



NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

## *Culture Day Camp 2018*



Contributed by Morgan Gaines, Communications Specialist

Culture Day Camp 2018 was a week packed full of learning and fun! Youth from ages 5 to 14 attended camp this summer, held at the Tribal Community Center on the CTCLUSI Reservation from Monday, July 9<sup>th</sup> through Friday, July 13<sup>th</sup>. Each day was filled with learning opportunities and fun activities that the youth eagerly participated in.

For the opening day of Culture Day Camp youth were excited to get into their three different clans and bead their group necklaces while listening to the camp expectations and introductions to camp staff. They also learned a valuable lesson on the importance of communication through a silly PB & J activity. Youth had to explain what we all thought was an easy activity, making a peanut butter and jelly sandwich. If they were not specific in their description of each step, the making of the sandwich quickly took a disastrous, albeit hilarious turn! By the end, the Healing of the Canoe Facilitator had hands covered in peanut butter and the messiest sandwich that the youth were delighted and disgusted by, especially when their Camp Director took a big bite!

Monday afternoon campers swam at the Coquille Community Swimming Pool. Youth had a blast going down the waterslide, taking a ride through the lazy river, and being splashed by a few of the water features that the pool had. The pool was a great way

to end day one of camp.

After campers arrived at Camp on Tuesday morning, they traveled to the South Slough Estuary. Taking a hike through this serene area was a great way to start the day. Learning about indigenous plant species and their traditional uses, youth got to see many culturally significant vegetation up close and personal. It was amazing to hear how much many of the youth already knew about these important plants and to see them enjoy their time outdoors.

Once back at the Community Center campers enjoyed spending some time around the fire in the Plankhouse listening to a couple of our traditional stories. Afterwards they drew pictures based off of the stories of the Five Grizzly Bear Brothers and the Pitch Lady and turned their amazing artwork in to buttons.

Mid-week, on Wednesday, campers spent the morning making gifts for Elders and the upcoming Canoe Journey. Many beautiful necklaces, buttons, and painted rocks were made. After a wonderful BBQ lunch and snow cone surprise, campers traveled back to Coquille to the Hazen's Riverside Blueberry Farm to pick fresh blueberries.

Campers picked 93.5 pounds of juicy, ripe blueberries at the you pick farm! They enjoyed the spoils of their hard work for the rest of

Story continues on page 10

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Lower Umpqua and Siuslaw Indians  
1245 Fulton Avenue  
Coos Bay, OR 97420

### Salmon Ceremony Weekend Agenda

**Saturday, August 4, 2018**

Breakfast with Council and Storytelling by Patty Whereat,  
8:30 - 10:30 Community Center

**Land Bill Ceremony, Gregory Point, 2:00 p.m.**

**Sunday, August 5, 2018**

Salmon Ceremony, Gregory Point, 11:00 a.m.



## Tribal Council Business

As Reported at the July 8, 2018 Regular Tribal Council Meeting

**Chief Warren Brainard:**

June 10 Executive Work Session; Regular Tribal Council Meeting;  
Gaming Facility Operations Review Board (GFORB)  
June 16-18 Peter DeFazio Fund Raiser in Bandon  
June 19 ECO Trust Meeting  
June 21 Health Board Meeting; Cleaned Annual Salmon Allotment;  
Summer Solstice  
June 27 Meeting with Jerry West; Tribal Council Business Meeting;  
Gaming Facility Operations Review Board (GFORB)  
June 28 Chief Financial Officer Interviews (CFO)  
June 29 Chief Financial Officer Interviews (CFO); Special Tribal  
Council Meeting  
June 30 Student Recognition Dinner

**Doc Slyter:**

June 10 Executive Work Session; Regular Tribal Council Meeting;  
Gaming Facility Operations Review Board (GFORB)  
June 13 BIA/BLM Forest Tour – Lower Smith River and Upper Lake;  
Gave Tours of Plankhouse  
June 14 BIA/BLM Forest Tour – Tioga; Culture Committee Meeting  
June 20 Played Flute for Summer School Students  
June 21 Summer Solstice; Cleaned Annual Salmon Allotment; Tribal  
Family Dinner  
June 22 Meeting with Siuslaw National Forest and Lakeside City  
officials regarding Lakeside Cemetery  
June 23-24 Basket Weaving Class w/ Sara Siestroom  
June 27 Tribal Council Business Meeting; Gaming Facility Operations  
Review Board (GFORB)  
June 28 Chief Financial Officer Interviews (CFO)  
June 29 Chief Financial Officer Interviews (CFO); Special Tribal  
Council Meeting  
July 6 Went to Tribal Government Office to get some information  
printed to review.

**Debbie Bossley:**

June 10 Executive Work Session; Regular Tribal Council Meeting;  
Gaming Facility Operations Review Board (GFORB)  
June 13 BIA/BLM Forest Tour – Lower Smith River and Upper Lake  
June 14 BIA/BLM Forest Tour – Tioga  
June 18 Lunch with Stephanie Watkins and HR Staff  
June 27 Tribal Council Business Meeting; Gaming Facility Operations  
Review Board (GFORB)  
June 28 Elders Lunch with Summer School Students; Chief Financial  
Officer Interviews (CFO)  
June 29 Chief Financial Officer Interviews (CFO); Special Tribal  
Council Meeting  
June 30 Student Recognition Dinner  
July 2 Went to Tribal Government Office to do paperwork  
July 3 Went to Tribal Government Office to do paperwork

**Teresa Spangler, Vice - Chairman:**

June 10 Executive Work Session; Regular Tribal Council Meeting;  
Gaming Facility Operations Review Board (GFORB)  
June 13 Tribal Government All Staff Meeting  
June 27 Tribal Council Business Meeting; Gaming Facility Operations  
Review Board (GFORB)  
June 28 Chief Financial Officer Interviews (CFO)  
June 29 Chief Financial Officer Interviews (CFO); Special Tribal  
Council Meeting  
June 30 Student Recognition Dinner

**Josh Davies:**

June 10 Executive Work Session; Regular Tribal Council Meeting;  
Gaming Facility Operations Review Board (GFORB);  
June 15 Set Up Summer School Classroom  
June 18-29 Summer School  
June 21 Tribal Family Dinner  
June 22 Went to Tribal Government Office  
June 27 Tribal Council Business Meeting; Gaming Facility Operations  
Review Board (GFORB)  
June 28 Elders Lunch with Summer School Students; Chief Financial  
Officer Interviews (CFO)  
June 29 Chief Financial Officer Interviews (CFO); Special Tribal  
Council Meeting  
June 30 Student Recognition Dinner

**Doug Barrett :**

June 10 Executive Work Session; Regular Tribal Council Meeting;  
Gaming Facility Operations Review Board (GFORB)  
June 18-29 Summer School  
June 21 Summer Solstice; Cleaned Annual Salmon Allotment  
June 27 Tribal Council Business Meeting; Gaming Facility Operations  
Review Board (GFORB)  
June 28 Elders Lunch with Summer School Students; Chief Financial  
Officer Interviews (CFO)  
June 29 Chief Financial Officer Interviews (CFO); Special Tribal  
Council Meeting  
June 28 Elders Lunch with Summer School Students; Chief Financial  
Officer Interviews (CFO)  
June 29 Chief Financial Officer Interviews (CFO); Special Tribal  
Council Meeting

**Mark Ingersoll:**

June 10 Executive Work Session; Regular Tribal Council Meeting;  
Gaming Facility Operations Review Board (GFORB)  
June 16-18 Peter DeFazio Fund Raiser in Bandon  
June 21 Summer Solstice; Cleaned Annual Salmon Allotment; Tribal  
Family Dinner  
June 27 Tribal Council Business Meeting; Gaming Facility Operations  
Review Board (GFORB)  
June 30 Student Recognition Dinner

# Salmon Ceremony

Weekend Agenda

**Saturday, August 4, 2018**

Breakfast - 8:30 a.m. - 10:30 a.m. in the Community Center  
7:00 p.m., Smore's Around the Camp Fire at Tribal Hall

**Saturday, August 4, 2018**

**Land Bill Ceremony**

Gregory Point 2:00 p.m. - 3:30 p.m.

Event parking at Coos Head, Shuttle to Gregory Point

**Sunday, August 5, 2018**

**Salmon Ceremony**

Family arrival and visiting, followed by meal and ceremony  
Starting at 11:00 a.m.

R.S.V.P by calling 541-888-9577 or toll-free 1-888-280-0726

**–RSVP LINE–**

541-435-7155

or toll-free

1-888-365-7155

An RSVP line was developed November of 2016 for activities & events. The calls go to the front desk and are managed by Reception. This number is used on all Event & Activity Flyers. Occasionally, a flyer may have a direct line, like Elder Overnight trips. Please remember to RSVP for all events. It is difficult to guestimate for food, supplies and staff.

