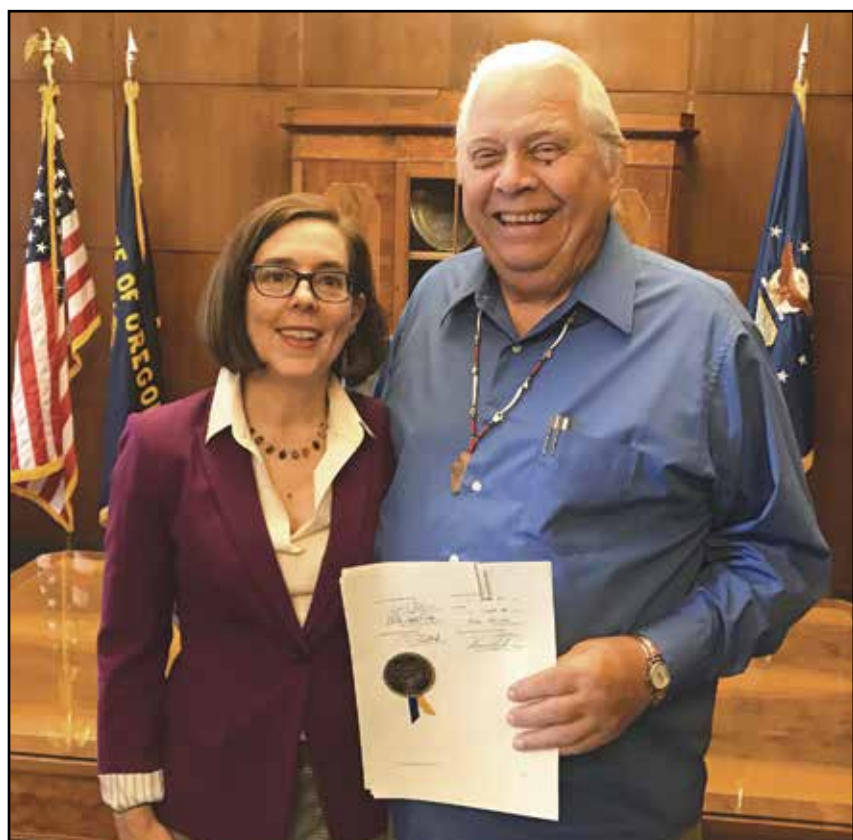


NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

CTCLUSI Tribal Council Strive to Push Bills through the State and the Senate for the Good of the Tribe



Signing Ceremony for SB 144-A earlier in July. The bill prohibits taking of artifacts from state public lands and also allows the OR Dept of Justice to investigate and prosecute if the district attorney declines to prosecute these cultural resources crimes. Tribes and several state agencies as well as the state-tribal cultural resources cluster have been discussing this issue for years. It has also been a long-term topic and issue of concern for LCIS. Our thanks to LCIS Member-Legislators who sponsored the bill. The bill passed 29-0 (1 excused) in the Senate and 53-0 (7 excused) in the House. The bill takes effect January 1, 2018.



Pictured above, Vice-Chair Teresa Spangler and Chief Warren Brainard met with Senator Wyden mid July. The House passed HR 1306 and it will now be sent to the Senate.

Learn what the Western Oregon Tribal Fairness Act is on Page 2



Also in this issue:

Celebrating our Graduates
Turn to pages 10 & 11

Summer School photos on
page 14 & 15

Student Recognition Dinner
photos on page 9

Tribal Council Business

As reported at the July 9, 2017 Regular Tribal Council Meeting

Chief Warren Brainard:

June 11 Tribal Council Regular Meeting; Blessing at Jordan Cove Site
June 14 Lane Act
June 15 Coos Head Meeting
June 17-18 Meetings with Peter DeFazio
June 18 Meeting with Lobbyist with Jordan Cove
June 22 Executive Work Session
June 25 Reception with Jeff Merkley for Senator Heinrich of New Mexico
June 27 Signing of Bill in Salem
June 28 Summer School Student Lunch
July 1 Student Recognition Dinner
July 6 Elders BBQ at Sunset
Participated in various interviews

Doc Slyter:

June 11 Tribal Council Regular Meeting; Blessing at Jordan Cove Site
June 14 Tribal Sweat
June 15 GFORB; Executive Work Session
June 20 Tribal Sweat; Summer Solstice
June 21 Tribal Sweat; Tribal Family Dinner; Housing Committee Meeting
June 28 Summer School Lunch
July 6 Elders BBQ at Sunset
Participated in various interviews

Beaver Bowen:

June 11 Tribal Council Regular Meeting
June 12-13 Camp Easter Seal Clean Up
June 15 GFORB; Executive Work Session
June 16 Department of Public Safety Standards Training (DPSST) Basic Police Curriculum Revision Group
June 21 Tribal Government Lunch /BBQ
June 28 Summer School Lunch
June 30 Came to Clean Salmon
July 1 Student Recognition Dinner
Participated in various interviews

Teresa Spangler, Vice - Chairman:

June 11 Tribal Council Regular Meeting
June 12-13 Camp Easter Seal Clean Up
June 15-16 Elders Trip
June 19 Education Meeting
June 21 Tribal Government Lunch /BBQ; Housing Committee Meeting
June 28 Summer School Lunch
July 1 Attended Tribal Member Wedding and Gifted Graduate with Blanket
July 6 Economic Development Work Group
July 7 Northwest Natural Gas Luncheon
July 8 Severy Access Design Project Public Meeting
Participated in various interviews

Arron McNutt:

June 11 Tribal Council Regular Meeting
June 12-13 Camp Easter Seal Clean Up
June 15 GFORB; Executive Work Session
July 1 Student Recognition Dinner
Participated in various interviews

Tara Bowen:

June 11 Tribal Council Regular Meeting
June 15 GFORB; Executive Work Session
June 21 Tribal Government Lunch /BBQ
June 28 Summer School Lunch
July 1 Student Recognition Dinner
Participated in various interviews

Mark Ingersoll:

June 11 Tribal Council Regular Meeting; Blessing at Jordan Cove site
June 15 GFORB; Executive Work Session
June 16 Tour of Trails at Tribal Hall
June 17 Meetings with Peter DeFazio
June 23 Grand Ronde Casino Visit; Visit also to Ilani Casino in Washington
June 25 Reception with Jeff Merkley for Senator Heinrich of New Mexico
July 1 Student Recognition Dinner
Participated in various interviews

The August 2017 Tribal Council Meeting will be in Eugene

August 13, 2017

Hampton Inn

3780 West 11th Avenue, Eugene, Oregon 97402

CTCLUSI Resolutions

RESOLUTION NO.: 17-040

Date of Passage: July 9, 2017

Subject (title): Enrollment Approval of New Members

Explanation: Tribal Council approves the recommendation of the Enrollment Committee to approve the applications of eight (8) new members.

RESOLUTION NO.: 17-041

Date of Passage: July 9, 2017

Subject (title): Enrollment Name Changes and Corrections to the Roll

Explanation: The Tribal Council approves the recommendations of the Enrollment Committee to accept the name changes of two (2) enrolled members of the Tribe.

RESOLUTION NO.: 17-042

Date of Passage: July 9, 2017

Subject (title): Active to Historic

Explanation: The Tribal Council approves the recommendation of the Enrollment Committee to change the status from "Active" to "Historic" for Tribal Member, Janet Denise Lent.

HR 1306

Western Oregon Tribal Fairness Act

This bill specifies land to become part of the reservation of: (1) the Cow Creek Band of Umpqua Tribe of Indians; and (2) the Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians. The land is taken into trust when the Department of the Interior and the tribes enter agreements that secure certain access rights to the land. Federal law applies to the export of unprocessed logs harvested from this land and to forest management on this land. Gaming on this land is prohibited. This land is not subject to the land use planning requirements of the Federal Land Policy and Management Act of 1976 or the Act of August 28, 1937. Interior must reclassify public domain land as Oregon and California Railroad grant land in equal acreage as grant land held in trust as part of this land.

This bill amends the Coquille Restoration Act to remove the requirement that Interior manage the Coquille Forest in accordance with state and federal forestry and environmental protection laws. Federal law applies to the export of unprocessed logs harvested from the Coquille Forest. Sales of timber must be advertised, offered, and awarded according to competitive bidding practices.

The bill repeals a provision giving the U.S. District Court for the District of Oregon jurisdiction over certain actions concerning the Coquille Forest and limiting remedies to equitable relief.

