



21st Annual Elders Honor Day 2017

Contributed by Andrew Brainard, Elders Activities Coordinator/CHR

With close to 400 Elders in attendance, the 21st Annual Elders Honor Day was a great success! Tribes coming together this year included: Confederated Tribes of Warm Springs, Confederated Tribes of Siletz, Confederated Tribes of Umatilla Indian Reservation, Confederated Tribes of the Lower Rogue, The Klamath Tribes, Confederated Tribes of Grande Ronde, Karuk Tribe, Coquille Indian Tribe and Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians.

Chairman Mark Ingersoll opened up the event on Friday, March 17, by welcoming everyone to the Elders Honor Day, which was held at the Three Rivers Casino Resort Event Center in Florence, Oregon. He then introduced the previous and current Tribal Council members from both CTCLUSI and the Coquille Indian Tribe, and he recognized the Elders committee members from CTCLUSI and CIT. Following Chairman Ingersoll's remarks, the Color Guard of each hosting tribe presented the colors and eagle staff. Color Guard members present included: Chief Warren Brainard, Chief David Brainard, Skip Brainard, Paul Benasco, John Garrett and Les Mecum.

After the colors were posted, Chairman Ingersoll presented the honors for the Eldest Female and Eldest Male: Grandma Agness (Confederated Tribes of the Siletz) and CTCLUSI's own Paul Benasco. Finally, it was time to announce the Queen and King and present them with gifts from both hosting Tribes. The Queen was Lidell Miller of the Klamath Tribes and the King was Dale Henry of the Confederated Tribes of Umatilla Reservation. Included in the gift baskets for all four honorees were beautiful necklaces hand-made by CTCLUSI Tribal Elder Arlene Perkins. The crowns for King and Queen were hand-made by CTCLUSI Tribal member Morgan Gaines. Also included in the gifts the King and Queen were mini-paddles which were made by CTCLUSI Tribal Elder George Barton and painted by his wife, Barb. All attendees to Elders Honor Day received gift bags which include a tee shirt, canned salmon, cranberries, snack items and a beautiful beaded key chain made by a group of CTCLUSI Elders and spouses from the Springfield Outreach Office. Many thanks to all of our talented Tribal artisans!

Prior to lunch, the Confederated Tribes of Grande Ronde presented gifts to Chief Warren Brainard and Chief Don Ivy for each tribe's dedication in putting on this year's Elders Honor Day. Wilson Wewa from the Confederated Tribes of Warm Springs following by thanking both Tribes.

After an invocation by Chief Warren Brainard, lunch was served. During the wonderful lunch, the Elders were treated to entertainment by youth from the Healing of the Canoe of both hosting Tribes, led by Ashley Russell from the Confederated tribes of the Coos, Lower



Chairman Mark Ingersoll of CTCLUSI and Chairwoman Brenda Meade from the Coquille accept gifts on behalf of the Tribes for hosting the 21st annual Elders Honor Day. Many thanks for the many Tribes generous gifts and kind words.

Our very own Coos Tribal Elder Paul Benasco was honored as the Eldest Man during the 21st Annual Elders Honors Day (pictured right)

Pictured below: HOC Youth from CTCLUSI and Coquille performed a traditional story reenactment for the Elders during Elders Honors Day 2017



Story continues on page 11

More photos from the event can be found in the Elders Corner on Page 12 and 13

Important PRC Information

Please remember, you must call PRC at (541) 888-4873 or (800) 227-0392 to get a Purchase Order (PO) before you go to your medical appointment. Claims without a PO will be denied and you will be responsible for payment to the provider.

Tribal Council Business

As Reported at the March 12, 2017 Regular Tribal Council Meeting

Chief Warren Brainard:

Feb 12 Regular Council Meeting
Feb 13 Land Board Meeting
Feb 14 Land Board Meeting
Feb 16 Enrollment Committee Meeting; Executive Work Session; Gaming Operational Review Board Meeting (GFORB)
Feb 21 Health Committee Meeting
Feb 22 Tribal Council Business Meeting
Mar 1 REDW Interview
Mar 2 Land Use Meeting; Executive Work Session
Mar 8 Department of State Lands Meeting
Mar 9 Culture Committee Meeting; Executive Work Session; Gaming Operational Review Board(GFORB)
Mar 10 Rotary Meeting in Florence

Doc Slyter:

Feb 12 Regular Council Meeting
Feb 15 Housing Committee Meeting
Feb 16 Culture Committee Meeting; Executive Work Session; Gaming Operational Review (GFORB)
Feb 17 Eastside Boat Ramp Canoe Pull
Feb 19 Town Hall Meeting with Ron Wyden
Feb 21 Healing of the Canoe Youth Meeting
Feb 22 Observed Tribal Court Proceeding; Tribal Council Business Meeting
Feb 24 Tour of Gregory Point & Plankhouse with Tenzing Lahdon- Department of Justice
Feb 26 Conference Call with Council about Jordan Cove
Feb 27, 28 Observed Jordan Cove Drilling
Mar 1.2.3.4,5 Observed Jordan Cove Drilling
Mar 2 Land Use Meeting; Executive Work Session
Mar 8 Department of State Lands Meeting
Mar 9 Culture Committee Meeting; Executive Work Session; Gaming Operational Review Board (GFORB)
Mar 11 Area & Properties tour with Legal Counsel, Scott Wheat

Beaver Bowen:

Feb 12 Regular Council Meeting
Feb 16 Executive Work Session; Gaming Operational Review Board Meeting (GFORB)
Feb 22 Tribal Council Business Meeting
Feb 26 Conference Call with Council about Jordan Cove

Mar 1 REDW Interview
Mar 2 Land Use Meeting; Executive Work Session
Mar 9 Executive Work Session; Gaming Operational Review Board (GFORB)

Teresa Spangler, Vice - Chairman:

Feb 12 Regular Council Meeting
Feb 15 Housing Committee Meeting
Feb 16 Economic Development Workgroup; Executive Work Session; Gaming Operational Review Board Meeting (GFORB)
Feb 22 Tribal Council Business Meeting
Feb 26 Conference Call with Council about Jordan Cove
Feb 28 REDW Interview
Mar 2 Executive Work Session
Mar 8 Benefits Board Meeting
Mar 9 Executive Work Session; Gaming Operational Review Board (GFORB)

Arron McNutt:

Feb 12 Regular Council Meeting
Feb 16 Executive Work Session; Gaming Operational Review Board Meeting (GFORB)
Feb 22 Tribal Council Business Meeting
Feb 26 Conference Call with Council about Jordan Cove
Mar 1 REDW Interview
Mar 2 Executive Work Session
Mar 9 Executive Work Session; Gaming Operational Review Board (GFORB)

Tara Bowen:

Feb 12 Regular Council Meeting
Feb 16 Executive Work Session; Gaming Operational Review Board Meeting (GFORB)
Feb 22 Tribal Council Business Meeting
Feb 26 Conference Call with Council about Jordan Cove
Mar 1 REDW Interview
Mar 2 Executive Work Session
Mar 9 Executive Work Session; Gaming Operational Review Board (GFORB)

Mark Ingersoll, Chairman:

Not Present

CTCLUSI Resolutions

RESOLUTION NO.: 17-018
Date of Passage: February 22, 2017
Subject (title): Appointment of New Gaming Commission Members
Explanation: Tribal Council appointed four (4) members to the Gaming Commission by majority vote.

RESOLUTION NO.: 17-019
Date of Passage: February 22, 2017
Subject (title): Eugene 4J School District, Title VII, NATIVES Program Support
Explanation: Tribal Council approved the goals and spirit of the Eugene 4J School District's NATIVES Program Goals; this support constitutes no obligation, authority, responsibility or financial cost to the Confederated Tribes of Coos. Lower Umpqua and Siuslaw Indians.

RESOLUTION NO.: 17-020
Date of Passage: February 22, 2017
Subject (title): Authorization to Request Funding from the Oregon Health Authority (OHA) for the Tribal Tobacco Prevention Education Program (TTPEP)
Explanation: Tribal Council approved the submission of the Request For Application (RFA) for the 2017-2019 Grant Cycle. The TTPEP Grant supports the Tribes' Mission Statement by promoting health and successful families; affirming and nurturing our cultural and acknowledging our responsivity to the land the Tribal community.

RESOLUTION NO.: 17-021
Date of Passage: February 22, 2017
Subject (title): Approval of the submission of the 2016 Annual Performance Report to HUD
Explanation: Tribal Council approves the submission of the required Annual Performance Report showing how grant money was spent and completed goals and objectives in the Tribes Indian Housing Plan.

RESOLUTION NO.: 17-022
Date of Passage: February 22, 2017
Subject (title): Recommendation for the Architect/Engineering Contract for the CTCLUSI Dental Clinic Expansion & Remodel Project
Explanation: Tribal Council approves the final selection list for the purpose of contracting with an architect/engineering firm for the CTCLUSI Dental Clinic Expansion & Remodel Project

RESOLUTION NO.: 17-023
Date of Passage: February 22, 2017
Subject (title): Approval of Proposed Final Funding Agreement between CTCLUSI and The Secretary of the Department of Health and Human Services for the Term 1/2/2017 through 12/31/2021
Explanation: Tribal Council approves that the proposed funding agreementfor2017-2021isappropriateforexecutionandimplementation.

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc.
Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
ATTN: Tribal Council 1245 Fulton Ave.
Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and intersted in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE

NORTHWEST FOREST PASSES
Now available at the Tribal Administration Building, Florence and Springfield Outreach offices.
Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org
If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief

Tribal Chief
541-297-1655 (cell)
wbrainard@ctclusi.org

Doc Slyter

Position #1 Council
541-808-7625 (cell)
dslyter@ctclusi.org

Beaver Bowen

Position #2 Council
541-290-4531 (cell)
bbowen@ctclusi.org

Mark Ingersoll, Chairman

Position #3 Council
541-290-4610 (cell)
mingersoll@ctclusi.org

Tara Bowen

Position #4 Council
541-808-7394
tbowen@ctclusi.org

Teresa Spangler, Vice Chair

Position #5 Council
541-808-4828 (cell)
tspangler@ctclusi.org

Arron McNutt

Position #6 Council
541-297-1183 (cell)
amcnutt@ctclusi.org

Council Meeting

April 9, 2017
Regular Council Meeting
10:00 a.m.
General Council Meeting
1:00 p.m.