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc.  
Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians  
ATTN: Tribal Council 1245 Fulton Ave.  
Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices.  
Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at [www.ctclusi.org](http://www.ctclusi.org)  
If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief  
Tribal Chief

541-297-1655 (cell)  
[wbrainard@ctclusi.org](mailto:wbrainard@ctclusi.org)

Doc Slyter

Position #1 Council  
541-808-7625 (cell)  
[dslyter@ctclusi.org](mailto:dslyter@ctclusi.org)

Debbie Bossley

Position #2 Council  
541-294-3972 (cell)  
[debbie.bossley@ctclusi.org](mailto:debbie.bossley@ctclusi.org)

Mark Ingersoll,  
Chairman

Position #3 Council  
541-290-4610 (cell)  
[mingersoll@ctclusi.org](mailto:mingersoll@ctclusi.org)

Josh Davies

Position #4 Council  
541-294-4105  
[josh.davies@ctclusi.org](mailto:josh.davies@ctclusi.org)

Teresa Spangler,  
Vice Chair

Position #5 Council  
541-808-4828 (cell)  
[tspangler@ctclusi.org](mailto:tspangler@ctclusi.org)

Doug Barrett

Position #6 Council  
541-297-2130 (cell)  
[doug.barrett@ctclusi.org](mailto:doug.barrett@ctclusi.org)

Council Meeting

August 12, 2018  
Community Center  
338 Wallace Street,  
Coos Bay, Oregon 97420  
10:00 a.m.

Agenda:


1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Administrator Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed

Council meeting video available to view at [www.ctclusi.org](http://www.ctclusi.org)

Upcoming Events

- August 2<sup>nd</sup>** – Elders Luncheon, Hometown Buffet, Springfield, 11:30 a.m.  
**August 4<sup>th</sup>** – Breakfast with Tribal Councils, Community Center, 8:30 a.m. - 10:30 a.m. Smore’s at 7:00 p.m.  
**August 4<sup>th</sup>** – Land Bill Ceremony, Gregory Point, 2:00 p.m. – 3:30 p.m.  
**August 5<sup>th</sup>** – Salmon Ceremony  
**August 6<sup>th</sup>** - Nurturing Parenting Workshop, Florence Outreach Office, 5:30 – 7:30 p.m.  
**August 7<sup>th</sup> – 9<sup>th</sup>** – Elders Overnight Trip, Trees of Mystery & Klamath River Jet Boats  
**August 11<sup>th</sup>** – Family Tie Dye Day, Tribal Hall parking lot, 11:00 a.m. – 2:00 p.m.  
**August 12<sup>th</sup>** – Regular Council Meeting, Community Center, 10:00 a.m.  
**August 13<sup>th</sup>** - Nurturing Parenting Workshop, Florence Outreach Office, 5:30 – 7:30 p.m.  
**August 20<sup>th</sup>** - Nurturing Parenting Workshop, Florence Outreach Office, 5:30 – 7:30 p.m.

- August 21<sup>st</sup>** – Tribal Family Gathering Dinner, New Eugene Outreach Office, 6:00 p.m.  
**August 27<sup>th</sup>** - Nurturing Parenting Workshop, Florence Outreach Office, 5:30– 7:30 p.m.  
**September 3<sup>rd</sup>** – Labor Day, All Tribal Offices Closed  
**September 6<sup>th</sup>** – Elders Luncheon, Florence Outreach Office, 11:30 a.m.  
**September 6<sup>th</sup>** – Family Game Night, Tribal Hall, 5:30 p.m. – 7:30 p.m.  
**September 9<sup>th</sup>** – Regular Council Meeting, Community Center 10:00 a.m.  
**October 14<sup>th</sup>** – Regular Council Meeting, Florence location TBD, 10:00 a.m.  
**October 14<sup>th</sup>** – General Council Meeting, Florence location TBD, 1:00 p.m.  
**October 17<sup>th</sup>** – Restoration Day, All Tribal Offices will be Closed  
**October 20<sup>th</sup>** – Restoration Celebration



THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at [jmcneil@ctclusi.org](mailto:jmcneil@ctclusi.org). All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

<p>Government Office Alexis Barry Chief Executive Officer 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll free 1-888-280-0726 Fax 541-888-2853 <a href="mailto:abarry@ctclusi.org">abarry@ctclusi.org</a></p> <p>Health Services Division Vicki Faciane - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-7515 Toll free 1-888-280-0726 Fax 541-888-5388 <a href="mailto:vfaciane@ctclusi.org">vfaciane@ctclusi.org</a></p> <p>Department of Human Resources Stephanie Watkins - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-7508 Toll Free: 1-888-280-0726 Fax: 888-723-3270 <a href="mailto:swatkins@ctclusihr.org">swatkins@ctclusihr.org</a></p> <p>Tribal Housing Department Linda Malcomb - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1310 Fax 541-888-2853 <a href="mailto:lmalcomb@ctclusi.org">lmalcomb@ctclusi.org</a></p>	<p>Purchased/Referred Care (FKA Contract Health Services) Sharon Arnold - PRC Specialist 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-4873 Toll free 1-800-227-0392 Fax 541-888-5388 <a href="mailto:sarnold@ctclusi.org">sarnold@ctclusi.org</a></p> <p>Education Department Karen Porter, Education Dept 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-9577 Toll free 1-888-280-0726 Fax 541-888-2853 <a href="mailto:education@ctclusi.org">education@ctclusi.org</a></p> <p>Family Services Earl Boots, Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1311 Toll Free 1-800-618-6827 Fax 541-888-1837 <a href="mailto:eboots@ctclusi.org">eboots@ctclusi.org</a></p> <p>Tribal Dental Clinic Dr. Sarah Rodgers 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-6433 Toll free 1-877-688-6433 Fax 541-888-7505</p>	<p>Elders Activities Iliana Montiel Assistant Director of Health Services 1245 Fulton Ave. Coos Bay, OR 97420 Phone 541-888-7526 Fax 541-888-5388 Toll Free 1-888-280-0726 <a href="mailto:imontiel@ctclusi.org">imontiel@ctclusi.org</a></p> <p>Tribal Court J.D. Williams Chief Judge 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll Free 1-888-280-0726 <a href="mailto:tribalct@ctclusi.org">tribalct@ctclusi.org</a></p> <p>Cultural Department Jesse Beers - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1319 Fax 541-888-2853 <a href="mailto:jbeers@ctclusi.org">jbeers@ctclusi.org</a></p> <p>Eugene Outreach Office 135 Silver Lane, Suite 200 Eugene, OR 97404 Phone 541-744-1334 Toll Free 1-800-877-2718 Fax 541-744-1349</p>	<p>Florence Outreach Office Physical: 3757 Hwy. 101 Mailing: P.O. Box 2000 Florence, OR 97439 Phone 541-997-6685 Toll Free 1-866-313-9913 Fax 541-997-1715</p> <p>Tribal Gaming Commission Brad Kneaper Executive Director of the Gaming Commission 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-2830 Fax 541-997-7293 <a href="mailto:bkneaper@ctclusi-pd.com">bkneaper@ctclusi-pd.com</a></p> <p>Tribal Police Brad Kneaper Chief Law Enforcement Officer 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-6011 Fax 541-902-6507 <a href="mailto:bkneaper@ctclusi-pd.com">bkneaper@ctclusi-pd.com</a></p> <p>Department of Natural Resources Margaret Corvi Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1304 Toll Free 1-888-280-0726 Fax 541-888-2853 <a href="mailto:mcorvi@ctclusi.org">mcorvi@ctclusi.org</a></p>
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# JOIN US FOR FAMILY GAME NIGHT

September 6, 2018 from 5:30-7:30pm

Tribal Hall

338 Wallace St. Coos Bay OR

***Dinner provided***

***RSVP by Tuesday, September 4, 2018***

***541-435-7155 or 1-888-365-7155***

Hosted by Meagan Davenport

CTCLUSI Family Services Department



## **UPDATE YOUR CONTACT INFORMATION !**

Tribal Council has approved a gift in the form of a check to be sent to every Enrolled Tribal Member this year.

**Gifts will be mailed December 2018** to the last address we have on file. If we do not have a valid address, no check will be issued. If a check is sent to an invalid address due to lack of update, it can take up to a month to re-issue.

All Tribal information updates **must** go through the Enrollment office with a completed Change of Address Form. You can find this form on the Tribes website [www.ctclusi.org](http://www.ctclusi.org) under Enrollment, or one can be obtained at any Tribal Government Office in Coos Bay, Florence & Eugene. You may also update your address by contacting Jeannie McNeil, Enrollment Coordinator at 541-888-7506; or by email [jmcneil@ctclusi.org](mailto:jmcneil@ctclusi.org). Please provide a contact phone number so your information can be verified over the phone.

# Tribal Students Thrive in Internship Program

Contributed by Stephanie Watkins, Director of Human Resources

We are very excited this year to welcome our 2018 Tribal interns! We are very fortunate after a long year of studying, our students have this great opportunity to develop relationships with our staff and acquire important skills for the workplace. These accomplished people are on a journey to significance in our community and society. Their personal commitment to their futures bring pride hard to behold.

**Tribal Court Department:** Under Chief Judge JD Williams, Carli writes, “Hello! My name is Carli Clarkson. I am a member of the Coos Tribe. I will be entering my senior year at Arizona State this coming year. I will be receiving two Bachelor of Arts Degrees in Business Law and Business Sports and Media Studies, with plans to go to law school. My goal is to be a corporate lawyer, hopefully for Nike. As the Tribal Court Intern, I hope to learn more about Tribal Code, how the Tribe seeks Justice and what the Courts System does for the Tribal Community.” We would like to extend a warm thank you to JD Williams and Diane Whitson for taking in our Tribal student.