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc.
Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
ATTN: Tribal Council 1245 Fulton Ave.
Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and intersted in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices.
Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org
If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief

Tribal Chief
541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter
Position #1 Council
541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen
Position #2 Council
541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll, Chairman
Position #3 Council
541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen
Position #4 Council
541-808-7394
tbowen@ctclusi.org

Teresa Spangler, Vice Chair
Position #5 Council
541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt
Position #6 Council
541-297-1183 (cell)
amcnutt@ctclusi.org

Council Meeting
August 13, 2017
Hampton Inn
3780 W. 11th Avenue,
Eugene, Oregon 97402

- Agenda:
1. Call to Order
 2. Invocation
 3. Approval of Minutes as needed
 4. Tribal Council Reports
 5. Tribal Administrator Report
 6. Chief Financial Officer Report
 7. Old Business
 8. New Business
 9. Other
 10. Good of the Tribes
 11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

Upcoming Events

August 1st – HOC Youth Night, Tribal Hall, 6:30 p.m.
August 3rd – Elders BBQ Luncheon, Hole in the Wall BBQ, Springfield, 11:30 a.m.
August 5th – Dental Clinic Open House
10:00 a.m. – 12:00 p.m.
August 5th – Breakfast with Tribal Council, Community Center 8:30 a.m. – 10:30 a.m.
August 5th – S’mores at Tribal Hall, 7:00 p.m. until dark
August 6th – Salmon Ceremony
August 8th – HOC Youth Night, Tribal Hall, 6:30 p.m.
August 12th & 13th – Weaving Workshops at Gregory Point
August 12th - Bicycle Safety Rode with Tribal Police, CIT Health Center
August 13th – Regular Council Meeting, Hampton Inn, Eugene
August 15th – Tribal Family Gathering Dinner, TRC

Buffet, doors open at 5:30 p.m.
August 15th – CCDF Public Hearing, Florence, TRC Buffet meeting room 6:00 p.m.
August 16th - Deadline for Back to School supply sign ups
August 16th – HOC Youth Drum Night at Camp Ta Nae
August 17th – Healthy Families & Lifestyles Workshop, Eugene Siletz Office 5:30 p.m.
August 23rd – Diabetes Prevention & Management Class, Community Center, 11:30 a.m.
August 22nd – HOC Youth Night, Tribal Hall, 6:30 p.m.
August 24th - Healthy Families & Lifestyles Workshop, Eugene Siletz Office 5:30 p.m.
August 29th – HOC Back to School BBQ with the Coquille
September 7th – Elders BBQ Luncheon, Florence Outreach Office, 11:30 a.m.



THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Government Office
Alexis Barry
Chief Executive Officer
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll free 1-888-280-0726
Fax 541-888-2853
abarry@ctclusi.org

Health & Human Services Division
Vicki Faciane - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Toll free 1-888-280-0726
Fax 541-888-5388
vfaciane@ctclusi.org

Department of Human Resources
Stephanie Watkins - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 888-723-3270
swatkins@ctclusihr.org

Tribal Housing Department
Linda Malcomb - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1310
Fax 541-888-2853
lmalcomb@ctclusi.org

Purchased/Referred Care (FKA Contract Health Services)
Sharon Arnold - PRC Specialist
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
sarnold@ctclusi.org

Education Department
Angela Bowen-Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1317
Toll free 1-888-280-0726
Fax 541-888-2853
abowen@ctclusi.org

Family Services
Shayne Platz, Lead Case Manager
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349
splatz@ctclusi.org

Tribal Dental Clinic
Dr. Sarah Rodgers
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Elders Activities
Andrew Brainard
CHR/Elders Activity Program Coordinator
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-5388
Toll Free 1-888-280-0726
imontiel@ctclusi.org

Tribal Court
J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Cultural Department
Jesse Beers - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Springfield Outreach Office
1126 Gateway Loop
Suite 102
Springfield, OR 97477
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office
Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission
Brad Kneaper
Executive Director of the Gaming Commission
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
bkneaper@ctclusi-pd.com

Tribal Police
Brad Kneaper
Chief Law Enforcement Officer
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bkneaper@ctclusi-pd.com

Department of Natural Resources
Margaret Corvi
Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1304
Toll Free 1-888-280-0726
Fax 541-888-2853
mcorvi@ctclusi.org

SALMON CEREMONY 2017

A Private Sacred Salmon Ceremony for Tribal Families

Sunday, August 6, 2017

Baldich / Gregory Point / Chief's Island

R.S.V.P by July 21, 2017 by calling 541-435-7155 or toll free 1-888-365-7155

One guest per adult Tribal Member please

Other Weekend Events

Saturday, August 5, 2017

Saturday Breakfast with Tribal Council at Tribal Community Center
Tribal Council will be cooking you breakfast from 8:30 AM-10:30 AM

DHAT & Dental Clinic Expansion Open House 10:00 AM-12:00 PM

S'mores at Tribal Hall 7:00 PM Until Dark



YOU ARE INVITED
CTCLUSI DENTAL CLINIC
OPEN HOUSE!

WE WANT TO MEET YOU!

Come meet our providers and see the plans for our clinic expansion



WHO

Dr. Sarah Rodgers, Dentist
Julia Ingersoll, Hygienist
Naomi Petrie, DHAT

WHEN

Saturday, August 5, 2017
10:00 A.M.—12:00 P.M.

WHERE

CLUSI DENTAL CLINIC
1245 Fulton Ave.
Coos Bay, OR 97420

CTCLUSI Dental Clinic

Clinic Hours

Open 8:00 a.m. - Close 5:00 p.m.

The Clinic will be closed on Friday's
 during Odd Months
 (January, March, May, July, September,
 November)

The Clinic will be closed on Monday's
 during Even Months
 (February, April, June, August, October,
 December)

Call the Dental Clinic today to schedule
 your appointment (541) 888-6433

Join us for an Open House on
 Saturday, August 5, 2017

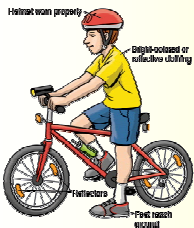
from 10:00 a.m. - 12:00 p.m.

Meet some of your Dental Staff and
 see the plans for the Clinic Expansion!
 Coming Soon



The Police Departments
of the
Coquille Indian Tribe
and the
Confederated Tribes of the
Coos, Lower Umpqua, and Siuslaw Indians
present

The 11th Annual Bicycle Safety Rodeo



Date: Saturday, August 12, 2017
Time: 11:00 a.m. to 1:00 p.m.
Location: CIT Health Center and CIT Community Center
Bring: Bicycle (or non gas-powered scooter) and a helmet

MARK YOUR CALENDAR!

Kids of ALL ages are invited to participate!
Coast Guard families are invited to participate!


Activities will include:

- Multiple safety courses
- Helmet fittings
- Safety overview presentation
- Off-road bicycle ride (for those interested)
- Bicycle registration

PRIZES!

A sack lunch will be provided to all attendees.
Everyone is invited to participate in the off-road ride!
Various bicycle accessories (and more) will be given away as prizes.
ALL participants will be entered for the prize drawings.

The Bicycle Safety Rodeo
is made possible by our sponsor:



Coquille Indian
Housing Authority

For more information,
contact Officer Merritt
at 541-888-0189 or the
CIT Community Center
at 541-888-9494.

Tribe Welcomes New Chief Financial Officer

Contributed by the Department of Human Resources

Please join me in welcoming our new Chief Financial Officer Sasha Wells. Sasha has an extensive experience in the financial field including accounting, finance and international treasury. Sasha has not only worked in the private sector, but she also worked as an Assistant controller for a Tribal Government in Northern California. Sasha's interests not only lie in numbers, but Tribal Governments as well. She plans to pursue her masters in Tribal Government and Administration in the near future. She is excited to be joining our Tribal Government and looks forward to learning our unique culture.



Important PRC Information

1. If you are PRC-eligible, please remember you **must** get a Purchase Order (PO) **before** you go to a medical, dental or other healthcare appointment. Federal regulations for the use of PRC funds require that all care be authorized beforehand to be eligible for payment. If you call after your appointment you will not be able to get a PO and the visit will not be paid by PRC.
2. If you are using PRC for prescription drugs, you must give the pharmacy your OHP and/or private insurance information. These must be billed first and then PRC will pay the balance.

If you have any questions, call PRC at
541-888-4873 or
toll free at 1-800-227-0392.

Taking Applications

For

Qa'aich Housing

The Housing Department is now accepting applications for units located in Florence Oregon on the Tribe's Hatch Tract property.

Qa'aich Development is HUD funded housing for low to moderate income families, for questions about income limit guidelines, please contact the Housing Department Office.

Preferences for Qa'aich Housing

1st Preference:

- Indian families who are enrolled members of the CTCLUSI and who are employed by CTCLUSI.

