP

The Enrollment Committee recommends that the enrollment of the Applicants listed below should be approved. Besides publication in the Tribal Newsletter, according to CLUSITC 7-1-36(i), this information will be posted in the Administrative Building, Tribal Hall, Outreach Offices, on the Tribes’ website and at Three Rivers Casino for twenty-eight (28) days from the date listed above.

<u>Juanita Sue Walker</u>	<u>Andrew Michael Barnes</u>
Parent: Vernon Vierow	Parent: Chad Ryan Elliott
Lineal Descendant: Charles F. Vierow	Lineal Descendant: Harmon Franklin Elliott
Tribe: Coos	Tribe: Coos
<u>Natalie Reanay Acuna Raynes</u>	<u>Lucas Maxwell Nickle</u>
Parent: Sarah Meyer	Parent: Katurynia Gardner
Lineal Descendant: Arleen Perkins	Lineal Descendant: Bernice Gardner
Tribe: Coos	Tribe: Lower Umpqua
<u>Timothy Austin Hoyle</u>	
Parent: Jayme DeAnn Hoyle	
Lineal Descendant: Timothy P. Elliott	
Tribe: Siuslaw	

In accordance with CLUSITC 7-1-37(a), Tribal Members shall have the right to protest the recommendation of the Committee approving an application and must file a written, signed protest with the Committee stating their reasons for believing that an Applicant(s) is not entitled to enrollment. The protest must be filed with the Committee within twenty-eight (28) days after notice of the proposed enrollment is posted as described in CLUSITC 7-1-36(i).

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc.
Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
ATTN: Tribal Council 1245 Fulton Ave.
Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and intersted in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices.
Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org
If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief

Tribal Chief
541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter
Position #1 Council
541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen
Position #2 Council
541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll, Chairman
Position #3 Council
541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen
Position #4 Council
541-808-7394
tbowen@ctclusi.org

Teresa Spangler, Vice Chair
Position #5 Council
541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt
Position #6 Council
541-297-1183 (cell)
amcnutt@ctclusi.org
Council Meeting
December 10, 2017
Three Rivers Casino Events Center
5647 Hwy 126,
Florence, Oregon 97439
10:00 a.m.

- Agenda:
1. Call to Order
 2. Invocation
 3. Approval of Minutes as needed
 4. Tribal Council Reports
 5. Tribal Administrator Report
 6. Chief Financial Officer Report
 7. Old Business
 8. New Business
 9. Other
 10. Good of the Tribes
 11. Executive Session as needed
- Council meeting video available to view at www.ctclusi.org

Upcoming Events

December 5th – Wisdom Warriors classes, Siletz Eugene Office
December 5th - Parenting Workshop, Community Center 5:30 p.m.
December 7th – Elders Holiday Luncheon, TRC Event Center 11:30 a.m.
December 9th - Tribal Christmas Celebration, TRC Event Center, 3:00 p.m.
December 10th - Budget Hearing, TRC Events Center, 9:00 a.m.
December 10th – Regular Council Meeting, TRC Events Center, 10:00 a.m.
December 12th – Wisdom Warriors classes, Siletz Eugene Office
December 12th - Parenting Workshop, Community Center 5:30 p.m.
December 13th – Kids Crafting Night, Tribal Hall 6:00 p.m.
December 18th – LIHEAP Springfield Outreach Office
December 19th - Parenting Workshop, Community Center 5:30 p.m.
December 19th – LIHEAP Coos Bay Family Services Office
December 20th – LIHEAP Florence Outreach Office

December 20th – Winter Solstice activities begin in Plankhouse 11:00 p.m.
December 21st – Winter Solstice
December 22nd – Winter Solstice activities end 12:30 a.m.
December 25th – Christmas Day, All Tribal Offices will be Closed
December 31st – Three Rivers Foundation Deadline
December 31st – New Year’s Eve
January 1st - New Year’s Day, All Tribal Offices will be Closed
January 2nd - Parenting Workshop, Community Center 5:30 p.m.
January 2nd – HOC Kayaking lessons youth ages 12-18, North Bend Pool
January 9th – HOC Kayaking lessons youth ages 12-18, North Bend Pool
January 12th – Fitness Program reimbursement deadline
January 16th– HOC Kayaking lessons youth ages 12-18, North Bend Pool
January 23rd– HOC Kayaking lessons youth ages 12-18, North Bend Pool
January 30th– HOC Kayaking lessons youth ages 12-18, North Bend Pool



THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

<p>Government Office Alexis Barry Chief Executive Officer 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll free 1-888-280-0726 Fax 541-888-2853 abarry@ctclusi.org</p>	<p>Purchased/Referred Care (FKA Contract Health Services) Sharon Arnold - PRC Specialist 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-4873 Toll free 1-800-227-0392 Fax 541-888-5388 sarnold@ctclusi.org</p>	<p>Elders Activities Andrew Brainard CHR/Elders Activity Program Coordinator 1245 Fulton Ave. Coos Bay, OR 97420 Phone 541-888-7526 Fax 541-888-5388 Toll Free 1-888-280-0726 abrainard@ctclusi.org</p>	<p>Florence Outreach Office Physical: 3757 Hwy. 101 Mailing: P.O. Box 2000 Florence, OR 97439 Phone 541-997-6685 Toll Free 1-866-313-9913 Fax 541-997-1715</p>
<p>Health & Human Services Division Vicki Faciane - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-7515 Toll free 1-888-280-0726 Fax 541-888-5388 vfaciane@ctclusi.org</p>	<p>Education Department Angela Bowen-Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-1317 Toll free 1-888-280-0726 Fax 541-888-2853 abowen@ctclusi.org</p>	<p>Tribal Court J.D. Williams Chief Judge 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll Free 1-888-280-0726 tribalct@ctclusi.org</p>	<p>Tribal Gaming Commission Brad Kneaper Executive Director of the Gaming Commission 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-2830 Fax 541-997-7293 bkneaper@ctclusi-pd.com</p>
<p>Department of Human Resources Stephanie Watkins - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-7508 Toll Free: 1-888-280-0726 Fax: 888-723-3270 swatkins@ctclusihr.org</p>	<p>Family Services Shayne Platz, Lead Case Manager 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-744-1334 Toll Free 1-800-877-2718 Fax 541-744-1349 splatz@ctclusi.org</p>	<p>Cultural Department Jesse Beers - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1319 Fax 541-888-2853 jbeers@ctclusi.org</p>	<p>Tribal Police Brad Kneaper Chief Law Enforcement Officer 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-6011 Fax 541-902-6507 bkneaper@ctclusi-pd.com</p>
<p>Tribal Housing Department Linda Malcomb - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1310 Fax 541-888-2853 lmalcomb@ctclusi.org</p>	<p>Tribal Dental Clinic Dr. Sarah Rodgers 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-6433 Toll free 1-877-688-6433 Fax 541-888-7505</p>	<p>Springfield Outreach Office 1126 Gateway Loop Suite 102 Springfield, OR 97477 Phone 541-744-1334 Toll Free 1-800-877-2718 Fax 541-744-1349</p>	<p>Department of Natural Resources Margaret Corvi Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1304 Toll Free 1-888-280-0726 Fax 541-888-2853 mcorvi@ctclusi.org</p>



Oregon's Alcohol Laws and Minors

A minor is any person under the age of 21 and a juvenile is any person under the age of 18. Parents or guardians may legally provide alcohol to their minor child or ward and only in a private residence when accompanying their minor child. A parent cannot transfer this responsibility to another adult or provide alcohol in a public place. If you allow your property and/or home to be used for a party where minors, other than your minor child(ren), consume alcohol in your presence, you may have to forfeit property and may be issued a criminal citation.

Oregon law prohibits anyone, except a parent or legal guardian, from providing alcohol to a minor or juvenile.