**Department of Natural Resources:** Eagle writes, “Hello, my name is Eagle Roy and I am a Hanis Coos Tribal Member. I’m from North Bend, Oregon and I’m currently attending Southern Oregon University in Ashland for a Performance Major and Music Minor. My goal is to use this Degree to become a percussion performer / accompaniment, as well as an actor. Whether it is in film, theatre, Voiceovers, Motion Capture, etc. I hope to be a part of it. As an Intern for the Culture Department, I hope to learn more about my tribal community’s traditions outside of what I already know. My father (Howard Roy) is a former Culture Coordinator for the tribes. It is through him that I learned many of the traditions we still practice to this day. In the future I’d like to take our traditional stories and use those theatre skills to eventually design a play.” We would like to extend our thanks to Director of Natural Recourses, Margaret Corvi and her commitment to cultural awareness, and our youth.

**Department of Natural Resources:** Again, under Director Margaret Corvi, Jade writes, “My name is Jade Fong. I’m a Coos Tribal member born and raised in San Francisco. I’m an upcoming senior at the University of California, Berkeley. I am pursuing a Bachelor of Science in Society & Environment with a focus in U.S. Environmental Policy & Management, Global Environmental Politics, and Justice and Sustainability. As part my minor, Global Poverty & Practice, I’m interning with the Department of Natural Resources, which provides me with the opportunity to transfer my studies to hands-on practice and experience. I took a class called Climate Energy & Policy, which has immensely prepared me to research and advocate against the Jordan Cove Pipeline Project. Since I’m applying to graduate school, this internship will help me cultivate the experience I need and provide direction towards what area of environmentalism I’m most interested in studying. I would like to personally thank Margaret for giving me the opportunity to work so closely with the tribe. It is an experience unparalleled to any other internship I could receive back home.” A warm thanks to everyone in the DNR department for making her feel welcome.

**Department of Human Resources:** Under Director Stephanie Watkins, James writes, “Hello, My name is James Barton, I am from



Pictured left to right: Eagle Roy, Nicole Romine, Shawn Brainard, Jade Fong, James Barton, and Carli Clarkson

the Miluk Coos Tribe from Coos Bay, Oregon. This year will be my senior year at the University of Oregon studying for my Bachelors in Russian, East Asian, European studies with a minor in poetry. Some of my goals are to continue on to a master’s program and teach abroad in the future. I am excited about my internship this year in HR and working with all of our tribal employees as well as Casino employees. We have such a wide and diverse staff and it’s been very interesting and rewarding to see how this group of people works together for all of us in the tribe.” James brings such dedication and professionalism to the department, we are excited to have him be a part of our Tribal staff.

**Department of Family Services:** Under Shayne Platz, Shawn writes, “My name is Shawn Brainard. I recently finished my third year at Western Oregon University, at which I study psychology. After I obtain a Bachelor of Science, I plan to start a career in the field of industrial-organizational psychology or clinical psychology. This is my fifth year taking part in an internship-like, summer job experience for the tribe, and they get better every year. During this internship, I hope to improve my understanding of the tribes as well as of social work as a possible career path.” We are very fortunate to have such a diverse student pool over many departments and we hope to continue bringing our tribal students into the many opportunities we have to offer.

**Department of Planning:** With the guidance of Director of Planning, Jeff Stump, Nicole writes;

“I am Miluk Coos. I am a junior at Oregon State University and I am originally from Coquille, OR. Some of my goals include finishing my bachelor’s degree, building our Youth Council, and finding a career that I’ll enjoy. I hope to learn a lot from my internship, which has already started; I worked with the kids at Culture Camp last week and have been invited to work at Canoe Journey starting July 20th and going until August 1st.”

Many thanks to our Tribal Council whom supports this important program. Also to the Tribal administration whose work is committed to the learning experience for all of our Tribal people. Moreover, to all of my staff for the careful coordination of each placement.

If you’re interested in participating in the Summer Intern Program in Summer 2019, contact the CTCLUSI Human Resources Department  
1245 Fulton Avenue, Coos Bay, OR 97420  
Phone: 541-888-7508



## This Month...be on the Lookout for Elderberry

Contributed by Ashley Russell, Water Protection Specialist

**Plant description:** Elderberries are in the family Adoxaceae, the moschatel family. There are two species of elderberries that grow within our Ancestral Territory: red and blue. Both species grow within the same region. However, red elderberries only grow within the coastal zone whereas as blue elderberries grow more inland from the coast. These woody perennials can grow up to 20 to 30 feet tall with the latter be more typical of the blue elderberry. The leaves of elderberry are opposite, pinnately compound with 5 to 7 leaflets, ovate, and sharply toothed. Flowers are yellowish-white in clusters and bloom in the spring. Red elderberry flowers are pyramidal shaped compared to blue elderberry flowers, which are flat.

**Food:** The berries of elderberry were gathered, mashed, and usually mixed with salmon eggs. Later in the season, crab apple and seal oil were added. It is said that these mixtures were exuded through the fingers and licked, being careful not to ingest the seeds as they are known to contain toxic alkaloids. Cooked elderberries can be made into syrups, jams, jellies, and other concoctions after the seeds are carefully discarded. Elderberry flowers are also edible and can be added to salads or battered and fried.

**Medicine:** The flowers and leaves were dried and used in teas to help with water retention or to help induce sweating. Berries can also be dried and used in tea mixtures.

**Other:** Elderberry limbs (third year's growth preferably) were cut, split and pithed to make clackersticks, a type of rattle. Longer limbs were cut to make throwing poles for a hope-and-pole game known in Hanis as tlaaxúk'wanawas.

Red elderberry wood was sometimes used to make arrow shafts.



**Hanis:** Mahá'wai (red); Líšwat

**Miluk:** txai

**Scientific Name:** *Sambucus racemose*, *S. cerulea*

## Eel Lake Lamprey Ramp Under Construction

Contributed by John Schaefer, Water Protection Specialist and Biologist

As part of the Tribes' USFWS Tribal Wildlife grant to conserve Pacific Lamprey in the Tenmile Lakes Basin, a Lamprey Passage Structure (LPS) is to be installed at the Eel Lake trap in Tugman State Park this summer.

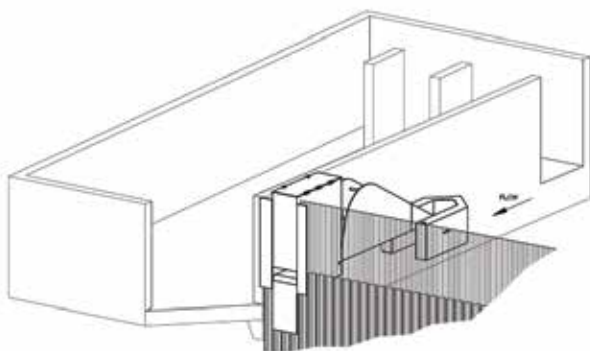
The fabrication of our Lamprey Passage Structure (LPS) is now well underway at ODFW's screen shop in Central Point, Oregon. Volunteers will be needed on the week of August 13<sup>th</sup> to fill and transport sandbags to isolate a portion of Eel Creek. The creek needs de-watering near the Eel Lake trap to allow the pouring of a concrete slab to

support the LPS. The LPS is designed to allow lamprey access to Eel Lake during a wide range of different stream flow conditions. Presently, lamprey access to the lake is blocked by a dam and fish trap designed to retain Coho salmon and Steelhead.

If you are interested in volunteering during the week of August 13<sup>th</sup>, please contact John Schaefer at the CTCLUSI Department of Natural Resources for more information and scheduling.

Call 541-888-9577.

EEL LAKE LAMPREY PASSAGE



### Culture Program is soliciting proposals for

#### Mitsmitsta Halqaima Workshops from the Tribal community

Example Workshop Proposal themes: Regalia, Weaving projects, Tool making, Gathering, Bow making, Carving, Cooking, Language, Traditional Games, etc.

*Please submit an outline of your workshop, budget and preferred timing. Proposals will be negotiated with CTCLUSI on a first come first serve basis but, will remain open until funds are allocated. Drop proposals at any Tribal Office, Attn: Jesse Beers or Mark Petrie. Contracts may be subject to background checks.*

*Mitsmitsta Halqaima (To Teach Relatives) [www.hanis.org](http://www.hanis.org)*





# Weaving Workshop Updates

Dear Tribal Community,

Our June weaving workshops were wonderful!

On Saturday we had fourteen people (Carolyn, Doc, and Scott Slyter, Stephanie McNutt, her mother and three kids, Megan and Christine Medina, and Ashley Russell and her three kids).

We started off the day with a ceremony to welcome the new basket home. Doc played the flute, Ashley sang, I gave a demonstration on how to handle a basket and some of the history woven into the piece.

All of the McNutt's and Doc and Scott made Tule mats. Ashley worked on her Cedar root tea pot. Her kids made Tule animals. I gave a Cat Tail processing demo.

At 4 PM the McNutt's, the Medina's and I went to the Bayview Wayside and gathered Cat Tail and Sedge for a few hours.

Sunday's workshop was attended by all the same weavers minus the Russells (11). The McNutts moved on to their first tule baskets. Megan worked on her Cat Tail and Sedge basket and even jumped in to show Stephanie the three strand twine transition stitch.