Tribal Community Center
338 Wallace Street, Coos Bay,
OR 97420

- Agenda:
1. Call to Order
 2. Invocation
 3. Approval of Minutes as needed
 4. Tribal Council Reports
 5. Tribal Administrator Report
 6. Chief Financial Officer Report
 7. Old Business
 8. New Business
 9. Other
 10. Good of the Tribes
 11. Executive Session as needed

Council meeting video available to view at www.ctclusi.org

Upcoming Events

- April 8th** – School to Work Workshop, Tribal Hall 9:00 a.m.
April 9th – Regular Tribal Council Meeting, Community Center 10:00 a.m.
April 9th – General Council Meeting, Community Center 1:00 p.m.
April 9th – Tribal Family Gathering Lunch, Community Center 11:30 a.m.
April 9th – Youth Council Tree Planting, Tribal Hall 9:00 a.m.
April 11th – Ladies Self Care 3:30 p.m.
April 15th – Clam Dig, Meet at Tribal Hall at 9:00 a.m.
April 18th – Tribal Scholarships available through the Education Department
April 20th – Spruce Root Processing, Tribal Hall 10:00 a.m. – 4:00 p.m.
April 21st – Spruce Root Basket Weaving, Tribal Hall 10:00 a.m. – 4:00 p.m.
April 22nd – Weaving Workshop, Coos Historical Museum Collection
April 21st – 23rd – Healing of the Canoe Weekend Workshop

- April 28th** – Deadline for Culture Camp Counselor and CIT application
May 3rd – Wisdom Warriors Classes begin
May 5th – Deadline to apply for CTCLUSI Summer Student Internships
May 5th – 7th – Healing of the Canoe Weekend Workshop
May 10th – Parenting Workshop, Florence Outreach Office 5:30 p.m.
May 13th – School to Work Workshop, Springfield Outreach Office 9:00 a.m.
May 19th – 21st - Healing of the Canoe Weekend Workshop
May 17th - Parenting Workshop, Florence Outreach Office 5:30 p.m.
May 24th - Parenting Workshop, Florence Outreach Office 5:30 p.m.
May 26th – CTCLUSI Scholarship Essay Deadline
May 31st – Deadline for Bus Design Competition
May 31st - Parenting Workshop, Florence Outreach Office 5:30 p.m.



THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Government Office
Alexis Barry
Chief Executive Officer
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll free 1-888-280-0726
Fax 541-888-2853
abarry@ctclusi.org

Health & Human Services Division
Vicki Faciane - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-7515
Toll free 1-888-280-0726
Fax 541-888-5388
vfaciane@ctclusi.org

Department of Human Resources
Stephanie Watkins - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-7508
Toll Free: 1-888-280-0726
Fax: 888-723-3270
swatkins@ctclusihr.org

Tribal Housing Department
Linda Malcomb - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1310
Fax 541-888-2853
lmalcomb@ctclusi.org

Purchased/Referred Care (FKA Contract Health Services)
Sharon Arnold - PRC Specialist
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-4873
Toll free 1-800-227-0392
Fax 541-888-5388
sarnold@ctclusi.org

Education Department
Angela Bowen-Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone: 541-888-1317
Toll free 1-888-280-0726
Fax 541-888-2853
abowen@ctclusi.org

Family Services
Shayne Platz, Lead Case Manager
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349
splatz@ctclusi.org

Tribal Dental Clinic
Dr. Sarah Rodgers
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-6433
Toll free 1-877-688-6433
Fax 541-888-7505

Elders Activities
Andrew Brainard
CHR/Elders Activity Program Coordinator
1245 Fulton Ave.
Coos Bay, OR 97420
Phone 541-888-7526
Fax 541-888-5388
Toll Free 1-888-280-0726
imontiel@ctclusi.org

Tribal Court
J.D. Williams
Chief Judge
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-9577
Toll Free 1-888-280-0726
tribalct@ctclusi.org

Cultural Department
Jesse Beers - Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1319
Fax 541-888-2853
jbeers@ctclusi.org

Springfield Outreach Office
1126 Gateway Loop
Suite 102
Springfield, OR 97477
Phone 541-744-1334
Toll Free 1-800-877-2718
Fax 541-744-1349

Florence Outreach Office
Physical: 3757 Hwy. 101
Mailing: P.O. Box 2000
Florence, OR 97439
Phone 541-997-6685
Toll Free 1-866-313-9913
Fax 541-997-1715

Tribal Gaming Commission
Brad Kneaper
Executive Director of the Gaming Commission
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-2830
Fax 541-997-7293
bkneaper@ctclusi-pd.com

Tribal Police
Brad Kneaper
Chief Law Enforcement Officer
5647 Hwy 126, Suite 100
Florence, OR 97439
Phone 541-997-6011
Fax 541-902-6507
bkneaper@ctclusi-pd.com

Department of Natural Resources
Margaret Corvi
Director
1245 Fulton Avenue
Coos Bay, OR 97420
Phone 541-888-1304
Toll Free 1-888-280-0726
Fax 541-888-2853
mcorvi@ctclusi.org

Tribal Housing Down Payment Loan Assistance Program

Are you ready to purchase your first home? Maybe we can help.

In 1999 the Tribe's Housing Department started their Down Payment Loan Assistance program and by the end of 2016 we have helped 39 Tribal families purchase their first home. We are now looking for our 40th Down Payment Loan recipient.

As with all government programs there are some eligibility requirements. The first one that we look at is Income Eligibility. New limits are usually published in April, but as of now the National Income Limits are listed in the chart below:

	1 Per-son	2 People	3 People	4 People	5 People	6 People	7 People
80%	\$36,792	\$42,048	\$47,304	\$52,560	\$56,765	\$60,970	\$65,174
100%	\$45,990	\$52,560	\$59,130	\$65,700	\$70,956	\$76,212	\$81,468

If you are eligible and your total household income is below the 80% income limit for your family size we can assist you with \$10,000 towards the purchase of your first home. If your total household income is between the 80% and 100% amount we can still assist you but your assistance will be a slightly smaller, calculated amount. Some of the other program requirements include:

- The home must be within the State of Oregon
- You can't have owned a home for 3 years
- The home must be your primary residence for at least 7 years
- You must qualify for a mortgage loan through a bank or financial institution, and
- There is also a limit on the price of the home

Another one of our requirements is that everyone participating in this program must take a First Time Homebuyer Class. These classes are often hosted by a lending institution or they can be taken on-line. If you are interested in finding out more about becoming a homeowner and taking the class, we might be able to reimburse you for the cost.

If you are interested in finding out more, contact Linda at 541-888-1310 or lmalcomb@ctclusi.org or Laura at 541-888-7504 lfartin@ctclusi.org , we can answer your questions and send you an application to get you started.

Housing Department Office Security Changes

To ensure the safety and security of Housing Department staff, the Housing Office doors will be kept locked. Anyone wishing entrance into the office must call to let staff know who you are and what your business is. You can call to make an appointment, you can call from the parking lot with your cell phone OR you can go to the Government Office, located at 1245 Fulton Avenue, Coos Bay, OR and check in at the front desk. The receptionist will call the Housing office to let them know you are coming.

The direct numbers for Housing staff are:

Laura at 541-888-7504
Linda at 541-888-1310

You can reach the Tribal Receptionist at 541-888-9577.

We do apologize for any inconvenience this might cause you. In light of recent events, the Tribal Administration believes that this is a necessary step to ensure staff safety. If you have any questions please feel free to call the Housing staff listed above.

GAMING COMMISSION ***NOTICE OF VACANCY*** CTCLUSI 5-2-7

The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians' Gaming Commission is established pursuant to CLUSITC 5-2-7. The purpose of the Gaming Commission is to regulate Class II and Class III gaming on the Confederated Tribes' Indian Land. The Commission consists of five (5) members appointed by a majority vote of the Tribal Council.

The Gaming Commission currently has a vacancy. The initial term of this position is two years. Interested parties shall file a statement with the Commission reflecting their interest in serving as a Commission member.

Subsequent to the initial term, each Commissioner may be appointed to additional three-year terms, at the discretion of the Tribal Council.

Qualifications for the Posted Vacancy:

Commissioners must meet the following minimum eligibility requirements (CLUSITC 5-2-7(d):

- (1) Must be at least twenty-one (21) years of age;
- (2) Must successfully complete a background investigation, as set forth in CLUSITC 5-2-15;
- (3) No member of Tribal Council may serve as a Commissioner; and
- (4) No employee of a Gaming Operation may serve as a Commissioner.

Each applicant for Commission membership shall be subject to a background investigation (CLUSITC 5-2-13) and drug testing (CLUSITC 5-2-21).

Interested parties may file a statement of interest with the Commission reflecting their interest in serving as a Commission member to Brad Kneaper, Director for the Gaming Commission, at the following address:

5647 Hwy 126 Suite 100
Florence, OR 97439

You may also fax your statement to 541-997-7293, or email at bkneaper@ctclusi.org.

This notice of vacancy shall be posted at all Tribal offices.

Tribal Family Services Office Changes/Updates

The Family Services Department located at the Tribal Government Office at 1245 Fulton Avenue, Coos Bay, OR is moving across the parking lot to the 2nd Floor of the main Government Office. All Family Services Staff phone numbers will remain the same. We will work hard to make this a quick and smooth transition in order to maintain quality service to Tribal families.

All staff offices should be moved by early April. Should you need assistance locating a certain Family Services staff member during the move please call the Tribal Receptionist at 541-888-9577 or check in at the main Government Office where you will be assisted.

Thank you from your Health and Human Services Division.

Save the Date
Come help Youth Council plant
cedar trees on the Reservation
April 9, 2017
Meet at Tribal Hall at 9:00 a.m.

CLUSI SCHOLARSHIPS;

THE CLUSI SCHOLARSHIPS

- MITSIS
- ELDERS
- PEPSI

ESSAY QUESTIONS
WILL BE AVAILABLE;

TUESDAY APRIL 18TH, 2017

AFTER THE LISTED DATE YOU CAN GET
YOUR ESSAY QUESTIONS BY; CONTACTING
YOUR EDUCATION DEPARTMENT, LOG ON TO
CLUSI WEBSITE, OR FIND THEM POSTED ON
CLUSI FACEBOOK EDUCATION NEWS

THE DEADLINE TO SUBMIT YOUR
SCHOLARSHIP ESSAYS WILL BE
FRIDAY MAY 26, 2017
@ 5:00 P.M.

THE OREGON DEPARTMENT OF EDUCATION WANTS
TO MEET WITH TRIBAL MEMBERS AND OTHER NATIVE AMERICANS
FROM THE AREA FOR COMMUNITY CONVERSATIONS!

**CTCLUSI
TO MEET
WITH ODE**

OREGON DEPARTMENT OF EDUCATION

WHEN

**In May - Date to Be Announced in
the May CTCLUSI Newsletter**
5:15 P.M. - 7:45 P.M. APPROXIMATELY

WHERE

Tribal Community Center
338 Wallace St.
Empire, OR 97420

WHO WILL BE THERE?

Lindsey Capps from the Governor's Office, Policy Advisor
Representatives from: The Early Learning Division, ODE
Higher Education Coordinating Commission
Teacher Standards and Practices Commission
Local School Leaders

**DISCUSS THE
AMERICAN
INDIAN/ALASKA
NATIVE STATE
PLAN!**

COME AND MAKE RECOM-
MENDATIONS ON HOW TO IM-
PROVE EDUCATIONAL OUT-
COMES FOR TRIBAL STU-
DENTS!

HAVE A DISCUSSION WITH
SCHOOL DISTRICTS TO IDEN-
TIFY COMMUNITY ASSETS
AND PRIORITIES!

STUDENTS OF ALL AGES ARE
WELCOME AND
ENCOURAGED TO PARTICI-
PATE!

FIND OUT ABOUT THE STATE
OF EDUCATION IN OREGON!

