



NEWS FROM THE CONFEDERATED TRIBES OF COOS, LOWER UMPQUA & SIUSLAW INDIANS

## CLUSI Participates in Annual Canoe Races

Contributed by Morgan Gaines, Communications Specialist

Members of the Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians spent the weekend of September 10<sup>th</sup> participating in the annual canoe races and cultural demonstrations at the 13<sup>th</sup> Annual Mill Luck Salmon Celebration held by the Coquille Indian Tribe.

Having just held a culture/ canoeing camp, and participating in the Canoe Journey 2016: Paddle to Nisqually our canoe family was strong and ready for the races. The Tribe had both of our newer canoes at the races, the cedar strip canoe Tye E. Bowen, and the cedar dugout canoe Lottie. Both of these canoes are named after Tribal Elders as a way to honor them for their endeavors within the Tribe. They were both also made by Master Canoe Carver Guy Capoeman of the Quinault Indian Nation. Our hands go up in thanks to you all.

Alongside us for the races were the

Ko'kwel (Coquille) youth canoe Omashi dugwn (Grandmother Hummingbird) and Ponto (Slow and Steady) skippered by Jesse



Council member Doc Slyter plays flute at Mill Luck Days

Davis (Mavis), Grand Ronde's canoes Stankiya (Coyote) skippered by Bobby Mercier and Christina (Tina) Lara and youth canoe Ulxyaut (Seal) skippered by Kailiyah Krehbiel, South Slough canoe Chimoosh, and a dugout river style canoe skippered by John McCallum of Applegate Boatworks. The canoe races were enjoyed by all, the pullers enjoying the time on the water, and the crowd loving the experience of traditional canoeing.

The races went very well for us as we brought home first place in the women's, men's, and traditional dugout mixed divisions, and second place in mixed division race. This was the first year that canoe Lottie raced in Mill Luck Days and was skippered by Tribal Elder Doug Barrett. Canoe Tye E. Bowen was skippered by Doug Barrett in the men's

Story continues on page 5...see Canoe Races

## Blue Earth Receives Spirit Mountain Grant



Chief Warren Brainard accepts the Spirit Mountain Grant Award for the Tribe

Contributed by Stephanie Watkins, Director of Human Services

The Spirit Mountain Community Fund has graciously funded our Tribe \$75,000.00 to conduct a one-time Community Assessment for Vocational and Educational Planning. This endeavor is created to provide linkage and integration of the educational vocational programs with the economic development programs of CTCLUSI. This is a twelve month-project designed to provide relevant data and information for which will coordinate the education, employment and economic development strategy for Blue Earth Federal Corporation. This is a collaborative project that actively engages multiple department, agencies and organizations. The project will be led by the Department of Human Resources which provides Human Resource services for all of the Tribe's governmental and economic development activities. If you have any questions about this amazing gift, or other workforce development opportunities, please don't hesitate to contact Stephanie Watkins at 541-999-1360.

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Confederated Tribes of Coos,  
Lower Umpqua and Siuslaw Indians  
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Coos Bay, OR 97420

### Save the Dates

*Restoration Celebration*

October 15, 2016

*Fall Harvest/ Drum Making*

November 19, 2016

*Tribal Holiday Celebration*

December 10, 2016

## Tribal Council Business

As Reported at the September 11, 2016 Regular Tribal Council Meeting

**Chief Warren Brainard:**

Aug 14 Tribal Council Regular Meeting; later I met at Plank House  
 Aug 16 Coos County Courthouse; Health Board Meeting; Enrollment Committee Meeting; Tribal Family Gathering Dinner  
 Aug 18 Executive Work session  
 Aug 23 Grant Acceptance From Grand Ronde  
 Aug 26-28 Elders Hood River Train Trip  
 Aug 31 Tribal Council Business Meeting  
 Sep 2 Meeting with University of Oregon President  
 Sept 8 Native College Day, University of Oregon; Government Staff Appreciation BBQ; Culture Committee Meeting; Executive Work Session

**Doc Slyter:**

Aug 14 Tribal Council Regular; later I met at Plank House  
 Aug 16 Coos County Courthouse; Tribal Family Gathering Dinner  
 Aug 17 Oregon Public Broadcasting (OPB) Interview  
 Aug 18 Executive Work Session

Aug 25 Special Tribal Council Meeting  
 Aug 26-28 Elders Hood River Dinner Train Trip  
 Aug 31 Tribal Council Business Meeting  
 Sept 8 Executive Work Session; Culture Committee Meeting  
 Sept 10 Played Flutes Coquille Salmon Celebration, attended Canoe Races

**Beaver Bowen:**

Aug 14 Tribal Council Regular Meeting  
 Aug 18 Executive Work session  
 Aug 25 Special Tribal Council Meeting  
 Aug 31 Tribal Council Business Meeting; Gaming Facility Operations Review Board (GFORB)  
 Sept 8 Executive Work Session

**Teresa Spangler, Vice - Chairman:**

Aug 14 Tribal Council Regular Meeting  
 Aug 18 Executive Work session  
 Aug 25 Special Tribal Council Meeting  
 Aug 31 Tribal Council Business Meeting  
 Sept 8 Government Staff Appreciation BBQ; Executive Work Session

**Arron McNutt:**

Aug 14 Tribal Council Regular Meeting  
 Aug 18 Executive Work Session  
 Aug 25 Special Tribal Council Meeting  
 Aug 31 Tribal Council Business Meeting  
 Sept 8 Executive Work Session

**Tara Bowen:**

Aug 14 Tribal Council Regular Meeting  
 Aug 18 Executive Work Session  
 Aug 24 Meeting with Oregon Youth Council  
 Aug 25 Special Tribal Council Meeting  
 Aug 31 Tribal Council Business Meeting  
 Sept 8 Executive Work Session

**Mark Ingersoll, Chairman:**

Aug 14 Tribal Council Regular Meeting  
 Aug 18 Executive Work Session  
 Aug 25 Special Tribal Council Meeting  
 Aug 31 Tribal Council Business Meeting  
 Sept 8 Executive Work Session

## CTCLUSI Resolutions

**RESOLUTION NO.:** 16-049

**Date of Passage:** August 25, 2016

**Subject (title):** Appointment of Executive Director to the Gaming Commission

**Explanation:** Tribal Council appointed Brad Kneaper, Executive Director, as a Gaming Commissioner, position number to be later established, for a one-year term.

**RESOLUTION NO.:** 16-050

**Date of Passage:** August 31, 2016

**Subject (title):** ATNI Membership Delegate and Alternate(s) Apointment

**Explanation:** Tribal Council designated Teresa Spangler as Delegate and Beaver Bowen and Arron McNutt as Alternate Delegates to ATNI.

**RESOLUTION NO.:** 16-051

**Date of Passage:** August 31, 2016

**Subject (title):** Approval of the Peace Harbor Medical Center Foundation Emergency Services Campaign Pledge Agreement Annual Payment

**Explanation:** Tribal Council approved the payment of \$60,000 toward the amount pledged under the Peace Harbor Medical Center Foundation Emergency Services Campaign Pledge Agreement.

**RESOLUTION NO.:** 16-053

**Date of Passage:** August 31, 2016

**Subject (title):** Waiver of Sovereign Immunity for Telecommunication Systems Division Dealer Agreement between Blue Earth Services & Technology LLC and Toshiba America Information Systems, Inc.

**Explanation:** Tribal Council waived the sovereign immunity of BEST to the extent necessary to permit full enforcement of the Agreement, and no further.

**RESOLUTION NO.:** 16-054

**Date of Passage:** September 11, 2016

**Subject (title):** Approval of State of Oregon Tribal Agreement

**Explanation:** Tribal Council approved the Tribal Agreement to further the purposes of the Indian Child Welfare Act to protect

and further the best interests of CTCLUSI children and their biological families.

**RESOLUTION NO.:** 16-055

**Date of Passage:** September 11, 2016

**Subject (title):** Approval of Amendment to the CY 2015 Funding Agreement with the U.S. Department of Health and Human Services

**Explanation:** Tribal Council approved the Amendment concerning the 2015 calendar year payment and directed the repayment of the overpayment to the U.S. Department of Health and Human Services.

**RESOLUTION NO.:** 16-056

**Date of Passage:** September 11, 2016

**Subject (title):** Approval for Contribution and Participation in the Winona La Duke Presentation

**Explanation:** Tribal Council approved the contribution of \$700 and four Salmon toward the Winona La Duke event on November 19, 2016, at the University of Oregon.

**RESOLUTION NO.:** 16-057

**Date of Passage:** September 11, 2016

**Subject (title):** Approval to accept funding from the Oregon Community Foundation for a Creative Heights proposal

**Explanation:** Tribal Council approved the grant and associated funding from the Oregon Community Foundation to act as a fiscal sponsor and recipient of funds for the Creative Heights program, which funding will support assistance for repatriation of cultural items, including NAGPRA claims and development of curatorial facilities.

**RESOLUTION NO.:** 16-058

**Date of Passage:** September 11, 2016

**Subject (title):** Approval of Tribal Court/State Court Forum Memorandum of Understanding

**Explanation:** Tribal Council approved the Tribal Court State Court Forum Memorandum of Understanding to encourage the Oregon Supreme Court to formally establish a forum for the discussion of cross-jurisdictional issues between the state courts and the tribal courts of the nine federally recognized tribes.

## Information

### QUESTIONS OR SUGGESTIONS?

The CLUSI Tribal Council welcomes your ideas, comments, criticisms, etc.

Please write to: Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians  
ATTN: Tribal Council 1245 Fulton Ave.  
Coos Bay, Oregon 97420

### COMMITTEE INTEREST LIST

If you are a Tribal member and interested in being on a committee, please contact Jeannie McNeil, 541-888-7506. We are currently keeping a list of those interested so that when a committee vacancy occurs we can fill it as soon as possible, so please contact us whether there is a vacancy or not.

### ATTENTION VETERANS AND FAMILIES

Veterans we need your help. Native American Medal of Honor Medallions are awarded to Veterans at the Salmon Ceremony each year. Please contact Jan Lawrence at 541-888-7538 or at [jlawrence@ctclusi.org](mailto:jlawrence@ctclusi.org) for new requirements needed to be honored.

### US FOREST SERVICE

**NORTHWEST FOREST PASSES**  
Now available at the Tribal Administration Building, Florence and Springfield Outreach offices.  
Requirements are: 1. Must be a CTCLUSI Tribal member. 2. Must be over 16 years old. 3. You may only be issued one per year. The passes hang from the rear view mirror and are good for access to some Forest Service fee areas. Area maps available.

### CHANGES?

Please let us know if you have a change in address, phone number, name or addition to your family. Changes should be submitted to Enrollment Dept., 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-7506 or Fax: 541-888-2853.

### TRIBAL COUNCIL MINUTES

Full video available at [www.ctclusi.org](http://www.ctclusi.org)  
If you would like to receive typed copies or an audio CD of the Tribal Council meeting minutes send a written request, including your current address to Jeannie McNeil, 1245 Fulton Ave. Coos Bay, OR 97420.



