

# The Voice of CLUSI



August 2015

Issue 8

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[www.ctclusi.org](http://www.ctclusi.org)

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

## Tribal Student Internship Program



Tribal Interns

Back row: Michael Romine, Conor Gagner, and Sam Sprague  
Front row: Courtney Krossman and Kaylin Brainard

Submitted by Stephanie Watkins, Human Resources Director

On June 15, 2015 the Tribal Government welcomed five new Tribal student interns. These students are journeying through one of the most exciting stages of their lives, and our Tribe is a part of their path. Each work experience has been customized by the department to give the most value to the student's collegiate goal, as well as offering each of them the opportunity of giving back to the strength of the Tribe. Their customized work experiences will challenge and educate each student from the beginning of the internship to the completion. Please welcome the following young ladies and gentlemen:

**Department of Health and Human Services:** Director Vickie Faciane welcomes Conor Gagner. Conor is stationed in our Springfield Outreach working under Shayne Platz, Family Services Caseworker. He will be responsible in helping Tribal members and families with their needs. Conor is a junior at the University of Oregon majoring in Sociology with a focus in family, gender and sexuality, as well as a minor in Women's and Gender Studies. *"I care strongly about issues of social justice and am seeking ways to solve social problems, as well as assisting people whom these problems affect. Our Tribal Community is so important and I am proud to be serving the Tribe as a caseworker intern."*

[Story continues on page 7](#)

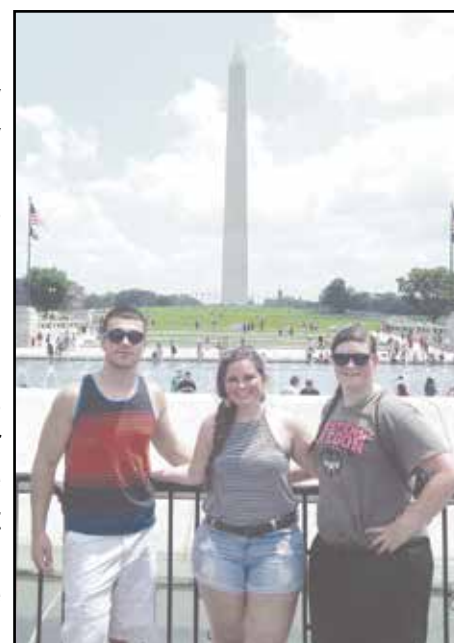
## Unity Conference 2015



Michael Romine, Nicole Romine, Courtney Krossman, and Conor Gagner attended the 2015 National Unity Conference in Washington D.C.

Submitted by Courtney Krossman

On July 10th through July 14th Michael Romine, Courtney Krossman, Conor Gagner, and Nicole Romine, all four Miluk Coos Tribal members, represented the Tribe by attending the 39th Annual United National Indian Tribal Youth (Unity) Conference. This year the Conference was held at the Renaissance Center in Washington D.C. Each year the Unity conference has a different theme; this year's theme was all about self-identity, defining the "U" in Unity. The Unity mission is to foster the spiritual, mental, physical, and self-reliant Native America through greater youth involvement.



[Story continues on page 12](#)

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1245 Fulton Avenue  
Coos Bay, OR 97420

**Save the Dates**

*Culture Camp*  
**August 11-15 2015**

*Restoration Day*  
**October 17, 2015**



## Chairman's Corner



Chairman Mark Ingersoll



Chairman at the Great Wolf Lodge

Let's start with very important business. The House Committee on Natural Resources passed H.R. 2791, without further amendment, to the next step in the Congressional process. A part of the bill ("Title III") contains the Tribe's ancestral lands proposal. The Committee's action positions the bill for action by the full House of Representatives. Rep. DeFazio, together with his staff, deserves special credit for today's development. Rep. Walden has also been a steadfast supporter of the Tribe on this issue. I feel it will be a very short time until the bill will be passed and then be sent to the Senate. I hope the Senate bill will match the speed of the house in this term.

I was able to enjoy a vacation that also included visiting many Tribal lands. Our adventure took us through Oregon, Washington and Canada. We visited the Umatilla Reservation, gaming facility and Tribal lands. While in Eastern Oregon I had the opportunity to see the Pendleton Woolen Mills; I love the beautiful blankets. We moved north to the Colville Reservation and visited the new Twelve Tribes Casino, what a beautiful facility. We saw a spectacular light show at the Grand Cooley Dam. I was both moved and saddened by the light show because I learned that their Salmon run was lost with the dam installation. In Canada we visited Victoria Island and Penticton, a local town we would like to spend more time visiting. I learned a lot about what Tribes

can accomplish, this was a great place to see. On our return home, we took the ferry back to Seattle through the beautiful San Juan Islands and through Seattle. Seattle is very loud on the 4<sup>th</sup> of July, thanks to the local Tribe's fireworks stands. On the way back I made a quick stop at Great Wolf Lodge in Washington, this is a wonderful Tribal owned water park and hotel.

I attended North Bend's July Jubilee and 112<sup>th</sup> Birthday celebration. Friday was the Jubilee's Birthday party at the North Bend Community Center. The birthday cake was cut by Barbara Simpson - Griffin, daughter of Louis Simpson. The Simpsons gifted the Tribal Hall land to the Tribes. Barbara is a very wonderful lady. Saturday during the parade I drove the 2015 Chrysler 300 with Andrew Brainard as copilot, for Three Rivers Coos Bay. Lucky beads were passed out en route to the parade spectators. Bob and Wendy Garcia towed their lucky pig Hank. Hank was dressed in a Three Rivers Coos Bay Shirt and was adored by every on-looker. Now on to Elvis! Saturday night was capped off with music at the North Bend Lanes with none other than Elvis and the great crew manning the Three Rivers Coos Bay Booth at North Bend Lanes.

My first summer as Chairman has been very memorable so far. I hope that your summer is going well also and will be very memorable also. Enjoy the sun.



Chairman driving the 2015 Chrysler 300 for TRC



Chairman Mark Ingersoll takes a picture with the "King"

## Tribal Council Business

### As reported at the July 12, 2015 Regular Tribal Council Meeting

#### Chief Warren Brainard:

June 14 Regular Tribal Council Meeting  
June 16 Meeting with staff & consultants re: Jordan Cove  
June 17 Executive Work Session  
June 18 Meeting with Stacy  
June 23 Camas Dig; Family Dinner in Springfield  
June 24 Tribal Council Business Meeting  
June 25 South Dune Power Plant Testimony  
June 30 Department of State Lands Meeting; BLM Resource Management Plan Meeting  
July 9 Culture Committee Meeting, Executive Work Session  
July 11 Meeting with Nicole Maher, President NW Health Foundation

#### Doc Slyter:

June 14 Regular Tribal Council Meeting  
June 16 Meeting with staff & consultants re: Jordan Cove  
June 17 Executive Work Session  
June 18 Housing BBQ; Met with Greg Norton with BIA, Executive Work Session  
June 21 Summer Solstice  
June 22 Cook Breakfast; Trip to Gregory Point and Sunset Bay  
June 23 Camas Dig  
June 25 South Dune Power Plant Testimony  
June 26 Tenmile Lake Tour with Sam Sprague and John Schaefer in search of Wapato.  
June 27 Clamboree at Tribal Hall  
June 28 Attended Leona Roy's Memorial at

Gregory Point and Tribal Hall Potluck  
June 30 Attended Meeting Department of State Lands  
July 7 Visited Summer School, played flute  
July 9 Culture Committee Meeting  
July 9 Executive Work session

#### Beaver Bowen:

June 14 Regular Tribal Council Meeting  
June 16 Meeting with staff and consultants re: Jordan Cove  
June 17 Executive Work Session Meeting  
June 24 Tribal Council Business Meeting  
June 24 Gaming Facilities Operations Review Board  
June 24, Management Meeting;  
Visited Summer School;  
Researched Information on Dancing

#### Teresa Spangler, Vice - Chairman:

June 14 Regular Tribal Council Meeting  
June 16 Meeting with staff and consultants re: Jordan Cove  
June 24 Management Meeting; Business Council Meeting  
July 9 Government Employee Recognition  
July 9 Executive Work Session;  
Met with Tribal Administrator two times

#### Arron McNutt:

June 14 Regular Tribal Council Meeting  
June 16 Meeting with staff and consultants re: Jordan Cove

June 24 Tribal Council Business Meeting  
July 9 Executive Work Session

#### Tara Bowen:

June 14 Regular Tribal Council Meeting  
June 17 Executive Work Session  
June 24 Management Meeting; Tribal Council Business Meeting  
June 25 Public Hearing Power Plant  
June 27 Clamboree  
June 28 Attended Leona Roy's Memorial at Gregory Point and Tribal Hall Potluck  
July 8 Elders Lunch at Summer School  
July 9 Executive Work Session  
July 11 Meeting with Nicole Maher, President NW Health Foundation

#### Mark Ingersoll, Chairman:

June 14 Regular Tribal Council Meeting  
June 17 Executive Work Session  
June 18 Completed Reviews for Brad Kneaper & Stephanie Watkins  
June 21 Summer Solstice  
June 24 Management Meeting; Business Council Meeting  
June 25 South Dune Power Plant Testimony  
June 30 Department of Land meeting; BLM Resource Management Plan Meeting  
July 11 Meeting with Nicole Maher, President NW Health Foundation;  
Met with Tribal Administrator

