

# The Voice of CLUSI



April 2019

Issue 4

Volume 20

[www.ctclusi.org](http://www.ctclusi.org)

NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

## 23<sup>rd</sup> Annual Elders Honor Day



Elders Honor Day Queen and King pictured left. Pictured right, Councilman Doc Slyter plays flute during the event. Photographs by Morgan Gaines

Contributed by Morgan Gaines, Communications Specialist

On Friday, March 15<sup>th</sup> Elders from Tribes across Oregon gathered together at the Three Rivers Casino Resort Events Center. Hosted by the Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians (CTCLUSI) and co-hosted by the Coquille Indian Tribe (CIT), approximately 300 Elders attended the 23<sup>rd</sup> Annual Elders Honor Day event. Elders representing Tribes across Oregon were present, including members of the CTCLUSI, CIT, Warm Springs, Grand Ronde, Siletz, Lower Rogue and Karuk.

Opening remarks were given by CTCLUSI Tribal Chairman Mark Ingersoll. The presentation of the flags by CIT and CTCLUSI Veterans was accompanied by a song and drumming by Ashley Russell and Anne Niblett. Following the Color Guard posting of the Eagle Staff and Flag's, Chairman Ingersoll recognized members of Tribal Council, Elders Committee members, and Tribal Veterans, thanking them for their service.

Chairman Ingersoll then presented the gifting of the Eldest Tribal man and woman. Warm Springs Elder Lupe Samuels, 89 years young, and Siletz Elder Ed Ben, 91 years young, were each gifted with a Pendleton Blanket from the CIT and a gift basket by CTCLUSI. Next, the drawing for the King and Queen of the day were announced. Debra Cearley of the Siletz and Lamont Brown from Warm Springs were drawn and invited up on stage. They were each showered with gifts including beautiful necklaces made by CTCLUSI Tribal Elder Arleen Perkins, gift baskets from CTCLUSI,

Story continues on page 14

Also in this edition:

### Traditional Cultural Property (TCP) Questions and Answers

Turn to page 10 and 11 for more information or visit  
[www.ctclusi.org/tcp](http://www.ctclusi.org/tcp)



Canoeing in the Heart of the Bay,  
in front of Roseburg Chip, Facing Northwest

### Save the Date:

Tribal Election Day

**April 14, 2019**

**Tribal Hall**

**Polls Open from 12:00 Noon to 4:00 p.m.**

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Lower Umpqua and Siuslaw Indians  
1245 Fulton Avenue  
Coos Bay, OR 97420



Tribal Council Business

As Reported at the March 10, 2019 Regular Tribal Council Meeting

**Chief Warren Brainard:**

Jan 13 Tribal Council Meeting  
Jan 14 Governor Brown Inauguration  
Jan 15 Traditional Cultural Property (TCP)  
Discussion with City of Coos Bay  
Jan 18 Kate Brown Gala  
Jan 22 Meeting with Senator Merkley / Town Hall Meeting in Bandon  
Jan 25 Reception  
Jan 30 Special Meeting; Gaming Facility Operational Review Board (GFORB)  
Feb 13 Financing Meeting; Lane Act Meeting  
Feb 14 Culture Committee Meeting  
Feb 20 Financing Meeting  
Feb 21 Three Rivers Foundation Lunch  
Feb 22 Public Hearing in Coos Bay with State Historic Preservation Office (SHPO) and State Advisory Committee on Historic Preservation(SACHP), Traditional Cultural Property, (TCP)  
Mar 5 Special Meeting; Gaming Facility Operational Review Board (GFORB)

**Doc Slyter:**

Jan 1 Amanda Trail in Yachats  
Jan 13 Tribal Council Meeting  
Jan 15 Traditional Cultural Property (TCP)  
Discussion with City of Coos Bay; Coquille Tribal Dinner  
Jan 16 Traditional Culture Property Discussion (TCP) with State Historic Preservation Office (SHPO)  
Jan 17 Coos County Planning Department Meeting to discuss (TCP); Public Informational Meeting in North Bend (TCP)  
Jan 18 Public Informational Meeting in North Bend Traditional Cultural Property (TCP)  
Jan 24 Executive Worksession  
Jan 29 Lakeside Lamprey site visit  
Jan 30 Business Meeting  
Jan 31 Visit to Administration  
Feb 7 Lakeside Lamprey Conference call with Yurok Tribe  
Feb 15 Special Council Meeting  
Feb 19 Coos Bay City Council  
Feb 20 Charleston Boat House Presentation  
Feb 21 Tour with State Advisory Committee on Historic Preservation (SACHP), Traditional Cultural Property, (TCP)  
Feb 22 Public Hearing in Coos Bay with State Historic Preservation Office (SHPO) and State Advisory Committee on Historic Preservation(SACHP), Traditional Cultural Property, (TCP)  
Mar 5 Special Meeting; Gaming Facility Operational Review Board (GFORB)  
Mar 6 Conversation with Liaison for Siuslaw

National Forest about Lakeside Cemetery  
Mar 8 Coos County Planning Dept. Meeting, Jordan Cove

**Debbie Bossley:**

Jan 13 Tribal Council Meeting  
Jan 15 Traditional Cultural Property (TCP)  
Discussion with City of Coos Bay; Coquille Tribal Dinner  
Jan 16 Traditional Culture Property Discussion (TCP) with State Historic Preservation Office (SHPO)  
Jan 17 Coos County Planning Department Meeting to discuss (TCP); Public Informational Meeting in North Bend (TCP)  
Jan 18 Public Informational Meeting in North Bend Traditional Cultural Property (TCP)  
Jan 24 Executive Worksession  
Jan 25 State Transportation Improvement Fund (STIF)  
Jan 30 Business Meeting  
Jan 31 Administration visit, paperwork  
Feb 7 Holistic App  
Feb 15 Special Meeting  
Feb 19 Health Board Meeting, Enrollment Meeting, City Council Meeting, TCP  
Feb 21 Three Rivers Foundation Lunch  
Feb 22 Public Hearing in Coos Bay with State Historic Preservation Office (SHPO) and State Advisory Committee on Historic Preservation(SACHP), Traditional Cultural Property, (TCP)  
Mar 5 Special Meeting; Gaming Facility Operational Review Board (GFORB)

**Teresa Spangler:**

Jan 13 Tribal Council Meeting  
Jan 15 Dinner with Coquille Council  
Jan 24 Executive Worksession  
Jan 25 State Transportation Improvement Fund (STIF)  
Feb 11 Education Committee Meeting  
Feb 15 Special Meeting  
Feb 21 Three Rivers Foundation Lunch  
Mar 5 Special Meeting; Gaming Facility Operational Review Board (GFORB)

**Josh Davies:**

Jan 13 Tribal Council Meeting  
Jan 15 Dinner with Coquille Council  
Jan 16 Traditional Culture Property Discussion (TCP) with State Historic Preservation Office (SHPO)  
Jan 17 Election Board Meeting  
Jan 24 Executive Worksession  
Jan 30 Tribal Council Meeting , GFORB  
Feb 7 Executive Worksession  
Feb 16-17 Portland, Visit Ilani Casino

Feb 19 City of Coos Bay Council Meeting, TCP  
Feb 20 Housing Committee Meeting  
Feb 21 Tour with State Advisory Committee on Historic Preservation ( SACHP) , Traditional Cultural Property, (TCP)  
Feb 22 Public Hearing in Coos Bay with State Historic Preservation Office (SHPO) and State Advisory Committee on Historic Preservation(SACHP), Traditional Cultural Property, (TCP)  
Feb 26 Talk to Jeannie  
Mar 5 Special Meeting; Gaming Facility Operational Review Board (GFORB)

**Doug Barrett :**

Jan 1 Amanda Trail in Yachats  
Jan 13 Tribal Council Meeting  
Jan 15 Dinner with Coquille Council  
Jan 16 Traditional Culture Property Discussion (TCP) with State Historic Preservation Office (SHPO)  
Jan 17 Public Informational Meeting in North Bend (TCP)  
Jan 18 Public Informational Meeting in North Bend Traditional Cultural Property (TCP)  
Jan 24 Executive Worksession  
Jan 30 Special Meeting; GFORB  
Feb 7 Executive Worksession  
Feb 15 Special Meeting  
Feb 19 City of Coos Bay Council Meeting, TCP  
Feb 21 Three Rivers Foundation Lunch  
Feb 22 Public Hearing in Coos Bay with State Historic Preservation Office (SHPO) and State Advisory Committee on Historic Preservation(SACHP), Traditional Cultural Property, (TCP)  
Mar 5 Special Meeting; Gaming Facility Operational Review Board (GFORB)  
Mar 9 Round Dance, Grande Ronde

**Mark Ingersoll:**

Jan 13 Tribal Council Meeting  
Jan 15 Dinner with Coquille Council  
Jan 17 Public Informational Meeting in North Bend ( TCP)  
Jan 24 Executive Worksession  
Jan 25 Opening Pembina Office  
Jan 28 Testified in Salem on Bill 2020  
Jan 30 Special Meeting, GFORB  
Feb 7 Executive Worksession  
Feb 13 Bank Meeting  
Feb 15 Special Meeting  
Feb 18, 19, 20 Meeting with Governor  
Feb 21 Bank Meeting  
Feb 28, 29 Meeting with Governor  
Mar 5 Special Meeting; Gaming Facility Operational Review Board (GFORB)

Resolution Summaries

**RESOLUTION NO.:** 18-091  
**Date of Passage:** November 18, 2018  
**Subject (title):** Coordinated Tribal Assistance Solicitation (CTAS) Grant Expenditure  
**Explanation:** The Tribal Council approved the expenditure of CTAS funds by the Tribal Police Department for the acquisition of a new vehicle. **Vote 7-0-0**

**RESOLUTION NO.:** 18-092  
**Date of Passage:** November 18, 2018  
**Subject (title):** Prescription Drug Benefit Administration Agreement Approval.  
**Explanation:** The Tribal Council approved a contract to provide prescription. **Vote 7-0-0**

**RESOLUTION NO.:** 18-093  
**Date of Passage:** November 18, 2018  
**Subject (title):** Tribal Navigator Program, Approval of Agreement with Oregon DHS  
**Explanation:** The Tribal Council approved this Agreement with DHS. **Vote 7-0-0**

**RESOLUTION NO.:** 18-094  
**Date of Passage:** November 28, 2018  
**Subject (title):** Gaming Device Order  
**Explanation:** The Tribal Council approves this second amendment. **Vote 6-0-1**

**RESOLUTION NO.:** 18-095  
**Date of Passage:** December 27, 2018  
**Subject (title):** Cantrell Road Easement Approval  
**Explanation:** The Tribal Council approves this road easement. **Vote 5-0-0**

**RESOLUTION NO.:** 18-096  
**Date of Passage:** December 9, 2018  
**Subject (title):** Approval of 2019 Tribal Government Budget  
**Explanation:** The Tribal Council approves the proposed Operation Budget for 2019. **Vote 6-1-0**

**RESOLUTION NO.:** 18-097  
**Date of Passage:** December 9, 2018  
**Subject (title):** Healing to Wellness Code, Chapter 2-13, Title 2, Rules of Procedure  
**Explanation:** The Tribal Council approves the creation of this new Code and to be posted for 28-day comment period. **Vote 6-1-0**

Upcoming Council Meeting  
April 14, 2019  
Community Center 10:00 a.m.  
General Council  
Community Center 1:00 p.m.

Information

QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc.  
Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians  
ATTN: Tribal Council 1245 Fulton Ave.  
Coos Bay, Oregon 97420

COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at [jlawrence@ctclusi.org](mailto:jlawrence@ctclusi.org) for new requirements needed to be honored.

US FOREST SERVICE

NORTHWEST FOREST PASSES

Now available at the Tribal Administration Building, Florence and Springfield Outreach offices.  
Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., either online at [www.ctclusi.org/enrollment](http://www.ctclusi.org/enrollment) or mail to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

TRIBAL COUNCIL MINUTES

Full video available at [www.ctclusi.org](http://www.ctclusi.org)  
If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



Tribal Council

Warren Brainard, Chief  
Tribal Chief

541-297-1655 (cell)  
[wbrainard@ctclusi.org](mailto:wbrainard@ctclusi.org)

Doc Slyter

Position #1 Council  
541-808-7625 (cell)  
[dslyter@ctclusi.org](mailto:dslyter@ctclusi.org)

Debbie Bossley

Position #2 Council  
541-294-3972 (cell)  
[debbie.bossley@ctclusi.org](mailto:debbie.bossley@ctclusi.org)

Mark Ingersoll,  
Chairman

Position #3 Council  
541-290-4610 (cell)  
[mingersoll@ctclusi.org](mailto:mingersoll@ctclusi.org)

Josh Davies

Position #4 Council  
541-294-4105  
[josh.davies@ctclusi.org](mailto:josh.davies@ctclusi.org)

Teresa Spangler,  
Vice Chair

Position #5 Council  
541-808-4828 (cell)  
[tspangler@ctclusi.org](mailto:tspangler@ctclusi.org)

Doug Barrett

Position #6 Council  
541-297-2130 (cell)  
[doug.barrett@ctclusi.org](mailto:doug.barrett@ctclusi.org)

Council Meeting

April 14, 2019  
Community Center  
338 Wallace Street, Coos Bay,  
Oregon 97420  
Council 10:00 a.m.  
General Council 1:00 p.m.

