



Novel Coronavirus SARS-  
CoV-2 (COVID-19)



# What We Know

**COVID-19 is a new disease and we are still learning how it spreads, the severity of illness it causes, and to what extent it may spread in the United States.**

- The virus is thought to spread mainly from person-to-person:
  - Between people who are in close contact with one another (within about 6 feet).
  - Through respiratory droplets produced when an infected person coughs or sneezes.
- You may spread this virus when you are not showing symptoms.
- You may be able to get this virus by touching your mouth, nose, or eyes after touched a contaminated surface.



## What We Know

**Community spread means people have been infected with the virus in an area, including some who are not sure how or where they became infected.**

- How easily a virus spreads from person to person can vary. Some viruses are highly contagious, like measles, while others do not spread easily.
- **The virus that causes COVID-19 seems to be spreading easily and sustainably in the community in some geographic areas.**



# Symptoms

- So far, the illnesses have ranged from mild symptoms to severe illness (including death) for COVID-19 cases.
- The following symptoms may appear **2-14 days after exposure**:
  - Fever
  - Cough
  - Shortness of breath

## **Call your doctor if you...**

Develop symptoms and have been in close contact with a person known to have COVID-19

**OR**

Have recently traveled from an area with widespread or ongoing community spread of COVID-19.



# What We Know

- From the Oregon HAN sent out 3/7/20 at 0904
  - Oregon has 1 confirmed case (confirmed by CDC on 3/3/20).
  - Oregon has 6 presumptive cases (4 new cases in Jackson, Klamath, and Washington counties).
  - No deaths have been reported in Oregon residents.
  - Current Oregon Public Health Emergency Response Activation Level:

**Level 1 for COVID-19**

“The highest level of response reserved for critical emergencies and includes full AOC/ECC activation.”



# CDC / State Recommendations for COVID-19

- The CDC recommends these everyday preventive actions to prevent the spread of disease:
  - Avoid close contact with people who are sick.
  - Avoid touching your eyes, nose, and mouth.
  - Stay home when you are sick.
  - Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
  - Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.



**COVID 19**  
CORONAVIRUS  
DISEASE

# STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Stay home when you are sick,  
except to get medical care.

Wash your hands often with soap  
and water for at least 20 seconds.

For more information: [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)



CA 202018



# CDC / State Recommendations for COVID-19

- Follow the CDC's recommendations for using a facemask:
  - Only use a facemask if you are a healthcare provider and/or are caring for or in close contact with someone who is ill with COVID-19 (either at home or in a health care facility).
  - **Do not use a facemask if you are well.**
- Wash your hands **often** with soap and water for at least **20 seconds**, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
  - If soap and water are not readily available, use an alcohol-based hand sanitizer with **at least 60% alcohol**.
  - Always wash with soap and water if hands are visibly dirty.

**DBL** DAILY  
BLAST  
LIVE

**PSA: WASH  
YOUR HANDS**





# Actions taken by CTCLUSI

- We have canceled/postponed all events in March and April where we would expect large gatherings of people, especially those who might be vulnerable (such as Elders):
  - March Tribal Family Gathering; Dental Open House
  - Elders Honors Day (postponed to a later date); April Elders Luncheon
  - Spring Break Camp
  - Easter Party; April prevention activities
- Auto-dialer calls will go out twice over the next two weeks. In addition, CHAs are calling Elders personally.



# Actions taken by CTCLUSI

- On 3/6/20, Alexis notified staff to cancel all business travel until further notice:
  - No out-of-state travel
  - No travel by air
  - No travel to large meetings/conferences
- Interoffice travel and local travel is not affected at this time.
- Alexis has assembled a team that is meeting regularly for updates and planning: Alexis, Vicki Faciane, Brad Kneaper, and Tom Latta.



## Actions taken by CTCLUSI

- Staff were notified of the CDC recommendations for protecting themselves, **including instructions to stay home if they are sick.**
- Notices have been posted in all offices asking visitors/patients who are ill with influenza-like symptoms to reschedule their appointment.
- CHAs will be frequently checking in by phone with the Elders in their areas:
  - Home delivery of meals/OTCs vs. office pick-up.
  - Instructions on how to protect themselves from illness.



## Actions taken by CTCLUSI

- The Dental Clinic staff have taken additional precautions:
  - All magazines, newsletters, and toys have been removed from the waiting room.
  - Patients with symptoms of flu-like illness will be rescheduled.
  - Housekeeper (Linda) cleans the waiting room each evening; Dental staff will wipe all surfaces with medical-grade wipes between noon and 1:00 PM.
- Our Dental suppliers have placed weekly limits on masks and certain cleaning supplies; we will be ordering the max amount allowable for the next few weeks until the threat has abated.



QUESTIONS?