2nd Preference:

- Indian families who are enrolled members of other recognized Indian tribes, and who are employed by CTCLUSI.

You may pick up an application at any Tribal Government office, on the Tribe's Web site, or one can be mailed to you.

If you have any questions please contact the Housing Department Office at 1245 Fulton Avenue, Coos Bay, OR or by calling 541-888-9577 or toll free 888-280-0726.

This Month...be on the Lookout for Blueberries

Contributed by Ashley Russell, Water Protection Specialist

Plant description: Bog blueberry or bog huckleberry, so called because it loves to grow in bogs, belongs to the family, Ericaceae, the heath family. Cranberries, huckleberries, rhododendrons, and azaleas also belong to the heath family. This deciduous, matting shrub only grows 2 to 3 feet tall and prefers swampy/marshy settings but can also be found in mountainous areas bordering lakes west of the Cascades. Leaves are alternate, oval, and bluish green carried atop brown stems, accompanied by pink, urn-shaped flowers that give rise to delicious blue to bluish black berries.

Food: Native blueberries often ripen around the same time as evergreen huckleberries: August – September. Blueberries were typically eaten fresh and were said to have not been eaten as often as huckleberries as they were not regarded as tasty. However, some people claim that they are one of the sweetest berries in the Northwest. Today, bog blueberries are oft times mixed with other berries. They can also be frozen, canned, or dried for later use as they are a “drier” berry.

Other: Blue glass beads were nicknamed q' ánee by the Coos peoples.



Hanis: q' ánee

Miluk: q' ánee

Scientific Name: *Vaccinium uliginosm*

Photograph taken by Ashley Russell, Water Protection Specialist

Summer Solstice & Family Gathering Dinner June 21st 2017

Contributed by Mark Petrie, Cultural Specialist & Tobacco Grant Coordinator

Summer Solstice has come and gone, as it has since the Earth started revolving around the Sun. Our ancestors were aware when the solstices took place and so created traditions in observation of each occurrence. Solstice is a time for us to come together to feast, play games, and hold sacred ceremony.

We gave thanks for the changing of seasons and all the blessings we received throughout the year. A traditional way to show respect and give thanks is to dance and sing. We dance for our ancestors, for Mother Earth, relatives, and for those who can no longer dance. This celebration allows us to slow down our busy lives and appreciate things that we may take for granted, like

clean water, air, plants, animals, family, and friends. These are pieces of the whole for a balanced, healthful and rewarding life for us and those around us – including the environment. As tribal people of this land, it's our duty to be good stewards of the well-being of the land and water.

This event is put on each year by the Culture & Natural Resources and Health Departments and is largely supported by volunteer participants and is open to all tribal families and friends. We would like to thank all of those who came and made the event memorable. Keep an eye out for the Winter Solstice flyer for December 21st.

Lane Transit District (LTD) - Half and Free Fare Program

Contributed by Kathy Perkins, Transportation Coordinator

LTD offers half-fare to people with disabilities. In order to qualify for half-fare, a person must provide a current, valid Medicare card, or proof of receiving SSI or SSD along with a valid photo ID card. Veterans who receive 50 percent or higher disability benefit also qualify for half fare. Persons with disabilities who need an accessible accommodation in order to ride the bus also may qualify for half fare.

LTD offers FREE fare to our honored riders - older adults who are 65 years or better.

Both of these fare programs require a completed application (Half Fare Application, Honored Rider Application) that must

be presented at the Customer Service Center. Qualified participants will receive an LTD ID card, which can be obtained at the LTD Customer Service Center at the Eugene Station between the hours of 7:00 a.m., and 7:00 p.m., on weekdays. LTD ID cards can be either permanent or temporary, depending on the nature of the disability.

Customers are charged \$3 for an LTD half-fare or Honored Rider card. These cards are the responsibility of the customer, and if lost or stolen, replacements are available at a charge of \$3.

For more information and to view maps, stations, and routing information visit <https://www.ltd.org/>

Weaving Workshop Updates

Dear Tribal Community,

It has been another wonderful summer of weaving workshops! So many new weavers joined the group and many beautiful baskets were made. The summer gathering workshop was a blast! Ashley and Kiae Russell, Nicole Mendoza, Scott Slyter, and I (Sara Siestreem) gathered a little cache of tules for next year's first baskets. Pictured here are Nicole and Scott gathering those tules, and then them drying out on the rocks of the Umpqua in anticipation of our new weavers coming up! Make sure you sign up for this important opportunity in the fall!

August 12 and 13 will be the last sessions of our weaving workshops until late fall when we pick back up. In the tradition of the program we will have our late summer workshops at Gregory Point. We will dig and process Spruce Roots and also weave together if time permits. We will meet both days at 10 AM at the gate and commence activity at 4 PM.

To gather and process Spruce Roots you will need garden gloves, a pocket knife, and garden clippers. It is a good idea to wear jeans and a long sleeve shirt to protect your skin; it can be a little scratchy in the woods. Please also bring a picnic lunch and water. In order to participate in the events you must RSVP to (sarasiestreem@hotmail.com).


Best,
Sara Siestreem (Hanis Coos)



Nicole Mendoza and Scott Slyter gather tule for weaving materials. Photographs courtesy of Sara Siestreem

**Upcoming Weaving
Workshop Dates**

August 12th & 13th
Gregory Point
Spruce Root Gathering &
Processing,
weaving if time permits
Meet at 10 a.m.
RSVP to
sarasiestreem@hotmail.com



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

Three Rivers Casino Resort ~ Florence

Bartender ~ Beverage Server ~ Barista
Food Server ~ Busperson
Line Cook ~ Prep Cook ~ Night Cook/Cleaner
Dish Machine Operator
Laundry Attendant ~ Guest Room Attendant
Front Desk/PBX Clerk
Players Club Representative
Slot/Keno/Bingo Attendant
Table Games Dealer 5-8
Cage Cashier

Three Rivers Casino Resort ~ Coos Bay


Line Cook
Security Officer 1
Environmental Services Technician

Blue Earth

No openings at this time

Tribal Government Offices

Special Events Employee (Assignment Varies)
Case Manager/ICWA, Coos Bay
Maintenance Worker – Housing, Coos Bay
Assistant Planner, Coos Bay – Closes 8/8
Human Resources Assistant, Florence



Click on **Job Opportunities** at ctclusi.org
Updated Daily
Or call Recruitment at **541-902-3821**

Place Names of the Coos, Lower Umpqua & Siuslaw Indians

Contributed by Patricia (Patty) Whereat Phillips

This is the sixth part in a long series exploring indigenous place names – mostly in the Hanis, Milluk and Siuslawan languages. The previous five covered the Whiskey Run area up to Tenmile. This month we will pick up again with Tenmile. For a pronunciation guide to the native words in this article see <https://shichils.wordpress.com/about/> under the “Language Pronunciation” section.

THE LAKES OF LOWER UMPQUA COUNTRY

So far in this series I have tried to work my way more or less from south to north and the coast inland or upriver. This month, I will break the pattern a bit, and focus on some of the coastal areas that were surveyed in 1857 by a man named Harvey Gordon. He hired several Indians from Fort Umpqua to assist him with the horses and carry equipment. Because in many areas there were no to few white settlers, he also chose to write down several indigenous place names. At least as best he, a man not trained as a linguist, was able to write down the names he heard. He was either the first person I know of to write down these names (such as Tahkenitch and Siltcoos, or as he spelled it Tsiltcoos) and in a few instances these names were only ever recorded by him.

Gordon did survey Coos Bay but he did not, so far as I know, at that point have Indian assistants. He does on occasion note landmarks like middens, but no names. However, by the time he got to Tenmile, he was beginning to get some information from the native people. On Tenmile Creek, on the north side he noted an Indian village. Tenmile was noted as having an excellent salmon fishery at one time.

Gordon also mentions the name “Skawnitch Lake” as a name for Ten Mile lake. He wrote a note ‘enter swamp on N side of Skawnitch Lake’. I don’t know if he meant the name for the south lake, north lake, or both. It is interesting in light of something Spencer Scott (Lower Umpqua/Siuslaw) and Frank Drew told JP Harrington in 1942. Spencer said he had heard the name **Skanich**, and he was sure it was a lake, but he was not sure which one it was. Spencer and Frank both guessed it might refer to Tenmile – which in Hanis is called **Skeich** (two syllables, Skeh-itch) but neither was sure. Based on Gordon’s notes, I think Spencer’s gut feeling was right

– Skanich is the Lower Umpqua name for Tenmile.

Clear Lake, just south of Reedsport, was **Bonowhahas**.