**DINNER WILL BE
PROVIDED**

**ALL STUDENTS
ARE WELCOME!**

**WE LOOK
FORWARD TO
SEEING YOU IN
MAY!**

THE VOICE OF CLUSI



If you or anyone in your Tribal family
has had any recent special awards or
achievements that you would like to share,
please submit your information and photos
to the newsletter. I look forward to hearing
from you!

Deadline for contributions to the May
2017 edition is April 14, 2017 by 5:00 p.m.
Send information to mgaines@ctclusi.org
or call 541-888-7536

-Morgan Gaines

THE DETAILS

WHO: Native American,
Alaskan Native, and Pacific
Islander 10-12th Grade High
School Students (*in small
community groups of
approximately 3-5 students*)

*Accepted students will travel with
one adult chaperone from their
community to and from the event.*

WHAT: Native Youth
Community Adaptation and
Leadership Congress

WHEN: July 9-15*, 2017

WHERE: National
Conservation Training Center
(NCTC), Shepherdstown,
West Virginia

<https://nctc.fws.gov/campus/>



COST: None

*All student travel to the Congress,
lodging, and food costs at NCTC
will be paid for by the Bureau of
Indian Affairs and other federal
agency partners.*

*Actual date of departure will depend on
specific travel arrangements.

**Native Youth Community
Adaptation and Leadership Congress**
July 9-15, 2017

**National Conservation Training Center,
Shepherdstown, West Virginia**



Applications are now being accepted!

Student enrollment from each community may be limited.

Application Deadline: April 7, 2017

See attached Application Form

Join students from across the country to discuss community
adaptation and related environmental issues impacting Native
peoples. The mission of the Native Youth Community
Adaptation and Leadership Congress is to develop future
conservation leaders with the skills, knowledge, and tools to
address environmental change and conservation challenges to
better serve their schools and home communities.

*"It really warms my heart knowing that other people, especially young people,
care as much about the climate and Mother Earth as I do. It made me realize that
a lot of other people care about this Earth too, that I am not alone in this
challenge, that there are a lot more Earth Warriors and Earth Guardians out
there. It makes me happy to see that."*

-Esau Sinnok, 2016 Congress

This Month...be on the Lookout for Horsetail

Contributed by Ashley Russell, Water Protection Specialist

Plant description: Horsetails are in the family, Equisetaceae, the horsetail family. This green, segmented stalk with its whorls of radial spokes loves to grow in wet places, especially roadside ditches, and are salt tolerant. Their light-colored fertile stalks are the first to appear in spring before the shaggy infertile stems.

Food: The reproductive shoots of horsetail can be eaten as they appear in spring and early summer. To gather, pick the light-colored fertile stalk, peel off the hard outer sheath, and discard the conical tip as well. Traditionally, this plant was eaten raw. However, **horsetail contains alkaloids that can be mildly toxic to humans in large quantities, so please consume in moderation.** The reproductive shoots can also be steamed and eaten much like asparagus or added to soups and stews. Repeated rinsing and changing of water is suggested to reduce the risk of toxicity. **Do not eat the green infertile stalks!**

Technology: The mature stalks of horsetail contain silicates that were used to smooth and polish wooden bowls, fishing pools, and other wooden tools much like modern sand paper.

Medicine: Horsetail was gathered, dried and used in tea as a diuretic and kidney tonic. The tea also makes a good hair rinse.

Other: The northernmost Village of the Miluk peoples, which was located just south of Empire, was named after this plant and was known as Nikkáwwáha.



Hanis: məkáwa, káwaa

Scientific Name: *Equisetum Spp.*

-Attention Prospective/Learning Food Preservers-

The OSU Extension Service of Coos County is offering a series of workshops located at 631 Alder Street in Myrtle Point, OR for those of you who are interested in learning more about food preservation. Classes vary from cheese and jelly making to tuna canning. Next month, the OSU Extension Service will be teaching cheese making on April 8th from 10:00 am to 2:00 pm for just \$10. Preregistration is recommended for all workshops. For more information, visit: <http://extension.oregonstate.edu/coos/family-food-education-ffe>

For those of you who live in Lane County, please visit the following website, as they are also offering some exciting workshops near our northern Tribal families: <http://extension.oregonstate.edu/lane/announcements/food-preservation-baking-classes>

Hope to see you there!

CALL FOR RECIPES & KNOWLEDGE

Coos, Lower Umpqua & Siuslaw Indians Cookbook

We are looking for Traditional recipes and cooking methods utilizing local native ingredients.

Such as: Salmon, Elk, Shellfish, Native Berries & Plants

Contact: Amanda Craig

541-888-1304

acraig@ctclusi.org



Place Names of the Coos, Lower Umpqua & Siuslaw Indians

Contributed by Patricia (Patty) Whereat Phillips

This is the third part in a long series exploring indigenous place names – mostly in the Hanis, Milluk and Siuslawan languages. The previous two covered the Whiskey Run area and South Slough. This month will explore the lower bay. In the next one or two months we'll cover the upper bay, Coos River and Tenmile-then we will reach Lower Umpqua country. For a pronunciation guide to the native words in this article see <https://shichils.wordpress.com/about/> under the "Language Pronunciation" section.

LOWER COOS BAY

In Hanis and Milluk the word for river or bay is **shichdii** or **shiichdii**. There were names for specific places along the bay, and a word that refers to the Coos region – **kuukwis**, meaning 'south' (because Coos people felt kinship to people to the north rather than the Athabaskans to the south) but no word specifically for all of Coos Bay.

The mainland side of the bay (as opposed to North Spit, which we'll get to shortly) had many villages along the shore. At Pigeon Point Cove, by the Dairy Queen, was a village known as **Laxai**, or **Laxa'ich** (where the -ch is a locative suffix). There is a story that takes place here. The rock in the cove is **Hm-hm-nuu**. The rock has eroded but it used to have ferns on top. The ferns led to a door, the rock was the home of a pair of child-stealing monsters. They kidnapped some children from the Marshfield village **Atsiixiis**, and the people tracked down the monsters and killed them.

The next village has a sign marking it at the entrance of the Coquille reservation near Charleston. There was a Milluk Coos village there, known as **Kiltl'** or **Keltl'e**. The name of the creek there was **Hilk'**.

Up the bay from there, where an old logging rail line once ran up to the shore was **Dáyaqwaqw**. This was the village that Tarheel, a Milluk Coos leader and who made many trips in his canoe to bring food to Indians who had fled the Yachats reservation and were hiding up South Slough, was said to be originally from this village.

Annie Peterson also said there was another nearby village just up the bay from **Dáyaqwaqw** called **Ntlgwiye**.

Further up the bay is a peninsula, a sand point, where a mill and its tall smokestack stood for many years, and today some sort of development is happening. There wasn't a village there, but it was known as 'the point/peninsula' - Hanis **Kiwe'et** and Milluk **Kweweu**. It was the place where the Coos Indians were gathered up and held before being shipped up to Fort Umpqua. It is also the site of a legend, at least in part. Jim Buchanan told a story about "The Revenge of the Sky People", where a man was carving a canoe at **Kiwe'et**. Someone came down from the sky and killed him and took the man's head back to the sky world. His son tracked down the killer, recaptured the head, and brought his father back to life.

Up the bay from there, at a flat that used to be called Giromy or Crab Flats was a village called **Nikkawwaha**, named for the horsetail plant. This was the most upriver village where Milluk was spoken.

At First Creek (near today's Lighthouse convenience store) was the Hanis-speaking village **Ntillii** or **Tili**. It was said this small creek used to have a run of coho. Nearby was the village **Waiqdii** or **Waiq'dii**, 'Mud Shrimp'. This village was named for a variety of bay invertebrate that resemble shrimp that used to be common in eel grass beds there. They were used as fishing bait.

Then at Empire – near the Macgee house – was the village of **Hanisiich**. The springs by Macgee house were the source of drinking water for the village. This was perhaps the largest village of Hanis people. Chief Doloos Jackson grew up there. In 1852, it was one of his relatives who greeted the men who survived a shipwreck and created Camp Castaway on the North Spit. The stranded soldiers recorded that a 'Chief Hanness' and his people came over to trade with them.

Near **Hanisiich**, at the sight of the old Luce sawmill, was **Ntise'ich**. This is where Annie Miner Peterson's mother Mótolt (Matilda) was born. Upriver from there, at Chiksies creek, was the village of **Wu'alach** or **Wal'lach**. This is the village where James Buchanan was born. It was a large enough village that

nearby was a suburb, **Chnaixw Wu'alach** (small **Wu'alach**, although **Chnaixw** is not the usual word for small, but is a 'cute' pronunciation of it) or **Daqaich Wu'alach** (upriver **Wu'alach**). Near **Wu'alach** there was a grove of spruce trees where the tops were bent over. This place was called **Yakkals I xinxin**, meaning **Yakkals'** roosting place. **Yakkals** was a word for a mythological giant bird. If one found its "eye" (the seed of the wild cucumber) it was good luck.

North Spit was known in the two Coos languages as **Xiilalas**, derived from the verb **xiila-** meaning to look out over. It was the place where one looked out over the ocean. Before the building of the jetties and the planting of invasive plants (European beach grass, Scots broom) the spit was narrower and much more open. Native plant communities consisted of seashore lupine (edible roots), kinnikinnick (edible berries and leaves mixed with tobacco for smoking), American dune grass, Juncus rush (basketry), and yellow sand verbena (edible roots). Hanis speaker James Buchanan said the lower portion of the spit was called **Tsuxwtsiich**, which appears to be derived from the Hanis word for sand (**tsaxwits**) and the locative **-iich** suffix meaning at, on. The Milluk name was probably different as the word for sand in that language is **baldis**.

The site of some old government houses (long abandoned) was called **Guumde**. Across the bay from **Hanisiich** (Empire) was **Elk'elch** (the hollering place) and just below it, **Sisxwich** (crab apple). The Hollering Place was so called because, if someone was on the spit and wanted a ride back to Empire, he or she hollered – someone would come over in a canoe to pick them up. **Sisxwich** got its name because there used to be a single crab apple tree growing there.

Jarvis landing was at one time the outlet of the bay. It's called **Qaimisani**, from the word **qaimis** or **q'aimis** which rivers to the mouth of a river or bay.



Tarheel

Healing of the Canoe Program

Workshop Dates for 2017

(Mark your calendars!)

April 21-23

May 5-7

May 19-21

To be held at the Coquille Plankhouse and Community Center

HOC Local Canoe Journey 2017

On the ancestral water highways of the Coos, Lower Umpqua,

And Siuslaw Indians and the Coquille people

July 10-14

Camping at Honeyman's and Bullard's State Park

Call Anne Niblett or Sonja McCarty for more information:

(541) 808-7699 Anne

(541) 808-8175 Sonja

Healing to Wellness Court Visited by Department of Justice

Contributed by Jennifer Stephens, Case Manager/Resource Coordinator

On February 21-23, 2017, Tenzing Lahdon, grant program manager from the US Department of Justice, conducted a site visit at the Coos Bay administrative offices of CTCLUSI to review the Healing to Wellness (HTC) Court and Healing of the Canoe (HOC) programs. Both operate on grants from the Office of Juvenile Justice and Delinquency Prevention (OJJDP). This was a great opportunity for the staff working in these programs to come together and share all the activities and challenges of running the programs with her and each other. As a group we were able to hear more about how each program works with our tribal youth, either in a prevention aspect through HOC or with supervised restorative justice in the HTW court. These programs each offer strategies and support to help youth develop skills they need to live healthful, productive lives and find purpose.

