

The Voice of CLUSI



September 2020

Issue 9

Volume 21

www.ctclusi.org

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

Tribal Council Honors the Salmon People in Small Ceremony at Baldich



Chief's Island photograph and smudge taken by Council Member Enna Helms

Daii Tribal Members,

I, along with Tribal Council, hope you and your family are having a good summer and are staying safe during this Coronavirus pandemic.

I would like to provide all Tribal Members with my first report as Chief on the Annual Salmon Ceremony:

On July 1, 2020 Vice Chairman Mark Petrie, Tribal member Ashley Russell and myself drove 246 miles roundtrip to collect our annual salmon allotment. This year our salmon came from the Rock Creek Fish Hatchery located about 10 miles east of Glide, Oregon on the Umpqua River. We left the Coos Bay area at 6:15 am, traveled to Rock Creek, returned to the Community Center to clean the fish and the day ended after 11 hours. I would like to personally thank Vice-Chairman Mark Petrie, Ashley Russell and all other Tribal staff who helped clean the fish in record time.

On August 2nd, Tribal Council and myself only met at Gregory Point to cook one salmon and continue our traditional Salmon Ceremony. I arrived about 6:45 am and found Vice-Chairman Mark Petrie and newly elected Tribal Council member Enna Helms were already there. While Mark and I started the fire, Enna borrowed my camera and took pictures as well as video of the beautiful lighthouse

property and surrounding areas. She then recorded Mark and I preparing the fish to cook on the stakes over the open fire. Before the other Tribal Council members arrived, Enna asked if she could have some of the hot coals, so she could make frybread. She mixed up the frybread dough and cooked it in a cast iron skillet over the hot coals. What a treat!! Our meal started around 12:20 with the Chief and all Tribal Council only present. After the meal, a ceremony was performed, and the salmon remains were returned back to the ocean.

The weather for this year's salmon ceremony was beautiful, however all our hearts were saddened as we could not share this time with all our Tribal members and family present. We hope that we will all be able to gather together next year.

PS: During the salmon ceremony an eagle landed in a nearby tree and watched over us. This picture and all other pictures and videos will be available on the Tribal Website soon at www.ctclusi.org

-Chief Doc Slyter

Turn to page 10 for Salmon Ceremony Photos
Turn to page 8 for Salmon Allotment Photos

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Confederated Tribes of Coos,
Lower Umpqua and Siuslaw Indians
1245 Fulton Avenue
Coos Bay, OR 97420

**Tribal Members, please be sure to
update your contact information with the
Enrollment Department so you do not
miss out on important information being
mailed out to membership.
Questions: Jeannie McNeil
541-888-7506 or jmcneil@ctclusi.org**

Tribal Council Business

Activity of Elected Tribal Council Members from July 12, 2020 - August 9, 2020. All Meetings via teleconference or by video.

Chief Doc Slyter:

7-12 Special Council Meeting
9:30 am – 9:50 am
Tribal Council Meeting
10:00am – 2:15pm
7-16 BIA Northwest phone conference
11:00 am – 11:45 am
Leader's Circle 5:15 pm – 6:55 pm
7-17 Oregon State Governor Brown
phone conference 3:00 pm – 3:50 pm
7-18 Tribal Council Workshop
9:00am – 5:45pm
7-19 Tribal Council Workshop
9:00am – 2:20pm
7-20 DEQ Meeting 2:30pm – 4:15pm
7-23 Special Council Meeting
5:15pm – 5:55pm
Talking Circle 5:55pm – 8:10pm
7-29 EPI – CD COVID 19 call
2:00pm – 2:45pm
GFORB 4:45pm – 6:00pm
Business Meeting 6:00pm – 9:00pm
7-30 BIA Northwest phone conference –
BIA 11:00 am– 12:45pm
Tyler Fish – Washington DC
1:00pm – 1:40pm
Leader Circle 5:15pm – 8:15pm
8-2 Salmon Ceremony – Gregory Point
6:45am – 1:30pm
8-6 Leader Circle 5:15pm – 8:00pm
Total Hours:

Debbie Bossley, Tribal Chair:

7-12 Special Meeting/Council Meeting
7-14 Coos Museum
7-15 Housing Meeting
7-16 BIA/Indian Country/Leaders Circle
7-17 9 Tribes & Governor
7-18 Leaders Circle Workshop
7-19 Leaders Circle Workshop
7-23 Special Meeting
7-24 LCIS Economic Development
7-27 Interview for Waste Water Treatment
Plant (WWTP)
7-28 Interview for Education Director
7-29 GFORB/Business Meeting
7-30 Interview for WWTP/BIA/
Indian Country/Leaders Circle
8-2 Council Salmon Ceremony
8-6 Leaders Circle
8-7 9 Tribes & Governor
Total Hours: 130

Mark Petrie, Vice-Chair:

7-12 Special Council Meeting/Regular
Council Meeting
7-13 Offshore Wind Turbine Radar
Interference Mitigation Webinar Series
- Marine Navigation Radar/
Developing a Habitat Conservation
Plan for western Oregon's State forests
7-14 Education Committee Meeting/
Coos History Museum Tuesday Talks
via Zoom
7-16 Oregon Coast Energy Alliance
Network (OCEAN) Core meeting &
Working Group Update/WH Indian
Country COVID Update Call/
Leader's Circle
7-18 Tribal Council Workshop
7-19 Tribal Council Workshop
7-20 Cultural Coalition Meeting/
Lakeside ODEQ, Sen. Roblan,
CLUSI Zoom meeting
7-23 OCEAN Core Meeting/
Special Council Meeting/
Leader's Circle
7-24 State-Tribal COVID Response
Efforts Call
7-28 Education Director Zoom Interview/
Governor's Address
7-29 GFORB Meeting/
Business Council Meeting

7-30 OCEAN Board of Director (BOD)
appointments/BIA – Fed – Tribal
COVID Response Call/WH Indian
Country COVID Update Call/
Farmer's Conservation Association
Zoom Presentation on Renewable
Energy/Leader's Circle
8-1 Salmon Ceremony Prep
8-2 Salmon Ceremony
8-4 OCEAN BOD Meeting
8-5 US House Climate Action Plan
Review Workgroup
8-6 Leader's Circle
8-7 State-Tribal COVID Response
Efforts Call
Total Hours: 132

Ilana Montiel:

7-12 Special Meeting/
Regular Council Meeting
7-13 CHAP Board Advisory Meeting/
Press briefing w/ Gov. Brown/
Portland Area Covid-19 Funding
Briefing call
7-14 NPAIHB Virtual Quarterly
Board Meeting
7-15 NPAIHB Virtual Quarterly
Board Meeting
7-16 Covid-19 Use of Stimulus Funds/
TC Leader's Circle Meeting
7-18 Tribal Council Weekend Workshop
7-19 Tribal Council Weekend Workshop
7-22 National Covid-19 Briefing Call
w/ State, Local and Tribal Officials
7-23 Special Meeting/Leader's Circle
7-28 Education Director Interview
7-29 GFORB Meeting/
Tribal Council Business Meeting
7-30 Leader's Circle
8-2 Salmon Ceremony
8-6 Leader's Circle
Total Hours: 90

Josh Davies:

7-12 Special Council Meeting/
Regular Tribal Council Meeting
7-14 Education Committee Meeting,
Tuesday Talks with Coos History
Museum
7-15 Housing Committee Meeting
7-16 BIA Federal/Tribal Call, Leaders Circle
7-17 Tribal State Call – Virtual Sports
7-18 Tribal Council Workshop
7-19 Tribal Council Workshop
7/20-27 Chetco River Family Camping Trip
7-30 GFORB, Tribal Council Business
Meeting
7-30 BIA Federal/Tribal Call,
Update from the White House Council
on Native American Affairs/
Leaders Circle
8-2 Salmon Ceremony
8-5 Education Tour
8-6 Meeting with North Bend School
District, Leaders Circle
8-7 State-Tribal call Covid-19
Response Efforts
Total Hours: 80

Doug Barrett:

7-12 Special Council Meeting
7-14 Meet the Partners: Saving Lives
with Harm Reduction
7-14 LPH & Tribes webinar call
7-14 Go to Web: Office of Consumer
Activities, update for Behavior Health
Consumers
7-15 Wellness series Part 3: managing
stress
7-15 OYA stakeholders: Corona virus
Update
7-16 9-Tribes Quarterly Meeting follow up
7-16 Listening session: Mental Health Parity

& addiction Equity Act, Department of
Labor
7-16 Indian Country Covid – 19 update call
7-21 Telehealth Strategies to Help Prepare
Patients & Providers during covid &
beyond
7-21 LPHA & Tribes call
7-22 VLS session 3: Spirituality in the
Hispanic & Latino culture
7-23 Leaders Circle
7-24 Executive Action to Lower Drug Prices
7-24 State – Tribal call, Covid -19
response efforts
7-28 Colliding Crises: Meeting Leadership
Challenges of Covid – 19
7-28 LPAH & Tribes call / webinar – Local
Public Health Authorities
7-28 Education Director Interview
7-29 Examine Dredge Spoils
7-29 GFORB & Tribal Council Business
Meeting
7-30 BIA Federal / Tribal Coordination call
7-30 Leaders Circle
7-30 OYA Stakeholders Corona virus
update
7-31 Native Veteran Resilience & Wellness
Provider Peer to Peer
8-2 Salmon Ceremony
8-4 WHCNAA – workforce develop &
Education Subcommittee
8-4 WHCNAA – Energy Subcommittee
Tribal Leader Roundtable
8-4 Go to Web: LPHA & Tribes
Tuesday call
8-5 Mental Health Matters During
Covid – 19, NPAIHB
Thrive failsafe for life
8-5 WHCNAA Energy Subcommittee
Tribal Leaders Round Table
8-7 State – Tribal call: Covid – 19
response efforts
8-9 Tribal Council Meeting
Total Hours : 126

Enna Helms:

7-12 Special Tribal Council Meeting/
Regular Tribal Council Meeting
7-13 Governors Press Conference on
COVID-19
7-14 Education Committee Meeting/Panel/
INEQUITY: A Survey of Discrimination
in Oregon and the South Coast
7-16 BIA Federal/Tribal Coordination Call;
Tribal Council's Leaders Circle
7-17 Tribal-State Call re Virtual Sports
7-18 Tribal Council Workshop
7-19 Tribal Council Workshop
7-23 National Indian Health Board Hosting
All Tribes Call: CDC & Prevention;
Special Tribal Council Meeting; Tribal
Council's Leaders Circle
7-24 State-Tribal COVID Update
7-28 Interview Panel for position of
Education Director/
Governors Press Conference
7-29 Indigenous Speakers Series/
GFORB Meeting/
Tribal Council Business Meeting
7-30 Bureau of Indian Affairs Meeting/
White House Indian Country COVID
Call/ Tribal Council's Leaders Circle
8-2 Salmon Ceremony
8-4 Oregon Tribal Gaming Alliance Call
8-6 Tribal Council Leaders Circle
Total Hours for the Month: 98

Upcoming Council Meeting - via Zoom

September 13, 2020

Budget meeting 9:00 a.m.,

Council Meeting 10:00 a.m.

Login to www.ctclusi.org/councilmeetingminutes to
get access to the zoom link before the meeting begins.

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc.
Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians
ATTN: Tribal Council 1245 Fulton Ave.
Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Veterans are honored at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at jlawrence@ctclusi.org for new requirements needed to be honored.

US FOREST SERVICE
NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Eugene Outreach offices.
Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., either online at www.ctclusi.org/enrollment or mail to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at www.ctclusi.org
If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Doc Slyter, Chief
Tribal Chief
541-808-7625 (cell)
dslyter@ctclusi.org

Enna Helms
Position #1 Council
541-297-7538 (cell)
enna.helms@ctclusi.org

Debbie Bossley, Chair
Position #2 Council
541-294-3972 (cell)
debbie.bossley@ctclusi.org

Mark Petrie, Vice-Chair
Position #3 Council
541-297-3681 (cell)
mark.petrie@ctclusi.org

Josh Davies
Position #4 Council
541-294-4105
josh.davies@ctclusi.org

Iliana Montiel
Position #5 Council
541-217-4613 (cell)
iliana.montiel@ctclusi.org

Doug Barrett
Position #6 Council
541-297-2130 (cell)
doug.barrett@ctclusi.org

Council Meeting
September 13, 2020
10:00 a.m.