Agenda:

1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Chief Executive Officer Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed  
Council meeting video available to view at [www.ctclusi.org](http://www.ctclusi.org)

Upcoming Events

- April 4<sup>th</sup>** – Elders Luncheon,  
Eugene Outreach Office, 11:30 a.m.
- April 11<sup>th</sup>** – Parenting Workshop,  
Community Center, 5:30 p.m. – 7:30 p.m.
- April 14<sup>th</sup>** – Tribal Council Meeting,  
Community Center, 10:00 a.m.
- April 14<sup>th</sup>** – Tribal Family Gathering Lunch,  
Community Center, 11:30 a.m. – 1:00 p.m.
- April 14<sup>th</sup>** – Tribal Council General Meeting,  
Community Center, 1:00 p.m.
- April 14<sup>th</sup>** - Tribal Election Day, Tribal Hall,  
Polls open Noon – 4:00 p.m.
- April 18<sup>th</sup>** – Parenting Workshop,  
Community Center, 5:30 p.m. – 7:30 p.m.
- April 20<sup>th</sup>** – Clam Dig and Easter Egg Hunt  
(see flyer page 5)
- April 25<sup>th</sup>** – Parenting Workshop,  
Community Center, 5:30 p.m. – 7:30 p.m.
- April 25<sup>th</sup>** – Peacegiving Court Training Dinner
- April 25<sup>th</sup>** – National Rx Drug Take Back hosted by  
Tribal PD, Eugene Office 10:00 a.m.

- April 26<sup>th</sup>** - National Rx Drug Take Back  
hosted by Tribal PD, Florence Office 10:00 a.m.
- April 27<sup>th</sup>** - National Rx Drug Take Back  
hosted by Tribal PD, Coos Bay Office 10:00 a.m.
- April 27<sup>th</sup>** – Healthy Moms and Healthy  
Babies program, Community Center, 1:00 p.m.
- April 27<sup>th</sup> – 28<sup>th</sup>** – Fish Trap Workshop Session One,  
9:00 a.m. – 4:00 p.m.
- April 30<sup>th</sup> – May 2<sup>nd</sup>** – Cold Water Training
- May 2<sup>nd</sup>** – Parenting Workshop,  
Community Center, 5:30 p.m. – 7:30 p.m.
- May 3<sup>rd</sup>** – Deadline to apply for  
Summer Student Internships
- May 9<sup>th</sup>** - Elders Committee Meeting,  
Tribal Hall, 2:30 p.m. - 4:00 p.m.
- May 11<sup>th</sup>** – (Tentative) Cemetery Clean Up Day  
Check May newsletter for details
- May 21<sup>st</sup>** – Tribal Family Gathering Dinner,  
Springfield, 6:00 p.m.
- May 24<sup>th</sup> – 26<sup>th</sup>** - Fish Trap Workshop Session Two,  
9:00 a.m. – 4:00 p.m.



THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at [jmcneil@ctclusi.org](mailto:jmcneil@ctclusi.org). All letters of interest are kept on file for one year.

CTCLUSI Departments, Services & Offices

Government Office  
Alexis Barry  
Chief Executive Officer  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-9577  
Toll free 1-888-280-0726  
Fax 541-888-2853  
[abarry@ctclusi.org](mailto:abarry@ctclusi.org)

Health Services Division  
Vicki Faciane - Director  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-7515  
Toll free 1-888-280-0726  
Fax 541-888-5388  
[vfaciane@ctclusi.org](mailto:vfaciane@ctclusi.org)

Department of Human  
Resources  
Stephanie Watkins - Director  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone: 541-888-7508  
Toll Free: 1-888-280-0726  
Fax: 888-723-3270  
[swatkins@ctclusihr.org](mailto:swatkins@ctclusihr.org)

Tribal Housing Department  
Linda Malcomb - Director  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-1310  
Fax 541-888-2853  
[lmalcomb@ctclusi.org](mailto:lmalcomb@ctclusi.org)

Purchased/Referred Care  
(FKA Contract Health  
Services)  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-4873  
Toll free 1-800-227-0392  
Fax 541-888-5388  
[sarnold@ctclusi.org](mailto:sarnold@ctclusi.org)

Education Department  
Karen Porter, Education Dept  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone: 541-888-9577  
Toll free 1-888-280-0726  
Fax 541-888-2853  
[education@ctclusi.org](mailto:education@ctclusi.org)

Family Services  
Earl Boots, Director  
2110 Newmark Avenue  
Coos Bay, OR 97420  
Phone 541-888-1311  
Toll Free 1-800-618-6827  
Fax 541-888-1837  
[eboots@ctclusi.org](mailto:eboots@ctclusi.org)

Tribal Dental Clinic  
Dr. Sarah Rodgers  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-6433  
Toll free 1-877-688-6433  
Fax 541-888-7505

Elders Activities  
Iliana Montiel  
Assistant Director of Health  
Services  
1245 Fulton Ave.  
Coos Bay, OR 97420  
Phone 541-888-7526  
Fax 541-888-5388  
Toll Free 1-888-280-0726  
[imontiel@ctclusi.org](mailto:imontiel@ctclusi.org)

Tribal Court  
J.D. Williams  
Chief Judge  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-9577  
Toll Free 1-888-280-0726  
[tribalcct@ctclusi.org](mailto:tribalcct@ctclusi.org)

Cultural Department  
Jesse Beers,  
Cultural Stewardship Manager  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-1319  
Fax 541-888-2853  
[jbeers@ctclusi.org](mailto:jbeers@ctclusi.org)

Eugene Outreach Office  
135 Silver Lane, Suite 200  
Eugene, OR 97404  
Phone 541-744-1334  
Toll Free 1-800-877-2718  
Fax 541-744-1349

Florence Outreach Office  
Physical: 3757 Hwy. 101  
Mailing: P.O. Box 2000  
Florence, OR 97439  
Phone 541-997-6685  
Toll Free 1-866-313-9913  
Fax 541-997-1715

Tribal Gaming Commission  
Brad Kneaper  
Executive Director of the  
Gaming Commission  
5647 Hwy 126, Suite 100  
Florence, OR 97439  
Phone 541-997-2830  
Fax 541-997-7293  
[bkneaper@ctclusi.org](mailto:bkneaper@ctclusi.org)

Tribal Police  
Brad Kneaper  
Chief Law Enforcement Officer  
5647 Hwy 126, Suite 100  
Florence, OR 97439  
Phone 541-997-6011  
Fax 541-902-6507  
[bkneaper@ctclusi.org](mailto:bkneaper@ctclusi.org)

Department of Natural  
Resources  
Margaret Corvi  
Director  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-1304  
Toll Free 1-888-280-0726  
Fax 541-888-2853  
[mcorvi@ctclusi.org](mailto:mcorvi@ctclusi.org)



Council Corner

Daii Tribal Members,

I hope this message finds you well. As a teacher, it is hard to believe it's mid-March and school is over in a few months. Time seems to have flown by more quickly each year as I get older. We have some exciting times approaching with the upcoming election. This past weekend, many past and present Tribal Council members were able to attend the forums that were held in Florence, Eugene and lastly in Coos Bay. I must give the attendance trophy to the Florence forum, which about doubled one location and tripled another location. However, all three forums had good attendance, and audience members were able to ask questions to the candidates. Thank you to past and present Council members who have made this opportunity possible with all the dedication, tremendous hard work and many hours that were needed in order to be where the Tribes are today. Thank you also to the staff and Election Board Committee that assisted in this weekend's events.

Overall, I was happy to see the younger generation stepping forward this weekend. I had a couple takeaways that I would like to share and acknowledge for those of you that weren't able to attend. Some of the candidates in their opening statements acknowledged Councilman Doug Barrett for the lifetime work that he has done for not only the Tribes but for some of them individually. I truly believe that without all the hours that Doug has put into our Tribes, more of our youth would not be where they are today. The other take away was how moved and visibly touched Councilman Doc Slyter was to see how much culture meant to the candidates. He touched on this at each of the forums, but at the end of the Coos Bay forum, the panel sang and drummed together. This was a special moment to witness and be apart of.

If you were unable to attend these forums, please check the website as Morgan Gaines, Communications Specialist will be uploading these as soon as she is able to. Also, please make sure you have your voter's registration card on file. If you are unsure, please call Administration to make sure your file is up to date. Every vote matters.

Hiis haiyach (with a good heart),  
Councilman Josh Davies

2019 Tribal Council Election Candidates

| POSITION NUMBER | INCUMBENT<br>(Current Member of Council) |
|-----------------|--|
| Position # 1    | Doc Slyter                               |
| Position # 3    | Mark Ingersoll                           |
| Position # 5    | Teresa Spangler                          |

FINAL LIST as of March 15, 2019

Candidates Running for Tribal Council

The Tribal Members listed below have decided to run for a position on Tribal Council. They have officially submitted their Statement of Candidacy on the date listed by their name.

| Name              | Position #<br>Running For | Date Submitted<br>Statement of Candidacy |
|-------------------|---------------------------|--|
| Mitchell Harper   | Position #5               | 2/15/2019                                |
| Iliana Montiel    | Position #5               | 2/20/2019                                |
| Susan Thomas      | Position #3               | 3/04/2019                                |
| Heidi Enna Helms  | Position #5               | 3/13/2019                                |
| Devynne Krossman  | Position #3               | 3/13/2019                                |
| Doc Slyter        | Position #1               | 3/14/2019                                |
| Mark Petrie       | Position #3               | 3/15/2019                                |
| Margaret Corvi    | Position #3               | 3/15/2019                                |
| Courtney Krossman | Position #5               | 3/15/2019                                |

This information can be found online at [www.ctclusi.org/elections](http://www.ctclusi.org/elections)  
This list will be updated as individuals submit Statements of Candidacy.

NOTICE TO ALL READERS

Tribal Council Candidate Position Statement Inserted in the March 2019 and April 2019 Editions of The Voice of CLUSI Tribal Newsletter

The Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians shall not be responsible for the accuracy of the candidates' position statements.

Tribal Code Title 7 -Enrollment, Committees, Elections and Referendums, Chapter 7-3. 7-3-24 Candidacy Procedures(b) (3) Each candidate shall indicate the position for which he or she is filing. No shuffling of positions will be allowed. Each candidate will be given the opportunity to present a position statement for inclusion in the Tribal Newsletter if submitted by the Newsletter deadline. Position statements shall not be longer than one (1) sheet of 8-1/2" by 11" paper printed on both sides, capable of being copied on a black and white copier. Position statements shall be published in the February, March or April issue, depending upon when the candidate filed and the candidate's preference. It will be stated in the Tribal Newsletter that the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians shall not be responsible for the accuracy of the candidates' position statements. Further, if a reasonable doubt exists as to the accuracy, candidates will be asked to furnish proof of their statement.

We've Moved!

CTCLUSI's Family Services Department has moved to  
The Newmark Center!  
Our new address is:  
2110 Newmark Ave, Coos Bay, OR 97420  
Our Telephone Number Remains the Same:  
541-888-9577



Join a Tribal Committee



Chapter 7-5 GENERAL COMMITTEE CODE 7-5-1; General Policy; Committees are established to assist the Tribal Council in carrying out its responsibilities, to provide quality services to the Tribal membership and to develop, maintain and protect the assets and interests of the Tribes.

Tribal Committee appointments are made by Tribal Council and are for a four (4) year term. Tribal Code allows for you to be on no more than three (3) committees at a time and you may only server two (2) terms, unless special consideration is necessary.

Currently, we have at least one (1) position available in each committee due to vacancies and term expiration on 12-31-2018. Tribal Committees cover several areas of the Tribe and work with various departments. Below is a list of Committees you may be interested in becoming a member of:

- Culture Committee
- Elders Committee
- Investment Committee
- Budget Committee
- Enrollment Committee
- Health Committee
- Education Committee
- Housing Committee
- Election Board

How to become a member? You must be a CTCLUSI enrolled Tribal member. The attached Letter of Interest Form must be completed and returned in the envelope for Tribal Council considerations. All forms should be received by December 1, 2018.