HOC has now started weekly Tuesday youth night events, 6:30- 8:30 Tribal Hall, along with the 2017 workshop weekends scheduled April 21-23, May 5-7, and May 19-21. Healing to Wellness Court is expecting to be operational in Coos County this summer. Additionally, the tribal court will work with other youth courts in the five county service area in case CLUSI youth residing in those areas find themselves involved in the judicial system, whether it is drug court or any other delinquent matter.

The biggest challenge for each of these programs is youth involvement. The Healing of the Canoe teen nights and weekend workshops are fun, interactive opportunities for the youth to enjoy each other's company and learn life skills. These activities are open to all local youth, so kids can bring friends without regard to tribal affiliation. Healing to Wellness Court relies on self-identification of tribal members when involved in delinquent matters. For youth having problems with drug and alcohol issues or other judicial matters, contact the tribal court for help with options in moving a case's jurisdiction to tribal court and a more restorative process.

Both programs received a thorough review during the site visit and Tenzing was able to offer support and suggestions to meet some of the challenges we face. Tenzing has some experience in working with youth drug courts and that provides valuable insight when building the Healing to Wellness Court.

Tuesday, Tenzing was able to participate in the HOC youth night along with council members Mark Ingersoll and Doc Slyter. She was also able to observe a tribal court proceeding on Wednesday. Doc Slyter provided flute and drum playing at the plank house along with making a labrador tea Thursday evening. This followed an afternoon of visiting the light house, Chicken Point to see the entrance of Coos Bay bar, out to see seals at Simpson Reef and the Coquille plank house. Thank you to Doc for providing such hospitality and education. And thank you to all the staff and administrators who contributed to a successful site visit.

To learn more about the Healing of the Canoe program and opportunities for involvement contact Anne Niblett at 541-888-7514 or aniblett@ctclusi.org. Contact Jennifer Stephens at 541-888-1307 or jstephens@ctclusi.org for information about Healing to Wellness Court.



CTCLUSI Summer Student Internships

The CTCLUSI Student Intern is a paid internship with the goal to assist current College Students in supplementing their work and education experience based work experience along with their needs, desires and interests.

Minimum Requirements:

- Must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
- Must be an Enrolled Full-Time Student (Sophomore status or above) OR recent graduate (within 6 months) in/from any Accredited College including on-line schools (NOTE: Students may qualify even if they are not on a Tribal educational stipend)
- Must have verifiable transcripts that show a current GPA of 2.0 – can be obtained from your college's registrars or campus placement office.
- This position is subject to pre-employment drug testing and criminal history background check which may include fingerprinting.

Online Applications will be taken starting **March 13, 2017**.

Tribal Members will need to www.ctclusi.org to apply. Go to Tribal Government/Job Opportunities and click on the CTCLUSI Tribal Member link.

Deadline to apply is **May 5, 2017**

FOR ADDITIONAL INFORMATION OR OTHER OPPORTUNITIES,

PLEASE CONTACT

STEPHANIE WATKINS AT 541-902-6502 OR PAM HICKSON AT 541-902-6504



PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving issues are confidential.



Photo By: Jesse Beers

For more information about Peacegiving, please visit the Peacegiving Website or contact the Peacegiving Coordinator at the address listed below.

Peacegiving Coordinator
1245 Fulton Avenue
Coos Bay, OR 97420

PHONE: (541) 888-1306 or (541) 888-1316

EMAIL: Peacegiving@ctclusi.org

Website: <http://ctclusi.org/peacegiving>

Weaving Workshops Upcoming Dates

Dear Tribal members,

Happy Spring! Our March workshops were a huge success! We had great turn out for the weaving on Saturday. Both Mark Petrie and Scott Slyter finished their baskets, and we had three new weavers Adam, Marie, and Rachel Petrie join the group! In addition to weaving we had a photo documentation workshop and did weaving plant cultivation work as a group. We finished off the day scattering sedge seed for our future weaver's garden! Our Spruce Root Dig on Sunday was a whole lot of fun, sunny and warm and full of FROGS and HUMMINGBIRDS (both are very good signs)! We found a fair amount of roots for next month and during the root processing party night shift Chef Joe Barton made a surprise visit and jumped in to process roots, now he is hooked and will be a weaver in no time.

On Monday, March 13, weaving apprentice and water protection specialist, Ashley Russell (Miluk Coos) and I visited the basket collections at the U of O to study our ancestors (the baskets) as a part of her formal training. It was a very special day and we learned so much. It is very important that we study the historic baskets in person, both for ourselves but also for the baskets. We think of the baskets as living things, which embody our ancestors and they are lonely for us. They contain all that accumulated ancient knowledge in their architecture and design, the plants of our homeland from our ancient cultivated gardens, as well as our DNA. When you weave, your skin and hair gets woven in. That matter is a physical thing and it becomes a permanently part of the basket. In this way, those historic objects contain that same DNA that we carry in our own living bodies. Our ancestral memories are stored in our DNA. By visiting with these baskets we can physically connect with that part of our inheritance and learn from it. In April you have an opportunity to have a similar visit!

April 22: Spruce Root Processing, Tribal Hall, (10AM - 5PM)

April 23: Spruce Root Weaving, Tribal Hall, (10AM - 5PM)

April 24: Weaving Workshop/Coos Historical Museum, Historic Basket Visit, 10AM

We have a special private visit with some of our historic baskets housed in the museum's collection. You will have an opportunity to hold them, see all the parts up close, and learn how to properly photo document them and contribute to our tribal archive of our ancestral objects housed in regional collections (please see the weaving section of the website). When you look into that archive, please read Denni Hockima's paper "Singing the Warp, Singing the Weft" (<https://ctclusi.org/assets/57ed47b8c9e22c9747000001.pdf>), it is an important starter text for the collection and weaving concepts in general. For those of you who have completed baskets, I encourage you to bring them along so you can look at them side by side with our ancestors. These grandmas's have been waiting a very long time for your visit. This will be a very happy day.

All of these events are open to any tribal member and their family members. They are suitable for people of any skill level. Every event is potluck lunch. Weaving materials are provided. Keep in mind, I live in Portland and so do the materials. I travel to the South Coast to provide these opportunities. You must establish communication with me so I can serve your needs and let you know of any particulars that arise regarding each workshop. To participate in these opportunities, you must RSVP to sarasiestreem@hotmail.com two weeks in advance.

I am looking forward to our next meetings!

Best,

Sara Siestreem (Hanis Coos)



Pictured above: Mark Petrie scatters sedge seeds for the future weaver's garden



At left: Nicole Mendoza works on a large tule baskets



At left: Ashley Russell weaves a clam basket with hazel sticks and spruce root



Pictured below: Nicole Mendoza documents and gathers spruce roots for basket making

Ready, Set, Start Your Business – a 2-hour 'starter' class

Are you interested in starting a small business but are quite sure were to start? Would you like some help in understanding the basics?

Ready, Set, Start Your Business is a 2-hour class being offered during April at SWOCC's Small Business Development Center, located at 2455 Maple Leaf in North Bend.

In this 'starter' class, you'll learn about the critical 'first steps' that everyone faces when considering starting a new business. This 2-hour class includes information about:

- Permits & Licensing
- Personal readiness checklist
- Defining a business structure
- Doing business planning
- Financing a business

The cost is only \$20. And we can help by underwriting the tuition fee. First look at the schedule of classes and then determine which one works best for you. There are 4 different dates in April for you to choose from. Once you have figured out the class the works best with your schedule, contact MJ Koreiva: (541) 888-9577 or email: mjkoreiva@ctclusi.org and we'll get you signed up for the class.

April 2017 class selection:

Thursday April 6 from 10 am – 12 noon

Wednesday, April 12 from 5:30 pm – 7:30 pm

Tuesday, April 18 from 1 pm – 3 pm

Wednesday, March 26 from 3pm – 5pm

This 2-hour class is a great way for you to learn more about the basics of starting your own business. Let us know if you are interested in signing up.

Let's Go Clam Digging

Saturday, April 15, 2017

Meet at Tribal Hall at 9:00 A.M. Digging Clams at 10:00A.M.

After the dig, meet back at Tribal Hall to clean clams.

Bring boots if you have them. We will supply the Shovels, Buckets and Licenses.



Prevention Topic: Respect, HOC and Canoe Journeys

Call the RSVP line at 541-435-7155 or

Toll-Free at 1-888-365-7155

RSVP by Friday, April 14, 2017

For more information, call Doug Barrett @ 541-297-2130

Sponsored by:
CTCLUSI Health & Human Services Division
Prevention Activities Program
Culture Committee & Culture Department



Preferred CHAMP Alternative Recommended by Planning Department

Contributed by the Planning Department

Progress on the Tribes Coos Head Area Master Plan or CHAMP continues. The next step in the development of CHAMP is Technical Memorandum #4, the Preferred Alternative. In this step, a single alternative is chosen and will be the basis for the modeling of the impacts associated with the development at Coos Head. It is the Planning Department's recommendation that Alternative A, the Development Focus, be selected as the preferred alternative.

The purpose of CHAMP is to inform the Tribes and the community about this potential development, solicit feedback, address any potential obstacles and, ultimately, present a well thought out planning document for funding and design. The selection of Alternative A provides the Tribes with the most flexibility as it would allow for the evaluation of the impacts from all the future development currently being envisioned by the Tribes. Alternative A will simply provide the Tribes with the most information. The selection of Alternative A does



not to commit the Tribes to a particular plan of development. Detailed site design, engineering estimates, architecture drawing and funding requests will still be required as well as their associated public review and approval processes.



April is Child Abuse Prevention Month

Contributed by Lovel Lewis, ICWA Case Manager, Family Services

Child Abuse Prevention Month was first started by presidential proclamation in 1983. President Reagan stated that child abuse and neglect "threaten the lives and health of over a million of our Nation's children... Action taken after cruelty has occurred is often too late." Prevention of abuse and public knowledge and concern can aid in helping prevent maltreatment of children. Government and community agencies work together to bring light to this subject and to talk about protecting children from abuse and neglect. April has come to represent the importance of family. Activities and events are held to help strengthen families and to promote family well-being.

On March 31, 2015, former president, Barack Obama, issued a Presidential Proclamation on National Child Abuse Prevention Month (April):

"Every child is born into a world filled with limitless possibilities, and as a Nation, we must ensure all our young people have the support they need to realize their enormous potential. Regardless of who they are or the circumstances of their birth, each child deserves to be cared for, cherished, and kept safe from harm. Tragically, abuse and neglect erode this promise for hundreds of thousands of America's daughters and sons each year. This is an injustice. It is contrary to the values of good caretaking and the principles of our Nation, and it must not be tolerated. This month, we celebrate the love and courage it takes to raise a child; we reaffirm the fundamental human rights of all children to live free from violence and abuse; and we rededicate ourselves to ending the cycle of harm too many girls and boys face."