DON'T EXCEPT OR MAKE EXCUSES
ALCOHOL & DRUG PREVENTION STARTS AT HOME



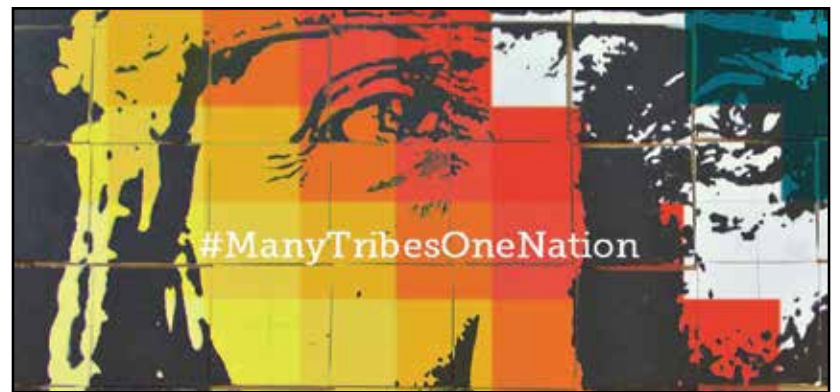
<p>DOUG BARRETT CADC-I, CPS Prevention Activities Coordinator</p>  <p>www.ctclusi.org</p>	<p>Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians</p> <p>1245 Fulton Avenue Coos Bay, OR 97420 Phone: (541) 888-9577 Toll Free: (888) 280-0726 Fax: (541) 888-1027 Cell: (541) 297-2130 d Barrett@ctclusi.org</p>
<p>SONJA McCARTY Healing of the Canoe Facilitator</p>  <p>www.ctclusi.org</p>	<p>Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians</p> <p>1245 Fulton Avenue Coos Bay, OR 97420 Phone: (541) 888-9577 ext. 7553 Toll Free: (800) 280-0726 Fax: (541) 888-2853 E-mail: smccarty@ctclusi.org</p>

YOUTH COUNCIL

COOS, LOWER UMPQUA & SIUSLAW



NATIVE AMERICAN HERITAGE MONTH



The month of November is a time to celebrate the rich and diverse cultures, traditions, and histories and to acknowledge the important contributions of Native people. Heritage Month is also an opportune time to encourage youth you know to get involved, honor our past and define our future. During the Harvest Party, Youth Council asked everyone to join the movement and share why we are stronger together.

Youth Council will be sharing the responses, in the newsletter, in the near future. As we talk and share about the rich and diverse culture, traditions and history we not only honor the past but define our future.

My name is: _____

I STRENGTHEN MY NATION

I LIVE DRUG FREE
www.weRnative.org

You affect other people, even if you don't think you do. People notice your actions. You have influence. Think about it. What someone sees you do... can change their life. That one choice strengthens you, strengthens others, and strengthens your Nation.

The campaign reminds young people that most Native teens do not use drugs and alcohol. By standing up to pressure, you can strengthen yourself, influence your friends, and strengthen your nation.



Youth Council leaders during Fall Harvest
Pictured left to right: Nicole Romine, Michael Romine, and Devynne Krossman

During the Fall Harvest the Youth Council encouraged Tribal members to add to the poster they had hanging up near their booth. By writing directly on the poster, Tribal members could add their thoughts on why we are stronger together.

One of our Youth Council leaders, Michael Romine, also announced during Fall Harvest that 10 youth signed up to be part of the Youth Council!

We look forward to seeing what our amazing Tribal youth do.

Check out Youth Council on Instagram at #CTCLUSIYC

Confederated Tribes of
Coos, Lower Umpqua & Siuslaw
Indians

BUDGET HEARING

Tribal Member input is sought on the construction
of a Fiscal Budget for the 2018 Calendar Year

Pursuant to Tribal Code 7-10-3, Tribal Council
seeks to hear from Tribal Members on items to be
considered in the preparation of the Tribal Budget
for the 2018 Calendar Year

The Hearing will be held at
THREE RIVES CASINO EVENTS CENTER
5647 HIGHWAY 126
FLORENCE, OREGON

9:00 AM
Sunday, December 10, 2017

*Written Comments may be submitted to the
following address:*
*Confederated Tribes of Coos, Lower Umpqua &
Siuslaw Indians*
1245 Fulton Avenue, Coos Bay, OR 97420
Attn: Chief Financial Officer

IMPORTANT ELECTION INFORMATION

Each Council member shall be elected for a four (4) year term at the appropriate General Council meeting in the year of the expired term. (April 15, 2018) Council Positions #1, #3, and #5 shall be elected in odd-numbered years. Positions #2, #4 and #6 shall be elected in even-numbered years.

ELECTION DATE:

APRIL 15, 2018

POSITION NUMBER

Position #2

Position #4

Position #6

INCUMBENT

Beverly(Beaver)Bowen

Tara Bowen

Arron McNutt

Tribal Council Elections

7-3-22 Public Notice of Upcoming Elections

(a) The Election Board must publish in the Tribal Newsletter and post at the Tribes' Administrative Building, Tribal Hall, Outreach Offices, on the Tribes' website and in the office of the Gaming Commission, a notice of upcoming regular Tribal Council elections. This shall be done no later than one hundred twenty (120) days prior to the scheduled date of a regular Tribal Council election.

7-3-23 Candidate Eligibility

According to the Tribal Constitution (Article VIII, Section 4(a)), in order to be eligible for election to a Tribal Council position, candidates shall meet the following qualifications:

(a) Be a duly enrolled member of the Confederated Tribes;

(b) Be at least twenty-one (21) years of age; and

(c) Never have been previously removed from office for good cause after the date the Tribal Constitution was ratified. (May 23, 1987).

7-3-24 Candidacy Procedures

(a) Statements of Candidacy: Candidates shall file statements of candidacy no later than thirty (30) days before the scheduled date of the election and shall indicate which position he/she is filing for. **7-3-24 (a)(3)**...once a person has filed for a position, he or she will not be allowed to change positions or to withdraw and refile for the same election. **The deadline for filing to run for the 2018 Election will be Friday, March 16, 2018 by 5:00 p.m.** Your Position Statement, if you choose to include one with the ballots, must be submitted by this deadline.

7-3-24(b) Public Notices and Position Statements

(b)(3). Candidates will be given the opportunity to present a Position Statement for inclusion in the February, March or April Tribal Newsletter. The statement must be submitted before the paper's deadline and shall be no longer than one (1) sheet of 8-1/2" x 11" paper printed on both sides, capable of being copied on a black and white copier. (This statement will also be sent with the ballots, deadline is March 16, 2018)

-For a complete Election Code, please see www.ctclusi.org Tribal Code, Ch 7-3 Elections.

[Questions about the Election Process?](mailto:jmcneil@ctclusi.org) Contact me with any questions- Jeannie McNeil @ jmcneil@ctclusi.org 541-888-7506.

**Tribal Family Holiday
Celebration 2017**

**Three Rivers Casino Resort Event
Center**

Saturday, December 9, 2017

Doors open at 3:00 pm.

Families with children under 21 will
need to enter at the SW Event Center
entrance

Santa will visit after the Holiday Meal
Each child attending will receive a filled
stocking from Santa.

**RSVP Line: 541-435-7155
or toll free 1-888-280-0726**

please include children's name & age
RSVP by December 4 we need to know
for stockings and
Other Holiday planning.

**TRANSPORTATION WILL NOT BE
PROVIDED**

**THIS IS A DRUG & ALCOHOL FREE
EVENT**

**For more information, please contact
Jan Lawrence @ 541-888-7538**

TRC Hotel Rooms can be reserved for a rate of
\$79.95, must reserve room by December 2, 2017

This Month...be on the Lookout for Sweetgrass

Contributed by Ashley Russell, Water Protection Specialist

Plant description: Sweet grass is in the family, Poaceae, the grass family. Other well known grasses that also belong to this family are wheat, barley, millet, rice, maize, and bamboo, just to name a few. Also known as western vanilla grass, this evergreen perennial can be found in coniferous forests, especially in shady mountainous areas, west of the Cascades. Growing up to 3 feet tall, the sweetly vanilla scented blades support white flowering stems or culms that rise another 6 inches or so in spring and winter.

Food: Sweet grass was gathered and layered in earthen ovens to help season foods, especially camas.

Other: The blades, when dried and braided, can also be burned as incense or smudge.