Gordon wrote down Tahkenitch. The actual native pronunciation is **Tsaxinich**. Howard Barrett told Harrington that “Mother explained that this word means having arms running out like a crab, which Howard would define as tributaries.”

Then Gordon got some information no one got ever since the name of a village, three canoe landings and the island. Down the creek, not far from the ocean, he recorded a village named **Pē-ō-ke-ne-mus**. Then on the lake itself he recorded three canoe landings, named **Chilt-camis**, **Wilkitz** and **A-hící**. There was also an Indian campsite he recorded as **Clewásta**. I still need to go through all of Gordon’s notes and my dad’s notes as he tried to work through Gordon’s survey notes, but I think all those canoe landings were on the western side of the lake. The island today known as Jewitt is **Weetmús** island. Gordon said the island “... is Hilly soil 1st and 2nd rate: Timber fir and Spruce. Undergrowth Salmonberry and Willow.” Judging from contemporary photos of the island, it does not look like much has changed in the last 160 years.

Gordon also wrote Tsiltcoos for Siltcoos lake. The Siuslawan pronunciation is **ch’ihlkuus** or **ch’itlkuus**. The creek was a boundary between the Siuslaw and Lower Umpqua people. At the south end of Booth arm was a site Gordon recorded as **Owăcose**. This is the nearest arm to the northern arm of Tahkenitch, and would have been a portage site between the two lakes. On the chance that **Owăcose** just meant ‘portage’, I checked the Siuslaw/Lower Umpqua wordlist and found *há’waqwyom*.

Next month we will return to the Umpqua River.

Camp Easter Seal Work Day



Contributed by Stephanie Watkins, Director of Human Resources

Most of you are aware the Tribe purchased a property on North Ten Mile Lake called Camp Easter Seal (name soon to change.) This property is situated on the lake waters and is surrounded by mountains and striking landscapes. Unfortunately, the Tribe has not achieved road access to the property so upkeep has been deferred. With a positive end coming to the access issues, we put together a Tribal Member Employee and Tribal Council work team. With work boots and gloves in hand we loaded the barge with mowers, weed eaters, pressure washers, machetes and cleaning supplies and the crew embarked on two days of hard, but fun labor sprucing up the property. This gathering was purely voluntary, but I had no shame in begging. It is not clear when the access will be granted, but as soon as we can I will be organizing another work party over a weekend so others can join in the fun! Stay tuned...



Student Recognition Dinner 2017

Contributed by James Barton, Education Intern

This year we are very excited with our turnout for our student recognition dinner. We are so proud of all of our students moving on to their next chapter. At the dinner, guest speaker Julia Ingersoll gave a lovely speech about her experience with school and gave a positive message filled with kind words about coming back to work for our Tribe in the Dental Clinic as a hygienist. We are excited to have her. We hope we didn't leave anyone out but here is a running list of all of our graduates this year and their degrees as well as students pursuing education. Make sure if you know any of our students you congratulate them for their hard work.

Melinda Radford, Bachelors of Science in Public Administration from the University of Oregon. Pursuing a Masters in PA.

Naomi Petrie, Associates of Applied science, Ilisagvik College, Alaska

Kailyn Brainard, Bachelors of Science, Psychology and Anthropology. U of O

Josh Davies, Master in Administrative Teaching, With Administrative licensing from Concordia University, pursuing Doctorate.

Nicole Romine, Associate of Arts transfer Degree, SWOCC

Michael Romine, Bachelors of Science in Criminal Justice and Minor in Homeland Security, WOU

Eagle Roy, Associate of arts Transfer Degree SWOCC, Pursuing Bachelors in Performance.

Courtney Krossman, Bachelors of Science in Anthropology, Minor in Native Studies. U of O

Rachel Schaefer, Bachelors of Science in Psychology, PSU

Coline Benson, Bachelors of Arts in Political Science. PSU



Congratulations Graduates!

College Graduates



Courtney Krossman

Bachelors of Science in
Anthropology,
Minor in Native Studies
University of Oregon



Josh Davies

Bachelors of Arts in Teaching from
Evergreen State College
Masters in Teaching from City
University
Pursuing Doctoral Degree within
the next two years



Nicole Romine

Associates of Arts transfer Degree
from Southwestern Oregon
Community College



Kaiyl Brainard

Bachelors of Science, Psychology
and Anthropology from the
University of Oregon



Michael Romine

Bachelors of Science in Criminal
Justice with a minor in Homeland
Security fom Western Oregon
University



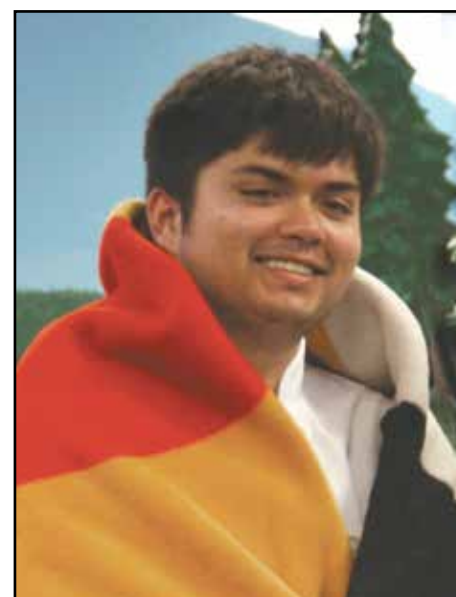
Melinda Radford

Bachelors of Science in Public
Administration from the University
of Oregon
Pursuing a Masters in PA



Rachel Schaefer

Bachelors of Science in Psychology
from Portland State University



Eagle Roy

Associate of Arts transfer Degree
from Southwestern Oregon
Community College
Pursuing Bachelors in Performance



Coline Benson

Bachelors of Arts in Political
Science from Portland State
University



Naomi Petrie

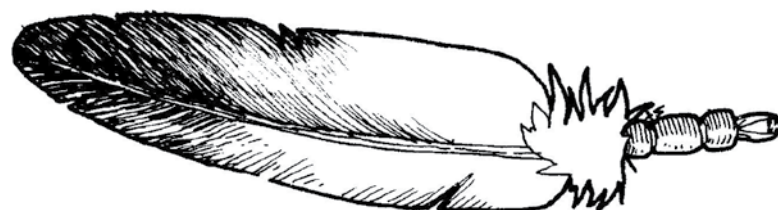
Associates of Applied Science
Ilisagvik College, Alaska

"Thank you Graduates for answering my call and sending in your photos and informaiton. Your accomplishments are something to be proud of, and I am happy to feature you in The Voice of CLUSI newsletter." -Morgan Gaines

Have you recently graduated from High School or College?

It's not too late to get featured in an upcoming edition of The Voice of CLUSI.

Just send your information to Morgan Gaines at mgaines@ctclusi.org or call 541-888-7536



Congratulations Graduates!

High School Graduates



Noah Newsome

Graduated with High Honors
June 2, 2017 from
Pacific Grove High School in
California.

Noah is an Eagle Scout and intends
to enlist in the Air Force in August



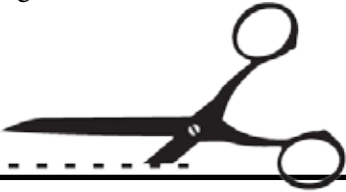
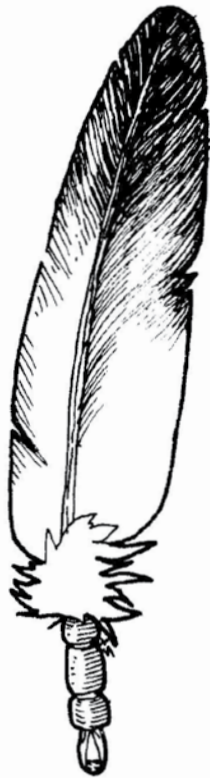
Kyle Dauterman

Graduated from
McMinville High School



Kylea Krossman

Graduated from
Junction City High School



BACK TO SCHOOL!

SIGN UP NOW

SEND THIS FORM TO:

CTCLUSI EDUCATION DEPT.
1245 FULTON AVE.
COOS BAY, OR 97420

SIGN UP STARTS NOW UNTIL August 16, 2017 (Forms must be received **in office** before 5 p.m. on the
deadline date to be accepted **NO EXCEPTIONS**) *(No sign ups accepted after 5 on that date.)*
Supplies cards will be sent after the closing date.

Grades K-12 or ages 5-18 **Enrolled** CLUSI Students Only.