April is also a time for Child Welfare Service (CWS) agencies and tribal ICWA departments to advertise for families to become foster parents for children in foster care. Foster families of all race, culture, and ethnicity are needed to provide temporary placement for children in state custody. Tribal foster homes are lacking across this nation. Agencies reach out to tribal communities to help bridge the gap for tribal children in state custody. It is difficult for CWS to place tribal children in a culturally specific home because

there aren't many tribal members registered as foster families. In Coos county there are currently two tribal foster homes.

Children and youth are a tribe's greatest asset. Children are the next generation in continuing the longevity and sustainment of a tribe's history, culture, beliefs, and traditional values and customs. A safe home with a nurturing and culturally specific environment that tribal children can relate to are important in instilling in youth culture and tradition. As a tribal member, you can make a difference in a tribal child's life by becoming a foster parent. Foster care is short-term and foster families provide temporary living arrangements. During a child's stay in foster care their parents are working case plans for reunification. No matter how brief the stay is for a child in your home there is a lot that can be offered to them, especially in providing the knowledge of racial and cultural identity. As a foster parent you would also provide stability for a child and foster parents can aid children in overcoming adversity and to move forward in a positive direction with a stronger self-esteem – a firm foundation.

In traditional Native American cultures everything is related to home. Home is the foundation of tribal teachings. Home can be likened to a central fire which provides warmth, stability, security, and well-being. Tribal children learn about their traditions and cultures at home. Tribal children are aided by their parents and families in growth and of how to facilitate relationships. Children are taught good judgment skills early in life and are told of consequences for certain actions or behavior. Strengthening families can happen through bonding or spending time with one another. Tell stories, make crafts, go fishing or hiking, bead together.

There is so much for individuals to share with others. We, as human beings, have a wealth of knowledge by the lives that we've lived, the mistakes we've lived with, and the accomplishments and successes we've gained.

To become certified foster parent an individual will need to pass a background check, complete a home study, and other paperwork and requirements. If you have questions about becoming a foster parent, you can either contact Coos County Child Welfare at (541) 756-5500 or you can contact CTCLUSI Family Services at (541) 888-1311. If becoming a foster parent is something that you are interested in, please contact (541) 756-5500 and ask to speak with a certifier or request for Debra Dempsey at extension 297.

Elders Honor Day...continued from cover page

Umpqua & Siuslaw Indians and Anne Niblett from the Coquille Indian Tribe. The entertainment included singing and skits from our very talented youth.

Lunch was followed by Bingo in the Event Center, always a lot of fun for the Elders. I want to give big thanks to Teresa Spangler, Vice-Chairman and Director of Player Development for Three Rivers Casino Resort, for her support of the event. She was assisted by tribal member and Players Club Host Melinda Sprague. Also, big thanks for the staff at CTCLUSI Health Department and the Coquille Indian Tribe, as well as the Coquille Indian Tribe Youth Council. Bingo was followed by a short break and some much needed down time for the before dinner.

The evening ceremony was opened by Chairman Brenda Meade of the Coquille Indian tribe. During her presentation representatives of the Confederated Tribes of Siletz presented gifts to both Chairman Ingersoll and Chairman Meade.

Following our amazing dinner, we had the 50/50 drawing and raffle. The winner of the of \$429 from the 50/50 raffle was Kathy Lenox, spouse of Coquille Tribal member Jack Lenox. Gifts for the other raffle were donated by Skip Brainard, George Barton, Wanda Williford, Vicki Faciane, The Mill Casino Hotel & RV Park and Three Rivers Casino Resort in Florence, Oregon.

In conclusion, I would like to thank the staff who had a hand in helping with this event from the Confederated Tribes of the

Coos, Lower Umpqua & Siuslaw Indians: DeeDee Plaep, Doug Morrison, Kimmy Bixby, Jesse Beers, Anne Niblett, Ashley Russell, Morgan Gaines, Meagan Davenport, Vicki Faciane, Diann Weaver and a big thanks to Iliana Montiel. Thanks also to the Coquille Indian Tribe staff, led by their Elders Coordinator Lori Austin: Savannah Gilkey, Toni Scavera-Howard, Kelle Little, Sheldon Chase, Duke Summers, Fauna Larkin, Kara Towner, Carol Gilkey and their Youth Council members - Roberto Cantu, Jazmine Chase-Cantu and Clay and Cailin Beauvais. Finally, I want to thank the awesome staff at Three Rivers Casino Resort, led by Mike Rose: Bob Garcia, Teresa Spangler and Rebecca Harris. Their staff of directors, hotel staff and Special Events crew did an amazing job!

We're looking forward to next year's event, which will be held in Coos Bay at The Mill Casino Hotel & RV Park in March 2018.



Chief Don Ivy of the Coquille Indian Tribe and Chief Warren Brainard of the Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians enjoy Elders Honor Day 2017

21st Annual Elders Honors Day 2017



Ron and Sue James (back row),
George and Barb Barton (front row)



Left to right: Gloria Dowdy, Karen Nissan, and Sue Olson



Grandmother Agness Baker of the Siletz
Tribe was honored as the Eldest Woman



Pictured at left: Julie
Belcher and Phyllis
Howlett

Pictured Right: Dale
Henry of Umatilla
Tribe was crowned
King and Lidell Miller
of the Klamath Tribe
was crowned Queen
of Elders Honors Day
2017



Jeannie Cookson and Mary Adamac



Pamela Stoehsler and John Perry



Pauline Benson and Paul Benasco

Tom and Janet Brainard



Frank and Janet Brainard



Arleen Perkins gives the 50/50 winner her prize



Elders Corner

ELDER SPOTLIGHT OF THE MONTH - April 2017

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. If the next Elder on the list chooses to participate they will be interviewed for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments.

Thank you Elders!

Elders Spotlight Articles Contributed by Andrew Brainard, CHR/Elders Activities Program Coordinator

Amy Bolling (Miluk Coos) was born June 13, 1938 to George W. and Crystal Barton. She is granddaughter of Wright and Nancy Barton and Conrad and Clara Evaline (Elliott Lapp). She has two siblings: George Barton and Constance Barton. She was born and raised in both Myrtle Point and Powers, where she lived for 18 years. She has also lived in Klamath Falls, Roseburg and Cottage Grove. She has lived in North Bend for the past 7 years.

Amy and her late husband, Kendall Bolling, were married for 53 years. They have four children: Wes, Dale, Peggy and Nancy. They also have nine grandchildren (Chris Bolling, Amanda Bolling, Natalie (Bolling) Lo, Ashley (Bolling) Russell, Tiffany Bolling, Adam Bolling, Caleb Dickerson, Jordan Dickerson, and Jessie Young) and six great-grandchildren (Kendall Norton, Mary Norton, Evangeline Bolling, Kaia Russell, Talice Russell and Tycen Russell).

Amy enjoyed being a homemaker and raising their four children while her husband, Kendall, worked in the logging and forest



Amy Bolling

products industry. Mills in which Kendall worked included Coquille Plywood, Evert Doyle, and Goshen Forest Products. Toward the end of his career, he worked as a large equipment repair man, which required him to travel around western Oregon, before finally retiring at the age of 69 up Seven Devils Rd. near Charleston, Oregon.

Amy and Kendall enjoyed taking long drives and camping with their family up and down the coast. Amy and Kendall's most memorable vacation was in South Dakota in the Crazy Horse Mountains. "That place is just so immense and wonderful. There is no place like it on the planet."

Amy has many hobbies, including gardening, sewing and knitting, counted cross stitch, beading, cooking, baking, drawing, painting, and

reading. Amy's lifelong goal is to see that our Tribal children are taught their history, learn their identity, and practice their cultural traditions. "We are still here. We are not going away. The children must never forget who they are."

Chief Warren A. Brainard is Miluk Coos. He was born at his Grandmother Abbie's house across from what is now Valley River Center in Eugene, Oregon. He was raised at his family's homestead in Deadwood, Oregon. The original Deadwood homestead has been gifted to the Tribes by Chief Brainard and his siblings.

Warren is the son of Emil M. Brainard and Grace Littleton. His grandparents were John W. Brainard and Abigail Elliott. His grandfather, John, perished in the wreck of the North Star (a taxi boat on Coos Bay) when his father, Emil, was a small child. Abigail remarried some years later to Jo Taylor. They eventually moved to Eugene to their home on Abbie Lane (as it is named now), where Chief Brainard was born.

Currently Chief Brainard and his wife of 54 years, Marjene, reside just east of Springfield on Camp Creek. They have raised their family there for 40 years. He has two sisters: Maxine Marlow and Nellie Zimmer. He also has five brothers: Emil (Bud, deceased) Brainard, Ronald (Ron) Brainard, Francis (Frank) Brainard, Henry (Skip) Brainard and Jo Will Brainard. Chief Brainard and Marjene have three children: Col. Warren Bradley Brainard, Kerry Wynne Brainard and Teresa (Tesi) Gagner. They also have seven grandchildren: Paige Gagner, Garrett Brainard, Connor Gagner, Courtney Brainard, Grace Gagner, Mason Brainard and Zane Brainard.

After graduating from high school in Mapleton, he joined the Air Force and was stationed in Texas for basic training. Upon completion of basic training, he was sent to the Philippines. After his tour in the Philippines he returned to Texas, where he finished his active duty service. Chief Brainard spent two years in inactive duty here in Oregon. After leaving the Air Force he returned to Oregon and then moved to Washington state to work for Boeing. After that he moved back to Oregon, working in several other jobs. He attended Lane Community College (LCC), married Marjene, and apprenticed in the sheet metal trade. He started his own business in mechanical contracting and retired after 35 years. One of his last projects, and the one he is most proud of, was his own Tribal construction of Three Rivers Casino in Florence.

Chief Brainard has served on numerous boards, including the



Chief Warren Brainard

LCC Vocational Education Committee. He has been an active member of the Tribal Honor Guard and leads the Springfield Parade, as well as having served on the parade committee. The Honor Guard also makes presentations at State and Government functions and each year, at our annual Salmon Ceremony, they recognize and honor Tribal members for their military service.

Over the years, he has served on almost every tribal committee. He presently serves on Heath, Culture, Enrollment, and BLM-Resource Advisory Council, Coos Head CHAMP, and Oregon Department of Transportation- Lane Act. Chief Brainard stated, "I was the first Tribal Chairman after restoration. I can say the Tribe has come a long way in the last 31 years."

Warren's wife, Marjene, has been his helpmate through all the years of their marriage, working along beside him in their business and raising their family. She accompanies him to most

Tribal events he attends today. She is currently recovering from a heart attack and is doing very well.

When asked about his hobbies, Chief Brainard told me he enjoys hunting, fishing and watching Oregon Ducks football games. He also enjoys working outside and traveling. And what does he say about the Oregon Ducks? His favorite team is the Ducks, but "I'll root for the Beavers when they're not playing the Ducks!"