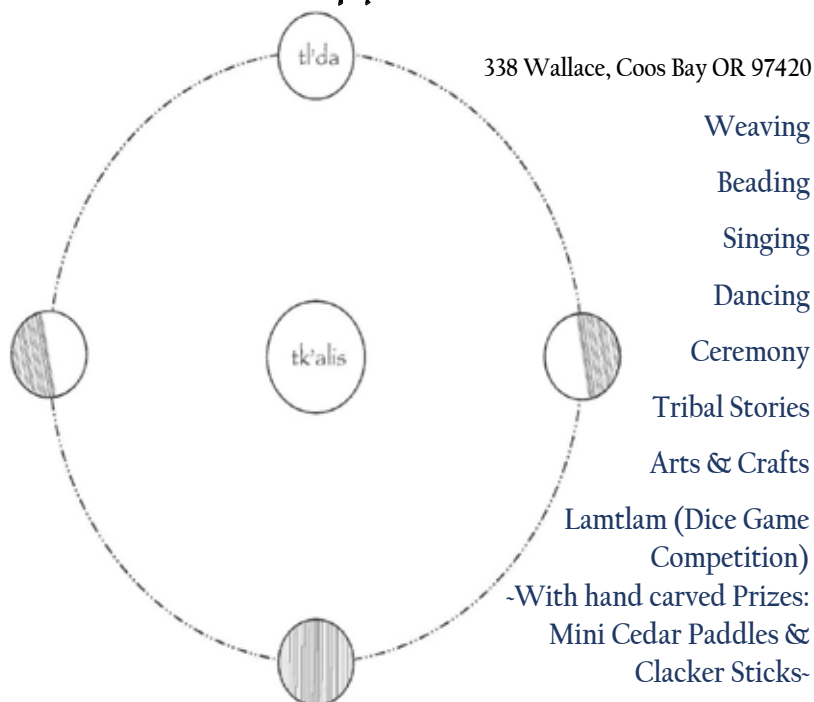
Hanis: t' uuwxchu

Scientific Name: *Hierochloe occidentalis*

Winter Solstice & Tribal Family Gathering Dinner

Tribal Hall, Community Center & Plank
House

338 Wallace, Coos Bay OR 97420



Light Breakfast 8-9am • Light Lunch 12-1pm

Dinner 6-7pm • Light Snacks

Doors open at 11pm on December 20th -Closes 12:30am December 22nd

Mark Petrie

541.297.3681



Jesse Beers

541.297.0748

PLEASE RSVP

Dinner Sponsored by the
HHDS Diabetes Program

LAMTLAM Coos Stick-Dice Game

PLAYERS: Any number, traditionally men played with men, women with women.

GAME

PIECES: 4 sticks, 2 with 'Female' designs, 2 with 'Male' designs



Female Stick
(huumis nik'in)



Male Stick
(demil nik'in)

MATERIALS: Sticks made of arrowwood (*Holodiscus discolor*). Length not specified, but 4 to 6 inches probably good length, half inch or so wide.

Leave one side rounded, other side smoothed flat.

Sticks are scorched black in fire (this is why arrowwood is used, they don't burn easily). Designs are then cut into the sticks on the flat side only, so they appear white.

PLAY: Hold all 4 dice-sticks in hand, throw like dice. If your throw makes 1 or 2 points, you get to throw again until you make a throw worth no points. Winner is person who gets 5 points first.

HOW TO SCORE: Only the designs and combinations shown below are worth points. Each way to score has its own name.

Four Female Sticks = 2 points

Four Male Sticks = 2 points

Two Female Sticks and Two Male Sticks = 1 point

Two Male Sticks and Two Female Sticks = 1 point

Place Names of the Coos, Lower Umpqua & Siuslaw Indians

Contributed by Patricia (Patty) Whereat Phillips

This is the tenth part in a long series exploring indigenous place names – mostly in the Hanis, Milluk and Siuslawan languages. The previous nine covered the Whiskey Run area up to the lower Siuslaw river. This month we will mostly focus on and around Qa'aich, the North Fork Siuslaw. For a pronunciation guide to the native words in this article see <https://shichils.wordpress.com/about/> under the "Language Pronunciation" section.

North Fork Siuslaw and Surrounding Areas

So if you recall from last time, we had few clear landmarks for Dorsey's list of Siuslaw place names. In 1942, when JP Harrington was asking Frank Drew, Spencer Scott and the Barrett brothers about place names they did not always recall where things were. This month we'll focus on several names they gave for places on the lower and mid North Fork Siuslaw. Many of the landmarks they gave are from properties known in 1942. I don't always know where these landmarks are, so I will just give landmarks as they were described. If you know where some of these places were, let me know!

Frank Drew said his house in 1942 was known as **Ts'iyaxaxawas**. An earlier house he owned somewhere on North Fork was **Yasha'was**. Frank and Spencer said a man named Ross lived about a quarter mile above Frank's place, and this was known as **puhpuhunk'a** after the word for owl, **puhpuhunk'**.

Frank and Spencer also said about two miles above Frank's house in 1942 was a place called **Hilka'myauwos**, which was named for harbor seals (**hlka'ma'i**). Seals used to gather there sometimes. There was no creek there. Frank said an old Siuslaw chief, Inyas, planted an orchard there years ago.

There was a place known as **Tsa'daus** or **Tsatawas** and Frank and Spencer thought this was either Hattie Hatch's place or Lilian Spencer's. A dance house had been built on the Hatch place

(around 1880). they also said the Hatch place was **k'wuskwiamus**, named after **k'wusk** which are harvest lillies that kind of resemble camas.

It was also in this area, near the cemetery, that the creek was known as **Shayushla** – Siuslaw – creek. No one had a story as to why this creek had that name.

They also thought Martha Harney Johnson's property was known as **Xwulhauniich** which was named for a little gray or brown bird known in Siuslaw as **xwla**.

A ways up North Fork Siuslaw at the mouth of McLeod Creek was a place known as **Ka'luuhuus** or **k'luuhuus** and came from the verb that describes a deer snorting (**ka'luhuuy**, a deer snorts).

Up Drew Creek, there was a camp site known as **shk'annii mahlá hahayuus**. It comes from the words **shk'a'an**, mink, but I am not sure what the rest is. Frank Drew said it came from a story about mink, where he kept hollering 'ha', no matter what he was asked.

I am not sure where 'Harris Slough' is, but they said it was across from Bull Island. It's name in Siuslaw was **Húúnumas**, meaning darkness in reference to the dark stand of timber that came down to the river edge.

Next month we'll pick up with names on the main river above **Qa'aich** (North Fork).

Circles of Healing Program



The Circles of Healing Program is seeking your input on traditional or cultural healing methods. Please contact Devynne Krossman at (541) 888-7537 or email dkrossman@ctclusi.org if you would like to share your knowledge or ideas.



Sponsored by the CTCLUSI Health and Human Services Department

Youth & Adult Fitness Program 2017 REMINDER

All 2017 receipts must be turned in for reimbursement by

Friday, January 12th, 2018

2017 receipts or reimbursement requests will not be accepted after the deadline.

If you have questions, please contact

DeeDee Plaep, 541-997-6685
or dplaep@ctclusi.org

Look for upcoming changes to the program in 2018

PRC 2018 Registration

By now you should have received a letter from Purchased/Referred Care (PRC) with information on FY 2018 Registration.

The application deadline was Monday, November 26, 2017 and failure to send in your application is reason for denial of PRC eligibility.

Remember, three ways to apply:

1. Online at www.ctclusi.org
2. Request an application to be sent from PRC by calling 541-888-4873 or 800-227-0392
3. Get a hard-copy application from any CTCLUSI office, or request help with the online process.
4. You can return your form, via email, regular mail or by dropping off at any CTCLUSI office.

U of O Honors Angela Bowen with Distinguished Alumni Award

Information Contributed by Angela Bowen and the University of Oregon Sapsik^wala Program

Angela Bowen, CTCLUSI Education Director was recently honored with the Distinguished Alumni Award from the University of Oregon College of Education. The Distinguished Alumni Award is given in recognition of alumni who have achieved significant professional, community service or personal accomplishments more than ten years from their graduation date.