To practice safe social distancing guidelines, this meeting will be streamed online. Please log on to www.ctclusi.org/councilmeeting-minutues for information on how to attend this online meeting


- Agenda:
1. Call to Order
 2. Invocation
 3. Approval of Minutes as needed
 4. Tribal Council Reports
 5. Tribal Chief Executive Officer Report
 6. Chief Financial Officer Report
 7. Old Business
 8. New Business
 9. Other
 10. Good of the Tribes
 11. Executive Session as needed
- Council meeting video available to view at www.ctclusi.org

Upcoming Events

- September 8th** – COH hosted yoga class
via zoom 6:00 p.m.
- September 13th** – Budget Meeting
via zoom 9:00 a.m.
- September 13th** – Regular Council Meeting
via zoom 10:00 a.m.
- September 16th** – Cultural activity
via zoom 6:00 p.m.
- September 22nd** – COH hosted Essential oils class
via zoom 6:00 p.m.
- September 22nd** – Family Support & Behavioral Health Services Virtual Town Hall Meeting
3:00 p.m. & 6:00 p.m.
- September 23rd** – Cultural activity
via zoom 6:00 p.m.
- September 30th** – Cultural activity
via zoom 6:00 p.m.
- October 6th** – COH hosted book club
via zoom 7:00 p.m.
- October 11th** – Regular Council Meeting
via zoom 10:00 a.m.

To attend the Council meetings via zoom, please login to www.ctclusi.org/councilmeetingminutes
Should you need assistance with your Tribal website login please contact Morgan Gaines at mgaines@ctclusi.org or call 541-808-7918.
To attend departmental classes via zoom please contact the departments directly as supplies and sapce may be limited. They will email you the direct links to the zoom class before it begins.

The Tribal website is currently being updated to include new exciting features and promote more user friendly navigation to finding the information you're looking for.
If you already have a login you will not have to re-register for the new site. Your old login will work on the new sites citizen portal.
If you have suggestions or something you would like to see on the new website, please email Morgan Gaines at mgaines@ctclusi.org



THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org. All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Government Office Stephanie Watkins Interim CEO & Director of Human Resources 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-999-1360 swatkins@ctclusihr.org	Purchased/Referred Care 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-4873 Toll free 1-800-227-0392 Fax 541-888-5388 prc@ctclusi.org	Elders Activities Iliana Montiel Assistant Director of Health Services 1245 Fulton Ave. Coos Bay, OR 97420 Phone 541-888-7526 Fax 541-888-5388 Toll Free 1-888-280-0726 imontiel@ctclusi.org	Florence Outreach Office Physical: 3757 Hwy. 101 Mailing: P.O. Box 2000 Florence, OR 97439 Phone 541-997-6685 Toll Free 1-866-313-9913 Fax 541-997-1715
Health Services Division Vicki Faciane - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-7515 Toll free 1-888-280-0726 Fax 541-888-5388 vfaciane@ctclusi.org	Education Department Josh Davies, Education Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-1314 Cell: 541-297-4105 Toll free 1-888-280-0726 jdavies@ctclusi.org	Tribal Court J.D. Williams Chief Judge 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll Free 1-888-280-0726 tribalct@ctclusi.org	Tribal Gaming Commission Brad Kneaper Executive Director of the Gaming Commission 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-2830 Fax 541-997-7293 bkneaper@ctclusi.org
Department of Human Resources Stephanie Watkins - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone: 541-888-7508 Toll Free: 1-888-280-0726 Fax: 888-723-3270 swatkins@ctclusihr.org	Family Support and Behavioral Health Services 2110 Newmark Avenue Coos Bay, OR 97420 Phone 541-888-1311 Toll Free 1-800-618-6827 Fax 541-888-1837	Cultural Department Jesse Beers, Cultural Stewardship Manager 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-1319 Fax 541-888-2853 jbeers@ctclusi.org	Tribal Police Brad Kneaper Chief Law Enforcement Officer 5647 Hwy 126, Suite 100 Florence, OR 97439 Phone 541-997-6011 Fax 541-902-6507 bkneaper@ctclusi.org
Tribal Housing Department Laura Fortin - Director 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-7504 Fax 541-435-0492 lfortin@ctclusi.org	Tribal Dental Clinic Dr. Sarah Rodgers 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-6433 Toll free 1-877-688-6433 Fax 541-888-7505	Eugene Outreach Office 135 Silver Lane, Suite 200 Eugene, OR 97404 Phone 541-744-1334 Toll Free 1-800-877-2718 Fax 541-744-1349	Department of Natural Resources Roselynn Lwenya, Ph.D. Director of Natural Resources 1245 Fulton Avenue Coos Bay, OR 97420 Phone 541-888-9577 Toll Free 1-888-280-0726 Fax 541-888-2853 rlwenya@ctclusi.org

Tribal Council Member Josh Davies Appointed Education Director

Dai Tribal Families,

I am excited to be able to submit this newsletter article as your Education Director. I hit the ground running Monday 8/10/2020, and am working to ensure that all of our students and families are priority and supported during these unprecedented times. I have been a part of education my entire life. I come from a long line of educators stemming back to my great grandmother who was the Principal for the school in Empire many, many years ago and my great-great Aunt who was also a teacher and Principal. My family has been a part of education for many generations.

When first starting my educational journey I worked in the Vancouver School District as an Educational Assistant for two years. While working full time, I was able to obtain my Master’s in Teaching from City University. After graduating, I worked as a substitute teacher in both the Vancouver and Evergreen School Districts. An opportunity arose which allowed me to relocate down to Coos Bay and work in the Tribes Education Department for three years. During the time with the Tribes I started as an Education Intern, transitioned to Education Specialist and then to Interim Education Director. After leaving the Tribes, I was hired as a 6th grade teacher at Sunset Middle School for the Coos Bay School District. While working at Sunset for 6 years, 5 of those years I had the opportunity to substitute as Principal. While working as an administrator, I realized this was the next avenue I wanted to pursue. With the support of my family and the Tribes I received my Administrator’s License in 2018. Throughout my work for the Coos Bay School District, I was also able to coach multiple sports at both the high school and middle school levels. All of this experience led me to being hired by the Bandon School District last year as the High School Assistant Principal and the school districts Athletic Director. What a year to begin my administrator’s career.

With Covid 19 causing closures of schools, the pandemic brought more fear and anxiety to the entire country. Everyone was frazzled, talk about no sports and hybrid models for the upcoming school year. I was on 5-6 Zoom meetings, and even more conference calls, update briefings from the state

and panic from school boards, teachers and parents heightened. It was the morning before administrators would be back to school, I was offered the position with CLUSI, so respectfully and with heavy heart I gave my resignation to Bandon that evening. Officially making me your new Director of Education! It is very exciting; I am truly honored to be back where I had initially intended to be when moving to Coos after graduate school 11 years ago. I made the right choice, this I know because my heart is full. I am eager to share my knowledge and skills with all of you. Being on Council and working full time for CTCLUSI, it is my goal to remain 100% proactive and available to you. I intend to address all of your Educational needs in some way or another. I have already started working diligently toward a plan for this year to assist students for a successful and productive school year. I am very grateful to be here in my full capacity.

My promise is to always be available to students, ready to tackle online learning issues, and assist in higher education and give family support. You may be having anxieties about returning to campus, or staying home may be even harder. Perhaps you are lacking the tools or supplies needed for online or hybrid learning. This is normal and I am here to help you find solutions to these unusual circumstances, please don’t hesitate to reach out.



Hiis haiyach (with a good heart),
Josh Davies, Director of Education

Resolution Summaries

RESOLUTION NO.: 20-049
Date of Passage: July 6, 2020,
Subject (title): Second Amendment to the Agreement between the Tribal and the City of Florence for City Police Service to the Hatch Tract and the Three Rivers Casino
Explanation: The Tribal Council approves this agreement with amended changes from the first agreement executed on June 30, 2008. **Vote 7-0-0**

RESOLUTION NO.: 20-050
Date of Passage: July 12, 2020
Subject (title): State of Oregon Bus Purchase Agreement
Explanation: The Tribal Council approves this Resolution for the purchase of a transit bus, with grant funding received. **Vote 7-0-0**

RESOLUTION NO.: 20-051
Date of Passage: July 12, 2020
Subject (title): Contact with TerainWorks
Explanation: The Tribal Council approves this contract necessary to as a critical component in the creation of a forest management plan for managing riparian areas and to protect and enhance aquatic ecosystems. **Vote 7-0-0**

RESOLUTION NO.: 20-052
Date of Passage: July 12, 2020
Subject (title): Contract for Waite Ranch Tidal Wetland Restoration – 60% Design
Explanation: The Tribal Council approves this Resolution. **Vote 7-0-0**

RESOLUTION NO.: 20-053
Date of Passage: July 12, 2020
Subject (title): Enrollment of New Members
Explanation: The Tribal Council approves this Resolution to enroll in to the Tribe the following new members: Sherrill Lorraine Brainard, Myla Lynn Brainard, Zachary Daniel Schutz, Justin Tyee McGuire and Cooper Dean Boccard. **Vote 7-0-0**

RESOLUTION NO.: 20-054
Date of Passage: July 12, 2020
Subject (title): Enrollment – Active to History
Explanation: The Tribal Council approves the follow members be removed from the membership roll and placed on the Historic plaque located in Tribal Hall: William James Ingersoll Sr., Nehemiah Xavier Washburn (Hall), John Walter Perry and Ronald Chester Brainard **Vote 7-0-0**

RESOLUTION NO.: 20-055
Date of Passage: July 12, 2020
Subject (title): Professional Services Agreement between the Tribe and REDW, LLC
Explanation: The Tribal Council approves this agreement for the development of CARES and FFCRA Act compliant programs. **Vote 7-0-0**

RESOLUTION NO.: 20-056
Date of Passage: July 12, 2020
Subject (title): Emergency Amendment of Tribal Council Code Chapter 1-9 Tribal Council
Explanation: The Tribal Council approves to amend the Tribal Council Code on emergency basis, to waive the right to post for public comment, to amend this Code to allow Council

to vote during a State of Emergency at both Regular and Business meetings on actions by use of any means of communication. Examples are attending by phone, or ZOOM. So long as the persons listening can hear vote. **Vote 7-0-0**

RESOLUTION NO.: 20-057
Date of Passage: July 23, 2020
Subject (title): Emergency Enactment of Chapter 1-17 General Welfare Assistance Policy and Procedure Code and Tribal Members Emergency COVID-19 General Welfare Assistance Program
Explanation: The Tribal Council approves the creation of this new Code and program to benefit Tribal Members. Posted for 28 day comment period. **Vote 6-0-0**

RESOLUTION NO.: 20-058
Date of Passage: July 23, 2020
Subject (title): Appointment of Gaming Facility Operational Review Board (GFORB) Members
Explanation: The Tribal Council approves this Resolution and appoints Mark Petrie, Enna Helms and Chief Doc Slyter to GFORB. Each members abstained from their individual vote to be appointed. **Vote 6-0-0**

RESOLUTION NO.: 20-059
Date of Passage: July 23, 2020
Subject (title): Rescinding Chapter 9-4
Explanation: The Tribal Council approves to rescind Chapter 9-4 Employment Action Review Code Posted for 28 day comment period. **Vote 6-0-0**

Posted September 1, 2020

ENROLLMENT COMMITTEE’S RECOMMENDATIONS FOR TRIBAL MEMBERSHIP

The Enrollment Committee recommends that the enrollment of the Applicants listed below should be approved. Besides publication in the Tribal Newsletter, according to CLUSITC 7-1-36(i), this information will be posted in the Administrative Building, Tribal Hall, Outreach Offices, on the Tribes’ website and at Three Rivers Casino for twenty-eight (28) days from the date listed above.