## Tribal Council

### Warren Brainard, Chief

**Tribal Chief**  
541-297-1655 (cell)  
[wbrainard@ctclusi.org](mailto:wbrainard@ctclusi.org)

### Doc Slyter

**Position #1 Council**  
541-808-7625 (cell)  
[dslyter@ctclusi.org](mailto:dslyter@ctclusi.org)

### Beaver Bowen

**Position #2 Council**  
541-290-4531 (cell)  
[bbowen@ctclusi.org](mailto:bbowen@ctclusi.org)

### Mark Ingersoll, Chairman

**Position #3 Council**  
541-290-4610 (cell)  
[mingersoll@ctclusi.org](mailto:mingersoll@ctclusi.org)

### Tara Bowen

**Position #4 Council**  
541-808-7394  
[tbowen@ctclusi.org](mailto:tbowen@ctclusi.org)

### Teresa Spangler, Vice Chair

**Position #5 Council**  
541-808-4828 (cell)  
[tspangler@ctclusi.org](mailto:tspangler@ctclusi.org)

### Arron McNutt

**Position #6 Council**  
541-297-1183 (cell)  
[amcnutt@ctclusi.org](mailto:amcnutt@ctclusi.org)

## Council Meeting

**October 9, 2016**

**Regular Council Meeting 10 a.m.**  
**General Council Meeting 1 p.m.**

**Valley River Inn**  
**1000 Valley River Way, Eugene**  
**OR 97401**

Agenda:

1. Call to Order
2. Invocation
3. Approval of Minutes as needed
4. Tribal Council Reports
5. Tribal Administrator Report
6. Chief Financial Officer Report
7. Old Business
8. New Business
9. Other
10. Good of the Tribes
11. Executive Session as needed  
Council meeting video available to view at [www.ctclusi.org](http://www.ctclusi.org)

## Upcoming Events

**October 1<sup>st</sup>**- Prevention Activity Mahaffey Ranch  
Pumpkin Patch, Coos Bay

**October 6<sup>th</sup>** – Elders Luncheon 11:30 a.m.,  
Community Center

**October 8<sup>th</sup>** – Prevention Lone Pine Farms, Springfield

**October 9<sup>th</sup>** – Regular Tribal Council Meeting,  
Valley River Inn, Eugene 10:00 a.m.

**October 9<sup>th</sup>** – General Council Meeting,  
Valley River Inn, Eugene 1:00 p.m.

**October 12<sup>th</sup>** – Last day to submit public comment on  
Coos Head Master Plan

**October 13<sup>th</sup>** – Elders Committee Meeting, Coos Bay  
Tribal Hall 12:00 p.m.

**October 15<sup>th</sup>** – Amanda Trail Peace Hike, Cape  
Perpetua look out, 9:00 a.m.

**October 15<sup>th</sup>** – 32<sup>nd</sup> Restoration Celebration, TRC  
Florence, Event Center, 1:00 p.m.

**October 17<sup>th</sup>** – Restoration Day,  
All Tribal Offices will be Closed

**October 26<sup>th</sup>** – Wellness Fair, Community Center  
Coos Bay, 10:00 a.m.

**October 27<sup>th</sup>** – Wellness Fair,  
Three Rivers Casino Florence

**October 29<sup>th</sup>** – Pink & Blue Celebration, TRC  
Florence, Event Center, 10:00 a.m.

**October 29<sup>th</sup>** – Weaving Workshop, Florence  
Outreach Office, 10:00 a.m.

**October 30<sup>th</sup>** – Weaving Workshop, Florence  
Outreach Office, 10:00 a.m.

**November 13<sup>th</sup>** – Regular Council Meeting,  
Community Center 10:00 a.m.

**November 13<sup>th</sup>** – Talking Circle, 1:00 p.m. in Tribal Hall

**November 19<sup>th</sup>** – Fall Harvest, Dinner served at  
1:00 p.m. in Community Center

**November 19<sup>th</sup>** – Drum Making class at 9:00 a.m.  
in the Tribal Hall

**November 20<sup>th</sup>** - Weaving Workshop, Florence  
Outreach Office, 10:00 a.m.

**November 27<sup>th</sup>** - Weaving Workshop, Florence  
Outreach Office, 10:00 a.m.



### THE VOICE OF CLUSI

If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you! -Morgan Gaines

### Join a Committee

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest. Would you like to serve on a Tribal committee? Submit your letter of interest to Jeannie McNeil at [jmcneil@ctclusi.org](mailto:jmcneil@ctclusi.org). All letters of interest are kept on file for one year.

## CTCLUSI Departments, Services & Offices

### Administration Building

Alexis Barry  
Tribal Administrator  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-9577  
Toll free 1-888-280-0726  
Fax 541-888-2853  
[abarry@ctclusi.org](mailto:abarry@ctclusi.org)

### Health & Human Services Division

Vicki Faciane - Director  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-7515  
Toll free 1-888-280-0726  
Fax 541-888-5388  
[vfaciane@ctclusi.org](mailto:vfaciane@ctclusi.org)

### Department of Human Resources

Stephanie Watkins - Director  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone: 541-888-7508  
Toll Free: 1-888-280-0726  
Fax: 888-723-3270  
[swatkins@ctclusihr.org](mailto:swatkins@ctclusihr.org)

### Tribal Housing Department

Linda Malcomb - Director  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-1310  
Fax 541-888-2853  
[lmalcomb@ctclusi.org](mailto:lmalcomb@ctclusi.org)

### Purchased/Referred Care (FKA Contract Health Services)

Sharon Arnold - PRC Specialist  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-4873  
Toll free 1-800-227-0392  
Fax 541-888-5388  
[sarnold@ctclusi.org](mailto:sarnold@ctclusi.org)

### Education Department

Angela Bowen-Director  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone: 541-888-1317  
Toll free 1-888-280-0726  
Fax 541-888-2853  
[abowen@ctclusi.org](mailto:abowen@ctclusi.org)

### Family Services

Shayne Platz, Caseworker  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-744-1334  
Toll Free 1-800-877-2718  
Fax 541-744-1349  
[splatz@ctclusi.org](mailto:splatz@ctclusi.org)

### Tribal Dental Clinic

Dr. Sarah Rodgers  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-6433  
Toll free 1-877-688-6433  
Fax 541-888-7505

### Health Services

Assistant Director  
Iliana Montiel  
1245 Fulton Ave.  
Coos Bay, OR 97420  
Phone 541-888-7526  
Fax 541-888-5388  
Toll Free 1-888-280-0726  
[imontiel@ctclusi.org](mailto:imontiel@ctclusi.org)

### Tribal Court

J.D. Williams  
Chief Judge  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-9577  
Toll Free 1-888-280-0726  
[tribalct@ctclusi.org](mailto:tribalct@ctclusi.org)

### Cultural Department

Jesse Beers - Director  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-1319  
Fax 541-888-2853  
[jbeers@ctclusi.org](mailto:jbeers@ctclusi.org)

### Springfield Outreach Office

1126 Gateway Loop  
Suite 102  
Springfield, OR 97477  
Phone 541-744-1334  
Toll Free 1-800-877-2718  
Fax 541-744-1349

### Florence Outreach Office

Physical: 3757 Hwy. 101  
Mailing: P.O. Box 2000  
Florence, OR 97439  
Phone 541-997-6685  
Toll Free 1-866-313-9913  
Fax 541-997-1715

### Tribal Gaming Commission

Brad Kneaper  
Chief Law Enforcement Officer  
5647 Hwy 126, Suite 100  
Florence, OR 97439  
Phone 541-997-2830  
Fax 541-997-7293  
[bkneaper@ctclusi-pd.com](mailto:bkneaper@ctclusi-pd.com)

### Tribal Police

Brad Kneaper  
Chief of Police  
5647 Hwy 126, Suite 100  
Florence, OR 97439  
Phone 541-997-6011  
Fax 541-902-6507  
[bkneaper@ctclusi-pd.com](mailto:bkneaper@ctclusi-pd.com)

### Department of Natural Resources

Margaret Corvi  
Director  
1245 Fulton Avenue  
Coos Bay, OR 97420  
Phone 541-888-1304  
Toll Free 1-888-280-0726  
Fax 541-888-2853  
[mcorvi@ctclusi.org](mailto:mcorvi@ctclusi.org)



## Coos Head Area Master Plan (CHAMP)

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### HELP PLAN COOS HEAD!

Please Participate in the Draft Master Plan for Coos Head Currently Underway!

After being taken by the U.S. over 140 years ago and developed into a military facility, Coos Head is once again under local CTCLUSI ownership and management. CTCLUSI has spent the past 10 years cleaning up this important cultural and historic site. The Coos Head environmental cleanup is now nearly complete and under a Transportation and Growth Management grant from the State of Oregon, we are now preparing a Master Plan for Coos Head.

Please visit the Planning Department's website to review and comment on the draft opportunities and constraints memorandum. Planning staff has directed the consulting team, led by Cogan Owens Greene, to consider both the Bal'diyaka Plan and also the Integrated Resources Management Plan for Coos Head as a basis for the Coos Head Area Master Plan or CHAMP.

*"We foresee an environmentally sensitive redevelopment of Coos Head as a benefit not only for Tribal members, but also for the greater Charleston and Coos Bay area economy"*  
- Chief Warren Brainard.

Early concepts show a tremendous opportunity for a cultural interpretive and retreat center at Coos Head to showcase the CTCLUSI culture and traditions which were nearly lost.




This meeting is an opportunity to meet with staff, technical and citizen advisory committee members – hear information about the Bal'diyaka precedent study and draft plans. Help inform development of site options.

All ages welcome \* Light refreshments provided.

For more information, please contact CTCLUSI Planning Director Jeff Stump at 541-888-1305 or JStump@ctclusi.org. Additional information, slide show and a comment form will be available on our website at <http://ctclusi.org/planning> from September 21-October 12.



### COOS HEAD MASTER PLAN

**Additional information and a comment form will be available on our website at <http://ctclusi.org/planning> from September 21 - October 12.**

## *HELP PLAN THE FUTURE OF COOS HEAD!*

Contributed by the Planning Department

After being taken by the U.S. more than 140 years ago and developed into a military facility, Coos Head is once again under local CTCLUSI ownership and management. CTCLUSI has spent the past 10 years cleaning up this important cultural and historic site. The environmental cleanup is now complete, and we are preparing a Master Plan for Coos Head funded by a Transportation and Growth Management grant from the State of Oregon.

Planning staff has directed the consulting team, led by Cogan Owens Greene, to consider both the Bal'diyaka Plan and the Integrated Resources Management Plan for Coos Head as a basis for the Coos Head Area Master Plan (CHAMP). Our early concepts show a tremendous opportunity for a cultural interpretive and retreat center at Coos Head that showcases CTCLUSI culture and traditions. Chief Warren Brainard says "We foresee an environmentally sensitive redevelopment of Coos Head as a benefit not only for Tribal members, but also for the greater Charleston and Coos Bay area economy".