Letters of Interest are only kept on file for one year.

Additional forms can be found on the Tribes' website: [www.ctclusi.org](http://www.ctclusi.org) or requested through any Tribal Government Office located in Coos Bay, Florence and Springfield. Questions? If you would like to know any further details, please contact: Jeannie McNeil , 1245 Fulton Ave. Coos Bay, Oregon 97420. By email, [jmcneil@ctclusi.org](mailto:jmcneil@ctclusi.org) or by phone 541-888-9577.



# Tribal Council Candidate Forums Well Attended



On Saturday, March 16, 2019 Forums held in Florence (above) and Eugene (below)



Council Forums continued on Sunday, March 17, 2019 in Tribal Hall in Coos Bay (below)



Contributed by Morgan Gaines,  
Communications Specialist

On Saturday, March 16<sup>th</sup> and Sunday, March 17<sup>th</sup> Tribal Council Candidates were given the opportunity to attend Forums, give opening statements, and answer questions provided by General Council members in attendance.

Out of nine candidates, eight attended the Florence Forum. Seven attended the Forum held in Eugene, and eight participated in the Coos Bay Forum. One candidate, who is running unopposed, opted to sit in the audience during the Coos Bay Forum allowing the other candidates more time to answer questions from General Council.

Tribal Council  
Election Day  
April 14, 2019

Tribal Hall  
338 Wallace Street,  
Coos Bay, Oregon  
97420

Polls will be open from  
12:00 noon to 4:00 p.m.

## Clam Dig

Saturday, April 20, 2019

Come join us for a beautiful early morning tide! When the tide is low the table is set. It is an honor to be able to gather our traditional foods and give thanks for still having them.

Clam Dig hosted by the Department of Natural Resources

We will meet at Tribal Government Coos Bay Office at 6:45 a.m.

Or meet us out at the Charleston Boat Ramp

The Tribe will pay for permits at Davy Jones Locker in Charleston  
(Please bring rubber boots, extra shoes and a change of clothing!)

We will clean clams at the Fish Cleaning Station at  
the Community Center

Dinner at 4:00 p.m.

At the invitation of Tribal Council Mike Graybill, local resident and former Natural Resource Manager, will discuss a range of impacts that the proposed Jordan Cove Energy Project will have on the Coos Bay estuary. The Project proposes to dredge 5.7 million cubic yards of sediment out of the bay, install a compression/cooling station and export terminal on the North Spit as well as a pipeline that terminates in Coos Bay going under the bay. Simultaneously, the Port of Coos Bay is working to proposing to dredge 18 million cubic yards which, coupled with the Jordan Cove Energy Project, will represent the largest change to this estuary in its history. It is a deep concern for local aquaculture sustainability, fisheries, recreational users and traditional uses of the bay. “I worked on the bay my entire career studying the estuary, and the reason I’m here is because I’m very concerned about the potential this project has to change the way our estuary functions...”

Please RSVP by Friday, April 12, 2019  
541-435-7155 or toll free 1-888-365-7155

## Easter Egg Hunt

Saturday, April 20, 2019

Community Center  
338 Wallace Street,  
Coos Bay, Oregon

2:00 p.m. Egg Hunt

4:00 p.m. Dinner

Hosted by Family Services

Please RSVP by Friday, April 12, 2019

541-435-7155 or  
toll free 1-888-365-7155



## PEACEGIVING COURT

Dispute resolution the traditional way.

Accountability. Restoration.

For more information on Peacegiving Court and how  
your case can be transferred, contact Tribal Court.  
(541) 888-1306

TRIBAL COURT WILL HOST  
PEACEGIVING COURT  
TRAINING

Tribal Court will host a  
Peacegiving training on April 25,  
2019, at Ciccarelli's Restaurant in  
North Bend, Oregon.

Judge Karen Costello will be  
providing training.

In addition, there will be another  
Peacegiver (or two) sworn in at  
this function by Judge Williams.

Interested persons can contact  
Tribal Court regarding this  
training at [tribalct@ctclusi.org](mailto:tribalct@ctclusi.org) or  
come by the Tribal Court Office.

Contributed by Diane Whitson, Tribal  
Court Administrator



## This Month...be on the Lookout for Nori

Contributed by Ashley Russell, Water Protection Specialist

Plant description: Nori is in the family Bangiaceae, the red algae family. Laver also belongs to this family and is made into “laverbread”. Nori is a cold water seaweed species that grows on rocks and pilings in the upper intertidal and spray zone. Growing as a “sheet”, this shiny beauty ranges from a light red to a purplish color.

Food: Nori is high in vitamin B12, calcium, minerals, trace elements and protein. Traditionally, this red algae was gathered, taken home, and laid out on mats or boards to dry in the sun. Dried nori was usually dipped in seal oil, whale blubber, or elk tallow. Today, it is used to thicken soups, season foods, and also roll sushi. Darker colored nori seems to be preferred over lighter colored nori.

**Hanis:** t̥kínlx

**Milluk:** t̥kínlx

**Scientific name:** *Porphyra spp.*



Photograph courtesy of John Schaefer

## Perfect Weather to Usher in First Canoe Pull of the Year

Contributed by the Culture & Natural Resources Department

We put our beloved canoe, Lottie, into the Umpqua at Winchester Bay with a full crew of tribal families. Our trusty support boat, skippered by Tribal Biologist John Schaefer, followed along on our short journey. We were welcomed with Low winds, blue skies, and smooth waters. We could not have asked for better weather! We were fortunate to be able to visit one of our recently returned parcels of land, Tkimya, aka Umpqua Eden. It was a very special and exciting experience. Jesse Beers shared some history about the significance of the site and offered a blessing before we set foot on land. After taking in the sights, smells, feels, and sounds of Tkimya, we set out on the water to return to Winchester Bay for a quick bite at a local pizzeria before heading back home. Overall, a very enjoyable and successful time on the river! Look forward to more upcoming canoe outings!

“It was amazing to be able to stand in the place that our ancestors once resided and gather the first edibles of Spring from such a sacred and panuuch/nohauwitson (beautiful) place. I can’t wait to go back and spend more time there.”

- Ashley Russell

Photographs courtesy of John Schaefer





# Traditional Fish Trap Workshop Series

Dai Estis (Hello Everyone),  
I, Ashley Russell, am pleased to announce a three-part Traditional Fish Trap Workshop Series that I will be teaching with the help of Sara Siestreem(Coos Master Artist and Educator). During the workshop series, Tribal families will learn what materials are used in the construction of a Traditional Fish Trap, when and how to gather and process materials used in a Traditional Fish Trap, and how to construct a Traditional Fish Trap. Previous weaving experience is encouraged for this workshop, but is not a requirement.

### Session One:

The first session of the workshop series will involve Beaked Hazel gathering and processing, Vine Leaf Maple gathering and processing, Spruce Roots/Cedar Roots gathering and processing, and (possibly) Douglas Fir processing.

The following tools are necessary to process the above materials:

- Trowel and/or Tiling Fork
- Loppers/ Pruning Shears
- Wood Splitting Froe
- Wood Shaver
- Draw Knife
- Clippers
- Knife
- Scissors
- Gloves
- Hiking Attire
- Safety Glasses
- Duct Tape

If you don't have all of the materials listed above, I do have some on hand and am more than willing to share on a first come, first serve basis.

**Date: April 27th-28th**

Day One: Beaked Hazel, Vine Leaf Maple, and Douglas Fir gathering and processing  
Day Two: Spruce Root/Cedar Root

gathering and processing; finish up Vine Leaf Maple and Douglas Fir processing  
Time: 9:00 AM – 4:00 PM Saturday and Sunday  
Location: Tribal Hall in Coos Bay, OR

### Session Two:

Session two will involve the construction of the Fish Trap. Green Spruce Roots that were gathered during the first session of the workshop will be switched out with seasoned ready-to-use Spruce Roots from CACHE 1: Wealth Item. More Vine Leaf Maple and/or Douglas Fir processing may be required depending on amount of materials on hand that are already processed and ready for use.

The following tools will be needed for session two:

- Wood Splitting Froe
- Wood Shaver
- Draw Knife
- Clippers
- Knife
- Awl
- Scissors
- Gloves
- Safety Glasses
- Duct Tape

**Date: May 24th-26th**

Day One: Begin Fish Trap construction; process more Vine Leaf Maple and/or Douglas Fir if applicable  
Days Two & Three: Continue Fish Trap construction

Time: 6:00 PM- 8:30 PM Friday; 9:00 AM – 4:00 PM Saturday and Sunday

Location: Tribal Hall in Coos Bay, OR

### Session Three:

The last session of the Fish Trap Workshop Series will entail learning how to make cordage out of Nettle/Fireweed/ Dogbane for the Fish Traps, which will be instructed by Sara Siestreem, and finishing up Fish Trap construction.

The following tools will be needed for session two:

- Clippers
- Knife
- Awl
- Scissors
- Gloves(optional)

**Date: June 7th-9th**

Day One & Two: Cordage making with Sara Siestreem; continue fish Trap construction  
Day Three: Fish Trap construction wrap-up  
Time: 6:00 PM- 8:30 PM Friday; 9:00 AM – 4:00 PM Saturday and Sunday

Location: Tribal Hall in Coos Bay, OR

If enough materials are gathered to make several fish traps, my goal is to use the fish traps to augment the Tenmile Lakes Basin Partnership Pacific Lamprey Monitoring Project. They are currently monitoring Pacific Lamprey in Tenmile Creek and plan to use traps out of PVC pipe this summer. How wonderful would it be to use our traditional fish traps to help them with their endeavors? We haven't used fish traps to catch lamprey for, probably, a hundred years.

If we aren't able to gather enough materials for several fish traps, we can all work together to create a few. Sara Siestreem has graciously offered to show our finished fish traps in an exhibition that she will be curating. After the exhibition, one trap will be chosen by the group to be proudly housed in one of the Tribe's facilities for display and teaching purposes.

If you are interested in learning how to construct a Traditional Fish Trap Basket, please RSVP to me at [arussell@ctclusi.org](mailto:arussell@ctclusi.org) by **April 19<sup>th</sup>**.

Gala de Luwae (With a Good Heart),  
~Ashley Russell

# Circles of Healing Program Updates

Contributed by Melinda Radford, Circles of Healing Program Coordinator

The Circles of Healing Program provides confidential advocacy and support services to victims of domestic violence, dating violence, sexual assault and human trafficking. Through empowerment and self-determination, the staff assist clients in achieving their goals with respect to timelines chosen by the client as they address their needs for safety, peace and healing. Recently the Circles of Healing Program has made some exciting changes. Melinda Radford, who was the Circles of Healing Outreach Advocate, is now the Program Coordinator. Melinda has worked for CTCLUSI in different capacities for over 6 years. Having worked for the program as an advocate for about two years, she has been able to assist many clients and work towards addressing the needs of the Tribal community and community at large. In her new role, she is hoping to bring more awareness to issues of sexual assault, stalking, dating violence, and domestic violence as well as providing community education, prevention, and survivor centered services.

In addition, a new advocate, Melissa Smith, was recently hired. Melissa graduated from Eastern Oregon University in 2017 where she studied Sociology and Anthropology. She recently returned to school at Humboldt State University to complete her Master's in Social Work and has been interning in the Family Services department since September. During

this time, Melissa has enjoyed learning about the Tribes as well as the programs within Family Services. Melissa is excited to be a part of The Circles of Healing program and is thankful for the opportunity to continue to work with the Tribes.

The Circles of Healing program staff have been working diligently to provide a voice for Tribal people in the Domestic Violence and Sexual Assault community through participation in training facilitation, partnerships with federal, state and local agencies, participation in funding workgroups, participation in various training opportunities and working with Oregon's Nine Tribes to address sexual assault and domestic violence. The staff recently traveled to Washington DC to participate in the Office of Violence against Women New Grantee training, and will be attending the Oregon Nine Tribes Coalition meeting, providing training to the Crime Victim Services Division Staff, attending the Victims of Crime Act training, and the Tribal and Federal Summit in the next few months. As the program continues to expand and provide new services, please watch the website and newsletter for upcoming events and new information.

If you would like to speak confidentially with an advocate, please call 541-808-8450.



## Tribal Member Birth Announcement



### Justin Tyee McGuire ~ Lower Umpqua ~

Justin was born October 24, 2018 at 3:15 p.m. to parents Chris and Chelsea McGuire. Justin was 7lbs 4oz and 20" long. Justin is baby brother to two amazing older sisters, Savanna and Elayna, the grandson of Karen and Dave McGuire and Bill Undlin, and great grandson to Lower Umpqua Tribal Elder Anna Campbell.