"I was nominated by Dr. Jacobs, with a Letter of Recommendation from Dr. Martinez who served on the State Board of Education with me...The Sapsik^wala students are earning their Master Degree to become Highly Qualified Teachers after graduation. It was a fun evening, and I am grateful my little speech went well, and that I have you to share this good news with. My mother, my inspiration, my father, my mentor...Please celebrate with me in your own way where ever you may be!"

Angela is known across Tribal education circles for her dedication to improving American Indian educational outcomes. She is an example of a strong servant-leader who has worked across multiple levels of education to understand and address community and student needs. She came to the UO to complete her MEd, graduating with her degree and teaching licensure in 2005. She taught as an elementary teacher from 2005 – 2011 at Siletz, and then took on the leadership role of Director of Education for her Tribe.

Angela also works as a Tribal leader and volunteer who serves as the COE's Sapsik^wala Tribal Advisory Council Board Chair. Her leadership to build this program demonstrates what effective university-tribal partnerships can and should look like.



Council members Tara Cougar Bowen (far left) and Beaver Bowen (far right) attend the Uof O ceremony honoring their sister Angela Bowen (centered). Angela made the drum pictured and gifted it to the Sapsik^wala students.



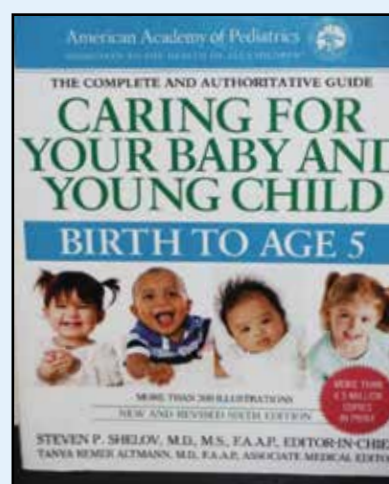
Angela Bowen, CTCLUSI Education Director pictured at left with C.O.E. Dean, Randy Kamphaus

Photographs courtesy of Angela Bowen

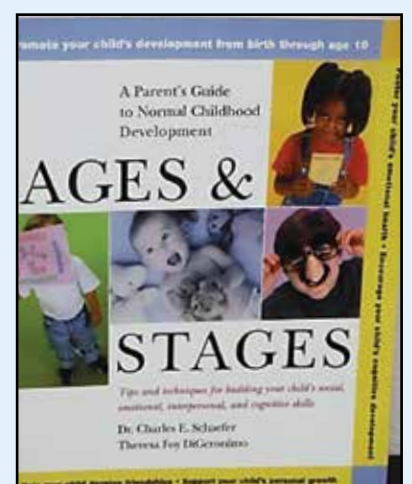
EDUCATION CORNER

Parenting is emotionally and intellectually challenging, and often requires some guidance. Raising children is hard and you may not know exactly how to handle a situation. The following books may offer some helpful tips on what to expect.

December "BOOKS OF THE MONTH" are:



Caring for Your Baby & Young Child:
Birth to Age 5
618.92 CAR



Ages & Stages:
Birth through Age 10
305.321 SCH

Education Committee Holds Raffle for Mitsis Scholarship

Three hundred and twenty-two dollars were raised for the Mitsis Scholarship Fund during the Fall Harvest 50/50 raffle. Thank you to everyone who purchased a ticket and to Amanda Craig for donating her prize back to the scholarship fund, bringing the total to \$322 to support our Tribal youth's Education!

A special thank you to the Education Committee for running the raffle and for all the work that they do.

The most up-to-date, expert advice for mothers, fathers, and care providers from the American Academy of Pediatrics. These books are essential resources for all parents who want to provide the very best care for their children. Check out one or both from your Tribal Library today!

Tribal Court Swears in Associate Judge

Contributed by Diane Whitson, Tribal Court Administrator - Peacegiving Court Outreach Coordinator

Tribal Court is pleased to announce that an Associate Judge was sworn in for the Tribe on Friday, November 17, 2017.

Local attorney Karen Costello joins us as an experienced attorney and municipal judge, as well as having extensive Indian law experience. Mrs. Costello first began working in Tribal Court with the Spirit Lake Lakota Nation in 1999 and says that it has been “challenging, compelling and rewarding to be working in Indian Country.”

After an introduction by Chief Judge J.D. Williams, Judge Karen Costello was sworn in by Tribal Chief Warren Brainard. The event was well attended by local State Court Judges Martin Stone and Paula Bechtold, Coquille Tribal Judge Don Owen Costello, as well as local area attorneys, Peacegivers and Tribal Council members. Judge Karen Costello was pleased as well to have family members who traveled to attend the Swearing In.

The Tribal Court has chosen a collaborative, targeted approach with a focus on serving Tribal members in the ways that they have identified as most needed. Those needs include the Tribes’ Peacegiving Court (a restorative justice court) and a Healing to Wellness Court (drug court). Judge Karen Costello will be assisting in the final development stages of Wellness Court as well as other collaborative efforts and will be assisting the CTCLUSI Chief Judge in general.

Tribal members and others have identified substance abuse as the number one community problem. Because of the Tribes’ established Peacegiving Court and willingness to work with local non-Indian communities, courts and service providers, the CTCLUSI Tribal Court received Federal grants to develop the Healing to Wellness court.

After the Swearing in of Judge Costello, refreshments were offered to allow attendees to congratulate the new Associate Judge.

Chief Judge J.D. Williams states that “It would have been hard for us to find a local attorney with a better mix of experience.”

Tribal Court and staff are happy to welcome Associate Judge Karen Costello aboard.

The Tribal Court has chosen a collaborative, targeted approach with a focus on serving Tribal members in the ways that they have identified as most needed.



Pictured left to right: Judge JD Williams, Judge Karen Costello, Chief Warren Brainard, and Tribal Elder Carolyn Slyter

PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving or Peacegiving Court issues are confidential.

Photo By: Morgan Gaines

For more information about Peacegiving or Peacegiving Court, please visit the Peacegiving Website or contact the Peacegiving Court Coordinator at the address listed below.

Peacegiving Court Coordinator
1245 Fulton Avenue
Coos Bay, OR 97420
PHONE: (541) 888-1306 or (541) 888-1316
EMAIL: Peacegivingcourt@ctclusi.org Website: <http://ctclusi.org/peacegiving>



Members of Tribal Council, Peacegivers, Tribal Police, Judges from the surrounding community, as well as family and friends of Judge Costello, gathered together in the CTCLUSI Tribal Court for the swearing in of Associate Judge Karen Costello on November 17, 2017.

Fall Harvest...continued from cover page

...Chairman Mark Ingersoll gave a quick welcome and announced the Education Committee's 50/50 raffle. Half of the proceeds go to the winner of the raffle, and half contributes to the Mitsis Scholarship for Higher Education students. Vice-Chair Teresa Spangler, alongside Melinda Radford and Scott Slyter, Education Committee members, drew a lucky winner of the 50/50 raffle after the Fall Harvest meal. Tribal member Amanda Craig won and donated her prize back to the Mitsis Scholarship making the earning for the scholarship \$322, a total that will surely aid the education of one of our students. Thank you to all that purchased tickets and to Amanda for your generous contributions to the education of our youth.

Council member Doc Slyter played a song he wrote on one of his handcrafted Native flutes. His flute playing was a wonderful way to celebrate the moment, and it was surely enjoyed by all. Following Doc Slyter's flute playing, Council member Tara Bowen said a few words and introduce Tribal Elder Carolyn Slyter for an invocation. Tara and Carolyn also encouraged the Tribal Elders in attendance to make sure to get their photographs taken with their families, to document and celebrate their cherished time together.

Elders were invited to fill their plates first with the wonderful turkey, mashed potatoes, vegetables, stuffing and other delicious appetizers including elk sausage and smoked salmon, as well as an assortment of delicious desserts. This year's Fall Harvest meal was catered by Wildflour Catering, a Veteran Owned Small Business operating out of North Bend, Oregon.

Following the meal, Tribal members enjoyed a number of activities lead by various Tribal Departments. The Housing Department helped the youth, and those young at heart, make delicious caramel and chocolate covered apples and orange slices, Communications and Administrative staff took and printed family photos to commemorate the day, The Department of Natural Resources and Culture staff made fabulous cedar boughs and helped Tribal members make their own tea blends to take home, The Dental Clinic made fun cloth pumpkins and origami teeth, Family Services had a booth set up for making fun ribbon tree ornaments, Tribal Court made talking sticks, the Education Department had a booth for dipping pretzel sticks and gummy candies in chocolate and showering them with delicious toppings, and Tribal Government Administration staff helped youth paint rocks with creative designs, make fall themed candle holders, sea shell ornaments, as well as fun reindeer decorated lollipops.