Chief Brainard has visited many countries, especially as his children have often been stationed abroad, as well as traveling to many places in the United States. On his travels, he had this to say: "Some places I probably would never have picked as vacation spots, but they all turned out to be of interest and some I would like to visit again. One place I would like to return to is the Philippines. I have some good memories of my time there. These days I enjoy visiting and catching up with my relatives."

Chief Brainard's hopes to see the Tribes acquire additional Tribal lands. He would also like to see additional benefits for Tribal members, such as scholarships and grants for our students and more benefits for Tribal members in need. He also would like to see the Tribal Council to be paid, so they don't have to take from their time and money to do the Tribes' business. Finally, when asked what he is known for, he said he hopes he is known for being a good person, a good Chief and an asset to our Tribe.

Design That Bus! -Competition-

The Confederated Tribes of the Coos, Lower Umpqua and Siuslaw Indians are holding a competition to design the exterior of the Tribes new bus.

Contest Rules

The following images can be printed out hard copy, downloaded via the Tribes website www.ctclusi.org or received via email. Contact the Tribes Planning Department at 541-888-9577 for more details or questions.

1. \$250 Grand Prize for the winning design.
2. Entries can be submitted electronically to the Director of Planning at jstump@ctclusi.org or mailed to;

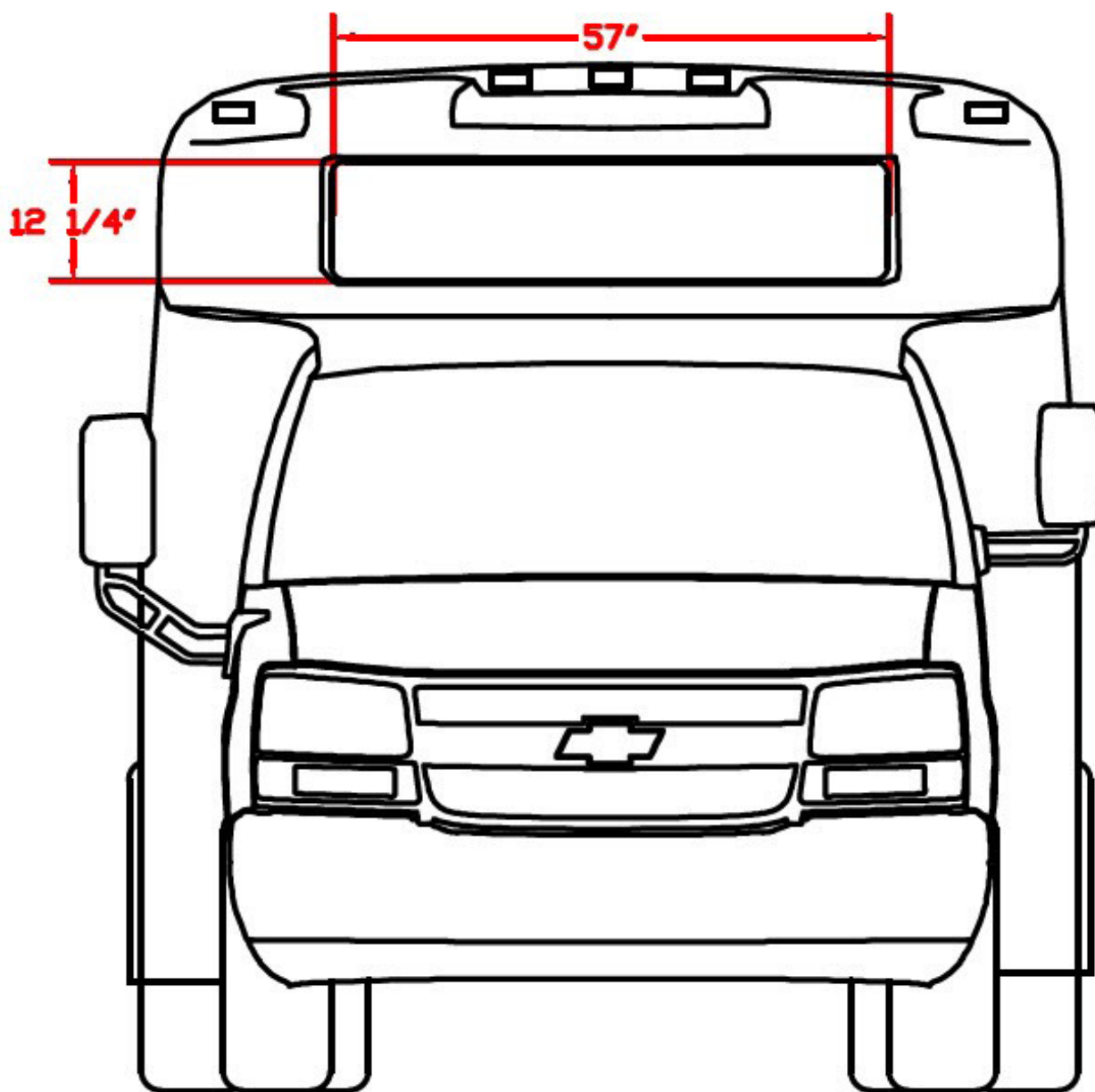
CTCLUSI Bus Design Competition

1245 Fulton Avenue, Coos Bay, Oregon 97420

3. Contest Deadline; May 31, 2017

4. Entries to be judged by an independent panel of 3 judges June 7, 2017

5. Contest open to Tribal Members or Employees of the Confederated Tribes of the Coos, Lower Umpqua and Siuslaw Indians



Dimensions

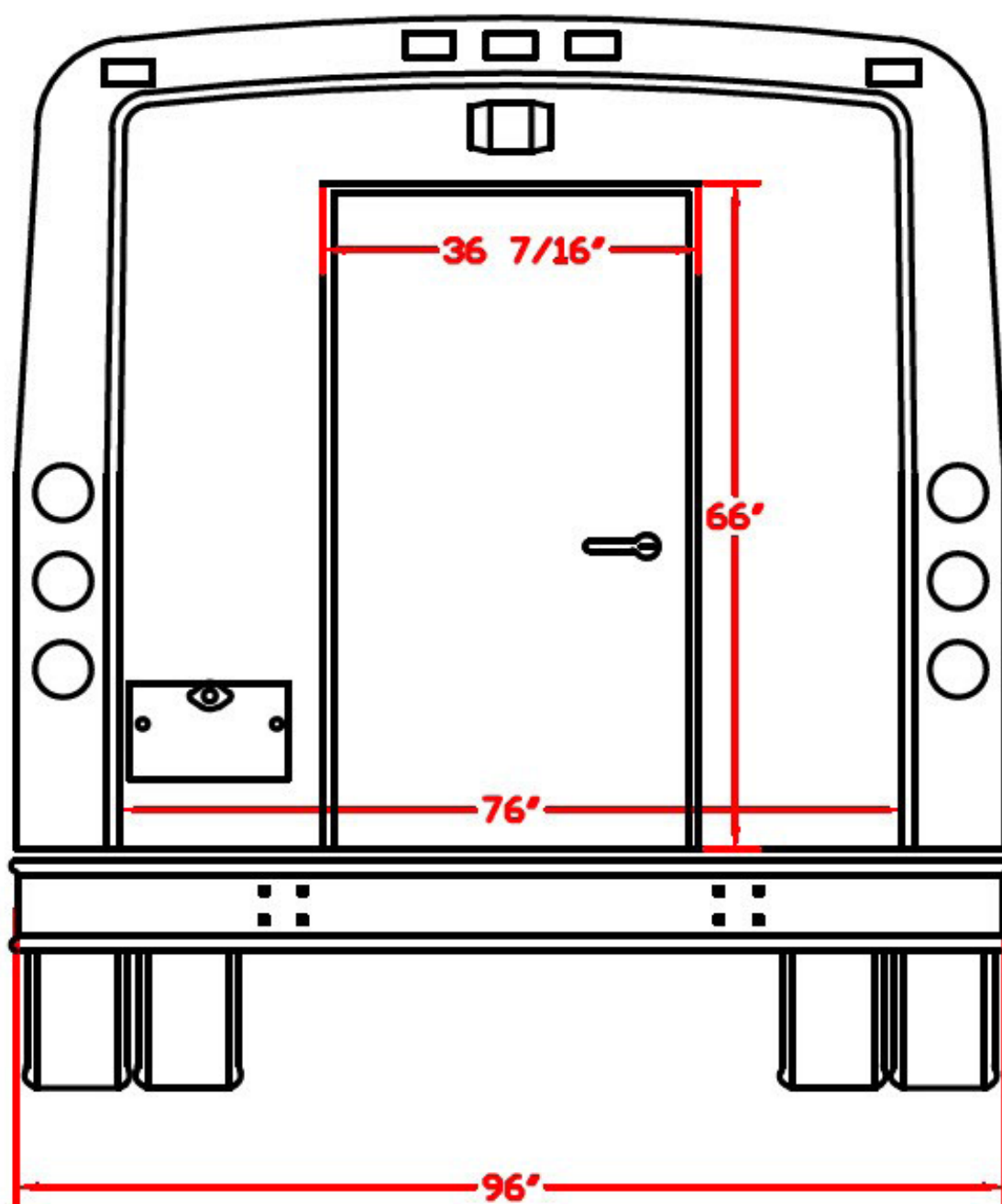
Front of Bus Panel: Height 12 1/4" X Width 57"

Back of Bus Door: Width 36 7/16" X Height 66"