**Welcome Baby Justin!**



## Healthy Moms & Healthy Babies

**Are you expecting a Baby?**

**Come join us for lunch, prizes and information on Best Practices during Pregnancy.**

**We will begin holding monthly gatherings with a Kickoff on**

**Saturday April 27, 2019 @ 1:00 PM**

**at the Community Center 338 Wallace St  
Coos Bay**

**Topics will include but are not limited to:**

- Pre-natal care
- Tribal Best Practices
- Substance Abuse Prevention
- Safety—SIDS, Shaken Baby Syndrome, Car Seat

**Installation And much more!**

**The program includes projects like cradleboards, baby books, Dream Catchers, etc.**

**We hope you will join us and allow the Tribe to support your Journey**

**Please RSVP by Wednesday, April 24, 2019**

**541-435-7155 OR TOLL FREE 1-888-365-7155**



### Baby Baskets!



Are you a Tribal member or Tribal spouse living in the five-county service area (Coos, Curry, Douglas, Lane, and Lincoln counties) and expecting a baby? We can help you by providing a basket of necessities for your new little bundle of joy. Our Community Health Aides work together with our Dental Clinic to make sure you receive a great variety of baby products to start your baby's precious life with ease, comfort and good health. Some of these items include diapers, wipes, bottles, a tooth/gum brush, bathing products, and a car seat. If you are eligible to receive one of these baskets, please contact your area's Community Health Aide.



### Congratulations!



**Armando Martinez:** Coos Bay Office: (541) 435-7228 Cell: (541) 435-5223

**Doug Morrison:** Florence Office: (541) 997-6685 Cell: (541) 297-2391

**Kimmy Bixby:** Eugene Office: (541) 744-1334 Cell: (541) 808-8684

## Tribal Member Birth Announcements

Celebrate welcoming your baby to the Tribal family! Send in your photographs and information to have your new bundle of joy announced in The Voice of CLUSI newsletter.

Send information to:

Morgan Gaines, Communications Specialist by emailing  
**mgaines@ctclusi.org**



Tribal Member Birth Announcement



Adalynn May Jernigan  
~ Coos ~

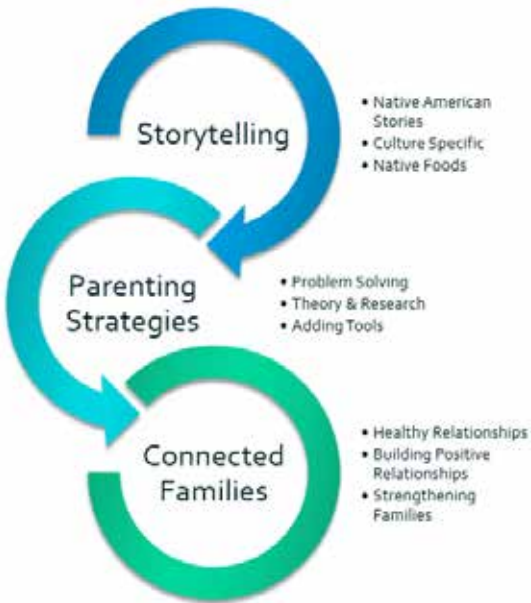
Alyssa Nelson and Joey Jernigan welcomed Adalynn into the world on February 16, 2019 at 4:42 pm, weighing in at 8 pounds and 19.5 inches long. Adalynn is the granddaughter of Tribal Elder Barbara Nelson and her spouse Andrew Nelson. Adalynn has four older siblings: Annabella, Angel, Jonathan, and Logan.

Welcome Baby Adalynn!

PARENTING  
WORKSHOP

PRESENTED BY THE CONFEDERATED TRIBES OF  
COOS, LOWER UMPQUA & SIUSLAW INDIANS

FAMILY SERVICES DEPARTMENT

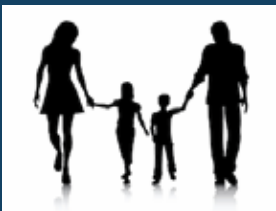


Childcare & Meals Will Be Provided

When:  
Thursdays-  
April 11  
April 18  
April 25  
May 2

Time:  
5:30-7:30pm

Location:  
CTCLUSI – Community  
Center  
338 Wallace St  
Coos Bay, OR 97420



COLD WATER TRAINING  
TUESDAY APRIL 30- THURSDAY MAY 2, 2019

Safety and Rescue

The three-day course will explore the following areas: paddling environment, personal preparation, rescue philosophy, scene management, medical issues, equipment, throw ropes, water hazards and hydrology, swimming, wading, boat based rescue, pins, entrapment, and water scenarios.

Healing of the Canoe program has covered the cost of the training and training certificates for CTCLUSI.



For more  
information,  
contact:  
Jesse Beers  
541-888-1319  
x7319  
[jbeers@ctclusi.org](mailto:jbeers@ctclusi.org)



Please Call the RSVP Line at  
541-435-7155  
Or toll-free at 1-888-365-7155



# Q'alya Ta Kukwis Shichdii Me

## Traditional Cultural Property (TCP) Receives Mixed Support for Nomination

Contributed by The Department of Natural Resources

The Confederated Tribes of Coos, Lower Umpqua and Siuslaw have an obligation as a sovereign government to define and protect resources that perpetuate their unique cultural identity. We feel local protection has assisted in safeguarding of many of our resources but that federal funded or permitted, *not small landowner development*, has not adequately addressed cumulative impacts to the resource important to Tribal lifeways.

With our Traditional Cultural Property (TCP) nomination the Tribe has gained unanimous support by Oregon's State Advisory Council on Historic Preservation but has gotten opposition from several local governments. We feel this is due to a lack of understanding of the TCP and impacts to landowners.

### Local ordinances must reflect state laws protecting archaeological and cultural resource protection but do they?

The County utilizes the Coos Bay Estuary Management Plan (CBEMP) to ensure protection of Natural and Cultural Resources mandated under statewide Goal 5

The City of Coos Bay and City of North Bend do not have adequate ordinances in place to identify and protect cultural resources and are therefore out of compliance with statewide Goal 5 and policy 18 under the CBEMP. Additionally, the Tribe has NOT been consulted with by either City for any regular permit review to assist in protecting cultural resources

### What are the State and Federal regulations that protect cultural resources?

State laws ORS 97.745 prohibits the willful removal, mutilation, defacing, injury, or destruction of any cairn, burial, human remains, funerary objects, or objects of cultural patrimony of any native Indian. ORS 358.920

prohibits excavation injury, destruction, or alteration of an archaeological site or object or removal of an archaeological object from public **or private lands**.

Federal laws (43 CFR 10) respond to adverse impacts archaeological and cultural resources in permit review through mandatory Tribal consultation; however, some federal agencies have not adequately responded to the Tribes requests for consultation nor concerns brought forth for federal permit applications. The Native American Graves and Repatriation Act was passed in 1990, provides a process for museums and Federal agencies to return Native American cultural items (human remains, funerary objects, sacred objects of cultural patrimony. NAGPRA also applies when Native American remains are discovered during a construction project on Federal or Tribal lands.

Our Cultural Resources are not being adequately protected. We have been stripped of much of our ownership and sovereignty of our ancestral lands. That is not going to change. The TCP does not give us rights or ownership. The TCP gives us the opportunity to help steward our resources through federal permit

review and helps start a conversation of non-compliance with local municipalities under the CBEMP.

We are disappointed that our local governments have politicized the protection of our cultural resources as it is our right and obligation to protect these resources, our identity and way of life for future generations. Protection of these invaluable non-renewable resources is not something that governments should need to contemplate. Our TCP application is moving forward for review by the National Park Service thanks to the unbiased review from the SACHP committee. It is unfortunate that we have to go through the expense of a TCP designation to have a seat at the table for discussions on proposed development and to protect Tribal cultural resources that should be protected under state and federal laws.

As we have stated in recent public meetings, we are committed to working with local jurisdictions to minimize any secondary effects of a TCP listing on local land use ordinances, which should not be particularly difficult considering that existing local and state laws already require consideration of impacts to archaeological and historic sites. That

offer remains, despite the unfortunate hearing and votes by both the City of Coos Bay and the City of North Bend.

We remain committed to working with our neighbors to address any concerns they may have with the effects of listing Coos Bay on the National Registry of Historic Places. There certainly is a lot of misinformation circulating in the community. The primary effect of a listing would be to require federal agencies to consider impacts of their actions and permitting decisions on specific sites within Coos Bay that are of tremendous importance to the cultural survival of the Tribe. Please access our website for accurate information regarding our application: [www.ctclusi.org/tcp](http://www.ctclusi.org/tcp)



Photograph by John Schaefer

## Historic District is fitting way to respect Tribal legacy

Printed online at [www.theworldlink.com/opinions](http://www.theworldlink.com/opinions) on March 5, 2019  
As landowners, we support the Confederated Tribes of the Coos, Lower Umpqua, and Siuslaw Indians effort to establish a Traditional Cultural Property Historic District, which includes areas of our ranch. We were fortunate to be able to purchase our small ranch in 1997 and learned it had quite a history of ownership: dairymen, loggers, ranchers, and mill workers all worked hard here. Interestingly, our title shows that on May 8, 1869, the land was originally granted to James T. Jordan.

James was a hunter from Kentucky who moved to Coos County and married Jane, a Hanis (Coos) Indian. Back then, if a female tribal member married a white man, she could stay in her ancestral area rather than be moved to the reservation in Yachats, where most Indians were forced to relocate in those years. James and Jane Jordan raised a family and owned a large area of land along the northern margin of Coos Bay, where they ran livestock. Their land included a small cove on the northern bend of the bay that was eventually named Jordan Cove.

A number of relatives of the Jordans, now tribal members, still live in our community today. Ancestors of Jane Jordan likely lived in this area for 10,000 years or more before European settlers arrived. They lived their lives, hunting, fishing, and

collecting clams, native oysters and all the rest of the bounty the bay provided. For many generations they raised their families, worshiped their gods, and told their stories and legends. There are a large number of Indian fishing weirs near our ranch—a testament to the importance of this area as a food source. These traps consist of many sticks stuck closely together in the mud flats in a “vee” shape which catch fish during the receding tides. Dr. Mark Tveskov, an archeologist from Southern Oregon University, claims the Haynes Inlet weirs are likely the greatest array of fishing weirs in the entire Pacific Northwest. As current stewards of our land, we honor the dairy farmers, the loggers, the mill workers and others who lived on what was to become our ranch. But we also honor the Coos Indians, who lived out their lives here for millennia before any Europeans arrived. We feel that designating areas around the bay as a Traditional Cultural Property Historic District is a fitting way to commemorate and respect their legacy.

Larry and Sylvia Mangan, North Bend

Larry and Sylvia,  
Thank you for the positive energy in the letter to the editor in The World newspaper...This was a very well written article and confirms the importance for approval of the TCP by the National Parks Service.  
Doc Slyter, Tribal Council Member



## Questions and Answers about the TCP Nomination

### **What makes Q'alya ta Kukwis shichdii me a Traditional Cultural Property?**

A "Traditional Cultural Property" TCP is a property that is eligible for inclusion in the National Register of Historic Places ("NRHP") based on its associations with the cultural practices, traditions, beliefs, lifeways, arts, crafts, or social institutions of a living community. Generally, TCPs are rooted in a traditional community's history and are important in maintaining the continuing cultural identity of the community. It is important to understand that this is a nomination for recognition of the area as a TCP as opposed to other recognition under the National Historic Preservation Act. Coos Bay and the contributing features of our TCP are central to many Coos cultural practices and beliefs that are still practiced today.

### **If this nomination goes through, will I lose the rights to my property? Will I lose the ability to develop and make full use of my private property?**

Absolutely not. A TCP designation primarily impacts federally approved or funded projects. That said, Oregon, Coos County, and local laws do require local government to prepare a cultural resource inventory and to protect archeological, historic and cultural resources within Coos Bay, even if those resources are located on private property.

### **If the National Park Service approves the TCP nomination, would my home be subject to the same limitations as Buildings that are on the National Register?**

No because homes are considered non-contributing features of the TCP.

### **Is my home a Contributing Feature to the Tribe's nomination?**

Homes are not Contributing Features to the TCP.

### **Will my property be subject to extra state and local government regulations?**

No. That said, existing Oregon law prohibits destruction of archaeological sites or objects. ORS 358.920 provides that a "person may not excavate, injure, destroy or alter an archaeological site or object or remove an archaeological object located on public or private lands in Oregon unless that activity is authorized by a permit issued under ORS 390.235." Moreover, Coos County, the Cities of North Bend and Coos Bay have local requirements that require protection of archeological, historic and cultural resources within Coos Bay.