Please participate in creating the Draft Master Plan for Coos Head! CTCLUSI held a public meeting on September 22 at the Oregon Institute of Marine Biology (OIMB) Boathouse in Charleston. If you were unable to attend the public meeting, please visit the Planning Department's website to review and comment on the draft opportunities and constraints memorandum. Information from our public meeting, including a slide show and a comment form, are available at <http://ctclusi.org/planning> from September 21-October 12. For more information, please contact CTCLUSI Planning Director Jeff Stump at 541-888-1305 or JStump@ctclusi.org. Thank you in advance for helping plan this important asset for generations to come!

### NOTICE OF PROPOSED CODE AMENDMENT

The following proposed Code amendment was passed for first reading by Tribal Council on June 29, 2016.

**TITLE:**

CLUSITC Chapter 1-9 Tribal Council

**DATE OF THE TRIBAL COUNCIL MEETING AT WHICH THE PROPOSED CODE AMENDMENT IS EXPECTED TO BE CONSIDERED FOR FINAL PASSAGE:**

November 13, 2016

The notice of the proposed amendment shall be published in the Tribal Newsletter and the text of the amendment will be posted for public comment for twenty-eight (28) days in the Administration Building, Tribal Hall, Outreach Offices, on the Tribes' website and at Three Rivers Casino (Office of the Gaming Commission). Written comments should be sent to the Tribal Council in care of Jeannie McNeil, Administration Office, 1245 Fulton Avenue, Coos Bay OR 97420 or email: [jmcneil@ctclusi.org](mailto:jmcneil@ctclusi.org).

# Canoe Races... continued from cover page

mixed division races and skippered by Tribal member Courtney Krossman in the women's race.

When asked about skippering the canoe Courtney shared "I appreciated all the women in the race today and the hard work they put in pulling. For a lot of the pullers this was their first time in the water. Despite some obstacles throughout the race, my crew pulled strong and we were able to come in the lead. It's an honor to have been chosen as a canoe skipper and I will continue training to help lead on the many journeys ahead."

Tribal member Mark Petrie also shared his thoughts about the event. "I get an elated feeling when we pull in our waters with our relatives from other nations. Strengthening our relationships with the Coquille, Grande Ronde, and local communities is an important responsibility. Together, we are stronger. Thank you to those who came and represented our Tribes to take home three out of five 1<sup>st</sup> place wins!"

Not only did the Tribes participate in the exhilarating canoe races, but many Tribal members were also a part of the community cultural education activities. Tribal Council member Doc Slyter gave multiple native flute demonstrations. He spoke on the tradition of music within indigenous cultures around the world and played many beautiful songs on the numerous flutes he makes by hand. His music and presentation was enjoyed by all. Tribal Elder, Chief David Brainard gave demonstrations and spoke to the community about traditional tools. He had a booth displaying the tools he has carved including a leister spear, harpoon, herring rake and many other fishing and hunting tools.

Tribal member Ashley Russell helped at a tule weaving booth where Tribal members taught various weaving projects using tule including ducks, mini mats, headbands, and roses. Ashley shared her thoughts, "Tule belongs to the family Cyperaceae, the sedge family and two species, *Schoenoplectus tabernaemontani* and *S. acutus*, grow within our Ancestral territory. The former prefers freshwater lakes, while the later grows in areas of the upper estuary that are more conducive to freshwater than brackish water. It was great to be able to share this part of our culture with the community as well as distant visitors from all over Oregon and beyond. Kids of all ages seemed be the most interested and talented of all of our weavers. It was also thrilling to see the other activities that were taking place, which included bear grass weaving, basketweaving and cedar rose making, beading, flint knapping, and dreamcatchers. I can think of no better way to bring about cultural awareness than through the sharing of one's culture. Thank you, Ko-Kwel Tribe, for allowing us to participate in your salmon celebration and share our cultures with our community. Hope to see you again next year!"

Thank you to all those who participated and made this year's races and cultural sharing a blast!



Canoe Skippers and crews holding a morning meetings before the days races  
Canoe Lottie is pictured front and center, this was her first year in the canoe races



Pictured above left to right: Andrew Brainard, Stefanie Dean, Doug Barrett, Bill Logan, and JT Dean. Pictured in front holding the 1st Place plaque for the mixed division is Jeremiah Dean

Pictured at right: Doug Barrett and Ashley Russell demonstrate making tule headbands

Pictured below: Courtney Krossman skippered during the womens canoe race



CLUSI took home first place in the mixed division dugout race, mens, and womens races, and second place in the mixed division race

## Purchased/Referred Care Program

Contributed by Vicki Faciane, Health & Human Services Director

The end of the year is coming up fast and with that it's almost time for the annual Purchased/Referred Care (PRC) renewals to be sent out. We will be sending out packets on October 21 and **applications are due back to PRC by November 18, 2016**. These forms are for Fiscal Year 2017, so you will need to send a new form even if you've recently sent one to us. This year we will have a fillable form available on our website that you can fill out and send back. You must get your 2017 PRC applications to us by the deadline or you may not be able to get a PO after January 1, 2017.

Under Federal Regulations, you are required to apply for and use any alternate resources for which you are eligible **before** you can use PRC benefits. Alternate resources include, but are not limited to: Oregon Health Plan (OHP, Medicaid, CHIP), Veterans benefits, Medicare and private insurance (if it's available to you at no cost). This year if you do not have any alternate resources or private insurance, you must provide proof that you either: 1) applied for OHP/CHIP and were denied or 2) you are over income for the benefit (as verified by proof of income). You must show this proof in writing; we cannot accept it verbally. All of our staff in PRC, as well as Iliana Montiel (Health Administration) and Maryann Adams (Dental), are Certified Application Counselors and they are available, by appointment, to help you with your OHP application or to answer any questions you may have. We can also mail you an application packet for you to complete at home.

Please remember you must call PRC at 541-888-4873 or Toll Free at 1-800-227-0392 to get a purchase order (PO) before any non-emergency medical or dental appointments. **[If you use an IHS clinic, such as the Coquille Indian Tribe Health Center or the CTCLUSI Dental Clinic, you do not need a PO. If you are seen for emergency care or are hospitalized, you must get a PO within 72 hours.]** The purpose of the PO is to ensure that the care is a covered service and to authorize payment to the provider. If we receive a medical or dental claim for which you did not get a PO the bill will not be paid, you and your healthcare professional will get a denial letter from us, and you will be responsible for the entire bill. If you did get a PO but you receive a bill from your provider, please contact PRC to verify that they also sent the bill to us as soon as you receive the bill. We've had a few instances where providers have billed the patient rather than PRC for services. The sooner you contact us, the quicker we can resolve the issue. Once a bill goes into collection we cannot pay it.

### PRC Eligibility

- You must be an enrolled member of the Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians.
- Your primary residence must be within the 5-county Service Delivery Area (SDA) [Coos, Curry, Douglas, Lane and Lincoln counties in Oregon].
- You must have lived in the SDA for at least 90 days. If you move outside the SDA, you will continue to have PRC eligibility for 180 days.
- You must submit an application initially and then each year thereafter.
- Students who reside in the SDA prior to going to college, vocational school, etc., remain eligible for PRC wherever they go to school, until 180 days after graduation. If they move back to the SDA their eligibility continues.
- Non-Tribal members who are pregnant with the child of an enrolled Tribal member are eligible for pregnancy-related health care for the duration of the pregnancy and up to the 6-week post-partum appointment. This benefit is subject to proof of parentage of the child.

Finally, if you have any changes to the information you provide to us on your application (change of address, new phone number, change in insurance, etc.) please contact us as soon as possible to update your information. If you have any questions about PRC, please call us at 541-888-4873 or Toll Free at 1-800-227-0392.

## CTCLUSI Dental Clinic Hours

Clinic Hours:  
Open 8:00 a.m.  
Close 5:00 p.m.

The clinic will be closed on Fridays during Odd Months (January, March, May, July, September, November)

The clinic will be closed on Mondays during Even Months (February, April, June, August, October, December)

Call the Dental Clinic today to schedule your appointment (541) 888-6433

The Clinic is located at the main Tribal Government Office at 1245 Fulton Avenue, Coos Bay, Oregon 97420

## Youth & Adult Fitness Program 2016

### REMINDER

All 2016 receipts must be turned in for reimbursement by Friday, January 13, 2017

**2016 receipts or reimbursement request will not be accepted after the deadline.**

If you have questions, please contact DeeDee Plaep, 541-997-6685 or [dplaep@ctclusi.org](mailto:dplaep@ctclusi.org)

## Child Care Payment Assistance

- ⇒ Do you need child care payment assistance?
- ⇒ Are your children enrolled members of CTCLUSI?
- ⇒ Are you employed or in school for a total of 40 hours per week?

**The Child Care Development Fund helps pay for qualifying child care expenses.**

To qualify your family must:

- ⇒ Meet Income Eligibility Requirements
- ⇒ Use a State Licensed Provider (We can help)

For more information about the CTCLUSI Tribal CCDF Program call: CTCLUSI Family Services at:

**(541) 888-6169**



## 32<sup>nd</sup> Restoration Celebration

### Three Rivers Casino Resort Event Center

5647 Highway 126, Florence, Oregon 97439

**Saturday, October 15, 2016 at 1:00pm**

**This is a drug and alcohol free event**

One guest per adult Tribal Member please

Families with children under 21 must enter the Event Center from the exterior entrance.

**RSVP 541-888-9577 or 1-888-280-0726**

**Amanda Trail Walk, Yachats OR**

**9:00 am before Restoration**

Meet @ Cape Perpetua lookout

For information on the walk contact Jesse Beers

541-888-7319 jbeers@ctclusi.org

## Restoration Celebration Morning Amanda Trail Hike

Contributed by Jesse Beers, Culture Director

The celebration of our Restoration as a Sovereign Nation by the United States Government is right around the corner on Oct 15<sup>th</sup>. For the last few years it has become tradition for a group of us to hike the Amanda Trail before the Restoration Celebration. The biggest difference this year is that the Amanda Grotto is totally different due to a mud slide that came down last winter. More healing will need to happen because of this and this trail is the place to do it. We will start from the top of Cape Perpetua, just north of Siuslaw territory, at 9:00am and walk down the Amanda Trail. This hike is a beautiful hike full of plants that were/are used by our tribes but it is also very solemn when remembering the story of Amanda and all those that had to march the trails up to Yachats during the Reservation Years.

If you'd like to hike please join us on the very top Cape Perpetua at the Cape Perpetua Day Use area at 9:00am on Oct 15<sup>th</sup>. Heading north on hwy 101 you'll turn right (east) onto Cape Perpetua Lookout/NFD55 then turn left onto Cape Perpetua Lookout Road and head up, up, until you can't go any farther. It is a 36-minute drive from Florence. The portion of trail we will be hiking is only about 1.5 miles but it is fairly steep in certain sections and may prove difficult for young children and Elders. In October on the coast it is hard to guess what the weather will be doing, please dress appropriately.