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc.  
Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians  
ATTN: Tribal Council 1245 Fulton Ave.  
Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and intersted in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices. Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at [www.ctclusi.org](http://www.ctclusi.org)  
If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief

Tribal Chief  
541-297-1655 (cell)  
[wbrainard@ctclusi.org](mailto:wbrainard@ctclusi.org)

Doc Slyter  
Position #1 Council  
541-808-7625 (cell)  
[dslyter@ctclusi.org](mailto:dslyter@ctclusi.org)

Beaver Bowen  
Position #2 Council  
541-290-4531 (cell)  
[bbowen@ctclusi.org](mailto:bbowen@ctclusi.org)

Mark Ingersoll, Chairman  
Position #3 Council  
541-290-4610 (cell)  
[mingersoll@ctclusi.org](mailto:mingersoll@ctclusi.org)

Tara Bowen  
Position #4 Council  
541-808-7394  
[tbowen@ctclusi.org](mailto:tbowen@ctclusi.org)

Teresa Spangler, Vice Chair  
Position #5 Council  
541-808-4828 (cell)  
[tspangler@ctclusi.org](mailto:tspangler@ctclusi.org)

Arron McNutt  
Position #6 Council  
541-297-1183 (cell)  
[amcnutt@ctclusi.org](mailto:amcnutt@ctclusi.org)

Council Meeting  
August 9, 2015  
Many Nations Longhouse  
University of Oregon, Eugene  
97403

- Agenda:
1. Call to Order
  2. Invocation
  3. Approval of Council Minutes
  4. Old Business
  5. New Business
  6. Other
  7. Good of the Tribes
  8. Executive Session if needed
- Council meeting video available to view at [www.ctclusi.org](http://www.ctclusi.org)  
For information about the Tribes and upcoming Tribal events, please visit our website at [www.ctclusi.org](http://www.ctclusi.org)

Upcoming Events

August 1<sup>st</sup> – Breakfast with Tribal Council – Community Center 8:30 a.m. – 10:30 a.m.  
August 2<sup>nd</sup> – Salmon Ceremony – Baldich (Gregory Point) 11:00 a.m.  
August 6<sup>th</sup> – Elders Luncheon – Florence  
August 9<sup>th</sup> – Tribal Council Meeting, UO Long house in Eugene @ 10:00 a.m.  
August 11<sup>th</sup> – 15<sup>th</sup> – Culture Camp @ the Tribe’s Camp in Lakeside, OR.  
August 14<sup>th</sup> – 16<sup>th</sup> – Family Camp @ the Tribe’s Camp in Lakeside  
August 13<sup>th</sup> – Elders Day at Culture Camp  
August 18<sup>th</sup> – Tribal Family Gathering – TRC World Market Buffet in Florence at 6:00 p.m.

August 20<sup>th</sup> – Back to School Party – Pegasus Pizza in Eugene @ noon  
August 21<sup>st</sup> – Back to School Party – Abby’s Pizza in Coos Bay @ noon  
August 21<sup>st</sup> – Biggest Loser Weigh-in by 5:00 p.m.  
September 1<sup>st</sup> – 3<sup>rd</sup> – Elders Overnight – Oregon Coast Trip – Garibaldi  
September 7<sup>th</sup> – Labor Day (All Tribal Offices will be Closed)  
September 22<sup>nd</sup> – Tribal Family Gathering - Springfield  
September 25<sup>th</sup> – Biggest Loser Weigh-in by 5:00 p.m.  
September 25<sup>th</sup> – Native American’s Day



THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at [jmcneil@ctclusi.org](mailto:jmcneil@ctclusi.org). All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

<b>Administration Building</b> Alexis Barry Tribal Administrator 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll free 1-888-280-0726 Fax 541-888-2853 <a href="mailto:abarry@ctclusi.org">abarry@ctclusi.org</a>	<b>Contract Health Services</b> Sharon Arnold - Contract Health Specialist 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-4873 Toll free 1-800-227-0392 Fax 541-888-5388 <a href="mailto:sarnold@ctclusi.org">sarnold@ctclusi.org</a>	<b>Health Services</b> Assistant Director Elder’s Coordinator Iliana Montiel 1245 Fulton Ave. Coos Bay, OR 97420 Phone 541-888-7526 Fax 541-888-5388 Toll Free 1-888-280-0726 <a href="mailto:imontiel@ctclusi.org">imontiel@ctclusi.org</a>	<b>Florence Outreach Office</b> Physical: 3757 Hwy. 101 Mailing: P.O. Box 2000 Florence, OR 97439 Phone 541-997-6685 Toll Free 1-866-313-9913 Fax 541-997-1715
<b>Health &amp; Human Services Division</b> Vicki Faciane - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-7515 Toll free 1-888-280-0726 Fax 541-888-5388 <a href="mailto:vfaciane@ctclusi.org">vfaciane@ctclusi.org</a>	<b>Education Department</b> Angela Bowen-Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-1317 Toll free 1-888-280-0726 Fax 541-888-2853 <a href="mailto:abowen@ctclusi.org">abowen@ctclusi.org</a>	<b>Tribal Court</b> J.D. Williams Chief Judge 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll Free 1-888-280-0726 <a href="mailto:tribalct@ctclusi.org">tribalct@ctclusi.org</a>	<b>Tribal Gaming Commission</b> Brad Kneaper Chief Law Enforcement Officer 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-2830 Fax 541-997-7293 <a href="mailto:bkneaper@ctclusi-pd.com">bkneaper@ctclusi-pd.com</a>
<b>Department of Human Resources</b> Stephanie Watkins - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-7508 Toll Free: 1-888-280-0726 Fax: 888-723-3270 <a href="mailto:swatkins@ctclusihr.org">swatkins@ctclusihr.org</a>	<b>Family Services</b> Shayne Platz, Caseworker 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-744-1334 Toll Free 1-800-877-2718 Fax 541-744-1349 <a href="mailto:splatz@ctclusi.org">splatz@ctclusi.org</a>	<b>Cultural Department</b> Jesse Beers - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1319 Fax 541-888-2853 <a href="mailto:jbeers@ctclusi.org">jbeers@ctclusi.org</a>	<b>Tribal Police</b> Brad Kneaper Chief of Police 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-6011 Fax 541-902-6507 <a href="mailto:bkneaper@ctclusi-pd.com">bkneaper@ctclusi-pd.com</a>
<b>Tribal Housing Department</b> Linda Malcomb - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1310 Fax 541-888-2853 <a href="mailto:lmalcomb@ctclusi.org">lmalcomb@ctclusi.org</a>	<b>Tribal Dental Clinic</b> 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-6433 Toll free 1-877-688-6433 Fax 541-888-7505	<b>Springfield Outreach Office</b> 1126 Gateway Loop Suite 102 Springfield, OR 97477 Phone 541-744-1334 Toll Free 1-800-877-2718 Fax 541-744-1349	<b>Department of Natural Resources</b> Margaret Corvi Interim Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1304 Toll Free 1-888-280-0726 Fax 541-888-2853 <a href="mailto:mcorvi@ctclusi.org">mcorvi@ctclusi.org</a>



## CTCLUSI Resolutions

**RESOLUTION NO.:** 15-043

**Date of Passage:** June 24, 2015

**Subject (title):** Appointment to Blue Earth Federal Corporation Board of Directors

**Explanation:** Tribal Council appointed individuals as Directors of Blue Earth Federal Corporation.

**RESOLUTION NO.:** 15-044

**Date of Passage:** July 12, 2015

**Subject (title):** Approval of Enrollment of New Tribal Members

**Explanation:** Tribal Council, by a majority vote, adopted this Resolution approving the enrollment of the applicants and found them to be Members of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians:

**RESOLUTION NO.:** 15-045

**Date of Passage:** July 12, 2015

**Subject (title):** Changes and Corrections to the Roll- Name Changes

**Explanation:** Tribal Council of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians accepted and approved the Enrollment Committee's recommendation to change the names.

**RESOLUTION NO.:** 15-046

**Date of Passage:** July 12, 2015

**Subject (title):** Three Rivers Casino Resort, Coos Bay's Full On-Premises Sales and Off-Premises Sales Liquor Licenses

**Explanation:** Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians' Tribal Council approved Full On Premises Sales and Off-Premises Sales Liquor Licenses for the Three Rivers Casino Resort, Coos Bay effective retroactively to May 1, 2015, and remaining valid so long as the Tribal business establishment on Tribal Land maintains a valid state liquor license from the Oregon Liquor Control Commission unless earlier revoked or suspended pursuant to CLUSITC 5-1-10 or surrendered by the Licensee.

**ORDINANCE NO.:** 049C

**Date of Passage:** July 12, 2015

**Subject (title):** An Ordinance Revising Tribal Council Code (CLUSITC 1-9)

**Explanation:** Tribal Council adopted Ordinance 049C, which amended CLUSITC Chapter 1-9 (Tribal Council) to remove the last sentence of CLUSITC 1-9-4(a) due to the inconsistency with the Tribes' Constitution.