➤ Name _____

Enrollment # _____

School Attending _____ Grade _____ / Age _____

➤ Name _____

Enrollment # _____

School Attending _____ Grade _____ / Age _____

➤ Name _____

Enrollment # _____

School Attending _____ Grade _____ / Age _____

➤ Name _____

Enrollment # _____

School Attending _____ Grade _____ / Age _____

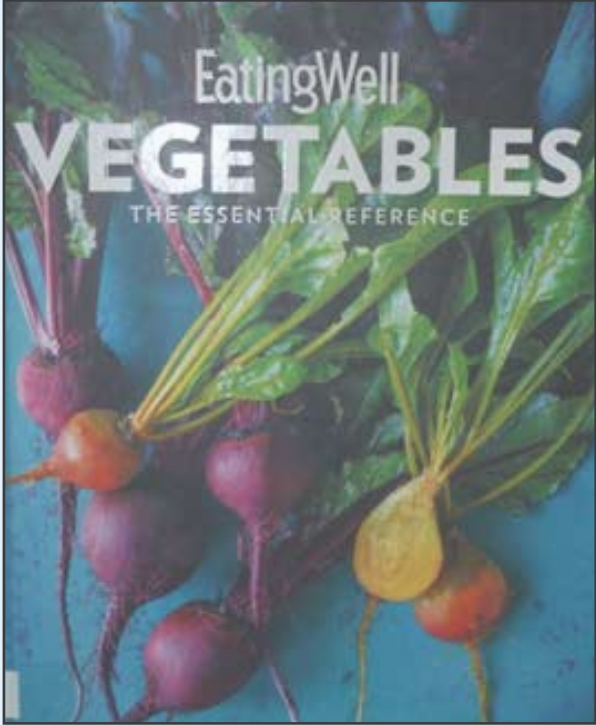
Phone Number _____

Address _____

Parent/Guardian Signature _____

EDUCATION CORNER

At some point in your life, someone has said to you “Eat all your vegetables”. And you probably thought – Yuck. Now, you can learn that selecting and cooking with vegetables can be both fun and nutritious.



The August “**BOOK OF THE MONTH**” is:

Eating Well - Vegetables The Essential Reference

This reference book combines vegetable love with everything a cook needs to know to buy, store, cook, and enjoy vegetables at their peak. Organized alphabetically by vegetable, the book includes information on seasons and the health benefits of each vegetable, as well as more than 250 recipes with complete nutrition. Look for it in the Non-Fiction section of the CTCLUSI Library – 641.6 EAT



Please join us for good food and fun with other Tribal Families.
All Tribal families welcome to attend.
Sorry, No transportation is provided.

Tribal Family Gathering Dinner

Tuesday, August 15, 2017

Three Rivers Casino & Resort

World Market Buffet

Doors open 5:30

Dinner 6:00 pm—8:00 pm



Please RSVP By Thursday, August 10, 2017

(541)-435-7155 or toll free 1-(888)-280-0726

Speakers

Danelle Bliss
Diabetes Program Coordinator
Meagan Davenport
Family Services Program Assistant

Sponsored by: Health & Human Services Division — Diabetes Grant

LIHEAP Low-Income Home Energy Assistance Program

Make an appointment for LIHEAP with:

Coos Bay Office:
Meagan Davenport
(541) 888-1311

Springfield Office:
Shayne Platz
(541) 744-1334



In order to qualify, families must have an annual household income (before taxes) that is below the following amounts:

| Household Size | Yearly Gross Income |
|----------------|---------------------|
| 1 | \$22,626 |
| 2 | \$29,587 |
| 3 | \$36,549 |
| 4 | \$43,511 |
| 5 | \$50,473 |
| 6 | \$57,435 |

Documents needed to apply:
Proof of income, SSI/SSDI Statements, Child Support Statement, I.D.s, Tribal Enrollment Cards, Social Security Cards, Oregon Trail Card, and Utility Bill

LIHEAP is a federally funded program that assists with home energy bills, energy crises, and weatherization. LIHEAP assists families not only in winter to heat homes but also with cooling needs in **summer**. The program is based on income and family size. To qualify, you must reside in the 5-county service area of Coos, Curry, Douglas, Lane, and Lincoln Counties.

NOTE:

If you think you may be qualified, please call Family Services for more information and to apply. We can help with your questions, such as, what counts as income and what documentation you need to apply. Income limits change each year, so you may qualify now even if you did not in the past.



Sponsored by CTCLUSI Health & Human Services Division
Family Services - LIHEAP Program

Diabetes Prevention and Management Class Coos Bay

When: Wednesday, August 23, 2017

Time: 11:30 AM

Where: CTCLUSI Community Center 338 Wallace, Coos Bay, Oregon 97420

Do you have diabetes? Have you been told you are pre-diabetic? Do you have a family member or history of diabetes? Are you seeking to renew your commitment to a healthier life? If the answers to any of these questions are **yes**, please join us.

RSVP by Thursday, August 17 and attend 2 classes to earn prizes below. 541-435-7155 or Toll-Free 1-888-280-0726

If you have any questions, contact Dani Bliss at (541) 888-9577 ext. 7558, or email at dbliss@ctclusi.org

No transportation or childcare will be available.



Activity Tracker Wristband



Genteel Pain-Free Lancet Device

Sponsored by CTCLUSI Health & Human Services Division
IHS Special Diabetes Program for Indians Grant

Elders Corner

Spring Train Robbery Trip

Contributed by Andrew Brainard, CHR/ Elders Coordinator

The recent trip to Elgin, Oregon for the Eagle Cap Excursion "Spring Train Robbery Trip" was a success. Along the way to the excursion we made several fun stops.

Friday morning everyone had a delicious breakfast at Comfort Inn and Suites prior to meeting with the remaining elders and departing on the Experience Oregon Commercial charter bus in Springfield. Our fun and gracious driver, Ron Williams, expertly navigated the bus towards Hood River. In Hood River we had a delicious lunch at the Riverside Restaurant prior to continuing on our journey to Pendleton for our night's stay at the Oxford Suites. After we checked in, we headed for dinner to a restaurant called Roosters Country Kitchen. We made memories trying to get Arleen Perkins to eat her veggies, which she was adamantly against. Meanwhile Brad Kneaper dodged spit wads from other Elders and I somehow took the blame for instigating it. Next we returned to the hotel for a good night's rest.

Saturday morning we all enjoyed a lovely breakfast at the hotel before departing to Elgin. We arrived at the train station and boarded at 9:30 am, headed off to experience the "Spring Train Robbery Lunch." Our conductor Bill was a terrific gentleman, who was fueled by gallons of Monster energy drinks. The staff was very welcoming and attentive. Some highlights of the experience were the beautiful scenery – trees and rivers – as well the history of the railroads and the train we were occupying. We also thoroughly enjoyed the Faux Robbery Theater that accompanied the ride, as well as the many actors that put it on, including a small girl "robber" who did an amazing job on her first show. Around 2pm we left Elgin and departed on the bus to Boardman. In Boardman, we enjoyed a great dinner with an excellent variety at the Village Restaurant. At dinner Brad was up to his old antics seeking revenge on me for the case of mistaken identity as the spitball shooter. At dessert Dee-Dee was asked how she wanted her ice cream, to which she replied, "cold." We all laughed so hard because the waitress was meaning flavor not temperature. We finally made it to our night's destination at The Shilo Inn at The Dalles.

Sunday morning we headed on our journey to Eugene where we had our last meal together at Hometown Buffet. After lunch we sadly departed our separate ways. Those from the Florence area returned with Dee-Dee, while Kathy Perkins, our loyal Transportation Coordinator, returned the rest of us safely to Coos Bay.

The amazing journey was attended by 38 elders and staff members in total.

I am looking forward to making even more memories on our upcoming trip to the Hellgate Jetboat Excursion Dinner trip in Grants Pass Oregon, August 9-11. I hear some of the elders are excited to see the "bears" again.

In conclusion I would like to extend thanks to the following people for their assistance during the long journey:

Kimmy Bixby, CHR Springfield Outreach Office

Dee-Dee Plaep, Health Program Assistant

Kathy Perkins, Transportation Coordinator

Iliana Montiel, Assistant Health and Human Services Director

***Tribal Government has been donated
firewood logs to be***

distributed to Tribal Members

Please contact Jeremy Petrie
for more information

541.297.3933 or e-mail jpetrie@ctclusi.org

Elders BBQ Lunch

Thursday, August 3, 2017

at 11:30 A.M.

Hole In The Wall BBQ in Springfield

1807 Olympic Street, Springfield, OR 97477



R.S.V.P. by Tuesday, August 1, 2017

Please call the RSVP line at: 541-435-7155

LIMITED TRANSPORTATION IS PROVIDED.



Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
Health & Human Services Division
Elders Activity Program

Welcome New Tribal Elders

Susan Bouman & Janet Dearing

Elders BBQ Lunch

Thursday, September 7, 2017

at 11:30 A.M.

Florence Outreach Office

3757 US-101 Florence, OR 97439



R.S.V.P. by Tuesday, September 5, 2017

Please call the RSVP line at: 541-435-7155

LIMITED TRANSPORTATION IS PROVIDED.



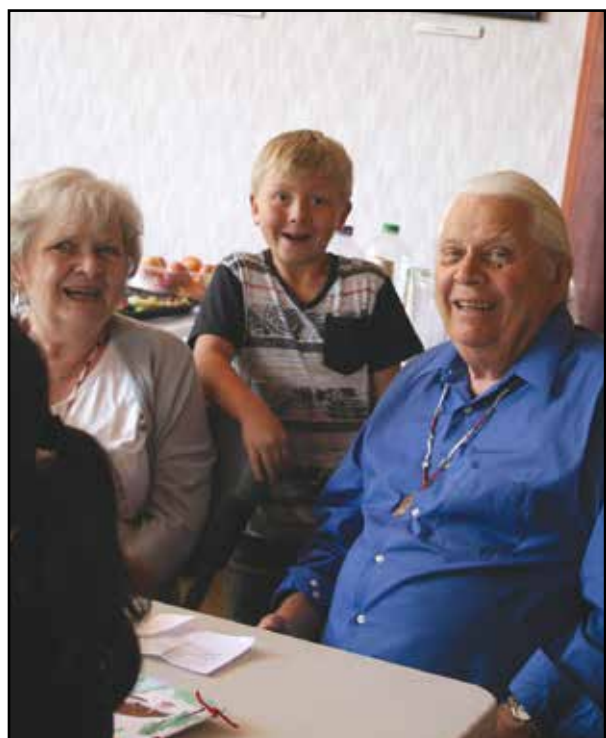
Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
Health & Human Services Division
Elders Activity Program

CTCLUSI Summer School 2017

Contributed by James Barton Education Intern

We had one of the biggest summer school turnout in years! The combined number of students in all of our classrooms was thirty. Our biggest age group was the youngest tribal members from kindergarten to 2nd grade, we had almost twenty kids in that classroom alone! This year at summer school our little ones learned a lot about the tide pools and beach safety as well as various tribal cultural activities. Our middle school kids focused a lot on writing poetry as well as other topics and understanding the importance of nature to our culture. The middle school students even put together a book of poems collectively with the high school students and gifted them to the elders. Another great pleasure was to have our elders and council come and have lunch with the students listening and learning from them. The high school students did work with writing and storytelling as well as helping our little ones in activities such as weaving and playing shinny. Two of our exciting trips this year was to Coos Bay Farmer's Market with our Natural Resources Department and the Charleston Marine Life Center.

We also had a special treat of meeting with some local bee keepers and having our kids learn about local honey harvesting. A big thanks to Mark Petrie and Jesse Beers for educating our young ones on traditional plants, our history as a canoe people and traditional games. We also want to recognize Amanda Craig and John Schaefer from the Natural Resources department for their work with our students and the community garden. Thank you to all the programs and committees that help put this year's summer school together. Another huge thanks to Joe Barton, our cook, for keeping our bodies nourished so we could learn. Here's to another successful year of summer school and we hope to see you all next year!



Chief Warren Brainard visited the youth at Summer School during Elder's Day



Students visited the Marine Life Center in Charleston, Oregon

CTCLUSI Summer School 2017



The Department of Natural Resources took the students on a field trip to the Coos Bay Farmers Market, provided them plants to take home, and planted sacred tobacco in the Tribal garden with them.



Students in the Elementary School class take a minute from Summer School to take a class photograph



Students listen to a talk on bee keeping



Students learned about the importance of Talking Circles during Summer School

Tribal Student Internship Program 2017

Contributed by Stephanie Watkins, Director of Human Resources

During the spring and summer of 2017 the Tribal Government welcomed 7 Tribal student interns. These students are journeying through one of the most exciting stages of their lives, and our Tribe is a part of their path. Each work experience has been customized by the department to the most value to the student's collegiate goal, as well as offering each the opportunity of giving back to the strength of the Tribe. Their customized work experience will challenge and educate each student from the beginning of the internship to the completion. Please welcome the following young leaders:

Department of Health and Human Services Director, Vicki Faciane welcomes Madison Byer, Shawn Brainard, Rachel Schaefer, and Jade Fong.

Madison shares, "I am 22 years old and I am a Hanis Coos tribal member. I will soon graduate from Oregon State University with my Bachelor of Science in Psychology. After high school I wasn't sure what I wanted to do or where I even wanted to go. I knew that cost was a huge factor in deciding where I went, so I decided to start out at Mount Hood Community College. I found out about the tribal stipend and immediately jumped at the opportunity. This money helped me tremendously and gave me an opportunity to further my education. Since my tuition was less than the money I received, I was able to save up that extra money for when I transferred to a University. Once I had completed my two years at Mount Hood Community College, I transferred to Oregon State University. I just completed my two years at OSU and I am on track to graduate in spring of 2018. After I graduate I plan on continuing my education at a graduate school to receive my master's degree in psychology. I chose to apply for the internship with the tribe because I wanted hands on experience in the field that I was interested in and gain more knowledge in my area of interest. I have gained so much knowledge and have worked with so many influential people that I have the confidence to go out in the workforce. Not only does this look good on my resume but it is also an overall learning experience for myself. Aside from learning about my area of study, it has also helped me grow as a person."

Shawn shares, "I am Miluk Coos, and I've just finished my sophomore year at Western Oregon University. I'm studying psychology; my current goal is to be a clinical psychologist. Although this is my first year working for CTCLUSI as a intern, I've spent the past three years working as a summer team member at the Three Rivers Casino Resort, working primarily in the Human Resources department. All of the experience I've had working with the Tribe has been wonderful, and I look forward to working with Shayne Platz in family services this summer, and learning all I can."

Jade is a third year junior at the University of California Berkeley. After she finishes her B.S. in Society and Environment, she plans on applying to an assortment of Dentistry school in California, but other schools like Harvard and Yale.

What Jade plans to get out of her internship is to gain insight on what the daily routines and schedule will be like in her own dentist office. Jade also mentioned that she has noticed a distinct difference between a public office and private office. She said that she liked the approach of a public office because they take care of the patients instead of private offices shipping patients through. Along with the experience jade is gaining, jade is also gaining required hours to get into her dentistry program.

Jade also mentioned that she is excited to come back to learn her culture and make relationships with our people.



From left to right: Shawn Brainard, Jade Fong, James Barton, Kaylin Brianard, Madison Byer, and Nicole Romine

Rachel, shares 'after graduating from Portland State University with my Bachelor's, I was privileged to receive the opportunity to work with Shayne Platz in Vicki's department, learning and preparing for a job in social work. I came to appreciate how dynamic case working was and how much I loved it. During my internship, I received an interview at the Native American Youth Association (NAYA) for a youth advocate/caseworker. My internship was instrumental in me getting my current job at NAYA.'



Rachel Schaefer

My goals for the future are to continue to gain credits toward my Master's, focusing on business and conflict resolution. I plan to continue working with Native populations and gaining experience in social work. I encourage anyone looking to explore future career paths to apply to the internship program.'

The Tribal Police Department Chief Law Enforcement Officer Brad Kneaper welcomes Kailyn Brainard.

Kailyn shares, "I just graduated from the University of Oregon with a Bachelor of Science degree in Psychology and Anthropology. I am taking a year off from school and am looking to go to graduate school in Arizona next year. I did the internship program two years ago and loved it. Why I wanted to intern with Tribal Police was to learn more about police procedures because of the future career I am working toward."

The Education Department Director, Angela welcomes James Barton.

James shares, "I'm attending University of Oregon pursuing a degree in literature. I'm grateful to be learning more about our higher ed program and working with people that have helped me so far in my college experience. I plan to have a better understanding of our education and helping our tribal students in the future."

The Department of Natural Resources Director, Margaret Corvi welcomes Nicole Romine.

Nicole shares, "I am 21 years old and interning for the Natural Resources Department. I am attending Oregon State University for my Bachelor's degree in Fisheries and Wildlife Science with a minor in Geology. I am interning for the tribes because they have an excellent internship and it allows me to be close to my culture while learning important skills that will help me further my education and career. This internship helps give me on the job work experience and gives me a chance to try out a similar job as my degree."