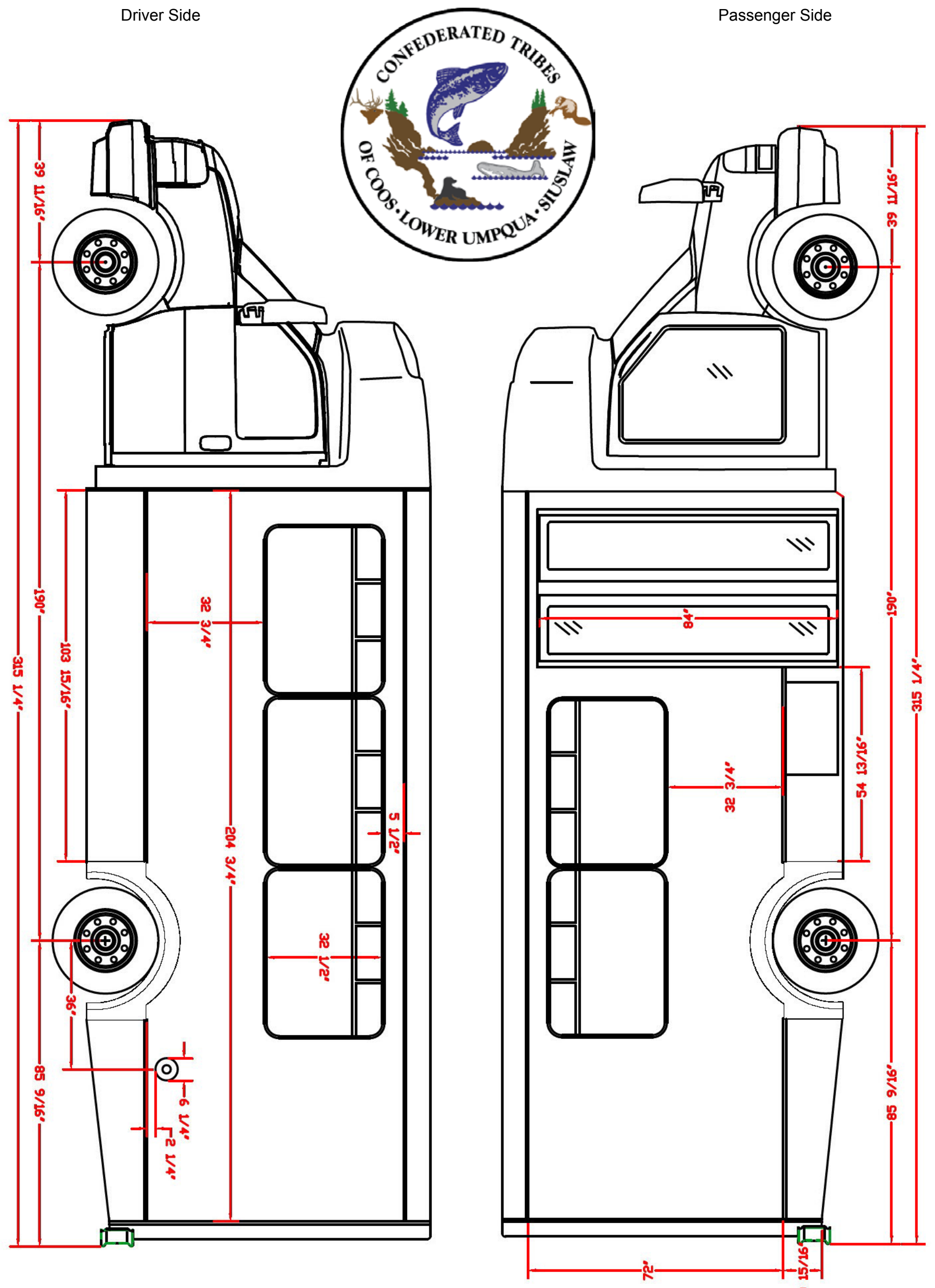
Back of Bus Panel Width: 76"

Drivers Side Panel: Width 204 3/4" X Height 32 3/4"

Passenger Side Panel: Height under windows 32 3/4", overall Height 72" Width



Design That Bus! -Competition-



Laughter Just Might Be The Best Medicine

Let Us Help You With Your Smile, So You Can Laugh More

Contributed by Jamie Meyers, DHAT Coordinator and Program Assistant

At CTCLUSI Dental Clinic, we are here to help you with your smile so you can laugh all you want without embarrassment. We have heard time and time again *"Laughter is the Best Medicine."* How can that truly be? Well studies have shown many health benefits of laughter.

Laughter is good for the Heart

People who are constantly angry, stressed out, and unhappy generally have greater blockages of their coronary arteries than people who lead less stressful lives. Laughter improves the function of blood vessels and increases blood flow, and boosts the body's production of infection-fighting antibodies. These antibodies help prevent hardening of arteries and other complications such as angina, heart attacks, and strokes.

Laughter is a Stress Reducer

Laugh and the world laughs with you. Laugh about your situations and stress begins to fade away. Laughing can help lessen your depression and anxiety, helping you feel happier. *"Laughter increases the blood flow and oxygenation. This stimulates the heart and lungs triggering the release of endorphins helping you feel more relaxed both physically and emotionally."* (<http://www.chopra.com/articles/6-reasons-why-laughter-is-the-best-medicine>) Laughter can be a great way to get outside the downward spiral of depression. Even forcing yourself to laugh releases a cocktail of hormones, neuropeptides, and dopamine that can start to improve your mood.

Laughter is good for the Waistline

Don't give up your gym membership just yet. Studies have shown that laughing 10 to 15 minutes a day can burn up to 40 calories a day! This means that you could lose 3 to 4 pounds in a year.

What can you do to have a Healthy Smile?

We all want a healthy smile and a life full of laughter. Be good to your teeth and gums, starting at birth.

1. Don't wait until it is too late. Visit your dentist regularly for preventive checkups and cleanings. Your dentist is trained to see the hidden problems you can't.
2. Floss your teeth once a day. Dental floss reaches many areas that your toothbrush can't.
3. Be aware of what you eat. Eat a well-balanced diet and avoid sugary or starchy snacks.
4. Be good to your gums. Visit your dentist right away if your gums are red or tender, puffy, gums that bleed, or persistent bad breath.
5. Brush your teeth at least twice a day. A thorough job of brushing takes 2 ½ to 3 minutes.

Call the CTCLUSI Dental Clinic today at **(541) 888-6433** to schedule your appointment. We are always happy to answer questions and assist you with your dental needs.

Tribe Welcomes New Behavioral Health Specialist

Contributed by Vicki Faciane, Director of Health & Human Services

Please join me in welcoming our new Behavioral Health Specialist, Lorenda Neal. Lorenda's office is on the 2nd floor of the Coos Bay Administration building. You can contact Lorenda at (541) 888-7509. In her role Lorenda will provide services such as life coaching, skills training and counseling services. I asked Lorenda to provide a short bio for this article:



Lorenda Neal, Behavioral Health Specialist

"A little about me: I grew up in Michigan and joined the Coast Guard, where I worked as a mechanic. I was stationed in Virginia, Massachusetts and Louisiana before moving to Oregon. I love doing various craft projects and reading and learning about the history of Oregon. I also enjoy visiting the beaches and the many historical places Oregon has to offer."

We're happy to have Lorenda join our team!



Were you recently diagnosed with **Diabetes**?

Have you been told you have **pre-Diabetes**?

If the answer is yes and you live in the 5-county service area (Coos, Curry, Douglas, Lane, and Lincoln Counties), the Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians Diabetes Program has a special kit designed just for you!

Inside your **CTCLUSI** Diabetes Kit you will find:

A Glucometer (blood sugar meter)

Glucose Testing Strips

Lancets

Band-Aids

Alcohol Wipes

Cotton Balls

Diabetes Wellness Book

Food Journal

Exercise Journal

Portion Control Plate

For further information, please contact Diabetes Program Coordinator Dani Bliss at **541-888-9577 ext. 7558** or by email at dbliss@ctclusi.org



Sponsored by CTCLUSI Health & Human Services Division
IHS Special Diabetes Program for Indians Grant

Purchased/Referred Care Information

Contributed by Starla Brown, PRC Specialist

As we enter the second quarter of 2017, we are noticing more people who are not following PRC procedures. This means fewer people are taking responsibility for their healthcare. Purchased Referred Care (PRC) can help you with your healthcare needs:

- It's YOUR responsibility to call for Purchase Orders (POs) BEFORE any appointment. If you don't get a PO for an appointment, PRC will deny payment to the provider and you'll be responsible for paying the bill.
- It's also your responsibility to make sure your provider has all of your insurance information. If you have private insurance, Medicare, Medicaid or any other source of payment for healthcare, that is your PRIMARY insurance. Your PRC benefit is not insurance and only pays after insurance and/or other benefits have paid.
- You must make sure your pharmacy has your insurance information (including Medicare and Medicaid/OHP). They must bill your insurance BEFORE billing CTCLUSI.
- If you have applied for an alternate resource and have been denied, you MUST provide PRC with that denial letter. Otherwise, you may have to apply again. This is a Federal requirement.
- Please make sure your mailing address and phone number are updated with your providers and with PRC.
- If you've moved out of the PRC Service Area, you have 180 days (6 months) from the date you move to get providers, insurance, and pharmacy in order. PRC is not able to pay for ANYTHING after 180 days.
- If you change insurance providers, if you drop your coverage, or if your insurance expires, you must notify PRC as soon as possible. Please submit any new insurance cards to PRC as soon as

you receive them.

- If you are new to Medicare or are within 3 months of your 65th birthday and need assistance, please contact us and we can help guide you through the process.
- PRC can't reimburse you directly for purchase of prescriptions, eyewear, DME supplies, or any other payment you make out of pocket. If you choose to go to a provider who does not bill us, we cannot guarantee payment for your services.
- Please be mindful of your annual allowances for Dental, Vision, Chiropractic and Physical Therapy. Once you've reached the cap on these benefits you're responsible for any additional care you use.

Funds for the PRC program are provided by the Federal government. We must comply with all Federal regulations related to the program. If you fail to supply any information requested, don't call PRC for purchase orders, or don't follow other program guidelines, you may be denied payment for services and you will be responsible for payment to the provider. If a service or payment is denied, you can file an appeal.

Anyone who has not yet turned in their annual PRC application has been changed to Direct Only status. This means that you can continue to get care at IHS clinics and hospitals but you cannot use the PRC program. If you have been changed to Direct Only, you are not able to get a PO; any bills received from providers with a date after you were changed to Direct Only will be denied and will be your responsibility. To become eligible once again for PRC, you must contact the PRC staff and complete your 2017 PRC application.

Please remember the PRC staff are here to assist you. Our staff are trained to help you apply for the Oregon Health Plan (OHP) and to navigate the Federal Marketplace, as well. If you have any questions, or if you need assistance, you can call (541) 888-4873 or toll free at (800) 227-0392. We're here to help!



Wisdom Warriors

Living Wise — Living Strong

Do you want to learn how to live a healthier life?

Want to learn how to effectively manage chronic diseases in a cultural setting?

Would you like to be an example for your Tribal Community?

If you answered yes to any of the questions above, this 6-week program is for you.

Included with the program you will receive the **incentives** below:

- Delicious meals at every class
- Nike N7 Shoes (If you complete 4 of the 6 classes)
- Digital Weight Scale
- Food Scale
- Pedometer or Fitness Watch
- Yoga Mat
- And much more.....

WHEN: Classes Begin May 3, 2017

WHERE: Florence Outreach Office
3757 Highway 101
Florence, OR. 97439

TIME: To Be Determined

Class Size is Limited

You must Pre-Register no later than Monday, April 24th by calling

Doug Morrison at (541) 997-6685 or email dmorrison@ctclusi.org

Sponsored in Part by: Wisdom Warriors, The Yellowhawk Tribal Health Center and CTCLUSI Health & Human Services Division - Special Diabetes Program for Indians



Please join us for good food and fun with other

Tribal Families.

All Tribal families welcome to attend.

Sorry, No transportation is provided.

Tribal Family Gathering Lunch

Sunday, April 9, 2017

Coos Bay Tribal Community Center

Regular Tribal Council Meeting 10:00—11:30 am

Tribal Family Gathering Lunch 11:30 am—1:00 pm

General Council Meeting will follow at 1:00 pm



Please RSVP By Wednesday, April 5, 2017

(541) 435-7155 or toll free (888) 280-0726

Speaker

Danelle Bliss

Diabetes Program Coordinator

Sponsored by: Health & Human Services Division — Diabetes Grant



Culture Camp 2017 Call For Counselors

**Camp Scheduled for July 10-14, 2017
(Orientation/Training on July 10, 2017)**

Now accepting applications for Counselors –in- Training (Ages 16+) and Counselors (Ages 18+). Culture Camp provides Tribal Counselors and youth with the opportunity to learn and teach traditional skills from cooking to games, as well as how to be better stewards of our lands and waters in a beautiful setting.