## The Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians logo interpreted

Contributed by Jesse Beers, Culture Director

When you look at a logo or a flag of a people it is full of symbols that represent those peoples. Ours is no different. When you look at our logo you can see what's important to us, as a sovereign nation; our natural world and the balance within it. In more detail the Flag is blue because of a Coos creation story the Arrow Young Men in which two young men create the first land by using discs of blue clay or blue earth and putting them into the water until they reached beyond the surface. The specific land featured on our logo is Sunset Bay featuring Qochyax Island. Qochyax (Women and Children) Island is named this because when the military was taking our people off our lands and moving them to the reservation women would hide on the back side of Qochyax and the sound of the crashing waves would hide the baby's cries. Today Sunset bay is a great place to canoe in and out of and is sacred to the Coos people. To the left side of the circle we have the Bull Elk which is not only a sign of strength but was and continues to be an important food and tool source for our Tribes. To the right we have the Beaver who is known for its industrious nature as well as being used for hides and tools as well. The Beaver was also our original logo before restoration. At the bottom we have a Sea Lion which is a very important animal to our people. Traditionally the meat and hides were harvested and oil was also harvested from the Sea Lion. Just above the Sea Lion we have the Gray Whale who, in the stories, were on many occasions given to us by the Sea Serpent in order to use for meat, oil and children would make toy bows out of the baleen. In the center is the Salmon, we are Salmon People and the Salmon and us are tied through a sacred relationship spanning thousands of years. Finally, we have the circle of life ring around everything that makes our world complete. More important than any one piece of our logo is the whole. All of the animals, the waters, the lands make us what we are and we are here, just as our Ancestors, to be good stewards for them and to practice the culture in which they created for us.



## Save the Dates

*Restoration Celebration*

October 15, 2016

*Fall Harvest/ Drum Making*

November 19, 2016

*Tribal Holiday Celebration*

December 10, 2016

## Tribal Members Can Expect to See Many New Faces in Tribal Government

### New DHAT Program Coordinator

Contributed by the Health & Human Services Department

Marissa Pittman has joined our team as the DHAT (Dental Health Aide Therapist) Coordinator/Program Assistant. She will be working with the dental team to collect data for the Dental Health Aide Therapist pilot project that has started here in our Dental Clinic. Prior to coming to CTCLUSI, she has been an expanded function dental assistant for three and half years. Marissa is originally from Pendleton, Oregon, and she attended Blue Mountain Community College in Pendleton where she achieved her Associates in Science as well as her dental certificates. She is very eager and excited to work on the new DHAT program and in expanding her dental career in a new direction. When not at work, Marissa likes to spend time with her family, exploring the coastal area, and crafting.



Marissa Pittman

### New CTCLUSI Dental Assistant

Contributed by the Health & Human Services Department

Tara Kissinger joined the CTCLUSI dental team August 30, 2016. She attended school in Eugene, Oregon where she received her certificates for Dental assisting. She has been an assistant for 7 years and is currently working on getting her EFDA, expanded function dental assistant certification. She grew up in Coos Bay, Oregon and later moved away to Bend, Oregon and eventually moved back to Coos Bay. Tara enjoys meeting new people and working with everyone. When asked what she loves most about dentistry, she says "her dental team, helping patients with optimal care and making sure they leave happy." She came to work for the Tribe because she was interested in a change. She said "It feels like a huge family here." She is very pleased to be a part of Confederated Tribes and looks forward to meeting everyone and helping in any way she can. When Tara is not at work she enjoys being with her family, watching her son play sports, hiking, camping, traveling, fishing, hunting, walking on the beach, riding dirt bikes, kayaking and just about anything outdoors is where you will find Tara, out in Nature.



Tara Kissinger

### New Family Services Program Assistant

Contributed by the Health & Human Services Department



Meagan Davenport

Meagan Davenport joins the Family Services and Health & Human Services Administration team as the Family Services Program Assistant to assist in providing services to Tribal members. Originally from this area, she spent three years in Southern California working in the insurance field. Upon moving home to be closer to family, she obtained this position in hopes to properly put to use her Bachelor's degree in Psychology. She feels very grateful and honored to be chosen to fill this position. In her spare time Meagan enjoys spending time with family, traveling, the outdoors, cooking/baking/eating, coffee and reading.

### New Caseworker

Contributed by the Health & Human Services Department

Level Lewis is of the Comanche Nation and she joins the CTCLUSI Tribe in the Health and Human Services Department; Family Services, as a Caseworker/ICWA specialist. She studied Criminal Justice and Psychology at Northeastern State University in Oklahoma where she received a Bachelor of Science degree. She has worked for other tribes in financial accounting and social work, namely working with Cherokee Nation's ICWA program and Court Advocacy and Permanency Services as a Child Welfare worker. She has extensive experience in working with children as a previous head start teacher. Passionate about assisting others through community and/or tribal programs through the course of her career, Level is a dedicated professional with strong organizational skills and thoroughness that are key in assisting families through various programs. Grateful for an amazing group of people to work with at this new employment she feels welcomed in working for the CTCLUSI Tribe. Level is an avid reader and enjoys learning about the rich history and traditions of indigenous tribes and other cultures worldwide. She also enjoys beadwork, cryptic puzzles, and coastal views.



Level Lewis



#### Department of Human Resources

##### Current Openings at CTCLUSI and All Other Tribal Entities

###### Three Rivers Casino Resort ~ Florence

Bartender ~ Beverage Server  
Buffet Cashier ~ Bushperson ~ Food Server ~ Host  
Lead Cook ~ Line Cook ~ Prep Cook  
Night Cook/Cleaner  
Buffet Station Attendant ~ Dish Machine Operator  
Laundry Attendant ~ Guest Room Attendant  
PBX/Reservations Clerk  
Guest Services Attendant  
Security Officer I  
Banquet Captain ~ Special Events Team Member  
Slot/Keno/Bingo Attendant ~ Table Games Dealer

###### Three Rivers Casino Resort ~ Coos Bay

Lead Cook ~ Bartender/Server  
Security Officer Supervisor ~ Security Officer 1

###### Blue Earth

No openings at this time

###### Tribal Government Offices

Special Events Employee (Assignment Varies)  
Dental Health Aide Therapist (Coos Bay)  
Community Health Representative (Springfield)  
Wastewater Plant & Water Systems Trainee (Florence)  
Surveillance Agent (Florence)  
Surveillance Lead (Florence)



<http://ctclusi-int.atsondemand.com/>

Go to **Job Opportunities** on the website for full job posting and to Apply Online

**Updated Daily**

Or call Recruitment at 541-902-6504

## Tribal Member Jeff Wilkins Hired as Housing Maintenance

Contributed by Human Resources

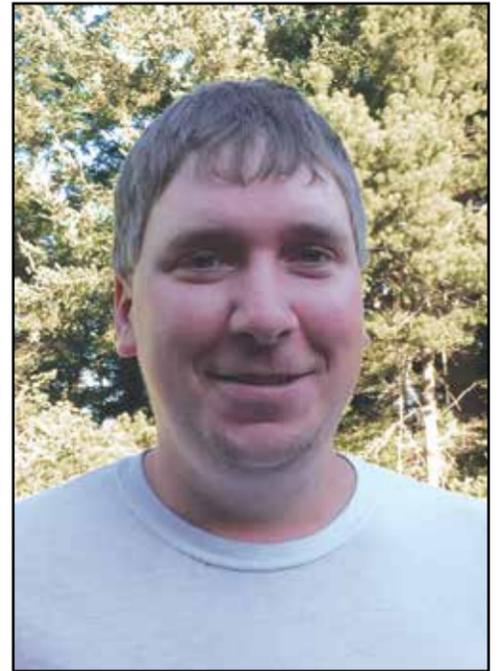
The Housing Department would like to welcome Jeff Wilkins, a member of the Hanis Coos Tribe to the housing team. Jeff will be assisting Tribal Members as the new Housing Maintenance Employee. His duties will include preventative maintenance and routine repairs on all Tribal Housing units.

Jeff is very excited for the opportunity to work for his Tribe. A Coos Bay/North Bend local, Jeff graduated from North Bend High School and learned the construction trade by working alongside his Dad. When asked about why he likes construction work Jeff replied, "Construction work is very satisfying because you can build something with your hands and see the results of your labor when a project is completed. I like how it feels to see a project or job completed."

Entrepreneurial minded, Jeff is currently pursuing his contractor's

license and hopes to establish his own General Construction Business in the near future. Jeff sees a need for quality, reliable contractor services in the area and hopes to be able to fill this need. When asked the types of services he plans to offer he noted there is a need for skilled roofers and hopes to add this service to his product offering.

Please join us in welcoming Jeff Wilkins.



## Small Business Incubator Program Updates

Contributed by the Planning Department

Small Business Incubator Lab Manager MJ Koreiva has been working with the Tribal Members to help them refine their idea for a product or service, conduct research and develop a business plan.

For other Tribal Members who already have a small business established, MJ is working to connect them with the information, educational courses and infrastructure resources that will help grow their businesses. In some cases, it is

connecting them with classes that will help them better manage anything from marketing, suppliers, employees, to bookkeeping.

If you have an idea for a small business, a plan in place or need help getting a small business up and running, please contact MJ Koreiva at the Tribal Administrative Offices, 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-9577, ext 7549, email:mkoreiva@ctclusi.org.

## Made At The Kitchen Table

Artisans and Crafters – would you like to learn how to market your creations? The Business Incubator lab can help you better understand how to make that happen.

**Made At The Kitchen Table** – is a workshop based program to help individual crafters and artisans learn how to turn their creative efforts into a self-employment business. Learn how to analyze the cost of creating your products, pricing your products, develop product quality needs. You'll also learn how to manage cash flow for your inventory, and the fundamentals of marketing your goods.

If you are interested in participating in the Made At The Kitchen Table workshops; contact MJ Koreiva at the Tribal Administrative Offices, 1245 Fulton Ave., Coos Bay, OR 97420. Phone: 541-888-9577, ext 7549, email:mkoreiva@ctclusi.org.



## Business Incubator Lab is coming to 93420 Coal Bank Lane in Coos Bay

The Business Incubator Lab has its first client: Blue Earth Services and Technologies. Moving into the front offices in July, BEST has more room for customizing equipment and able to hold meetings their clients.

Over the next few weeks, continued improvements of the workspaces at the Business Incubator lab are taking place. To make this happened, 4 additional rooms needed to be cleared out. With help from the Maintenance Crew, most of the larger items were relocated. But the carefully stacked hardwood floors that were salvaged from the basketball court at the former Coos Head Naval Facility needed special care and handling to get it moved. Jeremy Petrie in Maintenance advised us: you have to stack the tongue-in-groove flooring *just right* to keep it from getting damaged; it will take you 4 days to move that pile.