Kendall Jean Helms Parent: Charles Helms Lineal Descendant: Eddie Helms Tribe: Coos	Kamiyah Kimberly Reed Parent: Cheyenne Maldonado Lineal Descendant: Terri J. Jordan Tribe: Coos
Aurora Marie Long Parent: Sara Long Lineal Descendant: Eddie Helms Tribe: Coos	Kayson Henry Urso Parent: Holiday Maine Lineal Descendant: Arleen Perkins Tribe: Coos
Emma Lynn Patterson Parent: Haley Lott Lineal Descendant: James D. Lott Tribe: Lower Umpqua	Greyson Scott Dollins Parent: Matthew Dollins Lineal Descendant: Geraldine Tabernig Tribe: Coos
Melody Sky Michael Parent: Jesse Michael Lineal Descendant: Elaine Allison Tribe: Lower Umpqua	James Ryan Duckett Parent: Tiffany Duckett Lineal Descendant: Cheryl Sprague Tribe: Coos
Wilder Stetson Byer Parent: Blake Byer Lineal Descendant: Edwina Clarkson Tribe: Coos	Abigail Beatrice Cline Parent: Joshua Alexander Cline Lineal Descendant: Claudette Lum Tribe: Coos
Olivia Neveah Thorn Parent: Jesse L Thorn Lineal Descendant: Gloria Miller Tribe: Lower Umpqua	Maddie Lynn Maxwell Parent: Brandy L. Maxwell Lineal Descendant: Howard Barrett Tribe: Siuslaw
Kayden Christina Freeman Parent: Brandy L. Maxwell Lineal Descendant: Howard W. Barrett Tribe: Siuslaw	Harper Ann Coleman Parent: Courtney Coleman Lineal Descendant: Arleen Perkins Tribe: Coos
Wesley Van Hondoros Parent: Amanda Cline Hondoros Lineal Descendant: Claudette Lum Tribe: Coos	Christopher Rutledge Nyjah Parent: Cody Rutledge Lineal Descendant: Iliana Montiel Tribe: Coos
Gavin Timothy Groves Parent: Timisha Groves Lineal Descendant: Geraldine Tabernig Tribe: Coos	Haizlee Lynn Young Parent: Samantha Gilbert Lineal Descendant: James D Lott Tribe: Lower Umpqua
Kaden J Michael Parent: Jesse Michael Lineal Descendant: Elaine Allison Tribe: Lower Umpqua	Eisley Dream Napier Parent: Rebecca Napier Lineal Descendant: Wilford Hermesen Tribe: Lower Umpqua
Jagger Monroe Napier Parent: Rebecca Napier Lineal Descendant: Wilford Hermesen Tribe: Lower Umpqua	Dax Rainier Napier Parent: Rebecca Napier Lineal Descendant: Wilford Hermesen Tribe: Lower Umpqua
Roman Allen Markel Parent: Madilynn Krossman Lineal Descendant: Mary Adamec Tribe: Coos	Joshua David Wisdom Parent: Rhianna Wisdom Lineal Descendant: Wilford D. Hermesen Tribe: Lower Umpqua
Kenneth warren Hermesen Jr. Parent: Kenneth W. Hermesen, Sr Lineal Descendant: Rudy Warren Hermesen Tribe: Lower Umpqua	Douglas Gilbert Hermesen Parent: Kenneth Warren Hermesen Sr. Lineal Descendant: Rudy Warren Hermesen Tribe: Lower Umpqua
Kenneth Warren Hermesen III. Parent: Kenneth W. Hermesen, Jr. Lineal Descendant: Rudy Warren Hermesen Tribe: Lower Umpqua	

In accordance with CLUSITC 7-1-37(a), Tribal Members shall have the right to protest the recommendation of the Committee approving an application and must file a written, signed protest with the Committee stating their reasons for believing that an Applicant(s) is not entitled to enrollment. The protest must be filed with the Committee within twenty-eight (28) days after notice of the proposed enrollment is posted as described in CLUSITC 7-1-36(i).



Nike Shoes – Limited Stock

We have limited stock and sizes of Nike shoes purchased prior to the COVID-19 pandemic. Although we do not have funding for the Fitness Program for the remainder of this year, we are offering these shoes on a first-come first-served basis to Tribal members who have not already received/been reimbursed for a pair of athletics shoes in the current calendar year. For availability, please contact DeeDee Plaep at dplaep@ctclusi.org or call 541-997-6685.

CTCLUSI Budget Hearing

Tribal Member input is sought on the construction of a Fiscal Budget for the 2021 Calendar Year

Pursuant to Tribal Code 7-10-3 (a), the Budget Committee seeks to hear from Tribal Members on items to be considered in preparation of the Tribal Budget for the 2021 Calendar Year

The Hearing will be held via Zoom meeting before the start of the Regular Council Meeting

To get the zoom link please login to www.ctclusi.org/councilmeetingminutes

September 13, 2020
9:00 a.m.

Second Budget Hearing will be held:
November 8, 2020
9:00 a.m.

Written comments may be submitted to the following address:

Confederated Tribes of
Coos, Lower Umpqua & Siuslaw Indians
1245 Fulton Avenue, Coos Bay, OR 97420
Attn: Chief Financial Officer

TRIBAL COUNCIL MEETING
SEPTEMBER 13, 2020 AT 10:00 A.M.
BUDGET HEARING WILL
START AT 9:00 A.M.

TO CONTINUE TO
PRACTICE SOCIAL
DISTANCING, TRIBAL
COUNCIL IS HOLDING
THEIR REGULAR SUNDAY
MEETING ONLINE VIA
ZOOM

The zoom link will be posted on the Tribal website at
www.ctclusi.org/councilmeetingminutes

PLEASE MAKE SURE YOU
HAVE A LOGIN TO THE
WEBSITE BEFORE THE DAY OF
THE CALL

If you need assistance getting
logged on to the Tribal website
please contact mgaines@ctclusi.org
or call (541) 808-7918

Łe’ ŁəX (Medicine) of the Month: Bog Blueberry

Contributed by Ashley Russell, Water Protection Specialist

Parts of Plant Used: Leaves and Berries

Herbal Actions: : Also known as bog blueberry, this highly revered berry provides a plethora of health benefits, including anti-inflammatory effects, antimicrobial effects, antioxidant effects, hypoglycemic effects, and genoprotective and anti-cancer effects, just to name a few. Extensive research has shown that this “brain berry” can actually reverse some of the neuronal (neuron) and behavioral dysfunction relating to aging.

Refreshing Blueberry Tea Recipe:

Ingredients

- 10-12 blueberries (fresh or frozen)
- 2-3 tsp blueberry leaves (dried)
- 2 cups water
- 1 tsp raw honey or sugar (optional)
- 1 tbsp cream (optional)

Directions

Begin by boiling 2 cups of water in a saucepan or kettle. Meanwhile, wash berries.

Once water has reached a boil, steep the berries and leaves for 10-15 minutes.

Strain out the leaves from the tea, leaving the berries, and mash them to release their sweet juiciness.

Add honey, sugar, and/or cream if desired. Can be served hot or iced.

Hanis & Miluk: Q’ áni

Scientific Name: *Vaccinium uliginosum*



Photograph by John Schaefer

Newly Appointed Language Committee Members!

Contributed by Tribal Linguists Patty Phillips and Enna Helms

We would like to welcome eight (8) newly appointed members to the Language Committee: Haley Lott (Quuiich), Rachel Schaefer (Hanis), Megan Medina (Miluk), Mitch Harper (Quuiich), Jamie Biesanz (Hanis), Charlotte Kennedy (Quuiich), Journey Baldwin (Hanis) and Alycia Cossey (Miluk)! The members have determined that the Language Committee meetings will fall regularly on the 4th Friday of each month from 5:00pm-7:00pm. The first meeting will be held on Friday, August 28th. We welcome all Tribal members and family to attend the meetings. The meetings will be held at Tribal Hall, but Due to COVID and distance many of us will be joining in by Zoom:

Join Zoom Meeting

<https://zoom.us/j/95885954961?pwd=MVdQcit1cGxCZkl5V0REWHFLOEJ2UT09>

Meeting ID: 958 8595 4961

Passcode: 023450

Dial by phone: 1 253 215 8782

If you have questions about the Language Committee or how to access the meetings, etc, please call Enna Helms at 541-297-7538 or send email to ehelms@ctclusi.org

Virtual Youth Cultural Activities Coming Soon...

ATTEND LIVE OR RECORDED SESSIONS

Activities will be held via ZOOM video conference software every Wednesday from 6 - 7 pm

Weekly Activities will begin September 16th, 2020

The schedule for activities will be posted on the Tribe's website & the CTCLUSI Education News Facebook Page.

Supplies for each activity are limited to youth & will be available for pickup at Tribal Hall in Coos Bay or can be mailed.

Family Participation is encouraged!

Recorded sessions will be available at www.ctclusi.org. Login is required. Accommodations for written instruction will also be available.

For more information and/or to sign up, please contact:
Ashley Russell @ (541) 888-7511 or arussell@ctclusi.org

Website Updates Coming Soon!

The Tribal website is currently being updated to include new exciting features and promote more user friendly navigation to finding the information you're looking for.

If you already have a login you will not have to re-register for the new site. Your old login will work on the new sites citizen portal.

If you have suggestions or something you would like to see on the new website, please email Morgan Gaines at mgaines@ctclusi.org

Weaving Updates

Dear Coos, Lower Umpqua, and Siuslaw people,

If you do not know me yet, I am Sara Siestroom (Hanis Coos). I am an artist and educator and I run our Tribal Weaving Program. I am writing to you today to let you know I am thinking of you and holding you close in my thoughts and prayers as we pass through these difficult times. As the fall starts to peak around the corner, I hope all have finished up your gathering for the summer, are deep in huckleberry, and are finding other good ways to welcome it in.

I know it is hard on all the families with school age children who are facing many months of home schooling and uncertainty. Please know that we are actively working to create resources for you. One resource I was a part

of creating a while back that is already live for your use is called "When Rivers Where Trails". It is a new version of the old fashioned "Oregon Trail" video game told from a tribal perspective, made by all Indigenous people from across the whole country.

"Players are challenged to balance their physical, emotional, mental, and spiritual wellbeing with foods and medicine while making choices about contributing to resistance as well as trading with, fishing with, hunting and gifting, and honoring the people they meet as they travel through Minnesota, the Dakotas, Montana, Idaho, Washington, Oregon, and eventually must find a place to call home in California. The journey can change from game to game as players randomly come across Indigenous people, animals, plants, and run-ins with Indian Agents. Gameplay speaks to sovereignty, nationhood, and being reciprocal with land."

For the section of the game when the player passes through our land, I wrote five plant stories told through interactions with Spiderwoman, a Hanis Coos weaver. Below is the link, it will be a great way to teach history to your kids.

https://whenriversweretrails.gamepedia.com/When_Rivers_Were_Trails

A great resource for your high school, college age, and older learners is this new book "Knowing Native Art" by Nancy Minthlo. It features my artwork on the cover and does a great job of providing critical essays on our artwork. <https://www.amazon.com/Knowing-Native-Nancy-Marie-Mithlo/dp/1496202120>

I want to let you know that our Weaving Program will resume in 2021 hopefully in person if it is safe for us to share space but if not, we will create new ways to connect through digital means.

One tool I am currently building for you is a new weaving tutorial. In this one you will learn how to gather, process, and store tule, sweetgrass sedge, juncus, and cattail. You will then learn to weave the tule clam basket, the first basket you weave when you join our tribal weaving program. I am working with three tribal film makers for this project. Isaac Trimble (Apache/Yaqui), LaRonn Katchia (Warm Springs), and Woodrow Hunt (Modoc). They have worked extensively with other tribes, are deeply talented, and come to us highly recommended. We just wrapped up the field component of shooting and it was

an incredibly fun and special time. We will be delivering the final work to the tribe near the end of the year and the video should be accessible to you early 2021.