## Tribal Member Naomi Petrie Accepted into Dental Health Aide Therapist Program in Alaska

Submitted by Morgan Gaines,  
Communications Specialist

Tribal member Naomi Petrie has recently been selected as one of only two students in the lower 48 states to be accepted into the Dental Health Aide Therapist (DHAT) program. The DHAT pilot project in Oregon is funded by a grant from the Kellogg Foundation to the Northwest Portland Area Indian Health Board (NPAIHB). This is an incredible educational opportunity for her, and potentially the start of a wonderful career. After completing her two years of training and practical application in an Indian Health Services dental clinic, Naomi will have the opportunity to come work for our very own CTCLUSI Dental Clinic for the following four years.

What is a Dental Health Aide Therapist? DHATs work under the supervision of a dentist and are part of the larger dental team which includes dentists, dental hygienists, and dental assistants. By the time they begin practicing, dental therapists have more clinical experience in their small number



Naomi Petrie

Story continues on page 14

## Upcoming Weaving Workshop Dates: A letter from Sara Siestreem

Dear Community Members,

We have finalized the weaving workshop dates for September! Please email me at [sarasiestreem@hotmail.com](mailto:sarasiestreem@hotmail.com) to let me know you will be working with us.

**September 4:** *Introductions, Artist Talk and Project kick off slide show*  
(7 PM Florence Office)

**September 5:** *Spruce Root Dig and Processing*  
(10 AM Florence Office)

**September 10:** *Spruce Root Processing/Stage Two*  
(5:30 PM-8PM Florence Office)

**September 11:** *Dyes and Cordage Workshop*  
(5:30 PM-8PM Florence Office)

**September 12:** *All Day Tule/Spruce Weaving Workshop*  
(10 AM-4PM Florence Office)

**September 19:** *All Day Spruce Weaving Workshop*  
(10 AM-4PM Florence Office)

### CACHE: WEALTH ITEM II

These are pictures of another cache of the community weaving materials. They are currently part of an exhibition to fight cultural appropriation at Portland State University's Littman and White Gallery. If you are in Portland this month, please stop in and visit your future baskets. <http://littmanwhite.tumblr.com/upcoming> (Nettle, Dog-bane, Fire-weed, Maiden Hair Fern, Iris, Cat Tail, Tule, and Sweet Grass Sedge)

Looking forward to weaving with you in September!

Best,  
Sara



Pictured above: Community Weaving Cache currently on exhibition to fight cultural appropriation at Portland State University's Littman and White Gallery

Pictured below: Sara Siestreem stands in front of the cache with assistant Camas Logue (Klamath-Modoc) and his son Finn





## TRIBAL COURT VISITS LANE COUNTY

Submitted by Tribal Court

Judge J.D. Williams and Tribal Court Clerk Diane Whitson attended the Family Gathering in Springfield June 23<sup>rd</sup> to present information on Tribal Court and outreach efforts in that area to Tribal Members. They met with the Lane County circuit court juvenile judge, Valeri Love, earlier in the day to discuss inter-court cooperation when Tribal member youth are cited into the state court in both the Florence and Springfield/Eugene areas. At the family gathering, we updated Tribal members regarding the Lane County juvenile court's willingness to work with Tribal Court on juvenile cases. We also informed the gathering that, if any Tribal members are cited into circuit court in Lane County, they are encouraged to contact either Tribal Court staff or Family Services Outreach in Springfield. Once Tribal Court is aware of a state court proceeding, we can look at it to determine whether it is appropriate for transfer to Tribal Court or the Tribes' Peacegiving Court program. This can be very beneficial to Tribal members, particularly Tribal youth.

In addition, the latest brochures and Court information was left at the Springfield Outreach offices for Tribal members.

If you have questions, please contact Tribal Court at (541) 888-1306 or (541) 888-1316.



### Phone Tree for Gathering and Harvesting Opportunities

Every year we Gather and Harvest different traditional foods and weaving materials. We also gather resources such as camas, roots, bark, and other materials for basketry and tools. With each year seasons shift, which creates a challenge to schedule accurate dates for the gathering of many cultural resources. We are building a Phone Tree List for Tribal members interested in gathering opportunities. The Phone Tree list will be used on the auto-dialer for efficiency. If you are interested in being put on the list to participate **please contact Morgan Gaines at (541) 888-7536 or by e-mailing [mgaines@ctclusi.org](mailto:mgaines@ctclusi.org)** with your name and phone number. Also, please make sure your phone number is up to date with the Enrollment Department if you would like to receive regular periodical phone messages about other Tribal activities and events.

Thank you.

## PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving or Peacegiving Court issues are confidential.



Photo By: Jesse Beers

For more information about Peacegiving or Peacegiving Court, please contact the Peacegiving Court Coordinator at the address listed below.

Peacegiving Court Coordinator  
1245 Fulton Avenue  
Coos Bay, OR 97420  
PHONE: (541) 888-1306 or (541) 888-1316  
EMAIL: [Peacegivingcourt@ctclusi.org](mailto:Peacegivingcourt@ctclusi.org)

### Tribal Member and Tribal Employee Discounts at Three Rivers Casinos

Tribal members and one guest can enjoy a 25% discount in Coos Bay at Café 1297 seven days per week – Tribal members and one guest can enjoy a 50% discount in Florence at any of our food outlets seven days per week (exclusions apply on all alcohol). Tribal members are also offered 25% off in our gift shop on merchandise (exclusions apply on all alcohol and tobacco products)

Tribal members must be present to receive any discounts and must show your Tribal Identification Card for verification. Team members and Governmental staff can also receive a 25% discount at any of the Three Rivers Casino Florence restaurants and gift shop. This discount is valid from Sunday after 4 p.m. through Thursday. At this time there are no discounts available to staff at the Coos Bay location.

### Soft-shell Clam Consumption Advisory for the Entire Oregon Coast

Submitted by John Schaefer, Water Protection Specialist and Biologist

The Oregon Health Authority (OHA) issued a health advisory Monday, July 13, for the length of the Oregon Coast for soft-shell clams (also known as steamers) because they contain high levels of naturally occurring arsenic. Around 90% of the arsenic is concentrated in the tough skin covering the clam's siphon (neck), which is almost always removed before eating. Depending on location, OHA recommends limiting consumption between 11 and 33 meals per month for clams from which the siphon skin has been removed. Arsenic is a trace metal that can increase the risk of various cancers and cause other health problems with long term exposure. Since the arsenic present in the clams is naturally occurring, the advisory is likely to be permanent.



Detailed soft-shell clam consumption guidelines can found online at <http://public.health.oregon.gov/HealthyEnvironments/Recreation/FishConsumption/Pages/fishadvisories.aspx>

You can contact John Schaefer directly by calling 541-888-1303 or [jschaefer@ctclusi.org](mailto:jschaefer@ctclusi.org)



## “It’s Like the Desert in Here!” - Symptoms, Causes, and Treatment for Dry Mouth

Submitted By Shannon M. Schritter, BS, RDH

Is your mouth so dry that you sip on water all day long just to feel hydrated? Do you suck on candy to keep your mouth moist? Do you wake up several times a night with the feeling of cotton mouth? If you answered yes to any of these questions, you may have xerostomia, or what is known as dry mouth. Having a dry mouth can seriously affect your oral health, and needs to be addressed

*“CTCLUSI Dental Clinic can help you recognize the symptoms and then help you get the treatment you need!”*

as soon as possible! Your dental team at CTCLUSI Dental Clinic can help you recognize the symptoms and then help you get the treatment you need!

First, let’s discuss what to look for. The three questions asked at the beginning of the article are huge indicators of dry mouth. Other symptoms include sores in the mouth; sores or split skin at the corners of the mouth; cracked lips; a dry feeling in the throat; a burning or tingling sensation in the mouth and especially on the tongue; a dry, red, raw tongue; problems speaking or trouble tasting, chewing, and swallowing; hoarseness; dry nasal passages; sore throat; and/or bad breath.

After we diagnose you with xerostomia, (dry mouth), the next step is to determine a cause of your dry mouth, so we can best treat it. Symptoms of dry mouth can be linked to other health problems such as diabetes, Sjogren’s syndrome, HIV/AIDS, Alzheimer’s disease, anemia, cystic fibrosis, rheumatoid arthritis, hypertension, Parkinson’s disease, stroke, or cancer treatments. Dry mouth could also be a common side effect of a medication you are taking. Many over the counter and prescription drugs can cause dry mouth, including drugs to treat depression, anxiety, pain, allergies, colds, obesity, acne, epilepsy, high blood

pressure, diarrhea, nausea, psychotic disorders, and asthma. Your lifestyle also contributes to dry mouth. Smoking or chewing tobacco can affect how much spit you make and aggravate dry mouth. Breathing with your mouth open a lot can also contribute to the problem. We now know that your oral health and your overall health are closely linked, which is another reason why your dental team at the CTCLUSI Dental Clinic asks you to fill out a new health history once a year. New or existing health issues, and the medications to treat them, are the most common causes of xerostomia. If you

do not share these things with your dental team, we cannot help you to our fullest extent.