### **Must I apply for a permit with the Tribe to replace my roof, windows, siding or any other cosmetic changes to my home? When I want to make changes to my property, will I be required to give notice to the Tribe and will the Tribe be able to object to what I want to do to my property?**

A TCP listing does not confer jurisdiction or property rights on the Tribe. Accordingly, no permits will be required from the Tribe. Independent from the TCP nomination process, under County laws the Tribe reviews local building permits within

unincorporated Coos Bay to ensure impacts to archaeological, historic and cultural resources are minimized.

### **Will I have to disclose to potential buyers of my property that they are purchasing a "historic property"?**

There would be no disclosure requirement for lands that fall within a TCP boundary. Additionally, it should be noted that currently Oregon and local law generally do not require sellers to disclose archaeological or cultural sites to buyers.

### **How do I find out if there are archaeological sites or objects on my property?**

Contact the State Historic Preservation Office and/or the Tribe. The Tribe is willing to provide professional archaeologists to work with all landowners, at no cost.

### **Is this nomination bad for the local economy? Will this affect home prices in our area?**

This designation will enhance, not detract from, our local economy. Studies indicate that properties within historic districts appreciate at rates greater than the local market overall as well as faster than similar, non-designated neighborhoods. Moreover, analysis shows that historic districts are also less vulnerable to market volatility from interest rate fluctuations and economic downturns.

### **Why is the Tribe seeking to have Q'alya ta Kukwis shichdii me listed as a TCP?**

To require that federal agencies consider impacts to Contributing Resources before engaging in activities or issuing permits for activities within the TCP boundary area. Much like the National Environmental Policy Act, a TCP listing does not compel a particular result, but instead requires federal agencies to make informed decisions regarding potential impacts to cultural resources. Over the years, the Tribe has been lost many first foods or resources important to perpetuating our cultural practices. The federal government has a responsibility honor their trust responsibility to tribes. The Tribe has been frustrated by the refusal of certain federal agencies to even consider impacts to these resources prior to issuing permits or authorizations.

### **Why now? Why is the Tribe trying to designate Coos Bay now, after all of this time?**

Some have suggested that our TCP nomination effort is a response to the Jordan Cove LNG and Pacific Connector Pipeline projects (collectively the "Jordan Cove LNG Project"), but that is not the case. The TCP nomination efforts instead arise from our Tribal Constitution, which states that the Tribal Government is established to perpetuate our unique tribal identity and to promote and protect that identity. In light of our Constitutional obligations, we must think about all federally permitted projects within Coos Bay – and how they may impact resources important to our unique cultural identity. Moreover, the Tribe has a Cultural Resources Protection Agreement ("CRPA") with the Jordan Cove Energy Project applicant – Pembina - and we are optimistic

that compliance with this agreement will protect our Cultural Resources within Coos Bay.

### **Would the Tribe receive benefits from the Federal Government if the TCP nomination is approved?**

No, except for the "benefit" of requiring federal agencies to consider impacts to TCP Contributing Features. However, a TCP listing for Coos Bay would open the door for local counties, cities, and others to receive planning and other grants related to the designation. For example, the National Park Services offers a number of TCP-related grants. The Tribe has indicated to its local government partners that it would welcome the opportunity to support any funding opportunities that would assist in the implementation of the TCP designation. **Have similar TCPs nominations been approved anywhere else to protect resources important to tribal cultural identity?**

There are many TCPs across the Nation that recognize the importance of cultural history to Tribes, these include:

- Bassett Grove Ceremonial Grounds, Oklahoma: The Grounds have been the site of specific ceremonies conducted by the Seneca and Cayuga Indians since 1832.
- Kuchamaa (Tecate Peak), California: A sacred mountain associated with the Kumeyaay Indians. The mountain peak marks a significant location for the acquisition of knowledge and power by shamans and remains a site of important rituals and rites.
- Nantucket Sound, Massachusetts: The Sound is an essential component of a larger traditional cultural landscape important to the ongoing practices, beliefs, and traditions of the Wampanoag tribes of Cape Cod. The TCP includes archeological and historic sites associated with the ongoing practices and traditions of the local tribes.

### **Why did the Tribe not have to submit this application to the Coos County Planning Committee for approval prior to submitting to SHPO?**

The application is for designation under federal law – the National Historic Preservation Act. This requires review and approval by the National Park Service, not local government. However, the Tribe has met with local government and has offered to enter into Memorandum of Agreements ("MOAs") to address any issues that may arise under state, Coos County or local law from listing the TCP on the National Register.

### **Is this nomination a way to streamline the process of becoming an officially recognized tribe by the federal government?**

No. The Tribe is already a federally recognized tribal government. On October 17, 1984, as a result of a long moral, legal and legislative battle, President Ronald Reagan restored the Tribes to federal recognition by signing Public Law 98-481.

**More information can be found online at [www.ctclusi.org/tcp](http://www.ctclusi.org/tcp)**



# Elders Beware: Scammers are Everywhere!

Contributed by Vicki Faciane, CTCLUSI Director of Health Services

I do not know about you, but in the past three weeks I have been receiving 6-8 fake number calls each day. As I am writing this article, I just got another one. Some of the calls are even coming before 7:00 AM. In the news just two weeks ago, there was an article about how these calls are increasing at an alarming rate. A couple of months ago, an Elder I know received a phone call from a number she did not recognize, although it did have an Oregon area code. The young man on the other end of the line said, "Do you know who this is? This is your grandson." The Elder replied, "Oh, is this Robbie?" This young man then proceeded to tell her he had been arrested and needed money. Luckily, this Elder began asking why he had not called his parents and that is when he ended the call. Unfortunately, many Elders are taken in by this and other frauds and end up paying big money to the scammers. According to experian.com, financial scams are costing seniors \$36.5 billion a year!

Have you ever received the grandparent call? How about a call telling you the IRS will be sending the police to arrest you if you do not send money right now or one telling you there is a problem with your bank account, credit card, or social security number, then asking for your account number or other personal information? You are not alone. This is happening every minute of every day and seniors are the number one target. According to the National Council on Aging, here are the most common financial scams affecting seniors out there right now:

1. **Medicare Scams:** The caller will pose as a Medicare representative and get you to give them your personal information. Once they have that, they will bill Medicare for bogus services and pocket the money. **Never give your personal information to someone who calls you.**
2. **Counterfeit Prescription Drugs:** These are mostly on the Internet – you are lured by the promise of better prices for your prescription drugs. The problem is the drugs are fake and will not help your condition. **If it seems too good to be true, it likely is.**
3. **Funeral/Cemetery Scams:** There are two different types of funeral and cemetery fraud. A) The scammer reads the obituaries looking for victims. They contact the grieving family claiming the deceased family member had an outstanding debt and will then extort money to settle the fake debt. B) Some disreputable funeral homes will take advantage of family members' unfamiliarity with funeral costs to add unnecessary charges to the bill. The most common tactic here is for the funeral director to tell the family they have to buy a display or burial casket for a cremation when they only need to use a cardboard casket. **Shop around and ask questions.**
4. **Telemarketing/Phone Scams:** This is the most common scheme right now and it can take on many forms, from the offer of splitting a large sum of money

in exchange for a "good faith" down payment, a fake accident of a family member with a request for money, or a solicitation from a fake charity. **Do not give money to unsolicited callers.**

5. **Internet Fraud – e-mail/Phishing Scams:** A senior receives email messages that appear to be from a legitimate company or institution, asking them to "update" or "verify" their personal information. A senior receives emails that appear to be from the IRS about a tax refund. **Do not respond.** Instead, call your bank or the company/agency directly to verify there is an actual problem.
6. **Homeowner/Reverse Mortgage Scams:** This one also has two different versions. A) You get a letter that looks official giving you your property's assessed value and offering to reassess your property (for a fee, of course) to help lower your tax burden. B) You are asked by a family member or a vendor to apply for a reverse mortgage as a way to get a large sum of cash. **Make sure you understand the motives of someone who is pressuring you on a financial decision.**
7. **Sweepstakes and Lottery Scams:** You get a notice that you have won a prize but you must call or respond right away. The scammer sends you a fake check that you deposit in your account. The scammer then requires you to pay certain "fees" and "taxes" on your prize. Within a few days the bank determines the check is fake and removes the money from your account but you are out the money you paid the scammer. **As in #2 above, if it seems too good to be true, it likely is.**
8. **The Grandparent Scam:** The scenario that started this article. **Make him tell you his name. Ask questions that only your grandchild would know to help verify who is on the other end of the call. Never send money unless you can verify it is your family member who needs your help.**

The frauds above are just the most prevalent scams right now but while you are reading this, scammers are thinking up new and creative ways to get money from you. Here are some tips on how to identify general scams (Tips from United States Senate Special Committee on Aging for Avoiding Scams, 2018 Fraud Book):

- Con artists force you to make decisions fast and may threaten you.
- Con artists disguise their real number, using fake caller IDs.
- Con artists sometimes pretend to be the government (e.g. IRS).
- Con artists try to get you to provide them personal information like your Social Security number or account numbers.
- Before giving out your card number or money, please ask a friend or family member about it.
- Beware of free travel offers.

Here are some ways to protect yourself from scams:

- Never give out your personal information to unexpected callers or if you are suspicious of the caller.
- If you have Caller-ID, do not answer calls from numbers you do not recognize. Let the call go to voice mail – if it is important they will leave a message.
- If you get a call from someone who claims to represent a company or a government agency asking for personal information, hang up and call the phone number from your statement, the phone book, or the website to verify the authenticity of the request.
- If you are being pressured in any way – to make a purchase, give information, send money, take out a loan – use caution. Talk to a family member, a lawyer, or some other person you trust to seek advice.
- If you answer the phone and an unknown person on the other end says, "Can you hear me?" do not say anything, just hang up the phone. If you say yes or give some other affirmative answer, they can use it as your authorization for unwanted charges or billings.
- If you use e-mail, do not click on links or open attachments from senders you do not know or recognize.
- Government agencies will never call you to ask for your bank information or social security number. Before calling a taxpayer, the IRS will first send a letter notifying you of an issue and giving you an opportunity to appeal. They will never call you out of the blue and demand money.

Keep yourself informed about the latest scams. If you are unsure of a call or e-mail you have received, ask a family member for advice. If you think you have been scammed, file a police report immediately. Finally, if you need help or have questions, there are many online and local resources available to you.



*Welcome New Tribal Elders*

*Theresa Branco*

*Michael Burger*

*Nancy Fisher*



Elders Corner

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. Elders will be contacted by Kimmy Bixby of Community Health Services with information for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. **Thank you Elders!**

Contributed by Kimmy Bixby, Community Health Aide



Maureen Mart

**Favorite Hobbies:**

- Watching TV
- Playing with her kitty.
- Shopping with her nephew, Ryan.

**Favorite Saying:**

“Hello!”

**Maureen Dean Mart**

- Coos
- Sister to Barbara Nelson, Aunt to Ryan Nelson, Andrea Huntoon, and Alyssa Nelson. Proud great-aunt to five beautiful children: Royce, Anabella, Reiah, Roland, and Adalynn.

**Proudest Accomplishments:**

- She is very proud of her nieces, nephew, and great-nieces and nephews.
- Her lovable kitty, Pippa.
- Winning Bingo at Tribal Elders events.

**Bucket List:**

- Continuing to spend as much time with family and friends as possible.
- Being a part of Tribal events.
- Enjoying sunny days.



Larry Perry

**Favorite Hobbies:**

- Fishing
- Exercising

**Favorite Saying:**

“Don’t tell me what to do!”  
(Jokingly)

**Larry Perry**

- Lower Umpqua
- Son of William (Bill) Perry and Joan Perry. Brother to Loraine and Carla. Cousin to Jerry, Janet, Diane, and Lonnie.
- A note to Lonnie: Please call Larry.... he lost your number.

**Proudest Accomplishments:**

- Staying alive and healthy.
- Being married for 47 years!
- His eldest son, Greg Perry, who works for the Bureau of Indian Affairs, and manages jobs in many US states.

**Bucket List:**

- Travel to Australia to see the Great Barrier Reef.
- Take a summer trip to Alaska.
- Retire comfortably.

# Elders Luncheons

## Thursday, April 4, 2019

11:30 a.m.—2:00 p.m.

Eugene Outreach Office

135 Silver Lane, Suite 200

Eugene, Oregon 97404

## Thursday, May 2, 2019

11:30 a.m.—1:00 p.m.