As for the physical things I am doing to prepare for your next year in weaving, I have finished putting up the cache of summer weaving materials excepting Bear Grass which I will be gathering this month. The Hopi Red Dye Amaranth and Ceremonial Tobacco I have been growing for you is on its final month of growth and will be moving on to its drying stage in a few weeks. Our cache of weaving materials on display in the Chehalem Cultural Center has received an extension through the end of the year, so if you happen through Newburg, please do drop in to see your future

baskets in the plant bodies that are currently representing our culture and sovereignty in Grand Ronde Land.

<https://www.chehalemculturalcenter.org/exhibitions/2020/6/2/cache-installation-by-sara-seistroom>

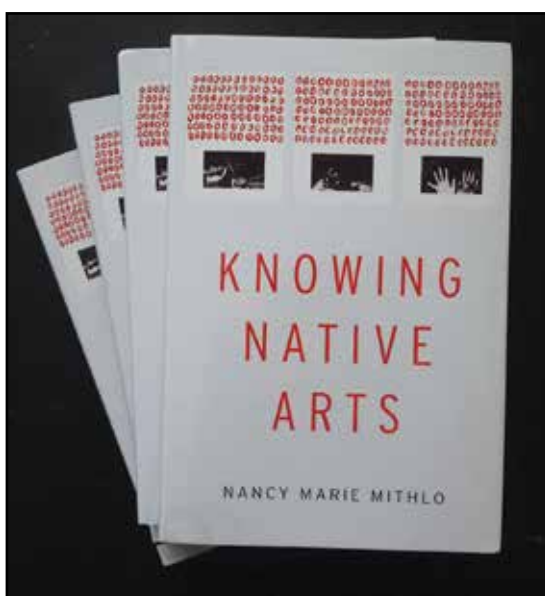
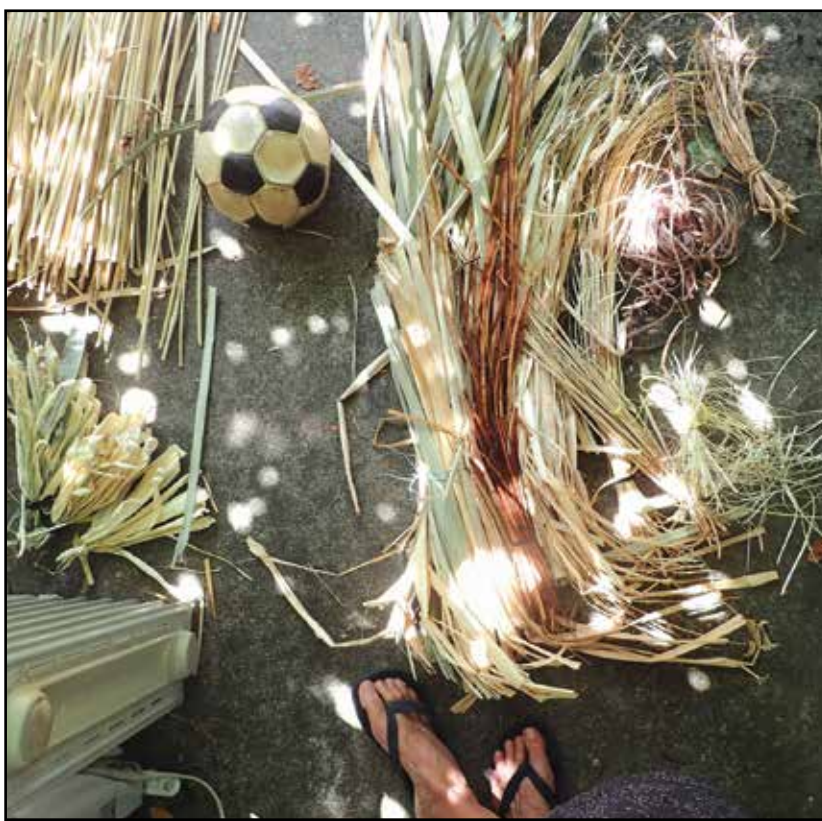
I want to reiterate my sentiments from last month, in expressing my love and support of our Black brothers and sisters on the land mass and especially for our Black tribal people and family members. You are sacred and beloved. We see you and stand with you, both in our hearts and on the land.

I want you to know that I am standing by to support you as you navigate these times. I am just an email, phone call, or face book chat away! Please reach out however and whenever you want. Please keep wearing your masks, gloves, and practicing social distancing.

Reports confirm that these tactics were critical for stopping the virus all around the world. Stay safe and know we are working to find ways to keep our hearts connected to one another.

Luuwii,

Sara siestroom (Hanis Coos)
sarasiestroom@hotmail.com



Photographs
provided by
Sara Siestroom

Salmon Allotment from Rock Creek Fish Hatchery

On July 1, 2020 Vice Chairman Mark Petrie, Tribal member Ashley Russell and Chief Doc Slyter drove 246 miles roundtrip to collect the Tribes annual Salmon allotment. This year our Salmon came from the Rock Creek Fish Hatchery. Photographs provided by Chief Doc Slyter



What is a Tribal Navigator?

Contributed by Barbara Tower, Tribal Navigator

Hello, my name is Barbara Tower. I am your tribal navigator. I want to share what that means and why it is important to some of our vulnerable Elders. As we age, life can throw us an unfortunate curve ball event that lands us at home needing help. I am here advocating for the Elders to our local agencies for referrals, assessments, and services in times that they cannot be as independent as they would like to be.

What does this mean exactly? Our Elders may find tasks difficult now, which used to be done with ease or without thought. For example, they may need assistance with eating, transferring from the bed to the wheelchair, toileting, bathing, medication reminders or supervision. Or they need help with household chores such as cooking, shopping, light cleaning, and money management. Maybe it is noticed their mobility level is starting to decline, and they are not doing the activities they once loved to do. Is there mental confusion increasing, such as Alzheimer's or dementia? It could be the spouse, who just needs some respite care relief.

My role is to be an advocate and promote cultural support for our Elders. I am looking at medical conditions or diseases that limit or hinder their independence such as arthritis, stroke, cancer, blindness, Alzheimer's, etc. Depending on their insurance, situation, and how it relates to the elder's activities of daily living (ADL) and instrumental activities of daily living (IADL) will have me thinking about agencies I need to contact. I am looking to be a bridge of support for our Elders. I am sure these are stressful times for them, too.

To begin the process, an assessment is done with an agency case manager either with Aging and People with Disability Program (APD) or Area Agency on Aging (AAA). Upon review of qualifications, we can further determine if there is more additional needs or services such as Meals on Wheels and/or

Oregon Project Independence that we can qualify for. I can help our Elders understand what each of those services are and how eligibility for services can benefit them.

I work regularly with a case manager in each county to set up eligibility assessments. Services will not be instant, but I do keep track to make sure they are not dropped. During the time of an eligibility assessment meeting, I am with the Elder for support. I listen to make sure that the Elder is comprehending the instructions and is giving back accurate information to the worker. To provide inaccurate information that is caused by pride and/or embarrassment could stand in the way of well needed benefits or resources. My goal is for the Elder to qualify and to remain independent with as much dignity and respect.

Traditionally, the delivery of services has not considered the cultural needs and the quality of services that Tribal members experience. The background that brought about my position was shown that tribal members regularly experienced a breakdown of communication between their Aging and People with Disabilities (APD) case managers and tribal partners.

To help close this void, I attend monthly meetings with these agencies filled with discussion ranging from COVID-19 to senior loneliness. I stay in contact with a point person with each county. It has also been a pleasure to communicate and meet other tribal navigators for other tribes.

I have had an opportunity to get to know a few of you during my brief time here so far. Feel free to reach out to me if you have questions. You can ask your CHAs: Armando Martinez (Coos Bay), Doug Morrison (Florence), or Kimmy Bixby (Eugene) to have me contact you. Or contact me directly at the Coos Bay Administration office. 541-888-7520. My cell phone is 541-294-5472. Thank you.

"I am here advocating for the Elders to our local agencies for referrals, assessments, and services"
-Barbara Tower

“In the Loop” with the Circles of Healing Program

September is Self-Care Awareness Month!

Contributed by Circles of Healing Outreach Advocate, Jamie Broady

September is Self-Care Awareness Month, and as you may know by now, self-care is one of our favorite themes over at the Circles of Healing Program! Our July 28th Tuesday Zoom workshop was, in fact, on Self-Compassion & Gratitude — both important elements of self-care. While we are each on our own path and journey, we can help remind each other about self-care as well as model this practice for our loved ones. We each have the ability to inspire others in our lives. What can you do to practice and model self-care this month? Perhaps pick one thing to try; generally it takes most of us about 3 weeks to develop a new habit, so please remember to focus on progress not perfection. Also, please be looking out for upcoming health and wellness Zoom workshops on 2nd Tuesdays, as well as Healing through Traditions and other Creative Expressions workshops on 4th Tuesdays ongoing.

Forms of Self-Care:

- Self-compassion (treating yourself and speaking to and about yourself as you would a beloved friend or family member)
- Meditation
- Creative/Artistic Expression
- Play (what does this look like for you?)
- Following your intuition (trusting yourself and your higher guides, ancestors)
- Mindful breathing exercise (try sky breath: 6 count in, 4 count out)
- Time in nature
- Physical exercise
- Rest
- Single-tasking (vs. multi-tasking); studies show this is more effective, efficient, and peaceful
- Zero tasking: taking a break to do “nothing” when you need to
- Carving out or scheduling time for yourself
- Prioritizing your medical, physical, and mental health needs
- Not overextending yourself or overfilling your schedule (Leaving space in your day/week/weekend/month)
- Treating yourself from time to time with something that feels nurturing to you
- Asking for (and accepting) help when needed

Our hope is that you will find another form of self-care to try this month and/or that you already have a self-care practice you find supportive. Circles of Healing Program Advocates are available if you ever need someone to help you be safe. Feel free to reach out at our confidential program line 541-888-1309.

COH HOSTED ZOOM CLASSES
2ND AND 4TH TUESDAYS

UPCOMING SEPTEMBER CLASSES:
9/8: 6-7P GENTLE YOGA & MEDITATION
9/22: 6-7P ESSENTIAL OILS FOR WELLBEING

9/8 Class led by Libby Cox
9/22 Class led by Tina Timmons

ALL MATERIALS PROVIDED!
PLEASE RSVP BY 9/8 FOR EITHER OR BOTH CLASSES.

All attendees will be entered into a drawing for a gift! Please sign up by 9/8 for Essential Oils; space limited to first 15 people to register.
541-435-8795



Sponsored by The Northwest Portland Area Indian Health Board Response Circles


Baby Baskets!

Are you a Tribal member living in the five-county service area (Coos, Curry, Douglas, Lane, and Lincoln counties) and expecting a baby? We can help you by providing a basket of necessities for your new little bundle of joy. Our Community Health Aides work together with our Dental Clinic to make sure you receive a great variety of baby products to start your baby’s precious life with ease, comfort and good health. Some of these items include diapers, wipes, bottles, a tooth/gum brush, bathing products, and a car seat. If you are eligible to receive one of these baskets, please contact your area’s Community Health Aide.

Congratulations!

Armando Martinez: Coos Bay Office: (541) 435-7228 Cell: (541) 435-5223
Doug Morrison: Florence Office: (541) 997-6685 Cell: (541) 297-2391
Kimmy Bixby: Eugene Office: (541) 744-1334 Cell: (541) 808-8684

GOOD BOOKS, CONVERSATION, AND CONNECTION



CTCLUSI
CIRCLES OF HEALING

BOOK CLUB

Book Club Series
1st Tuesday | 7pm
Starting 6th of October

COH Zoom Series:Book Club
Please RSVP 541-435-8795
jbroady@ctclusi.org for the Zoom Link and book.