We all worked together to clean the Cat Tail and Sedge we gathered the night before. This cache will be included in an exhibition I am in called The Earth Will Not Abide that investigated the Columbia bio-region, extraction culture, and environmental protection efforts. It will be in November at PNCA in Portland. Along with this cache, I will display the dance caps I have been making. In combination, these items will be called This Is Us Dancing. You will have a chance to see these dance caps on our weaving youth at Salmon Ceremony. In following with the weaving program sustainability tradition, the weaving materials will be brought into our winter weaving workshops for tribal members to make their own caps with.

Our next weaving workshop will be in September. It will be open to weavers of any age or skill level. Come make your first or one hundredth basket with us! We are eagerly awaiting your presence!!

Luuii,  
Sara Siestreem (Hanis Coos)





# Tribal Court Seeks Your Assistance Nominating Peacegivers

Contributed by Diane Whitson, Tribal Court Administrator - Peacegiving Court Outreach Coordinator

Dear Tribal Member or Family,

The Tribe requests your input on some very important decisions facing your Tribal Courts. By now, all Tribal households should be aware that you have a Peacegiving Court. In addition, we now have a functioning Wellness Court and the Court is requesting your assistance.

The Peacegiving Court provides a forum for resolving disputes between tribal members and for handling non-violent Juvenile Court matters using indigenous problem solving methods, such as peacegiving circles and interested mediation. Peacegivers have been chosen from the Tribes' members and spouses. They are individuals who are not necessarily trained as attorneys or judges, but who possess good judgment and people skills. Peacegivers preside over cases in which the parties have requested Peacegiving Court rather than standard Tribal Court. All persons requesting/participating in Peacegiving Court have to be willing to acknowledge that there is an issue in dispute. Peacegivers are assigned by the Tribal Court Judge. Their role is one of peacegiver, mediator or conciliator. They do not impose their will on the parties, but lead the parties and assist the person, victims and family in designing a program to assist the person through the use of cultural education and other tools including mentoring, community service and encouraging the person to pursue his or her talents in constructive ways.

Because of the expansion and enhancement of Tribal Court, the Court needs to recruit and train interested persons to assist with your Peacegiving and Wellness Courts. The Court is asking you to help with this most important step. Please review the requirements, and then decide on up to five individuals who you believe would make good Peacegivers. You can submit your responses by email at [tribalct@ctclusi.org](mailto:tribalct@ctclusi.org), by filling out the form online at the CTCLUSI website, or by calling (541) 888-1306. The Court will contact the individuals to determine their

interest and availability in serving. Those selected will receive training from the Court. Peacegivers will serve as unpaid volunteers.

The formal requirements are few.

- ❖ A proposed peacegiver must be either a Tribal member or a spouse of a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
- ❖ Must be able to pass a criminal background check required by Federal law for individuals working with Indian children.
- ❖ Must be a person who you would trust to help with a serious business matter or a matter involving a young person in trouble.

The Court's goal is to add to the diverse panel of Peacegivers with different styles of persuasion and different skill sets and backgrounds in order to match Peacegivers to specific cases. Every tribal member should look beyond the obvious names and think about the people who are trusted to assist in times of need. Therefore, this is not a popularity contest, or a vote. Each individual suggested will be considered as a possible Peacegiver. While the final decision on selection and appointments will be up to the Tribal Court Judges, the Judges strongly believe that as a court designed to reflect and perpetuate Tribal values, you, as Tribal members are best suited to identify the Tribal members and spouses who embody and express those values. If it were you, your child, or grandchild, who would you trust to lead the circle?

Please respond no later than August 15, 2018 to be entered in a drawing for a Gift Card!

PEACEGIVING COURT NOMINATION FORM  
PROGRAM AND RESOURCE SURVEY

Name of person completing survey: \_\_\_\_\_

Tribal roll number: CTCLUSI \_\_\_\_\_

I nominate the following Tribal members or Tribal spouses for Peacegivers:  
\_\_\_\_\_

Please list your nominees name next to their skill.  
\_\_\_\_\_

Culture and history of the tribes:  
\_\_\_\_\_  
\_\_\_\_\_

Traditional skills; \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Mentoring: e.g., someone who can spend time just being with and listening to people:  
\_\_\_\_\_  
\_\_\_\_\_

Community Service supervisors: include ideas for types of community services and anyone who could organize or supervise a project: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Wish List: What kind of programs would you like to see Peacegivers use for healing:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please Return to: Tina Edwards, Peacegiving Court Support  
Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians  
1245 Fulton Ave.  
Coos Bay, OR 97420

WELLNESS COURT

Are you in trouble with the law?  
Are you suffering with drugs, alcohol or addiction?  
Are you ready to make a change?  
What does true Wellness look like for you?  
A life without drugs or alcohol is possible for you.  
Make the choice for a better life.

Confidential

Contact Tribal Wellness Court.  
(541) 888-1307

*“While the final decision on selection and appointments will be up to the Tribal Court Judges, the Judges strongly believe that as a court designed to reflect and perpetuate Tribal values, you, as Tribal members are best suited to identify the Tribal members and spouses who embody and express those values. If it were you, your child, or grandchild, who would you trust to lead the circle?”*

PEACEGIVING COURT

Dispute resolution the traditional way.  
Accountability. Restoration.

For more information on Peacegiving Court and how your case can be transferred,  
contact Tribal Court. (541) 888-1306



# Arguing With Your Parents

Don't get along with your parents or guardians? Often arguing and feel that they don't understand you? Are you asking yourself, "why don't they see things the way I do?"

Families sometimes disagree with each other and the occasional tension or argument is part of family life. However, ongoing arguments and tension can be stressful and overwhelming. Some people lose their temper and become intentionally hurtful, aggressive or even violent. But there are ways to defuse the conflict and help bring about a peaceful result. Here are a few things you can do:

**Talk to someone outside the situation.** People you can talk to include a counselor, friend, brother or sister, or teacher.

**Count to 10 before responding.** It might sound silly, but walking away and counting to 10 can be a good way to cool off anger and avoid a response that could make the situation worse.

**Get some space from the situation**—while not solving the problem—it can be good to get some space and avoid more arguments. This might include exercising or chilling out with your friends.

**Talking it out with your parents or guardians,** could ease the situation. It can also be a great way of sorting through issues and coming to an arrangement that works for all of you.

**Agreeing to disagree.** If you simply cannot find a way to compromise, you might find you have to 'agree to disagree'. Remember that you can have your own opinions, based on your own experience, beliefs and values - whether or not you accept your parents' or guardians' views is up to you.



If you are looking for help or just more information, contact:

Doug Barrett, CADC-1,CPS, Prevention Activities Coordinator; 541-297-2130 [dbarrett@ctclusi.org](mailto:dbarrett@ctclusi.org)  
Sonja McCarty, Healing of the Canoe Facilitator; 541-808-8175 [smccarty@ctclusi.org](mailto:smccarty@ctclusi.org)

Acknowledgement: This fact sheet was originally developed by youth and staff at [ReachOut.com](http://ReachOut.com), a website that helps teens get through tough times.

# New 'No Smoking Signs' on Tribal Properties

Contributed by Mark Petrie, Tobacco Prevention Grant Coordinator

We are excited to highlight our new 'No Smoking Signs' that are being installed around our tribal offices and properties! 'Keep Tobacco Sacred' serves as our motto for revitalizing and reclaiming our traditional relationship with the tobacco plant that our ancestors' have had for thousands of years. Tobacco is a gift from the Creator and traditionally was only used in ceremony. Our Sacred Tobacco is a potent medicine and was never used on a regular basis for fear that, in doing so, would bring bad luck onto them and/or their house in the form of bad health and misfortune. When used in ceremony, it is not appropriate to inhale Tobacco smoke into the lungs, but rather to let the smoke leave your mouth and carry your prayers up to the Creator. Today, we generally use dried, crushed, Sacred Tobacco leaves to offer as gifts when gathering, making a fire sacred or giving thanks during blessings and ceremonies.

The great staff from the Northwest Portland Area Indian Health Board (NPAIHB) acquired the funding to pay for our 36 new signs. Some of the designs are inspired from our traditional basket patterns that date back generations. With collaboration with tribal member Amanda Craig, we created these new signs to bring light to the health concerns associated with tobacco and nicotine product use around our communities and workplaces.

The Culture & Natural Resources Department has Sacred Tobacco leaves available for Tribal members and Tribal Families to be used for ceremonial purposes. Contact Mark Petrie by phone at (541) 888-1318 or by email at [mpetrie@ctclusi.org](mailto:mpetrie@ctclusi.org)

These new signs are not meant to be an 'attack on tobacco/nicotine users', rather to be a reminder that life is precious and worth protecting. Too many of us witness our loved ones and community members suffer from the side effects

of prolonged tobacco and nicotine use and addiction. Today we are working to change the social norms surrounding tobacco and nicotine use and take a stand and protect our communities from those harms. This may seem like one small problem in terms of the other immediate harms on our communities, but taking small steps in the right direction can build momentum towards enacting the change that we all need to protect our children from the problems we face right now. Our goal is to move forward together as one Tribal Community!

Commercial Tobacco use remains the leading cause of preventable disease and death in the United States, causing more than 480,000 deaths every single year. In addition to the devastating human toll caused mainly by cigarette smoking, tobacco also causes substantial financial costs to society, with direct health care and lost productivity costs totaling nearly \$300 billion a year ([www.FDA.gov](http://www.FDA.gov)).