Community Center

338 Wallace Street, Coos Bay, OR 97420

Call the RSVP line at 541-435-7155

Or toll-free at 1-888-365-7155

Limited Transportation is available

Sponsored by the

Health Services Division Elders Activity Program

# Tribal Elder

## Richard Steinmuller Walks On

Richard Wayne Steinmuller, age 78 passed away at his home March 13, 2019. Born Richard Morris on October 25, 1940 in Roseburg, OR to Frances Lucille Allumbaugh and Clifford Morris.

He was an elder in the Confederated Tribes of Coos, Lower Umpqua, and Siuslaw Indians and was very proud of his Native American heritage. He touched our lives in many ways and will be missed dearly.

Richard will be greatly missed by his wife Ingrid and their little dog, Jackson. Jackson was by Richards’s side as he passed during the night.

He is survived by his wife Ingrid, children Fran, Mike, & Linda. Sisters Echo, Gay & Cheryl, 4 grandchildren, 2 great grandchildren, many nieces & nephews.

The family will arrange a gathering in the near future to celebrate the life of Richard.

Our grandfather guides us over the rainbows and peacefully frees us into the heavens.

Information provided by Fran Schreiber



## 23<sup>rd</sup> Annual Elders Honor Day...continued from cover page

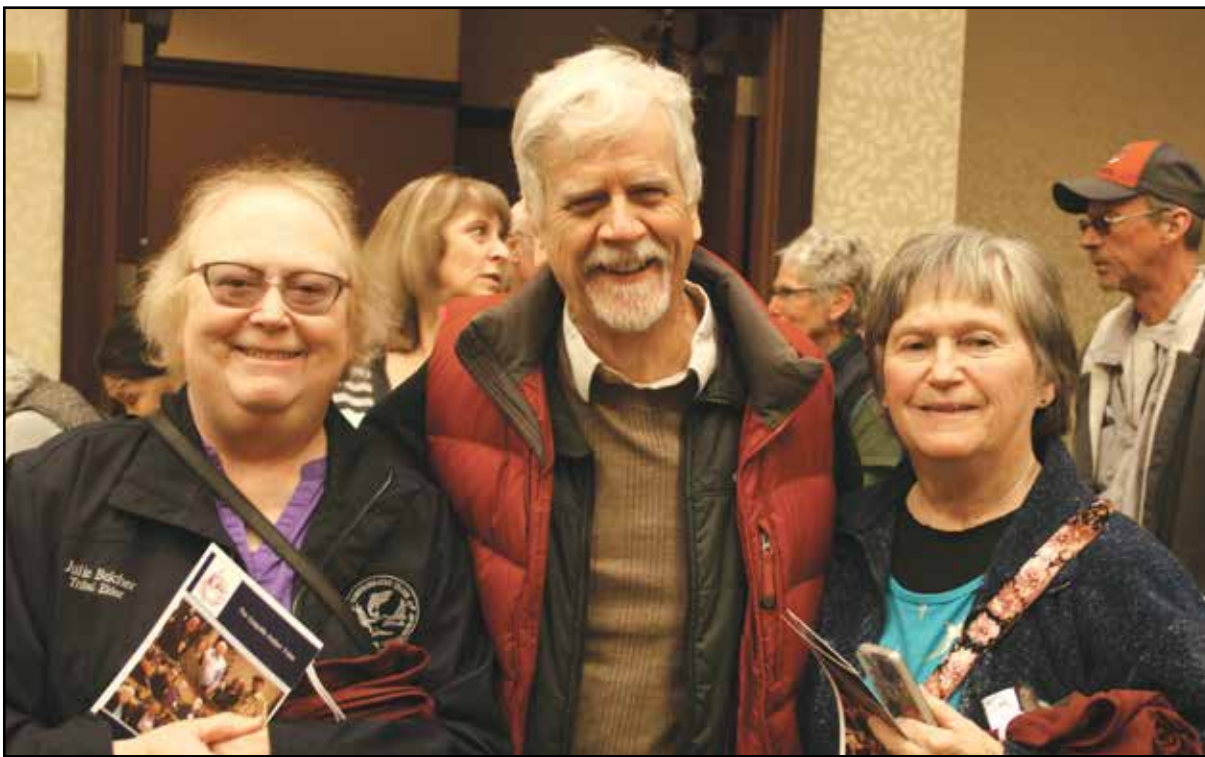
Pendleton blankets from CIT, and woven cedar crowns made by a Lower Umpqua Tribal member Morgan Gaines of the CTCLUSI. Lamont Brown was so excited about being chosen as King that he exclaimed "Don't pinch me, I'm dreaming!"

Chief Warren Brainard then joined Chairman Ingersoll on stage to give an invocation before lunch, hosted by the CTCLUSI. Following lunch, CTCLUSI Tribal Councilman Doc Slyter led a fun presentation about the first musical instruments, then played a few beautiful melodies on one of his handmade flutes.

After a short afternoon break, many Elders gathered once again in the Events Center to play BINGO. Elders enjoyed the fun games and prizes as well as the time to visit with one another.

The Coquille Indian Tribe Chairman Brenda Meade welcomed everyone back for the evening events along with re-recognizing the King and Queen of the day. Chairman Meade then welcomed CIT Councilwoman Kippy Robbins to give an invocation before the evening meal.

Following the meal was the drawing of tickets for raffle prizes. The CTCLUSI and CIT would like to thank Arleen Perkins, Janet B. Brainard, Skip Brainard, Sue Olson, Anna Campbell, Janet A. Brainard, George & Barb Barton for donating such beautiful handmade items for raffle gifts. Thank you to the vendors that participated throughout the day, and an especially big thank you to all the CTCLUSI, TRC and CIT staff members for their contribution to making this such a wonderful event. Thank you also goes to the Tribal Councils of both the CTCLUSI and CIT for their support in honoring our Elders each year.







## National Prescription Drug Take Back Day(s)

Thursday, April 25<sup>th</sup> from 10:00 - 14:00 at the Eugene Office  
Friday, April 26<sup>th</sup> from 10:00 - 14:00 at the Florence Office  
Saturday, April 27<sup>th</sup> from 10:00 - 14:00 at the Coos Bay government offices

The Tribal Police Department will be participating in the National Prescription Drug Take Back Day held on Saturday April 27<sup>th</sup> , 2019 from 10am – 2pm at the governmental offices at 1245 Fulton Avenue in Coos Bay. This event is sponsored by the Drug Enforcement Administration (DEA) and it provides the supplies to be able to collect unused or expired prescription medications to ensure that they are safely disposed of without falling into the wrong hands or unnecessarily polluting.

We will be set up outside of the main doors so that you can just drive up and drop off your medications.

After the event (on Saturday), from 2pm – 3pm, Tribal Police Officers will be available to travel within 20 miles of the governmental office to pick up any unused or expired medications from Tribal families or Tribal Elders. If you know of someone who would like to participate, but is unable to make it to the event, please have them contact me for scheduling at our office: 541-997-6011.

There will be no identifying information collected, and the program is anonymous. We encourage participants to remove any identifying labels from bottles prior to submission.

We will be able to accept controlled, non-controlled, and over the counter medications with a few exceptions; Intra-venous solutions, injectables, syringes, chemotherapy medications, or medical waste WILL NOT be accepted.

If you have any questions about the program, please let me know. Our goal is to keep medications from being lost, stolen, or misused. If you would like to view information about the program from the DEA, please visit: <https://takebackday.dea.gov/> . If you know someone who lives outside of the area, they can also search by zip code to find an event nearby.

In addition to the National Drug Take Back Day on Saturday, Tribal Police Officers will be at the Eugene outreach office on Thursday, April 25<sup>th</sup> from 10am - 2pm to accept any medications and also at the Florence outreach office on Friday, April 26<sup>th</sup> from 10am - 2pm.

## Staying Hydrated in the Winter

Contributed by Kimmy Bixby, Community Health Aide

Dehydration is not something we commonly think about during the colder months of the year, and in turn, some of us lessen our water intake without even realizing it. When our body temperatures are lower, we usually are not as thirsty and we tend to forget to drink the fluids our bodies need. The winter months can get pretty busy and stressful, and a lot of us turn to coffee, which has a natural dehydrating effect. Try to keep it to 1 or 2 cups a day max, and supplement with some herbal tea. Green tea is a great example of a naturally caffeinated healthier beverage choice.

Of course, water is the best way to keep yourself hydrated. It is suggested that women drink about 90 oz. per day while men drink closer to 125 oz. per day, as well as very physically active people. It can be difficult to achieve this goal, so breaking it up into smaller amounts throughout the day will be much less intimidating. Start your morning with a full glass of water, and then another glass a couple of hours later. Add a glass of water with lunch, a glass with an afternoon snack, a glass with dinner, and a small cup right before bedtime. This method breaks it down into smaller, more achievable goals.

Infusing your water with naturally sweet fruit, or even a lemon, can make it even easier to meet your water intake goals, and is much healthier than sports drinks with electrolytes, as they contain a lot of added sugar. You can find special water bottles with a built-in infuser at many local stores in your area, or even online. If you stick with plain water, a clear water bottle will help you by showing how much or how little you have been drinking. You can also use a journal to keep track of your water intake.

Making water your number one drink of choice has endless health benefits. Some examples include:

- It balances the body's fluids. This helps to transport nutrients into the body, regulate body temperature, and digest food more easily.
- It aids in weight loss simply by making people feel full, which cuts down on calorie intake.
- It fuels your muscles and gives you that extra energy kick you need to get through your exercise routine.
- It improves and supports healthy kidney function.
- It improves the health and appearance of your skin. Drinking the allotted amount of water each day will flush out toxins that can cause skin breakouts and clogged pores.
- It can also give your brain a boost, improve productivity and increase focus.
- It can act as a pain preventer. It prevents cramps due to dehydration, including aching joints and even strains.
- It supports a healthy immune system. Although it is not proven to prevent sicknesses, it can help your body bounce back quicker after fighting off a cold or the flu.

These are just a fraction of the benefits of water. There is literally no downside to drinking plenty of water, other than extra trips to the restroom. That can turn out to be a benefit as well, because you are getting up and moving more often!

Whenever you feel overwhelmed by the goals set out for you to achieve, go back to this list and think about how much this simple liquid can improve your well-being. Let's get motivated, fill our cups, and cheers to good health!



Please join us for good food and fun with other Tribal Families.  
All Tribal families welcome to attend.  
Sorry, No transportation is provided.

### Tribal Family Gathering Lunch

Sunday April 14, 2019  
Coos Bay Tribal Community Center

General Council Meeting 10:00 am—11:30 pm  
Tribal Family Gathering Lunch 11:30 am—1:00 pm  
Election Poll 12:00 pm—4:00pm



Please RSVP By Wednesday April 10, 2019  
(541)-435-7155 or toll free 1-(888)-365-7155

Sponsored by: Health Services Division — Diabetes Grant



## Forest Inventory: The Next Step on the Trust Lands

Contributed by Steve Andringa, CTCLUSI Forest Lands Manager

An accurate and reliable forest inventory is vital in the development of a Forest Management Plan. It is also a necessary component to the development of timber harvest schedules and planning of other management activities. But what exactly is a forest inventory and what does it entail?

A forest inventory is an accounting of the trees and their related characteristics over a particular geographic area. When conducting a forest inventory, we do not measure each tree – that would simply take too long. Instead, we take a representative “sample” of trees within each stand. A “stand” is an area where the trees have similar characteristics such as species, age, size, and spacing. Important inventory measurements include tree density, species, trunk diameter, height, age, and defect. This information is collected at various points throughout the stand. Each point where information is collected is referred to as a “plot.” The information that is collected at these plots is termed “inventory data.” All of the inventory data for a given stand, taken together, is termed

*An accurate and reliable forest inventory is vital in the development of a Forest Management Plan.*

a “cruise” (the term cruise doesn’t refer to a boat trip – at least not to a forester.) Foresters and forestry technicians who collect this data are called “cruisers,” and are trained to use specialized equipment such as Relaskops, D-tapes, inclinometers, rangefinders, and increment bores to measure tree characteristics.

Once the inventory data is collected, it can be processed and expanded to provide estimates of timber volumes across the whole stand. Using statistics, we can determine if we have sampled enough trees to accurately estimate the volume within a given stand. If not, we collect more data by putting in more plots. But how do we know that the correct data was taken? We do something called “check cruise.” The check cruise provides quality control by ensuring that the measurements taken by the cruisers are accurate.