By now you’re probably wondering why dry mouth is such a big deal. To your teeth and gums, having saliva (spit) in your mouth to hydrate everything is a big deal. The health of your teeth and gums are at stake! Besides causing the symptoms mentioned above, dry mouth also raises your risk of gingivitis and periodontitis (gum diseases), tooth decay, and mouth infections, such as thrush. Spit helps prevent tooth decay (cavities) by neutralizing acids produced by bacteria, limiting bacterial growth, and washing away food particles. Your spit contains special proteins and enzymes that help coat your teeth. Without them, the bacteria naturally present in your mouth snack on sugar and carbohydrates like crazy, producing acid that eats away at your teeth at an alarming rate. You can go from no cavities at one dental visit, to a mouthful of cavities at your next 6 month checkup, even if you didn’t change your brushing or flossing habits in between.

The effects of dry mouth are fast, and can be devastating. It’s even important if you do not have any teeth in your mouth because having a dry mouth can make it hard to wear dentures.

It is very important to treat the symptoms of dry mouth as soon as possible. Sometimes that means treating the medical condition (diabetes, etc.) Sometimes that means trying other medications that may not have dry mouth as a side effect. Sometimes neither of these is a possibility, and we can only treat the dry mouth itself. Here is a list of the “Do’s” and “Don’ts” of dry mouth:

### DO:

- Suck on sugar-free or xylitol candy or chew sugar-free or xylitol gum.
- Drink plenty of water to help keep your mouth moist.
- Brush with a fluoride toothpaste, use a fluoride rinse, and visit your dentist and dental hygienist regularly.
- Breathe through your nose, not your mouth, as much as possible.
- Use a room vaporizer to add moisture to the bedroom air.
- Use an over-the-counter artificial saliva substitute (There are things like mouthwashes, toothpastes, sprays, and lozenges. Ask your dental hygienist.)

### DON’T:

- Drink caffeine or use alcohol. These products can cause dryness and irritation. Don’t use a mouthwash that contains alcohol. Your dental hygienist can help you find one.
- Use tobacco. If you smoke or chew tobacco, stop, because tobacco products can dry and irritate your mouth.
- Use over the counter antihistamines or decongestants if you can avoid it. These can worsen your dry mouth.
- Eat sugary or acidic foods and candies. They can increase the risk of tooth decay. Also avoid spicy or salty food because they can cause irritation in a dry mouth as well.

If you have any further questions about dry mouth, or you are due for your dental hygiene appointment, do not hesitate to call and schedule that today. The CTCLUSI Dental Clinic is open Monday through Friday, from 8 a.m. until 5 p.m.

### For Sale at the CTCLUSI Dental Clinic:

### Toothbrush Heads! Only \$5.00

These will fit the following electric toothbrush types: Oral-B Pro Series 1000-7000, Oral-B Vitality, Oral-B PRO-HEALTH Precision Clean Battery, and Oral-B PRO-HEALTH Dual Clean Battery toothbrushes. Call (541)888-1301 and ask for Shannon with any questions!



**NEW! Cross Action Toothbrush head:** Precisely angled 16° bristles to clean deep between teeth for a superior clean. Angled bristles at alternating lengths provide excellent teeth coverage and contour adaption



**Deep Sweep Toothbrush Head:** Angled power tip for hard-to-reach areas. Manual-like stationary bristles thoroughly clean tooth surfaces. Wide-sweeping bristles reach interdental spaces



**Floss Action Toothbrush Head:** Micro Pulse bristles penetrate proximal areas for a thorough, whole mouth clean. Gently removes up to 99.7% of plaque from hard-to-reach places



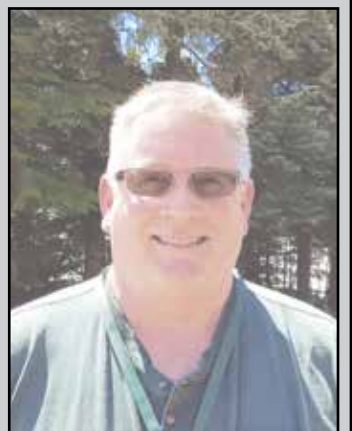
**Precision Clean Toothbrush Head:** A gentler brush head that delivers better tooth cupping for an improved every day brushing experience. Offers exceptional whole mouth cleaning for long-term oral health



**Sensitive Gum Care Toothbrush Head:** Extra Soft bristles gently clean sensitive and inflamed areas. Provides an extra-gentle brushing experience that’s ideal for sensitive teeth and gums

### Tribe Hires Forester Edward Vaughn

Ed started his forestry career as a seasonal firefighter for the California Division of Forestry. He received his Associates Degree in Forestry from Central Oregon Community College in Bend, OR. During his career path, Ed has worked for state and federal agencies, private industry and consulting companies. Ed comes to us from the Coquille Tribe where he was instrumental in building the forestry and timber sales programs. He has



designed and laid out all of the timber sales along with designing and laying out roads, cruising timber, appraising timber sales, contract administration and has managed all their reforestation and sivilcultural, and forest inventory efforts along with many other responsibilities. Ed has one daughter who lives in NY and he and his wife Jane make their home in Waldport, Oregon.

## Internship Program...continued from cover page

**Department of Natural Resources:** Interim Director Margaret Corvi brings on Courtney Krossman and Samuel Sprague. Courtney is majoring in Anthropology with a minor in Native American Studies. Her training is under the Tribes' Tribal Historic Preservation Officer/ Archeologist, Stacy Scott in the training and proper use of ground penetrating radar and archaeological field methodology. Samuel is finishing his degree in Environmental Studies at the University of Oregon. He is working under Margaret, and is responsible for environmental protection work for the Water Protection and Nonpoint Source Pollution Program. Samuel shares, *"I am a 28 year old Hanis Coos Tribal member for the Jordan family. I am married and have two children, and live in Eugene, Oregon. I grew up commercial fishing with my Dad off the Oregon coast on F/V Denny Boy. I teach bow making for the Tribe at the University of Oregon. I am currently Chair of the Culture Committee, and participate in many Tribal events. I enjoy the outdoors, and hope to find employment that allows me to be in the woods. Interning in the Department of Natural Resources for the Tribe has been an awesome experience so far, and I appreciate the opportunity. I will make the most of it."*

**Tribal Police Department:** Chief Law Enforcement Officer Brad Kneaper also has two new recruits: Kailyn Brainard and Michael Romine. Kailyn will be entering her junior year this fall at the University of Oregon. Her majors are Anthropology and Psychology and when she graduates, she will have a Bachelor of Science in both. *"My plan though is to get my doctorate in Anthropology. My area of interest is Forensic Anthropology. The reason I wanted to intern in the Tribal Police Department is because forensic anthropologists interact with police and police procedures regularly during an investigation."* Michael Romine will be entering his junior year at Western Oregon University. His degree program is Criminal Justice. *"My intent is to graduate with my Bachelors, then on to my Masters. When I graduate I plan on applying for our Tribal Police Department."*

In addition to the summer interns, the Government would like to recognize the intern placement of Melinda Sprague in the winter of 2015. Melinda, a senior at Eastern Oregon University, had the opportunity to positively impact the Tribe during her work experience. Her supervisor, Jeff Stump, Planning Director states, *"Melinda was a key member of the team tasked with developing the Tribes' application for self-governance. Melinda's writing and editing skills were a significant contribution to the project. The Tribe was the only Tribe in the country to be accepted into self-governance in 2015. Under tight grant reporting timelines and under some pressure, Melinda also contributed to the grant application for implementation of the "Healing of the Canoe" curriculum. The Oregon Youth Development Council awarded the Tribe \$99,000 for the implementation of the program."*



Melinda Sprague



Nicole Mendoza

To conclude 2015 internships, the Tribe is very excited in working with Nicole Mendoza. Nicole acquired her Bachelor Degree of Science in Nursing from Oregon Health Science University in 2010. She is currently attending Western University of Health Sciences completing her Masters of Science, Family Nurse Practitioner (MSN-FNP). In addition to her school attendance she works with The Rogue Regional Medical Center in Medford, Oregon. Many of you know Nicole for she has worked

and volunteered within CTCLUSI numerous times since 2004 and we appreciate her focus and drive. Nicole expresses, *"It has always been my intention to get my education and come back to aid the tribe in expanding and optimizing their healthcare perspectives and delivery systems."*

The Tribe recognizes the wisdom of a strong internship program as a tool to develop our people toward positive Workforce Development, all while providing a valuable and practical service to our Tribal Community. Thank you to the departments taking on this responsibility and thank you to the students who recognize the value of both their education and their contributions.



Start your Health Holiday Habits at the

# Annual Health Fairs

## Save the Dates

**October 23rd - Coos Bay**  
Tribal Community Center

**November 13th - Florence**  
Three Rivers Casino Resort Event Center

**Food Samples**

**Local Vendors**

**Prizes**

**Healthy Holiday Information**

**& more ...**





Please join us for dinner, fun and friendship  
with Tribal families

### Tribal Family Gathering Dinner

Tuesday, August 18, 2015  
at

Three Rivers Casino Resort  
World Market Buffet  
5647 Highway 126 Florence, Oregon

Dinner 6:00 pm—8:00 pm  
Doors open at 5:30

**Speaker: Stacey Howard | IDA Director**  
NeighborWorks Umpqua

Please R.S.V.P to Doug Morrison or Dee Dee Plaep @ (541) 997-6685 by August 14th.