The challenge to this time consuming task needed a team of smart thinkers to properly move this beautiful birds-eye Maple, solid Oak and straight grain Fir flooring so it can be re-used for future flooring in Tribal Hall. James Barton, Kathy Perkins and Nicole Romine came to the rescue.

Moving the flooring piece-by-piece required the team to come up with a process to unstack, move and then restack the flooring so it is up off the floor, have some airflow between rows, and restacked so the weight of the flooring is evenly balanced to prevent sagging.

James & Nicole calculated exactly how to they would put flooring in place, row by row, level by level. Kathy calculated

how to pull the flooring from the original stack, move it and set it in place for James & Nicole to re-stack. Once the process was figured out, the team was able to get the entire stack moved in 2 days. And Jeremy was very impressed with the re-stacked flooring.



## Fall Weaving Workshops

Dear CTCLUSI weavers and future weavers,

We have begun our fall weaving workshops and are having a ball! We hope you will join us as the workshops go forward. We have had some good news, I was awarded a grant to continue the workshops through the next year and plan on doing a few each month as well as gathering field trips. In about a year I hope we double our tribal weaving base! Please contact me if you are interested in joining these workshops so I can give you more information, times, locations, and materials vary, so make sure to get in touch: sarasiestream@hotmail.com (RSVP is required for participation)

I am looking forward to weaving with you this year!

Best,

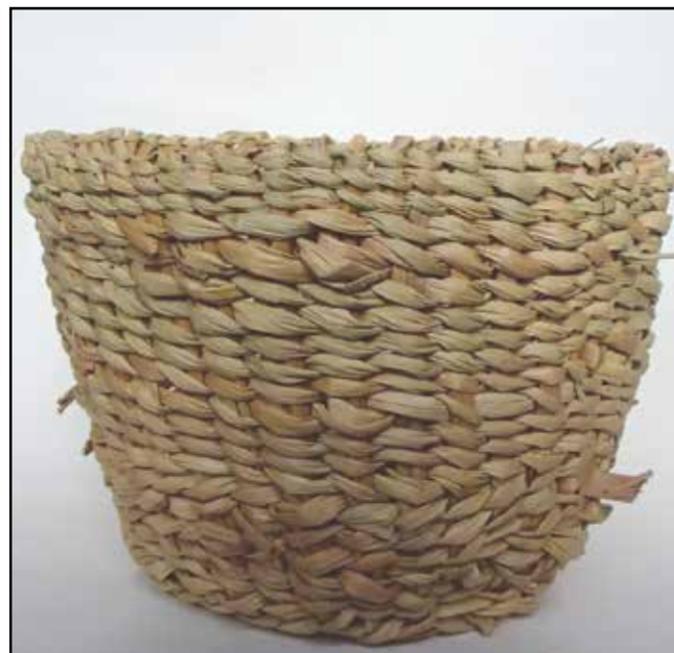
Sara Siestream (Hanis Coos)



Pictures courtesy of Sara Siestream showing the progress of the weavers in the weaving workshops.

Join us for the upcoming workshops!

sarasiestream@hotmail.com



### Upcoming Weaving Workshop Schedule

October 29<sup>th</sup> & 30<sup>th</sup> from 10:00 a.m. - 5:00 p.m.

November 20<sup>th</sup> & 27<sup>th</sup> from 10:00 a.m. - 5:00 p.m.

December 17<sup>th</sup> & 18<sup>th</sup> from 10:00 a.m. - 5:00 p.m.

Contact Sara Siestream for more information by e-mailing Sara Siestream at sarasiestream@hotmail.com

## Hanis Coos recordings from 1941 at Smithsonian

Posted on Tribal member Patty Whereat-Phillips blog <http://shichils.wordpress.com> on September 9, 2016

John Peabody Harrington was an eccentric yet talented linguist whose decades of work recorded numerous indigenous languages – including Hanis, Siuslaw-Lower Umpqua and some Milluk in 1942. Other Oregon languages he worked on in the 1930s and 40s include several dialects of Athabaskan (Klatskanie, Upper Coquille, Galice Creek, Upper Umpqua, Chetco and lower Rogue River), Takelma, Tillamook and Alsea. In 1941, Harrington sent his young assistant Jack Marr ahead to make sound recordings of some native speakers on what was then state-of-the-art recording equipment, aluminum discs. He made some recordings of Louey Fuller in Tillamook, John Albert in Alsea, and Frank Drew in Hanis Coos (and possibly some Siuslaw, but I have yet to go through all of the recordings to determine that. Dad (Don Whereat) wrote about Jack Marr's adventures in recording on page 293 of [the book he authored titled *Our Culture and History* which can be viewed online at [http://www.yachats.info/history/Indigenous/Our\\_Culture\\_&\\_History.pdf](http://www.yachats.info/history/Indigenous/Our_Culture_&_History.pdf)]. Marr was given a list of word

prompts to ask his informants. In his Coos work, he did ask Frank Drew many words. [The recordings can be found online by visiting the Smithsonian Institution at [http://collections.si.edu/search/results.htm?fq=online\\_media\\_type%3A%22Sound+recordings%22&tag.cstype=all&q=harrington+sound&fq=culture:%22Coos+Indians%22](http://collections.si.edu/search/results.htm?fq=online_media_type%3A%22Sound+recordings%22&tag.cstype=all&q=harrington+sound&fq=culture:%22Coos+Indians%22)] The first 8 recordings are all songs. After that they include recordings of short speeches and individual words. Unfortunately the sound quality is generally not good. It can be hard at times to understand both the English prompts and the native words. Hopefully the recordings can be manipulated with software to see if they can be made any clearer. Still, it is interesting to listen to these recordings (as sometimes they are comprehensible). So take a listen if you are curious! The links here are all to the Coos recordings. If you do other searches you will find Galice Creek, Tillamook (under the heading "Siletz") and Alsea recordings.

## Youth in the News



Dylan Brainard displays a salmon he recently caught. Dylan has a goal to catch 50 salmon by the end of the season to donate to tribal or community families in need. If you would like to help Dylan reach his goal by donating salmon, please contact Healing of the Canoe Program Assistant, Anne Niblett, by calling (541) 808-7699.

## Fall Harvest Dinner

### Drum Making (Tribal Hall)

Saturday November 12, 2016



Drum Making 9:00 to 1:00 Tribal Hall sponsored by Family Services, Prevention and Culture

Doug & Mark will be instructing how to make and use a hand drum.

**One Drum per Tribal Family, Drums go first to RSVP list.**

Non RSVP guests will go on a waiting list until all RSVP guests receive their drums.

**DRUM MAKING RSVP: [Meagan Davenport @ 541-888-1311 or 1-800-618-6827](mailto:Meagan.Davenport@coquilletribe.org) by 11/10/16.**

**Traditional Thanksgiving Dinner at 1:00 p.m.**

*Approximate meal time*

**Crafts & Activities following Dinner (2:00-3:30 p.m.)**

Come enjoy the afternoon and dinner with family and friends.

**DINNER RSVP: 541-888-9577 or toll-free 1-888-280-0726.**



## Coquille Tribe Offers Diabetes Prevention Program to All Native Americans

### Who qualifies for the Program:

Registered Native Americans of a federally recognized tribe, as well as their dependents 18 years of age and older. Participants will be accepted based on most urgent need based on their risk for diabetes.

### Why is there a Prevention Program?

While there is no cure for diabetes, it can be prevented or delayed by making healthy food choices and being physically active. Our Lifestyle Coach will help you in three ways:

### Lose Weight and Keep it off!!

The lifestyle coach and Registered Dietitian will teach you to eat less calories in a manner that works for you and your family!

### Get Fit!

Everyone's exercise ability is different, however, we know that people who have more muscle and less body fat are able to maintain weight loss better. Lifestyle Coaches will work with you to achieve the goal of becoming more physically active.

### Start by Making Small Changes!

Your Lifestyle Coach will work with you to make changes by setting goals you can meet & can continue to meet your entire life.

### Small Steps, Big Rewards

Your **GAME PLAN** for Preventing Diabetes:

Our Doctors, Nutritionists, and Lifestyle Coaches have created a comprehensive program called the "GAME PLAN". Goals, Accountability, Monitoring, & Effectiveness: Prevention through a Lifestyle of Activity & Nutrition. Our team will provide a "how to guide" with suggestions for helping you initiate and maintain risk-reducing behaviors and help you decide how to reward yourself when you do what you have planned.



DPP Reward bucks can be earned at each session to be redeemed at the Prevention Store for valuable health items, such as cook books, cooking utensils, exercise apparel, etc.

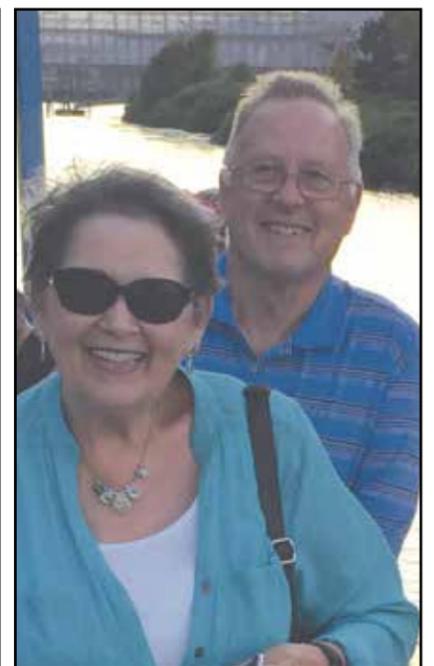
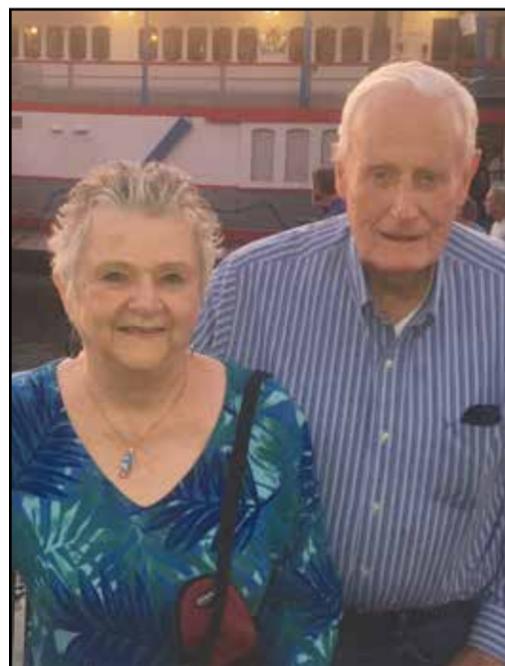
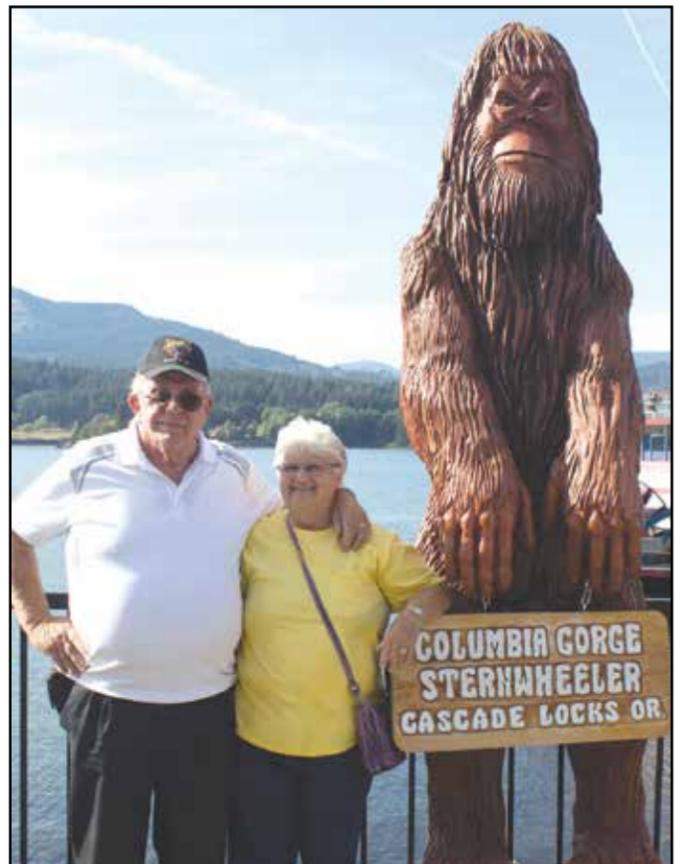
**Weekend and Evening Classes Available!!!!**