Jorney Baldwin's Accomplishments Sophomore Year at Marshfield High

Contributed by Delilah Baldwin and Josh Davies

- 1) National Honor Society member
- 2) Science National Honor Society member
- 3) ASB Freshman President
- 4) Honor Roll freshman and sophomore year
- 5) 4.0 GPA recipient multiple semesters
- 6) 3.97 Accum GPA
- 7) babysitter
- 8) volunteer throughout the community
- 9) key club member
- 10) Camp RYLA (rotary) participant
- 11) Younglife camp participant
- 12) yearbook club participant
- 13) stunt camp
- 14) varsity cheer leader
- 15) TV broadcast producer
- 16) Captain/ Pitcher Varsity Softball

Keep up the excellent work next year, Journey!
Way to go!



HEALTHY FAMILIES

CONTRIBUTED BY LOVEL LEWIS AND MADISON BYER
FAMILY SERVICES



LIVING LIFE IN BALANCE

Healthy Living encompasses both mind and body. A good balance requires both mental and physical fitness. The balance creates a partnership where the inside and the outside of the body is functioning well together. There will be times when people will experience emotional stress or problems through the course of their lives. However, people can renew their strength from the situation if they have strong mental health just like an athlete who has conditioned their body can bounce back after an injury.

Humans are social beings. Developing positive relationships with family, partners, and friends can help people facilitate a positive self-image by having support through difficult times

with someone to talk to and to lean on. By nurturing these relationships people can promote their own growth and development in positive qualities, self-esteem, and outlook.

Native American culture is based on kinship and the concept that each of us is dependent on one another. Families can do activities together to help promote their relationships and in creating lasting memories.

“HAPPINESS IS NOT A
MATTER OF INTENSITY
BUT OF BALANCE,
ORDER, RHYTHM,
AND HARMONY.”

- THOMAS MERTON

TIPS AND ACTIVITIES FOR FAMILIES:

- 1) **Plan outdoor activities**
Picnic in the park
Hiking
Family walks
- 2) **Take fitness classes together**
- 3) **Less screen time**
(television/phone)
- 4) **Make chores fun**
- 5) **Make over your meal plan with fresh foods**
Cook a meal together
- 6) **Carry healthy snacks when running errands**
- 7) **Family game night**



ELDER INVOLVEMENT IN FAMILIES

Passing on the knowledge...

Elders have always been the cornerstone of a strong and healthy family and community. Elders and parents can set examples for living healthy lives. Older family members can share the wealth of knowledge they've gained to encourage the youth and their family members to move towards a healthier self. Elders can share their knowledge on traditional foods and how to prepare them. Elders could also teach about gardening as a family activity. This will also provide fresh fruits and vegetables for the family.

Qaya Tlo'wehtos (Breath of Life)

Contributed by Heidi Helms and Patricia Whereat Phillips

On May 28th, we traveled to D.C. for a 2-week conference called Breath of Life, or qaya tlo'wehtos in Hanis, where we spent almost every afternoon at the National Anthropological Archives (NAA). It truly felt all our breath was spent effortlessly in search of and discovering all that we could around language during the visit. The NAA holds an astonishing collection of historical language materials on western Oregon languages, including our tribe and our neighbors. These materials include the original field notebooks that many scholars used when they came through and visited our homelands, going back as far as 1856. These materials are the historical remnants of our languages. The languages are in a state of hibernation right now, but living and has the ability to evolve because fortunately for us there are enough language materials archived that we can, with a lot of work, look beyond the surface of what we know to revive Milluk, Hanis and Siuslaw/Lower Umpqua.

The conference was very inspirational. There were Indian people there from around the US - Iowa, Quapaw, Ponca, Nez Perce, Couer d'Alene, Pomo, Coast Miwok, several bands of Chumash people from southern California, among many others. The conference organizer, Daryl Baldwin is from the Miami-Illinois Tribe of Oklahoma. More than 20 years ago, as a young father, him and his wife Karen Baldwin decided to revive the Miami language, Myaamia. He studied linguistics, pulled together every bit of language ever recorded about the language (which went as far back as 17th century Catholic church records), practiced, while Karen who has a teaching background, dropped it to homeschool their children in the language. Together they made the language team and with daily practice and effort, the whole family became fluent. Their project has grown to include tribal language programs and a special program at Miami University in Ohio for Miami students. Daryl and Karen's story has been truly inspirational because all they had to work with was not speakers nor any audio of the language, but the linguistic data found within historical documents and a thriving passion for bringing the language back. It was great to meet and talk to people from around the country enthusiastic about reviving their tribal languages and trading ideas on how to do that. People also shared emotional stories about family connections, and hopes for the future. Part of the conference was also spending time in archives and museums, looking at language materials and artifacts (baskets, beadwork, clothes, etc.). Some people found recordings of their ancestors. They were moved to hear the voices of their very own great grandmothers and grandfathers.

For the Coos, Lower Umpqua and Siuslaw people, most of the materials in the Smithsonian system are written documents - mostly anthropological and linguistic material: word lists, texts, and interviews. There are very few artifacts there, however we did see a few. One thing we saw at the National Museum of the American Indian were shinny sticks and balls from one of our northern neighbors, the Yaquina. We also got to see many items from the Siletz reservation, mostly from the southern Oregon Athabaskan people: gambling sticks (in Hanis this game is called heye), bows, arrows, and many amazing baskets. We also saw a dress that was labelled as Coos. It was, however, rather unusual. The museum has little background information - it was donated in 2001 by a doctor who bought it from a man in northern California. It was said to be made of rushes, and is a one-piece dress - not two piece, with a top and separate skirt as is typically made in



Patty Whereat Phillips and Heidi Helms



Maple Bark Dress

southwestern Oregon and northwestern California. Upon examination of the dress, Heidi saw it was not made of rushes but likely the inner bark of maple but possibly cottonwood (which would be right for the Coos Bay region). The dress is still a mystery and there is much follow up to do which may add to its story - surely, an unusual one piece made of traditional Coos material. Who made the dress, and when? Sadly, the museum did not have information about that, and we may never puzzle that out.

Another unusual object was a carving of a man, made from a whale rib. The carving resembles a style of figure found on some lower Columbia

River carvings and plateau baskets - humanoid figures with 'bones'. I don't know how to describe it other than that, that is what it looks like, like it has a representation of the backbone and ribs. It was dug up (apparently by a pot-hunter) along the Lane county coast in Siuslaw country in 1951 and sold to the museum that same year. It appears to have broken off from something. When Patty first saw a photo of it, she thought it may have come from a whale bone knife, known as a wellek or wollok in Hanis (these were fairly common weapons in the northwest). But it did not seem to be the right shape at all to be part of the handle of a wellek. Given its carving style, it looks like it may have been something a Siuslaw person traded for from the Columbia River. Tribes all along the coast and interior Oregon traded with Columbia River tribes. There was even a trail called the "money trail" that went from the Umpqua Valley up to the Columbia.

The last day of the conference, we presented a final project as everyone did and we had put together a power point project that included a photo of Annie Miner Peterson talking with Melville Jacobs into an aluminum disc recording machine, a map showing our homelands, a sound chart representing the phonetic and phonemic system, linguistic examples of word order and different phrases. Then, I'd asked Patty if she would end with telling the story of Crow and Thunderbird Trade Languages. While Patty was telling the story, a crow flew up to the window and hung around, the only crow we had seen throughout our time in D.C. It was like an old relative coming to visit. It was fitting, and in that moment, it put into perspective all the work we have done and where we go from here.

Our hands go up to the ancestors for their strength and foresight, stories, songs and recordings and to the linguists, past and present who have walked with us on this journey. We would also like to thank the tribe for the continual support and good thoughts as we take these next important steps. If anyone would like to get in contact with us around language you may email Patty at miluk.language@gmail.com or Heidi at hhelms@ctclusi.org.



Whale Bone Carving

Baby Teeth Matter!

Contributed by Jamie Meyers, DHAT Coordinator/Program Assistant

Healthy habits for teeth and gums begin when our children are babies and continue into adulthood. A baby's 20 primary teeth are hidden in your baby's jaw, under the gums. Those baby teeth will help set the stage for future smiles by keeping space in the jaw for adult teeth, as well as helping your child speak and eat normally. Tooth decay can occur as soon as the first tooth appears, usually about six months of age; although some children won't have their first tooth until 12 or 14 months. American Indians and Alaska Natives have more untreated tooth decay and periodontal disease than any other population group. We can do our part to change this. Don't be scared, despite the daily challenges, there are ways to reduce the risk of tooth decay:

- Begin cleaning your baby's mouth within the first few days after birth by wiping his or her gums with a clean, moist gauze pad or wash cloth after every feeding.
- Once your child's first tooth erupts, continue to brush your child's teeth twice a day with a child size tooth brush and a pea-sized amount of fluoride toothpaste.
- When your child has two teeth that touch, begin flossing the child's teeth daily.
- Help your children develop good brushing and flossing habits.
- Monitor beverage consumption – Instead of soft drinks all day, children should be given water.
- Sugary foods and drinks (including juice) should be consumed with meals. Saliva production increases during meals and helps neutralize acid production and rinse food particles from the mouth.

