Novel Coronavirus SARS-CoV-2 (COVID-19)
What We Know

COVID-19 is a new disease and we are still learning how it spreads, the severity of illness it causes, and to what extent it may spread in the United States.

- The virus is thought to spread mainly from person-to-person:
  - Between people who are in close contact with one another (within about 6 feet).
  - Through respiratory droplets produced when an infected person coughs or sneezes.
- You may spread this virus when you are not showing symptoms.
- You may be able to get this virus by touching your mouth, nose, or eyes after touched a contaminated surface.
What We Know

Community spread means people have been infected with the virus in an area, including some who are not sure how or where they became infected.

• How easily a virus spreads from person to person can vary. Some viruses are highly contagious, like measles, while others do not spread easily.

• The virus that causes COVID-19 seems to be spreading easily and sustainably in the community in some geographic areas.
Symptoms

• So far, the illnesses have ranged from mild symptoms to severe illness (including death) for COVID-19 cases.

• The following symptoms may appear 2-14 days after exposure:
  • Fever
  • Cough
  • Shortness of breath

Call your doctor if you…
Develop symptoms and have been in close contact with a person known to have COVID-19

OR

Have recently traveled from an area with widespread or ongoing community spread of COVID-19.
What We Know

• From the Oregon HAN sent out 3/7/20 at 0904
  • Oregon has 1 confirmed case (confirmed by CDC on 3/3/20).
  • Oregon has 6 presumptive cases (4 new cases in Jackson, Klamath, and Washington counties).
  • No deaths have been reported in Oregon residents.
  • Current Oregon Public Health Emergency Response Activation Level:

    Level 1 for COVID-19

    “The highest level of response reserved for critical emergencies and includes full AOC/ECC activation.”
The CDC recommends these everyday preventive actions to prevent the spread of disease:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.
STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Stay home when you are sick, except to get medical care.

Wash your hands often with soap and water for at least 20 seconds.

For more information: www.cdc.gov/COVID19
CDC / State Recommendations for COVID-19

• Follow the CDC’s recommendations for using a facemask:
  • Only use a facemask if you are a healthcare provider and/or are caring for or in close contact with someone who is ill with COVID-19 (either at home or in a health care facility).
  • **Do not use a facemask if you are well.**

• Wash your hands **often** with soap and water for at least **20 seconds**, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
  • If soap and water are not readily available, use an alcohol-based hand sanitize with **at least 60% alcohol**.
  • Always wash with soap and water if hands are visibly dirty.
PSA: WASH YOUR HANDS
Actions taken by CTCLUSI

• We have canceled/postponed all events in March and April where we would expect large gatherings of people, especially those who might be vulnerable (such as Elders):
  • March Tribal Family Gathering; Dental Open House
  • Elders Honors Day (postponed to a later date); April Elders Luncheon
  • Spring Break Camp
  • Easter Party; April prevention activities

• Auto-dialer calls will go out twice over the next two weeks. In addition, CHAs are calling Elders personally.
Actions taken by CTCLUSI

- On 3/6/20, Alexis notified staff to cancel all business travel until further notice:
  - No out-of-state travel
  - No travel by air
  - No travel to large meetings/conferences
- Interoffice travel and local travel is not affected at this time.
- Alexis has assembled a team that is meeting regularly for updates and planning: Alexis, Vicki Faciane, Brad Kneaper, and Tom Latta.
Actions taken by CTCLUSI

• Staff were notified of the CDC recommendations for protecting themselves, including instructions to stay home if they are sick.

• Notices have been posted in all offices asking visitors/patients who are ill with influenza-like symptoms to reschedule their appointment.

• CHAs will be frequently checking in by phone with the Elders in their areas:
  • Home delivery of meals/OTCs vs. office pick-up.
  • Instructions on how to protect themselves from illness.
Actions taken by CTCLUSI

• The Dental Clinic staff have taken additional precautions:
  • All magazines, newsletters, and toys have been removed from the waiting room.
  • Patients with symptoms of flu-like illness will be rescheduled.
  • Housekeeper (Linda) cleans the waiting room each evening; Dental staff will wipe all surfaces with medical-grade wipes between noon and 1:00 PM.

• Our Dental suppliers have placed weekly limits on masks and certain cleaning supplies; we will be ordering the max amount allowable for the next few weeks until the threat has abated.
QUESTIONS?