Questions? Call: 541-902-6504 or 541-888-7523
Or email dwill@ctclusihr.org

**Apply online www.ctclusi.org ~ Deadline: April 28, 2017
(Accepting Applications January 13, 2017 – April 28, 2017)**

Ladies' Self-Care

Tuesday, April 11, 2017

3:30 - 5:30 p.m.

RSVP to: (541) 888-7537



Please join us at the Community Center for a card making class taught by our very own Jan Lawrence. This event is open to tribal and non-tribal women. Snacks and drinks will be provided.

Sponsored by CTCLUSI Health & Human Services Division
Circle of Healing Project



Culture Camp 2017 July 10 – 14, 2017 (Orientation/Training on July 10, 2017) Program and Application information Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians

WHAT IS Culture Camp?

Culture Camp is a yearly camp sponsored by the CTCLUSI Culture Department for Tribal family youth, 8-18 years of age. This year's location of Culture camp is to be determined. CTCLUSI offers job opportunities for the positions of Counselor and Counselor in Training. These positions are responsible for providing assistance and support to the Camp Director in carrying out activities during the youth camp as well as providing direct supervision for the youth campers.

WHO IS ELIGIBLE TO APPLY?

To be eligible to participate in the 2017 Culture Camp:
Meet minimum requirements as outlined in the position description and can be inquired through Human Resources. The job posting may also be found on the CTCLUSI website at www.ctclusi.org or by contacting Human Resources.

WHAT IS THE PROCESS OF SELECTION?

The Recruitment Specialist for Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians will review online applications for completeness and administer the evaluation process. All qualified applicants will be forwarded to the Camp Director for review. The following criteria are considered during the selection process: presentation of application, and involvement in the Native community. An appointed committee conducts a final review of the application and makes an official selection of awarded applicants.

WHEN IS THE APPLICATION DEADLINE?

Online applications must be received by 4pm on Friday, April 28, 2017
Apply online at www.ctclusi.org or by contacting Human Resources

WHEN WILL YOU BE NOTIFIED IF YOU ARE SELECTED?

All qualified applicants will be notified by Friday, July 3, 2017 by Human Resources.

WHAT ARE THE EMPLOYMENT REQUIREMENTS?

Culture Camp Counselors must meet the following award requirements.

- Complete Online Application by the specified deadline (see Human Resources if you unable to see announcement online)
- Must be interviewed, pass reference checks and selected by the appointed committee.
- Pass pre-employment drug test
- Pass background information and obtain fingerprints, processed Tribal Police Department

WHO DO I CONTACT IF I HAVE QUESTIONS?

Jesse Beers, Camp Director
Cultural Department for CTCLUSI
Phone: (541) 297-0748
Email: jbeers@ctclusi.org

Department of Human Resources
Phone: (541) 902-6504
(541) 888-7523
Email: phickson@ctclusihr.org
dwill@ctclusihr.org

**Deadline to apply – Friday, April 28, 2017
(Applications Accepted January 13, 2017– April 28, 2017)**

PARENTING WORKSHOP

PRESENTED BY THE CONFEDERATED TRIBES OF
COOS, LOWER UMPQUA & SIUSLAW INDIANS —
HEALTH & HUMAN SERVICES DIVISION

FAMILY SERVICES DEPARTMENT



Childcare & Meals Will Be Provided

Please RSVP for this Workshop
(RSVP is required for participation)

Contact:
Meagan Davenport at
(541) 888-1311

When:

Wednesdays -
May 10, 2017
May 17, 2017
May 24, 2017
May 31, 2017

Time:

5:30-7:30pm

Location:

CTCLUSI – Florence
Outreach Office
3557 U.S. 101
Florence, OR 97420



Circles of Healing Program



The Circles of Healing Program is a confidential victim services program that empowers and supports victims and survivors of abuse in achieving or maintaining personal safety. The program is sponsored by the CTCLUSI Health & Human Service Division

What is sexual assault?

Sexual assault is a term that refers to an unwanted sexual act against or without a person’s consent. Sexual assault can affect anyone. A 2010 study by the Centers for Disease Control found that:

One in five women are raped in their life time in the United States. This is almost 22 million women.

One in seventy-one men are raped in their lifetime, totaling to 1.6 million male victims in the United States.

It is a commonly held belief that sexual assault is mostly committed by strangers. In reality, most survivors know their abusers in some way. According to the Bureau of Justice Statistics (BJS), 60 percent of survivors are assaulted by their partner, relative, or a friend. This rate can be even higher for men or women who attend, or have attended college.

The majority, about 79.6 percent, of sexual assault victims were under the age of 25 (and 42 percent of sexual assault victims were under the age of 18) when the crime occurred. This said, it is apparent, young people face high risk for becoming victims.

Remember!

- Everyone has the right to decide what they do or don’t want to do.
- Not all sexual assaults are violent “attacks.”
- Most victims of sexual assault know the perpetrator.
- People of all ages and genders can be a victim of sexual abuse.
- People of all genders can be perpetrators of sexual abuse.

Sexual assault can happen to anyone, at any time, by anybody. Sexual assault is never the victim’s fault.

If you, or someone you know, is or has been a victim of sexual assault, please contact:

Rebecca Ambrose at (541) 888-1309, or Devynne Krossman at (541) 888-7537.

Source of Information:
<http://www.loveisrespect.org>
Submitted by: Devynne Krossman



Elders Luncheon

Thursday, April 6, 2017

11:30 A.M.

Coach House

604 6th Ave., Coos Bay, OR 97420

R.S.V.P. by Tuesday, April 4, 2017

Please call Andrew Brainard, Elders Activities Coordinator, at (541) 888-7533
LIMITED TRANSPORTATION IS PROVIDED.

Confederated Tribes of
Coos, Lower Umpqua & Siuslaw Indians
Health & Human Services Division
Elders Activity Program

Ladies Tea

Saturday, May 13, 2017

Tribal Hall at 12:00 p.m.

Light Refreshments will be served

Ladies of all ages are welcome



Family Services present...



Tribal Youth between 15-21 years of age —
Come join us for a 1-day workshop on job readiness training. Youth will be assisted with resumés, cover letters, building effective interview skills, and much more to assist youth to gear up for their summer work experience. Short-term work experiences can help youth develop job skills, make contacts, and create awareness about career options.

LOCATIONS: Saturday, April 8, 2017

Tribal Hall
338 Wallace St.
Coos Bay, OR 97420

Workshops
are from
9:00 am
to
5:00 pm

Saturday, May 13, 2017

Springfield Outreach Office
1126 Gateway Loop, Suite 102,
Springfield, OR 97477

Saturday, June 3, 2017

Florence Outreach Office
3757 Hwy 101, Florence, OR 97403

RSVP by the Wednesday
before the Saturday of choice.
Contact Meagan Davenport at (541) 888-1311

Sponsored by CTCLUSI Health & Human Services Division
Family Services - School to Work Program



TRIBAL YOUTH COUNCIL TREE PLANTING EVENT

The Tribal Youth Council and the Department of Natural Resources will be hosting a Red Cedar Tree Planting Event at Tribal Hall. This event is open to the tribal community and friends. Equipment will be provided.

WHEN: Sunday April 9, 2017
9:00 a.m. - 11:30 a.m.

WHERE: Tribal Hall



To RSVP please call (541) 435-7155

Got Coaching? -The Benefits of a Life Coach-

Contributed by Mike Smith, Training & Development Specialist

Life coaching can assist with many areas, including developing valuable work skills. For any workforce development assistance, please contact us in the Department of Human Resources to see how we can help you achieve your personal and career goals!

Getting the Most Out of Living

Life is full of tough decisions and the consequences of bad choices can sometimes linger relentlessly. If your life experience has been more reactive than proactive, then a life coach might be just what the doctor ordered. If you're ready to take more direct control of your day-to-day existence, a life coach may be exactly what's needed for new found success. A life coach can help:

- Evaluate your career choices in light of your personality, strengths and weaknesses
- Explain the necessity of goal-setting and positive thinking
- Build better professional and personal relationships
- Achieve to your fullest potential


What Exactly Does a Life Coach Do?

While the term "life coaching" can seem vague, there are specific things that a life coach offers to their clients. First of all, it's critical to understand that a life coach does NOT have to have the credentials of other certified therapists or counselors. While many life coaches do hold degrees or memberships in credible organizations or associations, anyone in the world can set himself or herself up as a life coach. This is one reason that it is so vital to carefully evaluate and "interview" potential life coaches before signing on for their services. In a nutshell, all reputable life coaches work to take an active and hands-on approach to working with individuals in key areas of life like relationships, careers, families or even finances. This might be accomplished through regular meetings, "homework" assignments, goal-setting and frequent monitoring of the progress that has or hasn't been made. According to an article published in USA Today, there were an estimated 10,000 life coaches currently in practice across America, with more signing up each day. However, it is also important to distinguish that life coaches are NOT mental health professionals and gear their attention and efforts toward day-to-day issues. Depression, addiction or other more serious matters should be addressed by a licensed professional.

The Benefits of a Life Coach

Depending on the specialty of your own particular life coach, there are a host of different benefits you can take advantage of including smooth transitions through bumpy stages of life, the ability to re-evaluate your life and plan your goals accordingly. Coaches can help you achieve a sense of balance, provide guidance in making difficult decisions, and give pointers on prioritization. Life coaching may also result in improved relationships, recognizing and optimizing your core strengths as an individual, simplifying your life, lessening your stress, an increased sense of control and better time management.

Ultimately, one of the biggest reasons that life coaching may have more impact than individual effort is that a life coach often brings a fresh perspective and a great deal of professional experience. The best coaches are dedicated to helping you achieve your dreams, while helping you abandon detrimental habits and practices. Once you know why you want a life coach and what you expect of them, it's up to you to find one who is a perfect fit for your individual needs.



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

Three Rivers Casino Resort ~ Florence
Bartender ~ Beverage Server ~ Food Server
Lead Cook ~ Line Cook
Night Cook/Cleaner
Guest Room Attendant
Hotel Front Desk/PBX Clerk
Soft Count Team Member Dual Rate Lead
Table Games Dealer 1-8

Three Rivers Casino Resort ~ Coos Bay
Bartender/Server
Buspersion/Host/Dish Machine Operator

Blue Earth
No openings at this time

Tribal Government Offices
Special Events Employee (Assignment Varies)

Culture Camp Counselor and Counselor in Training, Closes 4/28 at 4pm

Student Intern, Closes 5/5 at 4pm



<http://ctclusi-int.atsondemand.com/>
Go to **Job Opportunities** on the website for full job posting and to Apply Online
Updated Daily
Or call Recruitment at **541-902-6504**

THREE RIVERS

CASINO RESORT

Spring Fling!

Chocolate Giveaway

April 1-16

Every 500 points earns you a box of truffle chocolates.

While Supplies Last



THE HIT MEN



Featuring Former Stars of Frankie Valli & The Four Seasons

FRIDAY, MAY 12 - 8PM
SATURDAY, MAY 13 - 7PM

TICKETS START AT \$14.99

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