## Culture Day Camp...continued from cover page

the week. Each camper was sent home with a huge bag of blueberries for their whole family to enjoy, while the rest were reserved for the final day of camp, and snacks of course!

The use of clay and traditional pottery were discussed on Thursday morning. Youth even had the opportunity to work with some clay that was gathered from our own ancestral territory. They made some amazing pieces, from bowls, cups, and even a canoe. After learning about traditional clay work, campers spent the afternoon painting contemporary pottery at The Pottery Co. in Coos Bay. Each youth got to pick out and paint their very own bank.

While Friday marked the last day of Culture Camp, it was filled with fun for the whole community to enjoy. Campers spent the morning learning about the importance of salmon to their Tribal heritage, as well as observed a demonstration in filleting the salmon in preparation of that afternoon's feast. Youth then learned how to make tule ducks and headbands, a fun and popular activity during camps.

Tribal Elders and campers family members began arriving around 11:00 a.m. for the Family Lunch on the final day of camp. Before lunch, campers performed skits that they had worked on all week. Everyone enjoyed watching the extremely creative and fun skits that the youth had prepared. From a puppet show to live action comedy, campers showed off their amazing talents.

From salmon cooked on cedar stakes with a blueberry glaze made from the blueberries harvest by the campers earlier in the week, to a blueberry salad, amazing sides, and a great lemon and blueberry cake, everyone was well fed. Campers and Elders then gathered for a ceremony to bring camp to a close.

The Culture Day Camp Staff would like to thank:

The Coquille Community Pool  
South Slough Estuary  
Hazen's Riverside Blueberries  
The Pottery Company  
CTCLUSI Administration Staff  
CTCLUSI Tribal Council for their support in CTCLUSI's Culture Day Camp





*Culture Day Camp...continued from cover page*





## *CTCLUSI Elders Attend Grand Ronde Elder Honor Day*

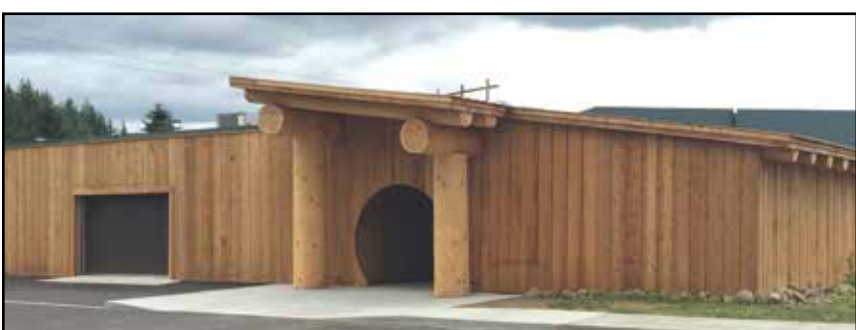
Contributed by Iliana Montiel, Assistant Director of Health Services

Wow, where has the summer gone! The Elders just had their first overnight trip of the year and there is always some unexpected entertainment. Transportation headed out from all three offices on Sunday afternoon, July 8th. Each van and bus had an assortment of fruit, granola bars and string cheese. Apparently, the Florence crew had some frozen surprises within their snacks. Leave it up to that DeeDee, always torturing our Elders. 😊

Due to an accident on the North Bend Bridge, the Coos Bay Elders had a detour as they took a long scenic route. As the rest of the Elders checked into Seven Feathers and headed for dinner, Coos Bay Elders were just pulling in and racing to dinner, as the others were trying to wait patiently. Once all 36 of us were settled in, we enjoyed a very nice buffet dinner at the Cedar Plank Buffet. After dinner, many hit the casino, while others stay and visited. I, however, went to bed, as it had been a very long day and I needed my energy for the next day.

Monday morning came early as we met the group sharply at 8:00 am to attend Grand Ronde's Elder Honor Day. We started with a continental breakfast in the main room where the festivities were to be held. The room was decorated in a fun Hawaiian theme with everyone sporting their Hawaiian getups and leis. Throughout the day there were several drawings of gifts and it was a good day for Tribal Elder Spouses; Janet Brainard, Barb Barton, and Donna McNutt as they were all winners. The entertainment provided during lunch was spectacular — it was the Paradise of Samoa Dancers. Tribal Councilman Doug Barrett presented Grand Ronde with our gift, made and put together by Doug himself. Thank you very much Doug! After the event, everyone had a couple of hours of downtime before dinner. Once again, we had a delicious dinner at The Cedar Plank Buffet. After dinner, I saw several Elders enjoying themselves in the casino — there may even have been a few winners.

The following morning The Grand Ronde Elders put on a lovely breakfast at their Activity Center. Lots of laughter and stories were told, while we waited for the new museum to open. At 10:00 am we were off to CHACHALA, the Tribal Museum and Cultural Center. We were entertained (some more than others), and given a great tour of the museum by their Cultural Tour Guide. They have beautiful artifacts on loan from London for the next year. If you get a chance, go check it out. After the museum and saying farewell to our guide again, we all loaded up on the buses once again for another successful Elders Trip. Many thanks to my great staff! See you all in August.





Elders Corner

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. Elders will be contacted by Andrew Brainard of the Family Services Department with information for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. **Thank you Elders!**

Contributed by Andrew Brainard, Family Services Peer Support Specialist



Phyllis Howlett

- Hanis Coos
- Sister to Julie Belcher. Wife to Steven Howlett and mother to Derek Howlett and Gavin Howlett.

Proudest accomplishment:

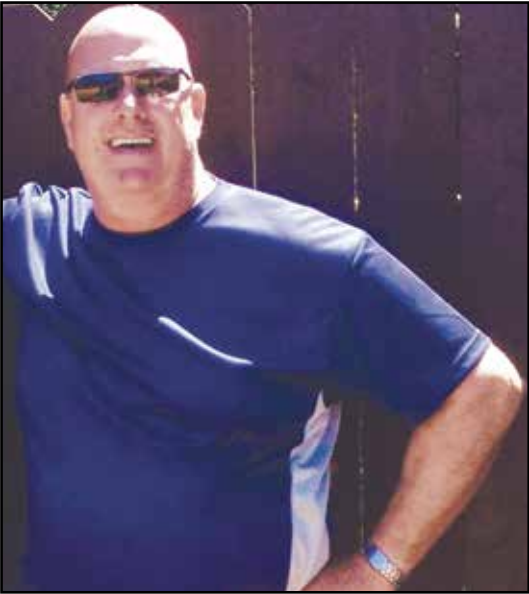
Celebrating her 45th Wedding Anniversary with her husband Steven.

Bucket List:

- Alaskan Cruise
- Zip Lining
- Run into Bigfoot

“Good Grief”

Going for drives, Elders Trips and going to the Florence Firehouse with my sister Julie and party/dance.



Jesse Gardner

- Lower Umpqua
- Immediate family: Julie, Travis, Bobby, Marissa, George and Nancy

Proudest Accomplishment:

Meeting and marrying his wife Julie.

Bucket List:

- Sky Diving
- Alaska Cruise
- Bungie Jumping

“Watch out for the crows”

Three Favorite Hobbies:

- Fishing
- Crabbing
- Going to concerts



Please join us for good food and fun with other Tribal Families.  
All Tribal families welcome to attend.  
Sorry, transportation is not provided.

## Tribal Family Gathering Dinner

Tuesday, August 21, 2018  
New Eugene Outreach Office  
135 Silver Ln, Suite 200  
Eugene, Oregon 97404  
Dinner 6:00pm—8:00pm



**RSVP By Friday, August 17, 2018**  
(541) 435-7155 or toll-free at 1(888)280-0726

**Speakers**  
TBD  
Shawn Brainard– Family Services Summer Intern

Sponsored by: CTCLUSI Health & Human Services Division & Family Services Department

# Elders Lunch

Thursday, September 6, 2018

## Florence Outreach Office

(Blue Room Conference Area)  
3757 Hwy 101  
Florence, OR. 97439  
**Lunch 11:30am**



**Please RSVP By Monday September 3, 2018**

**541-435-7155 or toll free 1-888-280-0726**



Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians  
Hosted by Doug Morrison with  
The Health Services Division  
Elders Activity Program



# CTCLUSI Dental Word Search

Contributed by Naomi Petrie, Dental Health Aide Therapist

T I F T L L N D M V Y M R S F X H V V E  
R O B G P O F E Y X M D D I R E Q W L C  
Q E P W E C K V H C J D B A W R E R W L  
U D X I G A R P H B L X D R A O L N D Z  
Y I H C C L E F X S R I F Y P N E H A Q  
R G K E G A K D M M O Z K Z O A Z U X Z  
R B E Z L N L Z I G F V I B A P Q I F G  
Z N B U J E S A R R X G G H J H B I E J  
U V C O F S I A N I O B M S X H K L L U  
R Q I E T T P U T E H U L R K S L G D I  
H C C L I H Y U X K S N L V P G S N A L  
R A M Q S E L B U U M T D F A X F F G D  
A R O K V T E K J V W J H G Z K C I E Q  
G O M X D I H R N B K Y L E N O X F E Y  
B F F Y Z C B D G I I K G W T N Y O M G  
E V A S V X V J W C W X M R Y I L R W G  
S G N I W E T I B A T V D E F B C B A Z  
U X N T B N R Q Q K L A I V S U S B I O  
U T R N E X I F K V C P L I C Q Q F G S  
R G C V Z X N I H X F Q K L Y T L E G F

Word Search Answer on Page 19

## WORD LIST:

- Radiograph  
Panorex  
Local Anesthetic  
Bitewing
- PA  
Fluoride  
Topical Anesthetic

## DEFINITIONS:

- Radiograph:** Dental X-rays used to identify malignant or benign masses, bone loss, and dental decay.
- Panorex:** A dental x-ray film that displays all teeth and their supporting bone and other anatomical structures of the head and neck.
- Local Anesthetic:** A substance that causes temporary loss of feeling or “numbness”.
- Bitewing:** Dental x-ray films that show the crowns of upper and lower teeth and bone levels. This is an important tool in assessing dental decay between the teeth and bone loss.
- PA:** (Periapical Radiograph)A dental X-ray of the roots of teeth.
- Fluoride:** A naturally-occurring mineral used to remineralize teeth.
- Topical Anesthetic:** A gel used to numb the top tissues or surfaces of the gums.