Thank you to all the Administration Staff and Departments that came together to put this event on, without your hard work this would not have been possible. And many thanks to all those who came and celebrated together. We hope to see you again soon for the upcoming Holiday Celebration on December 9th.





Claudette Lum, Tribal Elder, Retires from 57 Years with Trader Vic's

Information Contributed by Lisa Hudson

In an article by Jonathan Kauffman for the San Francisco Chronicle, Tribal Elder Claudette Lum's time as a hostess for Trader Vic's in Emeryville, California is highlighted to make her time there shine bright, just like her.

Kauffman's piece states At the end of this year, Lum will retire after 57 years with the restaurant: 35 years at its location near San Francisco's Union Square, and another 22 on the Emeryville Wharf.

In those years, Lum has befriended most of the owners of the major sports teams. The list of celebrities she has greeted at her station spans 100 years of pop culture — from Bing Crosby and Jackie Gleason to John McEnroe, whom she forced into a tie, and the Bee Gees, whom she turned away.

But the most memorable guest, she proclaims, was Queen Elizabeth, who dropped in with just a few hours' notice on March 2, 1983, with then-First Lady Nancy Reagan and other luminaries...



Claudette Lum (left) and daughter Lisa Hudson (right)
"She is an inspiration to all in our family" -Lisa

Lum steamrolled past 65, too passionate about her job to consider retiring, and only recently has she reduced her shifts to three 6-hour days a week. The age of 80 feels like a good stopping point. She feels it in her heart. "I want to spend more time with my family," she said — her four children and numerous grandchildren. "I'm a cyclist. I cycle 40 miles a week. I enjoy the outdoors. I have a boyfriend. I just think it's time. I'm healthy, so why not?"

Read the full article online at <http://www.sfchronicle.com/food/article/Longtime-Trader-Vic-s-employee-says-goodbye-12324228.php>



Elders Luncheon

Thursday, December 7, 2017
At 11:30 A.M. to 2:00P.M.
Holiday Lunch Served at 12:00P.M.

Three Rivers Casino Resort
Event Center
5647 Oregon 126, Florence, OR 97439

There will be a **gift exchange** for those who wish to participate. Please mark your gift for male or female.



For further information or to RSVP please contact Andrew at 541-435-7155 or 1-888-365-7155.

Limited Transportation is Provided. When you RSVP let us know if you need transportation and from what office.
Please RSVP by Monday, December 4, 2017

Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
 Health & Human Services Division
 Elders Activity Program



CALL FOR TRIBAL ELDERS

The CTCLUSI Cultural Resource Protection Program has received a grant to document and preserve the oral history of the Tribes. We will conduct interviews to collect traditional fishing stories, locations, techniques, tools, gatherings, cooking, and consumption information. The information gathered will be used to create a display on interactive kiosks and compact disks.

Interviews will be completed by January 2018

For further information, or if you wish to participate in these interviews,
 please contact Courtney Krossman at 541-888-9577 or 541-808-5085

Elders Corner

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. Elders will be contacted by Andrew Brainard of the Health and Human Resources Division with information for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. **Thank you Elders!**

Contributed by Andrew Brainard, CHR and Elders Activity Program Coordinator

Marilyn “Lynn” Ellefsen Cornelssen, Coos.

I was born in Coos Bay and lived there until I was ten years old. Moved to Windsor, California in September of 1950. My dad and Mom had a dairy ranch about 5 miles south of Coos Bay. Just off Hwy. 101.

I lived in Windsor until 1994 and then moved to Santa Rosa, California where I still reside. Santa Rosa is about seven miles south of Windsor. I married Henry ‘Hank’ Cornelssen in 1959. We just celebrated our 58th wedding anniversary.

My father was Nelsen (Art) Ellefsen and my mother Daisy Etta Carlson Hankanson Ellefsen. I have one brother, Richard (Dick) Ellefsen who lives in San Jose, California. Hank and I have two children, Cathy Cornelssen Estes of Santa Rosa California, and Chris Cornelssen of Santa Barbara, California.

Three Grandchildren, Heather Estes Leister, Pasa Robles, Stephanie Estes Ables Sacramento, California and James Estes, Vacaville – Daisylynn Leister, Owen Leister, Pasa Robles – James Estes, Jr. Vacaville.

I retired in 2013, and worked mostly as a bookkeeper. I was the bookkeeper for Cornelssen Bros., after that at other positions and the last 16 years as the office manager-bookkeeper for Sebastopol Hardware. Also, I have done a lot of volunteer work with my philanthropic sorority for women and children. I was state president for this organization in 2000. I worked with PTA, 4-H, Farm Bureau and a political organization. I volunteer at our church.

Hank and his brother had the first vineyard management company in Sonoma in 1970-1980’s. We planned about 5,000 acres in Sonoma and Napa counties. We took bare land and converted it into producing vineyard for the landowner. We owned Fulton Valley Feed Store and Forest Glen Nursery in Fulton California and I was the bookkeeper. He volunteered a lot with the Farm Bureau and was on the State Board of Directors. He was also a member of Ag Leadership Class, Class 2. They are now in Class 48. He retired from Sebastopol Hardware after 20 years in 2013.

I love to knit and I do a lot of afghans, giving them to family members or to charities. I’m just starting to make some jewelry and wish I had more time. I’ve done some writing and I read a lot. I just finished a mammoth cookbook for nieces, nephew, children and grand-children. Mostly my mother’s recipes and a lot of my favorites.

We love to travel and have visited many countries, Canada, Mexico, Panama, Costa Rica, Arabia, Columbia, Germany, Norway, Sweden, Denmark, England and spent two months in India on a “Farmer to Farmer” representing the American Farm Bureau. We’ve also visited 33 states and Washington DC. We love the Oakland Athletics, Raiders and the Golden State Warriors.

Because I live in California I haven’t done much with the tribe. Still haven’t made the Salmon Ceremony but did attend the elder trip last year in Hood River and really enjoyed meeting everyone. Whenever we go to an Ellefsen reunion we usually stay in Florence. It is always a pleasant occasion.



Lynn Ellefsen Cornelssen



Skip Brainard

Henry (Skip) Brainard is a member of the Miluk Coos Tribe. He is the great grandson of Francis Elliot and grandson to William Brainard and Abbie Elliot. He is the 7th child of Emil Maxmillian Brainard and Grace Franklin (Littleton) Brainard.

Henry has 6 living siblings: Maxine Marlow, Nellie Zimmer, Warren Brainard, Ronald Brainard, Francis (Frank) Brainard and J.O. Brainard. Brother Emil Brainard Jr. died at the age of 16.

Henry has been married to Grace Fay (King) Brainard for 50 years. They have 2 children: Henry (Kip) Max Brainard and Taunya Fay (Brainard) Turner. He has 4 grandchildren: Brandon, Kailyn,

Shawn and Angelina.

He served in the Army during the Vietnam Era. He also served on the Housing Committee and GFORB (Gaming Facility Operations Review Board) for several years. When asked how he would like the tribe to excel, his answer was “quality education for ALL of the tribal students”.

Sue Olson Retires from Health Committee



Tribal Elder Sue Olson is retiring from serving 30 consecutive years on the CTCLUSI Health Committee. Sue became a member of the committee in 1987. She has been Chair & Vice Chair over the years. She was very committed and has given lots of input over the years. Thank you Sue for all of your hard work and dedication!

Elders Luncheon

Thursday, January 4, 2018

11:30 a.m. in Coos Bay, Restaurant TBD

Elders Committee Meeting

Thursday, January 11, 2018

Tribal Hall, 12:00 p.m. (noon)

**SAVE THE DATE
SPRING BREAK
MARCH 26TH - 30TH**

DAY CAMP
8:00AM - 5:00PM
AGE: 5-18
MUST BE IN SCHOOL

**ADVENTURE CAMP
OVER NIGHT**
AGE: 12-18
HEALING OF THE CANOE



HOC Youth News! Kayaking lessons for youth age 12-18 starting in January, every Tuesday evening from 7-8:30pm at the North Bend pool. Call Anne at 541-808-7699 for details.