**No transportation is available**

Sponsored by: Health & Human Services Division Diabetes Grant



# CTCLUSI Summer School 2015

Submitted by Tracy Blue, Education Specialist

We enjoyed a tremendous CTCLUSI Summer School 2015. The weather was fantastic for our 20 students. Summer School this year consisted of 3 weeks, with a new twist. Department of Natural Resources partnered with our Education Department to create a great learning environment for our students (and our teachers)! Staff included: Angela Bowen, Karen Porter, and Tracy Blue. Teachers included: Tanya Goodson, Talena Coplin, and Katy Adams. Teacher's Assistants included: Stephanie McNutt, Ashley Russell, Amber Bird, Adriana Villa and Katie Corcoran. There are many people who are necessary for the success of Summer School and we are very grateful and want to thank all those who participated for the

including culture, and traditional activities. This year we had a very good garden, full of activity with learning and planting vegetables, herbs and even some traditional tobacco. We had classes in the garden to teach everything from feeding the soil properly, to building a compost bin out of recycled pallets. The students learned the importance of why it is



Summer School youth work with the Department of Natural Resources to learn about and dissect owl pellets



Ramil Beers

benefit of our fine students. A big thank you to Jesse Beers for teaching culture such as the Salmon Honoring at our Potlatch and games such as Sweep the Plank House.

Every morning started out with our Plank House session, learning language taught to us by Mark Petrie, sharing knowledge and ideas by listening to each other, and with song and prayer. Elder/Tribal Councilman Doc Slyter came to visit and introduced the students to music history, flute history and even played the didgeridoo (Aboriginal Australian wind instrument). We want to send out a big thank you to the Elders who were invited to lunch with our students on July 8, where we were engaged in conversation, great lunch and exchanged gifts. A special big thank you to Arlene Perkins for the wonderful necklaces.

Mornings engaged the students in classroom learning and activities, and afternoons involved many experiential learning opportunities



A game of nauhina'nawos (now-hin-ah' nah-wus) at Sunset Beach, Oregon

mostly by the worms who work there every day. John Schaefer and Heidi Helms taught a very good tobacco class that included information on why Tobacco is important in our Native American culture.

The Department of Natural Resources here at CTCLUSI was very involved with the students and taught programs like



Raquel Helms

good for gardens to make and use compost, with examples given to the students



Ava Barton

recycling, and an entire course on shells (wow it was a lot of good information!), archeology, and dissecting owl pellets, which the students enjoyed very much.

Eddie Helms taught his wildly popular and tasty salmon smoking class, where the students learned hands on how to do the entire process from cleaning, making brine, washing and ultimately smoking the salmon. This year we enjoyed the finished product at our Potlatch during the last day of Summer School at Sunset Bay Beach. Also this year, Doug Barrett taught his fine culture classes of Tule weaving, and flint knapping.

Nauhina'nawos (Shinny) was played on several occasions with the big event on the last day at the beach. Doug Barrett was very creative as a player/coach for all of our student athletes. Every student that played showed lots of skill, and many of our students have only just started playing.

We have already received many positive remarks and comments from our students and teachers who want to sign up again next year.



The Education Department gifted all participants with blankets during the Potlatch



# DNR Activities at Summer School 2015

Submitted by Amanda Craig, Air and Water Protection Specialist

This year the Department of Natural Resources hosted four activities for the Tribal Summer School Class of 2015. The activities were designed to increase awareness about non-point source pollution and water quality. The first activity consisted of dissecting a Barn Owl pellet. An owl pellet is a regurgitated mass of indigestible parts of an owl's meal compressed into an egg-shaped pellet. The kids carefully break apart and sort through the pellet contents, identifying and re-articulating the bones of rodents and the occasional bird. The second activity was seashell sorting and identification. Prior to the activity, several gallons of unsorted shell material was collected from a local beach and placed in tubs for indoor "beach combing". Printed photo guides of common shells were provided. Once the kids identified their favorite shells, they were able to have them drilled for jewelry. The third activity started



Keanon Walton

out with a brief presentation about Recycling, Reusing, and Reducing waste, and how it relates to environmental health concerns throughout the world, with an emphasis on the Oregon Coast. The students were given bird feeders that were made from recycled materials, and then decorated them using more recycled materials and natural debris (leaves, sticks, moss) found around Tribal Hall. The final activity was a mock "geological-archeological dig", where the kids'



Ava Barton and Keia Russell

excavated plaster blocks with plastic spoons and sticks, which were embedded with miniaturized themes: mineral deposits, groundwater, hazardous waste sites, and archeological sites. The kids had fun identifying the objects and were able to keep their findings.



Summer School youth show off their recycled material bird feeders



Above left: Students participate in a mock "geological-archeological dig"



Above right: During the Recycling, Reusing, and Reducing waste activity, students made bird feeders out of recycled materials

Pictured at left: Alhana McNutt digs through a tub of shells in order to identify them and pick out pieces for future jewelry making

## Summer School Tribal Youth and Tobacco Awareness Activities

Submitted by Heidi Helms, Tribal Tobacco Coordinator

During summer school I teamed up with John Schaefer and together we presented to the Tribal youth a variety of activities on tobacco. Activities included presenting on distinguishing Tribal tobacco from commercial tobacco, as well as the cultivation of tobacco. Then the youth joined John and I at the Belex Tlxanii (Tribal community garden) to share and tell stories about traditional uses of tobacco and further distinguish the difference from

commercial tobacco. Kudos to all the Tribal youth who were listening and asking questions. The youth always inspire me with their thoughts and questions. Thank you to John for taking time out of his day and all his work in bringing our native tobacco back home. Also, thank you Summer School staff for making all this happen.





SCHOOL - TO - WORK 2015

Submitted by Conor Gagner, Family Services Caseworker Intern

The youth are the future of our Tribes, and if the attendees of the School-to-Work Program are any indicator for what's ahead for CTCLUSI, then our future is looking bright. On June 15<sup>th</sup> a group of our Tribal youth met at the Florence Office all with one goal in common: to prepare themselves to enter the working world. Organized by Family Service's caseworker Shayne Platz, this year's five-day "School-to-Work Program" was packed full of inspiration, training, and guidance for our tribal youth ages 15-21. The program was well attended by our youth who bonded over the week-long program and activities.

On Monday the 15<sup>th</sup>, each participant studied, tested, and received a food handlers card, as well as a professional

creation or update to their resumes, and a presentation led by Shayne on pursuing one's dreams and career goals. On Tuesday, June 16<sup>th</sup>, Doug Morrison instructed the group in the valuable skills of First Aid and CPR leaving everyone certified to handle basic medical situations and emergencies on the job and/or in everyday life situations. The following day the group toured both the Three Rivers Casino and Hotel in Florence and the brand new Casino in Coos Bay led by Bob Garcia, giving them a chance to see behind the scenes at how the Casino team members work.

On Thursday, June 18<sup>th</sup>, the group was presented to by Tracy Blue from the CTCLUSI Education Department on moving from schooling to careers and

vocations. Pam Hickson from Human Resources also gave a very helpful presentation on what to do and how to present one's self during an interview. The event closed with an inspirational talking circle hosted by Jesse Beers in which the Tribal youth shared their career goals, and also learned a little bit about the work Jesse does for the Cultural Department. The group of youth finished the week with a positive outlook on their professional futures, and a set of tools and knowledge to help them as they pursue their goals. Seeing the smiling faces of these hard working Tribal members as they prepared themselves for their working lives is a truly rewarding sight. The youth are indeed the future of CTCLUSI and it is our hope that our Tribes will continue to foster events that benefit the lives of our youth and future as a Tribe.

*"If the attendees of the School-to-Work Program are any indicator for what's ahead for CTCLUSI, then our future is looking bright."*



School-to-Work participants toured the Three Rivers Casino & Resort  
Pictured left to right: Alex Ford, Everett Dowdy, Zachary Pace, Grace Gagner, Conor Gagner, Eagle Roy, Bob Garcia, and Cougar Roy



School-to-Work participants in their new interview clothes  
Pictured left to right: Caseworker Shayne Platz, Alex Ford, Zachary Pace, Cougar Roy, Eagle Roy, Ashley Russell, and Casework Intern Conor Gagner

It's Back to School Time!



COME JOIN US FOR FUN, FRIENDSHIP, AND FOOD!

→ TIME: NOON TO 2:00 P.M.

→ WHERE: Eugene/Springfield AREA: PEGASUS PIZZA  
790 E. 14<sup>TH</sup> AVE. EUGENE  
Thursday Aug. 20<sup>th</sup> 2015

Coos Bay Area: ABBY'S PIZZA  
997 S. 1<sup>ST</sup> STREET  
Friday Aug. 21<sup>TH</sup>, 2015

- MUST SHOW TRIBAL ID
- YOU MUST ACCOMPANY YOUR OWN CHILDREN!
- NO TRANSPORTATION PROVIDED.

BACK TO SCHOOL TIME....

CUT OUT THIS SIGN UP AND SEND TO:

CTCLUSI EDUCATION DEPT.  
1245 FULTON AVE.  
COOS BAY, OR 97420

Or Fax to 541-888-2853

DEADLINE IS AUG.4<sup>th</sup>, 2015

(No sign ups accepted after that date.)