Call the CTCLUSI Dental Office  
to schedule your appointment today  
**541-888-6433**  
Dental Office Hours:  
August, Tuesday -Friday 8:00 a.m. - 5:00 p.m.  
(Closed Noon - 1:00 p.m. )  
September, Monday -Thursday 8:00 a.m. - 5:00 p.m.  
(Closed Noon - 1:00 p.m.)

# Congratulations Graduates! College Graduates



**Devynne Krossman**  
Southwestern Oregon Community  
College Associate Degree of  
Science Medical Assistant and  
Medical Clinical Degree.  
Currently working at CTCLUSI  
as Prevention/ HOC assistant and  
working towards a CADC-1  
Devynne is planning on returning  
to SOCC to get an associates  
transfer degree to attend UofO  
and work towards her Bachelors in  
Social Services



**Marissa Gardner**  
Ilisagvik College  
Dental Health Aide Therapist  
(DHAT)  
Alaska Dental Therapy Program at  
Alaska Pacific University  
Marissa joined the CTCLUSI  
Dental Team in July and will be  
working through a preceptorship  
with Dr. Rodgers until she  
completes the requirements to  
work under general supervision of  
the dentist



## SCHOOL SUPPLY GIFT CARDS

Any enrolled k-12 student is eligible. The gift cards are mailed out mid-august. Students will receive a Walmart \$30 school supply card to purchase school related supplies. **This is the first year that the form can only be accessed online.**

The form can be found at the following link.  
<https://ctclusi.org/education>

Back  
to  
School

CONTACT INFORMATION:  
EDUCATION  
DEPARTMENT  
541-888-1315 or  
toll free at 1-888-280-0726  
Email:  
kporter@ctclusi.org



# CTCLUSI Summer School 2018

Contributed by the Education Department

Summer school began with 26 students signed up. Several students did not attend the second week due to camping, or travel. We averaged around 15 students the second week.

We began the day in the Plank House. We had some good discussions about culture, nature and good ways of being healthy.

Food was delivered by the North Bend, School Dist. Joey Barton was available to cook lunches the last two days of school.

After breakfast each day, Tanya Goodson, our Jr. High School Teacher, did some warm up/stretching exercises with the students and staff. The students went to their classrooms in the morning hours to learn to read better, do some math, journaling, and other academic activities. Culture provided activities for students in the afternoon. One day the students and staff gathered fresh tule. Throughout the 2 weeks students participated in flint knapping, painting birdhouses (which were built by Tyrell and Michael from our Maintenance Department) ,tule weaving, shinny, a nature walk, a drumming lesson, storytelling, solstice education, flute/music appreciation and gift making to name a few.

On Thursday of the last week, the school students met with the Elders and some Tribal Council Members. The students gave them necklaces, pictures and journal pages of gratitude. There was a puppet show that the audience enjoyed, put on by the 2<sup>nd</sup> and 3<sup>rd</sup> grade class. The last day of Summer School, we went to Sunset Bay where Jesse Beers and Mark Petrie cooked salmon traditionally, and returned the remains to the ocean. Eagle helped with the song.

One of the staff said she would rather teach at summer school than go to Mexico on vacation! She loves CTCLUSI summer school!

Students were happy and they did a good job of being respectful and following directions. Many of the staff returned from previous years. Of the 8 staff that were hired, only 3 were new to CTCLUSI

Summer School.

Thank you so much to everyone who helped with our summer school. Amber, Patty, Anita, Abby, Melanie, Josh, Kevin, Tanya, Doug, Jesse, Mark, Karen, Doc, Tyrell, Michael, Jeremy, Joe, and several more. Big thanks to our teachers and TA's for all of their expertise and professionalism and for being good natured and caring people.

We would especially like to thank our students who continue to come to Summer School, share, learn, help each other and set good examples for others. We are so proud of you!



Photographs courtesy of the Education Department

# 2018 Student Recognition Dinner

Contributed by the Education Department

The CTCLUSI Student Recognition Dinner was held Saturday, June 30, 2018 at the Tribal Community Center in Empire on the reservation.

We had 112 people sign up for the event. We had approximately 75 people in attendance.

All students from birth through college were given a gift bag and recognized for their achievements. There were 5 High School Graduates this year; Gabrielle Roy, Giovanni Byers, Dylan Brainard, Tristan Messenger and Taylor Barrett Lowery. Four of the five graduates were in attendance. Each graduate received a black and grey Northwest printed blanket.

Devynne Krossman received a beautiful Pendleton Blanket with a Northwest design for earning her A.S. Degree from Southwestern Oregon Community College in Coos Bay.

Carolyn Slyter, a Tribal Elder, gave the blessing. After the blessing, we ate a delicious meal that was prepared by tribal member Joe Barton, Chef and owner of Brave the Heat Catering. Guests enjoyed an alfredo/chicken dinner, vegetables, salad and dessert.

Angela Bowen, Director of Education was the M.C; and Karen Porter, Education Assistant helped with the distribution of gift bags, blankets and raffle prizes.

Chief Warren Brainard, Teresa Spangler, Josh Davies, Doug Barrett, Debbie Bossley, and Mark Ingersoll who are Members of the Tribal Council were present to celebrate and support our students and Education.

Members of the Education Committee select the scholarship winners each year. This year, committee members Teresa Spangler and Ashley Russell announced the Scholarship winners at the Student Recognition Dinner.



## Congratulations to the 2018 Scholarship Winners!

### MIT SIS SCHOLARSHIP

Kaden Petrie \$500.00  
Mary Lou Greene \$500.00

### PEPSI SCHOLARSHIP

Bryson Bossley \$500.00  
Eagle Roy \$500.00  
Grace Gagner \$500.00  
Mary Lou Greene \$750.00  
Kenneth Hansen \$500.00

### ELDERS SCHOLARSHIP

Bryson Bossley \$250.00  
Eagle Roy \$250.00



Photographs courtesy of the Education Department

Far left: Council member Teresa Spangler and Education Committee member Ashley Russell speak during the Student Recognition Dinner

Pictured left: Devynne Krossman wrapped in her Pendleton Blanket for earning her Associates from Southwestern Oregon Community College



# Ideas for Practicing Self Care

Contributed by Melinda Radford, Circles of Healing Outreach Advocate

Self-care is a broad term that applies to an activity that a person completes with the purpose of being good to oneself. It is easy to forget to incorporate self-care as an important use of our time, yet self-care can help us to avoid feeling burned out, overwhelmed, stressed, and unable to complete our daily tasks. Having good self-care habits can lead to better productivity, higher self-esteem, being able to assist others better and having a higher feeling of self-worth. I have included a list of self-care examples below.