DEFENSIVE DRIVING TIPS

Contributed by Kathy Perkins, Transportation Coordinator

Defensive driving is defined as driving to save lives, time and money in spite of the conditions around you and the actions of other. Road hazards, weather conditions, speed, and distractions all make driving a risky business. You may not be able to control the actions of others but by sharpening one’s skills as a defensive driver you may just avoid the dangers lurking on the roads. Lower your risk behind the wheel with the following Top 10 Tips:

1. Stay Alert: Being alert (not sleepy or under the influence) allows you to react quickly to potential problems — like when the driver in the car ahead slams on the brakes at the last minute. Obviously, alcohol or drugs (including prescription and over-the-counter drugs) affect a driver’s reaction time and judgment. Driving while drowsy has the same effect and is one of the leading causes of crashes. So rest up before your road trip.
2. Watch out for the other guy. Part of staying in control is being aware of other drivers and roadway users around you (and what they may suddenly do) so you’re less likely to be caught off guard. For example, if a car speeds past you on the highway but there’s not much space between the car and a slow-moving truck in the same lane, it’s a pretty sure bet the driver will try to pull into your lane directly in front of you. Anticipating what another driver might do and making the appropriate adjustment helps reduce your risk.
3. Think safety first. Avoiding aggressive and inattentive driving tendencies will put you in a stronger position to deal with other people’s bad driving. Leave plenty of space between you and the car in front. Always lock the doors and wear your seatbelt to protect yourself from being thrown from the car in a crash.
4. Be aware of your surroundings — pay attention. Check your mirrors frequently and scan conditions 20 to 30 seconds ahead of you. Keep your eyes moving. If a vehicle is showing signs of aggressive driving, slow down or pull over to avoid it. If the driver is driving so dangerously that you’re worried, try to get off the roadway by turning right or taking the next exit if it’s safe to do so. Also, keep an eye on pedestrians, bicyclists, and pets along

Cut out distractions. A distraction is any activity that diverts your attention from the task of driving. Driving deserves your full attention — so stay focused on the driving task.

- the road.
5. Do not depend on other drivers. Be considerate of others but look out for yourself. Do not assume another driver is going to move out of the way or allow you to merge. Assume that drivers will run through red lights or stop signs and be prepared to react. Plan your movements anticipating the worst-case scenario.
 6. Have an escape route. In all driving situations, the best way to avoid potential dangers is to position your vehicle where you have the best chance of seeing and being seen. Having an alternate path of travel is essential, so take the position of other vehicles into consideration when determining an alternate path of travel. Always leave yourself an out — a place to move your vehicle if your immediate path of travel is suddenly blocked.
 7. Follow the 3- to 4-second rule. Since the greatest chance of a collision is in front of you, using the 3- to 4second rule will help you establish and maintain a safe following distance and provide adequate time for you to brake to a stop if necessary. But this rule only works in normal traffic under good weather conditions. In bad weather, increase your following distance an additional second for each condition such as rain, fog, nighttime driving, or following a large truck or motorcycle.
 8. Keep your speed down. Posted speed limits apply to ideal conditions. It’s your responsibility to ensure that your speed matches conditions. In addition, higher speeds make controlling your vehicle that much more difficult if things go wrong. To maintain control of your vehicle, you must control your speed.
 9. Separate risks. When faced with multiple risks, it’s best to manage them one at a time. Your goal is to avoid having to deal with too many risks at the same time.
 10. Cut out distractions. A distraction is any activity that diverts your attention from the task of driving. Driving deserves your full attention — so stay focused on the driving task.

Suicide Prevention

Depression and suicide affect people of all ages and populations, but Native American and Alaskan Native populations can be at a higher risk. If you’re struggling, the Lifeline is available to help, 24/7.

How To Take Care Of Yourself

- If you are struggling, there are ways to cope right now. You can also call the Lifeline at any time -- we’re free, confidential, and 24/7.
- Talk to someone:** Silence isn’t strength. Don’t keep suicidal feelings to yourself. Lean on your support network, find a therapist or a support group, or get in touch with the Lifeline.
- Make a safety plan:** Have a step-by-step plan ready for if/when you feel depressed, suicidal, or in crisis, so you can start at step one and continue through the steps until you feel safe.
- Build your support network:** Having a sense of belonging to one’s culture, or a strong tribal/spiritual bond can be helpful. Discuss problems with family or friends — feeling connected to others can create positive emotional health.
- Find an activity you enjoy:** Taking care of yourself is an important part of your recovery. Your “self-care” activities can be anything that makes you feel good about yourself.

How To Help

- Know the facts:** Complex, interrelated factors contribute to suicide among AI/AN people. Risk factors include mental health disorders, substance abuse, intergenerational trauma, and community-wide issues.
- Ask and listen:** Be an active part of your loved ones’ support systems and check in with them often. If they show any warning signs for suicide, be direct. Tell them it’s OK to talk about suicidal feelings. Practice active listening techniques and let them talk without judgment.
- Get them help and take care of yourself:** Don’t be afraid to get your loved one the help they might need. Helping a loved one through a crisis is never easy. You might want to talk about your feelings with another friend or a counselor. The Lifeline is always here to talk or chat.

National Suicide Prevention Lifeline

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

NATIONAL

SUICIDE

PREVENTION

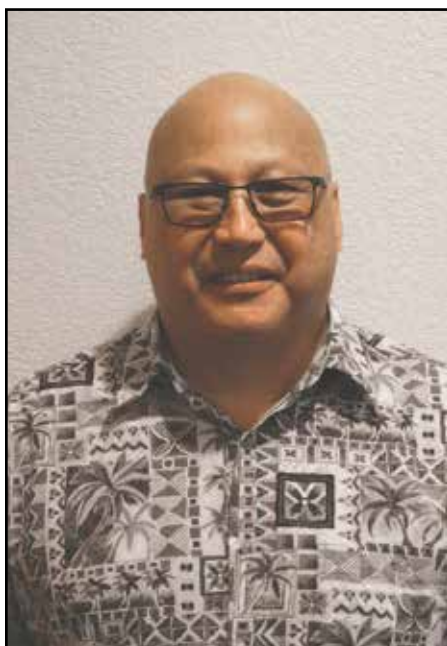
LIFELINE

1-800-273-TALK (8255)

suicidepreventionlifeline.org

Earl Boots Joins the Family Services Department

Hello my name is Earl Boots. I am Chamorro (Pacific Islander from Guam). My mother is Chamorro and my father is from North Dakota. I am a father, grandfather and husband. I was born a military dependent and lived on several military bases including Japan and Guam. I'm married to my lovely wife of 20 years Dodie Boots. We have 5 children and 6 grandchildren. You may ask that is quite an achievement in 20 years, well not so, I have been to the altar twice. And for those of you who can relate I salute you. Speaking



of salute, I am a Vietnam era veteran, I served in the Army. In my culture we are taught not to talk about ourselves, but I feel there are times when it is appropriate when establishing relationships, such as being a new employee. I have the honor of being offered and accepting the ICWA case manager position with your tribe. Over the last 25 years I have worked as a Social Service Specialist (SSS1) and manager with Oregon DHS. Among my SSS1 position I was the District ICWA worker for 5 counties in Eastern, Oregon. I also served as the Permanency Supervisor in our local DHS Office in North Bend, and in the last year I was the Regional Active Efforts/ ICWA Specialist for Coos and Curry Counties. So, I have work and personal history of working with people in need and helping them as best I can. I also enjoy humor and lifelong learning, which means the older I get the less I find I know, and can laugh at myself because of it. I leave you with one of my most precious life experiences (not to minimize the love of my life, my grandchildren and family). I had the honor of being a Softball coach on a team that won a couple State Titles, regional Championship and finishing 4th at the Fast Pitch Softball Championship in Kansas. I hope to have an opportunity to continue my goal of lifelong learning as a helping professional in CTCLUSI Tribe.