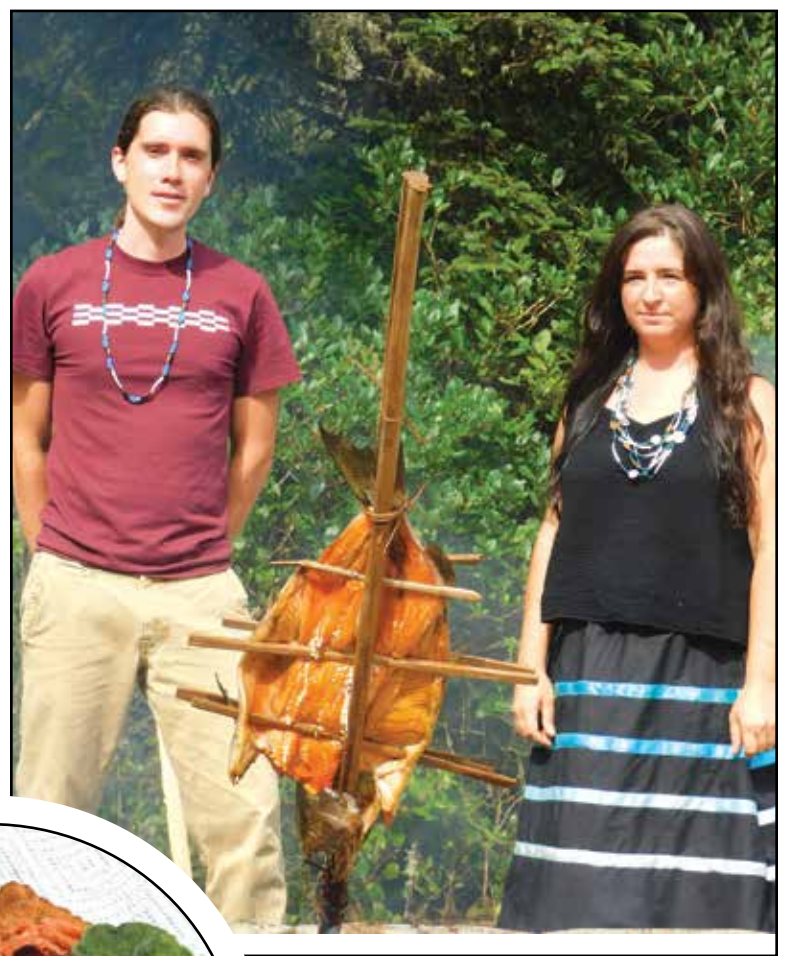
Tribal Council Honors the Salmon People



Photographs provided by Tribal Council members Chief Doc Slyter, Vice Chair Mark Petrie, and Enna Helms.

Joining them in ceremony, but not pictured, are Council members Chair Debbie Bossley, Josh Davies, Iliana Montiel, and Doug Barrett.

Due to the Coronavirus Pandemic, the Annual Salmon Ceremony Gathering was cancelled to help our people practice social distancing and to help stop the spread of Covid-19. In order to continue to honor the Salmon People, Tribal Council cooked one Salmon and performed a closed ceremony at Baldich.



Corona Virus (Covid-19) and Influenza (Flu)

Contributed by Kristy Petrie, Community Health Nurse – BSN, Resources: Apic, Center for Disease Control and Oregon Health Authority

How to keep you and your loved ones safe, and prevent and/or stop the spread of Covid-19.

1. Washing your hands in the most effective way to prevent the spread of infection. Our hands can spread viruses and bacteria on any surface we touch. Wash your hands for at least 20 seconds after you have been in a public place (store, doctor’s office, post office, etc.), coughing, sneezing, or blowing your nose.
If you don’t have access to soap and water, you can use a hand sanitizer that contains at least 60% of alcohol (CDC, 2020). Make sure you rub all areas of your hands together with friction until they feel dry.
2. Clean and disinfect surfaces that are touched daily. Examples include, doorknobs, tables, light switches, countertops, phone, keys, etc.
 - a. Check expiration dates on your disinfectant. They do expire.
 - b. Protect yourself from skin irritation, rash or burn by wearing disposable gloves when using harsh chemicals such as bleach.
3. Avoid touching your eyes, nose, or mouth helps to prevent infection. Why do we get sick by doing this? There are mucus membranes on our face that, when touched with dirty hands, allows the germs (virus or bacteria) to enter the body and cause a respiratory (lung) infection (Apic, 2020).
4. Wearing a mask: There are various types of masks on the market today. It is important to keep in mind that masks should cover both your nose and mouth. Wash them after each use. Example: coming home from the store and/or errands.
 - a. How to clean a cloth face mask with the washing machine.
 - i. It is okay to wash your mask with your regular laundry (CDC, 2019).
 - ii. “Use regular laundry detergent and the warmest appropriate water setting for the cloth used to make the face covering” (CDC, 2019).
 - b. How to clean your facemask by hand.
 - i. Bleach solution by mixing 1/3 cup (5 tablespoons) of household bleach added to 1 gallon of room temperature water.
Make sure that bleach is intended for disinfecting by looking at the label. It is also important to make sure that the bleach is not out of date. Look at the fabric, if available, to see if it is okay to bleach.
 - ii. Completely soak the fabric face mask in the bleach solution for 5 minutes.
 - iii. Rinse thoroughly with cool or room temperature water until

- the bleach solution is washed out.
- c. Drying instructions:
 - i. Use the highest heat setting on your dryer until it is completely dry.
 - ii. If a dryer is not available, you can air dry it by leaving it flat.
 - iii. You can also dry your face mask by use of direct sunlight.
- Note:** Make sure your mask is completely dry before use.
- Kids and masks.**
- Did you know that children the age of 5 and older are required to wear a mask (Oregon, 2020)? There are several ways that you can make wearing a mask fun for children.
- a. Allow your child to decorate their mask without punching holes in it. Or allow them to choose the design of the mask.
 - b. After selecting a mask that the child will wear, you can make or get a matching mask for their favorite stuffed animal to wear. A good suggestion would be to demonstrate the proper use of the mask by the use of the stuffed animal and mask. This allows the child to know what to expect, and form a good healthy habit through connection (with the toy/stuffed animal).
5. Social distance!
- a. Wearing a face mask does not guarantee that you will not get COVID-19. It is important to know that with the combination of wearing a mask, social distancing (6 feet apart, approximately 2 arm lengths away), and hand washing, decreases your chances of getting and spreading COVID-19. The use of wearing a face mask slows the spread of COVID-19 by the use of barriers (masks worn by each individual) and distance (6 feet apart).
 6. Monitor your health daily, and your loved ones in your household. If you or someone in your household has any of the following, you could have COVID-19.
 1. Cough.
 2. Fever or chills.
 3. Shortness of breath or difficulty breathing.
 4. Headache.
 5. Muscle or body aches.
 6. Sore throat.
 7. New loss of taste or smell.
 8. Nausea or vomiting.
 9. Diarrhea.
 10. Congestion or runny nose, (CDC, 2020).
- Symptoms of COVID-19 can appear anytime between 2 to 14 days after exposure of the virus. If you experience any of these symptoms, the CDC guidelines state to stay home, quarantine, do not leave the house or allow others to come over and visit even if they wear a mask and social distance. Take care of yourself: rest, hydrate, and contact your health care provider in regards to medication management for symptoms.

When to seek Medical Attention: These are not all the possible emergency signs. Please consult with your medical provider for any symptoms that are concerning to you.

1. Trouble breathing.
2. Persistent pain or pressure in the chest.
3. New confusion.
4. Inability to wake or stay awake.
5. Bluish lips or face (CDC, 2020).

Make a call and let your doctor know that you are exhibiting signs of COVID-19 before your visit. If you or a loved one needs to call 911 for emergency medical attention, please let them know the signs of COVID-19 they are experiencing. If you know that you, or a family member in the home have a positive test for COVID-19, please notify emergency services know on the phone.

Persistent symptoms in patients after acute COVID-19: 143 patients from Rome, Italy the Fondazione Policlinico, Universitario Agostino Gemelli IRCCS for post-COVID-19 care:

- Median age 56.5 (19-84 range), 37% women
- 735 had intestinal pneumonia, LOS 13.5 days, 5% intubated
- Only 12.6% were symptom free at 60 days**
- Residual symptoms
 1. Fatigue (extreme tiredness): 53.1%
 2. Dyspnea (difficulty breathing): 43.4%
 3. Joint Pain: 27.3%
 4. Chest Pain: 21.7%

Covid-19 and the Influenza (Flu)

COVID-19 and the flu are both contagious respiratory illnesses. It is important to keep in mind that they are caused by different viruses. The symptoms of both of these respiratory illnesses are very similar, so they need a confirmed diagnosis to provide proper treatment.

It is important to get your flu shot before flu season starts. Flu season starts in the fall and can last until spring time. If you wait until there are cases of flu in your area to get your flu shot, it may be too late to protect you and your family. This is because the flu shot takes 2 weeks for your body to build immunity against the virus, and elderly people and/or people with weak immune systems it can take longer.

Who can get the flu shot, and who shouldn’t? Children younger than 6 months of age are too young to get the flu shot. If you are allergic to the flu shot, then you probably should not get the flu shot. A special consideration for allergies and the flu shot is allergies to eggs. The majority of flu shots and nasal sprays use egg-based technology. There is a small amount of egg protein used. The CDC does explain that if the allergic reaction is only hives, it is safe to get the flu shot. I would advise talking with your physician if you have concerns about getting a flu shot. Depending on the severity of your past symptoms, it may or may not be safe to get the flu shot.



Family Support & Behavioral Health Services Virtual Town Hall Meeting

Family Support and Behavioral Health Services would like to invite you to join our virtual town hall meeting via Zoom. We plan to share the results from our recent community needs assessment and hope to gather input on the current and future needs of our Tribal Community. This information will be used to develop a strategic plan for delivery of youth and family services to Tribal families.

All participants who attend will be entered into a prize drawing.

For more information or questions, please call Vicki Faciane 541-888-7515.

When: Tuesday, September 22, 2020
Times: 3:00 PM & 6:00 PM

This project is supported by the Substance Abuse and Mental Health Services Administration award number 1H79SM083573-01M001 & 5H79SM081523-02





Coming soon!

Health and Wellness Personal-Goal Program

Tribal Elders ages 55 and Up: Goal Setting

and

Children grades K-12: Virtual Run and Walk

For both: Incentives will be given to all participants that complete the program, and will get entered in to win a chance to win a special incentive!

Tribal Elders: Age 55 and up. Prevention program. Set a goal for the month and show progress and/or strong effort. Goals can include, but aren't limited to; healthy weight loss, lowering blood pressure, lowering cholesterol, managing blood sugars, exercising (step count challenge), etc.

Keep an eye out for a flyer in the mail for this October program.

Are Your Children at Risk? How Covid-19 is Contributing to Negative Health Conditions in Our Children

Contributed by Kristy Petrie, RN BSN, Community Health Nurse. Articles by Mark Sibich, PhD (2020). The Best Forms of Exercise to Improve your Mood

We all know that Coronavirus (COVID-19) has changed all of our lives in one way or another. This pandemic has caused the shut down of businesses, closing of schools, and a strain on the health care system. With school's being shut down children are not getting physical activity from PE and recess. Social distancing is slowing the spread of COVID-19 when it is properly practiced. With social distancing comes less outdoor activities such as going to the park, large family gatherings, playing with friends, and more.

Research is showing that since COVID-19 children are spending more time sitting at a screen watching shows, playing a game, going to school, or socializing through video-chat. Sitting for long periods of time, leads to several health concerns such as obesity, high blood sugar, and other health conditions. Also, with quarantining and social distancing, our children's mental health, along with any age group, is being compromised. Our daily routines have been disrupted, and we have all had to learn the new "normal" of wearing masks and social distancing for the safety of ourselves and others.

So, how can we help ourselves and our children? Exercise can help to improve our physical and mental health. Our bodies produce hormones and neurotransmitters that have positive impacts on our mood, sense of well-being and energy level when we exercise. Exercises include some of the following:

1. Cardiovascular and aerobic exercises: running, hiking, jogging, cycling, rowing, jump-rope, brisk walking, elliptical trainer, dancing, etc.
2. Yoga
3. Tai Chi

COMING SOON!
Health and Wellness Personal-Goal Program
See Flyer in this Month's Newsletter

Coming Soon - Regroup Telehealth!