Supplies cards will be sent after the closing date.

Grades K-12 or ages 5-18 Enrolled CLUSI Students Only.

Name \_\_\_\_\_

Enrollment # \_\_\_\_\_

Address \_\_\_\_\_

School  
Attending \_\_\_\_\_ Grade \_\_\_\_\_

Home Phone  
Number \_\_\_\_\_

Parent/Guardian  
\_\_\_\_\_

Signature \_\_\_\_\_



## Family Camp has been Cancelled

Regretfully, due to severe fire danger conditions the Family Camp scheduled for August 14th -16th has been cancelled

## Culture Camp 2015



August 11th-15th

Culture Camp invites Tribal Family Youth 8-18 years old of the Coos, Lower Umpqua, Siuslaw, and the Coquille with the opportunity to learn traditional ways of living and having fun!

Activities will include survival skills, traditional games, as well as a range of self-building and team-building activities pertaining to Native Youth and our rich Culture.

Culture is Prevention!

### WHAT TO BRING:

- Changes of Clothing
- Warm Clothing
- Appropriate Swim Suit!
- Towel
- Sleeping Bag
- Pillow
- Tooth Brush/Paste
- Sandals/2 pairs of Shoes
- Flashlight
- Sunscreen

TRANSPORTATION IS PROVIDED FROM THREE LOCATIONS, **PLEASE STAY WITH YOUR CHILD UNTIL THEY ARE CLEAR TO GO:**

### PARENTS MUST DROP OFF KIDS ON Tues Aug 11th

Coos Bay Tribal Hall  
7:30 a.m.  
Florence Outreach  
7:30 a.m.  
Springfield Outreach  
7:30 a.m.

### PARENTS MUST PICK UP KIDS ON Sat Aug 15th unless Parents are coming to Family Camp

Coos Bay Tribal Hall  
11:30 a.m.  
Florence Outreach  
11:30 a.m.  
Springfield Outreach  
12:00 p.m.

For questions and to register contact Jesse Beers, Camp Director:  
**CELL: (541) 297-0748 or EMAIL: [jbeers@ctclusi.org](mailto:jbeers@ctclusi.org)**

## English to Hanís

### Family

	Vocative	Non Vocative
Father =	k'uula	ekwtlech
Mother =	niík'a	enech
Grandfather =	pkakii	pkakach
Grandmother =	uumash	uumashach
Older sister =	henikwii	henikwnach
Younger sister =	kwenetl'	wkiiyatlch
Older brother =	hetlii	hetlech
Younger brother =	matlik	mitlkwiiyech
Aunt (maternal) =	kwekwii	xkwínach
Uncle (maternal) =	axax	axííaxach
Aunt (paternal) =	at'	atach
Uncle (paternal) =	buuwii	buuwíiech
Son =	tluuwa	
Daughter =	kwaya	gwayashich
Grandson =	temmíisii	temísnech
Granddaughter =	tekatsii	tekítsinech
Cousín, friend (male) =	sla	sla'ach
Cousín, friend (female) =	xwíhl	xwihlech

Each month we will have a list of words to encourage learning the Hanis Coos language. Visit [Hanis.org](http://Hanis.org) and request a login today! Contact the Culture Department for more info at (541)888-1318.  
Thank you

## Summer Solstice June 21<sup>st</sup> 2015

Submitted by Mark Petrie, Culture Assistant



Mark Petrie participates in a tomahawk competition

Summer Solstice has come and gone, as it has since time began. Solstice is a time for ceremonies, feasts, games, and coming together. We gave thanks for the change of seasons, longer days, and all that the Creator gives us. For those who haven't joined in these ceremonies, they are very relaxed, low-key, and welcoming of all walks of life. You are welcome to come and observe, or participate at your leisure. The purpose is to give respect and to honor our ancestors and all good things that we receive in our lives.

At noon we drove to Sunset Bay and played *nauhina'nawos* (shinny) while Tribal Elders cheered and encouraged us as we faced off in the sand. We were grateful we had *wule'en* (good weather) all day.

This event is put on each year by the Culture Department and is largely supported by volunteer participants and is open to all tribal families and friends. We would like to thank all of those



A game of nauhina'nawos at Sunset Beach

who came and made the event memorable. Keep an eye out for the Winter Solstice flyer for December 21<sup>st</sup>.

## Lake Marie 1<sup>st</sup> Grade Fieldtrip -Community Outreach-

Submitted by Mark Petrie, Culture Assistant

Mark Petrie from the Culture Department and Amanda Craig from the Department of Natural Resources collaborated together to run a tule duck station for first graders from Reedsport on a fieldtrip to Lake Marie, located in the Umpqua Lighthouse State Park. About 60 students participated in six stations located around the lake. Activities ranged from making tule ducks, to identifying plants and aquatic insects, testing water quality, and soil conservation. Each station taught and entertained a group of 10 students for 20 minutes per session. We had a good time in great weather, although we were harassed by some mosquitoes, intermittently. A big thanks to Jim Grano, Siuslaw Salmon and Watershed Studies Coordinator, for organizing the event.





## Tribal Hall Open to the Community During Annual Clamboree Event

Submitted by Morgan Gaines, Communications Specialist

The 7<sup>th</sup> Annual Clamboree and Glass Art Festival was held on Saturday, June 27<sup>th</sup> in the Historic Empire District of Coos Bay, Oregon. The Tribe aided in sponsoring the event in the spirit of collaboration with our community partners. Three Rivers Casino Coos Bay had a blast at their booth during the event. They gave out t-shirts, slot play vouchers, and meal vouchers to those feeling lucky. There were also shuttle rides available from the event in Empire to our Tribal Hall, where tours of Tribal Hall, the Plankhouse, and the Tribal Museum were offered.

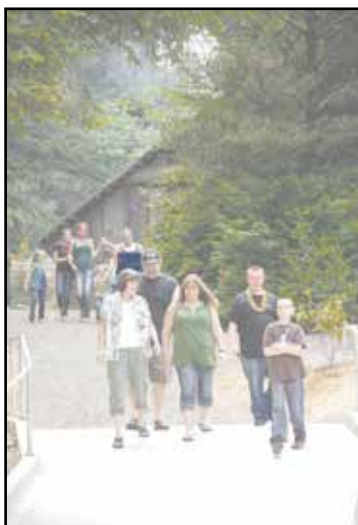
Courtney Krossman gave visitors tours of the museum, as well as offered a discussion on the history of the Tribes and our Tribal Hall. Council member Doc Slyter played flute songs and talked on early instruments and the evolution of flutes. Another member of Council, Tara Bowen, also joined the festivities and provided a recycling campaign and awareness through signs, t-shirts, and recycling bins provided at the event in Empire and at Tribal Hall.

Elder Carolyn Slyter, along with her grandson Scott Slyter, made up some delicious fry bread for everyone to enjoy. Fry bread is always a favorite amongst the visitors and Tribal members alike, and this batch was no exception. I don't think there was a single piece left at the end of the day!



Tribal members make fry bread for the Clamboree

Pictured left to right: Scott Slyter, Courtney Krossman, Sam Sprague and Carolyn Slyter



Above left: Community members walk back to Tribal Hall from visiting the Plankhouse  
Above right: Council member Tara Bowen and Carolyn Slyter help with recycling during the 7<sup>th</sup> Annual Clamboree and Glass Art Festival



## Unity Conference...continued from cover page

At this year's Conference over 1,800 youth from 42 different states and 3 different countries were in attendance. It is empowering to be surrounded by so many Native Youth all invested in the same common goal of strengthening their Nations through defining their own identities and roles within their communities.

Attendee Michael Romine said that: *"In the past few years I haven't been as involved as I would like to be in our Tribal Events. Going to this conference has inspired me to come back and learn our language, to be able to sing our songs, and dance our dances. I'm so grateful for Unity opening my eyes to how important it is for our Native communities to be involved and learn our culture."*

*"Being at Unity was so amazing, it feels almost surreal. The opportunity to meet so many indigenous people and celebrate the diversity and unity of so many cultures with over a thousand other Natives was inspiring and unforgettable."*

- Conor Gagner

Unity is a wonderful way to network with other Tribes and learn about all the different opportunities available to Native youth. Unity has sparked a fire within the four of us. We want to encourage every youth to get involved with Youth Council and Unity.

As we continue to develop our Youth Council, we plan on focusing on community building and strengthening our cultural identities through language. Being able to introduce yourself in

your Native language is one of the most important things about being a Native leader. It is our goal that each Tribal youth knows who they are, where they come from, and are how important their role is within not only our Tribal community but all Tribal Nations.

Unity Conference 2016 will be held in Oklahoma City, Oklahoma. By that time, we should have a well-developed Youth Council with a community project well underway. We hope to send four Tribal youth representatives to next year's gathering. If you, too, would like to get involved with the development of Youth Council, please contact us at [vfaciane@ctclusi.org](mailto:vfaciane@ctclusi.org). Be sure to check out future additions of the Tribal newsletter for upcoming Youth Council activities.