Wisdom Warriors

Living Wise.....Living Strong Chronic Disease Self-Management Classes

At the Siletz Eugene Area Office
2468 West 11th Avenue



Classes: 5:30-8:00 p.m. on Tuesdays
November 7th, 14th, 21st and 28th
and
December 5th and 12th

The Siletz Eugene Area Office partnered with Doug Morrison and Kimmy Bixby, Community Health Representatives with the Coos, Lower Umpqua

and Siuslaw Tribes will be offering a series of 6 health classes for anyone with a chronic illness, or those caring for someone with a chronic illness. These classes will teach you how to manage your illness through self-care.

Topics include Chronic Disease Management, making action plans, problem solving, dealing with difficult emotions, healthy eating, communication skills, and working with your health care provider.

Hot soup and light, healthy snacks will be provided.

For more information or to sign up, contact
Adrienne Crookes, Community Health Advocate, at 541-484-4234
or
Kimmy Bixby, Community Health Representative, at 541-744-1334

Coming Soon!

Wisdom Warriors Classes will be coming to Coos Bay in January. Check your January newsletter for more information.

Contact Kimmy Bixby 541-744-1334 or Doug Morrison 541-997-6685 for more details or to RSVP.

Small Business Needs Assessment Survey Coming in December

Contributed by MJ Koreiva, Business Incubator Manager

The purpose of the Tribal Member Small Business needs assessment survey is to provide information to the Planning Department's Small Business Incubator Lab. Your completed surveys will help to ensure that the programs and services offered meet the needs of Tribal Members. The collected information from you will help us to better the support of small business development for our Tribal Members.

Mailed to you in December, 2017.
Be sure to fill it out and send it back in.

Help us help you!



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

Three Rivers Casino Resort ~ Florence

Director of Finance
Barista ~ Beverage Server
Food Server ~ Bussperson ~ Host
Night Cook/Cleaner
Dish Machine Operator
Guest Room Attendant
Front Desk/PBX Clerk ~ Night Auditor
Table Games Dealer 1-8
Players Club Representative
Special Events Team Member
Environmental Services Technician

Three Rivers Casino Resort ~ Coos Bay

Electronic Gaming Machine Tech 3
Casino Team Member

Blue Earth

No openings at this time

Tribal Government Offices

Special Events Employee (Assignment Varies)
Diabetes Coordinator, Coos Bay
Assistant Planner, Coos Bay
Licensing Agent, Florence



<http://ctclusi-int.atsondemand.com/>

Go to **Job Opportunities** on the website for full job posting and to Apply Online

Updated Daily

Or call Recruitment at **541-902-3821**



THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you!

-Morgan Gaines

Tribal Government Adds Two More Friendly Faces to the Team

Contributed by Holley Abrica, Administration and Payroll Assistant

Next time you're in the government admin building, you will likely notice a new friendly face at the front desk. Christine Sylvester is our new Administrative Assistant and Events Assistant. She and her husband recently moved to the Coos Bay area from Corvallis, Montana for her husband's job. She has two sons, one goes to Lane Community College in Eugene and the other attends Montana State University. Christine says she is in love with this area and is in awe of the beauty that surrounds us here. She and her husband plan to buy a house and make this home. Please help us welcome her!



Christine Sylvester

Please help us welcome our new Administrative Assistant/Archive Specialist, Steven Cuzzort. After graduating from North Bend High School and Southern Oregon University in Ashland, Steven moved to LA for 3 years. He decided to come back to Coos Bay over the summer and is excited to begin a career here at CTCLUSI. In his free time, Steven enjoys staying active by running and playing sports like tennis and basketball, or taking some quiet time writing. Steven is a great addition to our admin team! Be sure to say hello and welcome him to Tribal Government!



Steven Cuzzort



Join a Tribal Committee

Chapter 7-5 GENERAL COMMITTEE CODE 7-5-1; General Policy: Committees are established to assist the Tribal Council in carrying out its responsibilities, to provide quality services to the Tribal membership and to develop, maintain and protect the assets and interests of the Tribes.

Tribal Committee appointments are made by Tribal Council and are for a four (4) year term. Tribal Code allows for you to be on no more than three (3) committees at a time and you may only server two (2) terms, unless special consideration is necessary.

Currently, we have at least one position available in each committee due to vacancies and term expiration on 12-31-2017. Tribal Committees cover several areas of the Tribe and work with various departments. Below is a list of Committees you may be interested in becoming a member of:

- Culture Committee
Elders Committee
Investment Committee
- Budget Committee
Enrollment Committee
Health Committee
- Education Committee
Housing Committee
Election Board

How to become a member? You must be a CTCLUSI enrolled Tribal member. The enclosed **Letter of Interest Form** must be completed and submitted by December 1, 2017 for Tribal Council considerations. Send forms to:

COMMITTEES
1245 Fulton Ave. Coos Bay, Oregon 97420
By email, jmcneil@ctclusi.org

Letters of Interest are only kept on file for one year.

Additional forms can be found on the Tribes' website: www.ctclusi.org or requested through any Tribal Government Office located in Coos Bay, Florence and Springfield. Questions? If you would like to know any further details, please contact: Jeannie McNeil, 1245 Fulton Ave. Coos Bay, Oregon 97420. By email, jmcneil@ctclusi.org or by phone 541-888-9577.

Tribal Member Achievement



Kendall Norton

Kendall is 12 years old and in the 7th Grade at Sunset Middle School. She just recently earned an award for respect.

Great Job Kendall, Keep up the good work!

LIHEAP

Low Income Home Energy Assistance Program

This program is designed to help people that qualify to receive heating assistance when winter bills are at their highest. To qualify for heating assistance through LIHEAP in **December 2017**, families must reside in the five county service area of Coos, Curry, Douglas, Lane, and Lincoln, and fall into 60% of the Estimated Oregon State Median Income with a yearly income at or below the following:

♦ 1 Person Family	\$23,095
♦ 2 Person Family	\$30,201
♦ 3 Person Family	\$37,307
♦ 4 Person Family	\$44,413
♦ 5 Person Family	\$51,519
♦ 6 Person Family	\$58,625

Family Services will be accepting applications from **10AM - 4PM** at each of the 3 offices on the following dates :

- Springfield Outreach Office on Monday, December 18, 2017
- Coos Bay Family Services Office on Tuesday, December 19, 2017
- Florence Outreach Office on Wednesday, December 20, 2017

Please bring ALL of the following that apply to you and those living in your household:

Proof of Income (Pay Stub)	Social Security Card
Copy of your utility bill	SSI or SSDI Statement of Benefits
Tribal Enrollment Card	Child Support Statement
Oregon Trail Card	Current Oregon Health Plan Card

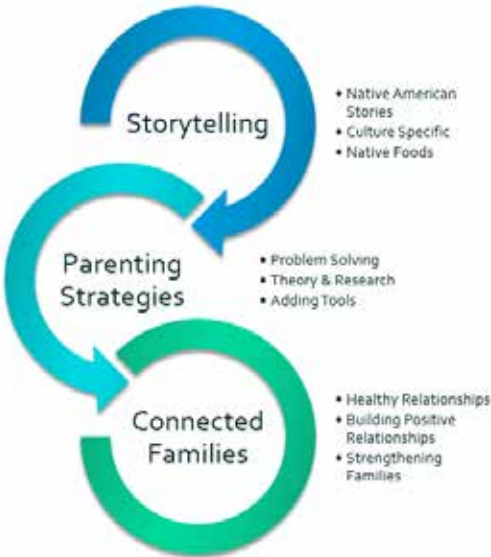
If you have any questions regarding LIHEAP please contact Family Services at 541-888-1311
*Note that available funding may be subject to change

Dates of Workshops Have Changed: See Below

PARENTING WORKSHOP

PRESENTED BY THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

FAMILY SERVICES DEPARTMENT



Childcare & Meals Will Be Provided

Please Call the RSVP Line at
541-435-7155
Or toll-free at 1-888-365-7155
By Tuesday, November 14, 2017

When:
Tuesdays-
December 5
December 12
December 19
January 2

Time:
5:30-7:30pm

Location:
CTCLUSI – Community Center
388 Wallace St
Coos Bay, OR 97420



Circles of Healing

Relationships & Money

Managing money in relationships is always a complication. In fact, 63% of couples think their partner overspends in some way and compared to other touchy topics couples' arguments about money tend to be more intense, more problematic, and more likely to remain unresolved. But money doesn't have to be a wedge in your relationship. With practice, you and your partner can learn to talk about finances in a healthier way, using some of the following tips:

- **Communicate.** Start talking about money so you can merge your money-management styles.
- **Share your goals.** Before you met, each of you had financial goals. Whether they include starting your own business by age 40 or retiring at the beach, write them down. Compare lists and talk about how they fit into your joint financial priorities.
- **Create a budget.** A concrete plan will help you and your spouse stay on the right financial path. A budget will help you prioritize spending, adjust to changing expenses, cut waste and track your progress.
- **Open a joint checking account.** You don't have to combine all of your income into one account, but it's wise to contribute a set amount each month to one fund to handle day-to-day household expenses or emergencies.