Contributed by CarolAnn Young, Behavioral Health Care Coordinator

Family Support and Behavioral Health Services are excited to announce that we have contracted with Regroup Telehealth to bring Mental Health Services to our Tribal Members, Tribal Family Members, CTCLUSI Tribal Employees and Healthcare Workers. Regroup is in the process of finding an LCSW that will be the best fit for our Tribal Members, Tribal Family Members, CTCLUSI Tribal Employees and Healthcare Workers. Once the LCSW is selected, Tribal Members, Tribal Family Members, CTCLUSI Tribal Employees and Healthcare Workers will have to log onto the CTCLUSI website and fill out a LaserFiche form titled Mental

Health Services Request. At that point in time, it will be routed to a staff member of Family Support and Behavioral Health Services to schedule your appointment. Family Support and Behavioral Health Services are excited to bring this new option for Mental Health Services to our Tribal Members, Tribal Family Members, CTCLUSI Tribal Employees and Healthcare Workers. More information will be forthcoming once it is made available to us. Take care and be safe.

Elders Corner

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. Elders will be contacted by Kimmy Bixby of Community Health Services with information for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. **Thank you Elders!**
Contributed by Kimmy Bixby, Community Health Aide



Juanita (Sue) Walker

Coos

Immediate Family:

- Closest family includes grandfather Charles Vierow, Father Vernon Rasmussen (Hanis Coos), mother Effie Boggs, husband Gerald Walker, son Daniel Webb, daughter Elaine Wright and son-in-law Andrew Wright, granddaughter Ayla Wright, and cousins Chief Doc Slyter and Debbie Bossley.

Proudest Accomplishments:

- Graduated college with an AA Degree.
- Being an artist.
- Wonderful children and grandchildren.
- Spent 6 months in Alaska with her husband in their own boat and cruised through the Inland Passage.
- Traveled across the US in their motorhome.
- Traveled all over the world.

Favorite Hobbies:

- Geology (Rockhounding).
- Painting.
- Playing piano.

Bucket List:

- Travel to Australia.
- Travel to Iceland.
- Come to Oregon and attend Salmon Ceremony.

Favorite Sayings:

“To thy own self be true.”



Jerald Perry

Favorite Hobbies:

- Fishing.
- Hunting.

Favorite Sayings:

“We’ll see...”

Jerald Perry

Lower Umpqua

Immediate Family:

- Family members include father Chet Perry, sisters Janet and Diane, daughter Jayme, and four grandkids.

Proudest Accomplishments:

- His beautiful family.
- Making it to 68 years.

Bucket List:

- Going zip lining
- Traveling to Portugal, where his great grandfather came from.



Welcome New Tribal Elder
Jacqueline Armstrong

How can I Incorporate Walking and Other Types of Exercise into My Daily Routine?

Contributed by Armando Martinez, CHA and Diabetes Coordinator By: <https://diatribe.org/> Adam Brown

1. **Take it one step at a time:** A good way to start something new is to take it slow, set achievable goals, and then make them more ambitious over time. If you don't walk at all right now, make a goal to walk one minute per day. Next week, walk two minutes per day. Starting small and building up over time makes starting a new goal less daunting. Plus, the gains you make will give you a sense of satisfaction and encourage you to keep going.
2. **Make a schedule:** One easy way to remind yourself to walk or exercise is to schedule it on your calendar – this can serve as a daily reminder, as well as a way to protect that time and avoid over-scheduling yourself. And if your goal is 100 minutes of walking per week, a calendar can make it seem manageable: just 15 minutes per day.
3. **Involve friends and family:** Having someone join you in an exercise program can help keep you accountable (i.e., you may be less likely to skip out on a session if you know you'd be letting your partner down), make the time pass more quickly, and even help foster some healthy competition.
4. **Make it fun:** To pass the time while walking, I've become a

Calling all Elders & Cultural Knowledge Holders

The Culture and Natural Resources Department is seeking Tribal Members that are interested in hosting a live or recorded 1 hour guided cultural/art activity for youth and families via Zoom conference software.

Activities can range from storytelling, painting tutorials, singing, beading, regalia making, tool making, ethnobotany, gardening, cooking/baking, etc...

Video recording equipment will be made available upon request via loan with instructions.

A small stipend will also be provided as a thank you.

For more information and/or to sign up, please contact:
Jesse Beers @ (541) 297– 0748 or jbeers@ctclusi.org

huge fan of listening to audiobooks, music, or calling family members. There are also a variety of smartphone apps that are designed to make walking more fun, trackable over time, and even more competitive. I'm a big fan of activity trackers like Fitbit, which can be very motivating for increasing daily steps.

5. **Sneak it in:** If you're not into planning exercise, there are still cool and easy ways to get more walking in. You can park farther away when you go to the store, take the stairs instead of the elevator or escalator, and take walking breaks with colleagues at work.

Duman Property Successful Contamination Cleanup, Receives Approvals for Fee-to-Trust Transfer

Contributed by Janet Niessner, Tribal Resource Response Specialist

Following in the footsteps of the successful cleanup of soil and groundwater at the Tribe's Coos Head property, CTCLUSI's Culture and Natural Resources has successfully removed all known contamination at the Duman property. In collaboration with the Environmental Protection Agency (EPA), Oregon Department of Environmental Quality (ODEQ), Bureau of Indian Affairs (BIA), hired contractors, as well as CTCLUSI maintenance, realty, casino, and finance staff, the Department has cleaned the property to residential standards. CTCLUSI is now able to convert the property from "fee" to "trust" status for the benefit of the Tribe.

Adjacent to the Three Rivers Casino and Resort entrance off of Highway 126 just outside the city limits of Florence, this small, 2-acre property has a beautiful view of the Siuslaw River and is surrounded by stabilized sand dunes. As many of our Tribal members may remember, the property is the site of a former excavation contractor and mechanical shop *Duman Excavating*, historically owned by Mr. Terry Duman. Because of this historical use, the property tract has been named "Duman".

The Tribe is excited to put the Duman property into trust, as it will be used for commercial purpose in the future to benefit the Tribe. In order to transition fee-status properties into Federal trust, the BIA requires properties be clean of environmental contaminants. The BIA entrusts the responsibility for environmental cleanup standards to the EPA, who supports and works in conjunction with ODEQ's standards and programs for brownfields cleanup. ODEQ is authorized to issue a *No Further Action* recommendation letter when a property has been determined sufficiently cleaned, which serves as sufficient justification to EPA and BIA for the trust application. Thus, in voluntary compliance with state and federal regulation, the Department coordinated all work in consultation with ODEQ in order to obtain this final recommendation.

The property was acquired by the Tribe in 2004 to provide access to the newly



Adrienne Kirk, former Tribal Resource Response Specialist, oversees testing and regulatory compliance in January 2018. An environmental compliance contractor records descriptions of soil stratigraphy from boring samples. Photograph credit unknown.



An environmental compliance contractor attempts to detect the presence of petroleum or other odorous chemical contamination from soil before bagging and labeling samples for formal laboratory analysis. Photographed by Adrienne Kirk, 2018.

constructed Three Rivers Casino. During excavation

work for subsurface utilities in May 2004, a 1,000-gallon gasoline underground storage tank (UST) was discovered. The tank was located on the west side of the current intersection of the driveway for the casino and Highway 126. Approximately 430 gallons of water and gasoline were pumped from the tank. Obvious petroleum staining and petroleum odor were observed in the soil surrounding the tank. Approximately 640 tons of contaminated soil was excavated during tank removal and cleanup activities. ODEQ issued a *No Further Action* (NFA) letter as recommendations that the property was sufficiently cleaned for reuse.

A Phase I Environmental Assessment was contracted in 2017 to demonstrate to ODEQ, EPA, and BIA that the property was sufficiently cleaned in the application for trust. Although soil contamination associated with the leaking underground storage tank was determined not to warrant further investigation, there was identified potential for soil and groundwater contamination to exist in the area previously used for *Duman Excavating's* vehicle repair and maintenance activities, on the eastern side of the property. Based on the past historical activities, petroleum hydrocarbons, volatile organic compounds, carcinogenic polycyclic aromatic hydrocarbons, and metals were considered contaminants of concern.

Later that year, subsurface tests in this particular area showed isolated areas of lead contamination. Following the *American Society for Testing and Materials'* (ASTM) standards, two Phase II excavations were conducted in March and July of 2018 in order to fully remove contaminated soils, and therefore any potential for groundwater leaching. CTCLUSI staff and contractors reviewed the

results of the testing with ODEQ and found that all contaminated soil was successfully removed, with no risk to groundwater. A resulting total of nearly 86 tons of contaminated soil had been removed to Short Mountain Landfill near Eugene for regulated hazardous materials disposal. ODEQ issued their *No Further Action* letter for Duman in May 2020.

At this time, Tribal Council has reviewed these substantive reports and has resolved to place this property into trust. CTCLUSI's Realty and Planning staff have begun assembling the application components in hopes of a smooth fee-to-trust conversion process. While we patiently wait out this process and BIA's review, Tribal

Council with the support of CTCLUSI staff will begin to brainstorm potential options for future uses of the property, especially considering the challenges currently posed from the COVID-19 pandemic. In the mean time, please congratulate all the CTCLUSI staff who have dedicated so much time and effort towards creating a more healthy and prosperous environment!



Jeremy Petrie operates the excavator to remove lead contaminated soils in an area identified from previous boring and test pits. Photographed by Janet Niessner.



Jeremy Petrie loads tons of contaminated soil from a stockpile into trucks that will be hauled to a regulated landfill near Eugene. Certified clean gravel fills the excavated area. Photographed by Janet Niessner.



John Schaefer overlooks the now cleaned, filled area where contaminated soil was removed. Photographed by Janet Niessner.



Duman property, near the Tribe's Three Rivers Casino near Florence, south overlooking the Siuslaw River. A boring machine is about to begin work for the cold morning to test soils for contamination. Photographed by Adrienne Kirk, 2018.

Lake Tract Forestry Update

Contributed by Steve Andringa, CTCLUSI Forest Lands Manager

Lake Tract

With the passage of the Western Oregon Tribal Fairness Act of 2018, CTCLUSI was conveyed 14,742 acres of land consisting of seven individual tracts throughout the Ancestral Territory. Each tract is culturally and/or economically significant and is critical for Tribal identity, sovereignty, self-determination, cultural and traditional practices, and tribal economy. Each tract is unique in its own way, with differing vegetative cover and a wide array of cultural and natural resources.

The tracts are located in three major watersheds: Coos, Umpqua, and Siuslaw. More than 70 air-miles separate the northern most tract, Lake, to the southern most tract, Tioga, with the Smith tract roughly in the middle. The three larger tracts all lie about 30 miles inland from the coast. The four smaller tracts are all within 5 miles to the coast with a distance of 30 air-miles separating the northernmost tract, Umpqua Eden and Macy, from the southernmost tract, Talbot, with Coos Head north of Talbot by about 3 miles. This variation in geographic locations provides for considerable diversity of vegetation cover, which in turn provided very different traditional uses of the areas.

This article will focus on the northern most tract, Upper Lake Tract, or Lake, (Pkiitii) which is the largest of the seven tracts spanning 4,960 acres. It is located in the headwaters of Lake Creek, which ultimately feeds into Triangle Lake and later the Siuslaw River. The land is dominated by dense and productive forests primarily of Douglas-fir and hemlock species. The high recreational use of the area can be attributed to the easy access north of Highway 126 and about 25 air-miles from the Oregon cities of Mapleton, Corvallis and Eugene, as well as the attraction and high recreational use in and around the Triangle Lake area.

The Hult Reservoir is adjacent to the property and managed by the BLM which attracts people to the area. Also known as Horton Lake, Hult Marsh, or Mill Pond, it was developed in the early 1900s to store logs prior to milling or transportation. A small log mill was located on site and processed the logs from the pond as well. The reservoir and surrounding wetland is about 40 acres and supports a rich diversity of wildlife, fish, and plant species. This recreation site is popular for activities such as fishing, camping, hiking, horseback riding, and scenic driving.