## PHYSICAL

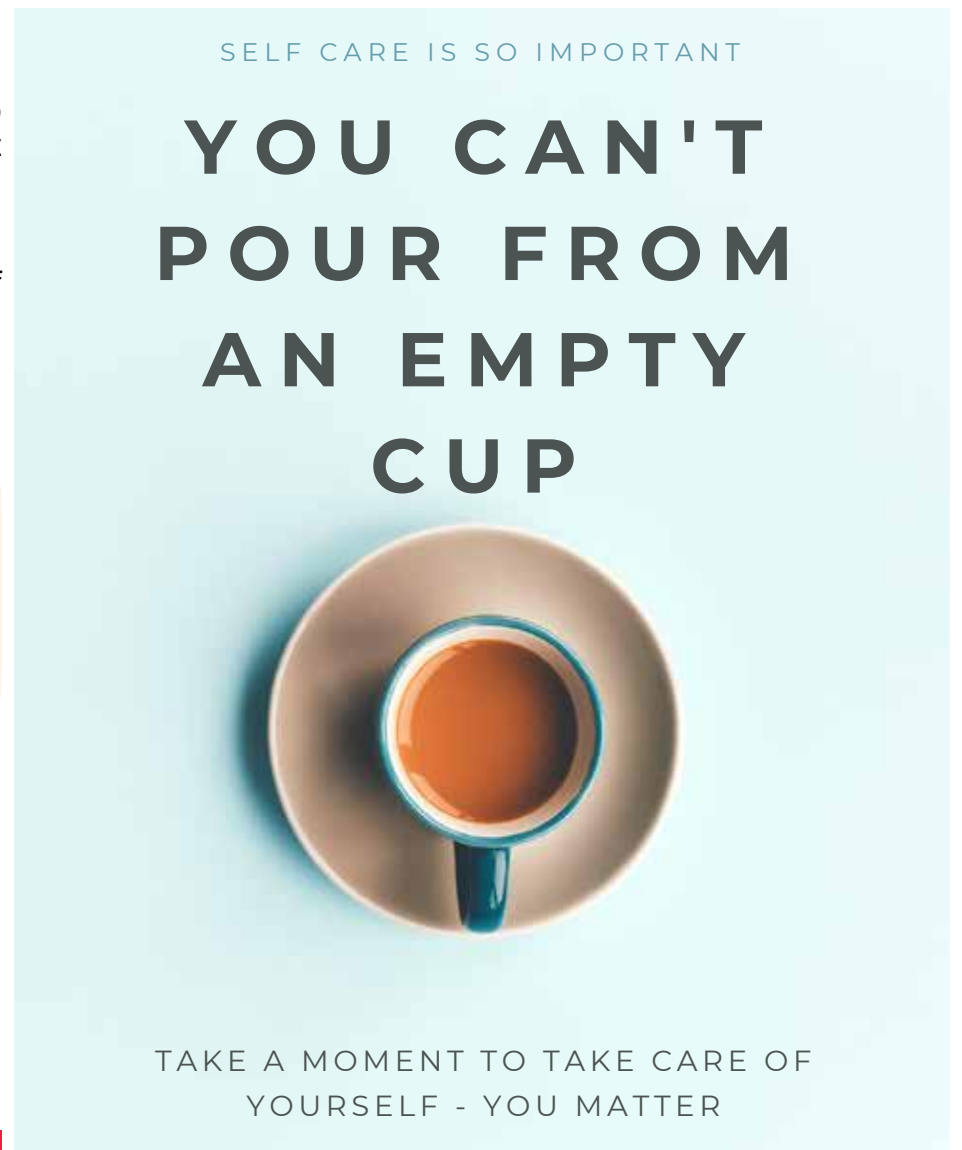
- Go for a walk
- Dance
- Take a bath
- Organize your space
- Workout

## Mental

- Read a book
- Draw
- Color
- Turn your phone off
- Do something for the first time

## Emotional

- Meditate
- Talk with a friend
- Journal
- Make a list of 10 things you're grateful for



*If you'd like more tips about self care and personal safety contact the Circles of Healing Program  
Call us at 541-888-1309*

## Stay Cool!

Summer is coming!

We would like to remind everyone to:

- Stay Cool**  
Wear lightweight, light colored clothing  
Schedule outdoor activities carefully
- Stay Hydrated**  
Drink plenty of fluids  
Stay away from sugary drinks
- Stay Informed**  
Check for updates on weather  
Know the signs

LIHEAP Funds may be available to assist families that qualify with cooling agents.

Call Meagan at the Coos Bay office- 541-888-1311  
Shayne at the Eugene office- 541-744-1334  
to find out more!



CTCLUSI Health and Human Services Department

Learn more About !

## Family Services Employment Program

**For Tribal Members of All Ages !**

- Resume Assistance
- Job Search Skill Building
- Job Interviewing Techniques
- Career Planning Assistance
- Clothing Assistance for New Employment



Confederated Tribes of Coos, Lower Umpqua, & Siuslaw Indians



**Family Services Staff**

**Coos Bay Office:**  
Earl Boots 541-888-7516 &  
Meagan Davenport 541-888-1311

**Eugene Outreach:** Shayne Platz 541-744-1334

Program is based on available funding and other qualifying criteria. Please Contact Family Services to Learn More.





# Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians

## Upcoming Events 2018

### August      September      October

### Save the Dates

- August 2<sup>nd</sup>** – Elders Luncheon, Hometown Buffet, Springfield, 11:30 a.m.
- August 4<sup>th</sup>** – Breakfast with Tribal Council, Smore’s at 7:00 p.m.
- August 4<sup>th</sup>** – Land Bill Ceremony, Gregory Point, 2:00 p.m. – 3:30 p.m.
- August 5<sup>th</sup>** – Salmon Ceremony
- August 6<sup>th</sup>** - Nurturing Parenting Workshop, Florence Outreach Office, 5:30 p.m. – 7:30 p.m.
- August 7<sup>th</sup> – 9<sup>th</sup>** – Elders Overnight Trip, Trees of Mystery & Klamath River Jet Boats
- August 11<sup>th</sup>** – Family Tie Dye Day, Tribal Hall parking lot, 11:00 a.m. – 2:00 p.m.
- August 12<sup>th</sup>** – Regular Council Meeting, Community Center, 10:00 a.m.
- August 13<sup>th</sup>** - Nurturing Parenting Workshop, Florence Outreach Office, 5:30 p.m. – 7:30 p.m.
- August 20<sup>th</sup>** - Nurturing Parenting Workshop, Florence Outreach Office, 5:30 p.m. – 7:30 p.m.
- August 21<sup>st</sup>** – Tribal Family Gathering Dinner, New Eugene Outreach Office, 6:00 p.m.
- August 27<sup>th</sup>** - Nurturing Parenting Workshop, Florence Outreach Office, 5:30 p.m. – 7:30 p.m.

- September 3<sup>rd</sup>** – Labor Day, All Tribal Offices Closed
- September 6<sup>th</sup>** – Elders Luncheon, Florence Outreach Office, 11:30 a.m.
- September 6<sup>th</sup>** – Family Game Night, Tribal Hall, 5:30 p.m. – 7:30 p.m.
- September 9<sup>th</sup>** – Regular Council Meeting, Community Center 10:00 a.m.

- October 14<sup>th</sup>** – Regular Council Meeting, Florence location TBD, 10:00 a.m.
- October 14<sup>th</sup>** – General Council Meeting, Florence location TBD, 1:00 p.m.
- October 17<sup>th</sup>** – Restoration Day, All Tribal Offices will be Closed

- October 14, 2018*  
**General Council Meeting**
- October 17, 2018*  
**Restoration Day**
- October 20, 2018*  
**Restoration Celebration**

**Starting August 1<sup>st</sup> The Three Rivers Casino Coos Bay 1297 Café will give Tribal members and one guest 50% off your meal. This is already in place in Florence.**

**Tribal Government staff will get 35% off (for yourself) any time 1297 Café is open if you show your badge.**

### CCDF: CHILD CARE & DEVELOPMENT FUND

#### FAMILY SERVICES – PROGRAM INFORMATION

#### WHAT IS CCDF?

...and Who Qualifies?

CCDF is a gross income based program that assists families in obtaining child care so they can work or attend training/education. In order to qualify, Parents must be participating in employment, job training, and/ or education for a combined total of 10-40 verifiable hours a week.

The CCDF program also assists tribal members in becoming state licensed childcare providers.

See below a sample of the income guidelines:

Family Size of 1		Family Size of 2		Family Size of 3	
Income	Copay	Income	Copay	Income	Copay
\$1,005	\$0	\$1,353	\$0	\$1,702	\$0
\$1,243	\$10	\$1,658	\$10	\$2,075	\$10
\$1,481	\$30	\$1,964	\$30	\$2,448	\$30
\$1,719	\$50	\$2,269	\$50	\$2,821	\$50
\$1,957	\$70	\$2,575	\$70	\$3,194	\$70
\$2,195	\$90	\$2,880	\$90	\$3,567	\$90
\$2,433	\$120	\$3,186	\$120	\$3,940	\$120
\$2,670	\$150	\$3,492	\$150	\$4,314	\$150
\$2,671	100%	\$3,493	100%	\$4,315	100%

\* Income guidelines vary from family sizes 1-10. Please call for specifics.

**FOR MORE INFORMATION,  
CONTACT MEAGAN AT  
541-888-1311**

#### WHO QUALIFIES AS A PROVIDER?

Parents can choose from the following categories:

##### -Center Based Child Care

(Group care provided in a facility outside of the child or provider's home.)

##### -Family Child Care

(Care provided by one caregiver (family child care provider) in a private residence other than the child's residence.)

##### -Group Home Child Care

(Care provided by two or more caregivers in a private residence other than the child's residence.)

\*Providers must already have a certification, or pass a background check administered by the tribal government. \*



TH = Tribal Hall      CC = Community Center      TRC = Three Rivers Casino

August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Canoe Journey	2 Elders Lunch, Springfield	3	4 Breakfast / Council Land Bill Ceremony Smore's 7p.m.
5 Salmon Ceremony	6 Nurturing parent workshop, Florence	7 Elders Overnight Trip, Trees of Mystery and Klamath River Jet Boats	8	9	10	11 Family Tie Dye Day Tribal Hall
12 Regular Council Meeting, CC	13 Nurturing parent workshop, Florence	14	15	16	17	18
19	20 Nurturing parent workshop, Florence	21 Tribal Family Gathering Dinner, Eugene Outreach	22	23	24	25
26	27 Nurturing parent workshop, Florence	28	29	30	31	

September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Labor Day Offices Closed	4	5	6 Elders Lunch, Florence Outreach Family Game Night	7	8
9 Regular Council Meeting, CC	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29 30

October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14 Regular Council Meeting , 10 General Council, 1	15	16	17 Restoration Day All offices closed	18	19	20 Restoration Celebration
21	22	23	24	25	26	27
28	29	30	31			



# Nurturing Parenting Workshop

◆ Save the Dates! ◆

Every Monday - 5:30pm-7:30pm  
July 30, August 6, 13, 20 and 27-2018

Florence Outreach Office  
3757 HWY 101  
Florence, OR 97439

CTCLUSI Family Services is piloting a 5 week Nurturing Parenting Workshop  
We are looking forward to sharing good conversation and new  
Nurturing Parenting Curriculum  
**-Dinner and Childcare provided-**

RSVP for all 5 weeks by July 25, 2018  
541-435-7155  
-or-  
Toll-free 1-888-365-7155



Join Us For  
Raffles and Giveaways

Sponsored by CTCLUSI  
Hosted by Earl Boots with the  
Family Services Department

# Family Tie Dye Day!

Join us!