**The Ultimate reward is your health & preventing diabetes**

Contact Dani Bliss for more information:

541-888-9494 ext.2216 or [danellebliss@coquilletribe.org](mailto:danellebliss@coquilletribe.org)

# Elders Corner



## Elders Corner

### ELDER SPOTLIGHT OF THE MONTH - October 2016

The Elders Spotlight of the Month will feature a new Elder each month. Elders are selected from a list of the Eldest to the Youngest Elder, starting with the Eldest. If the next Elder on the list chooses to participate they will be interviewed for an article to be published in a future edition of The Voice of CLUSI newsletter. Many thanks go out to our Elders for all that they have done for our Tribal community. We hope to use this opportunity to highlight a few of your many accomplishments. **Thank you Elders!**

Contributed by Andrew Brainard,  
CHR and Elders Activity Program  
Coordinator

Congratulations William "Bill" Perry who is your male Elder Spotlight of the Month for October 2016. Bill is a Lower Umpqua Tribal Member and has been married to his wife Joan for 64 years. Bill has 3 children, 5 grandchildren and 7 great grandchildren. Before retiring, Bill worked in the Timber Industry as a heavy equipment operator for 45 years. In Bill's spare time he enjoys salmon and halibut fishing.



Bill Perry

### Elders Luncheon

Thursday, October 6, 2016

Time: 11:30 a.m.

CTCLUSI Tribal Community Center  
Please R.S.V.P by Monday, October 3<sup>rd</sup>

by calling Andrew Brainard at 541-888-7533

2017 Elders Survey Collaboration will follow lunch  
from 1:00 p.m. to 2:00 p.m.

### Tribal Elders trip to Hood River

Contributed by Iliana Montiel, Assistant Health Director

Tribal Elders departed early from all locations on Friday, August 26<sup>th</sup>. The Coos Bay Elders got to sport the new Transportation bus. Yes, it has finally arrived! After a few glitches, we all finally made it to lunch in Salem. Wow, what a hot day.....I think some of the Elders were melting. Then it was back on the road where it seemed like forever in Friday Portland traffic, no matter which direction you were going. When we arrived, there was the big beautiful sternwheeler waiting for all 54 of us. The Elders visited and enjoyed their beautiful surroundings as dinner and fabulous desserts were served during our cruise. The next morning we had our option of having breakfast inside or outside on the river overlooking the mountains. After a hearty breakfast, some Elders chose to stay and rest, while others went to the Western Antique Aero Plane & Automobile Museum. The Elders enjoyed and reminisced over some of the "classic" vehicles. Once we returned to the hotel, lunch was awaiting for all the Elders followed by DeeDee "torturing" those who were willing with a wellness walk. Our walk was led by our own pied piper, Councilman Doc Slyter, who led 12 of us for about 2 miles. Then it was time to load up and head towards our train ride. Our Elders had our own train cars, which was set up beautifully. The trip was two hours with a scenic dinner cruise. The next day everyone met for breakfast and said our goodbyes. It was a lovely weekend with great friends.

Contributed by  
Morgan Gaines,  
Communications  
Specialist

This October's Elder Spotlight of the Month goes to Anna Campbell, a Lower Umpqua Tribal member descendent of Charlie (grandfather) and Augustus (father) Macey. Anna's father Augustus, aunt Anna, cousin, and one of her brothers spent time at Chemawa Indian School near Salem Oregon. Anna's grandfather



Anna Campbell shown wearing some of her regalia. Her dentalium hat and necklace were made by Sue Olson, shell necklace by Arleen Perkins, and dentalium earrings by Morgan Gaines

Charlie Macey served on Council in 1917, Charlie's wife Lizzy Amos (Amess) was the daughter of Siuslaw George Amos who was one of the treaty signers. Anna still has ownership of one of the original Indian Allotments given to the Macey family. Through her mother Aleena Towler, Anna is also Tolowa, Tututuni, and Chetco Indian. Anna just celebrated her 59<sup>th</sup> wedding anniversary to her loving husband Glenn Campbell. Together they have three children, three grandchildren, and four great-grandchildren.

Throughout her life Anna has served as a Boy Scout and Girl Scout leader, worked seventeen years as a bookkeeper and teller at a bank, spent eight years working in electronics for Litton's Guidance and Control, and served as a medical transcriptionist for five years before her retirement. Throughout her various jobs she also sold Tupperware and even made an exciting sale to Lucasfilm Ltd to be used in Star Wars: Episode VI - Return of the Jedi.

Anna has served on the Tribal Child Protection Team as Chairwoman for eleven years and also served a position on the original committee that aided in establishing Tribal Peacegiving. Anna has also served as the Vice-Chair for the South Coast Basket Weavers Association and makes beautiful pine needle baskets. She has taught classes for pine needle basketry for the Tribes and has taught Tribal youth basketry during summer camps. Each Elders Honor Day celebration Anna donates one of her baskets as a gift, in return for one of her pine needle baskets she received a beautifully carved wooden eagle from Tribal Elder Paul Benasco, something she still cherishes as a beautiful work of art for her home.

*tlexem shighichxom* (talking circle - Hanis Coos),

*waa-ci'ntcata* (to talk in a circle - Siuslaw/ Lower Umpqua)

Contributed by Scott Slyter, Culture Committee Chair

In the September edition of The Voice of CLUSI tribal newsletter, on page 10, one of the Healing of the Canoe staff wrote an article about a talking circle that took place during Canoe Journey and I recommend if you haven't read it, go back and read it. I'll wait a few minutes.

Now, that you've read that wonderful article you have some context of just how helpful and healing talking circles can be. Many of us use talking circles in multiple ways, such as, meetings, peace-giving court, camps, sweats, etc. Lately there has been a lot of talk in the Culture Committee Meetings about getting talking circles going after the Council Meetings to assist with some collaborative solutions in a positive way. The Culture Committee would like to offer themselves to help lead these Circles.

The Culture Committee would like to host their first Talking Circle after the November 13th council meeting at 1:00-3:00 at Tribal Hall in Coos Bay.

The Culture Committee has also asked me to talk about the practice of talking circles in the form of a newsletter article so that people know this is something the culture committee is working on and what they should expect if they would like to participate in one of these circles.

First of all, a talking circle is not just a circle of people speaking, it is a sacred space and should be treated as such. Behavior of participants should be the same in a talking circle as in any other Ceremony, respectful. The circle leader should talk to everyone involved before anyone sits in the circle to discuss protocol of entrance so if the circle is empty please ask before sitting in it. When the circle leader invites people into the circle please enter the circle where the leader asks and please either enter the circle or leave the area. It is seen as being disrespectful to refuse to enter the circle although it is even more disrespectful to stay and listen from the outside. The reason for this is that the conductor of the circle is creating a sacred and trusting space in the circle and that is very difficult if

there are people hanging out on the outside of the circle. Once the circle is established the circle leader will introduce the use of a token, stick, feather with strong cultural, personal, spiritual meaning to him/herself and/or the people in the circle. This item is the talking stick. It is to be respected and will be passed by the leader, usually clockwise, around the circle. When the talking stick is in a persons' hands only that person may speak. When the talking stick is not in your hands you may not speak but the talking stick can go around the circle as many times as it needs too. It is up to the leader in which way the circle is closed.

Something that may help the circle move forward in a positive

way is to remember to use I statements; I feel, I did, I wish, I need, etc., instead of you statements; you did, you need to, etc. When we use I statements instead of you statements it helps people from becoming defensive or feeling attacked. Without respectful communication a talking circle cannot move forward, even over difficult topics the circle needs to be respected with only truth crossing it. If it is apparent that the people participating in the circle are not willing to participate with a good heart or in a good way it is up to the leader to end the circle and this may need to happen if people are unwilling to have buy in to the talking circle, but I've only seen this once. Another thing to remember within a talking circle is that whatever is spoken in the talking circle is not spoken outside the circle unless permission has been obtained during the circle. So if you are looking to continue something after the circle, say bring something to council, or admin you must get permission unless it is going to hurt yourself or others then it up to the leader of the circle to take the necessary steps. In other words, for the most part,

we all must bring topics up during the circle. Once the circle is finished it is finished.

The Culture Committee is very excited to start these circles and help to bring our Tribes forward in a positive way through them. **Please join them once again for the first circle on November 13<sup>th</sup> starting at 1:00pm in Tribal Hall in Coos Bay.**



Photograph by Morgan Gaines

## ***USA Today Covers Native American Imagery as Mascots in Online Article***

Contributed by Doc Slyter, Council member

Council member Doc Slyter shared an article with Tribal Council and the general council membership. The Real History of Native American Team Names appeared on USA Today's website on August 25, 2016 by Erik Brady. This article covers the subject of Native American Indian team names and mascot depictions in pro sports. Doc encourages you to read the article in it's entirety.

Read the article online by typing the following webpage url into your browser.