The Bureau of Land Management (BLM) has managed the tract in the past few decades. Some of the stand on this tract have been recently thinned with treatments that were likely designed to promote larger, older forests for species such as the Northern Spotted Owl. Selective understory treatments are evident across the tract. These treatments have created multi-storied shade tolerant timber stands with enough sunlight penetrating the forest canopy to allow for the natural regeneration of Western hemlock. Because of these stand treatments, it makes for unique cultural and traditional sun-loving plants during the first few years and perhaps up to a decade or more while the stands are still open.

The tract is easily accessible, due to the well-maintained and frequently traveled roads on and adjacent to the tract. Part of the main access road is paved while others have a



gravel surface. The road system and thinned timber stands enhance recreational viewing and sightseeing throughout the tract and adjacent area.

Maps, pictures and more information on the Lake tract can be found on the CTCLUSI website. To view visit <https://ctclusi.org/ctclusi-forestry-management> and login.

Website Updates Coming Soon!

The Tribal website www.ctclusi.org is currently being updated to include new exciting features and promote more user friendly navigation to finding the information you're looking for.

If you already have a login you will not have to re-register for the new site. Your old login will work on the new sites citizen portal.

Some of the features that will be added or updated include:

- An events calendar
- Easy to see clickable buttons rather than text links
- Automated registration and password reset emails
- And so much more

If you have suggestions or something you would like to see on the new website, please email mgaines@ctclusi.org

Tribal Housing Updates

Please Welcome:

Lorelei Cameron, our new Housing Dept. Maintenance staff.

For the next few months, Lorelei will be focusing on Outside Maintenance and Grounds Keeping.

Please remember all maintenance request must be called into the office – Contact Liz at (541) 888-1312

Completion of Exterior Painting – 3 Qaxas Units

Housing Department Offices/ Community Center Project

- We have NB City approval for Access and Curb cut off Fir Street.
- We have contract pending with Pacific Power
- The request for proposals were published

ICDBG – Grant \$450,000.00 Rehabilitation Project

- 15 – New Roofs, the scope of work have been mailed out for bids.
- 3 - Elder Bath rehab, the scope of work for bids have been mailed out. No bids in the last mailing
- Harriett Rd – Windows scope of work mailed out, heat pump scope of work is being mailed out

ICDBG – CARES Grant \$900,000.00 Tiny Home Village

- Project is to complete infrastructure, site work and completion of 3 out of 10 small homes
- More information to come

IHBG – GARES Grants \$286,000.00

- IHP Application in progress

2021 Budgeting and Indian Housing Plan (IHP)

- FY2021 Indian Housing Block Grant Budgeting time
- FY2021 IHP September Deadline

Tribal Housing Annual Updates are DUE!

- Update documents to be turned in
- Home inspections to be conducted by residents

These are very busy and trying times for all of us. Look out for your neighbors, help each other when we can, social distancing does not mean stop caring. Great things are happening; stay positive, we are going to get through it all.

- Laura Fortin

Housing Department Staff

Laura Fortin, Director

Phone: (541) 888-7504

Emergency Cell: (541) 808-4104

Michele Terrain, Adm. Assistant

Phone: (541) 888-1317

Emergency cell: (541) 297-0370

Liz Martinez, Office Clerk

Phone: (541) 888-1312

Emergency Cell: (541) 297-2131

Lorelei Cameron, Maintenance

Phone: (541) 294-0843

Congratulations Graduate Zane Brainard



Zane Brainard graduated from Marist High School on June, 2020.

Zane will be attending Oregon State University this Fall studying Engineering.

CONGRATULATIONS

CTCLUSI SCHOLARSHIP WINNERS 2020

JORNEY BALDWIN CHEE

CARLY HUDSON

ALYSSA MCNUIT

CLAYTON BRANCO

REECE SLYTER

BIANCA GARCIA

TENNEPAH BRAINARD

EVERETT DOWDY

ABIGAIL BLOUNT

DAVID GARCIA



Family Support and Behavioral Health Department- Eugene Outreach

This summer the Family Support Services and Eugene Outreach started offering Zoom Parenting workshops in July and August 2020 in partnership with the Confederated Tribes of Siletz Indians and Child Welfare partners. So far, these workshops have been well attended by many parents and families who have given it excellent reviews. In the absence of many in-person events, the FSBH Department will continue offering and hosting various Zoom workshops throughout the fall and winter months. Please be on the lookout for those in your monthly newsletters! The Eugene office also offers Low Income Energy Assistance, Circles of Healing program advocacy for survivors of Domestic Violence & Sexual Assault, Child Welfare services, Employment Services for Tribal members that are newly employed, and referrals for various services for those in our five-county service region. Our two main staff from the Family Support and Behavioral Health Department based in the Eugene Outreach office are Jamie Broady (Circles of Healing Outreach Advocate) and Shayne Platz (Lead Case Manager/ICWA). Jamie Broady's direct and confidential desk line is 541-435-7168 and Shayne Platz contact number is 541-297-3450.

CTCLUSI Dental Clinic's Response to Covid-19

Contributed by Naomi Petrie, DHAT, Dental Clinic

The dental clinic has made changes to adjust to the COVID-19 pandemic. We are following the Center of Disease Control (CDC) and Occupational Safety and Health Administration (OSHA) guidelines, as well as the American Dental Association (ADA), American Dental Hygienist Association (ADHA), Oregon Dental Association (ODA), and Oregon Health Association (OHA) recommendations. The following are the biggest and most notable changes we have made to make a safe dental environment in these unfamiliar times:

- We have a designated dental staff member conducting screenings for COVID-19 prior to any patient entering the dental clinic. This procedure will include checking temperature, blood pressure, oxygen saturation, and questions regarding COVID-19 symptoms.
- Until further notice, our dental clinic will be prioritizing patients that are in pain.
- Patients will be escorted into the dental clinic by dental staff.
- All of our dental staff will have their temperatures and symptoms checked at the beginning of every workday.
- The clinic will be limiting the number of patients seen in a day in order to meet all the demands of creating a safe dental clinic.
- The receptionist's office is now enclosed with a glass barrier, this is for the safety of our staff and you.
- More surface barriers will be used for each appointment.
- The clinic will be professionally disinfected using a fogging machine at night.
- Our maintenance department is constructing special rooms to allow for more routine dental treatment.
- We have air purifiers located in every room.
- Our dental team will be wearing more protective equipment than before.

- Our dental staff has been professionally fitted to wear N95 masks.
- All dental staff will be wearing masks at all times in the administration building and dental clinic.

We do have some requests of patients arriving for dental appointments:

- We ask that all patients arriving for an appointment call the CTCLUSI dental clinic at 541-888-6433, and remain in their car. Screenings are easier to perform while patients remain in their car.
- We ask that patients please do not attempt to enter the dental clinic or administration building on their own. The designated screener will escort patients into the clinic.
- We ask that patients swish with hydrogen peroxide for 60 seconds prior to dental treatment.
- We ask that every patient wears a mask while in the administration building.
- We ask that no guests are to accompany patients into the dental clinic.
- We ask that parents of patients younger than 18 years old that are receiving treatment are to either stay in the dental room for the duration of the appointment or wait in their car.
- We ask that checking out after a dental appointment and scheduling appointments are to be done over the phone and not in person with our front desk staff.
- We ask that patients disinfect their hands with hand sanitizer every time they enter the clinic.



We thank you all for your understanding and patience. We hope that you all understand that we are doing our best to protect our patients and staff. Stay safe and healthy, everyone.



Dental staff receiving N95 mask training from a medical professional at Coquille Valley Hospital.

Posted: September 1, 2020

NOTICE OF PROPOSED CODE AMENDMENT

The proposed Code Amendment was passed for First Reading by Tribal Council on July 23, 2020 and can be found online at <https://ctclusi.org/publicnotices>

TITLE: 9 EMPLOYMENT AND CONTRACTING
Chapter 9-4 EMPLOYMENT ACTION REVIEW

The Tribal Council enacted the Employment Review Code by Ordinance No. 055 on May 16, 2004.

The Tribal Council has determined that the grievance processes set forth in the CTCLUSI Employee Handbook and the CTCLUSI Team Member Handbook provide adequate, independent review of disciplinary actions; and

Tribal Council hereby approves an amendment to rescind the Employment Action Review Code in its entirety, as set out in the attached Exhibit A hereto, and hereby approves such amendment for first reading and posting for a twenty-eight (28) day period

DATE OF THE TRIBAL COUNCIL MEETING AT WHICH THE PROPOSED CODE IS EXPECTED TO BE CONSIDERED FOR FINAL PASSAGE:

October 11, 2020

The notice of the proposed amendment/creation of Code/Ordinance shall be published in the Tribal Newsletter and the text will be posted for public comment for twenty-eight (28) days in the Administration Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino (Office of the Gaming Commission). Written comments should be sent to the Tribal Council in care of Jeannie McNeil, CTCLUSI, 1245 Fulton Avenue, Coos Bay OR 97420 or email: jmcneil@ctclusi.org.

Posted: September 1, 2020

NOTICE OF NEW PROPOSED CODE

The proposed Code was passed for First Reading by Tribal Council on July 23, 2020 and can be found online at <https://ctclusi.org/publicnotices>

TITLE: 1 GENERAL PROVISIONS
Chapter 1-17 GENERAL WELFARE ASSSTANCE POLCY AND PROCEEDURES

The Tribal Council has determined a need for this General Assistance Policy and Procedures Code; and

The purpose of this Code is to assist Eligible Tribal Members to maintain their health, well-being, independence and quality of life. The Tribe has a responsibility to protect and promote the general welfare interests of its members and to assist in providing support to its members, in alignment with the Tribe's long-standing cultural practices to assist tribal members in need; and

This Code is designed to provide the policies and procedures through which specific General Welfare Programs are administered, in order to provide assistance to Eligible Tribal Members for services, activities and needs including medical expenses, housing, utility and transportation expenses, energy assistance, health and wellness activities expenses, social services expenses, cultural, spiritual and educational expenses, and other related expenses as described herein. It is the Tribe's intent that the assistance provided pursuant to this Code will meet the criteria set forth in Revenue Procedure 2014-35 (including any subsequent Internal Revenue Service guidance) and the Tribal General Welfare Exclusion Act of 2014, for treatment as a tax exempt benefit

Tribal Council hereby approves the establishment of Chapter 1-17 General Welfare Assistance Policy and Procedures Code, as set out in the attached Exhibit A hereto, and hereby approves such draft for first reading and posting for a twenty-eight (28) day period

DATE OF THE TRIBAL COUNCIL MEETING AT WHICH THE PROPOSED CODE IS EXPECTED TO BE CONSIDERED FOR FINAL PASSAGE:

October 11, 2020

The notice of the proposed amendment/creation of Code/Ordinance shall be published in the Tribal Newsletter and the text will be posted for public comment for twenty-eight (28) days in the Administration Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino (Office of the Gaming Commission). Written comments should be sent to the Tribal Council in care of Jeannie McNeil, CTCLUSI, 1245 Fulton Avenue, Coos Bay OR 97420 or email: jmcneil@ctclusi.org.

**HEALTH & HUMAN SERVICES
DIVISION WELCOMES NEW
DENTAL ASSISTANT**

My name is Keri Kowtko. I was born and raised in Siletz, Oregon. I feel blessed to have grown up in such a beautiful place. Thirteen years ago I moved to Coos Bay, where I met my husband who is a Coos Bay native. Together we have a gorgeous and fun loving 9- year-old daughter named Mazzie Leigh.

About 8 years ago I started my career in the medical field. I attended SWOCC working on an associate's degree for Medical Assisting. I then decided to switch gears and become a Dental Assistant. I am so glad I did because I absolutely love dentistry. In my 7 years as a Dental Assistant, I have gained several state certification including: expanded functions, anesthesia and orthodontic dental assistant.