Nicole Romine, Michael Romine, Courtney Krossman, and Conor Gagner

Photos provided by Courtney Krossman





# Elders Corner

Welcome New Tribal Elders

Cathy Estes  
&  
Cherity Macauley

ELDERS OVERNIGHT – OR Coastal Railroad Excursion – Garibaldi, OR



September 1st – 3rd, 2015

- Tillamook Cheese factory
- Train ride
- Air Museum

And much much more.....

RSVP to Iliana Montiel at 541-888-7526 by **August 20<sup>th</sup>** to reserve your spot!

Space is limited.

ELDERS DAY AT CULTURE CAMP

Thursday, August 13, 2015

10:00 a.m. to 3:00 p.m.

Transportation is being provided from Coos Bay Admin, Springfield and Florence Outreach offices.

Bus will leave from the Coos Bay Administration & Florence Outreach at 9:00 a.m.

Vans will leave Springfield at 8:00 a.m.

CAMP EASTER SEALS

North Tenmile Lake, Lakeside

Lunch will be provided

Please R.S.V.P. by **August 10<sup>th</sup>** for directions and to arrange for transportation

Iliana Montiel at 541-888-7526

Elders Luncheon

August 6, 2015

Three Rivers Casino & Resort - Florence, OR.

Market Place Buffet


11:30 a.m.

ANTI-AGING SUPERPOWERS: Help your Brain

Go Green Every Day:

Loading up on six (6) or more servings of leafy green vegetables as part of a healthy, Mediterranean-style diet can help slash your risk for developing Alzheimer's disease by more than 50%, according to a recent Rush University study. Vegetables like spinach, kale and Swiss chard are packed with antioxidants that act like a vacuum to suck up toxins and free radicals in the brain that may play a role in dementia. [Fiona Gupta, M.D., a neurologist at New Jersey's Hackensack University, Medical Center]

Try tossing a handful of baby spinach into a morning smoothie, swapping your lunch sandwich for a big kale salad or serving your chicken or fish over a bed of sautéed Swiss chard at dinner.



Grilled Chicken with Roasted Kale

- 1/2 pound small, red skinned potatoes, cut into 1/2" pieces
- 2 TBS olive oil + a bit more for brushing
- 1 large bunch of kale, stems removed and leaves torn (about 10 cups)
- 3 cloves of garlic, thinly sliced
- Salt and pepper to taste
- 2 large, boneless chicken breasts (about 1 1/2 pounds)
- 4 cups mixed salad greens
- 1/2 cup cherry tomatoes, halved
- 1/3 cup parmesan cheese (fresh/grated)
- 1 TBS lemon juice (fresh is best)

Directions:

Preheat oven to 425. Toss the potatoes with 1/2 tsp olive oil on a rimmed baking sheet; spread in a single layer and roast for 5 minutes. Toss the kale in a large bowl with the garlic, 1/2 tsp olive oil. 1/4 tsp salt and pepper to taste. Add to the baking sheet with the potatoes and toss. Roast until the kale is crisp and the potatoes are tender, stirring once. About 15-20 minutes

Meanwhile, preheat a grill or grill pan to medium and brush with olive oil. slice the chicken breasts in half horizontally to make 4 cutlets. coat evenly with 1/2 tsp olive oil and season with salt and pepper. Grill the chicken until well marked and cooked through, 2-4 minutes per side. Transfer to a plate.

toss the kale, potatoes, the remaining 1/2 tsp olive oil, the salad greens, tomatoes, parmesan, lemon juice and salt and pepper to taste. Divide the chicken among plates and top with collected juices and serve with the kale salad.

sources:

article: Walgreens; Anti Aging Superpowers, Marygrace Taylor

clip art: brain: clipartpanda.com

food: pinterest.com


recipe: www.foodnetwork.com

Submitted by Brenda Brainard

Tribal Member Veterans Photos

If you or a member of your family is a veteran and you would like to have a photo on display at the Tribal Hall please mail a 5x7 copy with the name and Tribe of the veteran to Jacob Petrie at 1245 Fulton Ave Coos Bay, OR 97420 or by email to jnpetrie@ctclusi.org

THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share please submit your information and photos to the newsletter.

August 14<sup>th</sup> is the deadline for submission to September edition.

E-mail [mgaines@ctclusi.org](mailto:mgaines@ctclusi.org) or call 541-888-7536



## Dental Health Aide Therapist...continued from page 4

of procedures than dentistry school graduates.

Dental therapists are experts in routine and preventive care. They are trained to provide 46 procedures, but in addition to providing routine care, dental therapists play the critical role of patient educator, bringing greater awareness to the importance of good oral health.

Both dentistry and prevention are fields that Naomi is excited to be a part of. Naomi just graduated Valedictorian from North Bend High School. She had planned on entering the nursing program at Southwestern Oregon Community College in the fall, but is excited to be going on this new path. *"Before nursing, I had actually wanted to become a dentist, but there were so many years of schooling, and then I met a lot of great nurses who influenced me to go into nursing, but I'm glad I've gotten the opportunity to go back into dentistry again."*

For the first year, Naomi will be living in Anchorage, Alaska where she will complete her training program. In her second year she will be working to complete her training and practical application in Bethel, Alaska.

When asked how she felt about getting to be a part of this program Naomi said: *"I am just really grateful to have this opportunity...I am really happy to make our Tribe proud and come back and help as much as I can."*

Good luck in Alaska Naomi, we can't wait to see how your journey through this amazing program goes. We are confident you will soar.

## Recruiting Now!!!!!!!



And with it is the perfect time to make **positive lifestyle changes**, and **prevent the onset of diabetes**.

If you are Native American, and have an elevated fasting blood sugar, you may qualify for an amazing program that provides the following:

- **Education and exercises on healthy eating**
- **Education on healthy eating in restaurant settings**
- **Weight Loss Strategies**
- **Lifestyle Coach/Personal Trainer**
- **Cooking Classes**
- **Free Exercise Equipment/ Gym Dues**
- **Ongoing Support**

**\*\*\*\$100 dollars of monthly nutrition cards to Safeway\*\*\***

***Interested in beginning your journey to wellness?***

Contact:

**Danelle (Dani) Bliss**

**541-888-9494, ext: 20216**

**Danellebliss@coquilletribe.org**

## Summer Employment Program

Submitted by Stephanie Watkins, Human Resources Director

After highlighting our Internship Program, I would like to introduce another Tribal Workforce Development program - the Summer Employment Program, also very important for our students and our Tribe. The Three Rivers Casino Resort has allocated three positions for Tribal Members seeking work for summer months. Programs such as Summer Employment helps the Tribe communicate an awareness of all the Tribal entities while offering valuable work experience to the participants. This year we welcomed Shawn Brainard, Joe Greene and Eagle Roy.



Shawn Brainard, Eagle Roy, and Joe Green

Shawn Brainard graduated from Willamette High School in Lane County in June 2015 and is heading to Western Oregon University in the fall. This is Shawn's second year in the Summer Employment Program, previously working in Food and Beverage at the Florence Casino property. This year, he requested to be part of the Tribe's Human Resources Department. Here, he is learning to deliver all the services we provide to our valued staff in all entities.

Joe Greene is going into his senior at Walla Walla High School in Washington State where he will graduate in June 2016. "After my high school graduation, I plan on attending classes at Lane Community College where I will be studying diesel mechanics." Joe was eager to work at Ocean Dunes Golf Links. He jumped right in during the busiest season at the course. Each day, he works diligently to keep the property beautiful for the golfers and guests.

Eagle Roy graduated from North Bend High School in Coos Bay June 2015. During his high school experience he also worked on beginning his college course work by participating in some Advanced Placement courses, which are challenging introductory college courses taught in high school to students who are motivated to excel. Currently, Eagle plans on moving toward a degree in music. As many of you already know, he is a delight to be around, and he will be lighting up our restaurant, Café 1297, at Three Rivers Casino Coos Bay.

Summer employment opportunities like these are a winning combination for both the Tribe and our Tribal Members. For our students, the work experience is focused, practical and a key to ensuring they make good career decisions. Additionally, it aids them in building networks of resources that include our leaders, co-workers, Tribal Members and Tribal services. For the Tribe, by employing our Tribal students, we help reveal their talent early in their journey, and in turn, help support the wellbeing our Tribal Community by building their futures. What a blessing it is to pay it forward to our next generation! We look with expectation to the future and all that these young ladies and gentlemen will accomplish.

## Have you Updated Your Contact Information with the Enrollment Department?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to the Enrollment Department at 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853

Having your current information ensures that you receive correspondence from the various Tribal departments, your annual Christmas check, as well as upcoming event invitations, and of course your monthly newsletter.



# Seeking Input from General Council: Future of nauhina'nawos/ pekuuwii field at Tribal Hall

Last month the newsletter featured an article on nauhina'nawos/pekuuwii. Now that we all know more about this traditional game, I'd like to relay some issues that we've had in recent years concerning a place to play. Until the Tribal Trail project was completed 2013/2014, Tribal members played on a hard packed sandstone swath of land that sits between the garden area and the scrub forest. The Trail project, funded by Dept. of Transportation funding, increased the size of the field to roughly 50x100 yards. This field worked well for play, though it was hard packed still, and was utilized weekly by the Tribal after school program and during summer school.