For BBQ Lunch and Tie Dying!

When: Saturday, August 11, 2018  
11am-2pm

Where: Tribal Hall Parking Lot

Provided: one white t-shirt per person

Please RSVP by Wednesday, August 1, 2018.

**\*RSVP's appreciated for t-shirt count\***

Feel free to bring an extra t-shirt to dye!




Sponsored by the CTCLUSI Health and Human Services Department

## Widen the Experience of Weaving

*“No Frills” Weaving Workshop*

Supported by a grant from the Bill Holm Center



**August 25-26, 2018**  
**9:00 a.m. to 4:00 p.m.**

**Block House**  
**206 Wartahoo Lane**  
**Canyonville, OR**

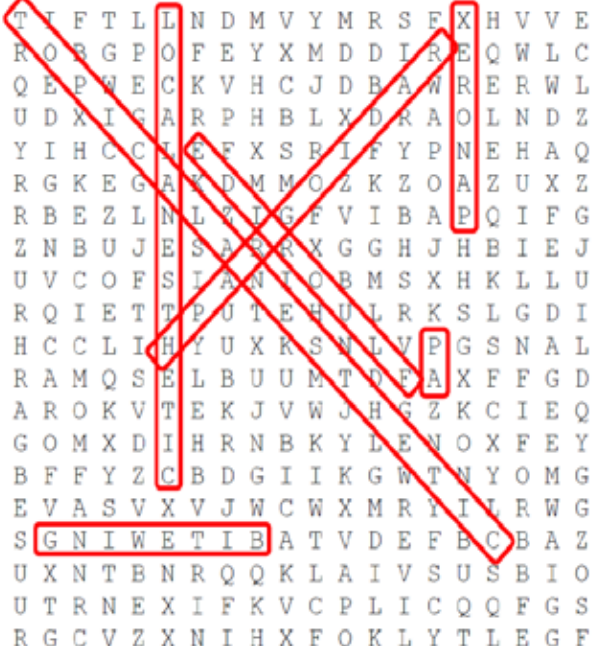
**Weaving materials: cedar, hazel sticks, bear grass, lily leaves, & Maiden Hair fern**

- Class limited to 20 participants. Pre-registration required. First come, First Served. To register, call Celeste Whitewolf (503) 970-8004 or email: Celeste.Whitewolf@gmail.com.
- Participants will receive \$50 gas/food cards daily.
- Weaving tools-spray bottles, measuring tape, clips, scissors-gifted to each participant. Materials for individual weaving projects provided.
- Seven Feathers hotel: 2 queens/room at rate of \$109 + 12% tax/night. Call 1-888-677-7771 by August 10, 2018 for group rate. “Weaving Workshop” term to use when making reservations to receive group rate.

## BE A WARRIOR NOT A WORRIER.

-POSITIVELIFETIPS.COM

**Dental Word Search Answer**





# Coping with Stress 101

Contributed by Mike Smith, Tribal Benefits Specialist - Contact me at 541.902.3819 or at [msmith@ctclusihr.org](mailto:msmith@ctclusihr.org)

Stress is something that touches us all, sometimes more forcefully than others. But what exactly is stress? And more importantly, what do you do about it? Stress can be defined as a state of bodily or mental tension resulting from factors that tend to alter an existent equilibrium. For real people, this means that when our lives or bodies are pushed out of kilter, we experience stress.

We tend to find our "existent equilibrium" in our daily lives in that we can usually predict what is going to happen and plan accordingly. Stress tends to tap us on the shoulder when something unexpected or difficult makes an appearance in our routine. For example, you wake up, get the kids dressed and off to school, get your daily caffeine infusion (more on that later), and hop in the car with enough time to get to your eight o'clock meeting. So far, so good. But what happens when you get on the freeway and notice that you're not moving, and neither is anyone else? An unexpected traffic jam can increase your stress level immediately, causing anxiety about what is going to happen if you're late for the meeting.

As difficult as being late or experiencing delays can be, the reality is that many of us experience much more serious stresses in our lives. Job layoffs, divorce, illness, terrorist attacks, and other major life events are all too common and effect our stress levels greatly. Even life events that are positive can bring stress, such as moving, having a child, or getting married. Unfortunately, stress is cumulative, so the more stress in your life, the more likely you are to be impacted by it. Regardless of the cause, too much stress affects us physically, emotionally, and behaviorally. Physically, people often report stomachaches, headaches, muscle tension, and sleep disruption. People report feeling irritable, anxious, worried, depressed, and forgetful. Often people can become negative, procrastinate, or turn to drugs and alcohol for escape.

Fortunately, there are things that can be done about stress. Although you may not always be able to control what is going on around you, you can control how you react to life events. Physically, it's important to pay attention to your body. Practice relaxation, eat well and exercise. Sugar, alcohol, caffeine, and nicotine can increase your stress levels, so consider cutting back. Make sure that you keep doing the things that you enjoy and spend time with people who are supportive. Look at what you can and cannot control in your life and prioritize what needs to happen. Most importantly, ask for help when you need it. If your physical symptoms persist, call your doctor. Stress is a normal part of the human experience, and no one has found a way to eliminate it entirely. However, there are ways to deal with stress more effectively, so that you can manage your stress level as well as whatever life brings.

The following actions can help you counteract the negative effects of stress:

## 1. Exercise

A regular workout can release pent-up frustrations. Experts recommend getting 30 minutes of moderate exercise most days of the week. Choose any aerobic activity: walking, jogging, bicycling, swimming, stair climbing, or step aerobics.

## 2. Keep communicating

One of the best ways to fight stress is to discuss your problems with a friend or relative. Talking to other people shows us we're not alone and helps us put our stress in perspective. Writing about what's bothering you in a journal can be equally effective.

## 3. Pay attention to your diet and habits

A diet of wholesome, healthful foods can help stabilize your moods. Consuming caffeine, sugar, alcohol, nicotine, and prescription or illegal drugs can increase your stress, making coping more difficult.

## 4. Make time for laughter and fun

Surround yourself with happy people who like to laugh. You'll find laughter is one of the best stress remedies.


## 5. Use a variety of relaxation techniques

Deep-breathing exercises, progressive relaxation, visualization, creative imagery, yoga, meditation, or listening to relaxation tapes can help. Once you become fluent in one or two relaxation techniques, you can use them to manage your stress.

## 6. Live in the present

Take a moment to think about the causes of your stress. Many of them may come from thinking about the past or worrying about the future. If you can plant yourself firmly in the present, you can leave many worries behind and focus more clearly on solutions to current problems.

Content taken from "6 Ways to Outsmart Stress" & "Stress 101: The Basics" © Cascade Centers 2018



### Department of Human Resources

**Current Openings at CTCLUSI and All Other Tribal Entities**

**Three Rivers Casino Resort ~ Florence**


- Chief Executive Officer
- Bartender Lead ~ Bartender
- Cocktail Beverage Server
- Food Server Busperson ~ Buffet Cashier ~ Host
- Line Cook ~ Pantry Cook
- Buffet Station Attendant
- Night Cook/Cleaner ~ Dish Machine Operator
- Table Games Dealer ~ Slot/Keno/Bingo Attendant
- Hotel Front Desk/PBX Clerk
- Guest Room Attendant
- Special Events Team Member
- Soft Count Team Member Dual Rate Lead
- Security Officer 1
- Player Services Representative

**Blue Earth**

- Telecommunications/Network Technician
- Limited Energy Technician Class B Apprentice

**Tribal Government Offices**

- Dental Hygienist, Coos Bay
- Case Manager/ICWA, Coos Bay
- Restoration Projects Manager, Florence
- Tutor, Springfield



<http://ctclusi-int.atsondemand.com/>  
Go to **Job Opportunities** on the website for full job posting and to Apply Online  
**Updated Daily**  
Or call Recruitment at **541-902-3821**

COOS BAY  
877-374-8377 | [THREERIVERSCASINO.COM](http://THREERIVERSCASINO.COM)

EVERY SATURDAY

# \$20,000 MONEY STORM

**FIVE \$500 WINNERS**  
**Hot Seats Every 30 Minutes**  
**6:30PM - 8:30PM**

**\$2,500 Grand Prize Drawing 9PM**

Earn entries every Friday and Saturday in August!  
**One entry for every 25 same-day points earned.**  
Activate your entries on Saturdays starting at noon.

Must be present to win. Entries must be activated by inserting your players club card into a slot machine on Saturdays from Noon to 8:00PM to be eligible for Grand Prize Drawing. See Players Club for complete rules and details. Management reserves all rights.

THREE RIVERS CASINO RESORT

Fan STARTS HERE