I currently live in North Bend with my husband, daughter and our 2 cats. When I am not working, I enjoy spending time with my family, baking with my daughter. I also love camping, kayaking, gardening, and exploring new places.



**HEALTH & HUMAN SERVICES
DIVISION WELCOMES NEW
COMMUNITY HEALTH NURSE**

Kristy Petrie is the CTLUSI's new Community Health Nurse. She is Alaskan Native American, and the wife of our CTCLUSI tribal member, Mark Petrie. Together they have two children, Kira and Liam. Some of her hobbies include; camping, long distance running, paddle boarding, hiking, beading, tribal activities/ gatherings, and more.

Kristy worked at Bay Area Hospital as a Certified Nursing assistant for seven years. She obtained her associated degree in nursing at Southwestern Oregon Community College in 2017. While working as a full-time nurse at Bay Area Hospital (BAH), she earned her bachelor's degree in 2019 through Oregon Health Science University (OHSU). Her nursing experience expands from newborn to end of life care, and has specialized training in Advance Life Support (ACLS), and Pediatric Advance Life Support (PALS).

Kristy has volunteered at various tribal events in the past, and worked as a nurse at tribal youth camps.

She will strive to meet the needs of the tribal community through open collaboration, with determination and perseverance. Welcome Kristy!

We are very pleased to have you onboard!



ATTENTION: ALL ENROLLED TRIBAL MEMBERS UPDATES NEEDED

With the recent General Welfare Assistance offered, we discovered a lack of current contact information. We know this information changes from time to time and we are asking all Members to please be sure you have the most current contact information with the Tribe. Primarily addresses and phone numbers.

In addition, if your name has changed for any reason, we need documents to support those changes.

As always, those seeking Enrollment will need a completed Application Form, Family Tree Form, an original Birth Certificate and copy of Social Security card, and finally a DNA test for Enrollment.

You may visit www.ctclusi.org under Enrollment for the following links to provide all the above information.

- New Enrollment Application Form
- Family Tree Form
- Change of Contact Form
- Name Change Request Form

Questions: Jeannie McNeil
541-888-7506 or jmcneil@ctclusi.org

COMMITTEE MEMBERS NEEDED

Chapter 7-5 GENERAL COMMITTEE CODE 7-5-1; General Policy; Committees are established to assist the Tribal Council in carrying out its responsibilities, to provide quality services to the Tribal membership and to develop, maintain and protect the assets and interests of the Tribes.

Tribal Committee appointments are made by Tribal Council and are for a four (4) year term. Tribal Code allows for you to be on no more than three (3) committees at a time and you may only server two (2) terms, unless special consideration is necessary. You must compete a Letter of Interest Form to be considered by the Tribal Council.

We will be looking to fill vacancies that will occur 12/31/2020

Culture Committee

Investment Committee

Housing Committee

Education Committee

Budget Committee

Health Committee

Election Board

There will be vacancies on all committee's at the end of the year

Letters of Interest forms can be found on the Tribes' website: www.ctclusi.org or requested through any Tribal Government Office located in Coos Bay, Florence and Springfield. Questions? If you would like to know any further details, please contact: Go to www.ctclusi.org to fill out a Letter of Interest to Join a Tribal Committee...or type <https://laserfiche.ctclusi.org/Forms/LetterofInterest> into your web browser.

Submit your letter of interest to Jeannie McNeil at jmcneil@ctclusi.org

Oregon – Idaho – Washington - Montana
Tribal Self Response Rates – August 9, 2020 | National Response Rate 63.3%

Oregon – 65.8%

Coos Lower Umpqua 62.5%
Celilo 60.0%
Coquille 59.2%
Umatilla 53.6%
Grand Ronde 53.6%
Siletz 52.8%
Burns Paiute 41.3%
Warm Springs 39.3%
Klamath 38.5%
Cow Creek 33.0%

Idaho – 67.8%

Kootenai 84.8%
Nez Perce 45.9%
Coeur D' Alene 39.7%
Shoshone-Bannock 39.1%
Shoshone Paiute 12.6%

Montana – 56.9%
Salish-Kootenai 43.4%
Fort Peck 31.9%
Chippewa Cree 21.3%
Blackfeet 20.5%
Fort Belknap 17.2%
Crow Tribe 10.3%
Northern Cheyenne 10.0%

Washington – 69.2%

Port Gamble 78.3%
Puyallup 70.5%
Upper Skagit 69.7%
Lower Elwha 66.8%
Port Madison 64.8%
Swinomish 61.8%
Tulalip 60.5%
Muckleshoot 59.6%
Nisqually 58.7%
Sauk-Suiattle 56.5%
Quileute 55.3%
Nooksack 54.9%

Washington – 69.2%

Lummi 54.4%
Chehalis 53.7%
Makah 52.7%
Yakama 51.7%
Hoh 51.6%
Shoalwater Bay 51.2%
Squaxin Island 51.2%
Skokomish 47.5%
Quinalt 45.7%
Kalispel 40.5%
Colville 34.3%
Spokane 33.5%



Self Response Deadline: September 30, 2020



Ways to take the 2020 census:

- By Mail:** Simply mail in the census questionnaire that was sent to your household.
- By Phone:** Call (844) 330-2020 to speak to a Census hotline representative.
- Online:** go to www.2020census.gov to fill out your census online.

Call Jeannie McNeil
at (541) 888-7506



Department of Human Resources

Current Openings at CTCLUSI and All Other Tribal Entities

Three Rivers Casino Resort ~ Florence

Bartender Lead – Bartender ~ Cocktail Beverage
Server Host ~ Host Bonfire ~ Food Server Blue Bills
Food Court Runner/Dining Room Attendant
Food Court Cashier/Barista
Lead Cook ~ Line Cook ~ Food Court Outlet Cook
Dish Machine Operator
Hotel Front Desk/PBX Clerk
Porter ~ Guest Services Attendant
Guest Room/Laundry Attendant
Table Games Dealer ~ Slot/Keno/Bingo Attendant
Player Services Representative 1
Environmental Service Technician
Special Events Team Member

Three Rivers Casino Resort ~ Coos Bay

Bartender/Server
Security Officer Dual Rate Lead
Security Officer
Electronic Gaming Machine Technician 1
Environmental Services Technician 1

Blue Earth Services & Technology

No Openings

Tribal Government Offices

Certified Alcohol & Drug Counselor II, Coos Bay
Accounting Specialist 1, Coos Bay
Assistant Planner, Coos Bay
Special Events Employee, Assignment Varies



<http://ctclusi-int.atsondemand.com/>
Go to Job Opportunities on the website for full job posting and to Apply Online
Updated Daily
Or call Recruitment at 541-902-3821

Be sure to check the Tribal website www.ctclusi.org for digital copies of The Voice of CLUSI monthly newsletter and more Tribal Government Information.

Visit <https://ctclusi.org/health-alert-notifications> for more information and links to the CDC concerning the Covid-19 Pandemic.

If you are a Tribal member who needs assistance getting signed up for full access to www.ctclusi.org please e-mail mgaines@ctclusi.org or call (541) 808-7918.

Contact Tracing: What To Expect If You've Been Near Someone With COVID-19

If you were in close contact with someone with COVID-19, you may get a call from a contact tracer working with your local or tribal public health authority. A contact tracer reaches out to people who have been exposed to COVID-19 to offer guidance and support. Answering the call helps to slow the spread of the virus.



You'll be asked to quarantine.

- Quarantine means to stay home for 14 days after you were near someone with COVID-19, even if you don't feel sick. Remember, you can spread the virus without having symptoms.
- Contact tracers will call or text you daily during your quarantine to find out how you're feeling.
- If you start to feel sick, they'll ask you to get a COVID-19 test. They will also ask who you saw before you started quarantine.
- After 14 days, if you still feel good, you're done!



Symptoms of COVID-19:



Cough



Shortness of breath or difficulty breathing



Chills



Muscle pain



Sore throat



New loss of sense of taste or smell

Contact tracers will share information about how to:



Prevent the spread of the virus



Care for yourself and your family



Connect with resources near you



Oregon, let's answer the call.

For individuals with disabilities or individuals who speak a language other than English, OHA can provide documents in alternate formats such as other languages, large print, braille or a format you prefer. Contact Mavel Morales at 1-844-882-7889, 711 TTY or OHA.ADAModifications@dhs.oh.state.or.us.



OHA 2359C (06/01/2020)

What will I be Asked on a Contact Tracing Call?

We want you to feel safe answering a contact tracing call and to know what questions to expect. If you were in close contact with someone with COVID-19, a contact tracer will reach out to you by phone. They will tell you they are from a local or tribal public health authority. The call will not be an automated recording. You will speak with a real person.

A contact tracer will ask you:

- If you need an interpreter in a language other than English
- For your name, date of birth and where you live
- If you have any symptoms of COVID-19
- If you need a place to stay
- If you need food or have other needs to help you stay at home
- If they can contact you daily to monitor your symptoms and needs
- For your race, ethnicity, language and disability information.



A contact tracer will never ask for your:

- Social Security number
- Bank account or credit card number
- Immigration status.

The caller will not:

- Say you need to pay for this service or
- Make a threat to put you or your family in jail if you don't speak to the contact tracer.

If you suspect fraud, hang up the phone. Do not answer any other calls that come from that number.

Report the activity and learn tips to avoid fraud by visiting the Federal Trade Commission online at www.consumer.ftc.gov.

You can also learn about emerging scams and report the incident to the Oregon Department of Justice online at www.OregonConsumer.gov.



Oregon, let's answer the call.

For individuals with disabilities or individuals who speak a language other than English, OHA can provide documents in alternate formats such as other languages, large print, braille or a format you prefer. Contact Mavel Morales at 1-844-882-7889, 711 TTY or OHA.ADAModifications@dhs.oh.state.or.us.



OHA 2359D (06/10/2020)

LIHEAP

Low Income Home Energy Assistance Program

The Family Support and Behavioral Health Department is currently offering Heating or Cooling Assistance during the summer months for qualifying households. To receive heating or cooling assistance contact the FSBH Department or fill out an application on the CTCLUSI website at <https://ctclusi.org/family-services>. Eligible households must reside in the five county service area of Coos, Curry, Douglas, Lane, and Lincoln, and fall into 60% of the Estimated Oregon State Median Income as listed below. To qualify, your yearly income needs to be at or below the following:

1 Person Family	\$24,549
2 Person Family	\$32,103
3 Person Family	\$39,656
4 Person Family	\$47,210
5 Person Family	\$54,764
6 Person Family	\$62,317



In order for your application to be processed and determine qualification you must provide:

Proof of Income (Pay Stub)	Social Security Card
Copy of your utility bill	SSI or SSDI Statement of Benefits
Tribal Enrollment Card	Child Support Statement
Oregon Trail Card	Current Oregon Health Plan Card

No appointment is necessary as Tribal Households can obtain and fill out the application on-line at <https://ctclusi.org/family-services> or you contact a Family Support and Behavioral Health staff to assist you. The general FSBH Department number is 541-888-6169. If you have any questions regarding the LIHEAP program you can also contact Shayne Platz at 541-297-3450.

*Note that available funding can be subject to change .

Fun STARTS HERE

THREE RIVERS CASINO COOS BAY

Lucky Points HOT SEATS

FRIDAYS & SATURDAYS 7PM-10PM HOT SEATS EVERY 20 MINUTES

If you are selected, your prize is the number of same-day points you've earned up to \$250 CASH!

Must be actively playing with your Players Club card to be eligible for Hot Seats. Cash prize is equal to the same-day points earned at the time the Hot Seat is selected. Minimum prize is \$20 cash. Maximum prize is \$250 cash. Management reserves all rights.



Weekly SPECIALS

11AM-9PM

MONDAY

OPEN FACED ROAST BEEF SANDWICH \$10

TUESDAY

TACO BASKET \$8

WEDNESDAY

SPAGHETTI & MEATBALLS \$11

THURSDAY

PULLED PORK SANDWICH \$11

FRIDAY & SATURDAY

PRIME RIB \$18 Served from 4pm-10pm

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