The more "happy visits" children have with us at a young age, the more apt they are to grow up with strong teeth, good habits, and a positive attitude about dental care. Your child's first dental visit should be before his or her first birthday. Your child's first appointment is critical to his or her strong teeth and healthy gums. We will help you understand how to best take care of your baby's erupting teeth, what to look for in case you think there is decay starting, best practices as far as pacifiers, sippy cups, and snacks, putting the child to sleep, and any other questions you might have. We are usually able to place fluoride varnish as well at this first appointment, which helps prevent decay.

In addition to the tips above, Naomi Petrie, Dental Health Aide Therapist (DHAT) is now seeing patients in our clinic. Our team will help to ensure access for consistent, routine, high quality oral health care. Dental Health Aide Therapists (DHAT's) are Native Americans recruited from their own community, trained, and returned back to their community to serve. DHAT's are trained to master 46 dental procedures and they are able to educate patients about oral health, apply fluoride treatments, place sealants, clean teeth, place fillings, perform dental evaluations, and more.

Regular (six-month) visits, along with good home care habits and fluoride for prevention, can mean that your child will never lose a tooth to dental decay. Schedule your kids (and yourself!) today for a routine checkup at the CTCLUSI Dental Clinic.

We love to see you smile!

Call to make an appointment today (541) 888-6433

Tribe Welcomes New Behavioral Health Specialist

Contributed by the Health and Human Services Division

Please join me in welcoming Janet McKee to the Family Services/Health Division team. Janet is joining the CTCLUSI community as the Behavioral Health Specialist. She enjoys learning and working with each person as they follow and create their own life path. Her experience includes 26 years of helping others as they cope with issues that might include anger, depression, anxiety, grief, trauma, alcohol and drug, identity, school/career, relationship problems, or any combination of concerns that interfere with health and well-being. She has an education degree from Southern Oregon State College and a Master's Degree in Counseling from Oregon State University. She was raised with traditions related to her Crow heritage from her great/great-grandmother and her farming family in Indiana. Kayaking, clamming, beach walking, (well, anything that involves water sports), reading, laughing with friends and family, being outdoors, and travel are some of her fun activities. Janet welcomes the opportunity to come to know the local area and each of you. Please come in and share your experiences in the area and get to know Janet so she can be a resource for you or your friends and family.



Are you a student in need of childcare assistance?

**CTCLUSI—Family Services
Child Care Development Fund**

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**Live within the five-county service area?
You may qualify for assistance with childcare! Children must be 0-12 years of age.
Verification of all sources of income required.**

Contact Meagan Davenport at
(541) 888-1311 for more information.



Careers Worth Going Back to School

Contributed by Mike Smith, Training & Development Specialist - Contact me at 541.902.3819 or at msmith@ctclusihr.org

The Department of Human Resources exists to help guide job seekers to meaningful employment opportunities. If those opportunities require additional education or specific training, contact us to see what resources are available and how we guide you to the appropriate avenues of learning.

Are you in the market for a whole new career, one you're willing to go back to school to get? If so, you're not alone. Many of those returning to classes this fall will be doing so in search of new employment opportunities. Finding a career in a growing field that will continue to add jobs, offering pay that will justify the cost of your added education, while also providing for your needs, is the mission. The cherry on top is enjoying the work you will do. Dr. Laurence Shatkin, Ph.D., author of The Sequel: How To Change Your Career Without Starting Over, describes which high-growth, in-demand occupations he would recommend for those people who are seeking a new career and are willing to hit the books. Regardless of whether you're only able to commit to a certificate program or you're willing to go all the way to a master's degree, one of these suggestions may be right for you.

Personal Financial Advisor

According to Shatkin, the projected growth rate for this occupation is 32 percent — and it's a particularly good fit if you already have some background in finance or insurance.

"Word of mouth is the main way advisors find clients, and seasoned workers who transition into this career benefit from having a better network for making such contacts," says Shatkin. "The work can also be readily shifted to a part-time basis, so easing gradually into retirement is an option."

Most personal financial advisors have a degree in finance, economics, accounting or business. And depending on the products that they sell — such as stocks, bonds and insurance policies — personal financial advisors may be required to obtain licenses issued by state boards.

You can boost your credibility by applying for certification to become a Certified Financial Planner (CFP), advisors must have a bachelor's degree, pass an exam and have at least three years of relevant work experience.

Training and Development Specialist

Aside from the healthy, 28 percent projected growth rate for training and development specialists, Shatkin says that the vocation is practically tailor-made for someone with good communication and presentation skills who's contemplating a mid-career switch.

These professionals create, conduct and evaluate employee-training programs for corporations, financial institutions and government agencies.

"By teaching skills to others, you can leverage your knowledge of a field, but also build on people skills developed over a previous career," he says. "And many work arrangements are possible, from an in-house trainer to a self-employed trainer."

Training and development specialists typically earn a degree in human resources or business. Individuals who want to work for government agencies need to take additional civil service examinations.

For an added advantage in the job market, you can take the American Society of Training and Development's exam for Certified Professional in Learning and Performance Certification (CPLP).

Recreational Therapist

It's all about motivation for these therapists — their job is to get injured patients moving again by using music, sports, art and games as inspirational tools.

"Recreational therapists normally only need a bachelor's, but someone might transition into this career by getting a master's," says Shatkin, noting that employers prefer therapists who are certified. "You can utilize previous experience with a sport, art, dance or some other recreational activity — and the work demands compassion and interpersonal skills that older workers may have developed."

To get National Council for Therapeutic Recreation Certification, candidates must pass a written exam, and log at least 480 hours at an internship. The organization also offers specialized certification in physical medicine/rehabilitation, behavioral health, geriatrics, community inclusion services and developmental disabilities.

Medical Records and Health Information Technician

"Human health care is the best field for workers over 40 because it is America's largest and fastest-growing field," says Shatkin. "It's possible to work at many different levels of education and skill, and many jobs don't involve patient care."

Most technicians specialize either as medical coders or cancer registrars, and demand for them is high — by 2020, this workforce is expected to expand by 21 percent.

Once you've completed the two-year associate's program, most employers require professional certification, which involves passing a written exam. Certification can range from a Registered Health Information Technician (RHIT) to a Certified Tumor Registrar (CTR).

Other Possible Opportunities:

Registered Nurse

Number of new jobs expected by 2022: 526,800

Educational requirements: Associate's or bachelor's degree

Upside: Rising job satisfaction. A recent survey found 91% are happy

with their career, and 73% satisfied with their current job

Downside: In many parts of the country, newly minted nurses struggle to find work

Dental Hygienist

Number of new jobs expected by 2022: 64,200

Educational requirements: Associate's degree; state licensure

Upside: US News & World Report rates this as the 10th best job to have, in part because of its scheduling flexibility

Downside: Hiring outlooks vary widely by region, and many hygienists report scarcer jobs and lower salaries

Truck Driver

Number of new jobs expected by 2022: 192,600

Educational requirements: In addition to a commercial driver's license, you'll need a certificate

Upside: High turnover means good truckers can always find work, sometimes with signing bonuses

Downside: Be prepared to be away from home for weeks at a time

Kindergarten or Elementary School Teacher

Number of new jobs expected by 2022: 167,900

Educational requirements: At least a bachelor's degree; some areas require pursuit of a master's

Upside: Summers off, and the chance to channel Dr. Seuss

Downside: Starting salaries are considerably below median

Accountant or Auditor

Number of new jobs expected by 2022: 166,700

Educational requirements: Bachelor's degree. Many also pursue a Certified Public Accountant certification.

Upside: Better-than-average job flexibility and upward mobility

Downside: Expect to put in plenty of overtime, especially during tax-season crunch

Restaurant Cook

Number of new jobs expected by 2022: 150,100

Educational requirements: While many land jobs without even a high-school diploma, you'll need culinary training to get in at trendy restaurants

Upside: Work is fun, creative and constantly evolving

Downside: Long hours and fallen arches.

Content taken from "6 Careers Worth Going Back To School For" by Liz Ozaist and "10 Careers Worth Going Back To School" by Sarah Mahoney ©2012-2017 Life Reimagined™

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