An important use of the inventory data is the calculation of an Annual Allowable Cut (AAC) and development of a timber harvest schedule. The AAC is a calculation of the volume of timber that could be harvested annually while not depleting the source – sometimes also referred to as a “sustainable yield.” Foresters will continually update the forest inventory by collecting additional, more recent data and analyzing the information to insure that harvest levels are sustainable.

There will certainly be some areas identified during the development of the Forest Management Plan that are sensitive and will be managed for goals other than commercial timber harvest. Forestry data can be collected in those areas to monitor forest health and development, but those areas will be excluded from any Annual Allowable Cut calculation and timber harvest schedule.

You can expect this inventory project to take several months. Some preliminary information on the volume of timber and species composition should be available when the field work is completed, hopefully later this summer. This information will be shared with you at that time.

## WE NEED YOU

Tribal Council has authorized the establishment of an Ad-Hoc Forest Planning Advisory Committee (Resolution 19-05) which will oversee the development of the Forest Management Plan (FMP). This Committee will provide guidance and ensure the development of the FMP addresses the needs and desires of CTCLUSI membership. With the passage of the Western Oregon Tribal Fairness Act, the Tribe received seven separate parcels amounting to 14,742 acres of forested lands. Now it is time to pull up our sleeves and begin the preparation of the FMP which will define the tribal goals, objectives and projects associated with these lands.

It is anticipated that the Committee will meet about once each month. The Committee will bring strategic advice, unique knowledge, provide independent feedback and recommendations, and serve as a sounding board during the various stages of development of the FMP and associated Tribal Ordinances. The Committee will serve as an intermediary between the tribal public and Tribal Council ensuring effective planning and strengthening of the FMP.

As a Committee Member, you will be provided with the opportunity for site visits to the parcels of trust land. We are also in the process of coordinating “Fact Finding” trips to Cow Creek, Siletz and Quinalt tribes to view their forestry operations, exploring various approaches to tribal forest management and seek ideas as we build our FMP. There will also be tribal public meetings during the development of the Plan.

**If you are interested in participating on the Forest Planning Advisory Committee, submit your Letter of Interest (Laserfiche form) which can be found on the CTCLUSI Website (<https://ctclusi.org>).**

**If you have questions or need more information, feel free to contact:**

**Steve Andringa, Forest Lands Manager,  
(541) 435-7156 or email: [sandringa@ctclusi.org](mailto:sandringa@ctclusi.org)**

Your ancestors respected and cared for this land for you and future generations. This Forest Management Plan will reflect the desires and needs of the tribal members, and serve to guide management, provide economic opportunities, protect sacred and culturally sensitive sites, and enhance lands in need of restoration into the next decade and set the foundation of future plans to follow.

*This is your land, and we need you!*

## Tribal Member Achievement



Kaie Russell received an award for ambition at Sunset Elementary School this last month. She is in the 4th grade this year in Mrs. Hanlin's class. She loves to paint and is on the Coos County Cheer Team.  
Information contributed by Ashley Russell

**2019 National Unity Conference**  
**July 4- July 8**  
**Kissimmee, Florida**  
**Youth ages 14-18**

**If you are interested in participating please Contact**  
**Devynne Krossman at 541-888-7537 or**  
**Dawn Adams 541-888-7514**



# Prom Safe Driving Tips

Contributed by Sonja McCarty, Healing of the Canoe Facilitator

All too often, the excitement on prom night is overshadowed by a tragic event. This year, make prom safety just as important as the dress your daughter will wear or the style of your son’s tuxedo. Your advice will play an important role when discussing teenage driving tips that might prevent them from becoming a tragic statistic.

## Prom Tips for Teen Drivers

If your child plans to drive their own car, the family car or will be riding in another vehicle, discuss the following issues. Explain that you want them to have a memorable evening, but more important is that they come home in one piece.

- Limit the number of kids in the car, and confirm that they will be the only driver of your car.
- Insist that everyone wears a seat belt even if it means a few clothing wrinkles.
- Instill the importance of concentration behind the wheel. (Teenage passengers can be distracting and cause the driver to be careless. Also, they will see all of their friends when they get to Prom- No need to be texting or on the phone while driving!)
- Explain the importance of driving defensively on a night when the

accident rate is high.

- Confirm they know exactly where they are going, even if you have to scout the trip during daylight hours. (This includes any post prom party locations.)
- Discuss the dangers of drinking and driving. No matter how confident a teenager is about his or her abilities, there will be temptations on prom night. (Remind your teen that the number one killer of teenagers is car accidents.) Driving tips for teenagers also means that they know the underage drinking and driving laws in your state and the ramifications should they be arrested.
- Point out that they will be dressed in unfamiliar clothing and not wearing comfortable shoes. That might inhibit reaction time while driving. (More than one new shoe has slipped off a brake pedal.)
- If you have given your teenager an extended curfew, discuss how fatigue can also cause accidents.
- No list with tips for teen drivers would be complete without an understanding that you would rather have a phone call at 2 a.m. than your teen making the decision to drive impaired.

## Prom Safety Tips for Parents

Once you get your driving tips for teenagers out of the way, there are other tips for you to consider as well.

- Be sure your teenager has a fully charged cellphone in the car.
- Before they leave for the night, make sure you have their complete itinerary, including where, when and who they will be with and their contact information. (Any answer that implies that she will “just be driving around” is not an acceptable prom safety answer.)
- Decide on a curfew that is equal to your teenager’s level of responsibility.
- Express your trust in them while discussing the dangers they might encounter.
- Confirm the location of any after-prom parties, who will be there and if they will be supervised by an adult. Unsupervised parties are an invitation for underage drinking and drug use.

Another way to relieve worry about prom safety is by renting a limousine and driver for the evening or serving as a driver yourself. It might be worth the cost or the effort on your part to be sure that your kids have fun but always have a responsible driver behind the wheel.

# We Have the Power to Prevent Diabetes: Tips for American Indians & Alaska Natives

Contributed by Armando Martinez, Community Health Aide

We are American Indians and Alaska Natives, and we have the power to prevent type 2 diabetes. Science has proven that we can prevent diabetes if we lose as little as 10 pounds by walking 30 minutes 5 days a week and making healthy food choices

“I know everyone can do it once they make up their mind. A lot of people out there know it runs in their family and they think ‘Okay, I’m going to get it.’ No, it is not so. You can prevent it. If I can do it, so can you.”

- Glenda Thomas Fifer, Gila River Indian Community and Diabetes Prevention Program Participant

## Here are 7 powerful steps you can take to get started today:

**1. Move More.** Get up, get out, and get moving. Walk, dance, bike ride, swim, or play ball with your friends or family. It doesn’t matter what you do as long as you enjoy it. Try different things to keep it fun.

“I found ways to work activity into my day. I walk for 10 minutes every morning. At night, my wife and I walk with our daughter.”

- Tom John, Seneca

**2. Make Healthy Food Choices.** Focus on eating less. Eat fiber-rich fruits and vegetables each day. Choose whole grain foods such as whole wheat bread and crackers, oatmeal, brown rice, and cereals. Cut down on fatty and fried foods. You still can have foods you enjoy, just eat smaller servings. Choose water to drink.

“I used to always go back for second helpings. Now, I leave the leftovers for another day. I think it’s working.”

- Josephine Malemute, RN, Athabaskan

**3. Take Off Some Weight.** Once you start eating less and moving more, you will lose weight. By losing just 10 pounds, you can cut your chances of getting diabetes.

“Since losing a few pounds, I feel better and have more energy to do the things I enjoy.”

- Loreli Decora, Winnebago Tribe of Nebraska

**4. Set Goals You Can Meet.** Start by making small changes. Try being active for 15 minutes a day this week. Then each week

add 5 minutes until you build up to at least 30 minutes 5 days a week. Try to cut 150 calories out of your diet each day (that’s one can of soda!). Slowly reduce your calories over time. Talk to your health care team about your goals.

“When I first started walking, I could only go for about 10 minutes. Now I feel stronger and am able to walk 45 minutes every day.”

- Jonathan Feather, Eastern Band of Cherokee Indians

**5. Record Your Progress.** Write down all the things you eat and drink and the number of minutes you are active. Keeping a diary is one of the best ways to stay focused and reach your goals.

“Keeping track of my activity allows me to see how I’m doing. By walking for 10 minutes at least 3 times a day, I’m able to get my 30 minutes in.”

- Lorraine Valdez, RN, Isleta/Laguna Pueblos

**6. Seek Help.** You don’t have to prevent diabetes alone. Ask your family and friends to help you out. Involve them in your activities. You can help each other move more, eat less, and live a healthy life. Go for a walk together or play a pick-up game of basketball. Join a support group in your area to help you stay on track.

“After dinner I often take a walk with my family instead of watching TV.”

- Kelly Moore, MD, Creek Nation of Oklahoma

**7. Keep at It.** Making even small changes is hard in the beginning. Try to add one new change a week. If you get off track, start again and keep at it.

“When I don’t think I have time to exercise, I just remember how important it is to be around for my family.”

- Ralph Forquera, Juaneño Band of California Indians

“We have the power to help our people and the generations to come. We have the Power to Prevent Diabetes.”

- Yvette Roubideaux, MD, Rosebud Sioux

**Take your first step today. Talk to your healthcare team about your risk for type 2 diabetes and the small steps you can take to prevent it.**

This content is provided as a service of the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK)



# Education Department Updates

Contributed by Stephanie Watkins, Human Resources Director

These past few months the Tribes have been working diligently to evaluate the Department of Education Higher Education Program. Though focus group contribution, and introduction of the on line application we are streamlining the process while enhancing the engagement. With upcoming high school graduations, the Department has sent communication to families who have youth in this age range. Our effort is to meet with each of you to discuss how the Tribe can help unite the youth with all the opportunities which are ahead. We are creating systems to work collectively with the many programs and other benefits available.

There are some events and applications deadlines for your consideration. If you need assistance, or have questions give us a call.

**Tribal Scholarship application deadline: May 31, 2019.** Over the years, Tribal leadership and dedicated Tribal Education Committee Members made the commitment in helping students be successful in the education path by securing funds for enrolled Tribal members who will be attending college. To access to the application please go to [www.ctclusi.org](http://www.ctclusi.org), member services, Education Department.

**Tribal Internship Program application deadline: May 3, 2019.** CTCLUSI'S internship program was designed to assist Tribal Members actively enrolled in an academic program the opportunity to gain

paid on-the-job training, specially designed to complement and support your academic goals. Internships are a great way to learn hands on about a specific career field to aid in your decisions in selecting a career path. See flyer below.

**Student Recognition Dinner:** The department is busy planning the upcoming Student Recognition Dinner to be held at the Tribal Community Center on June 22, 2019. Please save the date to come and celebrate our students of all ages. The winners of the Tribal Scholarships will be announced at this event.

We are consistently updating the CTCLUSI Education Website with helpful opportunities. Please help us help you and other tribal members by providing helpful web links that worked for your family.

## External Internship Opportunities;

- Intershops.com
- National Science Foundation Research Experience for Undergraduate's
- Northwest Indian College – Nez Perce Site Internship
- NW Documentary (Portland, Oregon)
- US Department of the Interior – Office of Environmental Policy and Compliance
- Friends of Tryon Creek – Outreach and membership intern (unpaid)
- Claremont Native American Fellowship
- Indian Land Tenure Foundation
- Environmental Protection Agency
- American Fisheries Society
- National Science Foundation Research Experiences for Undergraduates
- Oregon Museum of Science and Industry
- Fish and Wildlife Services

## Scholarships

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Scholarships by the School Year (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAide.gov
- American Indian Services Scholarship – Deadline: Ongoing
- NOAA Fisheries Scholarships
- National Johnson O'Malley Association Scholarships

## Native American Student Scholarships opportunities

- Spirit Mountain Community Fund, Hatfield Fellowship
- University of New Mexico, American Indian Student Services. This university scan available scholarship weekly for any new opportunity. [https://aiss.unm.edu/pages/private\\_scholarships.html](https://aiss.unm.edu/pages/private_scholarships.html).
- Cobell Scholarship
- American Indian Services
- American Indian College Fund
- Bureau of Indian Education
- Native American Scholarship Fund

The department will be providing training for parents and students for government grants late this summer. In the meantime, we encourage families preparing for college to go to [OregonStudentAid.gov](http://OregonStudentAid.gov) to check out more than 500 grant and scholarship opportunities. This is a one-stop shop for information, including the Free Application for Federal Student Aid (Fafsa), Oregon Promise and the Oregon Opportunity Grant. For those families needing similar help outside the State of Oregon please give us a call.

In closing, please give the department a call for a status update, and be certain we have your most current contact information. Karen Porter, 541-888-1315 or Stephanie Watkins 541-999-1360.