***"The Washington Post released a poll in May that said nine of 10 Native Americans are not bothered by the Washington team name. Gover says he doesn't believe that figure. He doesn't doubt the good faith of the poll-takers but believes methodological problems in polling self-identified American Indians make it difficult to know."***

***"It doesn't feel like an honor when you do not confront the truth of the people you claim to be honoring," Gover says. "They never honor the Native American truth. They are honoring their own notion of heritage, their own non-Indian version of history"***

<http://www.usatoday.com/story/sports/2016/08/24/real-history-native-american-team-names/89259596/>

# This Month...be on the Lookout for Pacific Crab Apple

Contributed by Ashley Russell, Water Protection Specialist

**Plant description:** Pacific crab apples are in the family Rosaceae, the rose family. Pears, raspberries, cherries, apricots, plums, and strawberries are but a few of the fruits that are produced by trees that belong to this family. These deciduous, scraggly trees with thorny spurs from which flowers and fruit emerge can grow to be 6-35 feet tall and favor wet places, especially wetlands and streambanks. They are tolerant of brackish water with a low salt concentration, meaning that they can be found alongside bays and estuaries given the right conditions. It's toothed, 2-4 inch leaves vary from lance-shaped to elliptical and are slightly hairy underneath. Fragrant flowers bloom in April or May and vary from white to pink, bearing 5 petals.

**Food:** Crabapples were gathered in large quantities from late summer after blackberry season to autumn and were best after the first frost, as frost helps to soften and sweeten the small, tart fruits. Fresh, ripe crabapples were usually mashed with red elderberries, seal oil, and salmon eggs. This particular mixture was carefully eaten by scooping a handful, squeezing the mixture, and licking the juices that extruded through the fingers to avoid the toxic elderberry seeds. The green fruits were boiled, mashed into cakes, and then dried for winter use. Because of their high acid content, unripe crabapples kept extremely well without further processing in cedar boxes or water tight baskets, allowing them to become softer and sweeter over time. Some Tribes would line their water tight baskets with skunk cabbage leaves and submerge the crabapples in water and/or cover them with a layer of animal grease. Today, these tart gems are enjoyed fresh or made into, jams, jellies, butter, and juice, which, unsweetened, makes a great lemon substitute.

**Medicine:** Bark from the inner tree was also made into a tea or "cure-all" tonic to treat various ailments from stomach disorders to rheumatism. **Caution: The seeds and bark of the Pacific Crab Apple contain the toxin hydrogen cyanide and should only be consumed with the guidance of a trained professional or knowledgeable elder.**

**Other:** The strong wood of crab apple trees was purposed into tool handles and fire tongs. Nauhini or pa'kwii (shiny club) were also made out of crabapple wood.



Photograph courtesy of Ashley Russell

**Hanis:** *sisuuxw* (green), *mich'le'wos* (ripe)  
**Miluk:** *sisuuxw* (green), *mich'le'wos* (ripe)  
**Siuslaw:** *q'at'ii*  
**Scientific Name:** *Malus fusca*

## New OSU Forestry Complex Seeks input from Tribes

Contributed by Jesse Beers, Culture Director

Oregon State University is going to be constructing a new Forestry Complex on the Corvallis Campus and they are seeking input and art from the Nine Federally Recognized Tribes of Oregon. OSU has been doing an amazing job of outreach with our tribe and they not only want to include tribal artwork but also historical information about lands, plants, Traditional Ecological Knowledge (TEK) and pre contact woodworking techniques. If you would like to be considered to be a contributing artist of any media please call or write in to Jesse Beers @ 541 297-0748 or [jbeers@ctclusi.org](mailto:jbeers@ctclusi.org). If you'd like to see what the Forestry Complex is projected to look like please visit [www.youtube.com/watch?v=dZWL8fscDY0](http://www.youtube.com/watch?v=dZWL8fscDY0).



### Prevention Activity



**\*Please Choose one Activity\***

**Saturday, October 1, 2016**

You can follow us from The Tribal offices at 9:30 am.  
 We will meet at Mahaffey Ranch for Prevention Education, Corn Maze, Hay Rides and Pumpkin Patch from 10:00 am. to 12:00 pm.  
 After that we will travel to Abby's Pizza from 12:30 pm—2:30 pm

**OR**

**Saturday, October 8, 2016**

We will meet at Putter's Pizza for Prevention Education, Food and Games from 11:00 am—1:00 pm  
 After that we will travel to Lone Pine Farms to explore their Corn Maze and Pumpkin Patch from 2:00 p.m.—4:00 p.m.

Please come and join us for some great FUN the whole family can enjoy!  
 No Transportation will be provided.

**Mahaffey Ranch**  
 10362 Hwy 241  
 Coos Bay  
 541-269-3900



**Abby's Pizza**  
 997 S 1st St.  
 Coos Bay  
 541-267-5839

**Putter's Pizza**  
 1156 Hwy. 99 N.  
 Eugene  
 541-688-8901

**Lone Pine Farms**  
 91909 River Rd.  
 Junction City  
 541-688-4389

Prevention Topic: **Healthy Lifestyles & HOC (Healing of the Canoe)**  
 All CTCLUSI families are eligible to attend.  
 Each family unit must be accompanied by an adult over the age of 18.

Sponsored by:  
 Confederated Tribes of  
 Coos, Lower Umpqua  
 & Siuslaw Indians  
 Health & Human Services Division  
 Family Services  
 Prevention Activity Program



R.S.V.P. to: Meagan  
 at 541-888-1311 or  
 Toll-free at 1-800-618-6827  
 or Doug at 541-297-2130  
 before  
 Thursday September 29, 2016 for  
 Mahaffey Fun Farm  
**OR**  
 Thursday, October 6, 2016 for  
 Lone Pine Farms

## Building Better Relationships through Healing to Wellness

Contributed by Jennifer Stephens, Case Manager/ Resource Coordinator

Healing to Wellness Court is about relationships. For those with drug and alcohol issues it is about developing positive, supportive relationships with family, friends and tribe that can replace things that contribute to substance use and abuse. For the families and the tribes, these same relationships will help build stronger family units and tribal strength.

Good communicating relationships allow us as individuals and groups to celebrate the joys and benefits of time together. They also allow us to share our sorrows and face a problem with others at our side. We learn through these relationships the need for give and take that is fair and respectful and how everyone is stronger for this exchange. Healing to Wellness Court will target many skills and needs, but above all the relationship work involved will change lives.

Building a Healing to Wellness Court, or any other program, is also about community relationships. This involves court staff building strong, trusting relationships with local law enforcement, probation, juvenile departments and district attorneys. These relationships will help when a tribal member finds themselves in legal trouble related to drugs and alcohol. Good working relationships with these agencies will help a case get referred to Tribal Healing to Wellness Court so that the tribes approach and strength can be used to find a more traditional path. Currently, Tribal Court staff is working with these local agencies to form agreements that will guide these referrals.

The building and operation of the Healing to Wellness Court also requires open, supportive staff relationships within the different departments of the tribal organization. Departments can work together to provide a program that uses the tribes' cultural strengths and knowledge to help individuals and families learn new ways to live and succeed without drugs and alcohol. That requires trust, interest, and teamwork. It comes back to that "give and take" and how staff members and departments can work together to help each other's programs succeed and be stronger.

The current work for the Healing to Wellness Court staff is revolving around building these relationships with fellow staff

and tribal members through events like Canoe Journey and Tribal Family Dinners and programs such as Healing of the Canoe. When other departments contribute to the Tribal Courts by assisting with steering committee planning, strategizing tribal community service needs, and even setting up new work spaces, these relationships grow to be the foundation of successful programs.

The Healing to Wellness Court needs to be driven by tribal member vision that gets put into action through open communication and good teamwork of many tribal departments. We ask that you reach out to lend a hand or share your vision to the process anytime by stopping by or contacting the Tribal Courts at the Coos Bay government office building or by phone or email, (541)-888-1307 or [tribalct@ctclusi.org](mailto:tribalct@ctclusi.org).



## PEACEGIVING

Peacegiving is a traditional Restorative Justice option available to you for the resolution of conflict.

All Peacegiving or Peacegiving Court issues are confidential.



For more information about Peacegiving or Peacegiving Court, please visit the Peacegiving Website or contact the Peacegiving Court Coordinator at the address listed below.

Peacegiving Court Coordinator  
1245 Fulton Avenue  
Coos Bay, OR 97420  
PHONE: (541) 888-1306 or (541) 888-1316  
EMAIL: [Peacegivingcourt@ctclusi.org](mailto:Peacegivingcourt@ctclusi.org) Website: <http://ctclusi.org/peacegiving>

## JOIN A TRIBAL COMMITTEE

Enrollment, Housing, Education, Culture, Health, Elders, Budget, Investment, and Garden Committees are always accepting letters of interest.

All letters of interest are kept on file for one year.

Many Committees currently have openings. Every Committee will have an opening that needs filled by December 31, 2016



Submit your letter of interest to Jeannie McNeil at [jmneil@ctclusi.org](mailto:jmneil@ctclusi.org) or find forms online at [www.ctclusi.org](http://www.ctclusi.org)

## LIHEAP

Low Income Home Energy Assistance Program !

Family Services continues to offer energy assistance to qualified low income families in tribal households. Contact us today!

For more information or to make an appointment contact

Family Services Caseworkers

Shayne Platz — Located in the Springfield Office- 541-744-1334

Or

Level Lewis — Located in the Coos Bay Office— 541-888-7516





# Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians Upcoming Events 2016

## October

**October 1<sup>st</sup>**- Prevention Activity Mahaffey Ranch Pumpkin Patch, Coos Bay

**October 6<sup>th</sup>** – Elders Luncheon 11:30 a.m., Community Center

**October 8<sup>th</sup>** – Prevention Lone Pine Farms, Springfield

**October 9<sup>th</sup>** – Regular Tribal Council Meeting, Valley River Inn, Eugene 10:00 a.m.

**October 9<sup>th</sup>** – General Council Meeting, Valley River Inn, Eugene, 1 p.m.

**October 12<sup>th</sup>** – Last day to submit public comment on Coos Head Master Plan

**October 13<sup>th</sup>** – Elders Committee Meeting, Coos Bay Tribal Hall 12:00 p.m.

**October 15<sup>th</sup>** – Amanda Trail Peace Hike, Cape Perpetua look out, 9:00 a.m.

**October 15<sup>th</sup>** – 32<sup>nd</sup> Restoration Celebration, TRC Florence, Event Center, 1:00 p.m.

**October 17<sup>th</sup>** – Restoration Day, All Tribal Offices will be Closed

**October 26<sup>th</sup>** – Wellness Fair, Community Center Coos Bay, 10:00 a.m.

**October 27<sup>th</sup>** – Wellness Fair, Three Rivers Casino Florence

**October 29<sup>th</sup>** – Pink & Blue Celebration, TRC Florence, Event Center, 10:00 a.m.

**October 29<sup>th</sup>** – Weaving Workshop, Florence Outreach Office, 10:00 a.m.

**October 30<sup>th</sup>** – Weaving Workshop, Florence Outreach Office, 10 a.m.

## November

**November 13<sup>th</sup>** – Regular Council Meeting, Community Center 10:00 a.m.

**November 13<sup>th</sup>** – Talking Circle, 1:00 p.m. in Tribal Hall

**November 19<sup>th</sup>** – Fall Harvest, Dinner served at 1:00 p.m. in Community Center

**November 19<sup>th</sup>** – Drum Making class at 9:00 a.m. in the Tribal Hall

**November 20<sup>th</sup>** - Weaving Workshop, Florence Outreach Office, 10:00 a.m.

**November 27<sup>th</sup>** - Weaving Workshop, Florence Outreach Office, 10:00 a.m.

## December

**December 1<sup>st</sup>** – Elders Luncheon, Florence

**December 10<sup>th</sup>** – Tribal Holiday Celebration, TRC Florence, Event Center

**December 11<sup>th</sup>** – Regular Council Meeting, Community Center 10:00 a.m.

**December 17<sup>th</sup>** – Weaving Workshop, Florence Outreach Office, 10:00 a.m.

**December 18<sup>th</sup>** - Weaving Workshop, Florence Outreach Office, 10 a.m.

**December 21<sup>st</sup>**- Winter Solstice

### Restoration Celebration

*October 15, 2016*

### Restoration Day

*October 17, 2016*

### Fall Harvest

*November 19, 2016*

### Tribal Holiday Celebration

*December 10, 2016*

### Winter Solstice

*December 21, 2016*



The Culture Committee meets the second Thursday of the month at 4:00 p.m. in Tribal Hall  
 The Education Committee meets the third Monday of the month at 5:00 p.m. in the Tribal Government Office  
 The Housing Committee meets the third Wednesday of the month at 4:30 p.m. in the Housing Office