When Three Rivers Casino Coos Bay was originally proposed, no impact on the field was identified. Due to a court case in California the decision was made to move the projected facility onto the reservation to avoid possible lawsuits. Half the field was taken by construction of the new facility and some hard feelings were created. Tribal council has expressed that they would like to make it right and create a field somewhere on the reservation using Casino funding.

A council member came to the Culture Committee asking for guidance on the size and location of the new field, and a few ideas were generated. Using the existing fragment of the field was suggested, and is feasible for practice or playing catch, but isn't large enough to play a game. The next option proposed was to move Belex Tlxanii to the campsite area and put the field there. This option encountered resistance from the Garden Committee and some general council members, and was taken off of the table. The third option is to raze an area of scrub forest adjacent to the old field near

the Casino, but since opening, the Casino has graveled part of this area and is using it for employee parking. The fourth option that was identified is a no build alternative. Because our reservation is our cultural base, is only 6 acres, and is rapidly being modified, the Culture Committee feels that Tribal members have the right to weigh in on this proposed alteration. There are many layers to the issue, and I will try to lay both sides of them out.

Having a nauhina'nawos field near Tribal Hall has been important since I have been around. Any time people want to go play during Tribal activities, they can simply get the sticks and go play. Having the space also creates a sizeable enough area to shoot bow and throw atlatl safely. Most of our cultural activities and classes happen at Tribal Hall, so the opportunity to play seems greater with a field nearby. Also, staff have expressed concern about having to transport kids to the beach every time they want to play a game, and whether or not the beach may be available during peak use season. If a field is built near Tribal Hall, it will either be hard packed sand-like material or grass. In a full contact game, grass is always the better option, but that will include maintenance costs. Many have expressed a desire to play on sand, but wind action would likely blow the sand into the areas around the field anyway.



Tribal Youth play a game of nauhina'nawos at Sunset Beach during Summer School 2015

The other side of the coin is that traditionally we played on the beach, and currently we have been doing so in lieu of having a field. People seem to be enjoying playing on the beach so far, and it has allowed us to have a positive public presence in our ancestral lands. Going to the beach is not only an opportunity for those who want to play, but for those who want to play other games in the sand. Playing in the sand is better exercise, but has other risks such as sand in the eyes or mouth.

Bastendorff Beach is roughly 8 miles or 15 minutes from Tribal Hall. North and South Jetty beach are 3 to 4 miles away, roughly 5 minutes drive, from the Florence Outreach Office. On the beach there is no size limit to the field, except if the public is using part of it. Also at the beach, the traditional face-off can occur as the tossle is buried in the sand.

The area that would be levelled near the casino was logged some 30 years ago and now supports shore pine, alder, sphagnum moss, grasses, scotch broom and other plants. Deer and rabbits use the area frequently as a corridor through Empire. I have always known it to be as it is, a small forest. In planning for future generations of all beings, active management of this area could produce a culturally significant forest.

In closing, as a Tribe with a small reservation and cultural area, what are your opinions about the issues described above? Your opinions as general council are valued and needed. To voice your opinion please go to the Tribal website [ctclusi.org](http://ctclusi.org), use your Tribal member login to access the private side of the site, and you will find a link to take a poll on the home news feed. The poll will close on August 31<sup>st</sup>. Or you can call me, Sam Sprague, at 541-888-7511 with any comments.

Thank you, hiis haiyach (with a good heart)

*Sam Sprague*

Culture Committee Chair



## Department of Human Resources


### Current Openings at CTCLUSI and All Other Tribal Entities

**Three Rivers Casino Resort ~ Florence**  
Bartender ~ Beverage Server ~ Barista  
Food Server ~ Host ~ Busperson  
Buffet Station Attendant  
Guest Room Attendant ~ Laundry Attendant  
Security Officer I  
Special Events Team Member  
Cage Cashier  
Slot/Keno/Bingo Attendant  
Table Games Dealer  
Golf Course Golf Shop Clerk

**Three Rivers Casino Resort ~ Coos Bay**  
No Openings at this time

**Blue Earth**  
No openings at this time

**Tribal Government Offices**  
Dentist  
Special Events Employee  
Tribal On Call Cook



<http://ctclusi-int.atsondemand.com/>  
Go to **Job Opportunities** on the website for full job posting and to Apply Online  
**Updated Daily**  
Or call Recruitment at **541-902-6504**



## Take Charge of Your Professional Development: Tips for Helping You Grow

Submitted by Mike Smith, Training and Development Specialist

Many of the workforce development articles submitted by Human Resources are intended to coach those who are seeking work opportunities. But what about those who are already working? It's easy to get complacent about professional development when you're employed. If you already have a job, why should you go above and beyond to improve your skills, especially if it's not required by your company?

But making an effort to help yourself grow professionally will help you succeed, both in the short term and in the long term. And if you don't learn new skills and acquire new knowledge and experience, you're likely to fall behind your peers, which could be detrimental when you look to change positions.

"If you don't [focus on professional development], you won't be marketable in your field in five years," Alexandra Levit, author of *New Job, New You: A Guide to Reinventing Yourself in a Bright New Career*, wrote in an email. "In this [employment] climate, you always have to be looking ahead to what is going to be required in your potential next role."

Levit recommends focusing on transferable skills that are relevant across a variety of industries and positions. That way, even if you can't use them now, they'll likely come in handy later.

Taking charge of your professional development has become even more important since the recession, because some companies no longer have the funds to help employees grow beyond their basic duties. And since employees tend to have shorter stays with companies than they did years ago, companies may not see the value in training an employee they could lose. Of course, employee-retention experts say that's exactly why companies should offer professional development: because it helps them

keep and cultivate their best talent.

"Companies have less resources to do professional development because as they've cut back, everybody's down to muscle and bone," says Rusty Rueff, career and workplace expert at Glassdoor.com, a website that offers insight into careers and companies. "You have to take control of your own development ... and find ways to make it happen."

*"If you don't [focus on professional development], you won't be marketable in your field in five years...In this [employment] climate, you always have to be looking ahead to what is going to be required in your potential next role".*

*-Alexandra Levit*

### Here are 10 ways to help yourself grow professionally even without the support of your company:

**1. Take a class.** Just because you're no longer in school doesn't mean the classroom is off-limits. Plenty of universities offer classes for adults, often in the evening so you can attend around your job schedule. Online classes are another convenient option. Take a class on a topic that's relevant for your job, or learn about something that's totally unrelated for a change of pace. Either way, you're growing, which is the over-arching goal.

**2. Teach yourself a skill.** You don't always need structure or a class to learn something new. Pinpoint skills that are desirable in your line of work, and start practicing. Website-building or social-media skills are a perfect example, and they're desirable across the board. Jump into a project, and learn the ropes as you go.

**3. Volunteer.** "Because [nonprofit] organizations are so hungry for hands," Levit says, "you'll get the opportunity to master leadership skills you might not have the chance to practice otherwise." And, she adds, "you'll be doing it in a real-world environment, which makes the experience better than if you, for example, took coursework or training seminars."

**4. Master an online tool.** Even those of us who organize our lives via digital tools don't always make the most of them. The Web is full of free video tutorials on how to use networks like LinkedIn and Google+, as well as tips on organizing your Gmail life. Think about how you can increase your efficiency, and scour the Internet for resources to help you accomplish that.

**5. Seek out people who are on the career path you aspire to.** Ask them how they got to where they are. With a little effort on social media, Rueff says, you can easily find out who holds a certain position—or who used to hold it—and reach out to them. Especially if you stroke their ego a bit, people are often happy to talk about the path they took in their career, as well as what worked and what didn't. Learn from their successes and mistakes.

**6. Shadow a colleague.** Find workers within your company who do something you want to learn, and stop by their office occasionally to ask questions, Rueff suggests. You don't need an official shadowing program to accomplish this, just your own initiative. "You will learn a lot by listening and watching, and a little bit by osmosis," he says.

**7. Find a mentor.** Take that find-a-successful-person goal one step further and identify someone who's willing to give you guidance and advice. Even if you don't feel comfortable calling that person a mentor, having someone to run ideas by who has more experience than you can go a long way toward helping you make the right decisions. The key here is that they have to have an interest in helping you.

**8. Read.** Devour books and articles and blogs within your niche, but also pick reads that are outside of your normal professional box, Rueff says. "Read things that are outside of your own industry and experience, and then stop and think about, how can I relate that and apply it to my business?" he says.

**9. Attend a conference.** Figure out which conference is most worthwhile for people who work in your target industry and go, even if it means using vacation time. Not only will you learn new skills, you'll also make new contacts. Emily Bennington, who helps new college graduates transition from the classroom to the workplace, advises researching who's going and connecting with those people on social media before the event, so you can arrange an in-person meeting and facilitate a stronger connection.

**10. Don't neglect your "soft skills."** Most of us know our weaknesses, whether we need to be more organized or do a better job of meeting deadlines or simply prioritizing in a smarter way. Putting effort into improving those skills will make you more marketable no matter what field you're in, says Joseph Grenny, an organizational-development expert and co-author of *Change Anything: The New Science of Personal Success*.

*"Don't do it for your boss," Grenny says. "You're doing this for you."*

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in Florence  
Every Sunday! 11:00AM - 4:00PM  
Every Thursday! 10:00AM - 2:00PM & 3:00PM - 7:00PM

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\$75 per person  
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