## CTCLUSI Summer Student Internships

The CTCLUSI Student Intern is a paid internship with the goal to assist current College Students in supplementing their work and education experience based work experience along with their needs, desires and interests.

### Minimum Requirements:

- Must be a member of the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians
- Must be an Enrolled Full-Time Student (Sophomore status or above) OR recent graduate (within 6 months) in/from any Accredited College including on-line schools (NOTE: Students may qualify even if they are not on a Tribal educational stipend)
- Must have verifiable transcripts that show a current GPA of 2.0 – can be obtained from your college's registrars or campus placement office.
- This position is subject to pre-employment drug testing and criminal history background check which may include fingerprinting.

Online Applications will be taken starting **March 11, 2019.**

Tribal Members will need to [www.ctclusi.org](http://www.ctclusi.org) to apply. Go to Tribal Government/Job Opportunities and click on the CTCLUSI Tribal Member link.

Deadline to apply is **May 3, 2019**

FOR ADDITIONAL INFORMATION OR OTHER OPPORTUNITIES,

PLEASE CONTACT

STEPHANIE WATKINS AT 541-902-3817 OR PAM HICKSON AT 541-902-3821





# The Five Myths of College Costs

Contributed by Sonja McCarty, Healing of the Canoe Facilitator

How many purchases in life would you spend hours or even days on without knowing the cost? Imagine looking at homes or vehicles and obsessing over their details to find the right one, only to then be told the seller would get back to you on the price that they were customizing only to you.

Seems crazy right? Yet that is essentially how the college pricing model works. No purchase — let alone one as significant in amount and impact — is so vague and hard to understand. It is no surprise, then, that myths and inaccuracies abound regarding paying for college.

Here are 5 that every family should be aware of:

**Myth #1 – You will get a scholarship if your son or daughter has a phenomenal GPA and test scores**

Unfortunately for those families counting on their child’s 4.0 GPA to pay for a full-ride, this is not true. In fact a surprising number of colleges do not give any scholarship money to students based on grades and/or test scores, otherwise known as merit aid.

Some colleges do, and it is important to know who they are because strategically, if your child has terrific grades and high test scores, it likely makes sense to target those schools because you have the opportunity to get more free money. Visit Collegedata.com to look at how much each institution is awarding (or not) in merit aid.

Schools that do not give merit aid instead focus on giving their free money to families who may have trouble affording college because of their income. This is called need-based aid.

**Myth #2 – Money saved in a 529 Plan under your child’s name will hurt your chances of getting financial aid**

While it is true that assets in your child’s name outside of a 529 Plan may affect your aid award, assets within a 529 Plan are treated the same as savings in your name and are only assessed at a rate of 5.64%. You are also allowed a savings allowance based on your age and a few other factors, meaning some part of your savings isn’t assessed at all. And we haven’t even started talking about the tax-advantaged growth benefits.

What matters far more is your income, which is assessed up to 47%. So keep saving!

**Myth #3 – Colleges hold the leverage with their pricing**

Colleges have done a fantastic marketing job of promoting an air of exclusivity with the acceptance process, and they’ve then used that to raise their prices nearly every year, and at rates substantially higher than any other industry, including health care.

But aside from the Ivy League schools and a handful of other exclusive ones, the reality is that it is a buyer’s market and colleges need you far more than you need them. Yet unlike most other big purchases like a home or vehicle, families don’t realize that the price of college can be negotiated, which is called an “appeal.”

Just like an airline ticket, nearly everyone in a college’s incoming class is paying a different price. So it doesn’t make sense that a college gets to collect all your financial information to set that price, and then families just have to accept it and pay it, or worse yet, take out loans and go into debt to do so.

If your family income circumstances have changed, most colleges will be receptive to an appeal. What they don’t want you to know, is that they will also be receptive — and will likely give you more money — if you appeal and use a better offer from another college, especially a main competitor.

**Myth #4 – A public university is always less expensive than a private**

Yet another smoke and mirrors problem with the cost of college is that, like your favorite department store, almost no one is paying the advertised price. So even though the “sticker prices” of public universities are always lower than privates, they also don’t give nearly as much free money.

Private colleges because they do not receive state tax dollars like public schools, they are far more dependent about tuition revenue to pay their bills and thus are far more aggressive price discounters. In fact, Inside Higher Ed reported that tuition

discounting by privates reached an all-time high of 48 percent last year and only appears to be rising.

Read that last statistic again — the average private school sticker price is being discounted by 48 percent!

Now based on your family income and other factors, it doesn’t necessarily mean that your discount will be 48 percent, but it does mean you shouldn’t rule out private colleges because you perceive them to be more expensive.

**Myth #5 – Starting at a community college saves a lot of money**

If it went as everyone intends for it to go, starting at a community college and then transferring to a 4-year school to complete a bachelor’s degree would indeed save a lot of money. But 2 big issues often get in the way of that happening:

One, only 20 percent of students starting at a community college transfer to 4-year institutions, which defeats the point of starting at a CC to save money on the cost of a degree if none is actually acquired. The better news is that of those students that do actually transfer, around 70 percent end up with a bachelor’s degree.

The second issue is that depending on what school you transfer to, not all credits may transfer, again defeating the point of the cost-saving strategy, or at least making it less efficient.

A third and related issue that many families are not aware of is that financial aid awards are typically lower for transfers because colleges provide more aid to first-year freshmen as incentives to keep them and their tuition dollars at the school for 4 years. Free money that would have been available as a freshman is often not available as a transfer.

Written By: Chris Wills the President of College Inside Track and is passionate about helping families navigate the complicated college process, find the right fit, and save lots of money.



Please join us for good food and fun with other Tribal Families.

All Tribal families welcome to attend.

Sorry, transportation is not provided.

## Tribal Family Gathering Dinner

Tuesday, May 21, 2019, at 6:00pm

Hometown Buffet

3000 Gateway Street  
Springfield, OR 97477



Please RSVP By Friday, May 17, 2019

(541) 435-7155 or toll-free at 1(888) 280-0726

**Speaker:**

Chris Sherrod, Siletz Diabetes Program Director

Sponsored by: CTCLUSI Health Services Division —  
IHS Diabetes Program



Goodbye Complex Wellness Routines, Hello Sanity!

Contributed by Mike Smith, Tribal Benefits Specialist - Contact me at 541.902.3819 or at msmith@ctclusihr.org

In these days of the internet age, there is no shortage of wellness plans and activities for us to chase in search of personal health goals. When your wellness routine—AKA the rituals and habits you embraced to make your life better—is stressing you out, however, things need to change. And for so many people this year, the line between constructive self-care and pure anxiety trigger (as in, just another thing on your already-jammed to-do list) became blurrier than ever before. In 2019, it's time to simplify, simplify, simplify and get that wellness-loving mojo back!

“In the age of social media and particularly Instagram, I believe the pressure people feel to engage in performative wellness creates anxiety, self-doubt, and depression,” says author, doula, and wellness maven Latham Thomas, who’s watched the landscape shift and expand as wellness has gone from esoteric to everywhere.

In the process, Instagram feeds have been flooded with picture-perfect healthy meals, #selfcaresunday rituals, and more. (Hey, if you don’t take an in-studio selfie, did your workout even happen?!?) All of this enthusiasm is infectious and, yes, fun—but it comes with a side of unspoken pressure to perform your healthy-living habits.

The industry boom—and the staggering number of new fitness, food, and lifestyle options to choose from—is partly to blame. New data shows that since 2015, the global wellness industry has grown 12.8 percent, from \$3.7 trillion to \$4.2 trillion. That increase is reflected in a myriad of new and expanded companies, products,

and trends—which means more decisions to make (hello, tyranny of choice).

“People have more choices than they’ve ever had in history, and whenever you have a lot of choice, it can be overwhelming,” says David Siik, creator of Equinox’s Precision Running program. He says that in the fitness world, people are hungry to return to basics, as evidenced by the cool-factor resurrection of the treadmill.

But, some want off the proverbial treadmill altogether: 2019 is looking like the year when we get real about what’s doable on a daily basis. The indications are there already—after all, when fitness phenom Kayla Itsines is singing the praises of JOMO, you know something’s up. And while “staying in is the new going out” has been a trend for a while, bonding over the desire for a simpler life has become a national pastime.

Other ways people are streamlining? In the beauty world, “skip-care” is the new pared-down way to do K-beauty (see ya, 10-step skin-care routine). And the number-one nutritional plan right now is the Mediterranean diet, which is less restrictive than buzzy options like Keto, Paleo, and Whole30. At home, the decluttering craze has taken a more attainable

turn with the embrace of wabi-sabi—a Japanese design philosophy that finds beauty in imperfections and is all about embracing your home as it is. (Consider it KonMari’s cozier cousin—the one who will let you eat takeout on the couch.)

Basically, this new wave of self-care involves reclaiming your time and attention. (Heck, even some of Instagram’s very creators have logged off forever, saying that the platform compromises a sense of well-being.) While opting out of all social media likely isn’t going to happen for most of us in 2019, a back-to-basics wellness revamp is a chance to get back to what made you fall in love with self-care to begin with. So, remember...take care of yourself by not bullying yourself!

Content taken from “It’s Time to Say Buh-Bye, ‘Performative Wellness’ - and Hello, Sanity” by Well+Good Editors 12/04/2018 © 2019 Well+Good LLC



**Department of Human Resources**  
Current Openings at CTCLUSI and All Other Tribal Entities

**Three Rivers Casino Resort ~ Florence**  
Cocktail Beverage Server  
Host  
Food Court Runner/Dining Room Attendant  
Back Server/Busperson  
Food Court Outlet Cook  
Line Cook ~ Dish Machine Operator  
Guest Room/Laundry Attendant  
Special Events Team Member  
Maintenance Tech 1  
Promotions Assistant  
Slot/Keno/Bingo Attendant

**Three Rivers Casino Resort ~ Coos Bay**  
No Openings

**Blue Earth**  
Telecommunications/Network Technician


**Tribal Government Offices**  
Dental Health Aide Therapist  
Coordinator/Program Assistant, Coos Bay



<http://ctclusi-int.atsondemand.com/>  
Go to Job Opportunities on the website for full job posting and to Apply Online  
**Updated Daily**  
Or call Recruitment at 541-902-3821

**LIHEAP** Low-Income Home Energy Assistance Program

Make an appointment for LIHEAP with:  
**Coos Bay Office:**  
Meagan Davenport  
(541) 888-1311  
**Eugene Office:**  
Shayne Platz  
(541) 744-1334




In order to qualify, families must have an annual household income (before taxes) that is below the following amounts:

| Household Size | Yearly Gross Income |
|----------------|---------------------|
| 1              | \$24,549            |
| 2              | \$32,103            |
| 3              | \$39,656            |
| 4              | \$47,210            |
| 5              | \$54,764            |
| 6              | \$62,317            |

Documents needed to apply:  
Proof of income, SSI/SSDI Statements, Child Support Statement, I.D.s, Tribal Enrollment Cards, Social Security Cards and Current Utility Bill

LIHEAP is a federally funded program that assists with home energy bills, energy crises, and weatherization. LIHEAP assists families not only in winter to heat homes but also with cooling needs in summer. The program is based on income and family size. To qualify, you must reside in the 5-county service area of Coos, Curry, Douglas, Lane, and Lincoln Counties.

**NOTE:**  
If you think you may be qualified, please call Family Services for more information and to apply. We can help with your questions, such as, what counts as income and what documentation you need to apply. Income limits change each year, so you may qualify now even if you did not in the past.



**Sponsored by CTCLUSI Health & Human Services Division**  
**Family Services - LIHEAP Program**

Fun STARTS HERE



**SPRING GREEN TRACTOR GIVEAWAY**  
WIN A JOHN DEERE LAWN TRACTOR EVERY FRIDAY IN APRIL AT 9PM  
Earn entries on Fridays. One entry for every 25 same-day points earned from Noon to 8:30pm.

**WEDNESDAYS**

**Gash Grush**

PLAY THE LIVE ACTION BOARD GAME & WIN UP TO **\$5,000!**

Drawings Held at **6PM | 7PM | 8PM**

One entry for every 25 same-day points earned. Earn entries from Noon to 8:59pm.

**Café 1297** **SUNDAY APRIL 21<sup>ST</sup> 11AM - 9PM**

**Easter Day Special - \$11.99**

Applewood Smoked Carved Ham  
Sage & Onion Dressing  
Creamy Mashed Potatoes & Gravy  
Asparagus with Hollandaise Sauce  
Dinner Roll

**THREE RIVERS CASINO**

**COOS BAY**  
541-808-9204 | [THREERIVERSCASINO.COM](http://THREERIVERSCASINO.COM)