### Siixai, Ix Tlguus Canoe Family

If you interested in participating in future Canoe Family activities, please reach out to us by emailing at: [siixaiixtlguus@gmail.com](mailto:siixaiixtlguus@gmail.com) or reach out to Courtney Krossman (541)260-9594 or Scott Slyter (541)260-8066.



## New Tribal Website Coming Soon!



The Tribal Government website [www.ctclusi.org](http://www.ctclusi.org) is getting a whole new look and improved functionality. You should see the new site within the next month or two. Tribal members will have to re-register to access all the content but we are happy to help you through the process. Check out future editions of The Voice of CLUSI for more information.

-Morgan Gaines, Communications Specialist

**OCTOBER 2016**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Prevention Activity, Mahaffey Ranch, Meet at Tribal Hall 9:30 a.m.
2	3	4	5	6 Elders Luncheon, Community Center 11:30 a.m.	7	8 Prevention Activity, Putters Pizza, Eugene OR 11:-00 a.m.
9 Regular Council Meeting, Valley River Inn, Eugene 10 a.m. General Council 1p.m.	10	11	12 Last day to submit public comment on Coos Head Master Plan	13 Elders Committee Mtng Tribal Hall 12:00 p.m.	14	15 Amanda Trail Hike Cape Perpetua 9:00 a.m. Restoration Celebration TRC Event Center 1p.m.
16	17 Restoration Day All Tribal Offices will be CLOSED	18	19	20	21	22
23 Weaving Workshop, 10 a.m.	24 Halloween Day	25	26 Wellness Fair, Community Center 10:00 a.m.	27 Wellness Fair, TRC Events Center	28	29 Pink & Blue Celebration TRC Event Center, Florence 10:00 a.m. Weaving Workshop, Florence Outreach Office 10

**NOVEMBER 2016**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
6	7	8	9	10	11 Veterans Day All Tribal Offices will be CLOSED	12
13 Regular Council Mtng Community Center 10:00 a.m. Talking Circle in Tribal Hall 1:00 p.m.	14	15	16	17	18	19 Drum Making, Tribal Hall 9:00 a.m. Fall Harvest, Community Center 1:00 p.m.
20 Weaving Workshop Florence Outreach 10:00 a.m.	21	22	23	24 Thanksgiving Day All Tribal Offices will be CLOSED	25	26
27 Weaving Workshop Florence Outreach 10:00 a.m.	28	29	30			

**DECEMBER 2016**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Elders Luncheon, TRC Buffett	2	3
4	5	6	7	8	9	10 Tribal Holiday Celebration, TRC Event Center
11 Regular Council Mtng Community Center 10:00 a.m.	12	13	14	15	16	17 Weaving Workshop Florence Outreach Office 10:00 a.m.
18 Weaving Workshop Florence Outreach Office 10:00 a.m	19	20	21 Winter Solstice	22	23	24 Christmas Eve
25 Christmas Day	26 All Tribal Offices will be CLOSED	27	28	29	30	31

# ON CALL SPECIAL EVENTS EMPLOYEE

*Special Events Employee's support and supplement activities for the Tribal Administration of Coos, Lower Umpqua and Siuslaw Indians. Hours and types of work vary according to assignment and Department submitting need request.*

**MINIMUM JOB REQUIREMENTS:**

Open to all CTCLUSI Tribal Members OR a Spouse or Registered Domestic Partner of CTCLUSI Tribal Member. Food Handlers card may be required. Minimum age requirement depending on assignment. Must possess a reasonable ability to communicate in English. Position is subject to pre-employment drug testing, criminal history background check and fingerprinting. Must have employment eligibility in the U.S. Indian preference will be observed in the hiring process.



→ **Apply online at [www.ctclusi.org](http://www.ctclusi.org)**

Go to Job Opportunities and click CTCLUSI Tribal Member link.  
For more information contact: Pam (541) 902-6504 or Debbie (541) 888-7523

## THE VOICE OF CLUSI



If you or anyone in your Tribal family has had any recent special awards or achievements that you would like to share, please submit your information and photos to the newsletter. I look forward to hearing from you!

Deadline for contributions to the November 2016 edition is October 14, 2016 by 4:00 p.m. Send information to [mgaines@ctclusi.org](mailto:mgaines@ctclusi.org) or call 541-888-7536

-Morgan Gaines

## UPDATE YOUR CONTACT INFORMATION !

Tribal Council has approved a gift in the form of a check to be sent to every Enrolled Tribal Member this year.

**Gifts will be mailed on December 1, 2016** to the last address we have on file. If we do not have a valid address, no check will be issued. If a check is sent to an invalid address due to lack of update, it can take up to a month to re-issue.

All Tribal information updates **must** go through the Enrollment office with a completed **Change of Address Form**. You can find this form on the Tribes website [www.ctclusi.org](http://www.ctclusi.org) under Enrollment, or one can be obtained at any Tribal Government Office in Coos Bay, Florence & Springfield. You may also update your address by contacting Jeannie McNeil, Enrollment Coordinator at 541-888-7506; or by email [jmcneil@ctclusi.org](mailto:jmcneil@ctclusi.org). Please provide a contact phone number so your information can be verified over the phone.



## Have a New Business Idea?

**Contact:**  
*Tribal Business Incubator Program*

Is here to assist Tribal Members with developing your concept, mentoring and helping connect you to local resources. Our goal is to help you be successful.



Contact:  
Stephanie Watkins  
Human Resources  
541-902-6502  
[swatkins@ctclusihr.org](mailto:swatkins@ctclusihr.org)

## Did You Know...

Human Resources can help you with:

**Resume Building**  
Work Skills Assessment

# Job Search

Vocational & On-the-Job Training  
**Tuition Assistance**  
Educational Counseling

# Disliking Your Job: Obstacle to Your Wellness

Contributed by Mike Smith, Training & Development Specialist

You know that saying, “this job may be hazardous to your health?” Those words, according to a recent study, might not solely apply to careers spent around toxic waste or malfunctioning equipment—they could very well describe any career that’s leaving you unsatisfied.

The Ohio State University surveyed workers between 25 and 39 about both their job satisfaction and physical and mental health (building off a study from the '70s), and found that those who expressed lower levels of fulfillment in their career were more likely to also report issues like depression or sleep difficulty.

Maybe that’s not too surprising: If you’re not happy at work, your emotional well-being is bound to take a hit. But the results suggest that the effects may go further—those with low satisfaction throughout their careers were also more likely to be diagnosed with emotional issues, the study says, and tend to worry excessively.

Even your physical health can take a toll: Unsatisfied workers were more likely to report back pain, for instance, and also claimed to become ill with greater regularity than respondents who said they were content in their career.

“The higher levels of mental health problems for those with low job satisfaction may be a precursor to future physical problems,” Hui Zheng, a sociology professor at OSU and author of the study, said in a statement. “Increased anxiety and depression could lead to cardiovascular or other health problems that won’t show up

until they are older.”

Though there’s no way to predict or guarantee how you’ll eventually feel about a given job, OSU’s study should serve as a wakeup call for job seekers. Take a close look at an employer’s workplace culture, whether you’re reading reviews online or simply observing your surroundings when you come on-site for an interview. Do people seem happy to be working there? It’s not a trivial question.

Of course, it also helps to have a short list of fields where workers love what they do. A recent survey conducted by Monster and social media analytics firm Brandwatch included just that, identifying which industries tended to employ people who love their jobs. Travel, education and media all ranked highly—but location counts too. According to the survey, workers in low-population states like Idaho, Montana and North Dakota were more likely to express job satisfaction.

And if you’re still worried about your job potentially affecting your mental health, we’ve got good news: Another study ranked numerous careers by their likeliness to safeguard your brain against Alzheimer’s disease. The key element? Working closely with other people: Physicians, lawyers and speech pathologists were among the highest-ranking roles.

Content taken from “Hating your job is bad for more than just your career” by Mack Gelber © 2016 Monster Worldwide

*We hope you all have the satisfaction that comes from a fulfilling career. If, however, you’re still searching for the right path for you, your Department of Human Resources wants to help. Contact us today to see what resources may be available to assist you in finding what you need. Call the HR office at 541-902-6505*



## 3rd Annual Wellness Fair Work/Life Balance

October 26th from 10AM to 3PM  
338 Wallace St. - Coos Bay

**“Culinary Challenge”**  
CTCLUSI staff versus TRCR Coos Bay staff

Two teams competing for “Best of Show” in Salad, Appetizer and Entrée rounds  
Judged by Tribal Council members



Door prizes,  
kid games and more!

Come experience the exciting culinary competition and learn about work/life balance products and services from our many vendors!

This FREE event is open only to tribal members and employees of tribal entities plus everyone’s family.

# Health



# through

# Awareness

## PINK & BLUE

### HEALTH AND WELLNESS CELEBRATION

The CTCLUSI Community Health Representatives, through the Health & Human Services Division are excited to host this year’s Celebration.

Please come and join us for Awareness on various types of Health related topics. *Feel free to Wear Pink or Blue!*

See you there!




**Saturday**  
October 29, 2016

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Doors open at  
9:45 am and ends at  
2:00 pm

**Three Rivers  
Casino Events  
Center**  
5647 Highway 126  
Florence, Oregon 97439

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**Awareness  
Prevention  
Wellness  
Health**

Special Prizes

---

**Pink Glove Dance**

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RSVP  
To  
**Dee Dee Plaep**  
541-997-6685  
Dplaep@ctclusi.org

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RSVP  
By  
October 21, 2016