The Circles of Healing Project is a confidential victim services program that empowers and supports survivors of abuse in taking steps toward achieving personal safety.



- **Keep some personal money.** It can be tough to go from being single to sharing every money decision with a spouse. Even if you opt to merge your finances completely, consider allowing each other a little discretionary money.
- **Plan for the long term.** Now that you're working toward shared goals, see if your existing investments are complementary. For example, you should consider your retirement plans and whether, with your current strategy, you'll be able to retire together.

Source of Information: <https://www.wife.org/love-money-25-financial-tips-for-couples.htm>
Submitted by: Devynne Krossman



KIDS CRAFTING NIGHT!



Attention Tribal families with children ages 0 through 12!
Come join us for a fun night of crafting!



- ❖ Dinner will be provided.
- ❖ Children must be accompanied by an adult.
- ❖ No transportation will be provided.

Wednesday, December 13, 2017
6:00 P.M. to 8:00 P.M.

Tribal Hall, 338 Wallace Ave, Coos Bay, Oregon

Please call the RSVP line at
541-435-7155 or
toll-free at 1-888-365-7155
by Friday, December 8, 2017

This event is sponsored by the Health and Human Services Division
Child Care Development and Title IV B 2 Funding

Beading Night with Family Services Brings Tribal Families Together

Contributed by Meagan Davenport- Family Services Program Assistant

On October 21, 2017 the Family Services department hosted a Family Beading Night. Tribal families gathered in Tribal Hall, enjoyed dinner, each other's company and beading with Tribal youth. Ashley Russell's husband, Richard, completed the expert spider kit! The kiddos were able to enjoy beading choker kits, as well as creating their very own necklaces and bracelets. We chatted about the CCDF Program which assists families in obtaining child care so they can work or attend training/education (10-40 verifiable hours a week). Parents may select a child care provider that satisfies any applicable State and local requirements. It was wonderful to be able to sit and watch the tribal youth bead with their siblings, parents and even grandparents!



Silas Barton wears one of the necklaces he strung together during the Family Beading Night on October 21st

Great Beadwork Silas!

Photographs courtesy of Meagan Davenport

“You are the bows from which your children as living arrows are sent forth.”
-Khalil Gibran



Back row left to right: Carson Sprague, Talice Russell, Kaie Russell, Ava Barton, and Kira Flores
Front row left to right: Liam Petrie, Tycen Russell, and Silas Barton

Make someone smile today!

FREE COMPLIMENTS for you or someone you love.

Take One!

You inspire me.

You are like a big hug.

I like to hear you laugh.

You are a treasure.

You have a gorgeous smile.

You are beautiful.

You amaze me.

You light up my life.

You look really good today.

You have a beautiful soul.

You are lovely.



Jayla Rigel shows off her beaded necklace from Family Beading Night. Great job Jayla!

Top 7 Tips For Better Work/Life Balance

Contributed by Mike Smith, Tribal Benefits Specialist - Contact me at 541.902.3819 or at msmith@ctclusihr.org

Failure can be a harsh word to our ears. We don't like the sound of it. We typically don't like to experience it. We really don't want to be defined by it. Often, the path of personal and professional development can be littered with more failures than we'd prefer, but those may be some critical learning opportunities that equip us for our next success. The more comfortable we get with managing failure, the more it could help us succeed at work and in life. If you're in search of more ways to maximize your successes, contact your Department of Human Resources to see how we can partner with you.

Feeling overworked? Instead of trying to switch careers or companies, perhaps the solution to avoid burnout is to be proactive about trying to achieve and maintain a healthy work-life balance. These tips can help.

1. Leave the office by a certain time each day. If you have a regular train to catch or a time you need to be home to pick up your child or pet from daycare, you will be more inclined to stick to a routine and clock off by a specific time of day. Whatever that time may be for you, try to stick to it as much as possible so that you're home by a certain time.

2. Switch off your work email during certain hours each night. The technology that allows you to check your work email from home was at one time revolutionary, but has increasingly put pressure on workers to be chained to their desks, in a manner of speaking. Tempting as it can be to constantly check and refresh your inbox, exercise discipline by turning off your work email notifications during a specific window each day (say 8 p.m. to 6 a.m.).

3. Rest up. One thing you should never compromise on is your sleep. In fact, Arianna Huffington in a famous TED Talk talks about the power of a good night's sleep and the wonders it can do to stimulate creativity and idea generation. Getting adequate sleep is essential to becoming more productive, which in turn allows you to be more alert, complete your work faster and clock out earlier.

4. Inquire about flextime or telecommuting options. Not every company affords its people the opportunity to take advantage of flexible work options, but that's starting to change especially as younger workers enter the workplace in droves and challenge the status quo. Sometimes the rules vary depending on specific teams and managers. Whatever the case, it doesn't hurt to ask. Just make sure to lock the door if you ever need to jump on a teleconference from your home office.

5. Practice time management by prioritizing your work. Your daily to-do list may seem endless, but it helps to take a few minutes each morning to prioritize your workload. Knowing what you need to accomplish that day and setting goals or checklists for yourself will help keep you on track so you can leave at a reasonable time.

6. Block off your calendar outside of work hours. Ever have a 7 a.m. meeting pop up on a Monday morning? That won't happen if you block off non-work hours on your calendar, indicating that you're unavailable during those times. If you work with international teams, or even ones in different time zones, you may have a harder time doing this — but you can set expectations up front nonetheless. For instance, if you need to be on a 7 a.m. or 7 p.m. conference call, make sure you have everything you need to do it from home.

7. Schedule activities on weeknights. Whether it's a soul cycle session or bocce ball tournament or yoga class or game night, scheduling activities on weeknights can provide an escape from the demands of your job and give you something to look forward to. As an added bonus, you won't wind up working past 7 p.m. if you have some place else to be.

Content taken from "7 Tips to help you find a better work-life balance" by Deanna Hartley © 2017 CareerBuilder, LLC.

Three Rivers Casino's World Market Buffet in Florence

Announces a new Tribal Elder program.

Simply show your Tribal Id. Card at the Players Club in Florence and get a free buffet voucher (up to two a month). The World Market Buffet is open Thursday – Sunday for Dinner from 4pm - 9pm, and Sunday 10am - 3pm for Brunch.

WORLD MARKET BUFFET		
Open Thursday, Friday, Saturday and Sunday		
THURSDAY	Dinner \$17.99 4:00PM - 9:00PM	Steak, Dungeness Crab & Carved Turkey
FRIDAY	Dinner \$17.99 4:00PM - 9:00PM	Italian extravaganza; over 20 of your favorite Italian dishes plus live action pasta station and carved to order Prime Rib
SATURDAY	Dinner \$17.99 4:00PM - 9:00PM	Prime Rib, Shrimp, Salmon & St. Louis BBQ Ribs
SUNDAY	Brunch \$17.99 10:00AM - 3:00PM	Prime Rib & Champagne Brunch

Three Rivers Casino, 5647 HWY 126, Florence 1-877-374-8377

THREE RIVERS FOUNDATION

INVESTING IN OUR LOCAL COMMUNITIES

The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians are accepting applications for Grants to charitable organizations December 1 - 31, 2017.

Non-Profit organizations are encouraged to visit the Foundation website for more information.

ThreeRiversFoundation.org

